

Essex League Cross Country League Results

Courtesy of : -

Roy Meadowcroft (Chelmsford AC)

Dave Vidler (Basildon AC)

After a really hectic first meeting we were back in our portacabin at Colchester today.

Special Thanks to team managers. I can't remember having an easier day - with all disks and result sheets returned much quicker than us

Once again we are doing our best, but there is a great deal of work here so please accept our apologies for any mistakes. I had around 40 e-mails after the last match. I have replied to every one and dealt with spelling errors, age group anomalies and a surprising number of positional errors where Team Managers had allocated the wrong names to disks.

There will still be instances where age groups have not been identified properly, this will be especially true for Veterans.

And the inevitable spelling errors where we couldn't read team manager's writing and then (Surely not) there will be some typing errors on our

League Tables are included this time - I will publish individual standings after 3 races. (Best 2 from 3)

Please let me know if any changes are required. Don't be afraid to e-mail me.

If you don't tell us then we won't know so please e-mail me with a note of any alterations.

We won't be amending the results on this website, but will try to ensure that information is correct next time

Amendments to: - miveld.vidler@btinternet.com

usual.

lies

part.

Essex Cross Country League (2)

Sponsored by Runners Edge

Colchester

30/10/2010

U13 Girls

Pos	Name	Team	Time	Pos	Name	Team	Time
1	Smith, Millie	Chelmsford	12: 11	41	Wyard, Melissa	Colchester H	41
2	Tooley, Sophie	West Suffolk	15	42	Thorne, L	Southend	49
3	Prideaux, Rosa	Chelmsford	25	43	Brooks, Emily	Chelmsford	50
4	Judd, Jodie	Chelmsford	48	44	Muchis, Sadiyas	Southend	16: 17
5	Wilson, Sarah	Havering M	52	45	Ling, Chloe	Benfleet	17: 19
6	Ives, Isobel	Basildon	54	46	McGuire, Annie	Havering M	18: 15
7	Woodford, Elona	Chelmsford	13: 05	47	Fribbens, Maddy	Braintree	26
8	Surman-Wells, Heidi	Havering M	06				
9	Minton-Branfoot, Erin	Chelmsford	13				
10	Tippett, Keira	Chelmsford	27				
11	Kidwell, Lucy	Southend	28				
12	Carr, Madeline	Orion H	28				
13	Pointing, Daisy	Basildon	32				
14	Inch, Katie	Orion H	35				
15	Storrer, Lucy	Chelmsford	39				
16	O'Riordan-Mitchell, Niamh	Benfleet	49				
17	Abbott, Talya	Orion H	52				
18	Venton, Cameron	Chelmsford	53				
19	Espeute, Serena	Orion H	59				
20	Walker, Jemima	Basildon	14: 01				
21	Hall, Amelia	Orion H	05				
22	May, N	Southend	08				
23	Grant, Sophie	Orion H	15				
24	Lynch, L	Southend	19				
25	Grimshaw, Victoria	Colchester H	21				
26	Spinks, Abigail	Havering M	22				
27	Marshall, Emily	Havering M N/S	23				
28	Ky, Sophie	Basildon	25				
29	Ley, Emily	Chelmsford	28				
30	Baggs, Amy	Havering M	28				
31	Aldous, R	Southend	37				
32	Earl, Lauren	Havering M	45				
33	Watson, Natalie	Basildon	51				
34	Walters, Abbi-May	Benfleet	58				
35	Harrod, Georgia	Braintree	59				
36	Masterson, Faye	Southend	15: 06				
37	Hicks, Sian	Colchester & T	10				
38	Aitmarri, Tilly	Basildon	18				
39	Maloney, Rebecca	Braintree	24				
40	Ruffell, Megan	Havering M	25				

<u>Teams</u>		
1	Chelmsford	15
2	Orion H	62
3	Basildon	67
4	Havering M	69
5	Southend	88
6	Benfleet	95 (3)
7	Braintree	121 (3)
8	Colchester H	66 (2)
9	West Suffolk	2 (1)
10	Colchester & T	37 (1)

