

Eastern Young Athletes' League

Match Result Summary Sheet

Date 1st may 2011

Venue Cambridge

Host Club C&C

Club	C&C	Havering	Herts Phoenix	Bedford	Biggleswade	Braintree	.	Wasted Points
Club Letters	C	H	P	B	I	A	-	
Scores - Boys Under 13	45	52	80	64	35	39	0	84
Scores - Boys Under 15	124	101	56	98	11	35	0	100
Scores - Men Under 17	91	114	14	101	4	0	0	243
Scores - Girls Under 13	72	88	51	77	7	22	0	82
Scores - Girls Under 15	70	112	97	98	6	41	0	101
Scores - Women Under 17	60	72	22	90	4	62	0	257
Total club points score	462	539	320	528	67	199	0	867
Match Positions	3	1	4	2	6	5	7	

Total points (2982) 2982

Scored by.....

Checked by.....

Immediately after the match send the team result to Ray Gibbins – tel. 0208 373 1957 and 07774 540352, or e-mail raygibbins1@activemail.co.uk
 Send the complete score sheet, inc. non-scorers, plus all team declarations to the Fixtures Secretary – Mr R Gibbins, 6 Hoecroft Court, Hoe Lane, Enfield, Middlesex, EN3 5SJ, as soon as possible, after first checking that the results are correct and that the points, inc. wasted points, add up to a total of 3976.

Send copies of the score sheet, plus non-scorers, to all visiting clubs. Phone, fax or e-mail the match result and the performances meeting AW publication standards to Athletics Weekly as soon as possible (results@athletics-weekly.com Tel. 01733 808534 Fax. 01733 808535).

Send copies of the full results sheets to Power of 10 (admin@thepowerof10.info)

Agegroup Under 13 Girls

Points	1st	6	2nd	5	3rd	4	4th	3	5th	2	6th	1	7th	0	8th	0
Events	h	First	c	Second	b	Third	p	Fourth	a	Fifth	i	Sixth	.	Seventh	.	Eighth
100m A	h	13.8 M Shokunbi	c	14.5 F Marriott	b	14.5 E Steele	p	15.1 I Walker	a	15.9 A Coleman	i	16.2 N Smith
100m B	hh	14.9 T Akingbade	bb	15.4 H Pilcher	cc	15.7 A Purdue	pp	16.8 G May
200m A	h	29.2 M Shokunbi	b	29.4 Z Steele	p	31.5 I Walker	c	34.1 Schaertlin-Coff
200m B	hh	31.1 A Maguire	bb	33.8 K Axford	pp	35.0 R Sayers	cc	36.6 J Rehakova
800m A	b	2.42.8 Z Steele	c	2.47.6 Schaertlin-Coff	p	2.57.5 E Breen	h	3.10.6 M Ruffell	a	3.10.7 J Bullied
800m B	bb	2.52.2 B Ward	cc	3.02.6 L Murphy	pp	3.03.6 L Reilly	hh	3.27.7 B White
1500m A	b	5.33.7 K Axford	i	6.04.3 N Smith	h	6.16.4 E Marshall	a	6.25.4 R Moloney
1500m B	bb	5.34.9 E McCaffray
Sprint hds A	p	13.0 Z Benton	c	14.4 F Marriott	b	14.4 E Steele	h	15.7 S Sharpe
Sprint hds B	pp	13.3 A Semark	bb	16.1 H Pilcher	hh	17.0 F Gutteridge
4 x 100m	h	59.5 Havering	p	61.9 Herts Phoenix	c	62.9 C&C	b	67.3 Bedford
Highjump A	hh	1.32 M Shokunbi	c	1.25 E Dowsett
Highjump B	h	1.25 A Maguire	cc	1.15 K Rehakova
Longjump A	p	4.05 Z Benton	a	3.92 A Coleman	b	3.90 E Steele	hh	3.63 S Sharpe	c	3.49 E Dowsett	i	3.43 N Smith
Longjump B	pp	3.98 A Semark	cc	3.32 A Purdue	bb	3.29 K Axford	h	2.98 T Akingbade	aa	1.79 M Fribbens
Shot A	h	7.08 F Gutteridge	c	6.55 K Rehakova	a	4.16 M Fribbens	b	4.12 J Healy
Shot B	hh	6.41 K Law	cc	6.31 F Marriott	bb	3.50 B Ward
Discus A	cc	23.27 V Coppolaro	h	21.54 F Gutteridge	a	10.89 M Fribbens	bb	9.33 J Healy
Discus B	hh	19.32 K Law	c	16.21 K Rehakova	b	7.11 B Ward

