

RESULTS - ALPHA BETA TROPHIES MATCH - 5TH APRIL 2014

ALPHA SENIORS

100M A (WIND = -4.1)

Grace Sheppard (Blackheath & Bromley)	12.9
Modupe Shokunbi (Havering)	12.95
Sophie Matthews (Wycombe Phoenix)	13.07
Rosie Kingston (Radley)	13.29
Ellie Bandy (Herts Phoenix)	13.6
Lizzie Adam (MMK)	13.68
Emily Saunders (S&NH)	14.33

200M A (WIND = - 2.3)

Rachel Dickens (B&B)	25
Sophie Matthews (WP)	26.6
Lauren Rule (u20) (S&NH)	27.33
Rosie Kingston (Radley)	27.49
Lizzie Adam (MMK)	27.85
Abigail Griffiths (Herts P)	29.15
Samantha Hill (Havering)	30.66

400M A

Krystal Galley (B&B)	60.09
Lauren Rule (u20) (S&NH)	60.11
Laura Gallagher (Herts)	62.35
Faith Brew (Radley)	64.59
Emma Delgado (WP)	64.61
Katie James (MMK)	65.59
Georgie Taylor (Havering)	67.71

800M A

Niamh Bridson-Hubbard (B&B)	2.15.48
Mary Gough (Herts)	2.18.42
Faith Brew (Radley)	2.20.06
Emma Delgado (WP)	2.21.43
Jessica Barber (S&NH)	2.33.55
Amy Botham (MMK)	2.41.45

1500M A

Jessica Keene (B&B)	4.43.45
Lara Bromilow (MMK)	4.51.91
Isobel Found (Herts)	5.13.79
Hannah Dewhurst (S&NH)	5.14.50
Isabella Woods (Havering)	5.19.27
Georgina Russell (WP)	5.22.58
Jess Anstice (Radley)	5.49.23

100m HURDLES A (WIND = - 3.3)

Rosie Kingston (Radley)	16.57
Stephanie Williams (Herts)	17.32
Claire Brennan (Havering)	17.34
Rebecca Pickard (u17)	18.04
Marissa Robertson (WP)	18.49
Sophie Gibbens (MMK)	21.44

400m HURDLES

Stephanie Williams (Herts)	64.08
Rebecca Pickard (u17) S&NH	67.89
Leah Everson (B&B)	69.4
Claire Brennan (Havering)	70.37
Sophie Gibbens (MMK)	74.67
Micaela Tracey Ramos (Radley)	77.34

4 x 100 RELAY

B&B	45.8
Radley	51.6
Havering	52.5
Wycombe Phoenix	53.1
Herts	53.1
S&NH	53.5
MMK	53.9

JAVELIN A

Eloise Meaking (Herts)	41.79
Louise Lockwood (Havering)	38.1
Kirsty Batcham Foley (S&N Herts)	31.57
Aislinn Baird (Radley)	27
Emma Beardmore (MMK)	19.88

DISCUS A

Georgie Taylor (Havering)	43.67
Emma Beardmore (MMK)	33.96
Luisa Chantler-Edmond (Radley)	30.92
Emma Phillipson (Herts)	28.62
Chloe Hamilton (S&NH)	28.5
Anna Barnett (B&B)	23.96
Caitlin Neale (Wycombe)	18.62

SHOT A

Chloe Hamilton (S&N Herts)	11.15
Luisa Chantler-Edmond (Radley)	10.23
Emma Beardmore (MMK)	9.77
Louise Lockwood (Havering)	9.14
Brooke Mullett (B&B)	8.31
Emma Phillipson (Herts)	8.27
Georgina Hayley (Wycombe)	5.27

LONG JUMP A

Alice Hopkins (Radley)	5.04
------------------------	------

100m B (WIND = -4.0)

Rachel Dickens (B&B)	12.64
Michelle Hughes (Havring)	13.6
Adela Hussain (Radley)	13.65
Dorothy Oduguna (Marshall Milton Keynes)	14.05
Bethany Harley (Stevenage & North Herts)	14.18
Kara Peck (Herts)	14.26
Lisa Fitzpatrick (Wycombe P)	14.6

