

## Eastern Young Athletes League, Round 5, Colchester, 15 August 2010

|                              | Total      | GU13       | GU15       | WU17      | BU13      | BU15       | MU17       |
|------------------------------|------------|------------|------------|-----------|-----------|------------|------------|
| <b>1 Havering Mayesbrook</b> | <b>658</b> | <b>101</b> | <b>104</b> | <b>91</b> | <b>76</b> | <b>102</b> | <b>184</b> |
| 2 Bedford                    | 611        | 89         | 102        | 81        | 109       | 131        | 99         |
| 3 Ipswich                    | 497        | 48         | 114        | 119       | 22        | 112        | 82         |
| 4 Colchester & Tendring      | 318        | 58         | 79         | 32        | 52        | 68         | 29         |
| 5 Herts Phoenix              | 288        | 81         | 57         | 23        | 70        | 42         | 15         |
| 6 Colchester Harriers        | 224        | 36         | 33         | 26        | 61        | 63         | 5          |
| 7 Braintree                  | 222        | 48         | 89         | 0         | 53        | 13         | 19         |

### Under 17 Girls

| Event      | "A" STRING                   | RESULT   | POS | "B" STRING     | RESULT  | POS |
|------------|------------------------------|----------|-----|----------------|---------|-----|
| 100m       | Debbie Knight                | 13.1 =PB | 1   | Nicola Peachey | 14.0    | 1   |
| 200m       | Debbie Knight                | 26.7 PB  | 2   | Jess Seekings  | 30.0    | 2   |
| 300m       | Nicola Peachey               | 45.4     | 4   | Jess Seekings  | 46.7    | 2   |
| 800m       | Becky Stanley                | 2:31.2   | 3   |                |         |     |
| 1500m      | Becky Stanley                | 5:30.0   | 1   |                |         |     |
| 80m H      | Debbie Knight                | 12.9 PB  | 4   | Rylie Trott    | 13.6    | 1   |
| Pole Vault |                              |          |     |                |         |     |
| High J     |                              |          |     |                |         |     |
| Long J     | Nicola Peachey               | 4.69     | 3   | Rylie Trott    | 4.11 PB | 3   |
| Triple J   | Rylie Trott                  | 8.61 PB  | 3   | Becky Stanley  | 8.42 PB | 1   |
| Shot       |                              |          |     |                |         |     |
| Discus     | Jess Seekings                | 11.51    | 4   |                |         |     |
| Javelin    |                              |          |     |                |         |     |
| Hammer     |                              |          |     |                |         |     |
| 4 x 100mR  | Jess, Debbie, Nicola & Rylie |          |     |                | 55.6    | 2   |

### Under 15 Girls

| Event      | "A" STRING     | RESULT    | POS | "B" STRING     | RESULT  | POS |
|------------|----------------|-----------|-----|----------------|---------|-----|
| 100m       | Tayla Humm     | 13.5      | 4   | Tomi Akingbade | 13.6 PB | 4   |
| 200m       | Tomi Akingbade | 28.3 PB   | 5   | Nicole Blunt   | 32.3    | 4   |
| 300m       | Tayla Hunn     | 46.0 PB   | 4   | Georgie Taylor | 46.9 PB | 2   |
| 800m       | Avril Loynes   | 2:47.3    | 5   | Nicole Blunt   | 3:09.9  | 4   |
| 1500m      | Isabella Woods | 5:30.7 PB | 2   |                |         |     |
| 75m H      | Nicole Blunt   | DQ        |     | Debra Oyekan   | 18.1    | 4   |
| Long J     | Avril Loynes   | 4.42 PB   | 3   | Tayla Humm     | 3.87 PB | 3   |
| High J     | Tomi Akingbade | 1.15      | 6   | Debra Oyekan   | 1.10    | 3   |
| Pole Vault |                |           |     |                |         |     |
| Shot       | Rachel Forder  | 8.81      | 2   | Avril Loynes   | 5.33    | 5   |
| Discus     | Georgie Taylor | 27.97     | 1   | Rachel Forder  | 24.03   | 1   |
| Javelin    | Rachel Forder  | 21.64     | 3   | Debra Oyekan   | 7.14    | 4   |
| Hammer     | Georgie Taylor | 22.85     | 1   |                |         |     |
| 4x100mR    |                |           |     |                | 56.6    | 5   |

### Under 13 Girls

| Event   | "A" STRING                     | RESULT  | POS | "B" STRING         | RESULT   | POS |
|---------|--------------------------------|---------|-----|--------------------|----------|-----|
| 100m    | Emma Whitby                    | 13.7 PB | 1   | Michelle Hughes    | 14.6 =PB | 3   |
| 200m    | Emma Whitby                    | 29.0 PB | 2   | Chenice Constable  | 29.2 PB  | 2   |
| 800m    | Heidi Surman-Wells             | 2:35.9  | 1   | Gemma Archer-Haley | 3:01.0   | 5   |
| 1500m   |                                |         |     |                    |          |     |
| 70m H   | Heidi Surman-Wells             | 12.3    | 2   | Sophia Sharpe      | 14.6 PB  | 3   |
| Long J  | Chenice Constable              | 4.59 PB | 1   | Heidi Surman-Wells | 3.78     | 2   |
| High J  | Chenice Constable              | 1.30    | 2   | Modupe Shokunbi    | 1.20 PB  | 2   |
| Discus  | Kiera Law                      | 14.49   | 1   | Michelle Hughes    | 12.97 PB | 1   |
| Shot    | Michelle Hughes                | 5.60    | 2   | Kiera Law          | 4.00     | 4   |
| 4x100mR | Michelle, Chenice Heidi & Emma |         |     |                    | 57.9     | 1   |

