

Essex League Cross Country League Results

Courtesy of : -

Roy Meadowcroft (Chelmsford AC)

Dave Vidler (Basildon AC)

Two moans this week

We have had several people in complaining that the ladies result was not posted even though the race finished long before. Will teams please let us have the women's disks before the men's race finishes. Just 'cos the team manager is out running, it doesn't stop your ladies bringing their own disks in.

Also, many teams are turning up without their results slips, even though they are being sent out to club contacts. Will you please pass on to your athletes/Team managers who need them. If anyone want's copy forms, please e-mail Roy and he will send you an electronic copy.

Due to Dave's personal circumstances, Roy will be handling all queries this season

So Amendments to - [ra:ram190433@hotmail.co.uk](mailto:ram190433@hotmail.co.uk)

There will certainly be instances where age groups have not been identified properly, this will be especially true for Veterans. And the inevitable spelling errors where we couldn't read team manager's writing and then (Surely not) there will some typing errors on our part.

Please let ROY know if any changes are required. Don't be afraid to e-mail him.
If you don't tell us then we won't know so please e-mail him with a note of any alterations.
We won't be amending the results on this website, but will try to ensure that information is correct next time

Essex Cross Country League (2)

Sponsored by Runners Edge

Basildon

29/10/2011

U13 Boys

| Pos | Name | Team | Time |
|-----|-------------------|--------------|--------|
| 1 | Jones, Max | Basildon | 15: 14 |
| 2 | Thorpe, Brandon | Southend | 27 |
| 3 | Webb, Mason | Basildon | 32 |
| 4 | Haines, Ben | NEB - Guest | 33 |
| 5 | Kidd, Joe | Basildon | 45 |
| 6 | Richards, Daniel | Orion H | 48 |
| 7 | Williams, Max | CATS | 50 |
| 8 | Withers, Gus | Benfleet | 54 |
| 9 | Young, Jake | Colchester H | 16: 02 |
| 10 | Harknett, Lewis | Harlow | 04 |
| 11 | Cox, Michell | Basildon | 10 |
| 12 | Clarke, Joe | Orion H | 19 |
| 13 | Cantwell, Ollie | Basildon | 28 |
| 14 | Stantiall, Lewis | Chelmsford | 31 |
| 15 | Garrod, Dexter | Southend | 43 |
| 16 | Day, George | Orion H | 54 |
| 17 | Wakerley, Joe | Basildon | 57 |
| 18 | Smith, Sam | Thurrock H | 17: 00 |
| 19 | Westwood, Arron | Havering M | 05 |
| 20 | Walsh, Sam | Basildon | 34 |
| 21 | Quelch, Sam | Harlow | 35 |
| 22 | Woolfe, Jack | Southend | 44 |
| 23 | Barker, Christian | Harlow | 48 |
| 24 | Rushworth, Jamie | Harlow | 50 |
| 25 | Inch, James | Orion H | 18: 02 |
| 26 | Hollette, Michael | Havering M | 12 |
| 27 | Culham, Connor | Braintree | 19 |
| 28 | Cunnew, Daniel | Billericay S | 26 |
| 29 | Hart, George | Havering M | 33 |
| 30 | Graham, Shaun | Southend | 38 |

| | <u>Teams</u> | |
|----|-----------------------|---------------------|
| 31 | Ashley, Matthew | Basildon 41 |
| 32 | Peacham, Myles | Braintree 42 |
| 33 | Harknett, Owen | Harlow 19: 26 |
| 34 | Jordan, Toby | Southend 33 |
| 35 | Costin, Ben | Billericay S 44 |
| 36 | Prentice, Harry | Harlow 58 |
| 37 | Van Der Hook, Michael | Havering M 20: 43 |
| 38 | Rudgely, Eddie | Havering M 21: 32 |
| 39 | Pettitt, Alex | Basildon 22: 09 |
| 40 | Manning, Oliver | Billericay S 26: 17 |
| 41 | Boxer, Rhys | Billericay S 25 |
| 42 | Javid, Ibrahim | Orion H No: Time |

| | <u>Teams</u> | |
|----|--------------|--------|
| 1 | Basildon | 20 |
| 2 | Orion H | 59 |
| 3 | Southend | 69 |
| 4 | Harlow | 78 |
| 5 | Havering M | 111 |
| 6 | Billericay S | 144 |
| 7 | Braintree | 59 (2) |
| 8 | CATS | 7 (1) |
| 9 | Benfleet | 8 (1) |
| 10 | Colchester H | 9 (1) |
| 11 | Chelmsford | 14 (1) |
| 12 | Thurrock H | 18 (1) |

Essex Cross Country League (2)

