

# ESSEX COUNTY INDOOR CHAMPIONSHIPS 2010

## LEE VALLEY – 6th AND 7<sup>th</sup> FEBRUARY

### FEMALE EVENTS

#### Event 60 Senior Women - 60M

##### Final

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1	:		
1	Heidi Nicholas	Basildon A C	8.05
2	Lyndsey North	Chelmsford A C	8.11
3	Ella Kempster	N & E B	8.32
4	Zoe Young	Havering Mayesbrook	8.45
5	Lauren Longhurst	Chelmsford A C	8.60
6	Pavidra Sivanandarajah	W'ford Gn & Essex L	8.65

#### Event 61 Senior Women - 200M

##### Final (T11)

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1	:		
1	Ella Kempster	N & E B	26.80
2	Chioma Matthews	Unattached	27.19
3	Lauren Longhurst	Chelmsford A C	28.29
4	Pavidra Sivanandarajah	W'ford Gn & Essex L	29.18

#### Event 62 Senior Women - 400M

##### Final

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1			
1	Clare Leckie	W'ford Gn & Essex L	1:01.18
2	Denise Morley	Colchester Harriers	1:01.90
3	Zoe Watson	W'ford Gn & Essex L	1:02.53
4	Lauren Longhurst	Chelmsford A C	1:03.62
5	Lynn Talbert	Thurrock Harriers	1:07.99

#### Event 63 Senior Women - 800M

##### Final

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1			
1	Karen Goode	Basildon A C	2:17.9
2	Denise Morley	Colchester Harriers	2:19.60
3	Diana Kennedy	W'ford Gn & Essex L	2:22.88
4	Bernadine Pritchett	W'ford Gn & Essex L	2:25.38

**Event 64 Senior Women - 1500M****Final (T37)**

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1			
1	Bernadine Pritchett	W'ford Gn & Essex L	4:55.50
2	Diana Kennedy	W'ford Gn & Essex L	5:04.06

**Event 65 Senior Women - 60M Hurdles****Final (T76)**

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1			
1	Heidi Nicholas	Basildon A C	9.49
2	Lisa Potter	Braintree & District	10.03

**Event 66 Senior Women - High Jump****Final (F15)**

	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>
Flight 1			
1	Natalie Lebeau	Thurrock Harriers	1.55
2	Heidi Nicholas	Basildon A C	1.55
3	Lucy Howes	Thurrock Harriers	1.55

**Event 67 Senior Women - Pole Vault****Final (F23)**

	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>
Flight 1			
1	Kirsty Macintosh	W'ford Gn & Essex L	3.40
2	Melissa Strevens	N & E B	2.80
3	Kelly Montgomery	N & E B	2.50

CBP

**Event 68 Senior Women - Long Jump****Final (F39)**

	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>
Flight 1			
1	Lana Gillard	Braintree & District	4.88
2	Lauren Longhurst	Chelmsford A C	4.83
3	Heidi Nicholas	Basildon A C	4.80
4	Zoe Young	Havering Mayesbrook	4.69

**Event 69 Senior Women - Triple Jump****Final (F67)**

	<u>Name</u>	<u>Affiliation</u>	
Flight 1			
1	Chioma Matthews	Unattached	11.90
2	Jade Morgan	Colchester Harriers	11.78
3	Lana Gillard	Braintree & District	9.80

CBP

**Event 71 Senior Women - 1 Mile Walk****Final (T104)**

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	
Heat 1				
1	Linda Mountford	Unattached	10:55.07	New Event
2	Valerie Mountford	Southend A C	12:11.86	

**Event 72 U20 Women - 60M****Prelims**

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1			
1	Aleasha Kiddle	Braintree & District	8.00
2	Elise Walker	Chelmsford A C	8.24
3	Jodine Williams	N & E B	8.39
4	Cynthia Coker	N & E B	8.69

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 2			
1	Bethanie Moore	Colchester Harriers	7.94
2	Victoria Ohuruogu	N & E B	8.04
3	Nicola Hill	Havering Mayesbrook	8.28
4	Nicole Bent	N & E B	9.28

**Final**

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1			
1	Bethanie Moore	Colchester Harriers	7.90
2	Aleasha Kiddle	Braintree & District	8.00
3	Victoria Ohuruogu	N & E B	8.07
4	Elise Walker	Chelmsford A C	8.19
5	Nicola Hill	Havering Mayesbrook	8.23
6	Jodine Williams	N & E B	8.34

