

Essex Cross Country Championships

Basildon

January 7, 2012

U13 Girls

Pos	ID	Name	Club	Time	Pos	ID	Name	Club	Time	Team Result
1	21	Khy Mhlanga	Chelmsford	14: 00	31	48	Emily Sharpe	Orion H		12
2	50	Isabela Hoy	Orion H	09	32	74	Aiofe Guyatt	Woodford Gn & EL		14
3	22	Jodie Judd	Chelmsford	21	33	28	Lily Woollett	Chelmsford		14
4	20	Kierra Tippet	Chelmsford	32	34	18	Emily Warren	Benfleet		14
5	1	Niamh Smith	Basildon	35	35	45	Katie Mitchell	Havering M		24
6	69	Rosie Poole	Woodford Gn & EL	48	36	44	Loivia McAlpine	Havering M		34
7	70	Jodi Ratcliffe	Woodford Gn & EL	15: 09	37	66	Anna Stancomb	Thurrock H		45
8	3	Jemima Walker	Basildon	30	38	63	Iona Doyle	Southend		46
9	54	Natasha May	Southend	33	39	60	Natasha Walters	Southend		46
10	24	Rachel Broome	Chelmsford	37	40	61	Eloise Lewis	Southend		51
11	51	Tayla Abbott	Orion H	40	41	43	Rebecca Brown	Havering M	18:	01
12	49	Nancy Callagher	Orion H	42	42	13	Rebecca Hurford	Benfleet		01
13	8	Sinead Clark	Benfleet	45	43	19	Lainey Terkelsen	Benfleet		06
14	39	Amy Baggs	Havering M	49	44	12	Hannah Badger	Benfleet		22
15	73	Edie Preece	Woodford Gn & EL	54	45	30	Hannah Brookes	Chelmsford		36
16	35	Kate Leila Rogers-Etheridge	Chelmsford	57	46	14	Imogen Bennett	Benfleet	19:	05
17	25	Emma Lovegrove	Chelmsford	16: 01	47	71	Katherine Myers	Woodford Gn & EL		06
18	52	Katie Inch	Orion H	03	48	17	Elisha Lovett	Benfleet		14
19	67	Ellie Smith	Thurrock H	05	49	16	Louise Rayment	Benfleet		50
20	37	Jessica Riches	CATS	05	50	34	Eleanor Hay	Chelmsford	20:	28
21	9	Megan Richardson	Benfleet	14	51	62	Macy Hallam	Southend	21:	05
22	40	Gemma Archer-Haley	Havering M	20	52	15	Holly Briffett	Benfleet	23:	28
23	72	Katie Petyt	Woodford Gn & EL	37						
24	57	Rachael Aldous	Southend	38						
25	36	Georgina Sturgeon	CATS	39						
26	4	Maddie Evison	Basildon	49						
27	26	Megan Paxman	Chelmsford	54						
28	5	Elise Coombs	Basildon	59						
29	11	Phoebe Jeffrey	Benfleet	17: 05						
30	47	Jessica Ward	Havering M	05						

<u>Team Result</u>	
1	Chelmsford 18
2	Orion H 43
3	Woodford Gn & EL 51
4	Basildon 67
5	Chelmsford 'B' 93
6	Benfleet 97
7	Havering M 101
8	Southend 110
9	Benfleet 'B' 175

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U13 Boys

Pos	ID	Name	Club	Time
1	60	Canaan Solomon	Woodford Gn & EL	14: 03
2	4	Max Jones	Basildon	28
3	52	Brandon Thorpe	Southend	54
4	58	Jody Meredith	Thurrock H	15: 08
5	36	Benjamin Haynes	Newham & EB	17
6	37	Charlie Ackland	Newham & EB	18
7	2	Mason Webb	Basildon	27
8	50	Daniel Richards	Orion H	31
9	9	Joe Kidd	Basildon	37
10	5	Ollie Cantwell	Basildon	38
11	51	Jack Woolf	Southend	43
12	1	Mitchel Cox	Basildon	48
13	26	Lewis Harknett	Harlow	52
14	49	George Day	Orion H	54
15	21	Max Williams	CATS	54
16	53	Toby Wright	Southend	16: 07
17	23	Adam Harley	East Essex Tri	07
18	57	Sam Smith	Thurrock H	13
19	11	Gus Withers	Benfleet	23
20	45	Joe Clarke	Orion H	17: 02
21	22	Jack Mabbutt	CATS	08
22	35	Usamah Patel	Ilford	13
23	28	Christian Barker	Harlow	23
24	46	Josh Foot	Orion H	32
25	61	James Wakefield	Woodford Gn & EL	42
26	63	Harry Cavell	Woodford Gn & EL	56
27	44	James Inch	Orion H	18: 03
28	27	Owen Harknett	Harlow	03
29	24	Daniel Harley	East Essex Tri	25
30	29	Arron Westwood	Haverling M	29