Sponsored by Runners Edge

Basildon

29/10/2011

U15 Girls

| Pos | Name | Team | Time | | | | |
|------------|-----------------------|--------------|-------------|----|---------------|------------|--------|
| 1 | Tuckfield, Georgia | Orion | 17: 06 | 41 | Brooks, Emily | Chelmsford | 23: 41 |
| 2 | Holloway, Gemma | Thurrock | 18 | 42 | Mabo, Zoe | Havering M | 51 |
| 3 | Hallam, Lydia | Havering M | 37 | 43 | Clark, Megan | Basildon | 52 |
| 4 | Solis, Katy | Chelmsford | 57 | 44 | Heeley, Holly | Southend | 24: 50 |
| 5 | Smith, Millie | Chelmsford | 18: 14 | | | | |
| 6 | Jarvis, Emma | Southend | 16 | | | | |
| 7 | Aitmarri, Poppy | Basildon | 18 | | | | |
| 8 | Jones, Maisie | Basildon | 34 | | | | |
| 9 | Watts, Katherine | Colchester H | 48 | | | | |
| 10 | Ley, Emily | Chelmsford | 54 | | | | |
| 11 | Tidd, Olivia | Southend | 19: 08 | | | | |
| 12 | Venton, Cameron | Chelmsford | 19 | | | | |
| 13 | Eepeute, Serena | Orion | 24 | | | | |
| 14 | Ives, Isobel | Basildon | 32 | | | | |
| 15 | Surman-Wells, Heidi | Havering M | 42 | | | | |
| 16 | Fosker, Ami | CATS | 44 | | | | |
| 17 | Taylor, Sydney | Orion | 48 | | | | |
| 18 | Henderson, Madeleine | Billericay | 57 | | | | |
| 19 | Carr, Madeline | Orion | 20: 04 | | | | |
| 20 | Hicks, Sian | CATS | 09 | | | | |
| 21 | Kidwell, Lucy | Southend | 14 | | | | |
| 22 | Grant, Sophie | Orion | 17 | | | | |
| 23 | Head, Charlotte | Colchester H | 19 | | | | |
| 24 | Matthews-Smith, Annat | Southend | 20 | | | | |
| 25 | Smith, Francesca | Havering M | 24 | | | | |
| 26 | Storar, Lucy | Chelmsford | 28 | | | | |
| 27 | Williams, Megan | Chelmsford | 34 | | | | |
| 28 | Spink, Abigail | Havering M | 21: 09 | | | | |
| 29 | Nunn, Robbie | Havering M | 10 | | | | |
| 30 | Pointing, Daisy | Basildon | 10 | | | | |
| 31 | Avontur, Marlene | Chelmsford | 24 | | | | |
| 32 | Ewan, Joelle | Orion | 30 | | | | |
| 33 | Lynch, Lucy | Southend | 34 | | | | |
| 34 | Allali, Chaina | Thurrock | 35 | | | | |
| 35 | Rudgley, Zoe | Havering M | 52 | | | | |
| 36 | Lear, Louise | Havering M | 22: 02 | | | | |
| 37 | Kidd, Laura | Basildon | 02 | | | | |
| 38 | Aitmarri, Tilly | Basildon | 18 | | | | |
| 39 | Huggins, Jayne | Colchester H | 21 | | | | |
| 40 | Condon, Emily | Benfleet | 55 | | | | |

| <u>Teams</u> | | |
|--------------|--------------|--------|
| 1 | Chelmsford | 31 |
| 2 | Orion | 50 |
| 3 | Basildon | 59 |
| 4 | Southend | 62 |
| 5 | Havering M | 71 |
| 6 | Colchester H | 71 (3) |
| 7 | CATS | 36 (2) |
| 8 | Thurrock | 36 (2) |
| 9 | Billericay | 18 (1) |
| 10 | Benfleet | 40 (1) |

Essex Cross Country League (2)

Sponsored by Runners Edge

Basildon

29/10/2011

U15 Boys

| Pos | Name | Team | Time | <u>Team Scores</u> | |
|-----|-----------------------|--------------|--------|--------------------|------------------|
| 1 | Elliot, George | Chelmsford | 16: 00 | 31 Boyce, Matthew | Orion H 21 |
| 2 | Houchell, Adam | Basildon | 13 | 32 Hart, William | Havering M 47 |
| 3 | Nadin, James | Southend | 25 | 33 Harrod, Bailey | Braintree 27: 08 |
| 4 | Willmore, Lawrence | Southend | 33 | 34 Fribbens, Aaron | Braintree 18 |
| 5 | Ashley, Daniel | Basildon | 17: 29 | | |
| 6 | Charleston, Callum | Chelmsford | 33 | | |
| 7 | Thompson, Ed | Havering M | 36 | | |
| 8 | Deasy, Will | CATS | 37 | | |
| 9 | Cahill, Gary | Thurrock H | 38 | | |
| 10 | Mann, Josh | Southend | 41 | | |
| 11 | Davies, Stephen | Basildon | 42 | | |
| 12 | Ray, Joe | Southend | 48 | | |
| 13 | Blanks, Henry | Chelmsford | 52 | | |
| 14 | Cockrill, BEN | Southend | 18: 00 | | |
| 15 | Howard, Ben | Billericay S | 01 | | |
| 16 | Gray, Christian | Basildon | 02 | | |
| 17 | Wilson, Sean | Havering M | 06 | | |
| 18 | Weston, Charlie | Orion H | 12 | | |
| 19 | Baker, Charlie | Southend | 13 | | |
| 20 | Wellard-Jeffs, Daniel | Orion H | 15 | | |
| 21 | Nunn, Elliot | Havering M | 32 | | |
| 22 | Pattison, Ben | Orion H | 44 | | |
| 23 | Neall, James | Chelmsford | 59 | | |
| 24 | Hill, Adam | Havering M | 19: 15 | | |
| 25 | Woodgate, Robert | Havering M | 16 | | |
| 26 | Inwood, Zak | Southend | 23 | | |
| 27 | Le Mare, Dominic | Southend | 23 | | |
| 28 | Pitkin, Tom | Havering M | 56 | | |
| 29 | Wood, Chris | Braintree | 20: 22 | | |
| 30 | Redman, James | CATS | 22: 07 | | |

| <u>Teams</u> | |
|--------------|---------------------|
| 1 | Southend 29 |
| 2 | Basildon 34 |
| 3 | Chelmsford 43 |
| 4 | Havering M 69 |
| 5 | Orion H 91 |
| 6 | Braintree 96 (3) |
| 7 | CATS 38 (2) |
| 8 | Thurrock H 9 (1) |
| 9 | Billericay S 15 (1) |

Essex Cross Country League (2)

