

Essex League Cross Country League Results

Courtesy of : -

Chris Akehurst (Colchester H)

Roy Meadowcroft (Chelmsford AC)

Dave Vidler (Basildon AC)

Chris is now really getting to grips with the little puzzles that we are set by Team Managers at each match and feels ready to take amendments this time, so....

So for this event, amendments to chris.akehurst@tesco.net

There will certainly be instances where age groups have not been identified properly, this will be especially true for Veterans.

And the inevitable spelling errors where we couldn't read team manager's writing and then (Surely not) there will some typing errors on our part.

Please let Chris know if any changes are required. Don't be afraid to e-mail him.

If you don't tell us then we won't know so please e-mail him with a note of any alterations.

We won't be amending the results on this website, but will try to ensure that information is correct next time

Essex Cross Country League (2)
Sponsored by Runners Edge

Colchester

10/11/2012

U13 Girls

Pos	Name	Team	Time	Pos	Name	Team	Time
1	Mhlanga, Khahisa	Chelmsford	11: 59				
2	Murphy, Lauren	W Suffolk	12: 41				
3	Newton, Megan	W Suffolk	50				
4	Mills, Isobel	Orion H	13: 16				
5	Lovegrove, Emma	Chelmsford	18				
6	Callagher, Nancy	Orion H	26				
7	Mitchell, Jessica	Havering M	26				
8	Paxman, Megan	Chelmsford	37				
9	Whyte, Amie	Harlow	39				
10	Millar, Katie	Colchester H	39				
11	Gordon, Courtney	Braintree	48				
12	Sharpe, Emily	Orion H	59				
13	Woollett, Lilly	Chelmsford	14: 02				
14	O'Neill, Kate	Havering M	16				
15	Samuels, Meghan	Southend	21				
16	Blackman, Darcy	Basildon	36				
17	James, Emily	Havering M	42				
18	Donaghue, Emily	CATS	57				
19	Kennedy, Aoife	CATS	15: 04				
20	Walter, Natasha	Southend	15				
21	Courtney, Megan	Colchester H	49				
22	MacLeod, Grace	Havering M	49				
23	McAlpine, Olivia	Havering M	50				
24	Brookes, Hannah	Chelmsford	52				
25	Pate, Genevieve	Benfleet	54				
26	Norman, Zoe	Chelmsford	16: 21				
27	Coiley, Beth	Colchester H	31				
28	Brett, Megan	CATS	40				
29	Hallam, Macey	Southend	41				
30	Azarmi, Darya	Colchester H	17: 04				
31	Patridge, Daisy	Braintree	39				
32	, Nicole	Braintree	18: 18				
33	Barker, Lauren	Harlow	42				
34	Gurten, Melissa	Braintree	19: 00				
35	Phelps, Tish	East Essex Tri	21: 32				

<u>Teams</u>		
1	Chelmsford	27
2	Havering M	60
3	Colchester H	88
4	Braintree	108
5	Orion H	22 (3)
6	Southend	64 (3)
7	CATS	65 (3)
8	W Suffolk	5 (2)
9	Harlow	42 (2)
10	Basildon	16 (1)
11	Benfleet	25 (1)
12	East Essex Tri	35 (1)

Essex Cross Country League (2)
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U13 Boys

Pos	Name	Team	Time
1	Wright, Toby	Southend	11: 33
2	Webb, Mason	Basildon	48
3	Williams, Max	CATS	49
4	Harknett, Lewis	Harlow	54
5	Young, Jake	Colchester H	12: 01
6	McCarthy, Thomas	W Suffolk	04
7	Clark, Joe	Orion H	13
8	Olley, Drew	Colchester H	38
9	Wakerley, Joe	Basildon	46
10	Gill, Luke	East Essex Tri	49
11	Foot, Joss	Orion H	51
12	Jordan, Toby	Southend	54
13	Wood, James	Orion H	56
14	Harvey, Lewis	Southend	58
15	Offiler, Jake	Orion H	59
16	Harknett, Owen	Harlow	13: 00
17	Hearne, Bailey	Havering M	01
18	Barker, Christian	Harlow	04
19	Exley, Jack	Thurrock H	06
20	Chivers, Liam	Thurrock H	07
21	Scott, Reece	Thurrock H	08
22	Westwood, Aaron	Havering M	10
23	Saggers, Elliott	Southend	13
24	Hay, George	Chelmsford	21
25	Davies, Kieron	Havering M	22
26	Hudson, J	Southend	26
27	Bath, Oliver	Havering M	27
28	Newell, Taylor	Thurrock H	39
29	Winger, Bradley	Basildon	51
30	Debenham, Lewis	Havering M	55
31	Houchell, Matthew	Basildon	14: 11