Age group Grand Totals - Track plus Field

Position in age group

Club letters

Scores										WASTE
C	H	P	B	I	A	-	-			
5	6	3	4	1	2					0
4	6	3	5							3
3	6	4	5							3
3	6	4	5							3
5	3	4	6		2					1
5	3	4	6							3
	4		6	5	3					3
			6							15
5	3	6	4							3
	4	6	5							6
4	6	5	3							3
5	6									10
5	6									10
2	3	6	4	1	5					0
5	3	6	4		2					1
5	6		3		4					3
5	6		4							6
6	5		3		4					3
5	6		4							6

72	88	51	77	7	22	0	0	82
3	1	4	2	6	5			
C	H	P	B	I	A	-	-	

Agegroup Under 15 Girls

Points	1st	6	2nd	5	3rd	4	4th	3	5th	2	6th	1	7th	0	8th	0	
Events	First	Second	Third	Fourth	Fifth	Sixth	Seventh	Eighth									
100m A	p 13.6 A Braithwaite	h 14.1 T Akingbade	a 14.4 E Savva	c 14.7 S Dowsett	b 14.9 C Gellatly	i 15.5 E Mugridge											
100m B	pp 14.6 E Bandy	cc 15.0 P Farrington	bb 15.0 E Usher	ii 15.5 M Roberts	hh 15.9 E Whitby												
200m A	p 29.6 A Braithwaite	b 29.8 Osbourne-Walk	h 30.1 T Akingbade	c 32.0 S Dowsett													
200m B	hh 29.8 C Constable	pp 29.9 S Cowler	bb 30.1 E Usher	cc 32.0 M Cassidy													
300m A	h 46.8 M Hughes	b 48.8 E Hay	p 49.9 M Breen	a 52.3 J Baldock	c 57.3 L Rudin												
300m B	bb 45.3 L Russell	pp 46.9 D Lee	cc 48.8 A Pettitt	hh 54.4 R Nunn													
800m A	h 2.28.1 H Surman-Wells	b 2.29.3 L Russell	c 2.29.9 C Gillard	p 2.44.6 M Breen	a 2.47.4 S Diss												
800m B	bb 2.37.3 D Ward	hh 2.38.5 A Spink	cc 2.40.9 C Murphy	pp 2.41.8 T Procter	aa 2.50.3 J Baldock												
1500m A	b 5.28.0 S Kerr	c 5.54.8 H Walker	h 6.09.4 Z Rudley														
1500m B	bb 6.05.1 A Shreeves																
Sprint hds A	p 12.7 M Sandell	h 13.5 H Surman-Wells	b 13.9 A Nicholson	c 17.9 L Rudin													
Sprint hds B	hh 13.3 M Hughes	pp 13.4 J Hoyte	bb 15.9 K Healy														
4 x 100m	b 55.1 Bedford	p 55.6 Herts Phoenix	h 57.2 Havering	c 61.4 C&C													
Polevault A	c 1.70 K Reynolds																
Highjump A	pp 1.53 J Hoyte	b 1.45 Osbourne-Walk	h 1.40 M Hughes	c 1.35 K Reynolds	a 1.35 S Diss												
Highjump B	p 1.50 L Armorgie	bb 1.35 G Sexton	cc 1.25 L Rudin	hh 1.25 S Phillips													
Longjump A	a 4.92 E Savva	h 4.74 C Constable	c 4.51 K Reynolds	p 4.36 J Hoyte	i 4.06 M Roberts	bb 5.57 D Ward											
Longjump B	hh 4.24 H Surman-Wells	pp 4.15 D Lee	aa 3.88 J Baldock	cc 3.85 S Dowsett	b 3.55 G Sexton												
Shot A	b 9.85 M Hunt	hh 9.75 R Forder	pp 7.99 M Sandell														
Shot B	h 9.48 G Taylor	bb 7.94 K Healy	p 7.10 E Phillipson														
Discus A	h 32.55 G Taylor	p 24.87 E Phillipson	a 21.94 S Diss	b 18.81 M Hunt	c 12.81 C Marriott												
Discus B	hh 25.50 R Forder	aa 15.52 E Cockell	bb 12.25 D Ward	cc 12.19 M Cassidy	pp 11.94 T Procter												
Hammer A	a 29.94 E Cockell	h 26.44 G Taylor															
Javelin A	c 27.97 I Coutts	h 20.90 R Forder	b 17.60 K Healy	a 16.45 E Cockell	p 16.42 E Phillipson												
Javelin B	pp 9.91 L Armorgie	hh 7.64 T Akingbade															

