

HAVERING AC - CLUB CHAMPIONSHIPS Held at HORNCHURCH STADIUM Sunday 16

September 2018

	Pos	Name	Club	Age Group	Performance	Medals
70m Hurdles - Under 13 Girls						
70HU13G	1	Paris King	Have	U13G	12.2	U13G Gold
70HU13G	2	Heidi Aylen	Have	U13G	12.6	U13G Silver
75m Hurdles - Under 13 Boys & Under 15 Girls						
75HU15G	1	Paige Robinson	Have	U15G	13.2	U15G Gold
75HU15G	2	Alice Atkins	Have	U15G	13.5	U15G Silver
75HU15G	3	Isabel O'Connor	Have	U15G	13.6	U15G Bronze
75HU13B	4	Sebastian Alexandru	Have	U13B	14.5	U13B Gold
75HU13B	5	Elija Browne	Have	U13B	17.1	U13B Silver
80M Hurdles - Under 15 Men						
80HU15M	1	Toby Bishop	Have	U15M	11.5	U15B Gold
80HU15M	2	Sam Sanusi	Have	U15M	11.5	U15B Silver
80HU15M	3	Jacob Blanc	Have	U15M	11.7	U15B Bronze
80HU15M	4	Bradley James	Have	U15M	11.8	
100M Hurdles - Senior Women						
100HW	1	Claire Brennan	Have	SW35	17.4	

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	Pos	Name	Club	Age Group	Performance	Medals
	200m - Under 13 Girls Race 1					
200	1	Rania Richards	Have	U13G	30.4	U13G Gold
200	2	Lucy Natrass	Have	U13G	30.7	U13G Joint Silver
200	3	Isabelle Bradley	Have	U13G	31.8	
	200m - Under 13 Girls Race 2					
200	1	Sophia Stephanou	Have	U13G	30.7	U13G Joint Silver
200	2	Mya Burton	Have	U13G	31.6	U13G Bronze
200	3	Cassie Campbell	Have	U13G	32.0	
200	4	Precious Fagbadegun	Have	U13G	32.7	
200	5	Eliza Poulson	Have	U13G	33.1	
	200m - Under 13 Boys Race 1					
200	1	Daniel Lammis	Have	U13B	28.4	U13B Gold
200	2	Lewis Dixon	Have	U13B	28.4	U13B Silver
200	3	Reece Malcolm	Have	U13B	28.8	U13B Bronze
200	4	Thomas Greening	Have	U13B	29.5	
	200m - Under 13 Boys Race 2					
200	1	Teddy Matthews	Have	U13B	29.8	
200	2	James Radden	Have	U13B	31.2	
200	3	Sam Ellis	Have	U13B	32.6	
200	4	Elija Browne	Have	U13B	33.2	
	200m - Under 13 Boys Race 3					
200	1	Jonathan Pearson	Have	U13B	31.8	
200	2	Vincent James	Have	U13B	32.5	
200	3	Alex Rawle	Have	U13B	33.0	
200	4	Alfie Emery	Have	U13B	33.3	
200	5	Sam Wilkins	Have	U13B	34.2	
	200m - Under 15 Girls Race 1					
200	1	Isabella Smith	Have	U15G	26.9	U15G Gold
200	2	Aaliyah Payne	Have	U15G	27.7	U15G Silver
200	3	Freya Higginbottom	Have	U15G	28.3	U15G Bronze
	200m - Under 15 Girls Race 2					
200	1	Olivia Sorrell	Have	U15G	28.8	
200	2	Isabel O'Connor	Have	U15G	29.3	
200	3	Eden Aboim	Have	U15G	30.0	
200	4	Madeline Barker	Have	U15G	30.5	
	200m - Under 15 men					
200	1	Jed Oni	Have	U15M	24.9	U15B Gold
200	2	Malcolm Oshungbohun	Have	U15M	24.9	U15B Silver
200	3	Denzil Achi	Have	U15M	25.1	U15B Bronze
200	4	Jacob Blanc	Have	U15M	26.3	
200	5	Calvin Sanni	Have	U15M	29.5	
200	5	Ben Osborn	Have	U15M	34.7	
	200m - Under 17 Men, Under 17 & Under 20 Women					
200	1	Richard Akinyebo	Have	U17M	23.4	U17M Gold
200	2	Reece Harriott	Have	U17M	24.0	U17M Silver
200	3	Somto Okpalauko	Have	U17M	24.3	U17M Bronze
200	4	Success Ariyibi	Have	U17M	24.4	
200	5	Jade Kavanagh	Have	U17W	25.8	U17W Gold
200	6	Zainab Ganiyu	Have	U20W	32.6	