Essex Cross Country League (2) Sponsored by Runners Edge

Colchester

30/10/2010

U13 Boys

Pos	Name	Team	Time				
1	Elliott, George	Benfleet	11: 10	41	Haigue, Owen	Harlow	15: 3
2	Willmore, Laurence	Southend	12	42	Leport, Finlay	Braintree	15
3	Swallow, Oliver	Chelmsford	19	43	Ashley, Matthew	Basildon	20
4	Jones, Max	Basildon	25	44	Lewin, Isaac	Braintree	22
5	Foster, Adam	Benfleet	40	45	Timpson, Ryan	Orion H	26
6	Blanks, Henry	Chelmsford	41	46	Stevens, Josh	Havering M	32
7	Ashley , Daniel	Basildon	45	47	Pate, Alex	Benfleet	16: 14
8	Wilson, Sean	Havering M	12: 01	48	Pullen, George	Benfleet	44
9	Thorpe, Brandon	Southend	06	49	Harrod, Bailey	Braintree	46
10	Jordan, Adam	Southend	11	50	Fribbens, Aaron	Braintree	54
11	Scott, Frazer	Havering M	15	51	Williams, George	Braintree	59
12	Rushworth, Jamie	Harlow	20	52	Coulson, Elliott	Braintree	17: 41
13	Cahill, Gary	Thurrock H	25				
14	Richards, Daniel	Orion H	34				
15	Woodgate, Robert	Havering M	34				
16	Bickerford, Stuart	Benfleet	35				
17	Green, Ryan	Havering M	37				
18	Wakerley, Joe	Basildon	39				
19	Smith, Sam	Thurrock H	42				
20	Harknett, Lewis	Harlow	45				
21	Patterson, Ben	Orion H	48				
22	Day, George	Orion H	50				
23	Weston, Charlie	Orion H	52				
24	Brearley, Nathan	Chelmsford	52				
25	Wolf, J	Southend	57				
26	Giordmaina, James	Havering M	13: 03				
27	Hart, George	Orion H	08				
28	Wade, Nick	Havering M	09				
29	Davis, Andrew	Orion H	16				
30	Pitkin, Thomas	Havering M	22				
31	Hall, Robert	Thurrock H	23				
32	Doherty, Dominic	Colchester & T	38				
33	Bailey, Joseph	Harlow	49				
34	Barker, Christian	Harlow	50				
35	Westwood, Aaron	Havering M N/S	14: 09				
36	Morgan, Edward	Southend	22				
37	Barringer, Michael	Colchester & T	29				
38	Owen, Joshua	Colchester H	39				
39	Smith, Simon	Braintree	48				
40	MakRabie, Mason	Havering M	53				

		<u>Teams</u>	
		1 Southend	46
		2 Havering M	51
		3 Benfleet	69
		4 Basildon	72
		5 Orion H	80
		6 Harlow	99
		7 Braintree	174
		8 Chelmsford	33 (3)
		9 Thurrock H	63 (3)
		10 Colchester & T	69 (2)
		11 Colchester H	38 (1)

Essex Cross Country League (2)

Sponsored by Runners Edge

Colchester

30/10/2010

U15 Girls

Pos	Name	Team	Time	Team Result	
1	Riches, Sophie	Chelmsford	13: 01	1 Chelmsford	24
2	Tuckfield, Georgia	Orion H	11	2 Havering M	47
3	Hallam, Lydia	Havering M	20	3 Southend	58
4	Dodd, Kaylee	Basildon	55	4 Braintree	102
5	Solis, Katie	Chelmsford	14: 05	5 Colchester H	106
6	Taylor, Sydney	Orion H	12	6 Basildon	20 (3)
7	Jones, Maisie	Basildon	17	7 Orion H	8 (2)
8	Daily, Christy	Chelmsford	25	8 Colchester & T	49 (2)
9	Bullis, Emily	Basildon	34	9 Harlow	14 (1)
10	Fisher, Natasha	Chelmsford	38	10 Tiptree	37 (1)
11	Jarvis, Emma	Southend	38		
12	Williams, Chloe	Southend	39		
13	Smith, Francesca	Havering M	47		
14	Moss, Isobel	Harlow	50		
15	McLachlan, Lyndsey	Havering M	55		
16	Woods, Isabella	Havering M	15: 13		
17	Imbush, Sarah	Southend	19		
18	Matthewson, Annabel	Southend	20		
19	Head, Charlotte	Colchester H	39		
20	Eden, Anna	Braintree	43		
21	Wade, Rebecca	Chelmsford	45		
22	Ragus, Samantha	Braintree	48		
23	Lyons, Avril	Havering M	57		
24	Kew, Charlotte	Colchester & T	16: 02		
25	Banks, Hannah	Colchester & T	18		
26	Gardner, Laura	Colchester H	20		
27	Avontour, Marlene	Chelmsford	24		
28	Huggins, Molly	Colchester H	25		
29	Diss, Sophia	Braintree	26		
30	Chalmers, Abbey	Chelmsford	27		
31	Smith, Rozlyn	Braintree	35		
32	Wiggins, Lindsey	Havering M	17: 36		
33	Huggins, Joy	Colchester H	18: 05		
34	Soloman, Daisy	Braintree	15		
35	Simons, Lizzie	Colchester H	42		
36	Cockell, Chloe	Braintree	19: 4		
37	Morgan, Abigail	Tiptree	20: 37		
38	Cockell, Ellie	Braintree	23: 05		

