

# ESSEX INDOOR CHAMPIONSHIPS

## LEE VALLEY ATHLETICS CENTRE

### 26 AND 27 January 2008

#### RESULTS – FEMALE

##### Senior Women 60m Heat 1

	No.	Name	Club/School	Time	
1	26	Louise Wood	Chelmsford A.C.	07.69s	Q
2	4	Heidi Nicholas	Basildon A.C.	08.18s	Q
3	44	Laurelle Akintade	W G & E L	08.18s	Q
4	12	Karen Barden	Chelmsford A.C.	08.49s	

##### Senior Women 60m Heat 2

	No.	Name	Club/School	Time	
1	11	Lucy Sargent	Havering Mayesbrook A.C.	07.88s	Q
2	21	Zoe Young	Havering Mayesbrook A.C.	08.17s	Q
3	17	Ria Ali-Jackson	Chelmsford A.C.	08.35s	Q
4	51	Claire Brennan	Havering Mayesbrook A.C.	08.43s	
5	57	Lauren Longhurst	Chelmsford	08.64s	

##### Senior Women 60m Final

	No.	Name	Club/School	Time	
1	26	Louise Wood	Chelmsford A.C.	07.73s	
2	4	Heidi Nicholas	Basildon A.C.	08.09s	
3	44	Laurelle Akintade	W G & E L	08.23s	
4	21	Zoe Young	Havering Mayesbrook A.C.	08.25s	
5	17	Ria Ali-Jackson	Chelmsford A.C.	08.38s	
6	11	Lucy Sargent	Havering Mayesbrook A.C.	DNS	

##### Senior Women 400m

	No.	Name	Club/School	Time	
1	8	Denise Morley	Colchester Harriers A.C.	1m02.41s	
2	18	Louise Douglass	A.F.D	1m02.92s	
3	9	Lynn Talbert	Thurrock A.C.	1m05.58s	
4	52	Nina Brennan	Havering Mayesbrook A.C.	1m05.92s	
5	50	Hannah Gamester	Havering Mayesbrook A.C.	1m09.26s	

##### Senior Women 800m

	No.	Name	Club/School	Time	
1	1	Sara Luck	Havering Mayesbrook A.C.	2m16.37s	
2	7	Bernadine Pritchett	W G & E L	2m19.78s	
3	8	Denise Morley	Colchester Harriers A.C.	2m22.23s	
4	5	Diana Kennedy	W G & E L	2m23.66s	

##### Senior Women 1500m

	No.	Name	Club/School	Time (Manual)	
1	39	Ellie Meadows	Basildon A.C.	4m33.90s	
2	7	Bernadine Pritchett	W G & E L	4m45.90s	

##### Senior Women 60m Hurdles

	No.	Name	Club/School	Time	
1	28	Catherine Holdsworth	Colchester Harriers A.C.	08.58s	Record
2	51	Claire Brennan	Havering Mayesbrook A.C.	09.70s	
3	4	Heidi Nicholas	Basildon A.C.	09.98s	
4	11	Lucy Sargent	Havering Mayesbrook A.C.	10.31s	

### Senior Women High Jump

	<b>No.</b>	<b>Name</b>	<b>Club/School</b>	<b>Measure</b>	
1	1	Sara Luck	Havering Mayesbrook A.C.	1.60m	= Record
2	19	Lucy Howes	Thurrock A.C.	1.50m	
2	4	Heidi Nicholas	Basildon A.C	1.50m	

### Senior Women Long Jump

	<b>No.</b>	<b>Name</b>	<b>Club/School</b>	<b>Measure</b>
1	11	Lucy Sargent	Havering Mayesbrook A.C.	5.37m
2	4	Heidi Nicholas	Basildon A.C	4.85m
3	57	Lauren Longhurst	Unattached	4.64m
4	15	Lana Bond	Chelmsford A.C.	4.62m

### Senior Women Triple Jump

	<b>No.</b>	<b>Name</b>	<b>Club/School</b>	<b>Measure</b>	
1	26	Louise Wood	Chelmsford A.C.	11.46m	Record

### Senior Women Pole Vault

	<b>No.</b>	<b>Name</b>	<b>Club/School</b>	<b>Measure</b>
1	33	Caroline Real	Loughton A.C.	2.00m

### Senior Women Shot

	<b>No.</b>	<b>Name</b>	<b>Club/School</b>	<b>Measure</b>
1	28	Catherine Holdsworth	Colchester Harriers A.C.	11.30m
2	13	Jessica Mole	Colchester Harriers A.C.	9.69m

