

## Essex League Cross Country League Results

Courtesy of : -

**Roy Meadowcroft (Chelmsford AC)**

**Dave Vidler (Basildon AC)**

Hi there everyone. Yes, the double act is back but in a slightly amended format.

Once again we are doing our best, but there is a great deal of work here so please accept our apologies for any mistakes.

**Due to Dave's personal circumstances, Roy will be handling all queries this season**

**So Amendments to - ra [ram190433@hotmail.co.uk](mailto:ram190433@hotmail.co.uk)**

There will certainly be instances where age groups have not been identified properly, this will be especially true for Veterans. And the inevitable spelling errors where we couldn't read team manager's writing and then (Surely not) there will some typing errors on our part.

Please let ROY know if any changes are required. Don't be afraid to e-mail him. If you don't tell us then we won't know so please e-mail him with a note of any alterations. We won't be amending the results on this website, but will try to ensure that information is correct next time







# Essex Cross Country League (1)

Sponsored by Runners Edge

Great Notley

08/10/2011

U15 Boys

Pos	Name	Team	Time	<u>Team Scores</u>	
1	Elliot, George	Chelmsford	13: 20	31 Dell, Sam	Havering M 9
2	Nadin, James	Southend	26	32 Aubrey, George	Benfleet 28
3	Willmore, Lawrence	Southend	41	33 Woolfe, Steven	Braintree 19: 52
4	Houchell, Adam	Basildon	14: 01	34 Fribbens, Aaron	Braintree 22: 44
5	Jordan, Adam	Southend	12		
6	Ashley, Daniel	Basildon	30		
7	Mann, Josh	Southend	38		
8	Cahill, Gary	Thurrock H	47		
9	Ray, Joe	Southend	53		
10	Banks, Henry	Chelmsford	15: 01		
11	Howard, Ben	Billericay S	10		
12	Davies, Stephen	Basildon	12		
13	Wilson, Sean	Havering M	15		
14	Gray, Christian	Basildon	20		
15	Pattinson, Ben	Orion H	24		
16	Thompson, Ed	Havering M	28		
17	Inwood, Zak	Southend	30		
18	Foster, Adam	Benfleet	33		
19	Weston, Charlie	Orion H	38		
20	Hill, Adam	Havering M	52		
21	Nunn, Elliot	Havering M	56		
22	Wood, Chris	Braintree	56		
23	Baker, Charlie	Southend	16: 03		
24	Redman, James	CATS	12		
25	Woodgate, Robert	Havering M	17		
26	Williams, Henry	Braintree	29		
27	Neall, James	Chelmsford	48		
28	Woolfe, Jack	Braintree	17: 08		
29	Boyce, Matthew	Orion H	16		
30	Murphy, James	Braintree	18: 02		

  

<u>Teams</u>	
1	Southend 17
2	Basildon 36
3	Havering M 70
4	Braintree 106
5	Chelmsford 38 (3)
6	Orion H 63 (3)
7	Benfleet 50 (2)
8	Thurrock H 8 (1)
9	Billericay S 11 (1)
10	CATS 24 (1)

