

Essex County Championships Day One.
Held at Colchester 2nd May 2005.

U17 Men

200m (- 2.6)

Richard Batten	NEB	23.61s
Eugene Ayanful	Hav/M	24.02
Ross Brewer	De La Salle Sch	24.19
Michael Holden	Col H	24.28
Christopher Clements	Hav/M	24.37
Brian Gaizie	Hav/M	24.45
Martin Pitts	Braintree & D	24.53
Dominic Barnard	Bas	24.87

1500m

James Shane	Bas	4m03.90
Paul Bumstead	Bas	4m09.75
Liam Murray	C & T	4m12.14
Paige Haines	Bas N/S	4m18.84
Ben Hunter	S.end AC	4m22.99
Glen Wooldridge	Col & T	4m26.48
Andrew Murray	WG & EL	4m28.01
Tom Phillips	WG & EL	4m28.52
David Gibbon	Col & T	4m29.17
Andrew Mariani	WG & EL	4m29.92
Craig Berg	WG & EL	4m31.24

Discus

Lee Matthews	WG & EL	39.13m
Zack King	Col & T	37.11m
D Chapman	Southend HS	34.06m
Adam Loveridge	James H H S	33.98m
Billy Flicker	De La Salle Sch	27.32m
Ben Butler	Fitzwimark	24.78m
Chris Travis	Thurrock	23.15m

Pole Vault

Scott Bartlett	Fitzwimark	3.60m
C Dickson	Southend H S	3.40m
M Read	C'ford AC	3.40m
Daniel Needham	Fitzwimark	3.00m
Michael Holden	Col H	3.00m =
Chris Horsley	Fitzwimark	3/00m =
Matthew Sweeney	Fitzwimark	2.80m
B Scully	Southend HS	2.80m

U15 Boys

200m (-1.7)

Deji Akande	Chelmsford	24.08
Matthew Lumm	Bas	24.23
Christopher Vickers	WG & EL	24.27
Aidan Lee	Harlow AC	24.66
David Lo	Col H	24.82
Ryan Chidwick	Hav/M	24.97
Mark Hunt	Chelmsford	25.00
Liam Sneath	Chelmsford	25.39

1500m

Matt Bloy	Hav/M	4m24.76
Omar Mangour	WG & EL	4m30.13
Ronnie Sparke	WG & EL	4m32.65
Andrew Poole	Col & T	4m35.79
Gavin Lewis	Orion H	4m37.78
Alex Cornwell	WG & EL	4m40.08
S McLachlan	Hav/M	4m42.72
Joe Webster	Hav/M	4m42.91
Grant Twist	Hav/M	4m50.79
Daniel Winters	Hav/M	4m52.60
Ryan Judge	C'ford AC	5m00.07

Discus

Bradley Reece	Hav/M	33.58m
Shaun McCarthy	Basildon	33.36m
Aiden Lee	Harlow AC	31.36m
Tameem Nazari	Dag P Sch	29.58m
Michael Smith	James H H S	27.93m
Brendan Cross	Fitzwimark	26.47m
Thomas Parker	Fitzwimark	26.41m
William King	C'ford	23.80m

Pole Vault

J Eddie	S'end H S	3.00m
Daniel Bodey	Fitzwimark	2.60m
Jack Withrington	Fitzwimark	2.30m
J Coy	S'end HS	2.30m
Chris Humphries	Fitzwimark	2.00m =
S Poniston	S'end HS	2.00m =
T Frith	S'end HS	1.80m

Boys U13

200m (-3.7)

Michael Akinola	Dag P Sch	27.63
Jim Tele	Southend AC	28.77
Marlow Mitchell	NEB	29.09
Oliver Webber	S W C H S	29.20
Jacob Cleaver	Fitzwimark	29.80
Ban Austin	Southend AC	30.08
Ben Mason	C'ford AC	30.31
Charlie Beckwith	C'ford AC	32.18

75m Hurdles (-3.7)

C Dudman	S'end H S	12.97
J Jackman	Orion H	13.22
C Irwin	S'end H S	13.30
Joe Peplow	Fitzwimark	13.46
Jack Edgar	Bas AC	13.73
T Tayo	S'end HS	13.88
Alex Elliott	Cecil Jones Sch	13.89
Ashley Kingston	Fitzwimark	14.14

Shot Putt

Micahel Akinola	Dag p Sch	9.64m
Courtney Barnes	Cecil Jones	8.02m
Carmeron Irwin	S'end HS	7.65m
Alex Elliott	Cecil Jones	6.94m
Dominic Norton	NEB	6.59m
Like Hadlow	Fitzwimark	6.42m
Ryan Hayward	Fitzwimark	6.38m
Robert Holden	Fitzwimark	6.36m

Women U17

200m (-2.1)