Age group Grand Totals - Track plus Field
Position in age group
Club letters

Scores										WASTE
C	H	P	B	I	A	-	-			
3	5	6	2	1	4				0	
5	2	6	4	3					1	
3	4	6	5						3	
3	6	5	4						3	
2	6	4	5		3				1	
4	3	5	6						3	
4	6	3	5		2				1	
4	5	3	6		2				1	
5	4		6						6	
			6						15	
3	5	6	4						3	
	6	5	4						6	
3	4	5	6						3	
6									15	
3	4	6	5		2				1	
4	3	6	5						3	
4	5	3	1	2	6				0	
3	6	5	2		4				1	
	5	4	6						6	
	6	4	5						6	
2	6	5	3		4				1	
3	6	2	4		5				1	
	5				6				10	
6	5	2	4		3				1	
	5	6							10	

70	112	97	98	6	41	0	0	101
4	1	3	2	6	5			
C	H	P	B	I	A	-	-	

Agegroup

U17 Women

Points	1st	6	2nd	5	3rd	4	4th	3	5th	2	6th	1	7th	0	8th	0
Events		First		Second		Third		Fourth		Fifth		Sixth		Seventh		Eighth
100m A	b	13.8 A Cooper	c	13.8 A Galloway	a	14.0 K Ronald	h	15.8 A Loynes
100m B	cc	13.8 L Gillies-Vasser	bb	15.0 S Robins	hh	15.1 M Poultney
200m A	c	28.4 A Galloway	bb	28.6 S Lister	p	29.0 G Willian
200m B	b	29.0 A Devaney	cc	29.9 O McGuire
300m A	bb	44.8 A Cooper	h	46.2 R Stanley	cc	47.3 K Bass	p	50.9 E Montgomery
300m B	b	45.8 S Lister	c	47.9 N Rehakova	hh	50.8 A Loynes
800m A	b	2.29.4 M Shreeves	h	2.37.4 R Stanley	c	2.42.4 N Rehakova	a	2.59.4 R Smith
800m B
1500m A	c	5.18.7 Z Macdonald	a	6.50.4 C Hines
1500m B
80m Hds A	a	13.6 C Parrott	p	14.7 G Willian	i	15.7 C Sexton	h	16.9 R Trott
80m hds B
4 x 100m	b	54.7 Bedford	c	55.6 C&C	a	60.8 Braintree
Polevault A
Highjump A	h	1.45 M Poultney	a	1.38 C Hines	p	1.35 G Willian	b	1.15 S Robins
Highjump B
Longjump A	a	5.14 C Parrott	b	5.05 A Dalton	c	4.34 K Bass	h	4.32 K Trott
Longjump B	bb	4.64 A Cooper	aa	4.51 K Ronald
Triplejump A	a	10.39 K Ronald	h	8.80 R Trott	p	8.38 E Montgomery
Triplejump B	hh	8.02 R Stanley
Shot A	b	9.63 O Dacosta	c	6.56 A Galloway	h	6.28 E Baggs
Shot B	bb	7.97 E Flynn
Discus A	b	27.12 E Flynn	hh	23.77 L Drew	a	17.73 C Cockell
Discus B	bb	25.35 O Dacosta	h	23.58 E Baggs	aa	11.95 C Hines
Hammer A	a	32.14 C Cockell	h	21.74 L Drew
Javelin A	b	35.55 O Dacosta	c	26.41 L Millichap	a	20.85 C Cockell	hh	18.27 E Baggs	p	17.52 E Montgomery
Javelin B	h	17.70 L Drew