# **Essex Cross Country League (1)**

**Sponsored by Runners Edge**

## **Great Notley**

**08/10/2011**

## **U17 Men**

<b>Pos</b>	<b>Name</b>	<b>Team</b>	<b>Time</b>	<b>Team Result</b>	
1	Gikugu, Hoseah	Havering M`brook	20: 28	1	Southend 26
2	Alexander, Joe	Colchester & Tnd	21: 13	2	Colchester & Tnd 46
3	Richardson, Tom	Thurrock	40	3	Havering M`brook 53
4	Hancock, Steven	Southend	44	4	Thurrock 21 (2)
5	Robinson, Samuel	Chelmsford	47	5	Chelmsford 26 (2)
6	Franklin, Ben	Southend	51	6	Orion 38 (2)
7	Frith, Rob	Southend	22: 10	7	Colchester H`s 13 (1)
8	Gibbon, Joe	Colchester & Tnd	16	8	Benfleet 14 (1)
9	Stennett, Richard	Southend	28	9	Basildon 22 (1)
10	Capel, Ashley	Southend	42	10	Ilford 26 (1)
11	Baron, Tate	Southend	46	11	East Essex Tri 28 (1)
12	P[orter, Michael	Colchester & Tnd	58		
13	Clarke, Robert	Colchester H`s	23: 01		
14	Hall, James	Benfleet	04		
15	Hoy, George	Orion	08		
16	Brennan, Tom	Havering M`brook	10		
17	Connors, Josh	Havering M`brook	31		
18	Finch, Alec	Thurrock	38		
19	Shade, Nick	Havering M`brook	45		
20	Holland, Andrew	Havering M`brook	55		
21	Rae, Arran	Chelmsford	57		
22	Burton, Jonathan	Basildon	57		
23	Chrisostomac, Alex	Orion	24: 00		
24	Thompson, James	Colchester & Tnd	39		
25	Jackson, Dean	Colchester & Tnd	58		
26	King, Tom	Ilford	25: 09		
27	Fgrieveson, Luke	Havering M`brook	26: 02		
28	Franklin, Tom	East Essex Tri	10		
29	Duffley, Nick	Havering M`brook	40		

# Essex Cross Country League (1)

Sponsored by Runners Edge

## Great Notley

08/10/2011

## U17/U20W

Pos	Age Gp	Name	Team	Time	Team Result
1	U17	Riches, Sophie	Chelmsford	18: 36	1 Chelmsford 20
2	U20	Archer, Holly	W Suffolk	19: 28	2 Havering M 41
3	U17	Redgrave, Sam	Colchester H	45	3 Basildon 50
4	U17	Johanson, Kim	Chelmsford	56	4 W Suffolk 47 (3)
5	U20	Beckett, Chloe	Braintree	57	5 Colchester H 47 (3)
6	U20	Tuttlebury, Katie	Chelmsford	20: 06	6 Southend 57 (3)
7	U17	Hall, Beth	Havering M	24	7 Braintree 32 (2)
8	U17	Woods, Bella	Havering M	29	8 CATS 24 (1)
9	U17	Wade, Rebecca	Chelmsford	29	
10	U17	Stanley, Becky	Havering M	36	
11	U17	Johnson, Eleanor	Basildon	42	
12	U17	Bullis, Emily	Basildon	50	
13	U20	Ballard, Emily	Basildon	53	
14	U17	Peel, Jade	Basildon	56	
15	U17	Huggins, Molly	Colchester H	21: 14	
16	U17	McLachlan, Lindsay	Havering M	24	
17	U17	Morgan, Alexandra	Southend	32	
18	U17	Swain, Jessica	Chelmsford	35	
19	U17	Lacey, Jordan	Southend	37	
20	U17	Tooley, Beth	W Suffolk	44	
21	U17	Imbush, Sarah	Southend	52	
22	U17	Crofts, Sophie	Chelmsford	22: 11	
23	U17	Houchell, Emma	Basildon	18	
24	U17	Crowhurst, Lisa	CATS	34	
25	U20	Baker, Emily	W Suffolk	45	
26	U17	Walwork, Sam	Chelmsford	23: 47	
27	U17	Bulleid, Emily	Braintree	53	
28	U17	Loynes, Avril	Havering M	24: 11	
29	U17	Morgan, Paige	Colchester H	22	
30	U17	Wiggins, Lindsey	Havering M	25: 58	
31	U17	Easdon, Zoe	Basildon	28: 44	