Pos	ID	Name	Club	Time
31	47	Andrew Davies	Orion H	38
32	68	Gregory Jackson	Unattached	19: 14
33	56	Toby Jordan	Southend	18
34	13	Ben Costin	Billericay S	22
35	25	Martin Shields	East Essex Tri	47
36	16	Daniel Cunnew	Billericay S	57
37	48	Ethan Penfold	Orion H	20: 06
38	64	Taylor Reece	Woodford Gn & EL	20
39	33	Michael Vanderhook	Haverling M	33
40	59	Elliot Green	Thurrock H	21: 31
41	38	Michael Oku-Ampofo	Newham & EB	39
42	15	Rhys Boxer	Billericay S	40
43	14	Oliver Manning	Billericay S	43
44	32	Edward Rudgley	Haverling M	53

Team Result

1	Basildon	28
2	Southend	63
3	Orion H	66
4	Woodford Gn & EL	90
5	Billericay S	155

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U15 Girls

Pos	ID	Name	Club	Time
1	138	Gemma Holloway	Thurrock H	16: 51
2	122	Georgia Tuckfield	Orion H	17: 17
3	114	Lydia Hallam	Havering M	25
4	142	Amelia Barrett	Woodford Gn & EL	30
5	98	Millie Smith	Chelmsford	39
6	94	Katie Solis	Chelmsford	41
7	77	Masie Jones	Basildon	50
8	133	Emma Jarvis	Southend	18: 12
9	81	Isobel Ives	Basildon	18
10	141	Jessica Burgess	Woodford Gn & EL	27
11	143	Alicia McArdell	Woodford Gn & EL	41
12	400	Olivia Sofroniou	Chelmsford	53
13	83	Victoria Hiscock	Benfleet	56
14	113	Hannah Irwin	Friends School	58
15	131	Lucy Kidwell	Southend	19: 02
16	79	Poppy Aitmarri	Basildon	05
17	121	Anna Clark	Loughton	22
18	93	Rosa Prideaux	Chelmsford	28
19	146	Isabel Levine	Woodford Gn & EL	38
20	95	Cameron Venton	Chelmsford	41
21	123	Sydney Taylor	Orion H	47
22	129	Heather Marshall	Orion H	50
23	137	Madline Henderson	Tri Sport Epping	58
24	105	Ami Fosker	CATS	20: 04
25	90	Megan Williams	Chelmsford	04
26	135	Olivia Tidd	Southend	09
27	102	Charlotte Head	Colchester H	11
28	99	Erin Minton-Branfoot	Chelmsford	18
29	118	Rebecca Ward	Havering M	18
30	115	Heidi Surman-Wells	Havering M	29