Sponsored by Runners Edge

Basildon

29/10/2011

U17 Men

| Pos | Name | Team | Time | Team Result | |
|------------|--------------------------|------------------|-------------|--------------------|-----------------------|
| 1 | Gikugu, Hoseah | Havering M`brook | 26: 33 | 1 | Southend 30 |
| 2 | Woodford, Stephen | Chelmsford | 27: 01 | 2 | Chelmsford 38 |
| 3 | Alexander, Joe | Colchester & Tnd | 39 | 3 | Colchester & Tnd 43 |
| 4 | Vandenbrande, Jens | Chelmsford | 48 | 4 | Havering M`brook 68 |
| 5 | Frith, Rob | Southend | 28: 13 | 5 | Orion 71 |
| 6 | Kyriakides, Oliver | Southend | 32 | 6 | Basildon 9 (1) |
| 7 | Robinson, Samuel | Chelmsford | 37 | 7 | Thurrock 12 (1) |
| 8 | Franklin, Ben | Southend | 48 | 8 | Benfleet 15 (1) |
| 9 | Hersom, Ryan | Basildon | 49 | 9 | Colchester H`s 21 (1) |
| 10 | Gibbon, Joe | Colchester & Tnd | 29: 25 | 10 | Ilford 27 (1) |
| 11 | Stennett, Richard | Southend | 36 | | |
| 12 | Finch, Alec | Thurrock | 48 | | |
| 13 | Jones, George | Colchester & Tnd | 30: 03 | | |
| 14 | Silverstone, Ben | Orion | 06 | | |
| 15 | Hall, James | Benfleet | 25 | | |
| 16 | Hoy, George | Orion | 48 | | |
| 17 | Thompson, James | Colchester & Tnd | 59 | | |
| 18 | Baron, Tate | Southend | 31: 25 | | |
| 19 | Waller, Jack | Orion | 56 | | |
| 20 | Shade, Nick | Havering M`brook | 32: 05 | | |
| 21 | Clarke, Robert | Colchester H`s | 19 | | |
| 22 | Chrisotomou, Alex | Orion | 56 | | |
| 23 | Grieveson, Luke | Havering M`brook | 33: 35 | | |
| 24 | Brennan, Tom | Havering M`brook | 42 | | |
| 25 | Rae, Arran | Chelmsford | 44 | | |
| 26 | Minton-Branford, Gregory | Chelmsford | 35: 08 | | |
| 27 | King, Tom | Ilford | 39: 45 | | |

Essex Cross Country League (2)

Sponsored by Runners Edge

Basildon

29/10/2011

U17/U20W

| Pos | Age Gp | Name | Team | Time | | <u>Team Result</u> | |
|-----|--------|--------------------|--------------|--------|---|--------------------|--------|
| 1 | U17 | Riches, Sophie | Chelmsford | 19: 15 | 1 | Chelmsford | 21 |
| 2 | U17 | Johanson, Kim | Chelmsford | 20: 26 | 2 | Basildon | 30 |
| 3 | U17 | Redgrave, Sam | Colchester H | 41 | 3 | Havering M | 41 |
| 4 | U20 | Phillips, Gemma | Havering M | 44 | 4 | Southend | 80 |
| 5 | U17 | Dodd, Kaylee | Basildon | 46 | 5 | Colchester H | 53 (3) |
| 6 | U17 | Johnson, Eleanor | Basildon | 49 | 6 | W Suffolk | 42 (2) |
| 7 | U20 | Tuttlebury, Katie | Chelmsford | 51 | 7 | CATS | 25 (1) |
| 8 | U17 | Woods, Bella | Havering M | 55 | 8 | | |
| 9 | U17 | Bullis, Emily | Basildon | 21: 02 | | | |
| 10 | U17 | Peel, Jade | Basildon | 04 | | | |
| 11 | U20 | Johnstone, Sophie | Chelmsford | 14 | | | |
| 12 | U17 | Hall, Beth | Havering M | 27 | | | |
| 13 | U20 | Webb, Amy | Basildon | 33 | | | |
| 14 | U17 | Wade, Rebecca | Chelmsford | 40 | | | |
| 15 | U20 | Gillard, Holly | Southend | 41 | | | |
| 16 | U17 | Crofts, Sophie | Chelmsford | 22: 10 | | | |
| 17 | U17 | McLachlan, Lindsay | Havering M | 26 | | | |
| 18 | U17 | Lacey, Jordan | Southend | 26 | | | |
| 19 | U17 | Garnett, Aimee | Chelmsford | 40 | | | |
| 20 | U17 | Tooley, Beth | W Suffolk | 45 | | | |
| 21 | U17 | Imbush, Sarah | Southend | 48 | | | |
| 22 | U20 | Baker, Emily | W Suffolk | 50 | | | |
| 23 | U17 | Huggins, Molly | Colchester H | 53 | | | |
| 24 | U17 | Houchell, Emma | Basildon | 23: 30 | | | |
| 25 | U17 | Crowhurst, Lisa | CATS | 58 | | | |
| 26 | U17 | Crowe, Emily | Southend | 24: 27 | | | |
| 27 | U17 | Morgan, Paige | Colchester H | 32 | | | |
| 28 | U17 | Loynes, Avril | Havering M | 25: 16 | | | |
| 29 | U20 | Ballard, Emily | Basildon | 22 | | | |
| 30 | U17 | Sullivan, Shannon | Havering M | 26: 08 | | | |
| 31 | U17 | Wiggins, Lindsey | Havering M | 30 | | | |
| 32 | U17 | Easdon, Zoe | Basildon | 48 | | | |

Essex Cross Country League (2)