**Event 73 U20 Women - 200M****Prelims (T7)**

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1			
1	Victoria Ohuruogu	N & E B	25.30 Q
2	Aleasha Kiddle	Braintree & District	26.42 q
3	Elise Walker	Chelmsford A C	27.37 q
4	Alex Hill	Herts Phoenix A C	27.88 q
5	Sarah Kigozi	N & E B	28.75
6	Hannah Jones	Basildon A C	30.74

Time

<u>Name</u>	<u>Affiliation</u>	
Heat 2	:	
1 Bethanie Moore	Colchester Harriers	26.55 Q
2 Kirsty Shepherd	Basildon A C	27.84 q
3 Polly Woods	Herts Phoenix A C	28.68
4 Emily Swain	Colchester Harriers	29.22
5 Abigail Newbold	Colchester Harriers	29.54

Top 1 places + 4 next fastest times advance to next round

### Final (T48)

<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	
Heat 1	:		
1 Victoria Ohuruogu	N & E B	25.24	CBP
2 Aleasha Kiddle	Braintree & District	26.16	
3 Bethanie Moore	Colchester Harriers	26.17	
4 Elise Walker	Chelmsford A C	27.29	
5 Alex Hill	Herts Phoenix A C	27.69	
6 Kirsty Shepherd	Basildon A C	27.93	

### Event 74 U20 Women - 400M

#### Final

<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	
Heat 1	:		
1 Nicola Hill	Havering Mayesbrook	1:00.07	CBP
2 Amy McDonald	Enfield & Haringey A C	1:01.03	
3 Neha Dabhi	N & E B	1:01.37	
4 Caroline Hill	Chelmsford A C	1:01.49	
5 Emily Swain	Colchester Harriers	1:09.58	
6 Abigail Newbold	Colchester Harriers	1:12.77	

### Event 75 U20 Women - 800M

#### Final (T111)

<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1	:	
1 Lacey Bareham	C & T A C	2:38.44

### Event 76 U20 Women - 1500M

#### Final (T37)

<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	
Heat 1	:		
1 Gemma Kersey	Basildon A C	4:40.97	New Event

### Event 77 U20 Women - 60M Hurdles

#### Final (T74)

<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1	:	
1 Georgia Atkins	Chelmsford A C	9.08
2 Charlotte Cattermole	Ipswich Harriers	9.19

**Event 78 U20 Women - High Jump****Final (F14)**

	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>
Flight 1			
1	Charlotte Malton	Chelmsford A C	1.50
2	Stephanie Ugbo	N & E B	1.50
3	Sade Bailey	Basildon A C	1.50

**Event 79 U20 Women - Pole Vault****Final (F21)**

	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>
Flight 1			
1	Ellie Besford	Chelmsford A C	3.80
2	Lauren Kennedy	Chelmsford A C	2.80

CBP

**Event 80 U20 Women - Long Jump****Final (F41)**

	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>
Flight 1			
1	Georgia Atkins	Chelmsford A C	5.24
2	Aleasha Kiddle	Braintree & District	5.16
3	Rachel Dean	W'ford Gn & Essex L	4.73

CBP

**Event 81 U20 Women - Triple Jump****Final (F69)**

	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>
Flight 1			
1	Rachel Dean	W'ford Gn & Essex L	11.24
2	Polly Woods	Herts Phoenix A C	10.79

**Event 82 U20 Women - Shot Putt****Final (F49)**

	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>
Flight 1			
1	Chelsea Coker	Chelmsford A C	11.50
2	Hannah Bright	Braintree & District	9.88
3	Grace Jenkins	N & E B	9.07

CBP

**Event 84 U17 Women - 60M****Prelims (T23)**

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1			
1	Roseanne Ampofo	Orion Harriers	8.23 Q
2	Claire Mayo	Chelmsford A C	8.29 q
3	Kelly Sutton	Colchester Harriers	8.36 q
4	Mubarakat Akinshipo	Eastbury School	8.52

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 2	:		
1	Jessica Quick	Basildon A C	8.13 Q
2	Rianne Ashitey	N & E B	8.15 q
3	Amie Speller	Colchester Harriers	8.36 q
4	Lisa Crowhurst	C & T A C	8.56
5	Leanne McCrory	Southend A C	8.72

Top 1 places + 4 next fastest times advance to next round

#### Final (T64)

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1	:		
1	Rianne Ashitey	N & E B	8.04
2	Jessica Quick	Basildon A C	8.09
3	Roseanne Ampofo	Orion Harriers	8.19
4	Kelly Sutton	Colchester Harriers	8.21
5	Claire Mayo	Chelmsford A C	8.30
6	Amie Speller	Colchester Harriers	8.39

