

# ESSEX COUNTY INDOOR CHAMPIONSHIPS 2010

LEE VALLEY – 6th AND 7<sup>th</sup> FEBRUARY

## MALE EVENTS

### Event 1 Senior Men - 60M

#### Prelims (T124)

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1	:		
1	Aaron Balogun	Iford A C	7.17 Q
2	Chris Travis	Thurrock Harriers	7.37 Q
3	Bradley Bellamy	W'ford Gn & Essex L	7.45 q
4	Jack Oberteller	N & E B	7.55
5	Nathaniel Senior	Iford A C	7.91
6	Robert Lieu	N & E B	8.01

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 2	:		
1	Louis Persent	Colchester Harriers	7.06 Q
2	Shosilva Daniel	Thurrock Harriers	7.18 Q
3	Matthew Davies	Chelmsford A C	7.20 q
4	Dominique Daniel	W'ford Gn & Essex L	7.52
5	Andrew Elie	N & E B	7.93
---	Michael Holden	Colchester Harriers	DNS

Top 2 places + 2 next fastest times advance to next round

#### Final (T142)

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1	:		
1	Louis Persent	Colchester Harriers	7.05
2	Shosilva Daniel	Thurrock Harriers	7.15
2	Matthew Davies	Chelmsford A C	7.15
4	Aaron Balogun	Iford A C	7.17
5	Chris Travis	Thurrock Harriers	7.32
6	Bradley Bellamy	W'ford Gn & Essex L	7.40

### Event 2 Senior Men - 200M

#### Final (T13)

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	
Heat 1	:			
1	Aaron Balogun	Iford A C	22.74	CBP
2	Shosilva Daniel	Thurrock Harriers	23.63	
3	Chris Travis	Thurrock Harriers	23.91	
4	Victor Nutakor	N & E B	24.02	

**Event 3 Senior Men - 400M****Final**

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1			
1	Raphael Lewis	N & E B	52.66
2	Victor Nutakor	N & E B	53.81
3	Michael Osunsami	N & E B	56.41
4	Ali Lubulwa	Southend A C	59.07

**Event 4 Senior Men - 800M****Final (T105)**

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1			
1	Kelvin Goodwin	N & E B	1:59.69
2	Peter Smale	Southend A C	2:03.73
3	Ali Lubulwa	Southend A C	2:22.02

**Event 5 Senior Men - 1500M****Final (T38)**

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1			
1	James Tydeman	Basildon A C	4:04.31
			CBP

**Event 6 Senior Men - 60M Hurdles****Final (T81)**

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1			
1	Michael Holden	Colchester Harriers	8.38

**Event 8 Senior Men - Pole Vault****Final (F65)**

	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>
Flight 1			
1	John Mahon	Enfield & Haringey A C	2.50

**Event 9 Senior Men - Long Jump****Final (F43)**

	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>
Flight 1			
1	Mitchell Jarvis	Braintree & District	6.61
2	Michael Holden	Colchester Harriers	6.34
3	Nathaniel Senior	Ilford A C	5.79

**Event 10 Senior Men - Triple Jump****Final (F73)**

	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>
Flight 1			
1	Kevin Brown	Southend A C	14.08
2	Nathaniel Senior	Ilford A C	13.36
3	Keith Newton	W'ford Gn & Essex L	12.95

**Event 11 Senior Men - Shot Putt****Final (F35)**

	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>
Flight 1			
1	Matthew Baptiste	N & E B	13.50
2	Christopher Linque	W'ford Gn & Essex L	13.20

**Event 12 Senior Men - 1 Mile Walk****Final (T104)**

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1			
1	Steven Uttley	Ilford A C	7:54.66
2	Dave Sharpe	Ilford A C	9:09.82
3	Peter Cassidy	Loughton A C	10:19.41
4	David Ainsworth	Ilford A C	11:54.00

**Event 13 U20 Men - 60M****Final**

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1			
1	Emmanuel Stephens	Thurrock Harriers	7.04
2	Jake King	Eastwood S	7.04
3	Alex Cooke	Chelmsford A C	7.05
4	Ben Gibbs	Thurrock Harriers	7.14
5	Nkem Ofoegbu	Coopers Coburn School	7.39
6	Michael Wong	Ilford A C	7.78
---	Charlie Dack	Thurrock Harriers	DQ