Age group Grand Totals - Track plus Field
 Position in age group
 Club letters

Scores								WASTE
C	H	P	B	I	A	-	-	
5	3		6		4			3
6	4		5					6
6		4	5					6
5			6					10
4	5	3	6					3
5	4		6					6
4	5		6		3			3
								21
6					5			10
								21
	3	5		4	6			3
								21
5			6		4			6
								21
	6	4	3		5			3
								21
4	3		5		6			3
			6		5			10
	5	4			6			6
	6							15
5	4		6					6
			6					15
	5		6		4			6
	5		6		4			6
	5				6			10
5	3	2	6		4			1
	6							15

60	72	22	90	4	62	0	0	257
4	2	5	1	6	3			
C	H	P	B	I	A	-	-	

Agegroup

Under 13 Boys

Points	1st	6	2nd	5	3rd	4	4th	3	5th	2	6th	1	7th	0	8th	0
Events		First		Second		Third		Fourth		Fifth		Sixth		Seventh		Eighth
100m A	p	15.3 R Green	c	15.5 S Cridland	b	16.0 C DeQuincey	i	16.3 C Laobena	a	16.9 S Smith	h	17.5 A Westwood
100m B	pp	15.4 M Oxland-Baido	bb	15.9 0.0	cc	16.2 S Clarke	ii	18.0 S Nugent	hh	19.3 M Hollette	aa	20.2 F McLaren
200m A	h	30.0 R Green	p	30.0 A Forman	b	30.8 O McCormack	c	33.3 T Claxton	i	34.1 C Laobena	a	36.9 S Smith
200m B	hh	28.5 B Ellis	pp	32.4 R Green	cc	34.0 F Hornsby	bb	37.2 0.0	aa	42.0 F McLaren
800m A	h	2.36.7 R Green	p	2.40.0 A Forman	b	2.42.4 C Mullin	i	2.52.8 O Trudgill	c	2.55.6 C Blatch	a	2.56.7 S Smith
800m B	hh	2.34.5 B Ellis	bb	2.49.8 S Willis	ii	3.24.4 S Nugent	aa	3.28.9 F McLaren	cc	3.31.3 M Holdsworth
1500m A	b	5.12.3 W Mullin	c	5.15.0 F Barnes	a	5.29.9 L Allen	i	5.48.7 E Smith	h	5.58.9 M Hollette	p	6.03.3 S Curran
1500m B	bb	5.16.5 S Willis	cc	5.26.4 J Willmott	aa	6.03.2 C Culham
Sprint hds A	p	16.2 R Green	a	17.2 M Thompson	b	22.6 J De Loubes
Sprint hds B
4 x 100m	p	59.7 Herts Phoenix	h	60.4 Havering	c	60.7 C&C	b	63.5 Bedford
Highjump A	p	1.15 O Kunjasic	i	1.10 O Trudgill	b	1.05 W Mullin
Highjump B	pp	1.10 J Cowler	ii	1.05 S Nugent
Longjump A	pp	4.35 M Oxland-Baido	a	4.03 M Thompson	c	3.68 R Huckle	i	3.66 O Trudgill	bb	3.59 W Mullins	h	2.64 J Nelson
Longjump B	p	3.54 J Cowler	cc	3.32 S Clarke	b	2.68 T Deloubes
Shot A	h	6.79 J Nelson	a	5.98 C Culham	i	4.98 C Laobena	p	4.93 A Forman	cc	4.47 M Holdsworth
Shot B	hh	4.72 J Traylen	pp	4.50 O Kunjasic
Discus A	a	17.13 C Culham	h	15.83 J Nelson	b	11.22 C Mullin	pp	10.78 M Oxland-Baido
Discus B	bb	11.18 W Mullin	p	9.02 S Curran