### Non Scoring – Girls

| Age Gp | Event | Name | Result | Age Gp | Event | Name | Result |
|--------|-------|------|--------|--------|-------|------|--------|
|--------|-------|------|--------|--------|-------|------|--------|

**Under 17 Men**

| Event       | 'A' String                  | Result    | Pos | 'B' String          | Result    | Pos |
|-------------|-----------------------------|-----------|-----|---------------------|-----------|-----|
| 100m        | Dale Marks-Swain            | 11.8 PB   | 1   | Michael Lewis       | 11.8 PB   | 1   |
| 200m        | Michael Lewis               | 23.2 PB   | 1   | Dale Marks-Swain    | 23.6 PB   | 1   |
| 400m        | Dale Marks-Swain            | 52.2      | 1   | Michael Lewis       | 56.1      | 1   |
| 800m        | Massi Dendani               | 2:08.6    | 1   | Pedro Malungo       | 2:16.6 PB | 2   |
| 1500m       | Hoseah Gikungu              | 4:20.5 PB | 1   | Jon Seekings        | 5:50.8    | 2   |
| 100m H      | Adam Wileman                | 15.1      | 1   | Glenn Wileman       | 17.6 PB   | 1   |
| High Jump   | Jake Nelson                 | 1.70      | 1   | Lewis Walker-Dobson | 1.60      | 1   |
| Long Jump   | Adam Wileman                | 5.35      | 1   | Lewis Walker-Dobson | 5.33 PB   | 1   |
| Triple Jump | Adam Wileman                | 12.06 PB  | 1   | Lewis Walker-Dobson | 11.27     | 1   |
| Pole Vault  | Andrew Kerr                 | 3.30 PB   | 2   |                     |           |     |
| Shot        | Danny Wilson                | 11.23 PB  | 2   | Andrew Kerr         | 7.88 PB   | 1   |
| Discus      | Danny Wilson                | 38.77     | 1   | Massi Dendani       | 14.05     | 2   |
| Javelin     | Patrick Lear                | 42.36 PB  | 1   | Danny Wilson        | 27.44     | 1   |
| Hammer      | Andrew Kerr                 | 41.83     | 1   |                     |           |     |
| 4x100m R    | Danny, Dale, Michael & Jake |           |     |                     | 48.4      | 1   |

**Under 15 Boys**

|            |                              |         |   |                 |         |   |
|------------|------------------------------|---------|---|-----------------|---------|---|
| 100m       | Reece Mathurin               | 12.2    | 3 | Alex Habbershaw | 13.0    | 3 |
| 200m       | Alex Law                     | 24.2 PB | 2 | Reece Mathurin  | 24.6 PB | 1 |
| 400m       | Nick Duffey                  | 61.4    | 4 | Andrew Holland  | 71.7    | 3 |
| 800m       | Nick Duffey                  | 2:21.1  | 3 | Finbar Smyth    | 3:02.7  | 3 |
| 1500m      | Nick Shade                   | 4:56.4  | 4 | Adam Hill       | 5:14.0  | 5 |
| 80m H      | Alex Habbershaw              | 12.9    | 2 |                 |         |   |
| High Jump  | Oliver Garwandoe             | 1.50    | 3 |                 |         |   |
| Long Jump  | Alex Law                     | 5.67    | 1 | Lewis Middleton | 4.33    | 3 |
| Pole Vault | Oliver Garwandoe             | NHC     |   |                 |         |   |
| Shot       | Ben Thompson                 | 10.24   | 4 | Nick Duffey     | 7.55 PB | 3 |
| Discus     | Ben Thompson                 | 32.13   | 2 | Alex Law        | 26.61   | 1 |
| Javelin    | Lewis Middleton              | 13.90   | 6 | Alex Habbershaw | 10.82   | 4 |
| Hammer     | Ben Thompson                 | 16.70   | 4 |                 |         |   |
| 4x100m R   | Alex H, Reece, Lewis, Oliver |         |   |                 | 54.2    | 4 |

**Under 13 Boys**

|             |                                 |         |   |                 |           |   |
|-------------|---------------------------------|---------|---|-----------------|-----------|---|
| 100m        | Alex Hewitt                     | 13.0 PB | 2 | Robert Woodgate | 14.8 PB   | 3 |
| 200m        | Alex Hewitt                     | 27.2    | 2 | Sam Hurley      | 31.3 PB   | 3 |
| 800m        | Sam Hurley                      | 2:50.7  | 6 | Sam Chapman     | 3:01.2    | 5 |
| 1500m       | Robert Woodgate                 | 5:37.4  | 2 | Lewis Minton    | 6:01.5 PB | 2 |
| 75m Hurdles | Sam Chapman                     | 16.3 PB | 4 |                 |           |   |
| Long Jump   | Robert Woodgate                 | 4.27 PB | 2 | John Nelson     | 2.79      | 6 |
| High Jump   | Sam Chapman                     | 1.10    | 4 |                 |           |   |
| Discus      | John Nelson                     | 11.37   | 5 |                 |           |   |
| Shot        | John Nelson                     | 6.12 PB | 3 | Alex Hewitt     | 4.89      | 2 |
| 4x100m R    | Robert, Sam H., Sam C. and Alex |         |   |                 | 58.5      | 2 |

**Non Scoring -- Boys**

| Age Gp | Event | Name | Result | Age Gp | Event | Name | Result |
|--------|-------|------|--------|--------|-------|------|--------|
|--------|-------|------|--------|--------|-------|------|--------|