**Event 14 U20 Men - 200M****Final (T9)**

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1			
1	Jake King	Eastwood S	22.73
2	Fraser Hubbard	Chelmsford A C	24.84

CBP

**Event 15 U20 Men - 400M****Final (T52)**

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1			
1	Paul Scanlan	W'ford Gn & Essex L	49.60
2	Ben Phillips	W'ford Gn & Essex L	52.76
3	Luke Singleton	Colchester Harriers	59.04

CBP

**Event 16 U20 Men - 800M****Final**

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1			
1	David Smale	Southend A C	2:02.79
2	Daniel Yaxley	W'ford Gn & Essex L	2:05.01
3	Richard Pollitt	Braintree & District	2:06.93
4	Kyle Aldridge	Southend A C	2:07.56

**Event 17 U20 Men - 1500M****Final (T38)**

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1			
1	James Davis	Coopers Coburn School	4:23.03

**Event 18 U20 Men - 60M Hurdles****Final (T79)**

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1			
1	Jack Edgar-Hill	Havering Mayesbrook	8.42
2	Huy Vu	Orion Harriers	8.49
3	Bradley Reed	Chelmsford A C	8.80

**Event 19 U20 Men - High Jump****Final (F55)**

	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>
Flight 1			
1	Ross Amorgie	Herts Phoenix A C	1.90
2	Michael Bartlett	Thurrock Harriers	1.75

**Event 20 U20 Men - Pole Vault****Final (F63)**

	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>
Flight 1			
1	Aaron Kaye	Southend A C	4.60 CBP

**Event 21 U20 Men - Long Jump****Final (F45)**

	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>
Flight 1			
1	Simeon Stuart	Ilford A C	6.08
2	Michael Bartlett	Thurrock Harriers	5.72
3	Connor Mennell	Braintree & District	5.42

**Event 22 U20 Men - Triple Jump****Final (F22)**

	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>
Flight 1			
1	Nkem Ofoegbu	Coopers Coburn School	13.41

**Event 23 U20 Men - Shot Putt****Final (F37)**

	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>
Flight 1			
1	Emmanuel Quarshie	Havering Mayesbrook	13.88
2	Laurence Goodacre	Havering Mayesbrook	12.06
3	Michael Bartlett	Thurrock Harriers	11.74

**Event 25 U17 Men - 60M****Final**

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1	:		
1	Ryan O'Sullivan	Basildon A C	7.40
2	Samuel McDowall	N & E B	7.64
3	Glen Toonga	N & E B	7.67
4	Zane Martin	Cecil Jones College	8.01
5	Michael Blunt	Coopers Coburn School	8.11

**Event 26 U17 Men - 200M****Prelims (T136)**

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1	:		
1	Hasif Bedford	W'ford Gn & Essex L	24.12 Q
2	Colin Wint	W'ford Gn & Essex L	24.20 Q
3	James Perkins	Coopers Coburn School	24.45 q
4	Glen Toonga	N & E B	25.37

Time

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 2	:		
1	Samuel McDowall	N & E B	24.76 Q
2	Keira-Lamar McCook	W'ford Gn & Essex L	24.94 Q
3	Tom Watts	Southend A C	25.10 q
4	Michael Blunt	Coopers Coburn School	27.58

Top 2 places + 2 next fastest times advance to next round

**Final (T133)**

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1	:		
1	Colin Wint	W'ford Gn & Essex L	24.07
2	Hasif Bedford	W'ford Gn & Essex L	24.09
3	Samuel McDowall	N & E B	24.43
4	James Perkins	Coopers Coburn School	24.58
5	Keira-Lamar McCook	W'ford Gn & Essex L	25.16
---	Tom Watts	Southend A C	DNS

**Event 27 U17 Men - 400M****Final**

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1	:		
1	Michael Porter	C & T A C	54.41
2	Tyler Bown	W'ford Gn & Essex L	54.62
3	Daniel Wilson	Havering Mayesbrook	55.46
4	Robert Whitmell	Westcliffe High School	55.54
5	Keira-Lamar McCook	W'ford Gn & Essex L	57.85
6	Josh Chittock	C & T A C	58.55