# Essex Cross Country League (1)

**Sponsored by Runners Edge**

## Great Notley

08/10/2011

## Senior Women

Pos	Age Gp	Name	Team	Time	Pos	Age Gp	Name	Team	Time
1	U17	Judd, Jessica	Chelmsford	21: 04	61	V45	De Smedt, Beryl	Phoenix	48
2	SW	Kersey, Gemma	Basildon	41	62	SW	Buckler, Roma	Phoenix	51
3	SW	Joel, Alexa	Havering M	58	63	V45	Crompton, Sue	Southend	57
4	V35	Appleton, Debbie	Havering M	23: 00	64	SW	Knowles, Sarah	Springfield S	59
5	SW	Rogers, Nicola	Basildon	33	65	V45	Smith, Debbie	Phoenix	33: 10
6	SW	Ballard, Dominique	Benfleet	42	66	SW	Marsh, Kerry	Springfield S	28
7	V35	King, Wendy	Chelmsford	24: 07	67	V35	Golan, Jenny	Havering M	42
8	SW	Smith, Vicky	Havering M	09	68	V35	Hallam, Debbielyn	Southend	52
9	SW	Sutton, Carys	Chelmsford	50	69	V55	Vine, Susan	Phoenix	34: 03
10	SW	Thurgood, Claire	Orion H	52	70	V45	Minton, Tracey	Chelmsford	15
11	SW	Whitmarsh, Karen	Basildon	55	71	V35	Maslen, Nicola	Phoenix	32
12	SW	De Villiers, Natalie	Chelmsford	59	72	V55	Hobbs, Jean	Loughton	35: 05
13	SW	Jeffery, Sarah	Southend	25: 29	73	SW	Westwood, Bobby	Havering M	07
14	V35	Morley, Denise	Colchester H	33	74	SW	Timpson, Melissa	Orion H	28
15	V35	Lagden, Tasha	Southend	35	75	V35	Sirrett, Mel	Springfield S	29
16	V35	Colbert, Sarah	Springfield S	47	76	V45	Burston, Nicola	Phoenix	34
17	V35	Stunt, Catherine	Benfleet	53	77	V45	Lyon, Nicky	Phoenix	57
18	SW	Holland, Kerry	Southend	57	78	V45	Petersen, Irena	Loughton	36: 04
19	SW	Brown, Grace	Basildon	26: 05	79	SW	Lyon, Ellena	Phoenix	19
20	SW	Latham, Louisa	Benfleet	22	80	V45	Stanton, Sandra	Springfield S	37: 08
21	SW	Hayes, Vicky	Chelmsford	28	81	V45	Potter, Dawn	Springfield S	08
22	V35	Smith, Jo	Chelmsford	49	82	V45	Hawkins, Nicola	Phoenix	34
23	V35	Gaffney, Lorna	Loughton	57	83	V45	Goodwin, Sarah	Springfield S	44
24	V45	Howard, Geraldine	Billericay S	27: 05	84	V45	Harwood, Gwen	Loughton	38: 02
25	V35	Malanga, Sally	Chelmsford	07	85	V45	Davis, Michaela	Loughton	40: 02
26	V35	Dodds, Vanessa	Benfleet	19	86	V35	Wadley, Caroline	Orion H	47: 08
27	SW	Edwards, Jade	Havering M	22					
28	SW	Real, Helen	Loughton	27					
29	V35	Gifford, Sian	Colchester & T	33					
30	V35	Prideaux, Emma	Billericay S	38					
31	SW	Smith, Madeline	Braintree	39					
32	SW	Cumner, Ellie	Colchester & T	28: 06					
33	V55	Tanner, Lynn	Springfield S	09					
34	SW	Ward, Teresa	Basildon	20					
35	V45	Pyle, Nicola	Springfield S	25					
36	V35	Pinner, Jayne	Thrift Green T	28					
37	SW	Stott, Laura	Colchester H	30					
38	SW	Pegg, Hayley	Chelmsford	33					
39	SW	Douglas, Laurie	Colchester & T	35					
40	V35	Bateman, Helen	Springfield S	36					
41	V35	Perrin, Julie	Southend	41					
42	V35	Mathers, Vanessa	Southend	56					
43	V35	Driver, Sarah	Thurrock H	29: 03					
44	V45	Harrington, Tracy	Tiptree	05					
45	V45	Moore, Melanie	Colchester H	14					
46	V35	Rolerkite, Lindsey	Braintree	47					
47	V45	Heeks, Anne	Loughton	52					
48	SW	Ward, Juliett	Havering M	30: 01					
49	SW	Ball, Rachel	Braintree	04					
50	SW	Tonek-Bonnet, Hana	Chelmsford	38					
51	V35	Cook, Alison	Springfield S	54					
52	V35	Stannard, Annette	Southend	31: 10					
53	V35	Hallam, Jane	Havering M	11					
54	V55	Jarvis, Margaret	Chelmsford	13					
55	V45	Gibbons, Amanda	Loughton	51					
56	V45	Fribbens, Dorinda	Braintree	32: 07					
57	SW	Chapman, Karen	Springfield S	18					
58	V55	Bent, Angela	Pitsea	20					
59	V35	Irvine, Liz	Springfield S	24					
60	V35	Williams, Kirsty	Springfield S	33					