Pos	ID	Name	Club	Time
31	125	Serena Espeute	Orion H	38
32	139	Kira Meredith	Thurrock H	38
33	134	Annabelle Matthews	Southend	44
34	127	Madeline Carr	Orion H	48
35	80	Daisy Pointing	Basildon	49
36	108	Charlotte Kew	CATS	49
37	140	Chaima Allali	Thurrock H	50
38	78	Tilly Aitmarri	Basildon	55
39	109	Sian Hicks	CATS	21: 18
40	124	Sophie Grant	Orion H	22
41	120	Zoe Rudgeley	Havering M	23
42	91	Natasha Fisher	Chelmsford	23
43	132	Lucy Lynch	Southend	28
44	128	Joelle Ewen	Orion H	32
45	107	Kate Frost	CATS	34
46	76	Laura Kidd	Basildon	44
47	116	Robbie Nunn	Havering M	50
48	117	Louise Lear	Havering M	52
49	85	Abbi-May Walters	Benfleet	22: 2
50	103	Joy Huggins	Colchester H	10
51	104	Hannah Banks	CATS	22
52	119	Abigail Spink	Havering M	30
53	136	Cydney Owen	Southend	23: 5
54	86	Emily Condon	Benfleet	7
55	92	Emily Brooks	Chelmsford	14
56	84	Antonia Tidy-Jones	Benfleet	25: 13
57	111	Hannah Kane	East Essex Tri	17
58	112	Hannah Shean	East Essex Tri	26: 43

Team Result

1	Chelmsford	41
2	Woodford Gn & EL	44
3	Basildon	67
4	Orion H	76
5	Southend	82
6	Havering M	103
7	Chelmsford 'B'	115
8	CATS	144
9	Benfleet	172

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U15 Boys

Pos	ID	Name	Club	Time
1	80	George Elliott	Chelmsford	15: 18
2	87	Jordan Rowe	CATS	22
3	83	Callum Charleston	Chelmsford	25
4	117	James Nadin	Southend	37
5	119	Perry Rowan	Woodford Gn & EL	39
6	109	Lawrence Willmore	Southend	16: 09
7	71	Adam Houchell	Basildon	15
8	74	Daniel Ashley	Basildon	29
9	110	Adam Jordan	Southend	33
10	85	Oliver Swallow	Chelmsford	37
11	70	Christian Gray	Basildon	44
12	100	Jonathan Rocha	Newham & EB	53
13	108	Cheyenne Antoine-Chagar	Orion H	55
14	81	Henry Blanks	Chelmsford	57
15	114	Josh Mann	Southend	17: 00
16	75	Adam Foster	Benfleet	04
17	86	William Deasey	CATS	09
18	105	Ben Parrison	Orion H	11
19	118	Gary Cahill	Thurrock H	15
20	112	Jo Ray	Southend	25
21	72	Steven Davies	Basildon	39
22	94	Edward Thompson	Havering M	58
23	103	Charlie Weston	Orion H	59
24	93	Sean Wilson	Havering M	18: 28
25	104	George Hart	Orion H	59
26	92	Elliot Nunn	Havering M	00
27	115	Zach Inwood	Southend	19: 02
28	116	Dominic LeMere	Southend	32
29	77	James Hiscock	Benfleet	20: 10
30	106	Matthew Boyce	Orion H	21: 06
31	88	Sam Dell	Havering M	37
32	99	Jim Fodder	Newham & EB	No: Time

Pos	ID	Name	Club	Time
<u>Team Result</u>				
1		Chelmsford		28
2		Southend		34
3		Basildon		47
4		Orion H		79
5		Havering M		103

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U17 Women

Pos	ID	Name	Club	Time	Team Result	
1	159	Jessica Judd	Chelmsford	18: 00	1 Chelmsford	15
2	160	Sophie Riches	Chelmsford	19: 12	2 Basildon	28
3	155	Kim Johansen	Chelmsford	27	3 Havering M	58
4	147	Kaylee Dodd	Basildon	57	4 Chelmsford 'B'	59
5	150	Jade Peel	Basildon	20: 13		
6	169	Isabella Woods	Havering M	49		
7	149	Eleanor Johnson	Basildon	57		
8	171	Armannie Antoin	Orion H	21: 02		
9	158	Sophie Crofts	Chelmsford	09		
10	166	Bethany Hall	Havering M	19		
11	163	Rebecca Wade	Chelmsford	39		
12	148	Emily Bullis	Basildon	45		
13	157	Jessica Swain	Chelmsford	49		
14	153	Jordan Lacey	Basildon	57		
15	167	Lindsay McLachl	Havering M	22: 06		
16	164	Mollie Huggins	Colchester H	11		
17	162	Jessica Jellicoe	Chelmsford	15		
18	156	Izzy Warren	Chelmsford	20		
19	176	Sarah Imbush	Southend	22		
20	181	Ellie Foster	Woodford Gn & EL	40		
21	152	Emma Houchell	Basildon	59		
22	165	Lisa Crowhurst	CATS	23: 17		
23	173	Alex Morgan	Southend	42		
24	177	Chloe Williams	Southend	24: 32		
25	178	Abigail Morgan	Tiptree	25: 15		
26	170	Kelly Mavididi	Iford	16		
27	168	Lindsay Wiggins	Havering M	27: 26		
28	151	Zoe Easdon	Basildon	28: 33		