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	Pos	Name	Club	Age Group	Performance	Medals
1500m - Under 13 & Under 15 Girls						
1500	1	Natalie Sewell	Have	U15G	4:54.4	U15G Gold
1500	2	Ruby Higgins	Have	U13G	5:02.1	U13G Gold
1500	3	Tilly Canty	Have	U13G	5:21.7	U13G Silver
1500	4	Freya Long	Have	U13G	5:31.0	U13G Bronze
1500	5	Rebecca O'Rourke	Have	U15G	5:38.9	U15G Silver
1500	6	Hannah Evans	Have	U13G	5:39.5	
1500	7	Ella Burgess	Have	U15G	5:42.2	U15G Bronze
1500m - Under 13 Boys & Under 15 Boys						
1500	1	Shane Hart	Have	U15M	5:02.0	U15B Gold
1500	2	Toby Johnson	Have	U13B	5:10.6	U13B Gold
1500	3	Ryan Carroll	Have	U13B	5:11.9	U13B Silver
1500	4	Nathan Hart	Have	U13B	5:21.2	U13B Bronze
1500	5	Michael Tesi	Have	U13B	5:22.7	
1500m - Under 17 & above mixed						
1500	1	Sam Atkins	Have	U20M	4:13.3	
1500	2	James Stewart	Have	U20M	4:18.1	
1500	3	Kieran O'Hara	Have	U20M	4:18.4	
1500	4	Harry Jones	Have	U17M	4:23.4	U17M Gold
1500	5	George Barnacle	Have	U17M	4:27.3	U17M Silver
1500	6	Ginte Bailey	Have	SW	5:02.5	
300m - Under 15 Girls						
300	1	Uche Okpalauko	Have	U15G	43.3	U15G Gold
300	2	Olivia Boachie	Have	U15G	44.6	U15G Silver
300	3	Gabriella Browne	Have	U15G	46.6	U15G Bronze
300	4	Shylah Brook	Have	U15G	47.0	
300	5	Rebecca O'Rourke	Have	U15G	52.9	
300m - Under 15 Men						
300	1	Daragh Thomas	Have	U15M	39.7	U15B Gold
300	2	Jacob Blanc	Have	U15M	40.6	U15B Silver
300	3	Matthew Blacklock	Have	U15M	40.6	U15B Bronze
300	3	Calvin Sanni	Have	U15M	46.7	
300m - Under 17 Women						
300	1	Jade Kavanagh	Have	U17W	41.9	U17W Gold
300	2	Charlotte Wright	Have	U17W	50.2	U17W Silver
300	3	Tyra Douglas	Have	U17W	55.7	U17W Bronze
400m Under 17 Men & Under 20 Woman						
400	1	Somto Okpalauko	Have	U17M	55.1	U17M Gold
400	2	Calum Paget	Have	U17M	61.7	U17M Silver
400	3	Zainab Ganiyu	Have	U20W	78.0	
400m Under 20 Men & Senior Men						
400	1	Matthew Agnimel	Have	U20M	52.7	
400	2	Shandell Taylor	Have	U20M	53.2	
400	3	Lewis Debenham	Have	U20M	55.5	
400	3	Freddy Keefe	Have	SM	56.8	

