

Essex League Cross Country League Results

Courtesy of : -

Roy Meadowcroft (Chelmsford AC)

Dave Vidler (Basildon AC)

Please note that Individual Standings are included this time - Best 2 scores from 3 races.

Due to Dave's personal circumstances, Roy will be handling all queries this season

So Amendments to - [ra ram190433@hotmail.co.uk](mailto:ram190433@hotmail.co.uk)

There will certainly be instances where age groups have not been identified properly, this will be especially true for Veterans.
And the inevitable spelling errors where we couldn't read team manager's writing and then (Surely not) there will some typing errors on our part.

Please let ROY know if any changes are required. Don't be afraid to e-mail him.
If you don't tell us then we won't know so please e-mail him with a note of any alterations.
We won't be amending the results on this website, but will try to ensure that information is correct next time

Essex Cross Country League (3)

Sponsored by Runners Edge

Benfleet

19/11/2011

U13 Girls

Pos	Name	Team	Time	Pos	Name	Team	Time	<u>Individual Standings after 3 races</u>			
1	Mhlanga, Khai	Chelmsford	11: 45	41	Hallam, Macy	Southend	17: 33	1	Tooley, Sophie	W Suffolk	2
2	Tooley, Sophie	W Suffolk	50	42	White , Bethan	Havering M	18: 17	2	Mhlanga, Khai	Chelmsford	3
3	Judd, Jodie	Chelmsford	12: 14	43	Bristow, Ellie	Havering M	19: 33	3	Judd, Jodie	Chelmsford	6
4	Tippett, Keira	Chelmsford	27	44	Moloney, Rebecca	Braintree	47	4	Hoy, Isabella	Orion H	8
5	Walker, Jemina	Basildon	49	45	Fribbens, Maddi	Braintree	21: 00	5	Tippett, Keira	Chelmsford	9
6	Smith, Niamh	Basildon	50					6	Walker, Jemina	Basildon	11
7	Woodford, Ellona	Chelmsford	58					7	Smith, Niamh	Basildon	14
8	Clark, Sinead	Benfleet	13: 05					8	Clark, Sinead	Benfleet	15
9	Smith, Ellie	Thurrock H	15					9	Broome, Rachel	Chelmsford	17
10	Broome, Rachel	Chelmsford	18					10	Marshall, Emily	Havering M	19
11	May, Natasha	Southend	25					11	May, Natasha	Southend	20
12	Marshall, Emily	Havering M	27					12	Smith, Ellie	Thurrock H	21
13	Etheridge, Kate	Chelmsford	30					12	Etheridge, Kate	Chelmsford	21
14	Gallagher, Nancy	Orion H	39					14	Gallagher, Nancy	Orion H	25
15	Richardson, Megan	Benfleet	48					15	Abbott, Talya	Orion H	26
16	Riches, Jessica	CATS	55					16	Sturgeon, Georgina	CATS	29
17	Baggs, Amy	Havering M	58					17	Baggs, Amy	Havering M	30
18	Sturgeon, Georgina	CATS	14: 01					18	Riches, Jessica	CATS	31
19	Aldis, Rachael	Southend	07					19	Evison, Maddie	Basildon	37
20	Evison, Maddie	Basildon	13					20	Jeffery, Phoebe	Benfleet	38
21	Archer-Haley, Gemma	Havering M	21					21	Inch, Katie	Orion H	39
22	O`Riordan-Mitchell, Niamh	Benfleet	30					22	Archer-Haley, Gemma	Havering M	41
23	Jeffery, Phoebe	Benfleet	31					23	Aldis, Rachael	Southend	42
24	Badger, Hannah	Benfleet	32	1	Chelmsford		15	24	O`Riordan-Mitchell, Niamh	Benfleet	43
25	Findlay, Briony	Basildon	37	2	Basildon		56	25	Paxman, Megan	Chelmsford	47
26	Sharpe, Emily	Orion H	43	3	Benfleet		68	26	Stancome, Anna	Thurrock H	48
27	Heeley, Ella	Southend	45	4	Havering M		86	27	Coombs, Elise	Basildon	54
28	Hurford, Rebecca	Benfleet	51	5	Southend		87	28	Findlay, Briony	Basildon	55
29	Coombs, Elise	Basildon	54	6	Braintree		129 (3)	29	Pearce, Gabrielle	Chelmsford	56
30	Walters, Natasha	Southend	15: 17	7	CATS		34 (2)	30	Heeley, Ella	Southend	58
31	Brooks, Hannah	Chelmsford	19	8	Orion H		40 (2)	31	Woolat, Lilly	Chelmsford	62
32	Hay, Eleanor	Chelmsford	31	9	W Suffolk		2 (1)	32	Hay, Eleanor	Chelmsford	65
33	Lewis, Eloise	Southend	54	10	Thurrock H		9 (1)	33	Brooks, Hannah	Chelmsford	70
34	Bennett, Imogen	Benfleet	59					34	Walters, Natasha	Southend	72
35	Briffett, Holly	Benfleet	16: 08					35	Brown, Lucy	Basildon	75
36	Thatcher-Gray, Elysha	Havering M	18					36	Thatcher-Gray, Elysha	Havering M	77
37	Rayment, Louise	Benfleet	23					37	Turner, Bethany	Braintree	78
38	Lovett, Elisha	Benfleet	29					38	Ruffell, Megan	Havering M	80
39	Brown, Lucy	Basildon	43					38	Lewis, Eloise	Southend	80
40	Turner, Bethany	Braintree	46					40	Moloney, Rebecca	Braintree	83
								41	White , Bethan	Havering M	86
								42	Hallam, Macy	Southend	91
								42	Fribbens, Maddi	Braintree	91