### Junior Women 60m Heat 1

	<b>No.</b>	<b>Name</b>	<b>Club/School</b>	<b>Time</b>	
1	111	Kirsty Shepherd	Basildon A.C	08.06s	Q
2	134	Lauren Bouchard	Chelmsford A.C.	08.15s	Q
3	136	Emma Collard	Southend A.C.	08.19s	Q
4	133	Nicola Hill	Havering Mayesbrook A.C.	08.22s	

### Junior Women 60m Heat 2

	<b>No.</b>	<b>Name</b>	<b>Club/School</b>	<b>Time</b>	
1	128	Lyndsey North	Chelmsford A.C.	08.03s	Q
2	147	Precious Oladugba	Chelmsford A.C.	08.07s	Q
3	106	Alicia Roberts-Brown	W G & E L	08.12s	Q
4	103	Lauren Searles	Basildon A.C	08.29s	

### Junior Women 60m Final

	<b>No.</b>	<b>Name</b>	<b>Club/School</b>	<b>Time</b>
1	128	Lyndsey North	Chelmsford A.C.	08.00s
2	134	Lauren Bouchard	Chelmsford A.C.	08.02s
3	147	Precious Oladugba	Chelmsford A.C.	08.06s
4	111	Kirsty Shepherd	Basildon A.C	08.09s
5	106	Alicia Roberts-Brown	W G & E L	08.13s
6	136	Emma Collard	Southend A.C.	08.23s

### Junior Women 400m

	<b>No.</b>	<b>Name</b>	<b>Club/School</b>	<b>Time</b>
1	103	Lauren Searles	Basildon A.C	1m00.57s
2	112	Kathrine Foy	W G & E L	1m00.89s
3	138	Denise Dignum	Basildon A.C	1m03.08s
4	105	Sade-Marie Bailey	Basildon A.C	1m05.48s

### Junior Women 800m

	<b>No.</b>	<b>Name</b>	<b>Club/School</b>	<b>Time</b>	
1	112	Kathrine Foy	W G & E L	2m18.54s	
2	102	Venita Dabhi	Newham & Essex Beagles	2m38.68s	

### Junior Women 60m Hurdles

	<b>No.</b>	<b>Name</b>	<b>Club/School</b>	<b>Time</b>	
1	135	Nicola Gaisford	Colchester Harriers A.C.	09.03s	
2	133	Nicola Hill	Havering Mayesbrook A.C.	09.29s	
3	118	Vicki Wheatland	Colchester Harriers A.C.	09.56s	
4	143	Lisa Potter	Braintree & District A.C.	10.10s	
5	132	Lauren Edgar-Hill	Havering Mayesbrook A.C.	10.16s	
6	120	Lucy Mapp	Colchester Harriers A.C.	11.56s	

### Junior Women High Jump

	<b>No.</b>	<b>Name</b>	<b>Club/School</b>	<b>Measure</b>	
1	135	Nicola Gaisford	Colchester Harriers A.C.	1.65m	=Record
2	101	Bethan Siddons	Havering Mayesbrook A.C.	1.60m	
3	118	Vicki Wheatland	Colchester Harriers A.C.	1.60m	
4	105	Sade-Marie Bailey	Basildon A.C.	1.40m	
5	120	Lucy Mapp	Colchester Harriers A.C.	1.40m	

### Junior Women Long Jump

	<b>No.</b>	<b>Name</b>	<b>Club/School</b>	<b>Measure</b>	
1	122	Jade Morgan	Colchester Harriers A.C.	5.19m	Record
2	128	Lyndsey North	Chelmsford A.C.	5.17m	
3	143	Lisa Potter	Braintree & District A.C.	4.54m	

### Junior Women Triple Jump

	<b>No.</b>	<b>Name</b>	<b>Club/School</b>	<b>Measure</b>	
1	122	Jade Morgan	Colchester Harriers A.C.	11.41m	Record
2	147	Precious Oladugba	Chelmsford A.C.	10.56m	
3	144	Rochelle Jones	Newham & Essex Beagles	10.45m	
4	124	Olivia Jones	Southend A.C.	9.69m	

### Junior Women Shot

	<b>No.</b>	<b>Name</b>	<b>Club/School</b>	<b>Measure</b>	
1	122	Jade Morgan	Colchester Harriers A.C.	9.50m	