Essex Cross Country League (2)

Sponsored by Runners Edge

Colchester

30/10/2010

U15 Boys

Pos	Name	Team	Time	Pos	Name	Team	Time
1	Riches, Lawrence	Colchester & T	11: 55	31	Burton, Jonathan	Basildon	50
2	Hall, James	Benfleet	12: 20	32	Gifford, Olover	Colchester & T	14: 00
3	Alexander, Joe	Colchester & T	27	33	Waller, Jack	Orion H	20
4	Charleston, Callum	Chelmsford	29	34	King, Thomas	Ilford	38
5	Frith, Rob	Southend	33	35	Hill, Adam	Havering M	41
6	Mann, Josh	Southend	34	36	Morgan, Dan	Colchester H	44
7	Franklin, Ben	Southend	41	37	Minton-Branfoot, Gre	Chelmsford	52
8	Price, Conner	Colchester H	47	38	Inwood, Zach	Southend	59
9	McKee, Cameron	West Suffolk	49	39	Keefe, Freddy	Chelmsford	15: 05
10	Shade, Nick	Havering M	53	40	De Silva, Ricardo	Ilford	19
11	Watson, Tom	Basildon	54	41	Aubrey, George	Benfleet	18: 32
12	Antoine-Chagar, Cheyeni	Orion H	55				
13	Anthony, Seb	West Suffolk	55				
14	Hoy, George	Orion H	13: 00				
15	Thompson, James	Colchester & T	02				
16	Baron, Tate	Southend	04				
17	Bennett, Elliot	Colchester H	08				
18	Ray, Joe	Southend	09				
19	Nadin, James	Southend	11				
20	Pullen, Billy	Basildon	12				
21	Holland, Andrew	Havering M	13				
22	Kidd, James	Havering M	14				
23	Boyce, Matthew	Orion H	15				
24	Duffey, Nick	Havering M	17				
25	Beard, Joe	Southend	25				
26	Peart, Taschan	Ilford	27				
27	Davies, Steven	Thurrock H	28				
28	Rae, Arran	Chelmsford	30				
29	Clark, Robert	Colchester H	34				
30	Waltham, Christopher	Chelmsford	46				

Team Scores

1	Southend	34
2	Colchester & T	51
3	Havering M	77
4	Orion H	82
5	Colchester H	90
6	Chelmsford	99
7	Basildon	62 (3)
8	Ilford	100 (3)
9	West Suffolk	22 (2)
10	Benfleet	43 (2)
11	Thurrock H	27 (1)

Essex Cross Country League (2)