### Team Result

1	Chelmsford	29
2	Basildon	37
3	Havering M	42
4	Benfleet	69
5	Southend	87
6	Springfield S	124
7	Loughton	153
8	Braintree	182
9	Phoenix	257
10	Colchester H	96 (3)
11	Colchester & T	100 (3)
12	Orion H	170 (3)
13	Billericay S	54 (2)
14	Thrift Green T	36 (1)
15	Thurrock H	43 (1)
16	Tiptree	44 (1)
17	Pitsea	58 (1)

## Essex Cross Country League (1)

Great Notley					8-Oct-11					Senior Men				
Pos	Age Gp	Name	Team	Time	Pos	Age Gp	Name	Team	Time	Pos	Age Gp	Name	Team	Time
1	SM	Hickey, Adam	Southend	25: 24	101	V50	O'Doherty, Gerry	Billericay S	46					
2	SM	Mussett, Adrian	Colchester H	25: 53	102	V40	Thornton, Keith	Thriff Green T	50					
3	SM	Short, Alex	Chelmsford	26: 07	103	V50	Thorpe, Barry	Chelmsford	56					
4	SM	Samford, Mark	Chelmsford N/S	33	104	V40	Morgan, Simon	Tiptree	35: 01					
5	U20	Hunter, Ben	Southend	35	105	SM	Bridges, Paul	Springfield S	08					
6	SM	Pickering, Lee	Chelmsford	40	106	SM	Cousins, Lee	Braintree	15					
7	U20	Twist, Grant	Havering M	43	107	SM	Gilmore, Des	Springfield S	21					
8	SM	Tydeman, James	Basildon	46	108	V50	Skinner, Ted	Tiptree	22					
9	SM	Warner, Rob	Havering M	53	109	SM	Coulson, Myles	Braintree	26					
10	SM	Fitsall, Jack	Basildon	27: 05	110	V50	Taylor, Richard	Springfield S	35					
11	SM	Law, Andy	Basildon	12	111	SM	Farrance, Roy	Thriff Green T	54					
12	SM	Briggs, John	Basildon	30	112	SM	Frost, Kevin	Colchester & T	58					
13	SM	Rand, Steve	Havering M	52	113	V60	Butcher, Brian	Mid Essex C	36: 02					
14	SM	Houghton, Nick	Thurrock H	59	114	V50	Tullett, Peter	Chelmsford	05					
15	SM	Williams, James	Chelmsford	28: 02	115	V50	Sargent, Rob	Dagenham 88	06					
16	SM	Houghton, Alex	Thurrock H	04	116	V40	Hall, Graham	Orion H	13					
17	U17	Richards, Alex	Ilford	06	117	V60	Nixon, Tony	Ilford	14					
18	V40	Smalls, Allen	Colchester H	10	118	V40	Dodd, Andrew	Orion H	27					
19	SM	Rice, Scott	Thurrock H	23	119	V40	Gillard, Matt	Southend	29					
20	SM	Wright, Will	Chelmsford	25	120	SM	Burgess, Ian	Thurrock H	31					
21	SM	Nunn, Jamie	Billericay S	37	121	V40	Rayney, Duncan	Loughton	36					
22	V50	Bridgeland, Mike	Chelmsford	40	122	V40	Howard, Gary	Havering M	36					
23	V40	Barker, John	Thriff Green T	51	123	V40	Walton, Dave	Springfield S	50					
24	U20	Parker, Charlie	Southend	54	124	V50	Togwell, Chris	Ilford	54					
25	V40	Bland, Matt	Havering M	56	125	SM	Miller, Danny	Dagenham 88	37: 00					
26	SM	London, Jason	Havering M	59	126	V40	Ward, Barry	Havering M	02					