32	French, Archie
33	Wheatley, Sam
34	Richardson, Freddy
35	Dooley, Luke
36	Shields, Henry
37	Dellow, James
38	Coulson, Elliott

<u>Teams</u>	
Colchester H	13
Southend	22
CATS	24
Basildon	37
East Essex Tri	41
CATS	15: 08
Braintree	19: 22

<u>Teams</u>	
1 Orion H	46
2 Southend	50
3 Basildon	71
4 Thurrock H	88
5 Havering M	91
6 Harlow	38 (3)
7 Colchester H	45 (3)
8 CATS	74 (3)
9 East Essex Tri	46 (2)
10 W Suffolk	6 (1)
11 Chelmsford	24 (1)
12 Braintree	38 (1)

Essex Cross Country League (2)

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10/11/2012

U15 Girls

Pos	Name	Team	Time	Pos	Name	Team	Time
1	Tooley, Sophie	W Suffolk	17: 23				
2	Judd, Jodie	Chelmsford	18: 01				
3	Newcombe, Alice	Cambridge & C	12				
4	Watt, Katherine-Jayne	Colchester H	33				
5	Archer-Healey, Gemma	Havering M	48				
6	Venton, Cameron	Chelmsford	55				
7	Kidwell, Lucy	Southend	19: 04				
8	Williams, Megan	Chelmsford	09				
9	Wilson, Sarah	Havering M	32				
10	Perks, Emma	Chelmsford	38				
11	Alloli, Ohaina	Thurrock H	46				
12	Carr, Madeline	Orion H	20: 16				
13	Surman-Wells, Heidi	Havering M	23				
14	Hicks, Sian	CATS	30				
15	Abbott, Talya	Orion H	33				
16	Goldsmith, Hannah	CATS	44				
17	Riches, Jessica	CATS	46				
18	Mensah, Brooke	Thurrock H	21: 24				
19	Minton-Branfoot, Erin	Chelmsford	38				
20	Callan, Lydia	CATS	59				
21	Walker, Elise	Harlow	22: 03				
22	Goward, Maddy	Benfleet	08				
23	Ewer, Joelle	Orion H	19				
24	Goldthorpe, Hannah	W Suffolk	29				
25	Coombes, Elise	Basildon	40				
26	Lear, Louise	Havering M	51				
27	Rudgeley, Zoe	Havering M	56				
28	Haye, Eleanor	Chelmsford	23: 45				
29	Ridley-Johnson, Eliza	Colchester H	25: 05				
30	Hall, Sandra	Chelmsford	10				
31	O'Neill, Abbie	Havering M	15				
32	Shean, Hannah	East Essex Tri	15				
33	Lockett, Charlotte	Braintree	24				
34	Dowswell, Jazz	Orion H	26: 01				

<u>Teams</u>		
1	Chelmsford	26
2	Havering M	53
3	CATS	67
4	Orion H	84
5	W Suffolk	25 (2)
6	Thurrock H	29 (2)
7	Colchester H	33 (2)
8	Cambridge & C	3 (1)
9	Southend	7 (1)
10	Harlow	21 (1)
11	Benfleet	22 (1)
12	Basildon	25 (1)
13	East Essex Tri	32 (1)
14	Braintree	33 (1)

Essex Cross Country League (2)

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10/11/2012

U15 Boys

Pos	Name	Team	Time	<u>Team Scores</u>	
1	Richards, Daniel	Orion H	16: 15	1	Basildon 27
2	Gray, Christian	Basildon	30	2	Orion H 38
3	Patterson, Joe	CATS	31	3	Chelmsford 58
4	Jordan, Adam	Southend	36	4	Havering M 94
5	Ashley, Daniel	Basildon	46	5	CATS 35 (3)
6	Cahill, Gary	Thurrock H	47	6	Harlow 37 (2)
7	Wood, Jordan	Cambridge & C	17: 08	7	Southend 4 (1)
8	Haynes, Ben	Basildon	14	8	Thurrock H 6 (1)
9	Weston, Charlie	Orion H	16	9	Cambridge & C 7 (1)
10	Pattison, Ben	Orion H	42	10	E Essex Tri 22 (1)
11	Stantiall, Lewis	Chelmsford	55		
12	Cantwell, Ollie	Basildon	18: 05		
13	Neal, James	Chelmsford	16		
14	Smith, Alex	Chelmsford	18		
15	Foster, Alfi	CATS	27		
16	Campbell, Donald	Harlow	35		
17	Page, Will	CATS	38		
18	Day, George	Orion H	45		
19	Woodgate, Robert	Havering M	19: 07		
20	Brearley, Nathan	Chelmsford	07		
21	Bailey, Joseph	Harlow	24		
22	Harley, Daniel	E Essex Tri	20: 00		
23	Ashley, Matthew	Basildon	54		
24	West, Bradley	Havering M	21: 24		
25	Dell, Sam	Havering M	22: 06		
26	Rudgely, Ed	Havering M	26: 18		

