

Essex League Cross Country League Results

Courtesy of : -

Roy Meadowcroft (Chelmsford AC)

Dave Vidler (Basildon AC)

Hi there everyone. Yes, the double act is back by popular (?) demand.

Once again we are doing our best, but there is a great deal of work here so please accept our apologies for any mistakes.

Having only found out on Friday Evening that the meeting was starting late. I was able to finish cutting my front lawn. However, on arrival I found that my room had been locked and I was left on the doorstep for over an hour before eventually plugging in. Entries seemed higher than usual today. This combined with Missing Dec sheets and some new Team managers Scrawl to interpret has resulted in a slower outcome. Apologies for the delay.

There will certainly be instances where age groups have not been identified properly, this will be especially true for Veterans. And the inevitable spelling errors where we couldn't read team manager's writing and then (Surely not) there will some typing errors on our part.

Please let me know if any changes are required. Don't be afraid to e-mail me.
If you don't tell us then we won't know so please e-mail me with a note of any alterations.
We won't be amending the results on this website, but will try to ensure that information is correct next time

Amendments to: - [miveld.vidler@btinternet .com](mailto:miveld.vidler@btinternet.com)

Essex Cross Country League (1)

Sponsored by Runners Edge

One Tree Hill

09/10/2010

U13 Boys

| Pos | Name | Team | Time | | | | |
|-----|--------------------|----------------|--------|----|-------------------|----------------|--------|
| 1 | Elliott, George | Benfleet | 13: 28 | 41 | Beazeley, Matthew | Braintree | 58 |
| 2 | Willmore, Laurence | Southend | 35 | 42 | Wakerley, Joe | Basildon | 19: 01 |
| 3 | Jones, Max | Basildon | 14: 08 | 43 | Davis, Andrew | Orion H | 21 |
| 4 | Foster, Adam | Benfleet | 27 | 44 | Pumfret, Samuel | Wm Edwards Sch | 36 |
| 5 | Jordan, Adam | Southend | 28 | 45 | Clay, Tyler | Wm Edwards Sch | 46 |
| 6 | Blanks, Henry | Chelmsford | 30 | 46 | Mason, Tommy | Wm Edwards Sch | 50 |
| 7 | Maher, Jack | Ilford | 15: 02 | 47 | Pullen, George | Benfleet | 20: 12 |
| 8 | Ashley , Daniel | Basildon | 03 | 48 | Russell, Josh | Wm Edwards Sch | 26 |
| 9 | Thorpe, B | Southend | 03 | 49 | Randall, Sam | Harlow | 37 |
| 10 | Wilson, Sean | Havering M | 11 | 50 | Stephens, Josh | Havering M N/S | 42 |
| 11 | Ashley, Matthew | Basildon | 22 | 51 | Pate, Alex | Benfleet | 21: 01 |
| 12 | Bickerford, Stuart | Benfleet | 23 | 52 | Knowles, Matthew | Springfield S | 05 |
| 13 | Ball, Alex | Benfleet | 26 | | | | |
| 14 | Cahill, Gary | Thurrock H | 29 | | | | |
| 15 | Green, Ryan | Havering M | 31 | | | | |
| 16 | Weston, Charlie | Orion H | 38 | | | | |
| 17 | Richards, Daniel | Orion H | 39 | | | | |
| 18 | Baker, C | Southend | 41 | | | | |
| 19 | Woodgate, Robert | Havering M | 45 | | | | |
| 20 | Rushworth, Jamie | Harlow | 47 | | | | |
| 21 | Smith, Sam | Thurrock H | 50 | | | | |
| 22 | Day, George | Orion H | 56 | | | | |
| 23 | Wolf, J | Southend | 59 | | | | |
| 24 | Brearley, Nathan | Chelmsford | 16: 05 | | | | |
| 25 | Hart, George | Orion H | 13 | | | | |
| 26 | Scott, Frazer | Havering M | 26 | | | | |
| 27 | Doherty, Dominic | Colchester & T | 28 | | | | |
| 28 | Hughes, Robin | Thurrock H | 34 | | | | |
| 29 | Sharman, Joe | Braintree | 34 | | | | |
| 30 | Pitkin, Thomas | Havering M | 41 | | | | |
| 31 | Hurley, Samuel | Havering M | 42 | | | | |
| 32 | Minton, Lewis | Havering M | 49 | | | | |
| 33 | Timpson, Ryan | Orion H | 59 | | | | |
| 34 | Edwards, Lee | Wm Edwards Sch | 17: 00 | | | | |
| 35 | Morgan, Edward | Southend | 16 | | | | |
| 36 | Barker, Christian | Harlow | 21 | | | | |
| 37 | Bailey, Joseph | Harlow | 29 | | | | |
| 38 | Elliot, Jack | Wm Edwards Sch | 36 | | | | |
| 39 | Frely, Alfie | Wm Edwards Sch | 55 | | | | |
| 40 | Hollette, Michael | Havering M N/S | 18: 08 | | | | |