200M B (WIND = - 1.9)

Grace Sheppard (B&B)	26.01
Gina Sunderland (Radley)	27.43
Rochelle Jack (WP)	28.26
Amy Botham (MMK)	28.35
Emily Saunders (u17) S&NH	28.55
Polly Woods (Herts)	29.11
Rebecca O'Neill (Havering)	30.23

400M B

Dina Asher Smith (B&B)	53.49
Daizy Lee (Herts)	62.43
Sandra Reed (v45) S&NH	66.07
Rebecca O'Neill (Havering)	66.33
Alana Slater (MMK)	66.89
Micaela Tracey Ramos (Radley)	70.4

800m B

Shannon Riskey (B&B)	2.24.78
Megan Styles (WP)	2.29.34
Alicia Found (Herts)	2.31.78
Alana Slater (MMK)	2.32.94
Jess Anstice (Radley)	2.34.16
Melissa Doran (u17) S&NH	2.37.95

1500M B

Kelsey Fuss (B&B)	4.46.73
Natasha Taylor (WP)	5.12.79
Sophie Gibbens (MMK)	5.13.67
Carmen Tracey Ramos (Radley)	5.41.00
Lisa Barber (u17) S&NH	5.54.71

100m HURDLES B (WIND = - 2.8)

Adela Hussain (Radley)	16.02
Laura Amorgie (Herts)	16.71
Melissa Doran (u17) S&NH	19.45
Carly Scott (MMK)	26.85

Hannah Lloyd (Herts)	64.06
Isabella Hilditch (B&B)	68.53
Sandra Reed (v45) S&NH	75.76
Carly Scott (MMK)	83.89
Abbey Cottam (Radley)	94.36

Dina Asher Smith, Shannon Hylton, Rachel Dickens, Vivien Otahinji	
Gina Sunderland, Rosie Kingston, Alice Hopkins, Adela Hussain	
Claire Brennan, Samantha Hill, Modupe Shokunbi, Michelle Hughes	
Anna Lipman, Marissa Robertson, Lisa Fitzpatrick, Sophie Matthews	
Polly Woods, Ellie Bandy, Daizy Lee, Abigail Griffiths	
Rebecca Pickard, Emily Saunders, Bethany Harley, Lauren Rule	
Lizzie Adam, Dorothy Oduguna, Alana Slater, Amy Botham	

JAVELIN B

Siobhan Rapacchi (S&N Herts)	28.68
Alice Martin (Havering)	26.97
Eleanor Moss (Herts)	26.88
Kai Kahembe (MMK)	12.55

DISCUS B

Rachel Forder (Havering)	41.87
Aislinn Beard (Radley)	30.38
Eloise Meakins (Herts)	25.75
Brooke Hollett (B&B)	22.45
Siobhan Rapacchi (S&NH)	18.92
Davina Oduguna (MMK)	18.06
Georgina Haley (Wycome)	11.08

SHOT B

Louise Oliver (S&N Herts)	9.51
Adela Hussain(Radley)	9.33
Davina Oduguna (MMK)	9.3
Polly Woods (Herts)	7.41
Nina Brennan (Havering)	7.28
Anna Barnett (B&B)	7.08
Caitlin Neale (Wycombe)	5.21

LONG JUMP B

Laura Amorgie (Herts)	4.8
-----------------------	-----

Jamiyla Robinson-Pascal (B&B)	5.02	Faith Brown (Radley)	4.49
Sally Cowler (Herts)	4.92	Lisa Fitzpatrick (Wycombe)	4.45
Rebecca Pickard (S&NH)	4.88	Toyin Orelaja (B&B)	4.22
Lizzie Adam (MMK)	4.74	Kai Kahembe (MMK)	3.75
Emma Delgado (Wycombe)	4.56	Chloe Hamilton (S&NH)	2.61
Bethan Siddons (Havering)	4.37		
HIGH JUMP A		HIGH JUMP B	
Janet Browne (S&NH)	1.6	Chloe Hamilton (S&NH)	1.55
Maïke Chapel (Radley)	1.6	Toyin Orelaja (B&B)	1.45
Gemma Armorgie (Herts)	1.55	Alice Hopkins (Radley)	1.45
Jamiyla Robinson-Pascal (B&B)	1.55	Abigail Griffiths (Herts)	1.4
Bethan Siddons (Havering)	1.5	Megan Styles (Wycombe)	1.3
Sophie Gibbens (MMK)	1.45	Carly Scott (MMK)	1.1
Marissa Robertson (Wycombe)	1.35		
Senior Result			
1st RADLEY	164		
2ND = BLACKHEATH & BROMLEY	162		
2ND = HERTS	162		
4TH STEVENAGE & NORTH HERTS	159		
5TH MARSHALL MILTON KEYNES	136		
6TH HAVERING	114		
7TH WYCOMBE PHOENIX	103		
ALPHA u15			
100m A (WIND = - 4.1)		100M B (WIND = - 2.2)	
Magda Cienciela (B&B)	13.08	Mhairi Brooks (b&b)	13.53
Rachel Boerinde (MMK)	13.49	Jordan Heron (MMK)	13.55
Leah Brown (Radley)	14.07	Stephanie Mott (Radley)	14.3
Abigail Sipton (Havering)	14.19	Scarlett Storr (WP)	14.43
Grace Storr (WP)	14.28	Pam Ikuseru (S&NH)	14.81
Petra Sijuwade (u13) S&NH	14.64	Josie Waddams (Havering)	14.84
Jovi-Lee Radford (Herts)	14.67	Lola Cook (Herts)	15.66
200m A (WIND = -3.4)		200m b (WIND = -3.0)	
Catrin Murphy (B&B)	28.54	Jordan Heron (MMK)	27.42
Kate Maddox (MMK)	28.72	Olivia Richer (b&b)	27.92
Holly Nash (Havering)	28.91	Isobel McDonach (Havering)	29.15
Imogen Walker (Herts)	29.25	Kate Cumming (WP)	29.82
Petra Sijuwade (S&NH) (u17)	29.59	Leah Brown (Radley)	30.09
Stephanie Mott (Radley)	29.59	Pam Ikuseru (S&NH)	32.52
Iona Roberts (WP)	30.09	Lola Cook (Herts)	33.58
800m A		800m B	
Georgia McKenzie (Herts)	2.27.29	Grace Scopes (B&B)	2.37.73
Rebecca Brown (Havering)	2.30.23	Emily Marshall (Havering)	2.38.82
Jessica Sellar (B&B)	2.32.28	Ana Montgomery (WP)	2.42.64
Charlie Kasperowicz (S&NH)	2.34.97	Emily Maruel (S&NH)	3.03.47
Cleo Pryor (WP)	2.43.45	Ruth Piggott (Radley)	3.31.24
Hannah Mott (Radley)	3.06.44	Lucy Badcock (Herts)	3.36.43
1500M A		1500m B	
Naomi Kingston (B&B)	4.54.78	Yasmin Austridge (B&B)	4.56.41
Katie Mitchell (Havering)	5.01.73	Kate O'Neill (Havering)	5.13.86
Katie Jones (WP)	5.09.10	Holly Jameson (MMK)	5.22.07
Charlotte Moyes (MMK)	5.24.26	Maisie Tennant (WP)	5.45.65
Millie Tomlin (Radley)	5.26.47	Emma Bolton (S&NH)	6.13.52
Kate Saunder (S&NH)	5.41.01	Gemma Gostick (Herts)	6.14.71
Georgina Newberry (Herts)	6.53.24	Amelia Taylor (Radley)	DNF
75m HURDLES A WIND = -3.1		75m HURDLES B WIND = - 1.6	
Shannon Dooley (Havering)	12.86	Isabella Purdie (Havering)	13.05
Louise Reilly (Herts)	13.46	Scarlett Starr (WP)	16.18
Keira Hicks (S&NH)	13.63	Chloe Collett (MMK)	16.7
Eden Hudson (WP)	15.63	Alex Baranova (S&NH)	16.94
Amber Evans (MMK)	16.38	Elisha Brew (Radley)	19.08
Safiya Atkins-Dykes (B&B)	16.98		
Amelia Perrin (Radley)	20.79		
4 X 100 RELAY			
1st MMK	53.79	Amber Evans, Jordan Henry, Kate Maddox, Chloe Collett	
2nd HAVERING	54.61	Josie Waddams, Isobel McDonagh, Holly Nash, Abigail Sipton	
3rd B&B	55.61	Olivia Richer, Catrin Murphy, Karina Harris, Mhairi Brooks	
4th Wycombe P	55.81	Grace Starr, Scarlett Star, Iona Roberts, Leonora Gibson	
5th RADLEY	56.01	Leah Brown, Anabael Pozniak, Steph Mott, Olivia Barnes	
6th S&NH	57.2	T. Chalton, Keira Hicks, Alisha Levy, Petra Sijuwade	
7th HERTS	57.26	Louise Reilly, Jovi-Lee Radford, Ffallon Williams, Imogen Walker	
JAVELIN A		JAVELIN B	
Alisha Levy (S&NH)	40.96	Millie Perrin (Radley)	24.82
Eloise Locke (B&B)	33.73	Eve Keith (B&B)	14.68
Eloise Walker (Wycombe)	30.3	Imogen Walker (Herts)	12.87
Ruth Pigott(Radley)	25.35	Anna Montgomery (Wycombe)	11.98
Sade Ross (MMK)	20.17	Elizaabath Adams (Havering)	9.24
Jovi -Lee Radford (Herts)	13.9	Eloise Guy (S&NH)	7.91
Phillipa Gill (Havering)	13.84		
DISCUS A		DISCUS B	
Eve Keith (B&B)	25.24	Phillipa Gill (Havering)	13.59
Alisha Levy (S&Nherths)	23.66	Chloe Collett (MMK)	13.12
Sade Ross (MMK)	23.02	Grace Storr (Wycombe)	11.98
Petrina Chantier (Radley)	22.81	Eloise Guy (S&Nherths)	11.96
Yinka Shokunbi (Havering)	19.83	Elisha Brew (Radley)	11.57
Eden Hudson (Wycombe)	17.43		