Essex Cross Country League (3)

Sponsored by Runners Edge

Benfleet

19/11/2011

U13 Boys

Pos	Name	Team	Time
1	Jones, Max	Basildon	11: 19
2	Meredith, Tony	Thurrock H	26
3	Thorpe, Brandon	Southend	33
4	Williams, Max	CATS	47
5	Cantwell, Ollie	Basildon	50
6	Kidd, Joe	Basildon	52
7	Webb, Mason	Basildon	54
8	Cox, Mitchell	Basildon	55
9	Allen, Luke	Braintree	12: 08
10	Harknett, Lewis	Harlow	09
11	Withers, Gus	Benfleet	10
12	Woolfe, Jack	Southend	11
13	Day, George	Orion H	17
14	Ellis, Ben	Havering M	27
15	Smith, Sam	Thurrock H	40
16	Wright, Toby	Southend	44
17	Clarke, Joe	Orion H	49
18	Wakerley, Joe	Basildon	51
19	Stevens, Josh	Havering M	13: 03
20	Barker, Christian	Harlow	13
21	Westwood, Arron	Havering M	30
22	Hart, George	Havering M	36
23	Culham, Connor	Braintree	40
24	Harknett, Owen	Harlow	45
25	Graham, Shaun	Southend	47
26	Prentice, Harry	Harlow	57
27	Ashley, Matthew	Basildon	14: 09
28	Duggan, Brandon	Southend	40
29	Rudgely, Eddie	Havering M	15: 44
30	Green, Elliot	Thurrock H	45

31 Smith, Simon

Teams

Braintree 17: 59

Teams

1	Basildon	19
2	Southend	56
3	Havering M	76
4	Harlow	80
5	Thurrock H	47 (3)
6	Braintree	63 (3)
7	Orion H	30 (2)
8	CATS	4 (1)
9	Benfleet	11 (1)

Individual Standings after 3 races

1	Jones, Max	Basildon	2
2	Thorpe, Brandon	Southend	4
3	Webb, Mason	Basildon	7
4	Richards, Daniel	Orion H	9
5	Williams, Max	CATS	10
5	Cantwell, Ollie	Basildon	10
7	Kidd, Joe	Basildon	11
8	Withers, Gus	Benfleet	18
9	Harknett, Lewis	Harlow	19
9	Cox, Mitchell	Basildon	19
11	Woolfe, Jack	Southend	20
12	Allen, Luke	Braintree	22
13	Clarke, Joe	Orion H	26
13	Young, Jake	Colchester H	26
15	Garrod, Dexter	Southend	27
16	Day, George	Orion H	29
17	Smith, Sam	Thurrock H	33
18	Wakerley, Joe	Basildon	35
19	Westwood, Arron	Havering M	40
20	Barker, Christian	Harlow	43
21	Quelch, Sam	Harlow	47
21	Ashley, Matthew	Basildon	47
23	Culham, Connor	Braintree	50
24	Hart, George	Havering M	51
24	Harknett, Owen	Harlow	51
26	Graham, Shaun	Southend	53
27	Inch, James	Orion H	60
28	Prentice, Harry	Harlow	62
29	Jordan, Toby	Southend	65
30	Rudgely, Eddie	Havering M	67
31	Peacham, Myles	Braintree	68
32	Smith, Simon	Braintree	73

Essex Cross Country League (3)