Sponsored by Runners Edge

Basildon

29/10/2011

Senior Women

| Pos | Age Gp | Name | Team | Time | Pos | Age Gp | Name | Team | Time |
|-----|--------|---------------------|-----------------|--------|-----|--------|-------------------|---------------|--------|
| 1 | U17 | Judd, Jessica | Chelmsford | 27: 43 | 61 | V55 | Vine, Susan | Phoenix | 45 |
| 2 | SW | Joel, Alexa | Haverling M | 56 | 62 | V35 | Maslen, Nicola | Phoenix | 52 |
| 3 | SW | Fullerton, Faye | Haverling M | 28: 10 | 63 | V55 | Hobbs, Jean | Loughton | 56 |
| 4 | V35 | Appleton, Debbie | Haverling M | 29: 33 | 64 | SW | Lyon, Ellena | Phoenix | 46: 17 |
| 5 | SW | Rogers, Nicola | Basildon | 38 | 65 | V45 | Lyon, Nicky | Phoenix | 34 |
| 6 | SW | Whitfield, Anna | Basildon | 30: 34 | 66 | SW | Westwood, Bobby | Haverling M | 47: 04 |
| 7 | SW | Thurgood, Claire | Orion H | 32: 03 | 67 | SW | Saunders, Wendy | Dagenham 88 | 33 |
| 8 | SW | Sutton, Carys | Chelmsford | 31 | 68 | V35 | Callaghan, Nicole | Springfield S | 33 |
| 9 | SW | Jeffery, Sarah | Southend | 33: 25 | 69 | SW | Knowles, Sarah | Springfield S | 48: 17 |
| 10 | V35 | Morley, Denise | Colchester H | 46 | 70 | V45 | Hawkins, Nicola | Phoenix | 24 |
| 11 | V35 | Stunt, Catherine | Benfleet | 49 | 71 | v45 | Stanton, Sandra | Springfield S | 24 |
| 12 | SW | Latham, Louisa | Benfleet | 50 | 72 | V45 | Goodwin, Sarah | Springfield S | 47 |
| 13 | SW | Brown, Grace | Basildon | 52 | 73 | V45 | Potter, Dawn | Springfield S | 58 |
| 14 | V35 | Lagden, Natasha | Southend | 34: 00 | 74 | V45 | Petersen, Irena | Loughton | 49: 08 |
| 15 | V35 | Mhlanga, Sally | Chelmsford | 16 | 75 | U20 | Timpson, Melissa | Orion H | 39 |
| 16 | V35 | Sullivan, Jo | Haverling M | 57 | 76 | V45 | Harwood, Gwen | Loughton | 52 |
| 17 | SW | Real, Helen | Loughton | 35: 14 | 77 | V45 | Davis, Michaela | Loughton | 51: 58 |
| 18 | SW | Baglin, Claire | Billericay S | 28 | 78 | SW | Duggan, Anne | Dagenham 88 | 52: 53 |
| 19 | V35 | Flannigan, Rachel | Pitsea | 30 | 79 | V45 | Bannock, Sue | Phoenix | 56: 26 |
| 20 | SW | Thompson, Angela | Haverling M | 47 | 80 | V45 | Burston, Nicola | Phoenix | 29 |
| 21 | SW | Cumner, Ellie | Colchester & T | 50 | 81 | SW | Espeute, Heather | Orion H | 60: 19 |
| 22 | V35 | Gaffney, Lorna | Loughton | 36: 00 | | | | | |
| 23 | SW | Francis, Debra | Benfleet | 14 | | | | | |
| 24 | V45 | Caulfield, Michelle | Braintree | 17 | | | | | |
| 25 | SW | Slack, Debbie | Benfleet | 23 | | | | | |
| 26 | V35 | Gifford, Sian | Colchester & T | 24 | | | | | |
| 27 | V35 | Pyle, Nicola | Springfield S | 27 | | | | | |
| 28 | SW | Inch, Christine | Orion H | 28 | | | | | |
| 29 | V45 | McCarthy, Maureen | West Suffolk | 52 | | | | | |
| 30 | V35 | Driver, Sarah | Thurrock H | 57 | | | | | |
| 31 | V55 | Tanner, Lynn | Springfield S | 37: 02 | | | | | |
| 32 | V35 | Pinner, Jayne | Thrift Green T | 16 | | | | | |
| 33 | SW | Smith, Ella | Orion H | 17 | | | | | |
| 34 | V45 | Shillaker, Gaye | Loughton | 27 | | | | | |
| 35 | SW | Pegg, Hayley | Chelmsford | 37 | | | | | |
| 36 | V45 | Crisp, Dianne | Ilford | 55 | | | | | |
| 37 | V45 | Moore, Melanie | Colchester H | 57 | | | | | |
| 38 | SW | Taylor, Alison | Orion H | 59 | | | | | |
| 39 | V35 | Mathers, Vanessa | Southend | 38: 00 | | | | | |
| 40 | V45 | Ling, Melanie | Southend | 12 | | | | | |
| 41 | V45 | Heeks, Anne | Loughton | 22 | | | | | |
| 42 | V35 | Clayton, Fran | Haverling M N/S | 43 | | | | | |
| 43 | SW | Timbrell, Jodie | Thrift Green T | 51 | | | | | |
| 44 | V45 | Panting, Mel | Southend | 59 | | | | | |
| 45 | V35 | Rolerkite, Lindsey | Braintree | 39: 25 | | | | | |
| 46 | V45 | Sheffield, Josie | Braintree | 41 | | | | | |
| 47 | V35 | Stannard, Annette | Southend | 59 | | | | | |
| 48 | V35 | Baker, Amanda | Southend | 40: 21 | | | | | |
| 49 | V45 | Wooler, Dianne | Colchester & T | 45 | | | | | |
| 50 | V35 | Hallam, Jane | Haverling M | 41: 26 | | | | | |
| 51 | V45 | Minton, Tracey | Chelmsford | 48 | | | | | |
| 52 | SW | Cottenham, Alex | Loughton | 42: 01 | | | | | |
| 53 | V35 | Williams, Kirsty | Springfield S | 16 | | | | | |
| 54 | V45 | Crompton, Sue | Southend | 22 | | | | | |
| 55 | V45 | Fribbens, Dorinda | Braintree | 39 | | | | | |
| 56 | V45 | De Smedt, Beryl | Phoenix | 43 | | | | | |
| 57 | V35 | Roberts, Ruth | Phoenix | 54 | | | | | |
| 58 | V45 | Smith, Debbie | Phoenix | 44: 04 | | | | | |
| 59 | SW | Buckler, Roma | Phoenix | 25 | | | | | |
| 60 | V45 | Whiffen, Jo | Loughton | 33 | | | | | |