### Women Under 17 60m Heat 1

	<b>No.</b>	<b>Name</b>	<b>Club/School</b>	<b>Time</b>	
1	268	Corinne Humphreys	Orion A.C.	07.79s	Q
2	212	Bethanie Moore	Colchester Harriers A.C.	08.05s	Q
3	220	Ester Tele	Havering Mayesbrook A.C.	08.22s	Q
4	248	Felicity Clarke	Southend A.C.	08.37s	Q

### Women Under 17 60m Heat 2

	<b>No.</b>	<b>Name</b>	<b>Club/School</b>	<b>Time</b>	
1	273	Victoria Ohurough	Newham & Essex Beagles	07.95s	Q
2	228	Aleasha Kiddle	Braintree & District A.C.	08.00s	Q
3	238	Amy McDonald	Southend A.C.	08.49s	

**Women Under 17 60m Final**

	<b>No.</b>	<b>Name</b>	<b>Club/School</b>	<b>Time</b>	
1	268	Corinne Humphreys	Orion A.C	07.71s	Record
2	273	Victoria Ohurough	Newham & Essex Beagles	07.90s	
3	212	Bethanie Moore	Colchester Harriers A.C.	07.97s	
4	228	Aleasha Kiddle	Braintree & District A.C.	08.00s	
5	220	Ester Tele	Havering Mayesbrook A.C.	08.24s	
6	248	Felicity Clarke	Southend A.C.	08.48s	

**Women Under 17 200m**

	<b>No.</b>	<b>Name</b>	<b>Club/School</b>	<b>Time</b>
1	273	Victoria Ohurough	Newham & Essex Beagles	25.91s
2	212	Bethanie Moore	Colchester Harriers A.C.	26.68s
3	238	Amy McDonald	Southend A.C.	27.41s
4	220	Ester Tele	Havering Mayesbrook A.C.	27.58s
5	267	Jessica Kipps	Orion A.C	29.66s

**Women Under 17 400m**

	<b>No.</b>	<b>Name</b>	<b>Club/School</b>	<b>Time</b>
1	207	Nina Edwards	Herts Phoenix A.C	1m00.14s
2	248	Felicity Clarke	Southend A.C.	1m01.85s
3	259	Nikki Twine	Basildon A.C	1m03.15s
4	223	Lydia Hall	Ilford A.C	1m06.41s
	238	Amy McDonald	Southend A.C.	DNF

**Women Under 17 800m**

	<b>No.</b>	<b>Name</b>	<b>Club/School</b>	<b>Time</b>
1	202	Neha Dabhi	Newham & Essex Beagles	2m27.00s

**Women Under 17 60m Hurdles Heat 1**

	<b>No.</b>	<b>Name</b>	<b>Club/School</b>	<b>Time</b>	
1	240	Eleanor Evans	Southend A.C.	09.22s	Q
2	222	Georgia Atkins	Southend A.C.	09.32s	Q
3	263	Jasmine Raymond	Newham & Essex Beagles	09.95s	Q
4	262	Stephanie Ugbo	Newham & Essex Beagles	09.98s	

**Women Under 17 60m Hurdles Heat 2**

	<b>No.</b>	<b>Name</b>	<b>Club/School</b>	<b>Time</b>	
1	235	Chloe Galloway	W G & E L	09.21s	Q
2	241	Charlotte Cattermole	Ipswich Harriers	09.27s	Q
3	257	Angela James	Havering Mayesbrook A.C.	09.48s	Q

**Women Under 17 60m Hurdles Final**

	<b>No.</b>	<b>Name</b>	<b>Club/School</b>	<b>Time</b>
1	235	Chloe Galloway	W G & E L	09.06s
2	241	Charlotte Cattermole	Ipswich Harriers	09.24s
3	240	Eleanor Evans	Southend A.C.	09.27s
3	222	Georgia Atkins	Southend A.C.	09.27s
5	257	Angela James	Havering Mayesbrook A.C.	09.44s
6	263	Jasmine Raymond	Newham & Essex Beagles	10.01s

**Women Under 17 High Jump**

	<b>No.</b>	<b>Name</b>	<b>Club/School</b>	<b>Measure</b>
1	262	Stephanie Ugbo	Newham & Essex Beagles	1.60m
2	235	Chloe Galloway	W G & E L	1.60m
3	240	Eleanor Evans	Southend A.C.	1.50m
4	257	Angela James	Havering Mayesbrook A.C.	1.50m