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100m - Under 13 Girls Race 1						
100	1	Paris King	Have	U13G	13.4	U13G Gold
100	2	Stephanie Okoro	Have	U13G	13.7	U13G Silver
100	3	Rania Richards	Have	U13G	14.0	U13G Bronze
100	4	Cassie Campbell	Have	U13G	14.8	
100	5	Isabelle Bartlett	Have	U13G	15.5	
100	6	Isabelle Bradley	Have	U13G	15.6	
100m - Under 13 Girls Race 2						
100	1	Mya Burton	Have	U13G	15.5	
100	2	Man Man Chau	Have	U13G	16.2	
100	3	Zikorah Ezeonwuka	Have	U13G	16.3	
100	4	Hannah Evans	Have	U13G	16.7	
100	5	Emily Wapshott	Have	U13G	17.2	
100m - Under 13 Boys - Race 1						
100	1	Lewis Dixon	Have	U13B	13.9	U13B Gold
100	2	Daniel Lammas	Have	U13B	14.0	U13B Silver
100	3	Reece Malcolm	Have	U13B	14.2	U13B Bronze
100	4	Teddy Matthews	Have	U13B	14.5	
100m - Under 13 Boys - Race 2						
100	1	Archie Winney	Have	U13B	15.2	
100	2	Jonathan Pearson	Have	U13B	15.5	
100	3	Elija Browne	Have	U13B	15.6	
100	4	Sam Ellis	Have	U13B	15.7	
100	5	James Brinton-Quinn	Have	U13B	16.6	
100m - Under 15 Girls Race 1						
100	1	Isabella Smith	Have	U15G	12.7	U15G Gold
100	2	Aaliyah Payne	Have	U15G	12.9	U15G Silver
100	3	Uche Okpalauko	Have	U15G	13.2	U15G Bronze
100	4	Paige Robinson	Have	U15G	13.3	
100	5	Jessica Roberts	Have	U15G	13.8	
100m - Under 15 Girls Race 2						
100	1	Olivia Sorrell	Have	U15G	13.9	
100	2	Isabel O'Connor	Have	U15G	14.2	
100	3	Eden Aboim	Have	U15G	15.3	
100m - Under 15 Boys - Race 1						
100	1	Sam Sanusi	Have	U15M	11.9	U15B Gold
100	2	Malcolm Oshungbohun	Have	U15M	12.2	U15B Silver
100	3	Denzil Achi	Have	U15M	12.3	U15B Bronze
100m - Under 15 Boys - Race 2						
100	1	Jed Oni	Have	U15M	12.5	
100	2	Daragh Thomas	Have	U15M	12.6	
100	3	Harley Douglas	Have	U15M	14.0	
100	4	Calvin Sanni	Have	U15M	14.8	