| | | <u>Teams</u> | | |
|----|---------------|--------------|-----|-----|
| 1 | Benfleet | | 30 | |
| 2 | Southend | | 34 | |
| 3 | Basildon | | 64 | |
| 4 | Havering M | | 70 | |
| 5 | Orion H | | 80 | |
| 6 | Harlow | | 142 | |
| 7 | Thurrock H | | 63 | (3) |
| 8 | Braintree | | 123 | (3) |
| 9 | Chelmsford | | 30 | (2) |
| 10 | Ilford | | 7 | (1) |
| 11 | Colchester H | | 27 | (1) |
| 12 | Springfield S | | 52 | (1) |

Essex Cross Country League (1)

Sponsored by Runners Edge

One Tree Hill

09/10/2010

U15 Boys

| Pos | Name | Team | Time | <u>Team Scores</u> | |
|-----|----------------------|----------------|--------|--------------------|--------|
| 1 | Alexander, Joe | Colchester & T | 16: 23 | 1 Southend | 21 |
| 2 | Hoy, George | Orion H | 32 | 2 Colchester & T | 61 |
| 3 | Frith, Rob | Southend | 34 | 3 Havering M | 70 |
| 4 | Hall, James | Benfleet | 35 | 4 Orion H | 70 |
| 5 | Mann, Josh | Southend | 36 | 5 Chelmsford | 58 (3) |
| 6 | Franklin, Ben | Southend | 47 | 6 Basildon | 63 (3) |
| 7 | Hancock, Steven | Southend | 58 | 7 Benfleet | 78 (3) |
| 8 | Charleston, Callum | Chelmsford | 17: 03 | 8 Ilford | 93 (3) |
| 9 | Nadin, J | Southend | 09 | 9 Thurrock H | 23 (1) |
| 10 | Shade, Nick | Havering M | 18 | | |
| 11 | Frost, Dean | Colchester & T | 27 | | |
| 12 | Pullen, Billy | Basildon | 30 | | |
| 13 | Thompson, James | Colchester & T | 32 | | |
| 14 | Watson, Tom | Basildon | 33 | | |
| 15 | Holland, Andrew | Havering M | 33 | | |
| 16 | Baron, Tate | Southend | 37 | | |
| 17 | Ray, J | Southend | 38 | | |
| 18 | Cockerill, Ben | Southend | 45 | | |
| 19 | Boyce, Matthew | Orion H | 49 | | |
| 20 | Bapikée, Farz | Orion H | 51 | | |
| 21 | Kidd, James | Havering M | 55 | | |
| 22 | Keefe, Freddy | Chelmsford | 18: 02 | | |
| 23 | Davies, Steven | Thurrock H | 04 | | |
| 24 | Duffey, Nick | Havering M | 16 | | |
| 25 | Peart, T | Ilford | 24 | | |
| 26 | Beard, Joe | Southend | 26 | | |
| 27 | Moore, Lewis | Wm Edwards Sch | 28 | | |
| 28 | Waltham, Christopher | Chelmsford | 37 | | |
| 29 | Waller, Jack | Orion H | 19: 01 | | |
| 30 | Murray, Callum | Wm Edwards Sch | 06 | | |
| 31 | Merchant, Brad | Wm Edwards Sch | 08 | | |
| 32 | Inwood, Zach | Southend | 10 | | |
| 33 | De Silva, R | Ilford | 25 | | |
| 34 | Stevens, Kieron | Benfleet | 28 | | |
| 35 | King, T | Ilford | 36 | | |
| 36 | Deasey, William | Colchester & T | 20: 02 | | |
| 37 | Burton, Jonatham | Basildon | 16 | | |
| 38 | Le Mare, D | Southend | 31 | | |
| 39 | Deighton, Charlie | Wm Edwards Sch | 54 | | |

Essex Cross Country League (1)