Essex Cross Country League (2)

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U17 Men

Pos	Name	Team	Time	Team Result	
1	Rowe, Jordan	CATS	20: 18	1 Southend	26
2	Houchell, Adam	Basildon	47	2 CATS	50
3	Wood, Kieran	Cambridge & C	47	3 Cambridge & C	33 (3)
4	Frith, Rob	Southend	21: 09	4 Basildon	51 (3)
5	Franklin, Ben	Southend	11	5 West Suffolk	13 (2)
6	Bartram, Michael	West Suffolk	13	6 Colchester H	30 (2)
7	McKie, Cameron	West Suffolk	22	7 Braintree	37 (2)
8	Hancock, Steve	Southend	45	8 Orion H	44 (2)
9	Mann, Josh	Southend	50	9 Havering M	12 (1)
10	Price, Connor	Colchester H	53	10 Benfleet	15 (1)
11	Frost, Dean	CATS	22: 04	11 Chelmsford	22 (1)
12	Kidd, James	Havering M	13	12 Harlow	24 (1)
13	Thompson, James	CATS	17		
14	Cobden, Timothy	Cambridge & C	18		
15	Hall, James	Benfleet	24		
16	Cade, Daniel	Cambridge & C	26		
17	Antoine-Chager, Cheyenn	Orion H	28		
18	Bateman, Adam	Braintree	35		
19	Nourse, Joseph	Braintree	47		
20	Clark, Rob	Colchester H	23: 07		
21	Ray, Joe	Southend	19		
22	Nadin, James	Chelmsford	33		
23	Burton, Jonathan	Basildon	24: 09		
24	Blackburn, Harrison	Harlow	50		
25	Gifford, Oli	CATS	51		
26	Davies, Steve	Basildon	26: 12		
27	Christostomou, Alex	Orion H	59		

Essex Cross Country League (2)

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Colchester

10/11/2012

U17/U20W

Pos	Age Gp	Name	Team	Time	Team Result	
1	U17	Wilson, Claire	Cambridge & C	19: 47	1 Basildon	30
2	U17	Holloway, Gemma	Thurrock H	20: 27	2 Chelmsford	66
3	U17	Perkins, Alice	Basildon		3 Southend	76
4	U17	Tuckfield, Georgia	Orion H		4 Cambridge & C	24 (3)
5	U20	Johanson, Kiim	Chelmsford	21: 05	5 Havering M	66 (3)
6	U17	Hallam, Lydia	Havering M		6 CATS	86 (3)
7	U20	Johnson, Eleanor	Basildon		7 Colchester H	89 (3)
8	0	Park, Jess	Braintree		8 Orion H	20 (2)
9	U17	Jones, Maisie	Basildon		9 Thurrock H	2 (1)
10	U17	McCellan, Faye	Cambridge & C	22: 08	10 Braintree	8 (1)
11	U17	Dodd, Kaylee	Basildon		11 Harlow	27 (1)
12	U20	Lacey, Jordan	Southend		12 E Essex Tri	35 (1)
13	U17	Jones, Sophie	Cambridge & C			
14	U20	Peel, Jade	Basildon			
15	U17	Houchell, Emma	Basildon			
16	U20	Antoine-Chagar, Armar	Orion H	23: 02		
17	U17	Swain, Jessica	Chelmsford			
18	U17	Matthews-Smith, Anna	Southend			
19	U17	Bullis, Emily	Basildon			
20	U17	Lamkin, Haley	Southend			
21	U17	Warren, Isobella	Chelmsford			
22	U17	Head, Charlotte	Colchester H			
23	U17	Crofts, Sophie	Chelmsford	24: 08		
24	U17	Ward, Rebecca	Havering M			
25	U17	Fosker, Ami	CATS			
26	U17	Imbush, Sarah	Southend			
27	U17	Moss, Isobel	Harlow			
28	U17	Fisher, Natasha	Chelmsford			
29	U17	Kew, Charlotte	CATS	25: 15		
30	U20	Ballard, Emily	Basildon			
31	U17	Kidd, Laura	Basildon	26: 3		
32	0	Banks, Hannah	CATS	27: 1		
33	U17	Gardner, Laura	Colchester H			
34	U17	Welby, Alice	Colchester H			
35	U17	Phelps, Rachel	E Essex Tri	30: 41		
36	U20	Wiggins, Lyndsey	Havering M	31: 34		

