

HAVERING MAYESBROOK AC - CLUB TRACK CHAMPIONSHIPS Held at HORNCHURCH

STADIUM Sunday 15 September 2013

No.	Pos	Name	Club	Age Group	Performance	Medals
70m Hurdles - Under 13 Girls Race 1						
21	1	Mayi Hughes	Hav M	U13G	11.6	U13G Gold
16	2	Isabella Purdie	Hav M	U13G	11.9	U13G Silver
15	3	Hollie King	Hav M	U13G	13.2	U13G Bronze
70m Hurdles - Under 13 Girls Race 2						
32	1	Rochelle Constable	Hav M	U13G	14.0	
24	2	Philippa Gill	Hav M	U13G	14.3	
14	3	Emily Crown	Hav M	U13G	15.6	
75M Hurdles - Under 15 Girls & Under 13 Boys						
47	1	Shannon Dooley	Hav M	U15G	12.8	U15G Gold
39	2	Holly Nash	Hav M	U15G	13.3	U15G Silver
34	3	Alyshah de Vos	Hav M	U15G	13.6	U15G Bronze
93	4	Max Law	Hav M	U13B	13.9	U13B Gold
80M Hurdles - Under 15 Boys & Under 17 Women						
103	1	Matthew Owers	Hav M	U15M	13.0	U15M Gold
59	2	Lucy Bailey	Hav M	U17W	13.0	U17W Gold
101	3	Kieran Riddell	Hav M	U15M	16.6	U15B Silver
600m - Under 11 Girls & Boys						
79	1	Victor Hughes	Hav M	U11B	2:05.1	U11B Gold
77	2	Jay Vasallo	Hav M	U11B	2:09.0	U11B Silver
8	3	Jessica James	Hav M	U11G	2:14.0	U11G Gold
7	4	Poppy Ellis	Hav M	U11G	2:14.7	U11G Silver
2	5	Ann Cooper	Hav M	U11G	2:16.1	U11G Bronze
78	6	Jordan Stepton	Hav M	U11B	2:19.3	U11B Bronze
4	7	Grace Griffiths	Hav M	U11G	2:19.3	
6	8	Mary Carter	Hav M	U11G	2:20.6	
1	9	Adelaide Thatcher-Gray	Hav M	U11G	2:28.6	
600m - Under 13 Girls						
25	1	Rebecca Brown	Hav M	U13G	1:51.6	U13G Gold
18	2	Jessica Mitchell	Hav M	U13G	1:56.0	U13G Silver
23	3	Molly Sweetman	Hav M	U13G	2:05.5	U13G Bronze
27	4	Rosie Brown	Hav M	U13G	2:09.0	
30	5	Lucy Priestley	Hav M	U13G	2:14.5	
28	6	Ellirae Cass	Hav M	U13G	2:20.1	
11	7	Amelia Day	Hav M	U13G	2:28.2	
800m - Under 13 Boys						
86	1	Bailey Hearne	Hav M	U13B	2:32.8	U13B Gold
88	2	Jairzinho Morris	Hav M	U13B	2:35.2	U13B Silver
91	3	Samuel Atkins	Hav M	U13B	2:40.6	U13B Bronze
83	4	Ben Lammin	Hav M	U13B	2:40.6	
89	5	Joseph Hogan-O'Neill	Hav M	U13B	2:45.8	
84	6	Kieran Davies	Hav M	U13B	2:45.8	
800m - Under 15 Girls, U17 & Senior Women						
57	1	Heidi Surman-Wells	Hav M	U17W	2:25.3	U17W Gold
71	2	Vicky Smith	Hav M	SW	2:26.7	SW Gold
53	3	Holly Hyde	Hav M	U15G	2:49.1	U15G Gold
37	4	Elysha Thatcher-Gray	Hav M	U15G	2:50.9	U15G Silver
55	5	Paige Banks	Hav M	U15G	2:52.2	U15G Bronze
800m - Under 15 Boys, Under 17 & Senior Men						
124	1	Paul Kavanagh	Hav M	SM	2:09.5	SM Gold
118	2	Thomas Pitkin	Hav M	U17M	2:09.9	U17M Gold