Sponsored by Runners Edge

One Tree Hill

09/10/2010

U17 Men

| Pos | Name | Team | Time | Team Result | |
|------------|----------------------|----------------|-------------|--------------------|--------|
| 1 | Fitsall, Jack | Basildon | 26: 29 | 1 Chelmsford | 24 |
| 2 | Short, Alex | Chelmsford | 44 | 2 Southend | 33 |
| 3 | Gikungu, Hoseah | Havering M | 55 | 3 Basildon | 41 |
| 4 | Woodford, Steven | Chelmsford | 27: 20 | 4 Havering M | 56 |
| 5 | Law, Andy | Basildon | 28: 18 | 5 Thurrock H | 108 |
| 6 | Kyriakides, Oliver | Southend | 25 | 6 Colchester & T | 43 (2) |
| 7 | Gillard, R | Southend | 50 | 7 Orion H | 59 (2) |
| 8 | Youell, Chris | Chelmsford | 52 | 8 Billericay S | 57 (1) |
| 9 | Kerridge, J | Southend | 29: 23 | | |
| 10 | Van den Brande, Gens | Chelmsford | 35 | | |
| 11 | Parker, C | Southend | 52 | | |
| 12 | Stennett, R | Southend | 30: 07 | | |
| 13 | Masterson, A | Southend | 19 | | |
| 14 | Richardson, Tom | Thurrock H | 22 | | |
| 15 | O'Mahoney, Ryan | Havering M | 42 | | |
| 16 | Herson, Ryan | Basildon | 42 | | |
| 17 | Gibbon, Joe | Colchester & T | 59 | | |
| 18 | Davies, Tom | Havering M | 31: 01 | | |
| 19 | Dan, Lumb | Basildon | 33 | | |
| 20 | Dendani, Massi | Havering M | 45 | | |
| 21 | Knight, M | Southend | 50 | | |
| 22 | Crook, Adam | Chelmsford | 51 | | |
| 23 | Capel, A | Southend | 53 | | |
| 24 | Hall, Alberic | Orion H | 32: 16 | | |
| 25 | Earney, Ross | Havering M | 30 | | |
| 26 | Gifford, Tom | Colchester & T | 33: 19 | | |
| 27 | Pidgeon, Stephen | Billericay S | 27 | | |
| 28 | Brown, Tom | Havering M | 30 | | |
| 29 | Finch, Alec | Thurrock H | 34: 14 | | |
| 30 | Hardy, Steven | Chelmsford | 55 | | |
| 31 | Thompson, Lennox | Thurrock H | 35: 32 | | |
| 32 | Hyde, Chris | Havering M | 48 | | |
| 33 | MacLouf, Tom | Basildon | 36: 06 | | |
| 34 | Jamieson, JJ | Thurrock H | 20 | | |
| 35 | Carter, Tim | Orion H | 26 | | |
| 36 | Wileman, Adam | Havering M | 29 | | |
| 37 | Inwood, J | Southend | 37: 09 | | |

Essex Cross Country League (1)

Sponsored by Runners Edge

One Tree Hill

09/10/2010

U17/U20W

| Pos | Age Gp | Name | Team | Time | Team Result | | |
|------------|---------------|---------------------|----------------|-------------|--------------------|----------------|--------|
| 1 | U17 | Judd, Jessica | Chelmsford | 16: 20 | 1 | Chelmsford | 14 |
| 2 | U17 | Redgrave, Sam | Colcheter & T | 18: 08 | 2 | Basildon | 54 |
| 3 | U20 | Blake, Poppy | Chelmsford | 15 | 3 | Southend | 57 |
| 4 | U17 | Garnett, Aimee | Chelmsford | 41 | 4 | Havering M | 66 |
| 5 | U17 | Beckett, Chloe | Braintree | 56 | 5 | Braintree | 21 (2) |
| 6 | U20 | Tuttlebury, Katie | Chelmsford | 19: 06 | 6 | Colchester & T | 2 (1) |
| 7 | U20 | Ballard, Emily | Basildon | 08 | 7 | Billericay S | 14 (1) |
| 8 | U17 | Johnson, Eleanor | Basildon | 22 | 8 | West Suffolk | 18 (1) |
| 9 | U17 | Stanley, Becky | Havering M | 37 | 9 | Orion | 25 (1) |
| 10 | U17 | Lacey, J | Southend | 20: 09 | | | |
| 11 | U17 | Morgan, A | Southend | 17 | | | |
| 12 | U17 | Smee, Camilla | Chelmsford N/S | 29 | | | |
| 13 | U20 | Bishop, Charlotte | Basildon | 32 | | | |
| 14 | U17 | Almond, Lorna | Billericay S | 33 | | | |
| 15 | U17 | McWeeney, Patsy | Havering M | 54 | | | |
| 16 | U20 | Cowper-Coles, Emily | Braintree | 59 | | | |
| 17 | U17 | Crow, E | Southend | 21: 18 | | | |
| 18 | U20 | Baker, Emily | West Suffolk | 35 | | | |
| 19 | U17 | Jarvis, S | Southend | 48 | | | |
| 20 | U17 | Sullivan, Shannon | Havering M | 23: 02 | | | |
| 21 | U17 | Mead, Jessica | Chelmsford N/S | 22 | | | |
| 22 | U17 | Golan, Sharmila | Havering M | 24: 00 | | | |
| 23 | U17 | Johanson, Kim | Chelmsford | 24 | | | |
| 24 | U20 | Ling, A | Southend | 25: 52 | | | |
| 25 | U17 | Timpson, Melissa | Orion H | 27: 12 | | | |
| 26 | U17 | Easdon, Zoe | Basildon | 28: 01 | | | |