Age group Grand Totals - Track plus Field

Position in age group

Club letters

Scores										WASTE
C	H	P	B	I	A	-	-			
5	1	6	4	3	2					0
4	2	6	5	3	1					0
3	6	5	4	2	1					0
4	6	5	3		2					1
2	6	5	4	3	1					0
2	6		5	4	3					1
5	2	1	6	3	4					0
5			6		4					6
			6		5					6
										21
4	5	6	3							3
		6	4	5						6
		6		5						10
4	1	6	2	3	5					0
5		6	4							6
2	6	3		4	5					1
	6	5								10
	5	3	4		6					3
		5	6							10

45	52	80	64	35	39	0	0	84
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4	3	1	2	6	5		
C	H	P	B	I	A	-	-

Agegroup Under 15 Boys

Points	1st	6	2nd	5	3rd	4	4th	3	5th	2	6th	1	7th	0	8th	0
Events	First		Second		Third		Fourth		Fifth		Sixth		Seventh		Eighth	
100m A	c	12.4 J Ebanks	b	12.7 B Burton	p	12.9 J Foster	h	13.9 A Hewitt	a	15.0 L Thorn
100m B	bb	12.7 C Buckle	pp	12.8 J Odeniyi	cc	15.0 R Winfield	hh	16.0 E Nunn
200m A	c	24.8 J Ebanks	b	25.1 B Burton	p	26.0 J Foster	h	28.2 A Hewitt	a	32.2 L Thorn
200m B	cc	27.0 A Holdsworth	pp	27.7 J Odeniyi	bb	27.8 C Buckle	aa	29.7 J Hall	hh	31.4 L Middleton
400m A	c	59.3 R Winfield	b	59.3 M Marsom	h	64.2 T Pitkin	a	68.5 J Hall
400m B	bb	61.1 W Lawrence	hh	64.2 A Hewitt	cc	74.7 T Clements	aa	79.5 T Everard
800m A	c	2.19.2 T Cobden	h	2.23.5 E Thompson	b	2.24.0 J Janes	aa	3.04.9 A Fribbens
800m B	cc	2.25.3 O Cantrill	bb	2.27.5 W Ingle	hh	2.36.6 S Wilson	a	3.38.9 T Everard
1500m A	b	4.51.7 J Burgin	i	5.03.6 C Trudgill	c	5.09.3 T Blatch	h	5.29.3 F Scott
1500m B	ii	5.05.5 J Taylor	cc	5.25.0 H Topham	bb	5.25.5 T Holland	hh	5.43.6 E Nunn
Sprint hds A	bb	13.2 J Conroy	c	15.1 J Warwick	h	16.2 T Pitkin
Sprint hds B	b	13.8 J Cook	hh	19.4 W Hart
4 x 100m	c	49.3 C&C	b	53.3 Bedford	h	56.6 Havering	a	65.4 Braintree
Polevault A	h	1.90 L Middleton
Highjump A	h	1.65 A Law	bb	1.60 J Conroy	c	1.50 C Wood
Highjump B	b	1.50 L Johnson	cc	1.45 S Kumar	hh	1.40 S Wilson
Longjump A	b	5.24 T Adewale	cc	5.01 L Love	pp	4.83 J Odeniyi	h	3.65 F Scott	aa	2.84 A Ronald
Longjump B	c	4.77 B Gilbert	p	4.69 J Foster	hh	3.59 E Nunn	bb	3.50 S Willis
Shot A	c	11.62 T Davies	h	11.24 A Law	pp	8.73 B Goodman	bb	8.61 W Lawrence	a	4.31 A Ronald
Shot B	cc	8.07 A Slack	p	7.75 P Semark	hh	5.30 T Pitkin	aa	3.42 A Fribbens
Discus A	h	28.90 A Law	c	26.32 A Slack	p	25.74 P Semark	a	9.50 A Ronald
Discus B	pp	23.79 B Goodman	cc	22.94 S Kumar	hh	22.11 E Thompson	aa	6.41 A Fribbens
Hammer A	c	31.15 A Slack	h	12.12 E Thompson
Javelin A	c	33.86 A Pavelin	p	28.89 P Semark	b	21.34 A Hepburn	h	15.53 L Middleton
Javelin B	cc	29.27 S Kumar	pp	17.22 B Goodman	bb	15.90 J Spragg	hh	6.14 F Scott

