

## **Eastern Young Athletes' League, Div 1, Braintree 30<sup>th</sup> July 2006**

	<b>Total</b>	<b>U13B</b>	<b>U15B</b>	<b>U17M</b>	<b>U13G</b>	<b>U15G</b>	<b>U17W</b>
<b>1. HMAC</b>	<b>775.5</b>	<b>112</b>	<b>138.5</b>	<b>156</b>	<b>102</b>	<b>146</b>	<b>122</b>
2. Ipswich	<b>543</b>	66	88.5	114	73	104.5	96
3. Milton Keynes	<b>373</b>	14	85	41	75	47	117
4. Colchester	<b>335.5</b>	84	83	48	76	44.5	0
5. Thurrock	<b>277</b>	33	34	10	60	75	59
6. Braintree	<b>236</b>	65	33	32	25	45	36
7. Barnet	<b>181</b>	32	19	47	34	18	31

### **Under 17 Girls**

<b>Event</b>	<b>"A" STRING</b>	<b>RESULT</b>	<b>POS</b>	<b>"B" STRING</b>	<b>RESULT</b>	<b>POS</b>
100m	Kathy Yoka	13.7	3	Becky Owen	15.6	4
200m	Kathy Yoka	28.7	2	Rachel Kerr	29.4	2
300m	Alex Beard	46.9	3	Rachel Kerr	47.9	3
800m	Ingrid Deane	2:30.8	2	Alex Beard	2:39.6	<b>1</b>
1500m	Ingrid Deane	5:19.9	2	Becky Owen	5:56.4	<b>1</b>
80m H	Charlotte Owen	18.1	5	--		
High J	Charlotte Owen	1.40	3	Alex Beard	1.35	2
Long J	Louisa Wood	3.43	5	--		
Triple J	Kathy Yoka	8.98	4	Louisa Wood	8.95 <b>PB</b>	<b>1</b>
Shot	Louisa Wood	7.88	3	Rachel Kerr	6.08	2
Discus	Lauren Newton	24.33	3	Carla Schofield	18.12	2
Javelin	Lauren Newton	14.65	5	Carla Schofield	11.13	<b>1</b>
4 x 100mR	Wood, Kerr, Yoka, Becky Owen				56.2	3

### **Under 15 Girls**

<b>Event</b>	<b>"A" STRING</b>	<b>RESULT</b>	<b>POS</b>	<b>"B" STRING</b>	<b>RESULT</b>	<b>POS</b>
100m	Lilla Jacks	14.2	2	Alex Edwards	14.2	2
200m	Alex Edwards	28.2	2	Lucy Newman	28.8	<b>1</b>
300m	Leah Summers	46.2	<b>1</b>	Nicole Dalton	47.3 <b>PB</b>	<b>1</b>
800m	Emma Fox	2:38.6	3	Kelly Jarrold	3:06.3	5
1500m	Zoey Littlechild	5:15.5	<b>1</b>	Jennifer Holland	5:15.9	<b>1</b>
75m H	Angela James	13.3	<b>1</b>	Kelly Jarrold	17.7	<b>1</b>
Long J	Nicole Dalton	4.08 <b>PB</b>	4	Jessica Humpheryes	3.68	3
High J	Angela James	1.50	<b>1</b>	Jennifer Holland	1.45 <b>=PB</b>	<b>1</b>
Shot	Kike Oniwinde	8.02	<b>1</b>	Nicole Dalton	7.35	<b>1</b>
Discus	Jessica Humpheryes	26.26	<b>1</b>	Katherine Knight	13.28	2
Javelin	Kike Oniwinde	30.40	<b>1</b>	Jessica Humpheryes	20.34	<b>1</b>
4x100mR	Lucy Newman, Alex Edwards, Leah Summers, Lilla Jacks				54.3	<b>1</b>

**Non score: 100m** Lucy Newman 14.3; Kike Oniwinde 14.8; Michelle Lovell 16.6 **200m** Michelle Lovell 34.0; **300m** Lucy Newman 47.3; Michelle Lovell 54.0; **Long Jump** Kelly Jarrold 3.82; Kike Oniwinde 3.68 **Javelin** Katherine Knight 12.50

### **Under 13 Girls**

<b>Event</b>	<b>"A" STRING</b>	<b>RESULT</b>	<b>POS</b>	<b>"B" STRING</b>	<b>RESULT</b>	<b>POS</b>
100m	Simbiat Salami	15.1	4	Emma Washbourne	14.7	<b>1</b>
200m	Emma Washbourne	29.6	2	Amanda Blaxman	34.6	4
800m	Nicola Peachey	2:42.7	<b>1</b>	Shamila Golan	3:02.2	3
1500m	Rebecca Stanley	5:32.8	<b>1</b>	Deborah Knight	6:21.9	<b>1</b>
70m H	Nicola Peachey	13.1	2	Jessica Seekings	13.5	<b>1</b>
Long J	Nicola Peachey	3.98	2	Deborah Knight	2.80	6
High J	Simbiat Salami	1.25 <b>=PB</b>	2			
Discus	Jessica Seekings	14.98	3	Laura Drew	11.82	2
Shot	Deborah Knight	5.99	3	Jessica Seekings	5.71	<b>1</b>
4x100m R	Emma Washbourne, Simbiat Salami, Nicola Peachey, Deborah Knight				56.9	<b>1</b>