Sponsored by Runners Edge

Colchester

30/10/2010

U17 Men

Pos	Name	Team	Time	Team Result	
1	Fitsall, Jack	Basildon	20: 29	1	Chelmsford 23
2	Woodford, Steven	Chelmsford	40	2	Basildon 33
3	Short, Alex	Chelmsford	47	3	Southend 39
4	Richardson, Tom	Thurrock H	48	4	Havering M 108
5	Law, Andy	Basildon	59	5	Thurrock H 53 (3)
6	Strange, Stephen	Basildon	21: 35	6	Orion H 60 (2)
7	Brown, Sam	Southend	42	7	Colchester & T 18 (1)
8	Robinson, Sam	Chelmsford	44	8	Colchester H 32 (1)
9	Stennett, Richard	Southend	50		
10	Van den Brande, Gens	Chelmsford	58		
11	Kerridge, Jon	Southend	22: 07		
12	Gillard, Reece	Southend	18		
13	Youell, Chris	Chelmsford	23		
14	Hardy, Steven	Chelmsford	43		
15	Crook, Adam	Chelmsford	43		
16	Parker, Charlie	Southend	49		
17	Adcock, Steve	Chelmsford	59		
18	Gifford, Tom	Colchester & T	23: 16		
19	Masterson, Alec	Southend	21		
20	Kyriakides, Oliver	Southend	47		
21	Lamb, Dan	Basildon	48		
22	Capel, Ashley	Southend	49		
23	Dendani, Massi	Havering M	54		
24	Finch, Alec	Thurrock H	55		
25	Thompson, Lennox	Thurrock H	59		
26	Knight, Max	Southend	59		
27	Brown, Tom	Havering M	24: 02		
28	Earney, Ross	Havering M	07		
29	Hall, Alberic	Orion H	11		
30	Hyde, Chris	Havering M	33		
31	Carter, Tim	Orion H	25: 29		
32	Giles, Robert	Colchester H	26: 42		
33	Inwood, Jack	Southend	29: 11		

Essex Cross Country League (2)

Sponsored by Runners Edge

Colchester

30/10/2010

U17/U20W

Pos	Age Gp	Name	Team	Time	Team Result
1	U17	Judd, Jessica	Chelmsford	17: 47	1 Chelmsford 14
2	U20	Kersey, Gemma	Basildon	19: 20	2 Basildon 28
3	U20	Blake, Poppy	Chelmsford	20: 02	3 Southend 57
4	U20	Tuttlebury, Katie	Chelmsford	40	4 Havering M 63
5	U17	Johnson, Eleanor	Basildon	52	5 Colchester & T 15 (1)
6	U17	Johnstone, Sophie	Chelmsford	59	6 West Suffolk 18 (1)
7	U17	Stanley, Becky	Havering M	21: 24	
8	U17	Ballard, Emily	Basildon	33	
9	U17	O'Neill, Rebecca	Chelmsford	43	
10	U17	Morgan, Alex	Southend	50	
11	U17	Lacey, Jordan	Southend	58	
12	U17	Crow, Emily	Southend	59	
13	U17	Peel, Jade	Basildon	22: 00	
14	??	Hall, Bethany	Havering M	08	
15	U20	Bareham, Lacey	Colchester & T	24	
16	U20	Oatham, Rebecca	Basildon	36	
17	U17	Mead, Jessica	Chelmsford N/S	36	
18	U20	Baker, Emily	West Suffolk	42	
19	U17	Smee, Camilla	Chelmsford N/S	23: 22	
20	U17	McWeeney, Patsy	Havering M	24: 36	
21	U17	Jellicoe, Jessica	Chelmsford	25: 18	
22	U17	Golan, Sharmila	Havering M	34	
23	U17	Sullivan, Shannon	Havering M	43	
24	U17	Jarvis, Sophie	Southend	51	
25	U17	Easdon, Zoe	Basildon	29: 21	

Essex Cross Country League (2)