Lucy Sargent	Hav/M	24.68
Nichole Leggett	Col H	26.04
Lyndsey North	C'ford AC	26.66
Lauren Searles	Bas AC	26.76
Nicola Gaisford	Col H	27.05
Kelsey Boosey	Grays Conv	27.26
Daveen Thomas	NEB	27.32
Lorna Sills	Southend AC	28.21

Discus

Lauren Clark	Hav/M	29.52m
Nicole Cottage	James H H S	29.27m
Emma Hart	Southend AC	26.08m
Laura Nelson	Hav/M	22.70m
Vicky Taylor	Harlow	22.59m
Alenka Griggs	WG & EL	18.66m
Kendal Moran	WG & EL	17.99m

1500m

Marc Reynolds	C'Fprd AC	4m55.77
J Staines	S'end H S	5m02.04
Paul Scanlan	Trinity Sch	5m04.74
George Moxon	Bas AC	5m08.43
Daniel Yaxley	Harlow AC	5m08.50
Harris Foster-Carter	S'end AC	5m16.99
Alex Gordon	Orion H	5m18.26
William Matthews	Fitzwimark	5m20.08
Josh Mann	Fitzwimark	5m20.72
Samual Agbamu	WG & EL	5m21.59
J Pennycook	S'emd H S	5m26.71
Alexander Richards	Ilford	5m28.61

Long Jump

Ryan Wennington	Fitzwimark	4.45m
Tom Poulson	Fitzwimark	4.40m
Ben Mason	Eastwood Sch	4.35m
Jake King	Chelmsford AC	4.34m
Jim Tele	Southend AC	4.23m
J Staines	S'end HS	4.22m
M Gilmore	S'end HS	4.18m
Phillip Webster	C'ford AC	4.11m

1500m

Katie Richardson	Hav/M	4m43.19
Stacey Wheat	Col H	4m47.21
Hayley Moore	Bas AC	4m49.66
Anna Whitfield	Bas AC	4m53.78
Katherine Sefton	Bas AC	5m01.68
Natasha Bailey	S'end AC	5m11.06
Kavita Solder	WG & EL	5m15.75
Nicola Frith	Basildon AC	5m22.88
Donna Lovelock	Basildon AC	5m24.33
Teresa Conway	Orion H	5m25.60
Stephanie De Smedt	Bas AC	5m26.31
Emma Bubb	Basildon AC	5m28.80

Javelin

Louise Lockwood	Bas	34.98m
Micha Dornan	Bas	31.37m
Zoe Young	Bas	31.11m
Natalie Clark	S'end AC	27.72m
C Hodges	Thurrock H	22.03m

Girls U15

200m (-1.7s)

Asha Philip	NEB	25.78	Laura Condron	C'ford AC	4m47.63
Frankie Calder	Hav/M	27.31	Ingrid Deane	Hav/M	4m57.06
Kitan Eleyae	WG & EL	27.40	Lara Tembey	WG & EL/Bancroft	4m58.31
Esther Tele	Southend AC	27.47	Annie Dunn	C'ford AC	5m00.55
Rachel Periera	Orion H	27.47	Denise Dignum	Basildon AC	5m01.41
Alysia Halsey	Col H	28.11	Gemma Phillips	C'ford AC	5m04.41
Elise Walker	C'ford AC	28.42	Emma Fidge	C'ford AC	5m05.82
Alex Lusty	C'ford AC	29.15	Venita Dabhi	NEB	5m14.68
			Emma Fox	Hav/M	5m18.50
			Natasha Akram	Orion	5m21.51
			Rebecca Lovelock	Bas AC	5m22.27

Discus

Sarah McIlwain	C'ford AC	28.82	Natalie Clark	Southend HS for G	28.40m
Leeanna Davies	Thurrock H	26.57m	Georgia Sales	Hav/M	22.85m
Jessica Humphereys	Hav/M	25.23	Sophie Harman	Fitzwimark	22.89m
Jamie Stephens	Fitzwimark	22.06	Eloise Williams	Fitzwimark	18.37m
Kerry Freeman	Fitzwimark	21.60	Casey Blauber	Fitzwimark	17.35
Heather Finlay	C'ford AC	18.40			
Demi Lawrence	Eastwood Sch	16.18m			
Kristina Hill	Eastwood Sch	14.95m			

Javelin

Girls U13

150m (-1.6)

Rakiya Edwards	WG & EL	21.06	Nikki Twine	Bas	4m02.58
Maria Okpokiri	NEB	21.07	Neha Dabhi	NEB	4m06.16
Chloe Longhurst	Southend AC	21.73	Katherine Nutman	Southend AC	4m08.58
Rebecca Gibbs	C'ford	22.17	Paisley Clark	C'ford AC	4m11.68
Gemma Vine	Basildon AC	22.33	Sidnie Sales	Hav/M	4m15.96
Nancy Le Beau	Thurrock AC	22.45	Amy Webb	Basildon AC	4m17.89
Elizabeth Ridley	C'ford	22.45	Eleanor Bounds	Hav/M	4m19.09
Jessica Cutts	Col H	DNF	Emma McAuliffe	Hav/M	4m20.26