111	3	Abdul Mohamed	Hav M	U17M	2:12.3	U17M Silver
115	4	Elliott Nunn	Hav M	U17M	2:16.0	U17M Bronze
102	5	Lewis Debenham	Hav M	U15M	2:36.9	U15M Gold
100	6	James Stewart	Hav M	U15M	2:39.2	U15M Silver
104	7	Michael Vanderhook	Hav M	U15M	2:45.9	U15M Bronze

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No.	Pos	Name	Club	Age Group	Performance	Medals
75m - Under 11 Girls						
7	1	Poppy Ellis	Hav M	U11G	12.0	U11G Gold
2	2	Ann Cooper	Hav M	U11G	12.8	U11G Silver
6	3	Mary Carter	Hav M	U11G	12.8	U11G Bronze
4	4	Grace Griffiths	Hav M	U11G	12.9	
5	5	Lily Bath	Hav M	U11G	13.3	
1	6	Adelaide Thatcher-Gray	Hav M	U11G	13.6	
75m - Under 11 Boys						
79	1	Victor Hughes	Hav M	U11B	11.9	U11B Gold
78	2	Jordan Stepton	Hav M	U11B	12.2	U11B Silver
77	3	Jay Vasallo	Hav M	U11B	12.6	U11B Bronze
76	4	Alexander McDonach	Hav M	U11B	13.3	
75m - Under 13 Girls Race 1						
17	1	Isobel McDonach	Hav M	U13G	10.8	U13G Gold
16	2	Isabella Purdie	Hav M	U13G	11.0	U13G Silver
15	3	Hollie King	Hav M	U13G	11.2	U13G Bronze
29	4	Charlotte Fransham	Hav M	U13G	11.8	
75m - Under 13 Girls Race 2						
24	1	Philippa Gill	Hav M	U13G	11.8	
14	2	Emily Crown	Hav M	U13G	11.9	
32	3	Rochelle Constable	Hav M	U13G	12.3	
26	4	Rebecca Stanley	Hav M	U13G	13.8	
100m - Under 13 Boys						
88	1	Jairzinho Morris	Hav M	U13B	13.2	U13B Gold
93	2	Max Law	Hav M	U13B	14.6	U13B Silver
85	3	Aaron Freshwater	Hav M	U13B	14.6	U13B Bronze - Joint
90	4	Sam Mezoori	Hav M	U13B	14.6	U13B Bronze - Joint
87	5	Charlie Savill	Hav M	U13B	15.4	
82	6	Jack Whybrow	Hav M	U13B	16.6	
100m - Under 15 Girls - Race 1						
45	1	Modupe Shokunbi	Hav M	U15G	12.6	U15G Gold
49	2	Tolu Akingbade	Hav M	U15G	13.7	U15G Silver - joint
33	3	Abigail Shipton	Hav M	U15G	13.7	U15G Silver - joint
41	4	Katie Dawson	Hav M	U15G	14.0	U15G Bronze
40	5	Josie Waddams	Hav M	U15G	14.2	
100m - Under 15 Girls - Race 2						
39	1	Holly Nash	Hav M	U15G	14.2	
35	2	Annie Maguire	Hav M	U15G	14.5	
47	3	Shannon Dooley	Hav M	U15G	14.6	
54	4	Simrun Sumbal	Hav M	U15G	14.8	
100m - Under 15 Girls - Race 3						
38	1	Grace Macleod	Hav M	U15G	15.2	
36	2	Aoife O'Sullivan	Hav M	U15G	15.4	
44	3	Millie Bullen	Hav M	U15G	16.5	
100m - Under 15 Men						
103	1	Matthew Owers	Hav M	U15M	12.5	U15M Gold
95	2	Aidan Morrissey	Hav M	U15M	13.0	U15M Silver Joint
96	3	Ben Gad	Hav M	U15M	13.0	U15M Silver Joint
99	4	Jack Noons	Hav M	U15M	13.5	U15M Bronze