Team Result

| | | |
|----|----------------|---------|
| 1 | Haverling M | 25 |
| 2 | Chelmsford | 59 |
| 3 | Benfleet | 71 |
| 4 | Southend | 102 |
| 5 | Orion H | 106 |
| 6 | Loughton | 114 |
| 7 | Braintree | 170 |
| 8 | Springfield S | 179 |
| 9 | Phoenix | 230 |
| 10 | Basildon | 24 (3) |
| 11 | Colchester & T | 96 (3) |
| 12 | Colchester H | 47 (2) |
| 13 | Thrift Green T | 75 (2) |
| 14 | Dagenham 88 | 145 (2) |
| 15 | Billericay S | 18 (1) |
| 16 | Pitsea | 19 (1) |
| 17 | West Suffolk | 29 (1) |
| 18 | Thurrock H | 30 (1) |
| 19 | Ilford | 36 (1) |

Essex Cross Country League (2)

| <u>Basildon</u> | | | | | <u>29-Oct-11</u> | | | | | <u>Senior Men</u> | | | | |
|-----------------|--------|----------------------|----------------|--------|------------------|--------|---------------------|----------------|--------|-------------------|--------|------|------|------|
| Pos | Age Gp | Name | Team | Time | Pos | Age Gp | Name | Team | Time | Pos | Age Gp | Name | Team | Time |
| 1 | SM | Hickey, Adam | Southend | 26: 22 | 104 | V50 | O'Doherty, Gerry | Billericay S | 36: 07 | | | | | |
| 2 | SM | Mussett, Adrian | Colchester H | 27: 06 | 105 | V40 | Judd, Mike | Chelmsford | 15 | | | | | |
| 3 | U20 | Short, Alex | Chelmsford | 11 | 106 | U20 | Earney, Derek | Havering M | 18 | | | | | |
| 4 | SM | Warner, Rob | Havering M | 41 | 107 | SM | Harper-Brown, Gavin | Loughton | 28 | | | | | |
| 5 | SM | Gardner, Tom | Ilford | 28: 00 | 108 | V40 | Morgan, Simon | Tiptree | 33 | | | | | |
| 6 | U20 | Law, Andy | Basildon | 25 | 109 | SM | Whitehouse, Jon | Loughton | 34 | | | | | |
| 7 | SM | Windley, Tristan | Springfield S | 36 | 110 | V60 | Binns, Peter | Southend | 36 | | | | | |
| 8 | SM | Pickering, Lee | Chelmsford | 42 | 111 | SM | Webb, Jack | Ilford | 45 | | | | | |
| 9 | SM | Whittaker, Steve | Chelmsford | 29: 01 | 112 | SM | Cerny, Michael | Benfleet | 48 | | | | | |
| 10 | SM | Wright, Will | Chelmsford | 04 | 113 | V40 | Aitmarri, Mbarck | Basildon | 50 | | | | | |
| 11 | SM | Nunn, Jamie | Billericay S | 13 | 114 | V60 | Green, Roger | Orion H | 54 | | | | | |
| 12 | SM | Rand, Steve | Havering M | 25 | 115 | V40 | Mack, Martin | Thurrock H | 58 | | | | | |
| 13 | V40 | Smalls, Allen | Colchester H | 30 | 116 | V50 | Taylor, Rob | Dagenham 88 | 37: 00 | | | | | |
| 14 | U20 | Gillard, Rhys | Southend | 37 | 117 | V60 | Nixon, Tony | Ilford | 06 | | | | | |
| 15 | U20 | Youell, Chris | Chelmsford | 38 | 118 | V50 | Skinner, Ted | Tiptree | 14 | | | | | |
| 16 | V40 | Rice, Scott | Thurrock H | 41 | 119 | V40 | Marsh, Pat | Colchester H | 20 | | | | | |
| 17 | U20 | Richards, Alex | Ilford | 45 | 120 | V40 | Glover, Ian | Southend | 25 | | | | | |
| 18 | SM | Fryer, John | Colchester H | 47 | 121 | SM | Tyson, David | Loughton | 32 | | | | | |
| 19 | V40 | Bland, Matt | Havering M | 48 | 122 | SM | Coulson, Myles | Braintree | 36 | | | | | |
| 20 | V40 | Mancer, Jez | Benfleet | 52 | 123 | V40 | Spain, Dave | Benfleet | 48 | | | | | |
| 21 | SM | OTHER, AN | NEB | 56 | 124 | V40 | Dawson, Jim | Orion H | 48 | | | | | |
| 22 | V40 | Hampstead, Spencer | Ilford | 57 | 125 | V40 | Daniel, Graham | Thrift Green T | 38: 01 | | | | | |
| 23 | V40 | Barker, John | Thrift Green T | 58 | 126 | SM | Bridges, Paul | Springfield S | 08 | | | | | |
| 24 | SM | Briggs, Mike | Benfleet | 30: 06 | 127 | V60 | Adams, Bill | Dagenham 88 | 09 | | | | | |
| 25 | SM | Wilson, Simon | Southend | 09 | 128 | V50 | Hall, Graham | Orion H | 23 | | | | | |