#### Event 85 U17 Women - 200M

#### Prelims (T100)

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1	:		
1	Hayley McLean	Chelmsford A C	26.81 Q
2	Lisa Crowhurst	C & T A C	28.23
3	Emily Abbott	Braintree & District	28.32
---	Fatou Samateh	N & E B	DNS

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 2	:		
1	Rianne Ashitey	N & E B	26.83 Q
2	Jessica Quick	Basildon A C	26.95 q
3	Georgia Green-Muid	Basildon A C	26.96 q
4	Deborah Knight	Havering Mayesbrook	28.05
5	Deborah Oyelade	N & E B	30.10

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 3	:		
1	Finolla Frederick	Herts Phoenix A C	27.14 Q
2	Kelly Sutton	Colchester Harriers	27.16 q
3	Leah Alleyne	Orion Harriers	28.95
4	Lucy Allen	Havering Mayesbrook	28.96
5	Chantel Grey	N & E B	29.15

Top 1 places + 3 next fastest times advance to next round

**Final (T131)**

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1			
1	Hayley McLean	Chelmsford A C	26.15
2	Jessica Quick	Basildon A C	26.75
3	Finolla Frederick	Herts Phoenix A C	26.89
4	Georgia Green-Muid	Basildon A C	27.07
5	Rianne Ashitey	N & E B	27.10
6	Kelly Sutton	Colchester Harriers	27.25

**Event 86 U17 Women - 400M****Prelims (T29)**

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1			
1	Claire Mayo	Chelmsford A C	1:05.06 Q
2	Rebecca Connelly	Thurrock Harriers	1:07.94
3	Sophie Jarvis	Southend A C	1:08.08

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 2			
1	Rachael Stark	Chelmsford A C	1:03.45 Q
2	Adedoja Atanda	N & E B	1:04.32 q
3	Sian McCrory	Southend A C	1:04.81 q
4	Bianca Ashbrook	Chelmsford A C	1:04.93
5	Charlotte Matthams	Enfield & Haringey A C	1:04.94

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 3			
1	Sophie Fuhr	W'ford Gn & Essex L	1:03.20 Q
2	Rosie Dailly	Chelmsford A C	1:04.92 q
3	Mubarakat Akinshipo	Eastbury School	1:06.70
4	Lisa Crowhurst	C & T A C	1:08.30
5	Fatou Samateh	N & E B	1:10.69

Top 1 places + 3 next fastest times advance to next round

**Final (T40)**

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1			
1	Sophie Fuhr	W'ford Gn & Essex L	1:02.18
2	Rachael Stark	Chelmsford A C	1:02.72
3	Claire Mayo	Chelmsford A C	1:02.84
4	Rosie Dailly	Chelmsford A C	1:03.56
5	Sian McCrory	Southend A C	1:03.68
6	Adedoja Atanda	N & E B	1:05.35

**Event 87 U17 Women - 800M****Prelims (T90)**

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1			
1	Mubarakat Akinshipo	Eastbury School	2:29.03 Q
1	Charlotte Matthams	Enfield & Haringey A C	2:29.03 Q
3	Jessica Mead	Southend A C	2:30.76 q
4	Rachael Stark	Chelmsford A C	2:33.57
5	Jay Andrews	Orion Harriers	2:37.98

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 2			
1	Lauren MacGregor	Orion Harriers	2:28.53 Q
2	Emily Crowe	Southend A C	2:31.82 Q
3	Holly Pattie-Belleli	W'ford Gn & Essex L	2:32.34 q
4	Kiersty Johnston	Cecil Jones College	2:40.26
5	Fatou Samateh	N & E B	3:05.36

Top 2 places + 2 next fastest times advance to next round

**Final (T117)**

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1			
1	Lauren MacGregor	Orion Harriers	2:23.56
2	Charlotte Matthams	Enfield & Haringey A C	2:27.04
3	Emily Crowe	Southend A C	2:27.24
4	Jessica Mead	Southend A C	2:30.90
---	Mubarakat Akinshipo	Eastbury School	DNS
---	Holly Pattie-Belleli	W'ford Gn & Essex L	DNS

**Event 89 U17 Women - 60M Hurdles****Prelims (T72)**

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1			
1	Hayley McLean	Chelmsford A C	8.92 Q
2	Emily Moore	Colchester Harriers	9.05 Q
3	Ese Akpobi	N & E B	9.13 q
4	Holly Pattie-Belleli	W'ford Gn & Essex L	9.50
5	Deborah Knight	Havering Mayesbrook	10.21