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	Pos	Name	Club	Age Group	Performance	Medals
100m - Under 17 Women						
100	1	Esther Agnimel	Have	U17W	12.8	U17W Gold
100	2	Adrienne Larmond	Have	U17W	13.1	U17W Silver
100	3	Temitope Ajayi	Have	U17W	13.5	U17W Bronze
100	4	Charlotte Wright	Have	U17W	14.2	
100m - Under 17 Men						
100	1	Richard Akinyebo	Have	U17M	11.7	U17M Joint Gold
100	2	Tobi Idowu	Have	U17M	12.1	U17M Silver
100	3	Aaron Freshwater	Have	U17M	12.5	U17M Bronze
100	4	Jamal Thomas	Have	U17M	12.6	
100m - Under 17 & Under 20						
100	1	Shandell Taylor	Have	U20M	11.3	
100	2	Reece Harriott	Have	U17M	11.7	U17M Joint Gold
100	3	James Stewart	Have	U20M	13.6	
800m - Under 13 Girls & Boys						
800	1	Stephanie Okoro	Have	U13G	2:30.6	U13G Gold
800	2	Daniel Lammas	Have	U13B	2:42.5	U13B Gold
800	3	Sebastian Alexandru	Have	U13B	2:43.6	U13B Silver
800	4	Oscar Shearing	Have	U13B	2:46.8	U13B Bronze
800	5	Ruby Tillson	Have	U13G	2:47.8	U13G Silver
800	6	Emily Wapshott	Have	U13G	2:48.4	U13G Bronze
800	7	Charlotte Evans	Have	U13G	2:48.8	
800	8	Alex Cordery-Smith	Have	U13B	2:49.2	
800	9	Archie Winney	Have	U13B	2:49.4	
800	10	Heidi Aylen	Have	U13G	2:50.0	
800	11	James Radden	Have	U13B	2:52.3	
800	12	James Tudor	Have	U13B	2:56.5	
800	13	Jonathan Pearson	Have	U13B	3:05.3	
800m - Under 15 Boys & Girls						
800	1	Matthew Blacklock	Have	U15M	2:16.6	U15B Gold
800	2	Timi McDaniel	Have	U15M	2:22.9	U15B Silver
800	3	Charlie Howell	Have	U15M	2:26.4	U15B Bronze
800	4	Max Georgiou	Have	U15M	2:29.6	
800	5	Lewis Edwards	Have	U15M	2:30.9	
800	6	Alice Atkins	Have	U15G	2:31.4	U15G Gold
800	7	Madeline Barker	Have	U15G	2:31.8	U15G Silver
800	8	Freddie Barnacle	Have	U15M	2:42.8	
800	9	Ava Poulson	Have	U15G	2:43.0	U15G Bronze
800	10	Somto Ezeonwuka	Have	U15G	2:55.1	
800m - Under 17 & above						
800	1	Finn Hutton	Have	SM	1:59.3	
800	2	Sam Atkins	Have	U20M	2:09.6	
800	3	Freddy Keefe	Have	SM	2:13.3	
800	4	Calum Paget	Have	U17M	2:32.6	U17M Gold
800	5	Amy Kilner	Have	U17W	2:51.8	U17W Gold
800	6	Amelia Day	Have	U20W	2:55.0	

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	Pos	Name	Club	Age Group	Performance	Medals
Long Jump Under 13 & Under 15 Boys						
LJ	1	Sam Sanusi	Have	U15M	5.82	U15B Gold
LJ	2	Malcolm Oshungbohun	Have	U15M	5.40	U15B Silver
LJ	3	Patrick McLean-Tattan	Have	U15M	4.77	U15B Bronze
LJ	4	Reece Malcolm	Have	U13B	4.48	U13B Gold
LJ	5	James Radden	Have	U13B	3.92	U13B Silver
LJ	6	Alex Rawle	Have	U13B	3.73	U13B Bronze
LJ	7	Sam Wilkins	Have	U13B	3.08	
Long Jump Under 13 & Under 15 Girls						
LJ	1	Freya Higginbottom	Have	U15G	4.93	U15G Gold
LJ	2	Stephanie Okoro	Have	U13G	4.83	U13G Gold
LJ	3	Paris King	Have	U13G	4.57	U13G Silver
LJ	4	Lottie Courtney	Have	U15G	4.11	U15G Silver
LJ	5	Charlotte Grundy	Have	U13G	3.78	U13G Bronze
LJ	6	Freya Long	Have	U13G	3.72	
LJ	7	Mya Burton	Have	U13G	3.57	
LJ	8	Lucy Natrass	Have	U13G	3.48	
LJ	9	Ruby Tillson	Have	U13G	3.10	
Long Jump Under 17 & upwards						
LJ	1	Shandell Taylor	Have	U20M	6.95	
LJ	2	Tobi Idowu	Have	U17M	5.93	U17M Gold
LJ	3	Jamal Thomas	Have	U17M	5.79	U17M Silver
LJ	4	Somto Okpalauko	Have	U17M	5.34	U17M Bronze
LJ	5	Jade Kavanagh	Have	U17W	5.05	U17W Gold
LJ	6	Temitope Ajayi	Have	U17W	3.88	U17W Silver
LJ	7	Amy Kilner	Have	U17W	3.71	U17W Bronze
LJ	8	Esther Agnimel	Have	U17W	3.45	