### Women Under 17 Long Jump

	<b>No.</b>	<b>Name</b>	<b>Club/School</b>	<b>Measure</b>	
1	222	Georgia Atkins	Southend A.C.	5.11m	
2	228	Aleasha Kiddle	Braintree & District A.C.	5.00m	
3	235	Chloe Galloway	W G & E L	4.96m	
4	220	Ester Tele	Havering Mayesbrook A.C.	4.58m	
5	257	Angela James	Havering Mayesbrook A.C.	4.51m	
6	261	Emily Barratt	Thurrock A.C.	4.37m	
7	215	Rachel Dean	W G & E L	4.02m	

### Women Under 17 Triple Jump

	<b>No.</b>	<b>Name</b>	<b>Club/School</b>	<b>Measure</b>	
1	255	Lucretia Bailey	Newham & Essex Beagles	10.50m	
2	215	Rachel Dean	W G & E L	10.11m	
3	231	Polly Woods	Harlow A.C.	9.78m	
4	230	Catriona Debnam-Sharp	Braintree & District A.C.	9.51m	

### Women Under 17 Pole Vault

	<b>No.</b>	<b>Name</b>	<b>Club/School</b>	<b>Measure</b>	
1	225	Ellie Besford	Chelmsford A.C.	3.40m	Record
2	244	Elizabeth Ridley	Chelmsford A.C.	2.40m	

### Women Under 17 Shot

	<b>No.</b>	<b>Name</b>	<b>Club/School</b>	<b>Measure</b>	
1	226	Hannah Bright	Braintree & District A.C.	9.91m	
2	246	Cherice McKay	W G & E L	9.49m	
3	232	Chelsea Coker	Southend A.C.	9.19m	
4	263	Jasmine Raymond	Newham & Essex Beagles	7.40m	

### Girls Under 15 60m Heat 1

	<b>No.</b>	<b>Name</b>	<b>Club/School</b>	<b>Time (Manual)</b>	
1	338	Hannah Smithdale	Chelmsford A.C.	08.30s	Q
2	321	Kelly Sutton	Colchester Harriers A.C.	08.60s	RO
3	317	Nikkita Sartori-Sigrist	Orion A.C	08.70s	
4	339	Sian McCrory	Southend A.C.	08.80s	

### Girls Under 15 60m Heat 2

	<b>No.</b>	<b>Name</b>	<b>Club/School</b>	<b>Time (Manual)</b>	
1	303	Ghanelle Edwards	Southend A.C.	08.30s	Q
2	323	Olivia Law	Southend A.C.	08.60s	RO
3	344	Katie Swift	Chelmsford A.C.	08.60s	RO
4	310	Emily Abbott	Braintree & District A.C.	08.70s	
5	340	Leanne McCrory	Southend A.C.	08.80s	

### Girls Under 15 60m Heat 3

	<b>No.</b>	<b>Name</b>	<b>Club/School</b>	<b>Time (Manual)</b>	
1	341	Aziza Hill-Williams	Newham & Essex Beagles	08.30s	Q
2	304	Chloe Longhurst	Southend A.C.	08.40s	Q
3	306	Rebecca Connelly	Thurrock A.C.	08.60s	RO
4	334	Rosie Dailly	Chelmsford A.C.	08.90s	
5	305	Mariam Kelekun	Newham & Essex Beagles	09.00s	

### Girls Under 15 60m Run Off

	<b>No.</b>	<b>Name</b>	<b>Club/School</b>	<b>Time</b>	
1	306	Rebecca Connelly	Thurrock A.C.	08.43s	Q
2	344	Katie Swift	Chelmsford A.C.	08.47s	Q
3	323	Olivia Law	Southend A.C.	08.48s	
4	321	Kelly Sutton	Colchester Harriers A.C.	08.56s	

**Girls Under 15 60m Final**

	<b>No.</b>	<b>Name</b>	<b>Club/School</b>	<b>Time</b>	
1	338	Hannah Smithdale	Chelmsford A.C.	08.21s	
2	303	Ghanelle Edwards	Southend A.C.	08.25s	
3	341	Aziza Hill-Williams	Newham & Essex Beagles	08.34s	
4	304	Chloe Longhurst	Southend A.C.	08.41s	
5	306	Rebecca Connelly	Thurrock A.C.	08.44s	
6	344	Katie Swift	Chelmsford A.C.	08.48s	