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U17 Men

Pos	ID	Name	Club	Time
1	142	Hoseah Gikungu	Havering M	16: 19
2	169	James Stockings	Woodford Gn & EL	46
3	129	Stephen Woodford	Chelmsford	53
4	167	Tom Richardson	Thurrock H	17: 23
5	166	Ashley Capel	Southend	34
6	158	Ben Franklin	Southend	43
7	161	Steve Hancock	Southend	51
8	138	Dean Frost	CATS	55
9	126	James Hall	Benfleet	18: 10
10	168	Alec Finch	Thurrock H	12
11	141	George Jones	CATS	18
12	154	George Hoy	Orion H	23
13	165	John Kerridge	Southend	28
14	162	Oliver Kyrakides	Southend	30
15	134	Robert Clarke	Colchester H	33
16	163	Richard Stennett	Southend	44
17	135	Connor Price	Colchester H	50
18	148	Josa Conners	Havering M	19: 10
19	133	Arran Rae	Chelmsford	22
20	160	Tate Baron	Southend	32
21	150	Tom King	Ilford	33
22	146	Andrew Holland	Havering M	38
23	140	Joe Gibbon	CATS	51
24	155	Jack Waller	Orion H	57
25	143	Tom Brennan	Havering M	20: 7
26	152	Alex Chrisostomou	Orion H	48
27	151	Sharmaarke Aden	Ilford	22: 18

Pos	ID	Name	Club	Time
<u>Team Result</u>				
1		Southend		31
2		Havering M		66

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U20 Women

Pos	Name	Club	Time	Team Result	
1	206 Lauren McGregor	Woodford Gn & EL	20: '00	1 Woodford Gi	24
2	196 Gemma Phillips	Havering M	03	2	
3	242 Vikki Hayes	Chelmsford	37'	3	
4	186 Chloe Beckett	Braintree	50	4	
5	202 Becky Hewitt	Woodford Gn & EL	21: 00		
6	183 Emily Ballard	Basildon	21: 06		
7	205 Sidnie Sales	Woodford Gn & EL	27		
8	185 Lorna Almond	Billericay S	54		
9	199 Holly Gillard	Southend	22: 41		
10	190 Rebecca Cooke	Colchester H	52		
11	203 Kate Stockings	Woodford Gn & EL	23: 19		
12	195 Patsy McSweeney	Havering M	24: 29		

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U20 Men

Pos	ID	Name	Club	Time	<u>Team Result</u>
1	177	Alex Short	Chelmsford	27: 54	
2	173	Jack Fitsall	Basildon	59	No Complete teams
3	197	Frankie Conway	Orion H	28: 03	
4	178	Chris Youell	Chelmsford	35	
5	174	Andy Law	Basildon	56	
6	192	Tommy Bower	Newham & EB	29: 30	
7	202	Rees Gillard	Southend	50	
8	216	Liam Blaikie	Woodford Gn & EL	58	
9	208	Dennis Cross	Thurrock H	30: 49	
10	190	Alex Richards	Ilford	52	
11	188	Adam Edwards	Havering M	31: 29	
12	210	Adam Dowman	Thurrock H	34	
13	175	Kurtis Swan	Billericay S	42	
14	194	David Kail	Newham & EB	45	
15	179	Adam Crook	Chelmsford	32: 41	
16	176	Stephen Pidgeon	Billericay S	34: 58	
17	183	Chris Donnellan	Dagenham 88	35: 25	
18	186	Massi Dendani	Havering M	37: 49	
19	189	Michael O'Callaghan	Ilford	40: 11	
20	198	Buddy Green	Orion H	44: 29	