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	Pos	Name	Club	Age Group	Performance	Medals
Discus - Male						
DT1K	1	Joel Hutton	Have	U13B	12.51	U13B Gold
DT1K	2	Sam Wilkins	Have	U13B	11.49	U13B Silver
DT1K	3	James Brinton-Quinn	Have	U13B	11.18	U13B Bronze
DT1.25K	1	Toby Bishop	Have	U15M	31.75	U15B Gold
DT1.25K	2	Patrick McLean-Tattan	Have	U15M	29.07	U15B Silver
DT1.5K	1	Mark Bishop	Have	SM50	29.22	
DT1.5K	2	Peter Brinton-Quinn	Have	U17M	23.22	U17M Gold
DT2K	1	Edward Brinton-Quinn	Have	SM	21.01	
Discus - Female						
DT0.75K	1	Katie Ennis	Have	U13G	30.58	U13G Gold
DT0.75K	2	Faith Reilly	Have	U13G	23.40	U13G Silver
DT0.75K	3	Zikorah Ezeonwuka	Have	U13G	20.39	U13G Bronze
DT0.75K	4	Isabella Uzal	Have	U13G	19.64	
DT0.75K	5	Ruby Brown	Have	U13G	15.44	
DT0.75K	6	Isabelle Bartlett	Have	U13G	14.42	
DT1K	1	Hannah Yexley	Have	U15G	26.47	U15G Gold
DT1K	2	Alice Atkins	Have	U15G	21.68	U15G Silver
DT1K	3	Jessica Roberts	Have	U15G	19.09	U15G Bronze
DT1K	4	Somto Ezeonwuka	Have	U15G	15.93	
DT1K	5	Maddie Georgiou	Have	U15G	14.99	
DT1K	1	Rosie Brown	Have	U17W	30.70	U17W Gold
DT1K	2	Robyn Moody	Have	U17W	30.08	U17W Silver
DT1K	3	Alexandrea Adeniji	Have	U17W	29.79	U17W Bronze
DT1K	1	Nina Brennan	Have	SW	21.38	
DT1K	2	Rachel Kerr	Have	SW	15.26	
Shot - All Female Age Groups						
SP2.72K	1	Isabella Uzal	Have	U13G	8.79	U13G Gold
SP2.72K	2	Zikorah Ezeonwuka	Have	U13G	8.18	U13G Silver
SP2.72K	3	Heidi Aylen	Have	U13G	6.52	U13G Bronze
SP2.72K	4	Man Man Chau	Have	U13G	5.61	
SP3K	1	Omolola Kuponiyi	Have	U15G	12.85	U15G Gold
SP3K	2	Claudia Attewell	Have	U15G	6.60	U15G Silver
SP3K	1	Omolola Kuponiyi	Have	U15G	13.18	U17W Gold
SP3K	2	Alexandrea Adeniji	Have	U17W	12.31	U17W Silver
SP3K	3	Robyn Moody	Have	U17W	8.79	U17W Bronze
SP4K	1	Alexandrea Adeniji	Have	U17W	10.82	
SP4K	2	Omolola Kuponiyi	Have	U15G	10.42	
SP4K	1	Philippa Gill	Have	U20W	10.19	
SP4K	2	Claire Brennan	Have	SW35	7.82	
SP4K	3	Nina Brennan	Have	SW	7.21	

