

**Essex League Cross Country League Results
Round 4 Great Notley 26 November 2005**

Courtesy of : -

Roy Meadowcroft (Chelmsford AC)

Dave Vidler (Basildon AC)

Havering Mayesbrook names highlighted by Tony Benton

Essex Cross Country League (4)

Great Notley

26/11/2005

U13 Girls

Pos	Name	Team	Time		Teams	
1	Twine, Nikki	Basildon	11: 34	1	Basildon	13
2	Clarke, Paisley	Chelmsford	50	2	Chelmsford	34
3	Webb, Amy	Basildon	12: 11	3	Havering M	38
4	Till, Kathryn	Basildon	23	4	Orion H	91
5	Plank, Abbie	Basildon	27	5	Harlow	132
6	McAuliffe, Emma	Havering M	35	6	West Suffolk	58(3)
7	Digweed, Rosie	Chelmsford	38	7	Southend	42(2)
8	O'Neill, Rebecca	Havering M	41	8	Colchester H	59(2)
9	Dane, Chloe	Basildon	42	9	Colchester & T	26(1)
10	Hawkins, Bethany	Chelmsford	49	10	Ilford	37(1)
11	Sullivan, Shannon	Havering M	57			
12	Woodhouse, Natalie	Southend	59			
13	Sales, Sidnie	Havering M	13: 00			
14	MacGregor, Lauren	Orion H	11			
15	Johnson, Sophie	Chelmsford	13			
16	Lander, Ellice	Basildon	28			
17	Marriott, Stacey	W. Suffolk	30			
18	Peachey, Nicola	Havering M	32			
19	Bibby, Sarah	W. Suffolk	35			
20	Meyers, Holly	Basildon	42			
21	Sartori-Sigrest, Nikkiti	Orion H	56			
22	Waters, Grace	W. Suffolk	58			
23	Vincent, Jess	Colchester H	14: 22			
24	Doherty, Charlotte	Basildon	30			
25	Timpson, Melissa	Orion H	32			
26	Wilson, Jessica	Colchester & T	48			
27	Atkins, Taylor	Basildon	55			
28	Crewe, Katie	Harlow	15: 02			
29	Seekings, Jessica	Havering M	05			
30	Heath, Zara	Southend	07			
31	Kipps, Jessica	Orion H	27			
32	Payne, Jade	Harlow	16: 22			
33	Drew, Laura	Havering M	33			
34	Morgan, Amy	Harlow	17: 26			
35	Akram, Sarah	Orion H	46			
36	Jarvis, Sophie	Colchester H	18: 07			
37	Juffs, Danielle	Ilford	56			
38	Eastwood, Georgia	Harlow	23: 29			

Essex Cross Country League (4)