Age group Grand Totals - Track plus Field
Position in age group
Club letters

Scores								WASTE
C	H	P	B	I	A	-	-	
6	3	4	5		2			1
4	3	5	6					3
6	3	4	5		2			1
6	2	5	4		3			1
6	4		5		3			3
4	5		6		3			3
6	5		4		3			3
6	4		5		3			3
4	3		6	5				3
5	3		4	6				3
5	4		6					6
	5		6					10
6	4		5		3			3
	6							15
4	6		5					6
5	4		6					6
5	3	4	6		2			1
6	4	5	3					3
6	5	4	3		2			1
6	4	5			3			3
5	6	4			3			3
5	4	6			3			3
6	5							10
6	3	5	4					3
6	3	5	4					3

124	101	56	98	11	35	0	0	100
1	2	4	3	6	5			
C	H	P	B	I	A	-	-	

Agegroup Under 17 Men

Points	1st	6	2nd	5	3rd	4	4th	3	5th	2	6th	1	7th	0	8th	0
Events		First		Second		Third		Fourth		Fifth		Sixth		Seventh		Eighth
100m A	b	12.1 J Cox	h	12.4 K Tucker	c	12.5 J Mair
100m B	cc	13.4 M Larkinson	hh	13.6 O Garwandoe
200m A	bb	23.5 0.0	c	24.4 J Mair	hh	25.1 T Bennett	p	25.1 A Curran
200m B	b	24.9 J Cox	cc	26.5 M Larkinson	h	26.7 M Sturges
400m A	c	51.8 B Snaith	hh	53.8 T Bennett	p	53.8 A Curran	b	NTT M Bray
400m B	cc	55.0 L Rawlings	h	59.5 D Marks Swain
800m A	b	2.19.2 J Saunders	h	2.30.3 A Wade
800m B	bb	2.32.7 M Bray
1500m A	c	4.3.3 G Kendall	bb	4.40.6 M Bray	i	4.42.4 S Smith	hh	4.59.9 N Shade
1500m B	cc	4.39.2 W Taylor	b	4.46.6 J Douglas	h	5.04.1 A Holland
Sprint hdls A	h	15.1 G Hadler	b	15.7 M Danobrega
Sprint hdls B	hh	16.0 K Tucker
4 x 100m	c	47.3 C&C	h	48.8 Havering	b	50.1 Bedford
Polevault A	b	2.60 S Frith	h	2.10 O Garwandoe
Highjump A	bb	1.80 M Danobrega	h	1.70 L Walker Dobson
Highjump B	b	1.70 C Alderman	hh	1.55 O Garwandoe
Longjump A	hh	5.70 D Mark Swain	bb	5.61 M Danobrega	p	5.22 H Gaughan	c	4.94 J Wood
Longjump B	h	5.25 M Sturges	cc	4.75 Y Chudasma
Triplejump A	b	13.12 Lemarr	h	12.55 L Walker Dobson	c	10.53 C Ennis	p	10.45 H Gaughan
Triplejump B	hh	11.48 K Tucker
Shot A	b	11.24 K Moulter	c	9.50 O Holway	h	6.42 G Hadler
Shot B
Discus A	c	34.79 O Holway	h	29.51 B Thompson	bb	18.00 S Frith
Discus B	b	17.59 K Moulter
Hammer A	c	34.50 O Holway	h	7.28 B Thompson
Javelin A	c	52.19 M Young	h	30.14 D Mark Swain	b	7.54 S Frith
Javelin B	cc	40.52 W Blackwell