**Event 28 U17 Men - 800M****Prelims (T92)**

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1			
1	Tommy Bower	N & E B	2:04.89 Q
2	Jon Kerridge	Southend A C	2:05.11 Q
3	Tom Gifford	C & T A C	2:05.45 q
4	Michael Porter	C & T A C	2:07.68
5	Yasir Sheikh	N & E B	2:08.28
6	James Watts	N & E B	2:14.14
7	Alexander Tyldesley	Basildon A C	2:16.63

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 2			
1	Darryl Worbey	Thurrock Harriers	2:04.06 Q
2	Massi Dendani	Havering Mayesbrook	2:04.52 Q
3	Luke Oliver	Southend A C	2:06.47 q
4	Alex Masterson	Southend A C	2:08.74
5	Josh Chittock	C & T A C	2:13.78
6	Sam Benge	W'ford Gn & Essex L	2:14.20
---	Stephen Strange	Basildon A C	DNF

Top 2 places + 2 next fastest times advance to next round

**Final (T118)**

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1			
1	Darryl Worbey	Thurrock Harriers	2:01.42 CBP
2	Luke Oliver	Southend A C	2:01.60
3	Tommy Bower	N & E B	2:02.46
4	Tom Gifford	C & T A C	2:06.75
5	Massi Dendani	Havering Mayesbrook	2:08.19
6	Jon Kerridge	Southend A C	2:10.14

**Event 29 U17 Men - 1500m****Final (T36)**

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1			
1	Darryl Worbey	Thurrock Harriers	4:13.55 CBP
2	Massi Dendani	Havering Mayesbrook	4:32.15

**Event 30 U17 Men - 60M Hurdles****Final (T77)**

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1			
1	Ben Clark	Chelmsford A C	8.57
2	Joshua Olawore	Havering Mayesbrook	8.71
3	David Chen	Cecil Jones College	8.94

**Event 31 U17 Men - High Jump****Final (F51)**

	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>
1	Paul McCluskey	Cecil Jones College	1.70
2	Joshua Olawore	Havering Mayesbrook	1.65

**Event 32 U17 Men - Pole Vault****Final (F33)**

<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>
Flight 1		
1 Mitchell Etheridge	Basildon A C	3.60
2 Liam Yarwood	Chelmsford A C	3.20
3 Paul McCluskey	Cecil Jones College	2.90
4 Rowan Mahon	Enfield & Haringey A C	2.60
--- Robert Wood	Basildon A C	NH

**Event 33 U17 Men - Long Jump****Final (F61)**

<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>
Flight 1		
1 Ben Clark	Chelmsford A C	6.19
2 Joshua Olawore	Havering Mayesbrook	6.06
3 Ashley Purnell	Havering Mayesbrook	5.78
4 Tom Watts	Southend A C	5.36
5 Zane Martin	Cecil Jones College	5.22
6 James Perkins	Coopers Coburn School	5.11
7 Michael Blunt	Coopers Coburn School	4.60
8 Lewis Henderson	Cecil Jones College	4.37

**Event 34 U17 Men - Triple Jump****Final (F75)**

<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>
Flight 1		
1 Joshua Olawore	Havering Mayesbrook	12.36
2 Wade Charles	N & E B	12.25

**Event 35 U17 Men - Shot Putt****Final (F57)**

<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>
1 Tom Watts	Southend A C	9.70

**Event 37 U15 Boys - 60M****Prelims (T21)**

<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1 :		
1 Kyle Jervier	W'ford Gn & Essex L	7.59 Q
2 Gabrielimi Ko-Sakuto	William Edwards School	7.74 Q
3 Adebisi Ogunlaja	Westcliffe High School	8.39
4 Jack Downes	Coopers Coburn School	8.67
5 Connor Coll	Cecil Jones College	8.71
<u>Time</u>		
Heat 2 :		
1 Jermaine Hamilton	Orion Harriers	7.60 Q
2 Aaron Glasgow	Orion Harriers	7.66 Q
3 Khayrul Islam	William Edwards School	8.27 q
4 Kabir Randhawa	Coopers Coburn School	8.43
5 Thomas O'Prey	William Edwards School	8.98

<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 3 :		
1 Conor Butcher	Colchester Harriers	8.02 Q
2 Alexander Law	Havering Mayesbrook	8.03 Q
3 Dylan Ponty	C & T A C	8.38
4 Mahlon King	Chelmsford A C	8.80
5 Thomas Cunningham-Fahie	C & T A C	8.84