Sponsored by Runners Edge

Benfleet

19/11/2011

U15 Girls

Pos	Name	Team	Time					<u>Individual Standings after 3 races</u>			
1	Holloway, Gemma	Thurrock H	16: 50	41	Clark, Megan	Basildon	28	1	Holloway, Gemma	Thurrock H	2
2	Smith, Millie	Chelmsford	59	42	Owen, Cydney	Southend	23: 31	2	Tuckfield, Georgia	Orion H	5
3	Solis, Katy	Chelmsford	17: 00	43	Diss, Sophia	Braintree	49	2	Smith, Millie	Chelmsford	5
4	Tuckfield, Georgia	Orion H	07	44	Wilkinson, Sophie	CATS	27: 29	2	Hallam, Lydia	Havering M	5
5	Jones, Maisie	Basildon	21					5	Solis, Katy	Chelmsford	7
6	Jarvis, Emma	Southend	40					6	Jones, Maisie	Basildon	10
7	Tidd, Olivia	Southend	48					7	Jarvis, Emma	Southend	12
8	Aitmarri, Poppy	Basildon	48					8	Aitmarri, Poppy	Basildon	15
9	Sofroniou, Olivia	Chelmsford	54					9	Watts, Katherine	Colchester H	17
10	Prideaux, Rosa	Chelmsford	18: 04					9	Prideaux, Rosa	Chelmsford	17
11	Hiscock, Victoria	Benfleet	14					11	Tidd, Olivia	Southend	18
12	Taylor, Sydney	Orion H	18					12	Eepeute, Serena	Orion H	23
13	Williams, Megan	Chelmsford	31					13	Surman-Wells, Heidi	Havering M	24
14	Hallam, Lydia	Havering M	37					14	Venton, Cameron	Chelmsford	28
15	Ives, Isobel	Basildon	49					15	Ives, Isobel	Basildon	29
16	Venton, Cameron	Chelmsford	54					15	Taylor, Sydney	Orion H	29
17	Henderson, Madeleine	Billericay	56					17	Fosker, Ami	CATS	30
18	Fosker, Ami	CATS	19: 08					18	Fisher, Natasha	Chelmsford	33
19	Kidwell, Lucy	Southend	14					19	Henderson, Madeleine	Billericay	35
20	Fisher, Natasha	Chelmsford	23					20	Carr, Madeline	Orion H	36
21	Ward, Rebecca	Havering M	34					21	Kidwell, Lucy	Southend	37
22	Nunn, Robbie	Havering M	35					22	Marshall, Heather	Orion H	39
23	Pointing, Daisy	Basildon	49					23	Williams, Megan	Chelmsford	40
24	Marshall, Heather	Orion H	58					24	Smith, Francesca	Havering M	41
25	Matthews-Smith, Annabel	Southend	20: 09					25	Hicks, Sian	CATS	44
26	Meredith, Kaira	Thurrock H	11					26	Matthews-Smith, Annabel	Southend	47
27	Hicks, Sian	CATS	21					26	Ward, Rebecca	Havering M	47
28	Findley, Olive	Orion H	29					28	Pointing, Daisy	Basildon	48
29	Allali, Chaina	Thurrock H	30					29	Nunn, Robbie	Havering M	51
30	Aitmarri, Tilly	Basildon	33					29	Grant, Sophie	Orion H	51
31	Lynch, Lucy	Southend	35					31	Head, Charlotte	Colchester H	58
32	Spink, Abigail	Havering M	51					32	Avontur, Marlene	Chelmsford	59
33	Kew, Charlotte	CATS	58					32	Spink, Abigail	Havering M	59
34	Huggins, Jayne	Colchester H	21: 07					34	Allali, Chaina	Thurrock H	63
35	Lear, Louise	Havering M	15					35	Ewan, Joelle	Orion H	64
36	Kidd, Laura	Basildon	17					35	Lynch, Lucy	Southend	64
37	Frost, Kate	CATS	31					37	Aitmarri, Tilly	Basildon	68
38	Rudgley, Zoe	Havering M	38					38	Lear, Louise	Havering M	69
39	Condon, Emily	Benfleet	58					39	Kidd, Laura	Basildon	73
40	Baxter, Phillippa	Braintree	22: 03					39	Frost, Kate	CATS	73
								39	Rudgley, Zoe	Havering M	73
								39	Huggins, Jayne	Colchester H	73
								43	Condon, Emily	Benfleet	76
								44	Brooks, Emily	Chelmsford	84
								45	Diss, Sophia	Braintree	88
								46	Clark, Megan	Basildon	92
								46	Mabo, Zoe	Havering M	92

