

ESSEX A A County Championships 2018

DAY 2 Sat 12th May

SEE NOTES AT THE BOTTOM

DAY 3 Sun. 13th May

DAY 1 Multi Events Saturday 28th April 2018

Senior Men - 100m
Senior Men - 400m
Senior Men - 800m
Senior Men - 3000m
Senior Men -110m Hurdles
Senior Men - High Jump
Senior Men - Pole Vault
Senior Men - Shot Putt
Senior Men - Discus
Senior Men - Hammer
U20 Men - 100m
U20 Men - 400m
U20 Men - 800m
U20 Men - 3000m
U20 Men - 110m Hurdles
U20 Men - High Jump
U20 Men - Pole Vault
U20 Men - Shot Putt
U20 Men - Discus
U20 Men - Hammer
U17 Men - 100m
U17 Men - 400m
U17 Men - 1500m
U17 Men 100m Hurdles
U17 Men - High Jump
U17 Men - Pole Vault
U17 Men - Shot Putt
U17 Men - Discus
U17 Men - Hammer
U15 Boys - 100m
U15 Boys -300m
U15 Boys 1500m
U15 Boys 80m Hurdles
U15 Boys - Pole Vault
U15 Boys - Long Jump
U15 Boys - Triple Jump
U15 Boys - Hammer
U13 Boys - 100m
U13 Boys - 800m
U13 Boys 75m Hurdles
U13 Boys - Long Jump
U13 Boys - Hammer

Senior Men - 200m
Senior Men - 1500m
Senior Men - 400m Hurdles
Senior Men - 2000m S/Chase
Senior Men - Long Jump
Senior Men - Triple Jump
Senior Men - Javelin
Senior Men - 3000m Walk
U20 Men - 200m
U20 Men - 1500m
U20 Men - 400m Hurdles
U20 Men - 2000m S/Chase
U20 Men - Long Jump
U20 Men -Triple Jump
U20 Men - Javelin
U20 Men - 3000m Walk
U19 Men - 2000m S/Chase
U17 Men - 200m
U17 Men - 800m
U17 Men - 3000m
U17 Men - 400m Hurdles
U17 Men - 1500m S/Chase
U17 Men - Long Jump
U17 Men - Triple Jump
U17 Men - Javelin
U17 Men - 2000m Walk
U15 Boys - 200m
U15 Boys - 800m
U15 Boys - 3000m
U15 Boys - High Jump
U15 Boys - Shot Putt
U15 Boys - Discus
U15 Boys - Javelin
U15 Boys - 1000m Walk
U13 Boys - 200m
U13 Boys - 1500m
U13 Boys - High Jump
U13 Boys - Shot Putt
U13 Boys - Discus
U13 Boys - Javelin
U13 Boys 1000m Walk

Senior Men - Pentathlon (LJ,Javelin,200m,Discus,1500m)
U20 Men - Pentathlon (LJ,Javelin,200m,Discus,1500m)
U17 Men - Pentathlon (LJ,Javelin,200m,Discus,1500m)
U15 Boys - Pentathlon (80mH,HJ,Shot,LJ,800m)
U13 Boys - Pentathlon (75mH,HJ,Shot,LJ,800m)
Senior Women - Pentathk (100mH,Shot,HJ,LJ,800m)
U20 Women - Pentathlon (100mH,Shot,HJ,LJ,800m)
U17 Women - Pentathlon (80mH,Shot,HJ,LJ,800m)
U15 Girls - Pentathlon (LJ,75mH,Shot,HJ,800m)
U13 Girls - Pentathlon (LJ,70mH,Shot,HJ,800m)

NOTE: The order of events might be changed depending on number of entries

Wednesday 12 June

**Senior Men 5000m
Masters Men 5000m
Senior Women 5000m
Masters Women 5000m**

DAY 4 Friday 29 June 2018

Team Event - Relays

Wednesday 10 July

**Senior Men 10000m
Masters Men 10000m
Senior Women 10000m
Masters Women 10000m**

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SEE NOTES AT THE BOTTOM

Masters Men - 100m

Masters Men - 1500m

Masters Men - 300m

Masters Men - 3000m

Senior Women - 100m

Senior Women - 400m

Senior Women - 200m

Senior Women - 800m

Senior Women - 1500m

Senior Women - 3000m

Senior Women - 100m Hurdles

Senior Women - 400m Hurdles

Senior Women - Long Jump

Senior Women - 1500m S/Chase

Senior Women - Triple Jump

Senior Women - High Jump

Senior Women - Hammer

Senior Women - Pole Vault

Senior Women - Shot Putt

Senior Women - Javelin

Senior Women - Discus

U20 Women - 100m

Senior Women - 3000m Walk

U20 Women - 400m

U20 Women - 200m

U20 Women - 800m

U20 Women - 1500m

U20 Women - 3000m

U20 Women - 400m Hurdles

U20 Women - 100m Hurdles

U20 Women - 1500m S/Chase

U20 Women - Long Jump

U20 Women - High Jump

U20 Women - Triple Jump

U20 Women - Pole Vault

U20 Women - Hammer

U20 Women - Shot Putt

U20 Women - Discus

U20 Women - Javelin

U20 Women - 3000m Walk

U19 Women - 1500m S/Chase

U17 Women - 100m

U17 Women - 200m

U17 Women - 300m

U17 Women - 800m

U17 Women - 1500m

U17 Women - 3000m

U17 Women - 80m Hurdles

U17 Women - 300m Hurdles

U17 Women - Long Jump

U17 Women - 1500m S/Chase

U17 Women - Triple Jump

U17 Women - High Jump

U17 Women - Hammer

U17 Women - Pole Vault

U17 Women - Shot Putt

U17 Women - Javelin

U17 Women - Discus

U17 Women - 2000m Walk

U15 Girls - 100m

U15 Girls - 200m

U15 Girls - 300m

U15 Girls - 800m

U15 Girls - 1500m

U15 Girls - 3000m

U15 Girls - 75m Hurdles

U15 Girls - Pole Vault

U15 Girls - High Jump

U15 Girls - Long Jump

U15 Girls - Shot Putt

U15 Girls - Triple Jump

U15 Girls - Discus

U15 Girls - Javelin

U15 Girls - Hammer

U15 Girls - 1000m Walk

U13 Girls - 100m

U13 Girls - 200m

U13 Girls - 800m

U13 Girls - 1500m

U13 Girls - 70m Hurdles

U13 Girls - Long Jump

U13 Girls - High Jump

U13 Girls - Javelin

U13 Girls - Shot Putt

U13 Girls - 1000m Walk

U13 Girls - Discus

U13 Girls - Hammer

Masters Women - 100m

Masters Women - 1500m

Masters Women - 300m

Masters Women - 3000m

NOTES

Day 1 5 April 2019

Days 2 & 3 12 April (Postal)

Days 2 & 3 18 April (On-Line)