### Event 37 U15 Boys - 60M

<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 4 :		
1 Kyle Marshall	Southend A C	7.83 Q
2 James Millard	Boswells School	8.11 Q
3 Nana Adjei-Ampofo	William Edwards School	8.28 q
4 Harvey Ransome	Coopers Coburn School	8.29 q
5 Gopal Sagoo	Coopers Coburn School	8.31 q
6 Harry Cameron	Southend A C	8.75

Top 2 places + 4 next fastest times advance to next round

### Semis (T47)

<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1 :		
1 Aaron Glasgow	Orion Harriers	7.57 Q
2 Kyle Jervier	W'ford Gn & Essex L	7.73 Q
3 James Millard	Boswells School	8.02 q
4 Conor Butcher	Colchester Harriers	8.06
5 Khayrul Islam	William Edwards School	8.19
--- Gopal Sagoo	Coopers Coburn School	DNS

<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 2 :		
1 Jermaine Hamilton	Orion Harriers	7.50 Q
2 Gabrielimi Ko-Sakuto	William Edwards School	7.68 Q
3 Kyle Marshall	Southend A C	7.78 q
4 Alexander Law	Havering Mayesbrook	8.07
5 Nana Adjei-Ampofo	William Edwards School	8.25
--- Harvey Ransome	Coopers Coburn School	DNS

Top 2 places + 2 next fastest times advance to next round

### Final (T62)

<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	
Heat 1 :			
1 Jermaine Hamilton	Orion Harriers	7.34	CBP
2 Aaron Glasgow	Orion Harriers	7.43	
3 Gabrielimi Ko-Sakuto	William Edwards School	7.67	
4 Kyle Marshall	Southend A C	7.76	
5 Kyle Jervier	W'ford Gn & Essex L	7.77	
6 James Millard	Boswells School	8.15	

**Event 38 U15 Boys - 200M****Prelims (T98)**

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1	:		
1	Jermaine Hamilton	Orion Harriers	24.01 Q
2	Ued Rimell	N & E B	25.34 Q
3	Jake Simpson	Cecil Jones College	28.21 q
4	Alum Hussam	Cecil Jones College	29.19

Time**Event 38 U15 Boys - 200M**

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 2	:		
1	Kyle Marshall	Southend A C	25.36 Q
2	Alexander Law	Havering Mayesbrook	25.80 Q
3	Alec Roeper	Coopers Coburn School	26.76 q
4	Jack Downes	Coopers Coburn School	29.19

Top 2 places + 2 next fastest times advance to next round

**Final (T128)**

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1	:		
1	Jermaine Hamilton	Orion Harriers	23.77
2	Ued Rimell	N & E B	24.99
3	Kyle Marshall	Southend A C	25.20
4	Alexander Law	Havering Mayesbrook	25.98
5	Jake Simpson	Cecil Jones College	28.88
---	Alec Roeper	Coopers Coburn School	DNS

CBP

**Event 39 U15 Boys - 400M****Prelims (T27)**

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1			
1	George Hadler	Ilford A C	57.67 Q
2	Robbie Claricoats	William Edwards School	1:02.69 Q
3	Connor Howes	William Edwards School	1:03.04 q
4	Tom Morgan	Coopers Coburn School	1:03.10
5	Ayokunle Meshe	William Edwards School	1:03.92

Time

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 2			
1	Ued Rimell	N & E B	58.22 Q
2	Frederick Haines	Braintree & District	1:00.7 Q
3	Lewis Moore	William Edwards School	1:02.11 q
4	Callum Murray	William Edwards School	1:09.64

Top 2 places + 2 next fastest times advance to next round

**Final (T39)**

<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	
<b>Event 39 U15 Boys - 400M</b>			
Heat 1			
1 George Hadler	Ilford A C	56.22	CBP
2 Frederick Haines	Braintree & District	58.41	
3 Ued Rimell	N & E B	1:00.19	
4 Lewis Moore	William Edwards School	1:02.28	
5 Robbie Claricoats	William Edwards School	1:04.66	
6 Connor Howes	William Edwards School	1:04.99	

**Event 40 U15 Boys - 800M****Prelims (T88)**

<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	
Heat 1			
1 Freddy Keefe	Coopers Coburn School	2:24.98 Q	
2 Billy Pullan	Basildon A C	2:29.54 Q	
3 Cheyenne Antoine-Chagar	Orion Harriers	2:29.83	
4 Aaron Martin	Cecil Jones College	2:32.57	
5 Jack Waller	Orion Harriers	2:41.17	

