

## TIMETABLES FOR AREA & NATIONAL FINALS 2010 (as for 2009)

TRACK EVENTS				"A"	"B"
T1	U17W	300mH	11.15	x	x
T2	U17M	400mH	11.25	x	x
T3	U13G	150m	11.35	x	x
T4	U13B	200m	11.45	x	x
T5	U15G	200m	11.55	x	x
T6	U15B	200m	12.05	x	x
T7	U17W	200m	12.15	x	x
T8	U17M	200m	12.25	x	x
T9	U13G	800m	12.35	x	x
T10	U13B	800m	12.45	x	x
T11	U15G	800m	12.55	x	x
T12	U15B	800m	13.05	x	x
T13	U17W	800m	13.15	x	x
T14	U17M	800m	13.25	x	x
T15	U13G	70mH	13.35	x	x
T16	U17M	3000m	13.40	run together	
T17	U13B	75mH	13.55	x	x
T18	U15G	75mH	14.00	x	x
T19	U17W	80mH	14.10	x	x
T20	U15B	80mH	14.20	x	x
T21	U17W	3000m	14.30	run together	
T22	U17M	100mH	14.45	x	x
T23	U15B	400m	14.55	x	x
T24	U17M	400m	15.05	x	x
T25	U13G	1200m	15.15	x	x
T26	U17W	300m	15.25	x	x
T27	U13B	1500m	15.35	run together	
T28	U15G	1500m	15.45	run together	
T29	U15B	1500m	15.55	run together	
T30	U13G	75m	16.05	x	x
T31	U13B	100m	16.15	x	x
T32	U15G	100m	16.25	x	x
T33	U15B	100m	16.35	x	x
T34	U17W	100m	16.40	x	x
T35	U17M	100m	16.50	x	x
T36	U17W	1500m	17.00	run together	
T37	U17M	1500m	17.10	run together	
T38	U15B	4 x 100m	17.20	x	
T39	U17W	4 x 100m	17.25	x	
T40	U17M	4 x 100m	17.30	x	
T41	U13G	4 x 100m	17.35	x	
T42	U13B	4 x 100m	17.40	x	
T43	U15G	4 x 100m	17.45	x	
T44	U17M	1500m S/Ch	17.50	run together	
T45	U17W	4 x 300m	17.55	x	
T46	U15B	4 x 400m	18.00	x	
T47	U17M	4 x 400m	18.10	x	

FIELD EVENTS			
F1	U17M	Hammer	10.30
F2	U17W	High Jump	10.30
F3	U15G	Pole Vault	10.30
F4	U17M	Long Jump	10.45
F5	U13G	Shot	10.45
F6	U17W	Shot	10.45
F7	U17M	Javelin	11.15
F8	U15G	High Jump	11.45
F9	U15B	Hammer	12.00
F10	U13B	Long Jump	12.15
F11	U15B	Long Jump	12.15
F12	U15G	Shot	12.15
F13	U17M	Pole Vault	12.30
F14	U17W	Hammer	12.45
F15	U15B	High Jump	13.00
F16	U17M	Discus	13.30
F17	U15G	Long Jump	14.00
F18	U13G	Long Jump	14.00
F19	U15B	Shot	14.00
F20	U17M	High Jump	14.15
F21	U17W	Javelin	14.15
F22	U17W	Pole Vault	14.30
F23	U15B	Discus	15.00
F24	U13B	High Jump	15.00
F25	U17W	Long Jump	15.15
F26	U17M	Triple Jump	15.15
F27	U13B	Shot	15.15
F28	U15G	Javelin	15.45
F29	U17M	Shot	16.15
F30	U13G	High Jump	16.15
F31	U17W	Triple Jump	16.15
F32	U17W	Discus	16.30
F33	U15B	Pole Vault	16.30
F34	U15B	Javelin	17.00
F35	U15G	Discus	17.15

National Finals

T29 = Frank Starkie Memorial Event