Essex Cross Country League (1)

Sponsored by Runners Edge

One Tree Hill

09/10/2010

Senior Women

| Pos | Age Gp | Name | Team | Time | Pos | Age Gp | Name | Team | Time |
|-----|--------|---------------------|----------------|--------|-----|--------|----------------------|----------------|--------|
| 1 | SW | Fullerton, Faye | Havering M | 29: 41 | 61 | SW | Ling, Jo | Billericay S | 48 |
| 2 | SW | Goode, Karen | Basildon | 31: 20 | 62 | V45 | Francis, Helen | Braintree | 56 |
| 3 | V35 | Oakman, Annette | Colchester H | 45 | 63 | V45 | MacDonald, Cheryl | Pitsea | 42: 13 |
| 4 | SW | Peppiatt, Charlotte | Benfleet | 32: 02 | 64 | V55 | Bent, Angela | Pitsea | 34 |
| 5 | SW | Ballard, Dominique | Benfleet | 07 | 65 | V45 | De Smedt, Beryl | Phoenix | 47 |
| 6 | V35 | King, Wendy | Chelmsford | 26 | 66 | V35 | Norton, Sarah | Benfleet | 59 |
| 7 | SW | Sutton, Carys | Chelmsford | 32 | 67 | SW | Allen, Michelle | Thrift Green T | 43: 25 |
| 8 | SW | Kipps, Natalie | Orion H | 51 | 68 | V45 | Pumfret, Debra | Phoenix | 30 |
| 9 | SW | Sindall, Karen | Ilford | 33: 00 | 69 | SW | Eastland, D | Pitsea | 40 |
| 10 | SW | Baelin, Claire | Billericay S | 06 | 70 | V45 | Minton, Tracey | Chelmsford | 50 |
| 11 | SW | Holland, Kerry | Southend | 12 | 71 | V35 | Embury, Melissa | Dagenham 88 | 44: 14 |
| 12 | V35 | Mancer, Lucy | Benfleet | 38 | 72 | V45 | Henderson, Michelle | Thurrock H | 28 |
| 13 | V45 | Higgs, Lyne | Colchester H | 53 | 73 | V55 | Flannigan, Teresa | Pitsea | 40 |
| 14 | SW | Wheeler, Charmaine | Basildon | 34: 00 | 74 | SW | Price, Sue | Billericay S | 45: 05 |
| 15 | V35 | Smith, Jo | Chelmsford | 02 | 75 | V55 | Hobbs, Jean | Loughton | 25 |
| 16 | SW | Adams, Becky | Colchester & T | 12 | 76 | V35 | Golan, Jenny | Havering M | 30 |
| 17 | V35 | Morley, Denise | Colchester H | 21 | 77 | V45 | D'Asha, Anne | Orion H | 37 |
| 18 | SW | Evans, Megan | Chelmsford | 26 | 78 | V45 | Burston, Nicola | Phoenix | 46 |
| 19 | V35 | Stunt, Catherine | Benfleet | 29 | 79 | V55 | Vine, Susan | Phoenix | 49 |
| 20 | V35 | Sandercock, Kate | Colchester H | 39 | 80 | V45 | Tovey, Jill | Loughton | 46: 02 |
| 21 | V35 | Gaffney, Lorna | Loughton | 51 | 81 | V45 | Fribbens, Dorinda | Braintree | 04 |
| 22 | SW | Pegg, Hayley | Chelmsford | 56 | 82 | SW | Eastland, S | Pitsea | 13 |
| 23 | V35 | Noble, Toni | Thurrock H | 35: 16 | 83 | SW | Knowles, Sarah | Springfield S | 15 |
| 24 | V35 | Colbert, Sarah | Springfield S | 29 | 84 | SW | Ryan, Joanne | Loughton | 16 |