Teams

1	Chelmsford	24
2	Basildon	51
3	Southend	57
4	Orion H	68
5	Havering M	89
6	CATS	115
7	Thurrock H	56 (3)
8	Benfleet	50 (2)
9	Braintree	83 (2)
10	Billericay	17 (1)
11	Colchester H	34 (1)

Essex Cross Country League (3)

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Benfleet

19/11/2011

U15 Boys

Pos	Name	Team	Time	<u>Team Scores</u>	<u>Individual Standings after 3 races</u>
1	Elliot, George	Chelmsford	14: 52		1 Elliot, George Chelmsford 2
2	Rowe, Jordan	CATS	15: 00		2 Nadin, James Southend 5
3	Willmore, Lawrence	Southend	11		3 Houchell, Adam Basildon 6
4	Charleston, Callum	Chelmsford	28		3 Willmore, Lawrence Southend 6
5	Jordan, Adam	Southend	52		5 Jordan, Adam Southend 10
6	Ashley, Daniel	Basildon	55		5 Charleston, Callum Chelmsford 10
7	Blanks, Henry	Chelmsford	59		7 Ashley, Daniel Basildon 11
8	Gray, Christian	Basildon	16: 07		8 Mann, Josh Southend 17
9	Cockerill, Ben	Southend	15		8 Cahill, Gary Thurrock H 17
10	Davies, Stephen	Basildon	19		8 Blanks, Henry Chelmsford 17
11	Bearman, Philip	Southend N/S	24		11 Davies, Stephen Basildon 21
12	Cahill, Gary	Thurrock H	27		11 Ray, Joe Southend 21
13	Ray, Joe	Southend	34		13 Gray, Christian Basildon 22
14	Foster, Adam	Benfleet	43		14 Cockerill, Ben Southend 23
15	Weston, Charlie	Orion H	55		14 Thompson, Ed Havering M 23
16	Wilson, Sean	Havering M	17: 02		16 Howard, Ben Billericay S 26
17	Thompson, Ed	Havering M	05		16 Deasy, Will CATS 26
18	Deasy, Will	CATS	11		18 Wilson, Sean Havering M 29
19	Inwood, Zak	Southend	15		19 Foster, Adam Benfleet 32
20	Neale, James	Chelmsford	31		20 Weston, Charlie Orion H 33
21	Pattinson, Ben	Orion H	35		21 Pattinson, Ben Orion H 36
22	Le Mare, Dominic	Southend	18: 19		21 Inwood, Zak Southend 36
23	Hiscock, James	Benfleet	19: 22		23 Nunn, Elliot Havering M 42
24	Hart, William	Havering M	20: 29		23 Baker, Charlie Southend 42
25	Phillips, Harry	Harlow	21: 39		25 Neale, James Chelmsford 43
26	Fribbens, Aaron	Braintree	25: 47		26 Hill, Adam Havering M 44
				<u>Teams</u>	27 Le Mare, Dominic Southend 49
				1 Southend 30	28 Woodgate, Robert Havering M 50
				2 Chelmsford 32	29 Wood, Chris Braintree 51
				3 Basildon 24 (3)	30 Redman, James CATS 54
				4 Havering M 57 (3)	31 Hart, William Havering M 56
				5 CATS 20 (2)	32 Boyce, Matthew Orion H 60
				6 Orion H 36 (2)	32 Fribbens, Aaron Braintree 60
				7 Benfleet 37 (2)	
				8 Thurrock H 12 (1)	
				9 Harlow 25 (1)	
				10 Braintree 26 (1)	

Essex Cross Country League (3)

Sponsored by Runners Edge

Benfleet

19/11/2011

U17 Men

Pos	Name	Team	Time	Team Result
1	Gikungu, Hoseah	Havering M	21: 46	1 Southend
2	Alexander, Joe	CATS	22: 24	2 CATS
3	Kyriakides, Oliver	Southend	50	3 Havering M
4	Robinson, Samuel	Chelmsford	58	4 Orion H
5	Hall, James	Benfleet	23: 06	5 Chelmsford
6	Capel, Ashley	Southend	09	6 Benfleet
7	Frith, Rob	Southend	23	7 Thurrock H
8	Hancock, Steven	Southend	27	8 Colchester H
9	Gibbon, Joe	CATS	42	9 Basildon
10	Jones, George	CATS	49	
11	Frost, Dean	CATS	57	
12	Franklin, Ben	Southend	24: 18	
13	Thompson, James	CATS	40	
14	Kidd, James	Havering M	58	
15	Longmans, Glenn	SEEVIC- gst	25: 08	
16	Finch, Alec	Thurrock H	10	
17	Shade, Nick	Havering M	30	
18	Hall, Alberic	Orion H	35	
19	Brennan, Tom	Havering M	26: 02	
20	Price, Connor	Colchester H	12	
21	Porter, Michael	CATS	21	
22	Burton, Jonathan	Basildon	27: 40	
23	Albala, Luke	SEEVIC- gst	28: 48	
24	Waller, Jack	Orion H	29: 04	
25	McArthur, Callum	SEEVIC- gst	31: 51	