Great Notley

26/11/2005

U13 Boys

Pos	Name	Team	Time	Team Result
1	Taylor, Antony	Thurrock	10: 37	1 Havering M 37
2	Jones, Michael	Havering M	50	2 Basildon 51
3	Davey, Olie	Thurrock	51	3 Chelmsford 63
4	Moxon, George	Basildon	53	4 Southend 63
5	Buckley-Stanton, Jamie	Havering M	54	5 Orion H 117
6	Reynolds, Marc	Chelmsford	55	6 Thurrock 11 (3)
7	Worbey, Darryl	Thurrock	11: 00	7 Ilford 38 (2)
8	Matthews, William	Southend	12	8 Harlow 26(1)
9	Mann, Joshua	Southend	18	9 West Suffolk 37 (1)
10	Richards, Alex	Ilford	18	
11	Irvine, Ryan	Basildon	23	
12	Woodford, Stephen	Chelmsford	25	
13	Austin, Ben	Southend	34	
14	Bush, Liam	Havering M	38	
15	O'Donoghue, Harry	Basildon	43	
16	Seekings, Johnathan	Havering M	56	
17	English, Michael	Havering M	57	
18	Gordon, Alex	Orion H	12: 00	
19	Yaxley, Daniel	Harlow	01	
20	Tamplin, Julian	Harlow	03	
21	Pearce, Reece	Basildon	08	
22	Crook, Adam	Chelmsford	09	
23	Barrett, Jamie	Chelmsford	10	
24	Swain, Sam	Havering M	12	
25	Fitsall, Jack	Basildon	12	
26	Dillon, Louis	Colchester & T	15	
27	Andrews, George	Havering M	24	
28	Leddy, Liam	Ilford	24	
29	Black, Tommy	Orion H	25	
30	Penfold, Tommy	Orion H	25	
31	Newman, Liam	Havering M	42	
32	O'Mahoney, Ryan	Havering M	49	
33	Foster-Carter, Harris	Southend	51	
34	Wood, Daniel	Havering M	56	
35	Lofthouse, Robert	Havering M	05	
36	Wellman, Tom	Basildon	13: 12	
37	Cripp, Adam	West Suffolk	18	
38	Sapsford, Sean	Basildon	24	
39	Edwards, Adam	Havering M	24	
40	Glynn, Joseph	Orion H	14: 28	
41	Davies, Oliver	Havering M	44	
42	Glynn, Nathaniel	Orion H	17: 53	

Essex Cross Country League (4)

Great Notley

26/11/2005

U15 Girls

Pos	Name	Team	Time	<u>Team Result</u>	
1	Condron, Laura	Chelmsford	13: 29		
2	Dignum, Denise	Basildon	55	1	Havering M 35
3	Sales, Georgie	Havering M	14: 20	2	Chelmsford 44
4	Oatham, Rebecca	Thurrock	32	3	Southend 109
5	McLoone, Zara	W. Suffolk	44	4	West Suffolk 19 (3)
6	Marriott, Abi	W. Suffolk	45	5	Basildon 31 (3)
7	Deane, Ingrid	Havering M	48	6	Orion 24 (2)
8	Waters, Helen	W. Suffolk	49	7	Thurrock 24 (2)
9	Holland, Jennifer	Havering M	15: 01	8	Ilford 49 (2)
10	Lovelock, Rebecca	Basildon	07	9	Harlow 15 (1)
11	Ward, Jessica	Orion H	07	10	Colchester H 21 (1)
12	Philip, Jemma	Chelmsford	10		
13	Akram, Natasha	Orion H	19		
14	Hayes, Victoria	Chelmsford	25		
15	Eastwood, April	Harlow	35		
16	Fox, Emma	Havering M	48		
17	Moorhead, Nicola	Chelmsford	16: 02		
18	Hall, Lydia	Ilford	06		
19	Golledge, Abby	Basildon	22		
20	Hill, Caroline	Thurrock	28		
21	Argent, Rachel	Colchester H	33		
22	Chester, Rachel	Chelmsford	34		
23	Condron, Josie	Chelmsford	35		
24	Reegan, Rhianne	Chelmsford	38		
25	Bond, Daisy	Southend	17: 22		
26	Pavitt, Nicola	Chelmsford	57		
27	Inwood, Hannah	Southend	18: 04		
28	Marshall, Robyn	Southend	44		
29	Jones, Sophie	Southend	19: 31		
30	Hartington, Katie	Chelmsford	31		
31	Kelly, Sarah	Ilford	23: 18		

Essex Cross Country League (4)