| 25 | V35 | Malanga, Sally | Chelmsford | 38 | 85 | V45 | Lyon, Nicky | Phoenix | 47: 53 |
| 26 | SW | Jeffery, Sarah | Southend | 36: 09 | 86 | SW | Hadgraft, Alice | Tiptree | 48: 04 |
| 27 | V35 | Banville, Elaine | Billericay S | 12 | 87 | SW | Clarke, Tina | Tiptree | 04 |
| 28 | V35 | Clifford, Liza | Orion H | 48 | 88 | V45 | Sharman, Sue | Braintree | 56 |
| 29 | V35 | Pyle, Nicola | Springfield S | 58 | 89 | V45 | Harwood, Gwen | Loughton | 49: 07 |
| 30 | V45 | Nordin, Bree | Ilford | 37: 02 | 90 | SW | Pidgeon, Moira | Billericay S | 24 |
| 31 | V35 | Sullivan, Jo | Havering M | 06 | 91 | V55 | Jackson, Heather | Pitsea | 50: 45 |
| 32 | V45 | Coster, Angela | Thrift Green T | 22 | 92 | V45 | Petersen, Irena | Loughton | 51: 20 |
| 33 | SW | Cumner, Ellie | Colchester & T | 28 | 93 | V35 | Davis, Michaela | Loughton | 35 |
| 34 | V35 | Gifford, Sian | Colchester & T | 33 | 94 | V35 | Field, Nicola | Dagenham 88 | 52: 23 |
| 35 | SW | Latham, Louisa | Benfleet | 42 | 95 | V55 | Fernandez, Francoise | Loughton | 53: 37 |
| 36 | SW | Crisp, Jenny | Ilford | 46 | | | | | |
| 37 | V45 | Ling, Melanie | Southend | 56 | | | | | |
| 38 | SW | Douglas, Laurie | Colchester & T | 38: 10 | | | | | |
| 39 | SW | McCauley, Jennifer | Springfield S | 19 | | | | | |
| 40 | V35 | Flannigan, R | Pitsea | 25 | | | | | |
| 41 | SW | Brett, Katy | Orion H | 29 | | | | | |
| 42 | V55 | Tanner, Lynn | Springfield S | 33 | | | | | |
| 43 | V45 | Crisp, Dianne | Ilford | 39 | | | | | |
| 44 | V45 | Shillaker, Gaye | Loughton | 57 | | | | | |
| 45 | V35 | Peacock, Victoria | Thurrock H | 39: 04 | | | | | |
| 46 | V45 | Hopkinson, Nicola | Ilford | 09 | | | | | |
| 47 | V45 | Moore, Melanie | Colchester H | 25 | | | | | |
| 48 | SW | Norquay, Megan | Thurrock H | 34 | | | | | |
| 49 | V35 | Williams, Kirsty | Springfield S | 49 | | | | | |
| 50 | V45 | Berkett, Hazel | Chelmsford | 50 | | | | | |
| 51 | V35 | Thompson, Angela | Havering M | 56 | | | | | |
| 52 | V35 | Rolerkite, Lindsey | Braintree | 40: 07 | | | | | |
| 53 | V45 | Gilham, Sally | Ilford | 23 | | | | | |
| 54 | V35 | Mathers, V | Southend | 37 | | | | | |
| 55 | V35 | Baker, A | Southend | 39 | | | | | |
| 56 | V55 | Jarvis, Margaret | Chelmsford | 40 | | | | | |
| 57 | SW | Marsh, Kerry | Springfield S | 47 | | | | | |
| 58 | V35 | Hayden-Cooper, Inga | Dagenham 88 | 41: 03 | | | | | |
| 59 | SW | Tuff, Becky | Springfield S | 08 | | | | | |
| 60 | V35 | Hallam, Jane | Havering M | 10 | | | | | |