Age group Grand Totals - Track plus Field

Position in age group

Club letters

Scores										WASTE
C	H	P	B	I	A	-	-	-	-	
4	5		6							6
6	5									10
5	4	3	6							3
5	4		6							6
6	5	4	3							3
6	5									10
	5		6							10
			6							15
6	3		5	4						3
6	4		5							6
	6		5							10
	6									15
6	5		4							6
	5		6							10
	5		6							10
3	6	4	5							3
5	6									10
4	5	3	6							3
	6									15
5	4		6							6
										21
6	5		4							6
			6							15
6	5									10
6	5		4							6
6										15

91	114	14	101	4	0	0	0	243
3	1	4	2	5				
C	H	P	B	I	A	-	-	

75H	U15G	172	.	Havering	12.7
		208	S Cowler	Herts Phoenix	13.2
		209	L Armorgie	Herts Phoenix	13.8
		210	P Love	Herts Phoenix	15.1
100	U13G	223	S McDonell	Herts Phoenix	15.3
		202	A Semark	Herts Phoenix	15.5
		180	A Maguire	Havering	15.5
		178	S Sharpe	Havering	16.3
		129	A Ajayi	C&C	16.7
		225	E Carter	Herts Phoenix	16.8
100	U15G	257	.	Bedford	14.1
		106	S Brumann	C&C	15.6
		267	.	Bedford	14.1
		213	O Green	Herts Phoenix	14.2
		212	T Anderson	Herts Phoenix	14.5
		211	M Jones	Herts Phoenix	15.5
		112	O Anderson	C&C	16
		109	M Kershaw	C&C	16.1
		106	S Brumann	C&C	16.2
100	U17W	101	J Peak	C&C	14.2
		102	O McGuire	C&C	14.3
100	U13B	214	Procter	Herts Phoenix	15.8
		114	F Hornsby	C&C	16.1
		117	T Claxton	C&C	16.2
		244	I Odeniyi	Herts Phoenix	16.6
		239	J Cowler	Herts Phoenix	16.8
		243	T Colbert	Herts Phoenix	16.9
		176	M Shead	Havering	14.6
		242	O Kunjasic	Herts Phoenix	14.6
		118	B Rawlings	C&C	17.1
		193	J Stephens	Havering	17.6
		192	Z Nerurkar	Havering	18
		116	B Kotelo	C&C	20.2
100	U17M	137	W Blackwell	C&C	12.9
		125	A Holdsworth	C&C	13
		265	.	Bedford	13.7
		266	.	Bedford	14.5
		184	R Crane	Havering	18.4
100	U15B	122	C Evans Story	C&C	13.4
		173	G Haddler	Havering	16

100	U13G	205	N Parcell	Herts Phoenix	15.8
		176	M Shead	Havering	16.7
		179	E Marshall	Havering	17.5
		200	M Fielding	Herts Phoenix	15.9
		131	L Withmore	C&C	16.7
		222	S Julian	Herts Phoenix	16.8
		204	R Sayers	Herts Phoenix	16.9
		130	K Clements	C&C	17.5
		225	E Carter	Herts Phoenix	18
400	U15B	127	B Gilbert	C&C	63.5
		184	R Crane	Havering	103.9
400	U17M	173	G Haddler	Havering	52.8
		136	Y Chudasama	C&C	NTT
300	U15G	217	M Herbert	Herts Phoenix	47.8
		152	E Rudgley	Havering	63.2
300	U17W	260	.	Bedford	45.8
200	U13G	135	A Purdue	C&C	33.2
		201	L Reilly	Herts Phoenix	33.3
		225	E Carter	Herts Phoenix	34.9
		176	M Shead	Havering	35.4
		134	L McGuire	C&C	36
200	U15G	172	.	Havering	29.9
		221	E Bandy	Herts Phoenix	29.6
		203	M Sandell	Herts Phoenix	28.9
		214	Procter	Herts Phoenix	29.6
		177	K Law	Havering	30
		111	E Brierton	C&C	32.2
		109	M Kershaw	C&C	32.8
200	U13B	120	S Clarke	C&C	32.5
		121	S Cridland	C&C	33.1
		189	J Traylen	Havering	34.8
		244	I Odeniyi	Herts Phoenix	35.8
		191	E Rudgley	Havering	37.4
		243	T Colbert	Herts Phoenix	37.9
200	U15B	266	.	Bedford	29.7
200	U15G	101	J Peak	C&C	29
		180	A Maguire	Havering	30
Relay	U13G	207	G May	Herts Phoenix	62.2
		205	N Parcell	Herts Phoenix	63.6
Relay	U15G	221	E Bandy	Herts Phoenix	58.9
Relay	U13B	118	B Rawlings	C&C	63.6
		244	I Odeniyi	Herts Phoenix	68.1
800	U13B	190	G Hart	Havering	02:55.3
		193	J Stephens	Havering	03:25.9
		115	M Schofield	C&C	03:00.4
		189	J Traylen	Havering	03:03.2
		191	E Rudgley	Havering	03:09.1
		192	Z Nerurkar	Havering	03:18.4
		116	B Kotelo	C&C	03:24.6