**Non score: 800m** Amanda Blaxman 3:09.3 **1500m** Hannah Bloy 6:15.0; **Long Jump** Shamila Golan 2.99m; Laura Drew 2.81m; **Shot** Laura Drew 4.98m;

### Under 17 Men

Event	'A' String	Result	Pos	'B' String	Result	Pos
100m	Alan Vardon	12.2 =PB	3	Daniel McDowall	12.3	3
200m	Alan Vardon	24.1 =PB	3	Daniel McDowall	24.6 =PB	1
400m	Paul Adair	53.7	1	Daniel Loynes	58.3	1
800m	Paul Adair	2:06.5	2	Rob Jones	2:13.1 PB	2
1500m	Grant Twist	4:25.5	2	Daniel Winters	4:27.2=PB	1
100m H	Daniel Loynes	16.1 =PB	2	Grant Twist	22.3	1
High Jump	Craig Moore	1.45=PB	3	Grant Twist	1.40 =PB	2
Long Jump	Vince Lazaro	6.16	1	Joseph Ramie	5.19	1
Triple Jump	Joseph Ramie	11.73 PB	2	Vince Lazaro	10.99	2
Shot	Cafer Gunay	9.79	2	Craig Moore	7.99 PB	2
Discus	Craig Moore	32.13	1	Cafer Gunay	12.26	2
Javelin	Bonne Buwembo	57.10	1	Cafer Gunay	48.11	1
4x100m R	Vardon, McDowall, Marlon Moseley, Gunay,				46.9	1

#### Non score:

**800m** William Truman 2:22.5 **100m Bonne Buwembo 12.2;** Marlon Moseley 12.8

### Under 15 Boys

100m	Jordan Brown	13.0	3	Kareem Headlam	13.6	2
200m	Jordan Brown	26.0	2	Kareem Headlam	27.7	3
400m	Michael Jones	59.2	2	John Whitehead	59.2	2
800m	Michael Jones	2:14.6	3	John Whitehead	2:16.9	1
1500m	Simon Brown	4:43.6	1	Callum Sutton	4:46.2	1
80m H	Chuks Onyiuke	15.1	4	Robert Lofthouse	19.5	1
High Jump	Georgie Bean	1.45 PB	3=	Bradley Burr	1.30 PB	3
Long Jump	Jordan Brown	5.04	3	Kieron Nelson	4.45	3
Shot	Jordan Jackson	9.58	2	Georgie Bean	9.25	1
Discus	Jordan Jackson	24.83	1	Michael Jones	24.70	1
Javelin	Georgie Bean	43.11	1	Bradley Burr	32.09	1
4x100m R	J.Brown, S Brown, Hedlam, ?				50.7	1

#### Non score:

**800m** Liam Bush 2:28.6; C Dacosta 2:29.2 **100m** Chuks Onyiuke 13.8; **400m** Kieron Nelson 62.9

**1500m** C Lowe 5:02.5; James Drew 5:43.7; **Discus** Bradley Burr 19.88 **Long Jump** James Drew 4.18

**Javelin** Jordan Jackson 32.69 **Shot** James Drew 6.00

### Under 13 Boys

100m	Charlie Smith	13.4	1	Harry Picking	14.6	2
200m	Charlie Smith	27.4	1	Harry Picking	29.4	1
800m	Tyler Bennett	2:38.0	1	Andrew Holland	3:13.9	3
1500m	Jake Nelson	5:24.9	2	Jonathan Seekings	5:30.8	1
75m Hurdles	Frederick Mokoso	14.4	1	Jonathan Seekings	16.2	1
Long Jump	Frederick Mokoso	4.07	2	Tyler Bennett	3.80	1
High Jump	Jake Nelson	1.39	1	--		
Discus	Jonathan Seekings	14.32	5	Tyler Bennett	13.22	2
Shot	Andrew Kerr	6.77	3	Andrew Holland	3.19	3
4x100m R	Rhys Stevenson, Charlie Smith, Fred Mokoso, Harry Picking				52.7 (= club record)	1

#### Non score:

**800m** L Winter 3:10.5 **100m** Rhys Stevenson 14.5; Fred Mokoso 14.5; D Wood 15.3

**200m** Rhys Stevenson 28.2; D Wood 30.3; **Long Jump** Andrew Holland 2.35

**75mH** Jake Nelson 15.6; Andrew Kerr 17.0