Great Notley

26/11/2005

U15 Boys

Pos	Name	Team	Time	<u>Team Result</u>	
1	McLachlan, Steve	Havering M	16: 02	1 Havering M	13
2	Ridley, Andrew	W. Suffolk	05	2 Chelmsford	63
3	Winters, Daniel	Havering M	07	3 Orion H	64
4	Twist, Grant	Havering M	07	4 Colchester & T	47 (3)
5	Bloy, Matt	Havering M	11	5 Southend	59 (3)
6	Cripps, Michael	W. Suffolk	12	6 West Suffolk	8 (2)
7	Farmer, Aaron	Orion H	14	7 Thurrock	39 (2)
8	King, Harry	Thurrock	19	8 Basildon	62 (2)
9	Judge, Ryan	Chelmsford	20	9 Harlow	29 (1)
10	Brown, Simon	Havering M	22		
11	Poole, Andy	Colchester & T	30		
12	Frith, Tom	Southend	31		
13	Jennings, Toby	Colchester & T	35		
14	Smale, David	Southend	35		
15	Lewis, Gavin	Orion H	40		
16	Hawkings, Peter	Chelmsford	43		
17	Woodley, James	Chelmsford	45		
18	Moy, Matthew	Orion H	48		
19	Shanney, Daniel	Havering M	54		
20	Kidd, Robbie	Havering M	17: 05		
21	Hunt, Mark	Chelmsford	06		
22	Shanney, Thomas	Havering M	16		
23	Heard, Lloyd	Colchester & T	22		
24	Sach, Danny	Orion H	25		
25	Judge, Connor	Chelmsford	35		
26	Collins, David	Chelmsford	38		
27	Penfold, Daniel	Orion H	40		
28	Shane, Steven	Basildon	44		
29	Ball, Lewis	Harlow	54		
30	Swain, Lenny	Havering M	18: 08		
31	Johnson, Steven	Thurrock	08		
32	Conway, Frankie	Orion H	36		
33	MacCarthy, Adam	Southend	56		
34	Hynes, Liam	Basildon	19: 23		
35	Sheihdau, Toby	Chelmsford	21: 36		
36	Pavitt, Michael	Chelmsford	22: 23		

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Great Notley

26/11/2005

U17 Men

Pos	Name	Team	Time		Team Result	
1	Shane, James	Basildon	27: 08	1	Colchester & T	16
2	Jennings, Oliver	Colchester & T	29	2	Orion H	41
3	Gibbon, David	Colchester & T	54	3	Basildon	44
4	Stroud, Jack	Orion H	28: 32	4	Havering M	7 (1)
5	Gladley, Alex	Colchester & T	50	5	Thurrock	13 (1)
6	Taylor, Matt	Colchester & T	29: 29			
7	Jones, Robert	Havering M	35			
8	Seward, Steve	Colchester & T	38			
9	Dorey, Matt	Colchester & T	51			
10	Mitchell, Keiran	Basildon	30: 27			
11	Nutt, Daniel	Orion H	35			
12	Heeks, Oliver	Orion H	44			
13	Doyle, Rob	Thurrock	49			
14	Moy, Jamie	Orion H	50			
15	Wilson, Sean	Colchester & T	31: 13			
16	Haines, Paige	Basildon	32: 14			
17	Evans, Hayden	Basildon	33: 58			
18	Sampford, Mark	Basildon	35: 14			

Essex Cross Country League (4)

Great Notley

26/11/2005

U17/U20W

Pos	Age Gp	Name	Team	Time		Team Result
1	U17	Richardson, Katie	Havering M	18: 42	1	Havering M 22
2	U20	Tatum, Danielle	Colchester & T	19: 14	2	Basildon 28
3	U20	Stibbs, Hayley	Havering M	31	3	Southend 21 (2)
4	U17	Moore, Hayley	Basildon	38	4	Orion 23 (2)
5	U17	Sefton, Katherine	Basildon	20: 11	5	Colchester & T 2 (1)
6	U20	Akram, Laura	Orion H	14	6	Chelmsford 14 (1)
7	U17	Edwards, Jade	Havering M	18		
8	U20	LeFever, Caran	Southend	24		
9	U17	Whitfield, Anna	Basildon	27		
10	U17	De-Smedt, Stephanie	Basildon	53		
11	U17	Thomas, Hayley	Havering M	21: 06		
12	U20	Watkins, Charlotte	Havering M	39		
13	U17	Kelly, Nicole	Southend	47		
14	U20	Haley, Emma	Chelmsford	59		
15	U17	Lovelock, Donna	Basildon	22: 25		
16	U20	Haines, Philippa	Newham (Gst)	23: 16		
17	U20	Kipps, Natalie	Orion H	23: 32		