800	U15B	175	M Sturges	Havering	02:24.1
		124	W Zeitlyn	C&C	02:41.2
		264	A Hepburn	Bedford	02:39.9
		268	.	Bedford	02:40.2
		186	W Hart	Havering	02:57.4
800	U13G	261	E Shreeves	Bedford	02:54.3
		128	J Rehakova	C&C	03:03.9
800	U15G	258	E Hay	Bedford	02:31.9
		104	A Pettitt	C&C	02:39.2
		217	M Herbert	Herts Phoenix	02:41.8
		154	R Nunn	Havering	02:51.1
		216	J Coffey	Herts Phoenix	02:45.7
		215	N Willis	Herts Phoenix	02:58.5
		105	H Hall	C&C	03:02.2
		153	G Rovira	Havering	03:18.0
1500	U13B	119	R Huckle	C&C	05:20.1
		181	.	Havering	05:41.0
1500	U15B	255	.	Bedford	05:03.6
		178	S Sharpe	Havering	05:18.9
		254	.	Bedford	05:25.3
1500	U17M	138	D Cade	C&C	04:50.5
		182	M Tuffell	Havering	05:03.6
LJ	U13G	205	N Parcell	Herts Phoenix	3.6
		223	S McDonell	Herts Phoenix	3.42
		222	S Julian	Herts Phoenix	3.18
		130	K Clements	C&C	3.15
		179	E Marshall	Havering	3.14
		206	E Breen	Herts Phoenix	3.13
		207	G May	Herts Phoenix	3.12
		176	M Shead	Havering	3.1
		177	K Law	Havering	2.92
		132	H Grisenthwaite	C&C	2.87
		225	E Carter	Herts Phoenix	2.82
		139	L Murphy	C&C	2.56
		128	J Rehakova	C&C	2.39
		225	E Carter	Herts Phoenix	2.35
		187	B White	Havering	1.52
SP	U13G	133	V Coppolaro	C&C	7.26
		132	H Grisenthwaite	C&C	4.25
SP	U15G	174	L Walker Dobson	Havering	5.71
		219	C Congrave	Herts Phoenix	5.31
LJ	U15G	279	A Devaney	Bedford	
SP	U17W	256	S Robins	Bedford	5.19
LJ	U13B	114	F Hornsby	C&C	3.52
		244	I Odeniyi	Herts Phoenix	3.51
		243	T Colbert	Herts Phoenix	3.19

HJ	U15B	264	A Hepburn	Bedford	1.3
DT	U15B	126	T Clements	C&C	16.35
SP	U15B	185	S Wilson	Havering	4.82
JT	U15B	126	T Clements	C&C	21.79
LJ	U15B	123	J Warwick	C&C	4.65
		184	R Crane	Havering	2.88
LJ	U17M	174	L Walker Dobson	Havering	5.85