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<u>Basildon</u>				<u>January 7, 2012</u>		<u>Senior Women</u>			
Pos	ID	Name	Club	Time	Pos	ID	Name	Club	Time
1	303	Lauren Deadman	Havering M	29: 57	61	297	Karen Skene V40	Gt Bentley	45: 37
2	309	Alexa Joel	Havering M	30: 40	62	377	Karen Chapman	Springfield S	49
3	209	Karen Whitmore	Basildon	33: 12	63	275	Rachel Brittle V45	Eton Manor	46: 04
4	216	Dominique Ballard	Benfleet	29	64	240	Tracey Minton V50	Chelmsford	10
5	227	Charlotte Peppiatt	Benfleet	45	65	345	Cheryl MacDonald V50	Pitsea	17
6	308	Vicky Smith	Havering M	59	66	334	Roma Buckler	Phoenix S	29
7	254	Annette Oakman V35	Colchester H	34: 00	67	351	Francesca De Souza V45	Pitsea	47
8	253	Marie Shirley	Colchester H	05	68	339	Debbie Smith V45	Phoenix S	47: 41
9	246	Stacey Wheat	Colchester H	21	69	335	Nicola Maslen V40	Phoenix S	59
10	237	Carys Sutton	Chelmsford	22	70	315	Pamela Jones V75	Ilford	48: 03
11	389	Bernadine Pritchett V40	Woodford Gn & EL	26	71	369	Sarah Knowles	Springfield S	09
12	247	Denise Morley V40	Colchester H	42	72	341	Teresa Flannigan V60	Pitsea	28
13	239	Katie Tuttlebury	Chelmsford	53	73	267	Caroline Cummins V50	Dagenham 88	49: 01
14	236	Sally Mhlanga V35	Chelmsford	35: 05	74	337	Susan Vine V60	Phoenix S	15
15	384	Rachel Lund	Woodford Gn & EL	20	75	280	Christins Watson V50	Eton Manor	50: 12
16	235	Rebecca Luxton	Chelmsford	24	76	349	Louise Smith	Pitsea	37
17	342	Rachel Flannigan V35	Pitsea	28	77	347	Sharon Eastland	Pitsea	38
18	248	Lyn Higgs V50	Colchester H	38	78	269	Jackie Frewin V50	Dagenham 88	44
19	230	Christine Howard V40	Billericay S	41	79	348	Diane Eastland	Pitsea	52
20	210	Nicola Bredin	Basildon	49	80	367	Nicole Callaghan V40	Springfield S	51: 02
21	217	Catherine Stunt V35	Benfleet	36: 15	81	336	Maxine Goldsmith V50	Phoenix S	35
22	218	Jacqui Watson V40	Benfleet	38	82	370	Sandra Stanton V45	Springfield S	45
23	296	Emily Zethraeus	Gt Bentley	37: 02	83	371	Dawn Potter V40	Springfield S	45
24	241	Jo Smith V45	Chelmsford	14	84	352	Caroline Wallis V45	Pitsea	53: 00
25	292	Vicky Presland V35	Gt Bentley	25	85	340	Nicola Hawkins V45	Phoenix S	16
26	220	Louisa Latham	Benfleet	52	86	316	Michaela Davis V45	Loughton	25
27	219	Vanessa Dodds V40	Benfleet	38: 02	87	350	Amanda Jenkins V40	Pitsea	48
28	327	Lisa Clifford V35	Orion H	16	88	373	Gail Barker V55	Springfield S	54: 05
29	326	Christine Inch V50	Orion H	31	89	333	Nicola Burston V45	Phoenix S	55: 11
30	270	Samantha Monk	Dagenham 88	50	90	268	Anne Duggan V50	Dagenham 88	59: 43
31	317	Lorna Gaffney V40	Loughton	39: 06					
32	290	Nicola Glibbery	Gt Bentley	15					
33	312	Dianne Crisp V45	Ilford	22					
34	243	Hannah Bonnett	Chelmsford	27					
35	281	Zoe Woodward V45	Eton Manor	34					
36	366	Nicola Pyle V45	Springfield S	49					
37	291	Kira Kernan V35	Gt Bentley	50					
38	329	Mary Armitage V45	Orion H	58					
39	372	Helen Bateman V35	Springfield S	40: 07					
40	353	Melanie Ling V45	Southend	12					
41	365	Lynn Tanner V55	Springfield S	17					
42	331	Angie Legg	Orion H	23					
43	323	Gay Shillaker V50	Loughton	27					
44	375	Victoria Curren V35	Springfield S	36					
45	232	Wendy Reed V55	Billericay S	41: 22					
46	379	Jodie Timbrell	Thrill Green T	26					
47	314	Jenni Sheehan	Ilford	31					
48	304	Jane Hallam V40	Havering M	59					
49	332	Julie Robinson V50	Orion H	41: 11					
50	368	Allison Cook V40	Springfield S	41					
51	289	Cherie Hipkin V35	Gt Bentley	50					
52	311	Juliet Ward V45	Havering M	59					
53	225	Jennie Page	Benfleet	43: 07					
54	294	Lara Townsend V40	Gt Bentley	17					
55	330	Aleta Wetherall V40	Orion H	35					
56	266	Jennifer Akroyd	Dagenham 88	44: 30					
57	313	Sally Gillam V45	Ilford	56					
58	320	Jean Hobbs V60	Loughton	45: 22					
59	376	Kirsty Williams V35	Springfield S	26					
60	295	Lex Carlisle V50	Gt Bentley	37					