Essex Cross Country League (4)

Great Notley

26/11/2005

Senior Women

Pos	Age Gp	Name	Team	Time	Pos	Age Gp	Name	Team	Time
1	SW	Ward, Stacey	Basildon	30: 10	51	V?	Thake, Sue	Billericay S	43: 06
2	SW	Stradling, Sarah	Colchester & T	32	52	V55	Cudmore, Liz	Colchester H	15
3	SW	Dawson, Gail	Basildon	31: 56	53	SW	Hammond, Louise	Billericay S	42
4	SW	Colmer, Clare	Southend	32: 30	54	SW	Mole, Ellie	Havering M	44: 03
5	SW	Mussett, Annette	Chelmsford	33: 00	55	V45	Flannigan, Teresa	Pitsea	37
6	SW	Donnelly, Clare	Southend	10	56	V55	Hobbs, Jean	Loughton	49
7	V45	Higgs, Lynne	Colchester H	46	57	SW	Green, Sarah	Chelmsford	46: 15
8	V35	Morley, Denise	Colchester H	34: 03	58	V45	Mills, Jackie	Pitsea	32
9	V35	Hayes, Claire	Chelmsford	13	59	V35	Pettifer, L	Pitsea	47: 45
10	SW	Goode, Karen	Basildon	14					
11	SW	Cann, Leanne	Southend	29					
12	SW	Harris, Denise	Havering M	33					
13	V35	Smith, Jo	Chelmsford	51					
14	SW	Bloomfield, Helen	Colchester & T	35: 08					
15	V35	Gaffney, Lorna	Loughton	14					
16	V45	Royston, Gail	Basildon	16					
17	V35	Bussey, Amanda	Southend	21					
18	V35	McCann, Sue	Colchester & T	35					
19	SW	Real, Caroline	Loughton	40					
20	SW	Mancer, Lucy	Southend	51					
21	SW	Davis, Teresa	Basildon	36: 11					
22	SW	Knapman, Mary	Loughton	12					
23	V35	Dowell, Melissa	Colchester H	27					
24	V45	Nordin, Bree	Iford	28					
25	V45	Tanner, Llyn	Colchester & T	45					
26	SW	Brown, Grace	Chelmsford	55					
27	V35	Sewell, Kym	Havering M	37: 09					
28	V45	Brooks, Keelie	Iford	11					
29	V45	Felton, Leslie	Havering M	15					
30	V45	Heeks, Anne	Loughton	55					
31	V35	Wilson, Lorraine	Southend	58					
32	V35	Cahill, Liz	Colchester H	38: 21					
33	SW	Soame, Vicki	Thurrock	42					
34	SW	Tullett, Catherine	Chelmsford	54					
35	V35	Ford, Denise	Chelmsford	56					
36	V35	Barrett, Anita	Colchester H	39: 15					
37	V45	Cole, Sue	Colchester H	38					
38	V35	Minton, Tracy	Chelmsford	40					
39	V45	Shillaker, Gaye	Loughton	40: 04					
40	V45	Jarvis, Margaret	Chelmsford	13					
41	V?	Howard, Geraldine	Billericay S	31					
42	V35	Gilham, Sally	Iford	41: 12					
43	V35	Banville, Elaine	Billericay S	31					
44	V35	Missen, Elspeth	Chelmsford	41					
45	V45	Holmes, Beverley	Thrift Green T	56					
46	SW	Real, Helen	Loughton	42: 08					
47			Dagenham 88	10					
48	V65	Jones, Pam	Iford	37					
49	V35	Bradley, Julie	Springfield S	44					
50	V45	Grainger, Jenny	Chelmsford	58					