<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	
Heat 2			
1 Jimmy Fodder	N & E B	2:25.89 Q	
2 Taner Dagherhan	Cecil Jones College	2:27.34 Q	
3 Daniel Emmanuel	Cecil Jones College	2:27.90 q	
4 George Hoy	Orion Harriers	2:28.20 q	
5 Ethan Pang	Coopers Coburn School	2:28.57	
6 George Dixon	Havering Mayesbrook	2:35.45	
Top 2 places + 2 next fastest times advance to next round			

**Final (T115)**

<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	
Heat 1			
1 Freddy Keefe	Coopers Coburn School	2:21.10	
2 Jimmy Fodder	N & E B	2:23.67	
3 Taner Dagherhan	Cecil Jones College	2:24.82	
4 Daniel Emmanuel	Cecil Jones College	2:25.42	
5 Billy Pullan	Basildon A C	2:27.99	
6 George Hoy	Orion Harriers	2:28.49	

**Event 41 U15 Boys - 60M Hurdles****Prelims (T5)**

<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	
Heat 1			
1 Alexander Law	Havering Mayesbrook	10.11 Q	
2 Karl Tucker	Coopers Coburn School	10.21	
3 Ryan Gooday	Coopers Coburn School	12.22	
--- Thomas O'Prey	William Edwards School	DNS	

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 2	:		
1	George Hadler	Iford A C	9.29 Q
2	Robbie Claricoats	William Edwards School	9.43 q
3	Khai Riley-Laborde	Thurrock Harriers	9.84 q
4	Ashley Sinclair	William Edwards School	10.14
---	Samuel Shobo	William Edwards School	DNS

### Event 41 U15 Boys - 60M Hurdles

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 3	:		
1	Billy Bilton	Coopers Coburn School	9.78 Q
2	Thomas Cunningham-Fahie	C & T A C	10.02 q
3	Oliver Garner	Chelmsford A C	10.16
4	Daniel Kingsman	Coopers Coburn School	11.58
Top 1 places + 3 next fastest times advance to next round			

#### Final (T16)

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1	:		
1	George Hadler	Iford A C	9.16
2	Robbie Claricoats	William Edwards School	9.36
3	Billy Bilton	Coopers Coburn School	9.68
4	Khai Riley-Laborde	Thurrock Harriers	9.70
5	Thomas Cunningham-Fahie	C & T A C	9.87
6	Alexander Law	Havering Mayesbrook	10.80

### Event 42 U15 Boys - High Jump

#### Final (F25)

	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>
Flight 1			
1	George White	William Edwards School	1.59
2	Ashley Sinclair	William Edwards School	1.56
3	Karl Tucker	Coopers Coburn School	1.50
4	Jack Downes	Coopers Coburn School	1.40
5	Samuel Shobo	William Edwards School	1.25

### Event 43 U15 Boys - Pole Vault

#### Final (F31)

	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>
Flight 1			
1	Taner Dagyarhan	Cecil Jones College	1.80
2	Perry Sexton	Cecil Jones College	1.80
3	Matthew Hunt	Cecil Jones College	1.60

**Event 44 U15 Boys - Long Jump****Final (F10)**

	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>
Flight 1			
1	Jordan Akisanya	Ilford A C	5.15
2	Alexander Law	Havering Mayesbrook	5.08
3	Alex Habbershaw	Coopers Coburn School	4.79
4	George White	William Edwards School	4.56
5	Harvey Ransome	Coopers Coburn School	4.50
6	Gabrielimi Ko-Sakuto	William Edwards School	4.49
7	Robin Hunter	Cecil Jones College	4.47
8	Dylan Ponty	C & T A C	4.42
9	Harry Cameron	Southend A C	4.20
10	Callum Murray	William Edwards School	4.01
11	Khayrul Islam	William Edwards School	4.00
12	Ayokunle Meshe	William Edwards School	3.95

**Event 45 U15 Boys - Shot Putt****Final (F4)**

	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>
Flight 1			
1	Khai Riley-Laborde	Thurrock Harriers	13.59
2	Oliver Frost	Chelmsford A C	9.86
3	Kyle Marshall	Southend A C	9.66
4	Gabrielimi Ko-Sakuto	William Edwards School	9.09

**Event 47 U13 Boys - 60M****Prelims (T18)**

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1 :			
1	Keiran Pottle	Cecil Jones College	8.60 Q
2	George Thomas	Chelmsford A C	9.04 q
3	Chinedu Ofoegbu	Coopers Coburn School	9.20
4	Matthew Shields	Coopers Coburn School	9.43
5	Thomas Moore	Colchester Harriers	9.74

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 2 :			
1	Alexander Hewitt	Havering Mayesbrook	8.81 Q
2	Jonathan Need	Chelmsford A C	8.82 q
3	Timi Kuye	Coopers Coburn School	8.92 q
4	Owen Harknett	St James' School	10.75
5	Andrew Ronald	Braintree & District	11.01

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 3 :			
1	Calum McCain	C & T A C	8.90 Q
2	Michael Taylor	Eton Manor A C	9.04 q
3	Tom Mitchell	Colchester Harriers	9.41
4	Maxwell Samuda	Eton Manor A C	9.45
5	Sam Chapman	Coopers Coburn School	9.58

Top 1 places + 4 next fastest times advance to next round

**Final (T58)**

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1	:		
1	Keiran Pottle	Cecil Jones College	8.53
2	Alexander Hewitt	Havering Mayesbrook	8.72
3	Jonathan Need	Chelmsford A C	8.78
4	Timi Kuye	Coopers Coburn School	8.85
5	Calum McCain	C & T A C	8.98
6	George Thomas	Chelmsford A C	8.99
7	Michael Taylor	Eton Manor A C	9.11

**Event 48 U13 Boys - 200M****Prelims (T95)**

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1	:		
1	Alexander Hewitt	Havering Mayesbrook	29.17 Q
2	Timi Kuye	Coopers Coburn School	30.09 Q
3	Jordan Culley	Cecil Jones College	30.47 q
4	Matthew Shields	Coopers Coburn School	31.92 q
5	Alex Meads	Coopers Coburn School	31.96

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 2	:		
1	Calum McCain	C & T A C	31.74 Q
2	Tom Mitchell	Colchester Harriers	31.95 Q
3	Maxwell Samuda	Eton Manor A C	32.00
4	Sam Chapman	Coopers Coburn School	32.12
5	Thomas Moore	Colchester Harriers	32.59

Top 2 places + 2 next fastest times advance to next round

**Final (T127)**

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1	:		
1	Alexander Hewitt	Havering Mayesbrook	29.2
2	Jordan Culley	Cecil Jones College	29.4
3	Calum McCain	C & T A C	31.5
4	Tom Mitchell	Colchester Harriers	31.5
5	Matthew Shields	Coopers Coburn School	32.8
---	Timi Kuye	Coopers Coburn School	DQ

CBP

**Event 50 U13 Boys - 800M****Final**

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1			
1	Daniel Richards	Our Lady of Lourdes Wanstead	2:37.27
2	Callum McLarty	Orion Harriers	2:37.88
3	Charlie Weston	Orion Harriers	2:37.88
4	Jordan Culley	Cecil Jones College	2:38.61
5	Lewis Harknett	St James' School	3:05.81

**Event 52 U13 Boys - 60M Hurdles****Final (T2)**

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1			
1	Michael Taylor	Eton Manor A C	11.17
2	Perry Sexton	Cecil Jones College	11.39
3	Alex Meads	Coopers Coburn School	12.19

**Event 54 U13 Boys - Long Jump****Final (F30)**

	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>
Flight 1			
1	Jonathan Need	Chelmsford A C	4.41
2	Chinedu Ofoegbu	Coopers Coburn School	4.38
3	Keiran Pottle	Cecil Jones College	4.14
4	George Thomas	Chelmsford A C	4.12
5	Calum McCain	C & T A C	4.03
6	Sam Chapman	Coopers Coburn School	3.98
7	Matthew Shields	Coopers Coburn School	3.59
8	Michael Taylor	Eton Manor A C	3.55
9	Tom Mitchell	Colchester Harriers	3.45
10	Alex Meads	Coopers Coburn School	3.45
11	Timi Kuye	Coopers Coburn School	3.29
12	Morgan Thompson	Braintree & District	3.26
13	Perry Sexton	Cecil Jones College	3.06
14	Andrew Ronald	Braintree & District	2.33