**Girls Under 15 200m**

	<b>No.</b>	<b>Name</b>	<b>Club/School</b>	<b>Time</b>	
1	311	Hayley McLean	Thurrock A.C.	27.85s	
2	304	Chloe Longhurst	Southend A.C.	28.00s	
3	321	Kelly Sutton	Colchester Harriers A.C.	28.79s	
4	334	Rosie Dailly	Chelmsford A.C.	29.14s	

**Girls Under 15 400m**

	<b>No.</b>	<b>Name</b>	<b>Club/School</b>	<b>Time</b>	
1	356	Rebecca O'Neill	Havering Mayesbrook A.C.	1m05.73s	
2	322	Natalie Woodhouse	Southend A.C.	1m06.93s	
3	339	Sian McCrory	Southend A.C.	1m08.69s	

**Girls Under 15 800m Heat 1**

	<b>No.</b>	<b>Name</b>	<b>Club/School</b>	<b>Time</b>	
1	348	Georgina Ferrari	W G & E L	2m32.66s	Q
2	312	Rebecca O'Neill	Havering Mayesbrook A.C.	2m32.88s	Q
3	322	Natalie Woodhouse	Southend A.C.	2m33.30s	Q
4	351	Sarah Dudley	Orion A.C.	2m45.86s	

**Girls Under 15 800m Heat 2**

	<b>No.</b>	<b>Name</b>	<b>Club/School</b>	<b>Time</b>	
1	311	Hayley McLean	Thurrock A.C.	2m36.96s	Q
2	342	Adedoja Atanda	Newham & Essex Beagles	2m37.24s	Q
3	346	Eleanor Johnson	Basildon A.C.	2m39.72s	Q
4	355	Kirsty Stratton	Colchester Harriers A.C.	2m50.20s	

**Girls Under 15 800m Final**

	<b>No.</b>	<b>Name</b>	<b>Club/School</b>	<b>Time</b>	
1	311	Hayley McLean	Thurrock A.C.	2m26.60s	
2	312	Rebecca O'Neill	Havering Mayesbrook A.C.	2m27.04s	
3	348	Georgina Ferrari	W G & E L	2m31.67s	
4	342	Adedoja Atanda	Newham & Essex Beagles	2m31.91s	
5	322	Natalie Woodhouse	Southend A.C.	2m33.31s	
6	346	Eleanor Johnson	Basildon A.C.	2m38.07s	

**Girls Under 15 60m Hurdles Heat 1**

	<b>No.</b>	<b>Name</b>	<b>Club/School</b>	<b>Time</b>	
1	314	Nancy LeBeau	Thurrock A.C.	09.53s	Q
2	358	Ese Akpobi	Newham & Essex Beagles	09.78s	Q
3	354	Nicola Peachey	Havering Mayesbrook A.C.	10.10s	Q
4	343	Sophie Baggs	Havering Mayesbrook A.C.	10.82s	
5	313	Clare Rodway	Ilford A.C.	11.76s	

**Girls Under 15 60m Hurdles Heat 2**

	<b>No.</b>	<b>Name</b>	<b>Club/School</b>	<b>Time</b>	
1	311	Hayley McLean	Thurrock A.C.	09.58s	Q
2	315	Emily Moore	Colchester Harriers A.C.	09.80s	Q
3	317	Nikkita Sartori-Sigrist	Orion A.C.	10.21s	Q
4	322	Natalie Woodhouse	Southend A.C.	10.36s	
5	302	Gemma Armorgie	Herts Phoenix A.C.	10.69s	

**Girls Under 15 60m Hurdles Final**

	<b>No.</b>	<b>Name</b>	<b>Club/School</b>	<b>Time</b>	
1	314	Nancy LeBeau	Thurrock A.C.	09.39s	Record
2	311	Hayley McLean	Thurrock A.C.	09.44s	
3	358	Ese Akpobi	Newham & Essex Beagles	09.52s	
4	315	Emily Moore	Colchester Harriers A.C.	09.98s	
5	317	Nikkita Sartori-Sigris	Orion A.C	10.05s	
6	354	Nicola Peachey	Havering Mayesbrook A.C.	10.18s	

**Girls Under 15 High Jump**

	<b>No.</b>	<b>Name</b>	<b>Club/School</b>	<b>Measure</b>
1	336	Reneece Campbell	Eton Manor A.C.	1.45m
2	302	Gemma Armorgie	Herts Phoenix A.C	1.45m
3	358	Ese Akpobi	Newham & Essex Beagles	1.40m
4	322	Natalie Woodhouse	Southend A.C.	1.35m
5	341	Aziza Hill-Williams	Newham & Essex Beagles	1.30m