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Senior Women

Pos	Age Gp	Name	Team	Time	Pos	Age Gp	Name	Team	Time
1	V35	Stradling, Sarah	Colchester H	22: 51	61	SW	Burgess, Emma	Colchester H	30: 00
2	V35	Allen, June	Springfield S	23: 16	62	V45	Shillaker, Gaye	Loughton	05
3	V45	Deasey, Margaret	CATS	25	63	SW	Taylor, Allison	Orion H	13
4	SW	Gill, Vicky	Orion H	31	64	V35	Hallam, Debbie	Southend	16
5	V35	Appleton, Debbie	Haverling M	52	65	V35	Lear, Maureen	Haverling M	36
6	SW	Smith, Vicky	Haverling M	24: 17	66	V55	Panting, Mel	Southend	53
7	SW	Hayes, Vicky	Chelmsford	23	67	V45	Berrett, Hazel	Chelmsford	59
8	SW	Rogers, Nicola	Colchester H	25	68	SW	Allen, Charlotte	Colchester H	31: 00
9	SW	Ivory, Becky	Colchester H	28	69	V45	Dowswell, Pippa	Orion H	03
10	SW	Peppiatt, Charlotte	Benfleet	31	70	V45	Heeks, Anne	Loughton	11
11	SW	Evans, Megan	Chelmsford	34	71	V45	Wilson, Toni	Colchester H	12
12	SW	Holland, Kerry	Southend	40	72	SW	Weatheridge, Mandy	Basildon	31
13	SW	Shirley, Marie	Colchester H	59	73	SW	Page, Jennie	Benfleet	46
14	SW	Phillips, Gemma	Haverling M	25: 01	74	V35	Williams, Kirsty	Springfield S	54
15	V35	King, Wendy	Chelmsford	06	75	V35	Westwood, Bobby	Haverling M	32: 26
16	V35	Jenkinson, Anne	Southend	19	76	V45	Webster, Fran	Benfleet	31
17	SW	Sutton, Carys	Chelmsford	22	77	SW	Knowles, Sarah	Springfield S	43
18	SW	Hawes, Hailey	E Essex Tri	23	78	V45	Goodwin, Sarah	Springfield S	45
19	V35	Malanga, Sally	Chelmsford	33	79	V35	Roberts, Ruth	Phoenix	56
20	V35	Stunt, Catherine	Benfleet	34	80	SW	Timpson, Melissa	Orion H	57
21	SW	Knapman, Mary	Loughton	43	81	V35	Kelly, Jo-Anne	Southend	33: 00
22	V35	Watson, Jacqui	Benfleet	49	82	V55	Hobbs, Jean	Loughton	13
23	SW	Stibbs, Hayley	Phoenix	57	83	V45	O'Neill, Tracy	Haverling M	30
24	V35	Noble, Toni	Thurrock H	26: 00	84	SW	Sands, Roma	Phoenix	45
25	V45	Grant, Helen	Cambridge & C	13	85	V35	Emmerson, Fay	Colchester H	47
26	SW	Henry, Amanda	Colchester H	16	86	V45	Smith, Debbie	Phoenix	49
27	V35	Lagden, Natasha	Southend	19	87	SW	Allen, Roseanna	U of Essex	34: 16
28	SW	Brown, Grace	Basildon	23	88	SW	Adamson, Anne	Mid Essex Cas	19
29	V45	Smith, Jo	Chelmsford	25	89	V35	Maslen, Nicola	Phoenix	26
30	V45	Anthony, Christine	West Suffolk	26	90	SW	Mollinghoff, Amelie	Springfield S	32
31	SW	Matson, Robyn	Haverling M	32	91	V35	Rudgeley, Claire	Haverling M	47
32	SW	Mayne, Ellie	Colchester H	36	92	V35	Johnson, Tania	Chelmsford	35: 27
33	V45	Cattermole, Debbie	Colchester H	45	93	SW	Adams, Sally-Anne	U of Essex	36: 08
34	SW	Dowell, Melissa	Colchester H	49	94	V35	Callaghan, Nicole	Springfield S	30
35	V35	Sullivan, Jo	Haverling M	51	95	V45	Hawkins, Nicola	Phoenix	54
36	SW	Sterling, Charmaine	Benfleet	53	96	V35	Knight, Lavinia	Phoenix	37: 04
37	V35	Dodds, Vanessa	Benfleet	27: 02	97	V45	Davis, Michaela	Loughton	26
38	SW	Wall, Kim	Basildon	03	98	V55	Flannigan, Teresa	Pitsea	39
39	V35	Bognarova-Meridith, :	Thurrock H	17	99	V55	Stanton, Sandra	Springfield S	58
40	V35	Thompson, Angie	Haverling M	25	100	V45	Petersen, Irena	Loughton	39: 03
41	SW	Usherwood, Louisa	Benfleet	28	101	V45	Moggan, Adele	Phoenix	11
42	SW	Bloomfield, Helen	Colchester H	31					
43	V45	Mathers, Vanessa	Southend	34					
44	SW	Cooke, Rebecca	Colchester H	35					
45	V45	Inch, Christine	Orion H	53					
46	V35	Gifford, Sian	CATS	28: 04					
47	SW	Ward, Teresa	Basildon	12					
48	V45	Pyle, Nicola	Springfield S	17					
49	V45	Crisp, Dianne	Ilford	23					
50	V35	Gaffney, Lorna	Loughton	25					
51	V35	Peacock, Victoria	Thurrock H	39					
52	V35	Tuck, Sam	Thurrock H	29: 05					
53	SW	Sheehan, Jenny	Ilford	09					
54	V45	Rolerkite, Lindsey	Braintree	12					
55	V45	Farrell, Jodie	Thurrock H	17					
56	V45	Cole, Sue	Colchester H	42					
57	SW	Matlock, Helen	U of Essex	47					
58	V45	Hopkinson, Nicola	Loughton	53					
59	V55	Tanner, Lynn	Springfield S	59					
60	V45	Hallam, Jane	Haverling M	59					