Team Result

| | | |
|----|----------------|---------|
| 1 | Benfleet | 40 |
| 2 | Chelmsford | 46 |
| 3 | Colchester H | 53 |
| 4 | Ilford | 118 |
| 5 | Colchester & T | 121 |
| 6 | Southend | 128 |
| 7 | Springfield S | 134 |
| 8 | Havering M | 143 |
| 9 | Orion H | 154 |
| 10 | Billericay S | 172 |
| 11 | Thurrock H | 188 |
| 12 | Loughton | 220 |
| 13 | Pitsea | 236 |
| 14 | Braintree | 283 |
| 15 | Phoenix | 290 |
| 16 | Dagenham 88 | 223 (3) |
| 17 | Basildon | 16 (2) |
| 18 | Thrift Green T | 99 (2) |
| 19 | Tiptree | 173 (2) |

Essex Cross Country League (1)

| One Tree Hill | | | | 9-Oct-10 | | Senior Men | | | |
|---------------|--------|------------------------|----------------|----------|-----|------------|---------------------|----------------|---------|
| Pos | Age Gp | Name | Team | Time | Pos | Age Gp | Name | Team | Time |
| 1 | SM | Prout, Ryan | Chelmsford | 27: 56 | 116 | V40 | Kennedy, Andy | Bentfleet | 38: 08 |
| 2 | SM | Whittaker, Paul | Chelmsford N/S | 28: 13 | 117 | V40 | Veall, Craig | Loughton | 11 |
| 3 | SM | Sanford, Mark | Basildon | 46 | 118 | SM | Sartin, Lewis | Thurrock | 11 |
| 4 | U20 | Dunbar, Alex | W. Suffolk | 57 | 119 | V40 | Spain, Dave | Bentfleet | 14 |
| 5 | SM | Wright, Will | Chelmsford | 29: 05 | 120 | V50 | Taylor, Richard | Springfield S | 16 |
| 6 | SM | Briggs, John | Basildon | 08 | 121 | U20 | Ali, Abdul | Thurrock | 19 |
| 7 | SM | Gardner, Tom | Ilford | 21 | 122 | V40 | Riches, Gary | Colchester & T | 27 |
| 8 | SM | Sterling, Scott | Chelmsford N/S | 34 | 123 | V40 | Howard, Gary | Havering M | 36 |
| 9 | U20 | Webb, Grant | Basildon | 41 | 124 | V60 | Fletcher, Mick | Southend | 37 |
| 10 | SM | Benton, Wesley | Colchester H | 46 | 125 | SM | Cozens, Nick | Braintree | 38 |
| 11 | SM | Warner, Rob | Havering M | 56 | 126 | SM | Fleming, Roy | Billericay S | 44 |
| 12 | SM | Whittaker, Steve | Chelmsford N/S | 30: 02 | 127 | V40 | Judd, Mike | Chelmsford | 46 |
| 13 | U20 | Buckley-Stanton, Jamie | Havering M | 07 | 128 | SM | Prall, Jason | Springfield S | 47 |
| 14 | U20 | Penfold, Denny | Orion H | 13 | 129 | V40 | Boyer, Ross | Braintree | 48 |
| 15 | SM | Prosser, Steve | Thurrock | 23 | 130 | V40 | Mennell, Simon | Braintree | 53 |
| 16 | SM | Moses, Daniel | Orion H | 27 | 131 | V50 | Thorpe, Barry | Chelmsford | 39: 04 |
| 17 | V40 | Smalls, Allen | Colchester H | 35 | 132 | SM | Woodward, M | Pitsea | 09 |
| 18 | SM | Smith, Chris | Havering M | 39 | 133 | V40 | Hall, Graham | Orion H | 15 |
| 19 | U20 | Essa, Adam | Thurrock | 48 | 134 | SM | Frost, Kevin | Colchester & T | 17 |
| 20 | SM | Stroud, Jack | Orion H | 54 | 135 | V50 | MacKenzie, John | Ilford | 19 |
| 21 | SM | Rand, Steve | Havering M | 59 | 136 | SM | | Thurrock | 20 |
| 22 | SM | Briggs, Mike | Bentfleet | 31: 06 | 137 | V50 | Skinner, Ted | Tiptree | 30 |
| 23 | V40 | Bland, Matt | Havering M | 10 | 138 | V60 | Butcher, Brian | Mid Essex C | 43 |
| 24 | U20 | Gibbon, David | Colchester & T | 16 | 139 | V40 | Holder, Julian | Pitsea | 46 |
| 25 | V40 | Spowage, Paul | Colchester H | 17 | 140 | SM | Gilmore, Des | Springfield S | 54 |
| 26 | V40 | Mancer, Jez | Bentfleet | 19 | 141 | V50 | Alexander, Roger | Colchester & T | 57 |
| 27 | U20 | Thackeray, Dominic | W. Suffolk | 21 | 142 | SM | Miller, Danny | Dagenham 88 | 40: 06 |
| 28 | V50 | Bridgeland, Mike | Chelmsford | 26 | 143 | SM | Sterling, Craig | Basildon | 20 |
| 29 | U20 | Clayton, Sam | Colchester & T | 33 | 144 | V50 | Selwyn, Ray | Mid Essex C | 32 |
| 30 | SM | Kearton, Andrew | Colchester H | 37 | 145 | V40 | Clark, Paul | Phoenix S | 34 |