1200m

70mH

Jessica Cutts	Col H	12.50
Georgia Atkins	Southend AC	12.66
Ellie Besford	C'ford AC	12.76
Ailish Wincott	C'ford AC	12.82
Ellen Bubb	Fitzwimark	13.01
Lily Usher	Fitzwimark	13.19
Sarah Thompson	Greensward	13.56
Elizabeth Ridley	C'ford AC	14.39

Long Jump

Anna Parkins	C'Ford AC	4.26m
Elli Besford	C'ford AC	4.18m
Elizabeth Ridley	C'ford AC	4.15m
Ailish Wincott	C'ford AC	4.13m
Nikki Twine	Bas AC	4.02m
Nancy Le Beau	Thurrock	3.99m
Jody Botha	De La Salle	3.94m
Jessica Cutts	Col H	3.93m

Shot Putt

Chelsea Coker	Grays Conv	8.57m
Rochelle Rhodes	Hav/M	7.98m
Maria Okpokiri	NEB	7.64m
Anna Parkins	C'ford AC	7.22m
Nikki Twine	Bas AC	7.21m
Kamilah Bartley	Ilford AC	6.96m
Ellie Besford	C'ford	6.42m
Linsey Boozey	Grays Conv	5.87m

Boys Pentathlon

Nathan Barham	Fitzwimark	13.7	11.13	5.12	1.48	2m35.85	2100
Charlie Harris	Chalvedon	13.0	8.72	4.90	1.54	2m30.57	2087
M Francheschi	S'end HS	13.8	9.12	5.10	1.51	3m32.10	2042
Nico Ward	J H H S	13.9	10.87	4.59	1.48	2m30.04	2033
Andrew Bailey	Fitzwimark	12.8	6.65	4.99	1.33	2m24.24	1949
Harry McQueen	Cgelsford	13.0	7.86	4.72	1.54	2m41.17	1792
C Potts	Southend HS	14.4	6.80	4.69	1.51	2m31.41	1769
James Hayward	Fitzwimark	15.0	9.21	4.86	1.45	2m39.38	1761
Paul O'Brien	J H H S	15.3	10.10	4.90	1.42	2m42.32	1749
Sean McCarthy	Chalvedon	15.2	10.52	4.49	1.45	2m40.54	1745
Tom Hughes	William Ed Sch	15.2	7.50	5.12	1.36	2m29.47	1740
Sam Bailey	Chelmsford	14.0	7.66	4.28	1.57	2m39.99	1735
Daniel White	Southend H S	13.0	7.19	4.78	1.42	2m48.03	1709
Adam McCarthy	Fitzwimark	15.3	6.16	4.91	1.42	2m32.84	1614
Jack Adams	Fitzwimark	13.5	8.19	4.91	1.42	2m32.94	1573
J Bensah	Southend HS	14.5	6.77	4.46	1.48	2m44.01	1565
Nathan Clarke	J H H S	15.4	6.87	4.28	1.42	2m34.21	1538
Kyle Aldridge	Cecil Jones	14.6	6.22	4.01	1.30	2m34.99	1414
Dean Murray	De La Salle Sch	14.8	7.28	3.49	1.36	2m41.16	1358
David Church	Cecil Jones	16.5	7.87	3.88	1.30	2m35.2	1340
Thomas Parker	Fitzwimark	18.3	7.50	4.06	1.33	2m43.87	1164
Sean Henderson	Fitzwimark	17.4	7.27	3.97	1.36	3m30.6	1034
Lewis Bishop	Col H	15.6	4.71	4.13	1.27	2m52.34	1087
Charlie O'Donoghue	J H H S	16.7	5.19	4.09	1.30	2m55.51	1025

Girls Pentathlon

Nicola Hill	Hav/M	4.66	12.13	8.12	1.32	2m37.71	2563
Chloe Galloway	WG & EL	3.94	12.38	7.63	1.44	2m37.09	2464
Sarah Glanville	Col & T	4.45	12.91	8.22	1.38	2m46.57	2398
Hannah Besford	Chelmsford	4.84	13.42	7.68	1.35	2m56.42	2282
Catrina McAuliffe	Hav/M	4.12	12.91	8.25	1.32	2m53.09	2190
Josie Wyre	WG & EL	4.20	13.79	7.26	1.29	2m39.82	2178
Lauren Edgar	J H H S	4.05	13.02	7.16	1.26	2m40.73	1768
Rebecca Lovelock	Basildon	4.06	13.30	6.79	1.23	3m14.18	1768
Leigh-Anne	NCube J H H S	4.00	17.25	6.18	1.23	3m05.49	1495

Prepared by Olive Megit.