

Fixtures Summer 2009 (as at 2 July 2009)

March

29th Sun Spring Warm Up (Track & jumps) **Hornchurch** Entry

April

4th Sat Spring Warm Up (all events) **Mayesbrook** Entry
 18th Sat Alpha & Beta Trophy Lee Valley SW/U15
 19th Sun Eastern Young Athletes League R.1 St Albans U13-U17
 25th Sat Women's Southern League R.1 (Sen Div 1) Kingston SW
 26th Sun London Marathon/Mini Marathon London Entry
 26th Sun National Junior Lge R.1 (Thames Division) Basildon U20M/W

May

2nd Sat Men's Southern League R.1 (Div. 3N) Hemel Hempst'd SM
 2nd / 4th BUSC British Universities Championships Bedford Invite
 3rd Sun Nat. Young Athletes Lge R.1 (South 1E) **Mayesbrook** U13-U17
 4th Mon Essex County Champs Day 1 Chelmsford Entry
 9th / 10th Essex County Champs Days 2 & 3 Chelmsford Entry
 16th Sat Men's Southern League R.2 (Div.3N) Newham SM
 16th /17th Essex County Multi-Events Champs Woodford Entry
 17th Sun Nat. Young Athletes Lge R.2 (South 1E) Erith U13-U17
 23rd/24th South of England AA U15 & U17 Champs. Ashford Entry
 24th Sun National Junior Lge R.2 (Thames Division) Luton U20M/W
 24th/25th CAU Inter Counties Championships Bedford Invite
 30th Sat Women's Southern League R.2 (Sen Div 1) **Mayesbrook** SW
 31st Sun Nat. Young Athletes Lge R.3 (South 1E) Lewes U13-U17

June

6th Sat Men's British League R.1 (National 4) Pitreavie SM
 6th Sat Men's Southern League R.3 (Div.3N) Ware SM
 7th Sun UK Women's League R.1 (Div.3) **Mayesbrook** SW
 7th Sun Eastern Young Athletes League R.2 Braintree U13-U17
 13th/14th UK Combined Events Champs Senior/U20 Stoke Entry
 13th Sat Essex County Schools Championships Chelmsford U17 Invite
 14th Sun National Junior Lge R.3 (Thames Division) Braintree U20M/W
 20th/21st South of England AA U20 & Senior Champs Watford Entry
 21st Sun Nat. Young Athletes Lge R.4 (South 1E) St Albans U13-U17
 27th Sat Women's Southern League R.3 (Sen Div 1) Lee Valley SW
 27th/28th England Athletics U20/U23 Championships Bedford Entry

June (continued)

28th Sun Eastern Young Athletes League R.3 Basildon U13-U17

July

4th Sat Men's British League R.2 (National 4) Exeter SM
 4th Sat UK Women's League R.2 (Div.2) Bedford SW
 5th Sun Eastern AA Championships Cambridge Entry
 10th/11th English Schools Championships Sheffield Invite
 10th/12th England Athletics Senior Champs & Trials Birmingham Entry
 11th Sat Men's Southern League R.4 (Div.3N) Braintree SM
 12th Sun Eastern Young Athletes League R.4 **Braintree** U13-U17
 14th Tue Essex County Champs Day 4 Braintree Entry
 16th/19th European U23 Championships Kaunas, LTV Invite
 18th Sat BAL Golden Jubilee Cup – Semi Final Hendon SM & SW
 19th Sun Nat. Young Athletes Lge R.5 (South 1E) Battersea Park U13-U17
 23rd/26th European Junior Championships Novi Sad, SRB Invite
 25th Sat Women's Southern League R.4 (Sen Div 1) Milton Keynes SW
 26th Sun National Junior Lge R.4 (Thames Division) **Mayesbrook** U20M/W

August

1st Sat Men's British League R.3 (National 4) **Mayesbrook** SM
 1st Sat Men's Southern League R.5 (Div.3N) Hemel Hempst'd SM
 1st Sat UK Women's League R.3 (Div.3) Wigan SW
 8th Sat BAL Golden Jubilee Cup – Final Hendon If Qualify
 8th / 9th England Athletics U17 & U15 Champs Bedford Entry
 15th/ 24th World Championships Berlin, GER Invite
 16th Sun Eastern Young Athletes League R.5 Stevenage U13-U17
 15th/ 16th UK Combined Events Champs U17 & U15 **Birmingham** Entry
 22nd Sat Men's British League R.4 (National 4) Coventry SM
 30th Sun National Junior League Promotion Match Hendon If Qualify

September

5th Sat Women's Southern League R5 (Sen Div 1) Bedford SW
 5th /6th UK School Games Cardiff U17
 13th Sun Eastern Young Athletes League Top 6 Final Chelmsford If Qualify
 19th/20th English Schools Combined Events Final Birmingham Invite

Please consult notice boards or club website
 (<http://www.havering-mayesbrook.org>) in case of any changes.