Team Result

1	Colchester H	36
2	Benfleet	52
3	Chelmsford	53
4	Havering M	57
5	Gt Bentley	117
6	Orion H	137
7	Springfield S	160
8	Ilford	207
9	Loughton	218
10	Pitsea	221
11	Gt Bentley 'B'	226
12	Dagenham 88	237
13	Springfield S 'B'	242
14	Phoenix S	277
15	Pitsea 'B'	316
16	Springfield S 'C'	333

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Senior Men

Pos	ID	Name	Club	Time	Pos	ID	Name	Club	Time
1	52	Paul Whittaker	Chelmsford	36: 57	61	288	David Johnson	Thurrock H	39
2	223	Adam Hickey	Southend	37: 22	62	286	Paul Green V45	Thurrock H	39
3	1	James Tydeman	Basildon	38: 12	63	188	Tim Wright V40	Orion H	45
4	41	Mark Sanford	Chelmsford	39	64	251	Stuart Raven V35	Springfield S	51
5	308	Tom Phillips	Woodford Gn & EL	39: 14	65	235	Scott Thrush	Southend	55
6	40	James Williams	Chelmsford	15	66	17	Andy Kennedy V45	Benfleet	58
7	136	Grant Twist	Havering M	22	67	290	Paul Bumstead	Thurrock H	47: 01
8	261	Tristan Windley	Springfield S	32	68	250	Paul Anderson V35	Springfield S	06
9	5	Dale Clutterbuck	Basildon	39	69	292	Jon Metcalf V50	Thurrock H	11
10	2	Jon Briggs	Basildon	42	70	264	Nick Knight V35	Thrift Green T	13
11	137	Rob Warner	Havering M	43	71	112	Jamie Ash	Gt Bentley	14
12	26	Crispian Bloomfield V35	Billericay S	46	72	302	James Heskey- Jones V40	Tiptree	18
13	310	Angus Holford	Woodford Gn & EL	58	73	138	Neil Crisp V45	Ilford	21
14	312	Jim Roche V35	Woodford Gn & EL	40: 23	74	12	Mike Grout V40	Benfleet	26
15	331	Tom Frith	Southend	32	75	9	Alan Clark V45	Benfleet	40
16	4	Grant Webb	Basildon	41	76	131	Chris Smith V35	Havering M	43
17	311	Darren Southcott	Woodford Gn & EL	59	77	20	Kevin Sexton V50	Benfleet	48
18	44	Lee Pickering	Chelmsford	41: 05	78	55	Ken Hoye V35	Chelmsford	58
19	45	Will Wright	Chelmsford	12	79	257	Mark Waive V40	Springfield S	48: 04
20	50	Mat Missen	Chelmsford	15	80	124	Dean Skipper	Havering 90	15
21	60	John Fryer	Colchester H	15	81	259	Richard Manning	Springfield S	18
22	70	Wesley Benton	Colchester H	15	82	10	Terry Spooner V35	Benfleet	23
23	143	Tom Gardner	Ilford	34	83	162	Greg Wisken V45	Mid Essex Cas	39
24	51	Steve Whittaker	Chelmsford	41	84	270	David Melvyn Cooper V50	Thrift Green T	40
25	281	Alex Houghton	Thurrock H	44	85	258	Christopher Snowdon	Springfield S	51
26	65	Allen Smalls V40	Colchester H	48	86	32	Kevin Jacob V45	Billericay S	59
27	332	David Smale	Southend	52	87	295	Dave Marchant V45	Thurrock H	49: 03
28	307	Kevin Murphy V35	Woodford Gn & EL	56	88	276	Barney McCarthy	Thrift Green T	08
