

Eastern Young Athletes' League, St Albans Sun 8th May 2016

	Total	BU13	BU15	MU17	GU13	GU15	WU17
Bedford	723.5	124.5	143	117	96	131	97
Havering AC	685	96	125	80	114	113	137
City of Norwich	661.5	104.5	95	90	111	136	105
St Albans	466	70	60	126	64	68	58
Watford	422	56	47	24	99	76	102
Luton	279	36	25	52	47	64	40
HAWCS/E&H	139	14	31	6	6	49	18

Under 17 Men

Event	'A' String	Pos	Result	'B' String	Pos	Result
100m	Jack Noons	5	12.6			
200m						
400m	Kieran Riddell	3	58.6			
800m						
1500m	Lewis Debenham	1	4:31.1 PB	Sam Atkins	2	4:42.7
100m H	Kieran Riddell	3	17.9	James Davis	1	24.7
Pole Vault	Jack Noons	2	2.60 =PB			
High Jump						
Long Jump						
Triple Jump						
Shot	Paul Okesola	2	9.85 PB			
Discus	Paul Okesola	1	37.65 PB	James Davis	1	12.97 PB
Hammer	Paul Okesola	1	23.80 PB	No B string		
Javelin	Kieran Riddell	3	31.84	Sam Atkins	4	11.22
4x100m R	James Davis, Kieran Riddell, Sam Atkins, Jack Noons				3	52.5

Under 15 Boys

Event	'A' String	Pos	Result	'B' String	Pos	Result
100m	Tobi Idowu	5	12.4 PB	Victor Hughes	4	13.9 PB=
200m	Tobi Idowu	6	26.2 PB	Ethan Coombs	4	27.4 PB
300m	AJ Jordan	2	41.3 PB	Aaron Freshwater	2	43.9 PB
800m	Kimathi Christie	4	2:23.5	Dominic Jarvis	3	2:40.6
1500m	Alex Friend	3	4:51.5 PB	Henry Lay	2	5:11.4
80m H	Emmanuel Lawal	2	13.0 PB	-		
Pole Vault	Peter Brinton-Quinn	2	1.70 PB=	No B string		
High Jump	Kimathi Christie	4	1.40	Aaron Freshwater	1	1.30
Long Jump	Tobi Idowu	2	5.23	Somto Okpalauko	3	4.57 PB
Shot	Joseph Hogan-O'Neill	2	11.25 PB	AJ Jordan	1	9.22 PB
Discus	Joseph Hogan O'Neill	1	27.43	AJ Jordan	3	18.96
Hammer	Joseph Hogan-O'Neill	2	29.75 PB	No B string		
Javelin	Alex McDonach	5	30.53 PB	Peter Brinton-Quinn	2	28.45
4x100m R	AJ Jordan, Aaron Freshwater, Joseph Hogan-O'Neill, Tobi Idowu				2	51.2

Under 13 Boys

Event	'A' String	Pos	Result	'B' String	Pos	Result
100m	Ashton Thatcher-Gray	5	14.0	Daragh Thomas	1	13.6 PB
200m	Alfie Chapman	5	31.1 PB	Oliver Botham	5	32.0 PB=
800m	Connor Fennessey	5	2:57.9 PB	Jacob Blanc	DNF	
1500m	Alex Ford	1	4:57.0 PB	Joseph Baxter	4	5:53.1 PB
75m Hurdles	Jacob Blanc	1	13.9 PB	==		
High Jump	Daragh Thomas	1	1.35 PB=	Oliver Botham	1	1.20
Long Jump	Ashton Thatcher-Gray	1	4.75 PB	Daragh Thomas	1	4.15 PB
Shot	Jacob Blanc	4	5.60	Joseph Baxter	4	4.23 PB
Discus	Mason Smith	1	19.50 PB	Alex Ford	3	9.71
Javelin	Alex Ford	7	8.99	Ashton Thatcher-Grey	NT	
4x100m R	Daragh Thomas, Oliver Botham, Alfie Chapman, Ashton Thatcher-Gray				2	57.8

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Under 17 Girls

Event	'A' String	Pos	Result	'B' String	Pos	Result
100m	Holly Nash	4	13.1 PB	Isobel McDonach	3	13.8
200m	Holly Nash	4	27.3 PB	Pelumi Oloko	5	33.1
300m	Isobel McDonach	5	47.0	Jessica Mitchell	1	46.3 PB
800m	Jessica Mitchell	1	2:23.9	Emily Marshall	2	2:40.1
1500m	Kate O'Neill	1	4:54.9	Sophie Rand	1	5:23.8
80m H	Mayi Hughes	2	12.1 PB			
Pole V	==			No B string		
High J	Mayi Hughes	2	1.61 PB	Holly Nash	3	1.40
Long J	Mayi Hughes	2	5.06	Amelia Owers	4	3.45 PB
Triple J	Elysha Thatcher-Gray	4	8.62 PB	Emily Marshall	2	8.17 PB
Shot	Elysha Thatcher-Gray	1	11.57 PB#	Isobel McDonach	1	9.56
Discus	Pelumi Oloko	3	17.40	Chimdi Okpalauko	2	15.62
Hammer	Amelia Owers	1	18.76 PB	No B string		
Javelin	Elysha Thatcher-Gray	4	21.84	Kerys Middleton	2	15.61
4x100mR	Pelumi Oloko, Isobel McDonach, Mayi Hughes, Holly Nash				3	55.6