27	JM	Youell, Chris	Chelmsford	29: 04	127	SM	Frost, Robert	Phoenix S	04					
28	V40	Spowage, Paul	Colchester H	09	128	V40	Smith, Andy	Braintree	06					
29	V40	Harris, Kevin	Springfield S	10	129	SM	Luton, Steve	Loughton	10					
30	V40	Coleman, Andy	Billericay S	11	130	V40	Gwyn-Williams, Seb	Witham	12					
31	SM	Hall, Ben	Orion H	12	131	SM	Footer, Chris	Phoenix S	15					
32	SM	Prosser, Steve	Thurrock H	15	132	V50	Reeves, David	Braintree	28					
33	U20	Gillard, Rhys	Southend	16	133	V50	Emerson, Bruce	Mid Essex C	36					
34	SM	Kearon, Andrew	Colchester H	17	134	V50	Maycraft, Tony	Loughton	46					
35	SM	Johnson, David	Chelmsford	36	135	V40	Lee, Ricky	Billericay S	48					
36	SM	Came, Anthony	Thriff Green T	46	136	SM	Hartshorne, Damien	Braintree	52					
37	SM	Wright, Tim	Orion H	56	137	V60	Jousiffe, Bob	Orion H	38: 00					
38	SM	Colgrave, Adam	Chelmsford	58	138	SM	Rebel, Steven	Thriff Green T	11					
39	SM	Smale, Peter	Southend	30: 02	139	V40	Jordan, Simon	Phoenix S	13					
40	V40	Reed, Steve	Braintree	02	140	SM	Bartlett, Gary	Orion H	14					
41	SM	Read, Mark	Thriff Green T	08	141	v40	Hull, Darren	Springfield S	20					
42	SM	Smith, Chris	Havering M	10	142	SM	Bulaitus, Peter	Orion H	23					
43	SM	Fahey, Oli	Chelmsford	13	143	V50	Wadcraft, Rob	Tiptree	31					
44	V40	Freeman, Jeremy	Chelmsford	18	144	V40	Cheal, Steve	Ilford	38					
45	SM	Hall, Uberon	Orion H	19	145	V40	Williams, Paul	Orion H	45					
46	U20	Cross, Dennis	Thurrock H	23	146	V70	Ross, Charlie	Chelmsford	52					
47	V40	Foot, Barney	Orion H	24	147	V40	Bell, Chris	Pitsea	39: 02					
48	SM	Lyne, Elliot	Colchester H	25	148	V40	Sibley, Trevor	Braintree	06					
49	V40	Shelley, Eamon	Thurrock H	26	149	V50	Brockington, Tim	Springfield S	09					
50	SM	Neugebauer, James	Springfield S	30	150	V60	Smith, George	Thriff Green T	11					
51	V40	Clark, Alan	Benfleet	32	151	V50	Frith, Ramon	Southend	39					
52	V40	Swift, Neil	Orion H	36	152	SM	Woulfe, Steven	Braintree	45					
53	V40	Lawless, Don	Thurrock H	38	153	V40	Fribbens, Mark	Braintree	40: 28					
54	U20	Crook, Adam	Chelmsford	44	154	SM	Vincent, Mick	Southend	51					
55	SM	Raven, Stuart	Springfield S	44	155	V40	Timpson, Steve	Orion H	41: 13					
56	SM	Allworthy, David	Colchester H	53	156	V50	Kemp, Steve	Thurrock H	40					
57	SM	Wandasiewicz, Nelson	Thriff Green T	31: 05	157	V40	Mitchell, Barry	Braintree	42: 12					
58	SM	Spooner, Terry	Benfleet	12	158	V60	Linton, Ian	Tiptree	38					
59	SM	Dickenson, Rob	Havering M	18	159	SM	Jenkins, Brian	Orion H	56					
