

ESSEX SCHOOLS CROSS COUNTRY CHAMPIONSHIPS 21 JANUARY AT BASILDON							
JUNIOR BOYS				JUNIOR GIRLS			
1	D Smale	Southend	13:00	1	N Twine	Havering	12:34
2	A Taylor	Thurrock	13:16	2	G Phillips	Havering	12:41
3	T Jennings	NE Essex	13:20	3	S Sales	Havering	12:45
4	T Frith	Southend	13:27	4	N Dahbi	Newham	12:50
5	S McGill	Mid Essex	13:31	5	L Tembey	Redbridge	12:52
6	A Cornwell	Redbridge	13:32	6	J Holland	Havering	12:54
7	H King	Thurrock	13:41	7	A Webb	CPR	12:57
8	A O'Leary	CPR	13:42	8	B Hewitt	W Essex	12:58
9	M May	W Forest	13:45	9	E Cowper-Coles	Mid	13:01
10	K Yusuf	Redbridge	13:48	10	E Fox	B + D	13:15
11	S Brown	Havering	13:50	11	K Till	Newham	13:16
12	J Buckley-Stanton	Havering	13:52	12	M Clark	CPR	13:18
13	B Kidd	Thurrock	13:59	13	P Clarke	Mid Essex	13:19
14	D Clutterbuck	CPR	14:00	14	A Plank	Southend	13:23
15	O Davey	Thurrock	14:00	15	A Eastwood	W Essex	13:24
16	J Staines	southend	14:02	16	B Hawkings	Mid Essex	13:30
INTERMEDIATE BOYS				INTERMEDIATE GIRLS			
1	J Shane	Basildon	17:22	1	L Condron	Mid Essex	16:10
2	B Hunter	CPR	17:26	2	D Dignum	CPR	16:33
3	D Gibbon	NE Essex	17:46	3	A Dunn	Havering	16:36
4	O Jennings	Mid Essex	18:06	4	J Edwards	Havering	16:47
5	M Bloy	Havering	18:17	5	N Bailey	Southend	16:55
6	A Gladley	NE Essex	18:24	6	T Conway	W Forest	17:01
7	S MacLachlan	Havering	18:31	7	E Fidge	NW Essex	17:06
8	H Clarke	CPR	18:39	8	R Oakham	Thurrock	17:06
9	L Hartman	Southend	18:40	9	K Sefton	Mid Essex	17:11
10	L Heard	NE Essex	18:44	10	I Deane	Havering	17:17
11	G Lewis	W Forest	18:51	11	K Foy	W Essex	17:25
12	G Twist	Havering	18:53	12	V Dahbi	Newham	17:36
13	J Meadows	W Forest	18:59	13	C Holland	Havering	17:58
14	K Mitchell	Basildon	19:01	14	N Akram	W Forest	18:00
15	S Seward	NE Essex	19:04	15	D Lovelock	Basildon	18:09
16	A Poole	NE Essex	19:07	16	K Hopkins	southend	18:19
SENIOR BOYS				SENIOR GIRLS			
1	M Burgess	W Essex	20:56	1	D Sale	Mid Essex	15:17
2	L Gamble-Thompson	NE Essex	21:18	2	K Richardson	Havering	15:27
3	M Bailey	Southend	21:18	3	S Wheat	Havering	16:44
4	D Crichton	Southend	21:34	4	R Matson	B + D	16:54
5	CLee	Southend	21:49	5	N Kelly	CPR	17:06
6	A Holford	Redbridge	22:04	6	H Moore	Basildon	17:08
7	T Phillips	Redbridge	22:19	7	G France	NE Essex	17:26
8	M Woodley	NE Essex	22:34	8	J Dunn	Mid Essex	17:29
9	R Clarke	Havering	22:39	9	K Solder	Redbridge	17:32
10	T Nightingale	Mid Essex	22:42	10	H Stibbs	CPR	17:34
11	M Kirby	NE Essex	23:04	11	A Whitfield	Southend	17:40
12	S Phillips	CPR	23:28	12	S De Smedt	Havering	17:46
13	P Smale	Southend	23:45	13	C Lefever	CPR	17:52
14	C Berg	W Essex	23:47	14	R Delivett	Havering	18:25
15	R Masson	Southend	24:23	15	H Bashir	NE Essex	18:39
16	J Newman	Redbridge	24:46	16	A Morrison	NE Essex	18:47