29	127	Mat Bland V40	Havering M	58	89	73	Gary Riches V40	CATS	10
30	282	Nick Houghton	Thurrock H	42: 08	90	206	Andrew Doig V35	Pitsea	34
31	231	David Gibbon	Southend	13	91	23	Michael Cerny	Benfleet	38
32	24	Dave Buttler V55	Billericay S	14	92	101	Adrian Frost V50	Eton Manor	40
33	126	Ian Anthony	Havering M	18	93	313	Dave Cox V55	Woodford Gn & EL	55
34	37	Gavin Allen V35	Braintree	25	94	326	Martin Mack V45	Woodford Gn & EL	59
35	267	John Barker V45	Thrift Green T	37	95	253	Thomas Coen V35	Springfield S	50: 05
36	6	Jez Mancer V40	Benfleet	53	96	92	Dan Spinks V35	East London	13
37	319	Gareth Cavell V40	Woodford Gn & EL	43: 02	97	227	Peter Binns V60	Southend	17
38	120	Robert Reason	Harwich	10	98	225	Simon Smale	Southend	26
39	69	Andrew Kearton	Colchester H	25	99	157	Craig Veall V45	Loughton	27
40	145	Raymond Dzikowski V45	Ilford	43	100	99	Dave Daugirda V45	Eton Manor	28
41	53	David Johnson	Chelmsford	44: 02	101	95	Don Bennett V50	East London	29
42	224	Peter Smale	Southend	08	102	325	Alistair Holford V55	Woodford Gn & EL	34
43	247	James Smith	Springfield S	14	103	110	Dan Foster V45	Gt Bentley	38
44	66	Rob Gibby V35	Colchester H	17	104	165	Antony Moon	Mid Essex Cas	41
45	180	Eric Paul V50	Orion H	25	105	265	Phillip Cooper V40	Thrift Green T	46
46	59	David Allworthy V35	Colchester H	28	106	150	Gavin Harper	Loughton	57
47	279	Nelson Wandasiewicz V35	Thrift Green T	30	107	245	Gary Joslin V45	Springfield S	51: 10
48	146	Steve Philcox V45	Ilford	30	108	273	Graham Daniel V50	Thrift Green T	19
49	8	Graham Booty V35	Benfleet	36	109	207	Adam Gordon	Pitsea	32
50	46	Adam Colgrave	Chelmsford	44	110	81	Sam Rahman	Dagenham 88	39
51	142	Kevin Newell V35	Ilford	58	111	315	Andy Smith V35	Woodford Gn & EL	42
52	170	Neil McGoun	Orion H	45: 04	112	71	Patrick Marsh V45	Colchester H	46
53	121	Matthew Knowles V35	Harwich	08	113	111	Michael Simmons V45	Gt Bentley	58
54	133	Simon Hart V45	Havering M	23	114	317	Paul Stockings V50	Woodford Gn & EL	52: 05
55	108	Simon Dale V35	Gt Bentley	28	115	49	Mick Judd V45	Chelmsford	12
56	22	Nick Rankin V50	Benfleet	33	116	39	Myles Coulson V40	Braintree	23
57	63	Peter West V45	Colchester H	46: 14	117	301	Simon Morgan V40	Tiptree	30
58	7	Mike Briggs	Benfleet	18	118	249	Andrew Mason V45	Springfield S	35
59	97	Steve Dunn V35	Eton Manor	30	119	216	Terry Noonan	Pitsea	39
60	255	Paul Jeggo V50	Springfield S	32	120	123	Andre Besant V40	Harwich	41