Team Result

1	Colchester H	31
2	Chelmsford	50
3	Haverling M	56
4	Benfleet	88
5	Southend	98
6	Thurrock H	166
7	Orion H	181
8	Springfield S	183
9	Basildon	185
10	Loughton	191
11	Phoenix	272
12	U of Essex	237 (3)
13	CATS	49 (2)
14	Ilford	102 (2)
15	E Essex Tri	18 (1)
16	Cambridge & C	25 (1)
17	West Suffolk	30 (1)
18	Braintree	54 (1)
19	Mid Essex Cas	88 (1)
20	Pitsea	98 (1)

Essex Cross Country League (2)

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<u>Pos</u>	<u>Name</u>	<u>Team</u>	<u>Time</u>
1	Trevanion, Freddie	Braintree	7: 09
2	Bridgeland, Zach	Chelmsford	15
3	Bath, Molly	Havering M	29
4	Hornsby, Keira	Braintree	32
5	Baker, George	Havering M	35
6	Gill, Kyle	E Essex Tri	36
7	Ashon, Saul	Orion H	39
8	Millward, Danny	CATS	40
9	Sutton, Joe	Braintree	41
10	Tanyi, Heidi	Orion H	43
11	Rutter, Zoe	Harlow	44
12	Jones, Henry	Orion H	49
13	Newcombe, William	Cambridge & C	52
14	Pratt, Charlotte	Harlow	55
15	Saunders, Gabriel	CATS	8: 03
16	Kelway, Alfie	CATS	16
17	Fay, Sky	Braintree	9: 14
18	Morter, Chloe	Havering M	15
19	Speed, Lucas	Braintree	19
20	May, Chloe	Braintree	38
21	Clegg, Jack	CATS	41
22	Page, Olivia	CATS	50
23	Broster, Liam	Braintree	55
24	Rice, Katie	Colchester H	57
25	Rolfe, Harry	Braintree	10: 00
26	Holloway, Harry	Ilford	08
27	Maher, Charlotte	CATS	36
28	Phelps, Nicky	E Essex Tri	40
29	Davies, Alex	Springfield S	16: 54
30	Cairns, Amber	CATS	54
31	Harden, Eleanor	CATS	58
32	Richardson, Freya	CATS	17: 56