Sponsored by Runners Edge

Colchester

30/10/2010

Senior Women

Pos	Age Gp	Name	Team	Time	Pos	Age Gp	Name	Team	Time
1	V35	Stradling, Sarah	Colchester H	21: 55	61	SW	Robertson, Kelly	Chelmsford N/S	33
2	SW	Deadman, Lauren	Havering M	22: 05	62	V35	Burnett, Donna	Billericay S	40
3	SW	Abel, Svenja	Chelmsford N/S	07	63	SW	Stokeley, Louise	Billericay S	43
4	V45	Deasey, Margaret	Colchester & T	23: 11	64	V35	Williams, Kirsty	Springfield S	58
5	SW	Gill, Vicky	Orion H	24	65	SW	Crisp, Jenny	Ilford	30: 08
6	V35	Roberts, Jenny	Colchester H	42	66	V45	De Smedt, Beryl	Phoenix	12
7	SW	Rogers, Nicole	Basildon	49	67	V45	Crompton, Sue	Southend	16
8	V35	Oakman, Annette	Colchester H	57	68	V35	Norton, Sarah	Benfleet	26
9	SW	Baelin, Claire	Billericay S	24: 05	69	SW	Thompson, Jacky	Loughton	27
10	SW	Kipps, Natalie	Orion H	07	70	SW	Ryan, Joanne	Loughton	41
11	SW	Holland, Kerry	Southend	21	71	V45	Minton, Tracey	Chelmsford	52
12	SW	Sutton, Carys	Chelmsford	35	72	V45	Gilham, Sally	Ilford	57
13	V35	King, Wendy	Chelmsford	37	73	V45	Webster, Fran	Benfleet	59
14	SW	Peppiatt, Charlotte	Benfleet	39	74	V45	Henderson, Michelle	Thurrock H	31: 14
15	SW	Bredin, Nicola	Basildon	25: 01	75	V35	Clarke, Tina	Tiptree	20
16	V35	Mancer, Lucy	Benfleet	10	76	SW	Allen, Michelle	Thrift Green T	30
17	V45	Higgs, Lynn	Colchester H	14	77	V35	Emmerson, Fay	Colchester H	34
18	V35	Smith, Jo	Chelmsford	15	78	SW	Page, Jennie	Benfleet	39
19	V35	Watson, Jacqui	Benfleet	21	79	V45	Pumfret, Debra	Phoenix	48
20	V35	Morley, Denise	Colchester H	26	80	V55	Cudmore, Liz	Colchester H	32: 05
21	SW	Pegg, Hayley	Chelmsford	37	81	V55	Flannigan, Teresa	Pitsea	37
22	V35	Sandercock, Kate	Colchester H	40	82	V55	Hobbs, Jean	Loughton	33: 07
23	V35	Lagden, Tasha	Southend	41	83	V55	Vine, Susan	Phoenix	15
24	V35	Stunt, Catherine	Benfleet	47	84	V45	Eden, Sarah	Braintree	16
25	V35	Malanga, Sally	Chelmsford	26: 03	85	V45	Burston, Nicola	Phoenix	34
26	V35	Noble, Toni	Thurrock H	08	86	V45	Fribbens, Dorinda	Braintree	38
27	SW	Wheeler, Charmaine	Basildon	33	87	V45	Richardson-Wright, Rach	Colchester H	34: 08
28	SW	Edwards, Jade	Havering M	35	88	V45	Lyon, Nicky	Phoenix	52
29	SW	Knapman, Mary	Loughton	37	89	SW	Knowles, Sarah	Springfield S	35: 11
30	V35	Pyle, Nicola	Springfield S	38	90	V45	Harwood, Gwen	Loughton	14
31	SW	Neale, Lucy	Springfield S	48	91	SW	Sunderland, Katheryn	Chelmsford	15
32	V35	Dodds, Vanessa	Benfleet	50	92	V35	Firth, Rona	Braintree	18
33	V35	Banville, Elaine	Billericay S	27: 00	93	V35	Davis, Michaela	Loughton	36: 50
34	V35	Gaffney, Lorna	Loughton	09	94	V55	Jackson, Heather	Pitsea	38: 42
35	V35	Boenarove, Silvia	Thurrock H	12	95	V55	Bates, Linda	Pitsea	39: 48
36	V35	Gifford, Sian	Colchester & T	12	96	V55	Fernandez, Francoise	Loughton	42: 05
37	V45	Anthony, Christine	West Suffolk	18					
38	V35	Caulfield, Michelle	Braintree	19					
39	SW	Inch, Christine	Orion H	20					
40	SW	Cumner, Ellie	Colchester & T	22					
41	V35	Clifford, Liza	Orion H	25					
42	SW	Latham, Louisa	Benfleet	38					
43	V45	Sheffield, Josie	Braintree	54					
44	SW	McCauley, Jennifer	Springfield S	28: 26					
45	V45	Coster, Angela	Thrift Green T	28					
46	SW	Grabowki, Sarah	Benfleet	30					
47	V35	Peacock, Victoria	Thurrock H	30					
48	V35	Rolerkite, Lindsey	Braintree	30					
49	SW	Real, Helen	Loughton	33					
50	V45	Berrett, Hazel	Chelmsford	46					
51	V35	Thompson, Angela	Havering M	47					
52	V55	Tanner, Lynn	Springfield S	50					
53	V35	Hallam, Jane	Havering M	52					
54	V45	Clark, Beverley	Thrift Green T	57					
55	V35	Mussett, Anita	Colchester H	58					
56	V35	Flannigan, Rachel	Pitsea	59					
57	V45	Shillaker, Gaye	Loughton	29: 00					
58	SW	Timbrell, Jodie	Thrift Green T	23					
59	V45	Crisp, Dianne	Ilford	26					
60	SW	Marsh, Kerry	Springfield S	30					