| 31 | SM | Williams, James | Chelmsford | 42 | 146 | V40 | Leeman, Ricky | Billericay S | 39 |
| 32 | SM | Allen, Gavin | Braintree | 50 | 147 | V60 | Jousiffe, Bob | Orion H | 41 |
| 33 | U20 | Hall, A | Orion H | 56 | 148 | V50 | Johnson, Bernard | Thurrock | 44 |
| 34 | SM | Sellens, Chris | Colchester H | 32: 01 | 149 | V60 | Jackson, Keith | Pitsea | 45 |
| 35 | V40 | Ridley, Colin | W. Suffolk | 03 | 150 | SM | Frost, Robert | Phoenix S | 45 |
| 36 | U20 | Moxon, George | Southend | 07 | 151 | V60 | Savage, Malcolm | Springfield S | 51 |
| 37 | V40 | Barker, John | Thriff Green T | 15 | 152 | V40 | Babbs, Tony | Loughton | 52 |
| 38 | SM | Nears, Jonathan | Colchester H | 20 | 153 | V50 | Wind, K | Pitsea | 53 |
| 39 | SM | Game, Anthony | Thriff Green T | 22 | 154 | V50 | Maycraft, Tony | Loughton | 57 |
| 40 | SM | MacDonald, Ian | Ilford | 25 | 155 | V50 | Bailey, Malcolm | Tiptree | 41: 04 |
| 41 | V40 | Eden, Mark | Braintree | 34 | 156 | V40 | Smith, Andy | Braintree | 06 |
| 42 | SM | Squire, Anthony | Billericay S | 38 | 157 | V50 | Reeves, David | Braintree | 07 |
| 43 | SM | Parker-Brown, Billy | Chelmsford | 49 | 158 | V40 | Payne, S | Southend | 11 |
| 44 | SM | Smale, Peter | Southend | 54 | 159 | V50 | Brockington, Tim | Springfield S | 14 |
| 45 | SM | Read, Mark | Thriff Green T | 33: 03 | 160 | V50 | Kemp, S | Thurrock | 19 |
| 46 | SM | Hall, Ben | Orion H | 16 | 161 | U20 | Megran, Jack | Thurrock | 20 |
| 47 | SM | Anderson, Paul | Springfield S | 19 | 162 | V50 | Dalton, Dave | Thurrock | 24 |
| 48 | SM | Collins, Neil | Havering M | 21 | 163 | V40 | Tracy, J | Pitsea | 30 |
| 49 | SM | Riddell, Gareth | Basildon | 30 | 164 | V40 | Glover, Ian | Southend | 33 |
| 50 | SM | McGoun, Neil | Orion H | 34 | 165 | V50 | Reed, Chris | Thurrock | 35 |
| 51 | V40 | Harris, Kevin | Springfield S | 35 | 166 | SM | Renda, Justin | Thurrock | 52 |
| 52 | SM | Rice, Scott | Thurrock | 36 | 167 | V50 | Wheatley, Mike | Billericay S | 54 |
| 53 | V40 | Laughton, NICK | Braintree | 40 | 168 | SM | Wheeldon, Paul | Springfield S | 42: 01 |
| 54 | SM | Gibby, Rob | Colchester H | 46 | 169 | V40 | Jackson, Mark | Braintree | 01 |
| 55 | U20 | Downman, A | Thurrock | 46 | 170 | V60 | Walker, Keith | Billericay S | 02 |
| 56 | V40 | Brock, Dave | Orion H | 50 | 171 | V50 | Ross, Charlie | Chelmsford | 07 |
| 57 | V50 | Knightly, Terry | Ilford | 57 | 172 | SM | Rebel, Steven | Thriff Green T | 13 |
| 58 | V40 | Julian, Kevin | Orion H | 34: 01 | 173 | V40 | Rowlett, Gary | Thurrock | 14 |
| 59 | V40 | O'Neill, Ian | Thriff Green T | 07 | 174 | V40 | Bolton, Jon | Mid Essex C | 21 |
| 60 | SM | Bailey, Mark | Southend | 13 | 175 | SM | Bulaitis, Peter | Orion H | 28 |
| 61 | V40 | Helliwell, Paul | Colchester H | 18 | 176 | SM | Hull, Darren | Springfield S | 37 |
| 62 | V40 | Lawless, Don | Thurrock | 32 | 177 | SM | Robinson, Andy | Thurrock | 42 |
| 63 | V40 | Crisp, Neil | Ilford | 33 | 178 | V40 | Emery, Paul | Ilford | 43: 01 |
| 64 | V40 | Hyde, Tony | Pitsea | 36 | 179 | V50 | Warner, Dave | Orion H | 15 |
| 65 | SM | Robinson, Reece | Bentfleet | 37 | 180 | V40 | Woodford, James | Chelmsford | 22 |
| 66 | SM | Staines, Martyn | Thurrock | 38 | 181 | V40 | Speed, Neil | Braintree | 41 |
| 67 | SM | Wandasiewicz, Nelson | Thriff Green T | 38 | 182 | V40 | Tovey, Tim | Loughton | 54 |
| 68 | V40 | Shelley, Eamon | Thurrock | 40 | 183 | V40 | Emery, D | Orion H | 59 |
| 69 | V50 | Metcalf, John | Thurrock | 42 | 184 | V50 | Wadcraft, Rob | Tiptree | 44: 04 |
| 70 | V50 | Rothwell, Colin | Bentfleet | 45 | 185 | V40 | Phillips, Stuart | Braintree | 05 |
| 71 | SM | Ravers, Stuart | Springfield S | 47 | 186 | V40 | Mitchell, Barry | Braintree | 07 |