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 2			
1	Nancy Lebeau	Thurrock Harriers	9.03 Q
2	Holly Thomas	Havering Mayesbrook	9.05 Q
3	Georgia Green-Muid	Basildon A C	9.43 q
4	Aziza Hill-Williams	N & E B	9.61

Top 2 places + 2 next fastest times advance to next round

**Final (T83)**

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	
Heat 1				
1	Hayley McLean	Chelmsford A C	8.78	CBP
2	Holly Thomas	Havering Mayesbrook	8.88	
3	Nancy Lebeau	Thurrock Harriers	8.89	
4	Emily Moore	Colchester Harriers	8.96	
5	Georgia Green-Muid	Basildon A C	9.33	
6	Ese Akpobi	N & E B	9.98	

**Event 90 U17 Women - High Jump****Final (F12)**

	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>
Flight 1			
1	Gemma Armorgie	Herts Phoenix A C	1.55
2	Hayley McLean	Chelmsford A C	1.50
3	Evelyn Carter	C & T A C	1.50
4	Aziza Hill-Williams	N & E B	1.45
4	Sophie Jarvis	Southend A C	1.45
6	Rachael Swain	Colchester Harriers	1.40

**Event 91 U17 Women - Pole Vault****Final (F3)**

	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>
Flight 1			
1	Nancy Epsly	N & E B	3.20
2	India Wellings	Orion Harriers	2.70

**Event 92 U17 Women - Long Jump****Final (F19)**

	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>
Flight 1			
1	Nancy Lebeau	Thurrock Harriers	5.10
2	Hayley McLean	Chelmsford A C	5.10
3	Rosie Dailly	Chelmsford A C	4.78
4	Hannah Hoyle	Chelmsford A C	4.75
5	Phoebe Last	Chelmsford A C	4.75
6	Finolla Frederick	Herts Phoenix A C	4.68
7	Leah Alleyne	Orion Harriers	4.36
8	Lucina Rolewicz	Braintree & District	4.16

**Event 93 U17 Women - Triple Jump****Final (F28)**

	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>
Flight 1			
1	Rebecca Connelly	Thurrock Harriers	10.32
2	Phoebe Last	Chelmsford A C	9.64

**Event 94 U17 Women - Shot Put****Final (F61)**

	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>
Flight 1			
1	Henrietta Adewole	Havering Mayesbrook	8.83
2	Kiersty Johnston	Cecil Jones College	7.40

**Event 95 U17 Women - 1 Mile Walk****Final (T104)**

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	
Heat 1				
1	Helen Croft	Ilford A C	12:29.69	New Event

**Event 96 U15 Girls - 60M****Prelims (T19)**

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1	:		
1	Chloe Young	Colchester Harriers	8.53 Q
2	Kirielle Mbone	N & E B	8.55 Q
3	Channon Bramwell	Orion Harriers	8.56 q
4	Tinashe Mutsure	Southend A C	8.63 q
5	Olivia Smith	Southend A C	8.94

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 2	:		
1	Emma Nwofor	N & E B	8.42 Q
2	Phoebe Smithdale	Chelmsford A C	8.72 Q
3	Rebecca Withams	Southend A C	8.87
4	Chay Clark	William Edwards School	9.22
5	Alice Perkins	Basildon A C	9.90

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 3	:		
1	Bethany Ibbotson	C & T A C	8.47 Q
2	Amy Richards	Orion Harriers	8.57 Q
3	Georgia Green	Eton Manor A C	8.59 q
4	Tomi Akingbade	Havering Mayesbrook	8.64 q
5	Kirsty Ronald	Braintree & District	8.94
6	Deborah Johnson	Albany School	8.97

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 4	:		
1	Moesha Howard	Chelmsford A C	8.48 Q
2	Georgia Ibbotson	C & T A C	8.61 Q
3	Georgia Knight	William Edwards School	9.01
4	Kerry McCrory	Southend A C	9.07
5	Victoria Jones	Basildon A C	9.24

Top 2 places + 4 next fastest times advance to next round

**Semis (T46)**

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1	:		
1	Emma Nwofor	N & E B	8.28 Q
2	Chloe Young	Colchester Harriers	8.41 Q
3	Kirieli Mbone	N & E B	8.46 Q
4	Channon Bramwell	Orion Harriers	8.59
5	Phoebe Smithdale	Chelmsford A C	8.64
6	Tomi Akingbade	Havering Mayesbrook	8.72