| 26 | U20 | Parker, Charlie | Southend | 11 | 129 | V60 | Butcher, Brian | Mid Essex C | 27 | | | | | |
| 27 | SM | Peck, Colin | Springfield S | 15 | 130 | V50 | Brockington, Tim | Springfield S | 37 | | | | | |
| 28 | SM | Johnson, David | Chelmsford | 18 | 131 | V50 | Johnson, Bernard | Thurrock H | 45 | | | | | |
| 29 | SM | Lendon, Jason | Havering M | 21 | 132 | V40 | Rayney, Duncan | Loughton | 50 | | | | | |
| 30 | SM | Moses, Daniel | Orion H | 26 | 133 | SM | Burgess, Ian | Thurrock H | 39: 01 | | | | | |
| 31 | SM | Jones, Ben | Ilford | 58 | 134 | V50 | Williams, Roy | Thrift Green T | 15 | | | | | |
| 32 | U20 | Edwards, Adam | Havering M | 34 | 135 | V60 | Jackson, Keith | Pitsea | 19 | | | | | |
| 33 | V40 | Ridley, Colin | W. Suffolk | 39 | 136 | V40 | Gwyn-Williams, Seb | Witham | 23 | | | | | |
| 34 | SM | Booty, Graham | Benfleet | 43 | 137 | V50 | Howard, Gary | Havering M | 26 | | | | | |
| 35 | SM | Allworthy, David | Colchester H | 45 | 138 | V50 | Russell, Jim | Pitsea | 31 | | | | | |
| 36 | V40 | Spowage, Paul | Colchester H | 48 | 139 | V60 | Walker, Keith | Billericay S | 35 | | | | | |
| 37 | SM | Smale, Peter | Southend | 31: 19 | 140 | V50 | Hadgraft, Rob | Tiptree | 38 | | | | | |
| 38 | U20 | Smale, David | Southend | 19 | 141 | V50 | Newman, Graeme | Benfleet | 42 | | | | | |
| 39 | V40 | Clark, Alan | Benfleet | 27 | 142 | SM | Footer, Chris | Phoenix S | 49 | | | | | |
| 40 | SM | Chester, Martin | Havering M | 30 | 143 | SM | Frost, Robert | Phoenix S | 55 | | | | | |
| 41 | SM | Gibby, Rob | Colchester H | 34 | 144 | V40 | Cajill, G | Thurrock H | 58 | | | | | |
| 42 | SM | Game, Anthony | Thrift Green T | 38 | 145 | V50 | Whiffen, Jim | Loughton | 40: 08 | | | | | |
| 43 | V40 | Freeman, Jeremy | Chelmsford | 46 | 146 | SM | Wiles, Dace | Thrift Green T | 19 | | | | | |
| 44 | SM | McGoun, Neil | Orion H | 55 | 147 | v50 | , Patrick | Dagenham 88 | 29 | | | | | |
| 45 | U20 | Cross, Dennis | Thurrock H | 57 | 148 | V40 | Jordan, Simon | Phoenix S | 31 | | | | | |
| 46 | SM | Wandasiewicz, Nelson | Thrift Green T | 59 | 149 | V50 | Cheal, Steve | Ilford | 35 | | | | | |
| 47 | SM | Newell, Kevin | Ilford | 32: 04 | 150 | V50 | Lane, Dave | Phoenix S | 40 | | | | | |
| 48 | V50 | Shelley, Eamon | Thurrock H | 07 | 151 | SM | Miller, Danny | Dagenham 88 | 47 | | | | | |
| 49 | SM | Lyne, Eliot | Colchester H | 09 | 152 | SM | Rebel, Steven | Thrift Green T | 55 | | | | | |
| 50 | SM | Neugebauer, James | Springfield S | 10 | 153 | V50 | Bulaitus, Peter | Orion H | 41: 01 | | | | | |
| 51 | U20 | Strange, Stephen | Basildon | 17 | 154 | V70 | Ross, Charlie | Chelmsford | 12 | | | | | |
| 52 | SM | Raven, Stuart | Springfield S | 20 | 155 | V40 | Speed, Neil | Braintree | 20 | | | | | |
| 53 | V40 | O'Neill, Ian | Thrift Green T | 21 | 156 | V60 | Smith, George | Thrift Green T | 21 | | | | | |
| 54 | SM | Cohen, Steffan | Benfleet | 25 | 157 | V40 | Cardnell, Gary | Dagenham 88 | 35 | | | | | |
| 55 | SM | Anthony, Ian | Havering M | 30 | 158 | V40 | Hocken, Adam | Witham | 58 | | | | | |
| 56 | SM | Spooner, Terry | Benfleet | 36 | 159 | V50 | Frith, Ramon | Southend | 42: 20 | | | | | |
| 57 | SM | Coen, Tom | Springfield S | 40 | 160 | V40 | Sibley, Trevor | Braintree | 33 | | | | | |
| 58 | V40 | Lawless, Don | Thurrock H | 43 | 161 | V40 | Walter, Raalph | Southend | 56 | | | | | |
| 59 | SM | Collins, Neil | Havering M | 44 | 162 | V40 | Fribbens, Mark | Braintree | 43: 05 | | | | | |
| 60 | V40 | Crisp, Neil | Ilford | 45 | 163 | SM | Boyd, James | Phoenix S | 29 | | | | | |