| 72 | V40 | Waine, Mark | Springfield S | 48 | 187 | V60 | Cole, Roger | Colchester H | 18 |
| 73 | V50 | Morris, Andy | Bentfleet | 51 | 188 | V40 | Fribbens, Mark | Braintree | 30 |
| 74 | SM | Wright, Tim | Orion H | 56 | 189 | V70 | Rosbrook, Mike | Orion H | 37 |
| 75 | SM | Coates, Chris | Havering M | 35: 01 | 190 | V40 | Hayward, Mike | Mid Essex C | 44 |
| 76 | V40 | Berrett, Paul | Havering M | 4 | 191 | V50 | Daniels, Gerry | Chelmsford | 50 |
| 77 | SM | Russell, J | Thurrock | 08 | 192 | V50 | Charleston, Richard | Chelmsford | 57 |
| 78 | SM | Roberts, James | Ilford | 14 | 193 | SM | Askew, Brian | Braintree | 45: 17 |
| 79 | V40 | Mead, Tony | Bentfleet | 19 | 194 | V40 | Frith, R | Southend | 33 |
| 80 | V50 | Cooper, Melvyn | Thriff Green T | 19 | 195 | V60 | Linton, Ian | Tiptree | 35 |
| 81 | V60 | Binns, Peter | Southend | 33 | 196 | V50 | Milton, Dave | Springfield S | 39 |
| 82 | SM | Bottrill, Darren | Ilford | 37 | 197 | V60 | Hobbs, David | Loughton | 46: 17 |
| 83 | V40 | Grout, Mike | Bentfleet | 38 | 198 | V40 | Timpson, Steve | Orion H | 47: 52 |
| 84 | SM | Byford, John | Springfield S | 41 | 199 | V60 | Dawson, Ron | Southend | 57 |
| 85 | V50 | Crocuet, Graham | Bentfleet | 46 | 200 | V40 | Baker, A | Southend | 48: 9 |
| 86 | V40 | Gibbs, Martin | Chelmsford | 48 | 201 | V50 | McEwan, Joe | Braintree | 16 |
| 87 | SM | Keniada, Alan | Thriff Green T | 49 | 202 | V60 | Bates, Peter | Pitsea | 59 |
| 88 | V50 | Shaw, G | Orion H | 52 | 203 | V40 | Rourke, Jim | Billericay S | 49: 43 |
| 89 | SM | Hogan, Graham | Havering M | 54 | 204 | V60 | Dedman, Peter | Orion H | 51: 33 |
| 90 | V50 | Catton, Andy | Ilford | 56 | 205 | V50 | Kevany, Jim | Phoenix S | 53: 46 |
| 91 | V40 | Clarke, Andy | Thriff Green T | 58 | 206 | V40 | Davidson, D | Pitsea | 57: 4 |
| 92 | V50 | Butler, Alan | Thriff Green T | 59 | 207 | V70 | Dicken, Alan | Orion H | 59: 51 |
| 93 | V50 | Bumstead, Mike | Thurrock | 36: 01 | | | | | |
| 94 | SM | Allen, Terry | Thriff Green T | 06 | | | | | |
| 95 | SM | Other, AN | Unknown | 07 | | | | | |
| 96 | V40 | Marchant, Dave | Thurrock | 11 | 1 | | Havering M | | 134 |
| 97 | V40 | Russell, Rob | Thurrock | 14 | 2 | | Colchester H | | 154 |
| 98 | V40 | Aspinall, Roy | Thurrock | 19 | 3 | | Orion H | | 179 |
| 99 | U20 | Aldridge, Kyle | Southend | 36: 20 | 4 | | Chelmsford | | 194 |
| 100 | SM | Warner, Andrew | Orion H | 31 | 5 | | Thurrock | | 269 |
| 101 | V40 | McGowan, Frankie | Ilford | 38 | 6 | | Thriff Green T | | 327 |
| 102 | V40 | Stukas, Paul | Springfield S | 42 | 7 | | Ilford | | 327 |
| 103 | SM | Martin, R | Orion H | 45 | 8 | | Bentfleet | | 335 |
| 104 | V40 | Jarvis, Greg | Southend | 53 | 9 | | Southend | | 424 |
| 105 | V40 | Hurley, David | Bentfleet | 37: 6 | 10 | | Springfield S | | 427 |
| 106 | SM | Marsh, Anthony | Springfield S | 7 | 11 | | Braintree | | 510 |
| 107 | V40 | Hart, J | Orion H | 9 | 12 | | Pitsea | | 800 |
| 108 | V40 | Broadbent, Quinn | Orion H | 15 | 13 | | Billericay S | | 854 |
| 109 | V40 | Morgan, Simon | Tiptree | 16 | 14 | | Tiptree | | 892 |
| 110 | SM | Lovelock, Andy | Springfield S | 21 | 15 | | Loughton | | 915 |
| 111 | V40 | Wilson, James | Ilford | 24 | 16 | | Basildon | | 210 (5) |
| 112 | V40 | Brewer, Mark | Tiptree | 32 | 17 | | Colchester & T | | 450 (5) |
| 113 | SM | Tyson, David | Loughton | 39 | 18 | | Mid Essex C | | 646 (4) |
| 114 | V50 | Bennett, Bill | Orion H | 48 | 19 | | West Suffolk | | 66 (3) |
| 115 | SM | Hallam, Dave | Havering M | 56 | 20 | | Phoenix S | | 500 (3) |
| | | | | | 21 | | Dagenham 88 | | 527 (1) |