<u>Team Scores</u>		
1	Basildon	30
2	Southend	38
3	Chelmsford	53
4	Colchester & T	59
5	Colchester H	70
6	Loughton	86
7	Havering M	122
8	Iford	142
9	Billericay S	188
10	Thurrock	33 (1)
11	Thrift Green	45 (1)
12	Dagenham 88	47 (1)
13	Springfield S	49 (1)

Essex Cross Country League (4)

Great Notley

26-Nov-05

Senior Men

Pos	Age Gp	Name	Team	Time	Pos	Age Gp	Name	Team	Time
1	SM	Spashett, Benjamin	Ipswich H (Guest)	30 43	51	SM	Currell, A	Southend	37 09
2	SM	Sanford, Matt	Basildon	59	52	SM	Goodridge, Russell	Colchester H	16
3	SM	Nunn, Jamie	Billericay S	31 11	53	V40	Steed, K	Thurrock	17
4	SM	Dobson, P	Springfield S	22	54	V40	Rolfe, Mick	Loughton	18
5	SM	Keys, Trevor	Havering M	55	55	SM	Hunton, James	Chelmsford	22
6	U20	Gamble-Thompson, Lewis	Colchester H	32 23	56	V40	Tomlinson, Geoff	Colchester H - N/S	27
7	U20	Shane, Daniel	Basildon	24	57	SM	Clarke, Alan	Billericay S	49
8	SM	Nixon, Rob	Ilford	35	58	SM	Bootey, John	Chelmsford	37: 51
9	U20	Wright, Will	Chelmsford	43	59	V40	Oatham, Phil	Thurrock	38: 13
10	SM	Messer, Ed	Chelmsford	50	60	SM	Noonan, T	Thurrock	19
11	SM	Prout, Ryan	Chelmsford	33 00	61	SM	Russell, W	Thurrock	20
12	SM	Coates, Peter	Havering M	13	62	V40	Thornton, Keith	Thrift Green T	22
13	SM	Muir, Malcolm	Ilford	19	63	SM	Babbs, Tony	Loughton	26
14	SM	Warner, Rob	Havering M	21	64	SM	Ritchings, Andy	Springfield S N/S	28
15	V40	Spowage, Paul	Colchester H	23	65	V40	Sweet, Dave	Billericay S	35
16	SM	Joyce, Shay	Orion H	24	66	V50	Monk, Vince	Tiptree	49
17	V40	Heslop, Garon	Chelmsford	30	67	V50	O'Doherty, Gerry	Billericay S	52
18	SM	Chatterton, Gavin	Chelmsford	30	68	V40	Brewer, M	Tiptree	55
19	SM	Scott, Roy	Southend	34 16	69	SM	Teague, Richard	Loughton	39: 10
20	SM	Smalls, Alan	Colchester H	16	70	V40	Cornish, Dave	Tiptree	11
21	V40	Green, J	Thurrock	18	71	V50	Catton, Andy	Ilford	13
22	U20	Whittaker, Steven	Southend	32	72	V40	Holder, J	Pitsea	15
23	SM	Staines, Martyn	Thurrock	37	73	SM	West, M	Colchester H	17
24	V40	Waugh, Chris	Chelmsford	40	74	SM	Fleming, Roy	Billericay S	23
25	V40	Jacob, Kevin	Billericay S	41	75	SM	Underhill, Brett	Loughton	24
26	SM	Dickenson, Rob	Havering M	44	76	SM	Coates, Chris	Havering M	37
27	SM	Waine, Mark	Southend	49	77	V40	Foster, Graham	Havering M	47
28	SM	Barrett, Clint	Chelmsford	35 07	78	V50	Whiffen, Jim	Loughton	49
29	V40	Tullett, Peter	Chelmsford	09	79	V40	Catmull, Julian	Springfield S	56
30	SM	Hallett, David	Southend	09	80	V50	Nixon, Tony	Ilford	40: 02
31	SM	Smith, Phil	Chelmsford	14	81	V50	Clarke, Martin	Ilford	22
32	SM	Anthony, Ian	Havering M	15	82	SM	Legge, J	Springfield S	27
33	V50	Butler, Alan	Thrift Green T	29	83	V60	Lesley, Dave	Southend	31
34	V40	Oldham, Mark	Southend	35	84	V40	Tyller, John	Dagenham 88	37
35	U20	Phillips, Scott	Basildon	36	85	V40	Wright, John	Southend	41: 01
36	V40	Green, P	Thurrock	40	86	V40	Skinner, Ted	Tiptree	06
37	V40	Cooper, Melvyn	Chelmsford	50	87	V40	Clarke, J	Springfield S	07
38	V40	Chambers, John	Thurrock	55	88	SM	West, P	Colchester H	14
39	U20	Smale, P	Southend	59	89	SM	Dawson, Tom	Benfleet Guest	39
40	SM	Collins, Tony	Havering M	36 07	90	SM	Goodwin, Roger	Springfield S	50
41	V40/50	Fletcher, Mick	Southend	11	91	V45	McLaughlin, P	Pitsea	42: 00
42	V45	McGregor, N	Thurrock	25	92	V50	Jackson, K	Pitsea	18
43	SM	Dobson, S	Tiptree	27	93	SM	Charles, Wesley	Ilford	45
44	SM	Cooper, Phil	Thrift Green T	28	94	SM	Green, Leyton	Chelmsford	45
45	SM	Squire, Anthony	Billericay S	31	95	V60	Hart, John	Loughton	43: 01
46	V50	Binns, Peter	Southend	36	96	V50	Platt, John	Ilford	13
47	SM	Smith, Robert	Colchester & T	40	97	V40	Condron, Brian	Chelmsford	25
48	V?	Norman, D	Springfield S	47	98	V60	Winston, Roger	Havering M	44
49	SM	Batey, Trevor	Colchester H	55	99	SM	Marsh, Anthony	Springfield S	44: 02
50	SM	Collins, Neill	Havering M	37 05	100	V50	Cole, Roger	Colchester H	10