98	5	George Goss	Hav M	U15M	13.8	

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No.	Pos	Name	Club	Age Group	Performance	Medals
100m - Under 17 , Under 20 & Senior Women						
62	1	Tomi Akingbade	Hav M	U17W	13.3	U17W Gold
67	2	Nina Olatunbosun	Hav M	U20W	13.8	U20W Gold
59	3	Lucy Bailey	Hav M	U17W	14.2	U17W Silver
58	4	Louise Lear	Hav M	U17W	14.2	U17W Bronze
72	5	Samantha Hill	Hav M	SW	14.8	SW Gold
100m - Under 17 Men						
116	1	Lewis Bailey	Hav M	U17M	12.1	U17M Gold
114	2	Ebrahim Marenah	Hav M	U17M	12.2	U17M Silver
120	3	Michael Duncan	Hav M	U17M	12.6	U17M Bronze
110	4	Samuel Olofin	Hav M	U17M	12.7	
119	5	Josh Ajibawo	Hav M	U17M	13.2	
100m - Under 20 Men						
122	1	John Adekoya	Hav M	U20M	11.7	U20M Gold
129	2	Karl Tucker	Hav M	U20M	11.8	U20M Silver
One mile - Under 13 & Under 15 Girls						
20	1	Katie Mitchell	Hav M	U13G	5:42.3	U13G Gold
19	2	Kate O'Neill	Hav M	U13G	5:53.5	U13G Silver
22	3	Molly Bath	Hav M	U13G	5:58.3	U13G Bronze
31	4	Sophie Rand	Hav M	U13G	6:09.1	
12	5	Catherine Barker	Hav M	U13G	6:40.6	
One mile - Under 15, Under 17 Men, Senior men & U20 Woman						
127	1	Steve Rand	Hav M	V40M	4:52.3	SM Gold
117	2	Matthew Braybrook	Hav M	U17M	5:04.8	U17M Gold
111	3	Abdul Mohamed	Hav M	U17M	5:14.1	U17M Silver
113	4	Bradley West	Hav M	U17M	5:14.6	U17M Bronze
125	5	Tony Collins	Hav M	SM	5:44.9	SM Silver
68	6	Isabella Woods	Hav M	U20W	5:50.9	U20W Gold
106	7	Oliver Bath	Hav M	U15M	6:04.5	U15M Gold
300m - Under 15 Girls						
41	1	Katie Dawson	Hav M	U15G	47.0	U15G Gold
35	2	Annie Maguire	Hav M	U15G	48.5	U15G Silver
46	3	Riva Siggins	Hav M	U15G	48.9	U15G Bronze
38	4	Grace Macleod	Hav M	U15G	49.8	
43	5	Maria Holloway	Hav M	U15G	52.4	
300m - Under 15 Boys & Under 17 Women						
103	1	Matthew Owers	Hav M	U15M	41.2	U15M Gold
62	2	Tomi Akingbade	Hav M	U17W	44.3	U17W Gold
65	3	Chenice Constable	Hav M	U17W	46.0	U17W Silver
99	4	Jack Noons	Hav M	U15M	46.9	U15M Silver
57	5	Heidi Surman-Wells	Hav M	U17W	47.0	U17W Bronze
58	6	Louise Lear	Hav M	U17W	48.7	
400m Under 17 Men, Senior Men & Senior Women						
124	1	Paul Kavanagh	Hav M	SM	56.5	SM Gold
120	2	Michael Duncan	Hav M	U17M	56.8	U17M Gold
115	3	Elliott Nunn	Hav M	U17M	59.0	U17M Silver
73	4	Chloe van Wulven	Hav M	SW	64.4	SW Gold
71	5	Vicky Smith	Hav M	SW	66.6	SW Silver
150m - Under 11 Girls						
7	1	Poppy Ellis	Hav M	U11G	24.8	U11G Gold
6	2	Mary Carter	Hav M	U11G	25.4	U11G Silver