Essex Cross Country Championships

Basildon

January 7, 2012

Senior Men

Pos	ID	Name	Club	Time	Pos	ID	Name	Club	Time
121	88	Derek Wright V40	East London	59	161	209	Christopher Bell	Pitsea	13
122	316	Steve Lambert V45	Woodford Gn & EL	53: 07	162	252	Raymond Charlton	Springfield S	53
123	303	Ted Skinner V55	Tiptree	47	163	204	Chris Turner	Phoenix S	66: 02
124	36	Kieran O'Doherty	Billericay S	52	164	78	Malcolm Dennis	Dagenham 88	68: 18
125	246	Paul Bridges	Springfield S	57	165	220	Mervyn Beckwith	Pitsea	24
126	119	Paul Carlisle V50	Gt Bentley	58	166	181	Pete Deadman	Orion H	69: 53
127	289	Bernard Johnson V55	Thurrock H	54: 33	167	33	Ernie Easterby	Billericay S	70: 12
128	320	Richard Hogg V40	Woodford Gn & EL	37	168	210	Peter Bates	Pitsea	40
129	215	James Russell V55	Pitsea	43	169	82	Rob Rant	Dagenham 88	71: 08
130	314	Rob Cox	Woodford Gn & EL	55	170	125	Ron Dobie	Havering 90	31
131	77	Ian Cummins V40	Dagenham 88	55: 01	171	199	Eddie Mills	Phoenix S	72: 15
132	96	Steve Adams V45	Eton Manor	20					
133	83	Rob Sargent V55	Dagenham 88	24					
134	324	Roger Green V60	Woodford Gn & EL	26					
135	89	Paul Thompson V40	East London	56: 05					
136	158	Whiffin, Jim V55	Loughton	12					
137	161	Brian Butcher V60	Mid Essex Cas	18					
138	200	James Boyd	Phoenix S	57: 03					
139	76	Gary Cardnell V50	Dagenham 88	07					
140	156	Dave Tyson V35	Loughton	20					
141	280	Syephen Rebel	Thrift Green T	33					
142	163	Mike Hayward V45	Mid Essex Cas	46					
143	202	Dave Lane V50	Phoenix S	49					
144	80	Daniel Miller	Dagenham 88	58: 14					
145	28	Richard Lee V40	Billericay S	30					
146	155	Duncan Rayney V40	Loughton	48					
147	211	Peter McLaughlin	Pitsea	50					
148	203	Robert Frost	Phoenix S	51					
149	300	Ian Burgis	Thurrock H	57					
150	208	John Treacy	Pitsea	59: 00					
151	86	Roy Bentley	Dagenham 88	21					
152	272	Dave Mills	Thrift Green T	34					
153	274	George Smith	Thrift Green T	46					
154	198	Chris Footer	Phoenix S	60: 21					
155	159	Ray Vautier	Mid Essex Cas	47					
156	149	George Georgiou	Loughton	61: 57					
157	260	Richard Barker	Springfield S	63: 03					
158	118	Dave Sawyer	Gt Bentley	40					
159	160	Nick McCullagh	Mid Essex Cas	64: 10					
160	205	Matthew Turner	Phoenix S	65: 00					

Team Result

1	Chelmsford	68
2	Woodford Gn & EL	114
3	Southend	182
4	Colchester H	198
5	Havering M	210
6	Thurrock H	314
7	Springfield S	322
8	Benfleet	339
9	Thrift Green T	429
10	Billericay S	566
11	Springfield S 'B'	611
12	Gt Bentley	626
13	Woodford Gn & EL 'B'	636
14	Pitsea	744
15	Mid Essex Cas	780
16	Loughton	783
17	Dagenham 88	808
18	Phoenix S	906