**Girls Under 15 Long Jump**

	<b>No.</b>	<b>Name</b>	<b>Club/School</b>	<b>Measure</b>
1	314	Nancy LeBeau	Thurrock A.C.	4.55m
2	306	Rebecca Connelly	Thurrock A.C.	4.48m
3	334	Rosie Dailly	Chelmsford A.C.	4.38m
4	316	Lucina Rolewicz	Braintree & District A.C.	4.16m
5	321	Kelly Sutton	Colchester Harriers A.C.	4.02m
6	339	Sian McCrory	Southend A.C.	3.95m
7	336	Reneece Campbell	Eton Manor A.C.	3.79m
8	323	Olivia Law	Southend A.C.	3.79m
9	305	Mariam Kelekun	Newham & Essex Beagles	3.75m
10	340	Leanne McCrory	Southend A.C.	3.64m

**Girls Under 15 Pole Vault**

	<b>No.</b>	<b>Name</b>	<b>Club/School</b>	<b>Measure</b>
1	327	Nancy Epsley	Chelmsford A.C.	2.20m

**Girls Under 15 Shot**

	<b>No.</b>	<b>Name</b>	<b>Club/School</b>	<b>Measure</b>
1	335	Maria Okpokiri	Newham & Essex Beagles	10.86m
2	311	Hayley McLean	Thurrock A.C.	7.89m
3	343	Sophie Baggs	Havering Mayesbrook A.C.	7.77m
4	330	India Wellings	Orion A.C	5.20m

**Girls Under 13 60m**

	<b>No.</b>	<b>Name</b>	<b>Club/School</b>	<b>Time</b>
1	421	Emily Webb	Basildon A.C	08.77s
2	424	Georgia Green	Eton Manor A.C.	08.80s
3	415	Kiani Campbell	Eton Manor A.C.	08.81s
4	408	Chloe Young	Colchester Harriers A.C.	09.21s
5	404	Chloe Barker	Basildon A.C	10.03s
6	417	Kerry McCrory	Southend A.C.	10.12s

**Girls Under 13 200m**

	<b>No.</b>	<b>Name</b>	<b>Club/School</b>	<b>Time</b>
1	408	Chloe Young	Colchester Harriers A.C.	30.58s
2	412	Sienna Blake	Orion A.C	31.00s
3	410	Sophie Crofts	Thurrock A.C.	31.14s

**Girls Under 13 800m**

	<b>No.</b>	<b>Name</b>	<b>Club/School</b>	<b>Time</b>
1	402	Kaylee Dodd	Basildon A.C	2m30.11s
2	403	Sophie Riches	Basildon A.C	2m31.10s
3	410	Sophie Crofts	Thurrock A.C.	2m35.56s
4	425	Jessica Fazakerley	Havering Mayesbrook A.C.	2m55.91s
5	407	Megan Moore	Colchester Harriers A.C.	2m58.85s

**Girls Under 13 60m Hurdles**

	<b>No.</b>	<b>Name</b>	<b>Club/School</b>	<b>Time</b>
1	419	Tamara Chambers	Ilford A.C	10.55s
2	405	Abigail Ashford	Chelmsford A.C.	10.61s
3	424	Georgia Green	Eton Manor A.C.	11.04s
4	411	Clarice Parrott	Braintree & District A.C.	11.40s

**Girls Under 13 High Jump**

	<b>No.</b>	<b>Name</b>	<b>Club/School</b>	<b>Measure</b>
1	405	Abigail Ashford	Chelmsford A.C.	1.20m
2	425	Jessica Fazakerley	Havering Mayesbrook A.C.	1.05m

**Girls Under 13 Long Jump**

	<b>No.</b>	<b>Name</b>	<b>Club/School</b>	<b>Measure</b>
1	424	Georgia Green	Eton Manor A.C.	4.02m
2	411	Clarice Parrott	Braintree & District A.C.	4.01m
3	405	Abigail Ashford	Chelmsford A.C.	3.83m
4	408	Chloe Young	Colchester Harriers A.C.	3.50m
5	415	Kiani Campbell	Eton Manor A.C.	3.45m
6	417	Kerry McCrory	Southend A.C.	3.05m

**Girls Under 13 Shot**

	<b>No.</b>	<b>Name</b>	<b>Club/School</b>	<b>Measure</b>
1	404	Chloe Barker	Basildon A.C	3.78m