60	V40	Freeman, Paul	Chelmsford	19	160	V60	Hobbs, David	Loughton	44: 04					
61	V40	O'Neill, Ian	Thriff Green T	28	161	SM	Walsh, Kenny	Colchester H	11					
62	V50	Metcalf, John	Thurrock H	30	162	SM	Day, Will	Springfield S	17					
63	V40	Jacob, Kevin	Billericay S	51	163	V60	Dawson, Ron	Southend	44					
64	V50	Purse, Chris	Springfield S	32: 01	164	V40	Charlton, Ray	Springfield S	45: 30					
65	V40	Cole, Leo	Witham	03	165	V50	Perry, Steve	Springfield S	31					
66	V40	Marchant, Dave	Thurrock H	09	166	V60	Bates, Peter	Pitsea	39					
67	V40	Grout, Mike	Benfleet	15	167	V40	Baker, Al	Southend	46: 25					
68	V40	Boyer, Ross	Braintree	21	168	SM	Culham, Ivan	Braintree	25					
69	V50	Cooper, Melvyn	Thriff Green T	23	169	V40	Glover, Ian	Southend	28					
70	SM	Anthony, Ian	Havering M	28	170	V60	Dedman, Peter	Orion H	59: 23					
71	SM	Collins, Neil	Havering M	30										
72	SM	Taylor, Lee	Southend	48										
73	V40	Berrett, Paul	Havering M	53										
74	SM	Knight, Nick	Thriff Green T	33: 07										
75	V60	Binns, Peter	Southend	09										
76	SM	Sterling, Craig	Benfleet	13	1		<b>Team Result</b>							
77	V40	Kyriakides, Alec	Southend	17	2	Chelmsford	93							
78	SM	Moon, Tony	Mid Essex C	18	3	Havering M	122							
79	U20	Dendani, Massi	Havering M	22	4	Southend	174							
80	V40	Kennedy, Andy	Benfleet	24	5	Thurrock H	176							
81	u20	Earney, Derek	Havering M	25	6	Colchester H	186							
82	SM	Green, David	Leigh on Sea Gst	25	7	Thriff Green T	287							
83	SM	Warner, Andrew	Orion H	25	8	Orion H	295							
84	V40	Jarvis, Greg	Southend	25	9	Springfield S	379							
85	V40	Judd, Mike	Chelmsford	32	10	Benfleet	428							
86	SM	Hunton, James	Chelmsford	35	11	Braintree	550							
87	V40	Riches, Gary	Colchester & T	36	12	Billericay S	350	(5)						
88	V40	Tullett, Dave	Chelmsford	49	13	Ilford	502	(5)						
89	V40	Stukas, Paul	Springfield S	34: 02	14	Tiptree	606	(5)						
90	V40	Capel, Darren	Southend	06	15	Loughton	635	(5)						
91	V40	Veall, Craig	Loughton	11	16	Basildon	41	(4)						
92	SM	Snowden, Chris	Springfield S	13	17	Colchester & T	296	(2)						
93	V40	Brewer, Mark	Tiptree	16	18	Mid Essex C	324	(2)						
94	V40	Marsh, Pat	Colchester H	19	19	Phoenix S	397	(2)						
95	SM	Owen, Paul	Chelmsford	21	20	Witham	195	(1)						
96	V40	Spain, Dave	Benfleet	21	21	Dagenham 88	240	(1)						
97	V50	Alexander, Roger	Colchester & T	22		Pitsea	313	(1)						
98	SM	Mitchell, Carl	Southend	24										
99	SM	Bulleid, Wayne	Braintree	38										
100	V50	Catton, Andy	Ilford	44										