<u>Individual Standings after 3 races</u>			
1	Gikungu, Hoseah	Havering M	2
2	Alexander, Joe	CATS	4
3	Kyriakides, Oliver	Southend	9
3	Robinson, Samuel	Chelmsford	9
5	Frith, Rob	Southend	12
5	Hancock, Steven	Southend	12
7	Franklin, Ben	Southend	14
8	Capel, Ashley	Southend	16
9	Gibbon, Joe	CATS	17
10	Hall, James	Benfleet	19
11	Stennett, Richard	Southend	20
12	Jones, George	CATS	23
13	Finch, Alec	Thurrock H	28
14	Baron, Tate	Southend	29
15	Thompson, James	CATS	30
16	Hoy, George	Orion H	31
17	Porter, Michael	CATS	33
18	Clarke, Robert	Colchester H	34
19	Brennan, Tom	Havering M	35
20	Shade, Nick	Havering M	36
21	Waller, Jack	Orion H	43
22	Burton, Jonathan	Basildon	44
23	Chrisotomou, Alex	Orion H	45
24	Rae, Arran	Chelmsford	46
25	Grieveson, Luke	Havering M	50
26	King, Tom	Ilford	53

Essex Cross Country League (3)

Sponsored by Runners Edge

Benfleet

19/11/2011

U17/U20W

Pos	Age Gp	Name	Team	Time	Team Result	Individual Standings after 3 races				
1	U20	Redgrave, Sam	Colchester H	20: 48	1 Basildon	25	1 Riches, Sophie	Chelmsford	U17	2
2	U20	Beckett, Chloe	Braintree	49	2 Chelmsford	54	2 Redgrave, Sam	Colchester H	U20	4
3	U17	Johanson, Kim	Chelmsford	21: 18	3 Southend	72	3 Johanson, Kim	Chelmsford	U17	5
4	U17	Dodd, Kaylee	Basildon	24	4 Havering M	38 (3)	4 Beckett, Chloe	Braintree	U20	7
5	U17	Woods, Isabella	Havering M	35	5 W Suffolk	52 (3)	5 Dodd, Kaylee	Basildon	U17	9
6	U17	Bullis, Emily	Basildon	48	6 Colchester H	14 (2)	6 Tuttlebury, Katie	Chelmsford	U20	13
7	U17	Johnson, Eleanor	Basildon	59	7 Braintree	2 (1)	6 Woods, Isabella	Havering M	U17	13
8	U17	Peel, Jade	Basildon	22: 02			6 Johnson, Eleanor	Basildon	U17	13
9	U20	Ballard, Emily	Basildon	24			9 Bullis, Emily	Basildon	U17	15
10	U20	Webb, Amy	Basildon	31			10 Hall, Beth	Havering M	U17	18
11	U17	Hall, Beth	Havering M	36			10 Peel, Jade	Basildon	U17	18
12	U20	Gillard, Holly	Southend	55			12 Ballard, Emily	Basildon	U20	22
13	U17	Huggins, Molly	Colchester H	23: 02			12 Webb, Amy	Basildon	U20	23
14	U17	Garnett, Aimee	Chelmsford	08			13 Wade, Rebecca	Chelmsford	U17	23
15	U17	Tooley, Beth	W Suffolk	10			15 Gillard, Holly	Southend	U20	27
16	U17	Warren, Isabella	Chelmsford	29			16 Huggins, Molly	Colchester H	U17	28
17	U17	Lacey, Jordan	Southend	37			17 Garnett, Aimee	Chelmsford	U17	33
18	U17	Duncan, Katie	W Suffolk	38			17 McLachlan, Lindsay	Havering M	U17	33
19	U20	Baker, Emily	W Suffolk	24: 09			19 Lacey, Jordan	Southend	U17	35
20	U17	Imbush, Sarah	Southend	17			19 Tooley, Beth	W Suffolk	U17	35
21	U17	Swain, Jessica	Chelmsford	27			21 Crofts, