



British Athletic League – National 2 – Round 4 Bournemouth Sat 4th Aug 2018

1	Kent AC	323
2	Bournemouth AC	319
3	Crawley	292
4	Glasgow City	283
5	Havering	279
6	Basingstoke & Mid Hants	268
7	Newquay & Par	251
8	Rugby & Northampton AC	164

A STRINGS				B STRINGS			
		Pos	Time/Dist			Pos.	Time/Dist
100	John Adekoya HCA	7	11.29	100	Ayo Akingbehin	5	11.40
200	Ayo Akingbehin	7	22.76	200	Karl Tucker	6	23.48
400	Tom Pitkin	7	50.84	400	Fraser Boston	7	52.78
800	Max Jones HCA U20	4	1:56.43	800	Tom Keevil U20	1	1:58.72
1500	Tom Keevil U20	5	4:07.14	1500	Max Jones HCA U20	5	4:09.18
5000	Elliot Cordery U20	6	15:50.45	5000	Rob Warner M35	3	16:04.62
3000 s/c	Ben Davis U20	6	9:44.38	3000 s/c	Rob Warner M35	2	9:56.09
110H	Karl Tucker	6	16.14	110H	Adam McCarthy	DQ	
400H	Adam McCarthy	5	59.39	400H	Fraser Boston	5	65.07
L.J.	Shandell Taylor U20	1	7.24w	L.J.	John Adekoya HCA	3	6.27w
H.J.	Shandell Taylor U20	3	1.93	H.J.	Jamal Thomas U17	2	1.83
T.J.	Shandell Taylor U20	2	13.17	T.J.	Fraser Boston	7	10.65
P.V.	Luke Williams HCA	6	3.23	P.V.	Peter Brinton-Quinn U17	2=	3.23
S.P.	Laurence Goodacre	2	14.66	S.P.	Emmanuel Quarshie	1	13.06
D.T.	Laurence Goodacre	3	41.13	D.T.	Graham Holder HCA	5	28.97
J.T.	Max Law U17	2	63.02	J.T.	Sam Harrison	4	42.12
H.T.	Graham Holder HCA	1	50.55	H.T.	Sam Harrison	8	3.34
4x100	Shandell, Ayo, Karl, John					6	44.20
4x400	Tom P, Ben D, Max Jones, Tom K					7	3:31.33

STANDINGS AFTER Match 4 of 4

1	Bournemouth AC	30	1325
2	Kent AC	23	1137
3	Crawley AC	21	1127.5
4	Havering AC	19	1099
5	Glasgow City AC	18	1146
6	Newquay & Par AC	14	1051
7	Basingstoke & Mid Hants AC	10	973
8	Rugby & Northampton AC	9	833.5