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 2	:		
1	Bethany Ibbotson	C & T A C	8.50 Q
2	Moesha Howard	Chelmsford A C	8.54 Q
3	Amy Richards	Orion Harriers	8.59 Q
4	Georgia Ibbotson	C & T A C	8.64
5	Tinashe Mutsure	Southend A C	8.66
6	Georgia Green	Eton Manor A C	8.71

Top 3 places + 0 next fastest times advance to next round

**Final (T59)**

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1	:		
1	Bethany Ibbotson	C & T A C	8.30
2	Emma Nwofor	N & E B	8.3800
3	Kirieli Mbone	N & E B	8.3801
4	Moesha Howard	Chelmsford A C	8.4200
5	Chloe Young	Colchester Harriers	8.4201
6	Amy Richards	Orion Harriers	8.64

**Event 97 U15 Girls - 200M****Prelims (T96)**

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1	:		
1	Bethany Ibbotson	C & T A C	27.83 Q
2	Amy Richards	Orion Harriers	28.24 q
3	Kirieli Mbone	N & E B	28.61
4	Megan Moore	Colchester Harriers	29.06

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 2	:		
1	Georgia Green	Eton Manor A C	27.87 Q
2	Moesha Howard	Chelmsford A C	28.04 q
3	Deborah Johnson	Albany School	30.14
4	Victoria Jones	Basildon A C	31.39

Time

<u>Name</u>	<u>Affiliation</u>	
Heat 3 :		
1 Jasmine Collard-Peters	N & E B	27.28 Q
2 Chloe Young	Colchester Harriers	27.90 q
3 Georgia Ibbotson	C & T A C	28.57
4 Channon Bramwell	Orion Harriers	29.02
5 Alice Perkins	Basildon A C	33.63
Top 1 places + 3 next fastest times advance to next round		

### Final (T129)

<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1 :		
1 Jasmine Collard-Peters	N & E B	27.26
2 Chloe Young	Colchester Harriers	27.74
2 Bethany Ibbotson	C & T A C	27.74
4 Moesha Howard	Chelmsford A C	27.77
5 Georgia Green	Eton Manor A C	28.14
6 Amy Richards	Orion Harriers	28.26

### Event 98 U15 Girls - 300M

#### Final

<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	
Heat 1			
1 Christy Dailly	Chelmsford A C	43.90	CBP
2 Georgia Ibbotson	C & T A C	46.56	
3 Megan Moore	Colchester Harriers	47.07	
4 Tomi Akingbade	Havering Mayesbrook	47.84	
5 Hannah Maslen	Southend A C	48.19	
6 Alice Perkins	Basildon A C	52.97	

### Event 99 U15 Girls - 800M

#### Final

<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1		
1 Georgia Tuckfield	Orion Harriers	2:25.27
2 Hannah Pattie-Belleli	W'ford Gn & Essex L	2:52.23

### Event 100 U15 Girls - 60M Hurdles

#### Prelims (T3)

<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1 :		
1 Georgia Green	Eton Manor A C	9.76 Q
2 Moesha Howard	Chelmsford A C	10.08 Q
3 Phoebe Smithdale	Chelmsford A C	10.30 q
4 Emileigh Bridge	Thurrock Harriers	10.68
5 Kirsty Ronald	Braintree & District	10.75
6 Amelia Sumun	Thurrock Harriers	10.81

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 2	:		
1	Rebecca Withams	Southend A C	9.88 Q
2	Hannah Pattie-Belleli	W'ford Gn & Essex L	10.22 Q
3	Abigail Frith	Southend A C	10.53 q
4	Hannah Lawrence	C & T A C	10.69
5	Chay Clark	William Edwards School	10.80
---	Karlie Evans	C & T A C	DNF
Top 2 places + 2 next fastest times advance to next round			

### Final (T15)

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1	:		
1	Moesha Howard	Chelmsford A C	9.68
2	Georgia Green	Eton Manor A C	9.80
3	Hannah Pattie-Belleli	W'ford Gn & Essex L	10.25
4	Phoebe Smithdale	Chelmsford A C	10.55
5	Abigail Frith	Southend A C	12.01
---	Rebecca Withams	Southend A C	DNF