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Shot - All Male Age Groups						
SP3K	1	Oscar Shearing	Have	U13B	6.27	U13B Gold
SP4K	1	Max Georgiou	Have	U15M	9.80	U15B Gold
SP7.26K	1	Craig Lacy	B&B	SM	11.84	
High Jump Under 17 and above						
HJ	1	Jamal Thomas	Have	U17M	1.85	U17M Gold
HJ	2	Aaron Freshwater	Have	U17M	1.60	U17M Silver
High Jump Under 13 & Under 15 Girls						
HJ	1	Charlotte Grundy	Have	U13G	1.30	U13G Gold
HJ	2	Isabelle Bartlett	Have	U13G	1.20	U13G Silver
HJ	3	Lucy Gilham	Have	U13G	1.20	U13G Bronze
HJ	4	Lucy Natrass	Have	U13G	1.20	
HJ	1	Olivia Sorrell	Have	U15G	1.45	U15G Gold
HJ	2	Uche Okpalauko	Have	U15G	1.30	U15G Silver
High Jump Under 13 & Under 15 Boys						
HJ	1	Sebastian Alexandru	Have	U13B	1.25	U13B Gold
HJ	2	Oscar Shearing	Have	U13B	1.10	U13B Silver
HJ	3	Alex Rawle	Have	U13B	1.05	U13B Bronze
HJ	1	Toby Bishop	Have	U15M	1.65	U15B Gold
HJ	2	Daragh Thomas	Have	U15M	1.45	U15B Silver
HJ	3	CJ Nze	Have	U15M	1.45	U15B Bronze
Javelin - All Male Age Groups						
JT400	1	Joel Hutton	Have	U13B	28.16	U13B Gold
JT400	2	Robert Brown	Have	U13B	26.11	U13B Silver
JT400	3	Teddy Matthews	Have	U13B	24.53	U13B Bronze
JT400	4	James Brinton-Quinn	Have	U13B	12.25	
JT600	1	Bradley James	Have	U15M	53.85	U15B Gold
JT600	2	Oliver Yexley	Have	U15M	37.66	U15B Silver
JT600	3	Patrick McLean-Tattan	Have	U15M	33.14	U15B Bronze
JT700	1	Max Law	Have	U17M	73.05	U17M Gold
JT700	2	Charlie Savill	Have	U17M	50.28	U17M Silver
JT700	3	Peter Brinton-Quinn	Have	U17M	49.33	U17M Bronze
JT700	4	Bradley James	Have	U15M	45.98	
JT700	5	Hal Hutton	Have	U17M	37.44	
JT800	1	Max Law	Have	U17M	64.38	
JT800	2	Sam Harrison	Have	SM35	45.77	

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Javelin - All Female Age Groups						
JT400	1	Faith Reilly	Have	U13G	23.81	U13G Gold
JT400	2	Katie Ennis	Have	U13G	19.83	U13G Silver
JT500	1	Maddie Georgiou	Have	U15G	25.65	U15G Gold
JT500	2	Jenna Cavanagh	Have	U15G	19.81	U15G Silver
JT500	1	Adelaide Thatcher-Gray	Have	U17W	40.42	U17W Gold
JT500	2	Robyn Moody	Have	U17W	23.34	U17W Silver
JT600	1	Adelaide Thatcher-Gray	Have	U17W	36.49	
JT600	2	Philippa Gill	Have	U20W	30.42	
Pole Vault - All Age Groups						
PV	1	Peter Brinton-Quinn	Have	U17M	3.20	U17M Gold
PV	2=	Stuart Tufton	Have	SM65	2.80	
PV	2=	Reece Debenham	Have	U17M	2.80	U17M Silver
PV	4	Claire Brennan	Have	SW35	2.60	
PV	5	Jessie Collier	Have	U15G	2.30	U15G Gold
PV	6	Annie Grannell	Have	U15G	1.90	U15G Silver
PV	7=	Charlotte Wright	Have	U17W	1.70	U17W Gold
PV	7=	Nina Brennan	Have	SW	1.70	
PV	9	Jenna Cavanagh	Have	U15G	1.50	U15G Bronze
Triple Jump - All Age Groups						
TJ	1	Success Ariyibi	Have	U17M	12.32	U17M Gold
TJ	2	CJ Nze	Have	U15M	12.04	U15B Gold
TJ	3	Jed Oni	Have	U15M	11.76	U15B Silver
TJ	4	Olatomiwa Sanwo	Have	U20W	10.27	
TJ	5	Claire Brennan	Have	SW35	10.03	
TJ	6	Isabella Purdie	Have	U20W	9.02	