Team Result

1	Colchester H	32
2	Chelmsford	64
3	Benfleet	73
4	Orion H	95
5	Havering M	134
6	Springfield S	157
7	Billericay S	167
8	Loughton	169
9	Thurrock H	182
10	Braintree	213
11	Thrift Green T	233
12	Phoenix	313
13	Pitsea	326
14	Basildon	49 (3)
15	Colchester & T	80 (3)
16	Southend	101 (3)
17	Ilford	196 (3)
18	West Suffolk	37 (1)
19	Tiptree	75 (1)

Essex Cross Country League (2)

Colchester				30-Oct-10		Senior Men			
Pos	Age Gp	Name	Team	Time	Pos	Age Gp	Name	Team	Time
1	SM	Mussett, Adrian	Colchester H	24: 35	111	SM	Rayner, Andy	Colchester H	19
2	SM	Sanford, Mark	Basildon	58	112	V60	Nixon, Tony	Ilford	22
3	U20	Dunbar, Alex	W. Suffolk	25: 09	113	V50	Andrews, John	Orion H	24
4	U20	Twist, Grant	Havering M	39	114	U20	Downman, Adam	Thurrock H	28
5	SM	Gardner, Tom	Ilford	41	115	SM	Marsh, Anthony	Springfield S	29
6	SM	Benton, Wesley	Colchester H	48	116	V40	Howard, Gary	Havering M	35
7	SM	Wright, Will	Chelmsford	50	117	V50	Alexander, Roger	Colchester & T	39
8	U20	Webb, Grant	Basildon	51	118	SM	Frost, Kevin	Colchester & T	39
9	SM	Gibbon, David	Colchester & T	59	119	SM	Tyson, David	Loughton	45
10	SM	Bloomfield, Crispian	Billericay S	26: 02	120	V40	Kennedy, Andy	Benfleet	47
11	SM	Warner, Rob	Havering M	05	121	SM	Maple, Matthew	Ilford	49
12	SM	Stroud, Jack	Orion H	16	122	V40	Line, Steve	Benfleet	58
13	SM	Muir, Malcolm	Ilford	18	123	V40	Hall, Graham	Orion H	33: 07
14	SM	Pickering, Lee	Chelmsford	34	124	V50	Skinner, Ted	Tiptree	14
15	SM	Whittaker, Steve	Chelmsford N/S	39	125	V40	Marsh, Pat	Colchester H	25
16	U20	Buckley-Stanton, Jamie	Havering M	41	126	SM	Sartin, Lewis	Thurrock H	27
17	SM	Nunn, Jamie	Billericay S	50	127	V60	Bryan, Paul	Colchester H	27
18	V50	Butler, Dave	Billericay S	52	128	V40	Smith, Andy	Braintree	27
19	SM	Williams, James	Chelmsford	53	129	SM	Clark, Roger	Thrift Green T	32
20	V40	Bland, Matt	Havering M	58	130	V40	West, Mike	Colchester H	42
21	U20	Smale, David	Southend	27: 02	131	SM	Snowden, Chris	Springfield S	48
22	U20	Essa, Adam	Thurrock H	03	132	V40	Clark, Paul	Phoenix S	56
23	SM	Hall, Ben	Orion H	08	133	V50	Brockington, Tim	Springfield S	34: 03
24	SM	Joyce, Shay	Orion H	18	134	SM	Cousins, Lee	Braintree	07
25	U20	Thackeray, Dominic	W. Suffolk	12	135	SM	Footer, Chris	Phoenix S	12
26	SM	Munro, Phil	Colchester H	14	136	V40	Barrett, Paul	Colchester H	14
27	U20	Clayton, Sam	Colchester & T	20	137	V60	Butcher, Brian	Mid Essex C	14
28	U20	Moxon, George	Southend	22	138	SM	Robinson, Andy	Thurrock H	16
29	SM	Briggs, Mike	Benfleet	28	139	V60	Green, Roger	Orion H	21
30	V50	Bridgeland, Mike	Chelmsford	32	140	V40	Gwyn-Williams, Seb	Witham	24
31	SM	Lendon, Jason	Havering M	33	141	V50	Johnson, Bernard	Thurrock H	31