Team Result

101	V40	Cottis, R	Southend	44 19
102	V?	Wright, Kevin	Springfield S	22
103	V60	Duffield, Roger	Tiptree	23
104	SM	Ricketts, Henry	Ilford	31
105	V60	Williams, Graham	Ilford	36
106	SM	Tyson, David	Loughton	37
107	V50	McVeigh, Martin	Havering M	45: 07
108	V60	Deadman, Peter	Orion H	24
109	V50	Passingham, K	Pitsea	38
110	V40	White, Kevin	Havering M	46: 29
111	SM	McCann, Chris	Springfield S	50
112	V50	Saunders, Dave	Southend	47: 25
113	V40	Daniels, Gerry	Chelmsford	34
114	SM	Hartigan, Andrew	Chelmsford	48: 06
115	SM	Williams, Stephen	Chelmsford	49
116	V60	Metcalfe, William	Basildon	49: 29
117	V50	Hobbs, David	Loughton	49: 36
118	V50	Bates, Peter	Pitsea	50: 22
119	V50	Adams, Doug	Dagenham 88	50: 58
120	V60	Bradley, Tony	Dagenham 88	51: 59
121	V40	Chapman, Dave	Dagenham 88	53: 34
122	V40	Linstead, Mike	Dagenham 88	59: 51

1	Chelmsford	89
2	Havering M	129
3	Southend	171
4	Thurrock	213
5	Colchester H	215
6	Billericay S	262
7	Ilford	346
8	Springfield S	390
9	Loughton	434
10	Tiptree	436
11	Pitsea	482 (5)
12	Dagenham 88	566 (5)
13	Basildon	160 (4)
14	Thrift Green T	139 (3)
15	Orion H	124 (2)