Under 15 Girls

Event	'A' String	Pos	Result	'B' String	Pos	Result
100m	Jade Kavanagh	5	13.2 PB	Ayesha Anderson	5	13.5 PB
200m	Jade Kavanagh	5	27.4 PB=	Rosie Brown	3	27.9 PB
300m	Molly Sweetman	4	46.4	Poppy Ellis	2	47.9 PB
800m	Molly Sweetman	2	2:27.6	Rosie Brown	1	2:27.8 PB
1500m	Charlotte Wright	4	5:48.4 PB	Chloe Morter	4	5:50.7
75m H	Grace Newson	2	11.9	Millie Hodges	1	12.4
Pole V				No B string		
High J	Hannah Paton	5	1.30	Teshanne Esho	5	1.20
Long J	Grace Newson	5	4.03	Poppy Ellis	2	4.03
Shot	Grace Griffiths	3	8.22 PB	Paris Avers	3	6.92 PB
Discus	Rosie Brown	1	30.80 PB	Robyn Moody	1	26.50 PB
Hammer	Paris Avers	3	17.45	No B string		
Javelin	Amy Nash	6	17.35	Robyn Moody	4	16.92
4x100m	Grace Newson Ayesha Anderson, Chloe Chapman, Jade Kavanagh				3	55.4

Under 13 Girls

Event	'A' String	Pos	Result	'B' String	Pos	Result
100m	Isabella Smith	3	13.7 PB	Lilly Hadrava	5	13.8 PB
200m	Alice Brown	3	29.4 PB	Isabella Smith	2	29.5 PB
800m	Alice Brown	1	2:32.6 PB	Claudia Attewell	5	2:55.0
1500m	Sydney Foley	4	5:24.9	Hannah Yexley	2	5:42.9 PB
70m H	Ruby Mace	2	12.3 PB	Alice Atkins	2	13.0
High J	Ruby Mace	1	1.48 PB	Omolola Kuponiyi	1	1.30 PB
Long J	Isabella Smith	6	3.92 PB	Alice Atkins	3	3.67
Shot	Omolola Kuponiyi	1	7.39 PB	Maddison Ruston	2	5.62 PB
Discus	Alice Brown	1	25.81	Hannah Yexley	1	15.61 PB
Javelin	Ruby Mace	1	23.41 PB	Maddison Ruston	3	11.91 PB
4x100mR	Ruby Mace, Alice Atkins, Paige Robinson, Isabella Smith				5	57.0

#CLUB Under 17 Women's Shot record

Eastern Young Athletes' League, St Albans Sun 8th May 2016**Non Scoring Athletes**

	Name	Age-group	Event 1	Event 2	Event 3
	Freya Higginbottom	U13G	200: 30.7	LJ: 3.09	
	Rose Mears	U13G	800: 3:10.0		
	Mary Lammas	U13G	800: 3:05.5	200m	
	Karina Hudson	U13G	70mH: 15.2	100: 14.4	
	Uche Okpalauko	U13G	200: 31.4		
	Lottie Courtney	U13G	100: 15.5	LJ: 3.06	
	Rebecca O'Rourke	U13G	800: 3:07.1		
	Paige Robinson	U13G	100: 14.2		
	May Lee	U13G	100: 16.1		
	Alice Atkins	U13G	100: 14.7		
	Nike Esho	U13G	200: 30.4		
	Chloe Rand	U13G	1500: 5:50.4		
	Lilly Hadrava	U13G	200: 29.9		
	Maddie Barker	U13G	800: 2:57.6		
	Olivia Witton	U13G	800: 2:54.8		
	Eloise McAuliffe	U15G	DT: 19.97		
	Grace Griffiths	U15G	75mH: 13.5		
	Poppy Ellis	U15G	800: 2:44.9		
	Rebecca Stanley	U15G	SP: 5.66		
	Teshanne Esho	U15G	100: 14.7	200: 32.2m	
	Jessie Gower	U15G	100: 14.7	LJ: 3.98	
	Chloe Chapman	U15G	100: 14.4	200: 30.6	
	Ayesha Anderson	U15G	LJ: 3.86		
	Ann Cooper	U15G	800: 2:51.0	200m	
	Freya Duffy	U15G	300: 48.9	200: 29.9	
	Chimdi Okpalauko	U17W	SP: 9.07		
	Catherine Barker	U17W	800: 2:50.4		
	Kerys Middleton	U17W	DT: 17.05	SP: 7.60	
	Emily Marshall	U17W	300: 50.8		

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	Name	Age-group	Event 1	Event 2	Event 3
	Jack Ward	U13B	800: 3:01.3		
	James Monaghan	U13B	800: 2:59.3		
	Alfie Chapman	U13B	100: 14.4		
	Oliver Shead	U13B	100: 16.2	LJ: 2.99	
	Harry Varanauskas	U15B	LJ: 4.42		
	Luke Chester	U15B	JT: 22.76		
	Charlie Savill	U15B	JT: 26.72		
	Victor Hughes	U15B	LJ: 3.66		
	Samuel Odotei	U15B	800: 2:41.9		
	Ethan Coombs	U15B	100: 13.2		
	Somto Okpalauko	U15B	100: 12.9		
	Edoardo Sonzogni	U15B	800: 2:34.5		
	Emmanuel Lawal	U15B	100: 13.4	HJ: 1.30	
	James Adams	U15B	SP: 6.33	JT: 21.85	HJ: 1.25
	James Davis	U17M	1500: 5:12.9		