### Event 101 U15 Girls - High Jump

#### Final (F17)

	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>
Flight 1			
1	Emma Nwofor	N & E B	1.48
2	Hannah Pattie-Belleli	W'ford Gn & Essex L	1.40
3	Amelia Sumun	Thurrock Harriers	1.40
4	Hannah Lawrence	C & T A C	1.35
4	Chay Clark	William Edwards School	1.35
6	Georgia Mills	William Edwards School	1.35
7	Emileigh Bridge	Thurrock Harriers	1.35

### Event 102 U15 Girls - Pole Vault

#### Final (F1)

	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>
Flight 1			
1	Emily Bulleid	St John Payne S	2.06

### Event 103 U15 Girls - Long Jump

#### Final (F6)

	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>
Flight 1			
1	Clarice Parrott	Braintree & District	4.79
2	Ebony Bobb-Semple	W'ford Gn & Essex L	4.47
3	Amy Richards	Orion Harriers	4.45
4	Georgia Green	Eton Manor A C	4.42
5	Kirsty Ronald	Braintree & District	4.36
6	Amelia Sumun	Thurrock Harriers	4.23
7	Emileigh Bridge	Thurrock Harriers	4.23
8	Rebecca Withams	Southend A C	4.21
9	Olivia Smith	Southend A C	4.14
10	Abigail Frith	Southend A C	4.14
11	Hannah Lawrence	C & T A C	4.08
12	Isobel Barry	Orion Harriers	4.00
13	Georgia Knight	William Edwards School	3.95
14	Kerry McCrory	Southend A C	3.75

**Event 104 U15 Girls - Shot Putt****Final (F8)**

	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>
Flight 1			
1	Georgie Taylor	Havering Mayesbrook	9.08
2	Bethany Ibbotson	C & T A C	8.08
3	Georgia Ibbotson	C & T A C	7.01
4	Molly Ponty	C & T A C	5.54

**Event 106 U13 Girls - 60M****Prelims (T17)**

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1 :			
1	Shannon McNeil	Basildon A C	8.88 Q
2	Katie Ellis	Chelmsford A C	9.12 Q
3	Joy Coburn	Eton Manor A C	9.14 q
4	Sarah Weaver	Southend A C	9.29
5	Matilda McCain	C & T A C	9.80

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 2 :			
1	Jade Packer	Southend A C	8.78 Q
2	Alice Martin	Thurrock Harriers	9.10 Q
3	Rebecca Pateman	Southend A C	9.20 q
4	Ellie Savva	Braintree & District	9.53
5	Sophie Sharpe	Havering Mayesbrook	9.99
Top 2 places + 2 next fastest times advance to next round			

**Final (T61)**

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1 :			
1	Jade Packer	Southend A C	8.86
2	Shannon McNeil	Basildon A C	9.00
3	Joy Coburn	Eton Manor A C	9.13
4	Katie Ellis	Chelmsford A C	9.17
5	Alice Martin	Thurrock Harriers	9.20
6	Rebecca Pateman	Southend A C	9.26

**Event 107 U13 Girls - 200M****Final**

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1 :			
1	Shannon McNeil	Basildon A C	29.76
2	Sarah Weaver	Southend A C	31.31
3	Evangeline Foster	Orion Harriers	31.85
4	Matilda McCain	C & T A C	33.17
5	Sophie Sharpe	Havering Mayesbrook	33.31
6	Brogan Smith	Southend A C	35.85

**Event 108 U13 Girls - 800M****Final (T84)**

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1			
1	Evangeline Foster	Orion Harriers	2:43.65
2	Daisy Pointing	Basildon A C	2:44.36
3	Talya Abbott	Orion Harriers	2:55.28
3	Sade Akinkunmi	Harlow A C	2:55.28
5	Brogan Smith	Southend A C	3:05.93
6	Tilly Aitmarri	Basildon A C	3:06.50
7	Sarah Hughes	Harwich Runners	3:18.88
---	Sian Hicks	C & T A C	FS

**Event 109 U13 Girls - 60M Hurdles****Final (T1)**

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1			
1	Laura Armorgie	Herts Phoenix A C	10.67
2	Joy Coburn	Eton Manor A C	11.63

**Event 110 U13 Girls - Long Jump****Final (F27)**

	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>
Flight 1			
1	Sarah Weaver	Southend A C	4.00
2	Ellie Savva	Braintree & District	3.94
3	Joy Coburn	Eton Manor A C	3.72
4	Rebecca Pateman	Southend A C	3.51
5	Alice Martin	Thurrock Harriers	3.47
6	Katie Ellis	Chelmsford A C	3.34
7	Matilda McCain	C & T A C	3.20