SHOT A

Eloise Locke (B&B)	11.1
Shade Ross (MMK)	10.71
Eloise Walker (Wycombe)	10.21
Alisha Levy (S&Nherts)	9.21
Patricia Chantler (Radley)	9.03
Phillippa Gill (Havering)	7.95
Georgia Mackenzie (Herts)	5.77

LONG JUMP A

Magda Cienciala (B&b)	4.75
Amber Evans (MMK)	4.57
Keira Hicks (S&NH)	4.46
Olivia Barnes (Radley)	4.33
Jade Patel (Wycombe)	4.25
Isabella Purdie (Havering)	4.14
Louise Reilly (Herts)	4.1

HIGH JUMP A

Keir Hicks (S&NH)	1.45
Abigail Shipton Havering) =2nd	1.4
Louise Reilly (Herts) =2nd	1.4
Eden Hudson (Wycombe)	1.35
Kitty Vaughan-Fowler (Radley)	1.25

RESULT -ALPHA U15

1st Blackheath & Bromley	144
2nd Havering	141.5
3rd Wycombe Phoenix	128
4th Stevenage & North Herts	121.5
5th Radley	114.5
6th Marshall Milton Keynes	114
7th Herts	81.5

SHOT B

Eve Keith (B&B)	9.86
Isobel McDonagh (Havering)	7.4
Ruth Piggott (Radley)	7.05
Eloise Guy (S&Nherts)	6
Cleo Pryor (Wycombe)	5.32
Ffallon Williams (Herts)	4.31

LONG JUMP B

Karina Harris (B&B)	4.6
Kate Maddox (MMK)	4.37
Millie Perrin (Radley)	4.22
Katie Jones (Wycombe)	4.08
Holly King (Havering)	3.92
Lola Cook (Herts)	3.3

HIGH JUMP B

Cleo Pryor (Wycombe)	1.35
Elizabeth Adams (Havering)	1.35
Petra Sijuwade (S&NH)	1.25
Annabel Pozniak (Radley)	1.2