32	U20	Hall, Auberon	Orion H	34	142	V50	Kemp, Steve	Thurrock H	38
33	SM	Riddell, Gareth	Basildon	41	143	V40	Gillard, Matt	Southend	39
34	V40	Spowage, Paul	Colchester H	42	144	V60	Jackson, Keith	Pitsea	44
35	U20	James, Chris	Basildon	44	145	V50	Russell, Jim	Pitsea	48
36	SM	Kearton, Andrew	Colchester H	45	146	SM	Miller, Danny	Dagenham 88	50
37	SM	Bootey, Graham	Benfleet	46	147	V60	Ross, Charlie	Chelmsford	53
38	V50	Paul, Eric	Orion H	49	148	SM	Rebel, Steven	Thrift Green T	59
39	V40	Dzikowski, Ray	Ilford	28: 01	149	V40	Leeman, Ricky	Billericay S	35: 00
40	SM	Martin, Lee	Springfield S	03	150	V40	Glover, Ian	Southend	10
41	V40	Tullett, Dave	Chelmsford	04	151	SM	Bulaitus, Peter	Orion H	12
42	V40	Ridley, Colin	W. Suffolk	05	152	V50	Togwell, Chris	Ilford	21
43	SM	Rice, Scott	Thurrock H	08	153	V40	Jackson, Mark	Braintree	26
44	V40	Barker, John	Thrift Green T	14	154	SM	Askew, Ryan	Braintree	28
45	SM	Collins, Neil	Havering M	21	155	SM	Coulson, Myles	Braintree	33
46	SM	Bootey, Jon	Witham	30	156	SM	Wheeldon, Paul	Springfield S	36
47	SM	Vickers, Ian	Colchester & T	51	157	V40	Speed, Neil	Braintree	44
48	V40	Jacob, Kevin	Billericay S	55	158	SM	Harper-Ward, Matt	Benfleet	45
49	SM	Wandasiewicz, Nelson	Thrift Green T	58	159	V40	Babbs, Tony	Loughton	46
50	V50	Knightley, Terry	Ilford	29: 00	160	V40	Bolton, Jon	Mid Essex C	49
51	V40	Coleman, Andy	Billericay S	05	161	U20	Megran, Jack	Thurrock H	36: 16
52	SM	Read, Mark	Thrift Green T	07	162	V50	Charleston, Richard	Chelmsford	21
53	SM	Gibby, Rob	Colchester H	09	163	V60	Adams, Bill	Dagenham 88	33
54	V40	Julian, Kevin	Orion H	12	164	V40	Emery, Dean	Orion H	48
55	SM	Johnson, David	Thurrock H	18	165	V40	Emery, Paul	Ilford	53
56	SM	Anthony, Ian	Havering M	20	166	V60	Hart, John	Loughton	37: 01
57	SM	McGoun, Neil	Orion H	23	167	SM	Reddish, Morgan	Benfleet	23
58	SM	McGill, Kieron	Benfleet	27	168	V40	Emmett, Darren	Benfleet	41
59	V40	Helliwell, Paul	Colchester H	38	169	V40	Mitchell, Barry	Braintree	54
60	U20	Pollitt, Richard	Braintree	39	170	V40	Ramsdale, Mick	Colchester & T	38: 02
61	V40	Gibbs, Martin	Chelmsford	40	171	V50	Ryall, Mike	Colchester & T	28
62	V40	Happe, Joe	Orion H	42	172	SM	Mann, Phil	Braintree	55
63	SM	Staines, Martyn	Thurrock H	45	173	V50	Milton, Dave	Springfield S	56
64	V50	Metcalf, John	Thurrock H	49	174	SM	Kett, Matt	Tiptree	57
65	V50	Wright, Dave	Colchester H	52	175	V50	McEwan, Joe	Braintree	39: 13
66	SM	Hogan, Graham	Havering M	53	176	V50	McLaughlin, Peter	Pitsea	15
67	V50	Bumstead, Mike	Thurrock H	56	177	V70	Rosbrook, Mike	Orion H	29
68	SM	Roberts, James	Ilford	30: 01	178	V60	Hobbs, David	Loughton	30
69	V40	Crisp, Neil	Ilford	03	179	V40	Timpson, Steve	Orion H	58