| 61 | V50 | Metcalfe, John | Thurrock H | 51 | 164 | V70 | Rosbrook, Mike | Orion H | 48 | | | | | |
| 62 | V40 | Hart, Simon | Havering M | 53 | 165 | V40 | Timpson, Steve | Orion H | 44: 13 | | | | | |
| 63 | V50 | Jeggio, Paul | Springfield S | 59 | 166 | V50 | Georgiou, George | Loughton | 15 | | | | | |
| 64 | V40 | Freeman, Paul | Chelmsford | 33: 00 | 167 | V40 | Mitchell, Barry | Braintree | 46: 07 | | | | | |
| 65 | V40 | Cole, Leo | Witham | 01 | 168 | V60 | Linton, Ian | Tiptree | 23 | | | | | |
| 66 | U20 | Millar, Alan | Southend | 02 | 169 | V60 | Hobbs, David | Loughton | 30 | | | | | |
| 67 | V40 | Marchant, Dave | Thurrock H | 03 | 170 | V60 | Dedman, Peter | Orion H | 47: 08 | | | | | |
| 68 | V40 | Grout, Mike | Benfleet | 07 | 171 | V70 | Dawson, Ron | Southend | 24 | | | | | |
| 69 | V40 | Broadbent, Quinn | Orion H | 14 | 172 | V40 | Hallam, Neal | Southend | 48: 15 | | | | | |
| 70 | V50 | Jacob, Kevin | Billericay S | 18 | 173 | V50 | Perry, Steve | Springfield S | 38 | | | | | |
| 71 | V50 | Boyer, Ross | Braintree | 26 | 174 | V40 | Charlton, Ray | Springfield S | 38 | | | | | |
| 72 | V40 | Wisken, Greg | Mid Essex C | 36 | 175 | V50 | Kevany, Jim | Phoenix S | 51 | | | | | |
| 73 | V50 | Purse, Chris | Springfield S | 38 | 176 | V50 | Hoskyn, John | Springfield S | 50: 35 | | | | | |
| 74 | SM | Cops, Matt | Benfleet | 43 | 177 | V50 | Mills, Eddie | Phoenix S | 52: 03 | | | | | |
| 75 | SM | Rolle, Andrew | Thurrock H | 47 | 178 | V60 | Adams, Doug | Dagenham 88 | 53: 44 | | | | | |
| 76 | SM | Sterling, Craig | Benfleet | 53 | 179 | V60 | Potter, Malcolm | Springfield S | 64: 13 | | | | | |
| 77 | U20 | Dendani, Massi | Havering M | 55 | | | | | | | | | | |
| 78 | SM | Mills, Rob | Springfield S | 55 | | | | | | | | | | |
| 79 | SM | Taylor, Lee | Southend | 34: 00 | | | | | | | | | | |
| 80 | SM | Riches, Gary | Colchester & T | 07 | | | | | | | | | | |
| 81 | V50 | Cooper, Melvyn | Thrift Green T | 08 | | | | | | | | | | |
| 82 | SM | Watson, Stuart | Benfleet | 23 | | | | | | | | | | |
| 83 | SM | Knight, Nick | Thrift Green T | 29 | | | | | | | | | | |
| 84 | V40 | Rankin, Nick | Benfleet | 30 | | | | | | | | | | |
| 85 | SM | Johnson, David | Thurrock H | 37 | | | | | | | | | | |
| 86 | SM | Syrett, J | Thurrock H | 46 | | | | | | | | | | |
| 87 | v50 | Sexton, Kevin | Benfleet | 52 | | | | | | | | | | |
| 88 | V50 | Stukas, Paul | Springfield S | 54 | | | | | | | | | | |
| 89 | V40 | Smale, Simon | Southend | 57 | | | | | | | | | | |
| 90 | SM | Joslin, Gary | Springfield S | 35: 07 | | | | | | | | | | |
| 91 | V40 | Jarvis, Greg | Southend | 09 | | | | | | | | | | |
| 92 | V40 | Berrett, Paul | Havering M | 12 | | | | | | | | | | |
| 93 | V40 | Kennedy, Andy | Benfleet | 17 | | | | | | | | | | |
| 94 | SM | Fleming, Roy | Billericay S | 21 | | | | | | | | | | |
| 95 | V50 | Catton, Andy | Ilford | 24 | | | | | | | | | | |
| 96 | SM | Marsh, Anthony | Springfield S | 33 | | | | | | | | | | |
| 97 | V40 | Green-Leigh, Dave | Basildon N/S | 38 | | | | | | | | | | |
| 98 | SM | Turnbull, Stuart | Mid Essex C | 39 | | | | | | | | | | |
| 99 | V50 | Bumstead, Mike | Thurrock H | 44 | | | | | | | | | | |
| 100 | SM | Snowden, Chris | Springfield S | 50 | | | | | | | | | | |
| 101 | V60 | Sharp, Stephen | Thrift Green T | 54 | | | | | | | | | | |
| 102 | U20 | Akiktokan, Akeem | Basildon | 57 | | | | | | | | | | |
| 103 | V50 | Tullett, Peter | Chelmsford | 59 | | | | | | | | | | |