2	3	Ann Cooper	Hav M	U11G	25.5	U11G Bronze
4	4	Grace Griffiths	Hav M	U11G	25.6	
1	5	Adelaide Thatcher-Gray	Hav M	U11G	27.8	

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No.	Pos	Name	Club	Age Group	Performance	Medals
150m - Under 11 Boys						
79	1	Victor Hughes	Hav M	U11B	23.5	U11B Gold
80	2	Kyle Constable	Hav M	U11B	24.4	U11B Silver
77	3	Jay Vasallo	Hav M	U11B	25.3	U11B Bronze
150m - Under 13 Girls Race 1						
21	1	Mayi Hughes	Hav M	U13G	21.4	U13G Gold
17	2	Isobel McDonach	Hav M	U13G	21.6	U13G Silver
16	3	Isabella Purdie	Hav M	U13G	21.7	U13G Bronze
20	4	Katie Mitchell	Hav M	U13G	22.4	
25	5	Rebecca Brown	Hav M	U13G	22.6	
15	5	Hollie King	Hav M	U13G	23.2	
150m - Under 13 Girls Race 2						
23	1	Molly Sweetman	Hav M	U13G	23.4	
14	2	Emily Crown	Hav M	U13G	23.7	
29	3	Charlotte Fransham	Hav M	U13G	23.9	
24	4	Philippa Gill	Hav M	U13G	24.1	
150m - Under 13 Girls Race 3						
27	1	Rosie Brown	Hav M	U13G	24.7	
30	2	Lucy Priestley	Hav M	U13G	26.5	
12	3	Catherine Barker	Hav M	U13G	27.0	
11	4	Amelia Day	Hav M	U13G	28.0	
200m - Under 13 Boys Race 1						
88	1	Jairzinho Morris	Hav M	U13B	27.6	U13B Gold
90	2	Sam Mezoori	Hav M	U13B	30.4	U13B Silver
85	3	Aaron Freshwater	Hav M	U13B	31.1	U13B Bronze
200m - Under 13 Boys Race 2						
86	1	Bailey Hearne	Hav M	U13B	31.5	
89	2	Joseph Hogan-O'Neill	Hav M	U13B	31.6	
87	3	Charlie Savill	Hav M	U13B	31.7	
82	4	Jack Whybrow	Hav M	U13B	36.4	
200m - Under 15 Girls Race 1						
45	1	Modupe Shokunbi	Hav M	U15G	26.8	U15G Gold
41	2	Katie Dawson	Hav M	U15G	29.0	U15G Silver
49	3	Tolu Akingbade	Hav M	U15G	29.9	
40	4	Josie Waddams	Hav M	U15G	30.0	
200m - Under 15 Girls Race 2						
39	1	Holly Nash	Hav M	U15G	29.5	U15G Bronze
55	2	Paige Banks	Hav M	U15G	30.1	
50	3	Grace Ryan	Hav M	U15G	36.4	
200m - Under 17 & Senior Women						
65	1	Chenice Constable	Hav M	U17W	28.9	U17W Gold
72	2	Samantha Hill	Hav M	SW	30.4	SW Gold
64	3	Josie Lane	Hav M	U17W	31.2	U17W Silver
62		Tomi Akingbade	Hav M	U17W	DQ	
200m - Under 15 Boys & Under 17 Men						
116	1	Lewis Bailey	Hav M	U17M	24.3	U17M Gold
114	2	Ebrahim Marenah	Hav M	U17M	26.4	U17M Silver
97	3	Edward Johnson	Hav M	U15M	26.5	U15M Gold
119	4	Josh Ajibawo	Hav M	U17M	26.5	U17M Bronze
110	5	Samuel Olofin	Hav M	U17M	27.4	
99	6	Jack Noons	Hav M	U15M	28.9	U15M Silver
200m - Under 20 Men						
122	1	John Adekoya	Hav M	U20M	24.5	U20M Gold
129	2	Karl Tucker	Hav M	U20M	24.7	U20M Silver