70	SM	Thompson, Ben	Loughton	04	180	V40	Crouchman, Steve	Braintree	59
71	V40	Kyriakies, Alec	Southend	05	181	V60	Linton, Ian	Tiptree	40: 19
72	SM	Aldridge, Kyle	Southend	06	182	V50	Daniels, Gerry	Chelmsford	51
73	V40	Lawless, Don	Thurrock H	09	183	V60	Bates, Peter	Pitsea	41: 37
74	V40	Wisken, Greg	Mid Essex C	13	184	V60	Dedman, Peter	Orion H	42: 08
75	SM	Warner, Andrew	Orion H	14	185	V40	Linstead, Mike	Dagenham 88	44: 19
76	SM	Colgrave, Adam	Chelmsford	15	186	V40	Rourke, Jim	Billericay S	45: 20
77	U20	Ali, Abdul	Thurrock H	17	187	V40	Cracknell, Kevin	Braintree	47: 58
78	V50	Rothwell, Colin	Benfleet	18					
79	V40	Marchant, Dave	Thurrock H	19					
80	V60	Binns, Peter	Southend	22					
81	V40	Heskey-Jones, James	Tiptree	27					
82	V40	Rankin, Nick	Benfleet	31					
83	V50	Morris, Andy	Benfleet	34					
84	V40	Freeman, Jeremy	Chelmsford	41					
85	SM	Bottrill, Darren	Ilford	42					
86	V40	Mead, Tony	Benfleet	45					
87	V40	Clarke, Andy	Thrift Green T	48	1		Havering M	127	
88	V50	Cooper, Melvyn	Thrift Green T	50	2		Colchester H	156	
89	V40	Grout, Mike	Benfleet	54	3		Chelmsford	172	
90	SM	Raven, Stuart	Springfield S	31: 02	4		Orion H	183	
91	SM	Ashton, Alan	Springfield S	14	5		Ilford	244	
92	V50	Tullett, Peter	Chelmsford	16	6		Billericay S	293	
93	SM	Ellis, Stuart	Braintree	17	7		Thurrock H	314	
94	V40	Morgan, Simon	Tiptree	17	8		Benfleet	367	
95	V40	Hopkinson, Giles	Orion H	19	9		Southend	369	
96	V40	Broadbent, Quinn	Orion H	20	10		Colchester & T	410	
97	V40	Jarvis, Greg	Southend	22	11		Thrift Green T	449	
98	V40	Aspinall, Roy	Thurrock H	22	12		Springfield S	568	
99	V50	Catton, Andy	Ilford	22	13		Braintree	722	
100	SM	Walker, Derek	Colchester & T	27	14		Tiptree	758	
101	SM	Neugebauer, James	Springfield S	30	15		Loughton	692 (5)	
102	V40	Russell, Rob	Thurrock H	31	16		Basildon	78 (4)	
103	SM	Hallam, Dave	Havering M	38	17		Pitsea	648 (4)	
104	V40	Brewer, Mark	Tiptree	45	18		W. Suffolk	70 (3)	
105	V50	Crockett, Graham	Benfleet	54	19		Witham	294 (3)	
106	SM	Fahey, Oli	Chelmsford	32: 0	20		Mid Essex C	371 (3)	
107	V40	Middleton, Russell	Havering M	0	21		Dagenham 88	494 (3)	
108	V40	Cole, Leo	Witham	15	22		Phoenix S	267 (2)	
109	V40	Judd, Mike	Chelmsford	17					
110	V40	Riches, Gary	Colchester & T	17					

Team Result

1	Havering M	127
2	Colchester H	156
3	Chelmsford	172
4	Orion H	183
5	Ilford	244
6	Billericay S	293
7	Thurrock H	314
8	Benfleet	367
9	Southend	369
10	Colchester & T	410
11	Thrift Green T	449
12	Springfield S	568
13	Braintree	722
14	Tiptree	758
15	Loughton	692 (5)
16	Basildon	78 (4)
17	Pitsea	648 (4)
18	W. Suffolk	70 (3)
19	Witham	294 (3)
20	Mid Essex C	371 (3)
21	Dagenham 88	494 (3)
22	Phoenix S	267 (2)