| <u>Team Result</u> | | |
|--------------------|----------------|---------|
| 1 | Chelmsford | 73 |
| 2 | Havering M | 136 |
| 3 | Southend | 141 |
| 4 | Colchester H | 145 |
| 5 | Ilford | 182 |
| 6 | Benfleet | 227 |
| 7 | Springfield S | 256 |
| 8 | Thurrock H | 295 |
| 9 | Thrift Green T | 328 |
| 10 | Orion H | 509 |
| 11 | Loughton | 780 |
| 12 | Braintree | 837 |
| 13 | Dagenham 88 | 876 |
| 14 | Phoenix S | 921 |
| 15 | Billericay S | 418 (5) |
| 16 | Basildon | 272 (4) |
| 17 | Tiptree | 534 (4) |
| 18 | Mid Essex C | 299 (3) |
| 19 | Witham | 359 (3) |
| 20 | Pitsea | 273 (2) |
| 21 | W. Suffolk | 33 (1) |
| 22 | Colchester & T | 80 (1) |

Basildon AC - Open U11 Girls Race

Basildon

29/10/2011

U11 Girls

| Pos | ID | Name | Club | Time |
|-----|-----|--------------------|------------|--------|
| 1 | 216 | Rebecca Brown | Havering | 8: 40 |
| 2 | 267 | Heidi Tanyi | Orion | 47 |
| 3 | 257 | Courtney Gordon | Braintree | 51 |
| 4 | 206 | Aika McAlpin | Hornchurch | 57 |
| 5 | 245 | Katy Fenner | Basildon | 9: 05 |
| 6 | 224 | Georgia Harrod | Braintree | 23 |
| 7 | 208 | Catherine Barker | Havering | 25 |
| 8 | 202 | Hannah Ebsworth | Basildon | 27 |
| 9 | 265 | Megan Penfold | Orion | 30 |
| 10 | 219 | Chloe Maloney | Braintree | 34 |
| 11 | 247 | Laura Barker | Harlow | 35 |
| 12 | 215 | Emily Kidd | Basildon | 39 |
| 13 | 209 | Katie Woodstock | Harlow | 43 |
| 14 | 222 | Morgan Harrod | Braintree | 44 |
| 15 | 256 | Elena Demetrios | Orion | 46 |
| 16 | 203 | Jade Quinn-Berry | Harlow | 50 |
| 17 | 220 | Chloe Nation | Benfleet | 52 |
| 18 | 238 | Elsbeth Brennan | Basildon | 53 |
| 19 | 261 | Abigail Peacham | Braintree | 53 |
| 20 | 250 | Sophie Weatheridge | Basildon | 58 |
| 21 | 241 | Lauren Walters | Braintree | 10: 04 |
| 22 | 243 | Bethany Chambers | Orion | 23 |
| 23 | 225 | Chloe May | Braintree | 28 |
| 24 | 237 | Ellie Calvert | St Josephs | 31 |
| 25 | 217 | Adriana Thatcher | Basildon | 33 |
| 26 | 239 | Danielle Hartin | St Josephs | 51 |
| 27 | 235 | Macey French | St Josephs | 55 |
| 28 | 218 | Shaunn Attille | St Josephs | 56 |
| 29 | 214 | Lucy Newnham | Silchester | 58 |
| 30 | 260 | Rebecca Ashley | Basildon | 59 |

| Pos | ID | Name | Club | Time |
|-----|-----|----------------------|------------|--------|
| 31 | 264 | Genevieve Pate | Benfleet | 11: 01 |
| 32 | 201 | Charlotte George | Basildon | 08 |
| 33 | 258 | Charlotte Tyler | Basildon | 09 |
| 34 | 248 | Lottie Inson | Benfleet | 27 |
| 35 | 233 | Ellie Burford | St Josephs | 12: 49 |
| 36 | 251 | Jamie Sullivan-Scott | Havering | 13: 10 |
| 37 | 259 | Lauren Lewis | St Josephs | 13: 27 |

Team Result

| | | |
|---|--------------|-----|
| 1 | Braintree | 33 |
| 2 | Basildon | 43 |
| 3 | Orion | 48 |
| 4 | St Josephs | 105 |
| 5 | Basildon 'B' | 107 |

Basildon AC - Open U11 Boys Race

Basildon

29/10/2011

U11 Boys

| Pos | ID | Name | Club | Time | Team Result | |
|-----|-----|-------------------|------------|--------|--------------|----|
| 1 | 266 | Thomas Keevil | Chelmsford | 7: 32 | 1 Basildon | 30 |
| 2 | 211 | Alfie Poole | Woodford | 45 | 2 St Josephs | 65 |
| 3 | 205 | Bailey Hearne | Hornchurch | 8: 04 | | |
| 4 | 229 | Luke Dooley | Basildon | 25 | | |
| 5 | 223 | Matthew Houtchell | Basildon | 29 | | |
| 6 | 207 | Tom McAllister | Hornchurch | 32 | | |
| 7 | 263 | Azar Aitmarri | Basildon | 38 | | |
| 8 | 240 | Harry Sampson | Earls Hall | 40 | | |
| 9 | 262 | Oscar Gray | Braintree | 42 | | |
| 10 | 244 | Lewis Powell | Hill Mead | 46 | | |
| 11 | 242 | George Harris | St Josephs | 48 | | |
| 12 | 231 | Cameron Campbell | Orion | 58 | | |
| 13 | 246 | Samuel Rex | Holt Farm | 9: 09 | | |
| 14 | 232 | Ewan Sturgeon | Basildon | 11 | | |
| 15 | 227 | Joe Gladman | St Josephs | 42 | | |
| 16 | 213 | Ollie Newnham | Silchester | 10: 11 | | |
| 17 | 228 | Kean Culham | Braintree | 39 | | |
| 18 | 230 | Bradley Trickett | Benfleet | 58 | | |
| 19 | 221 | Eddie Whitehair | St Josephs | 11: 02 | | |
| 20 | 249 | Lewis Lawton | St Josephs | 02 | | |
| 21 | 234 | Elliot Coulson | Braintree | 04 | | |
| 22 | 236 | Matthew Lewis | St Josephs | 14 | | |
| 23 | 210 | Memphis Ablorh | St Josephs | 16 | | |
| 24 | 226 | Sam Gladman | St Josephs | 21 | | |
| 25 | 204 | Bradley Hicks | CATS | 59 | | |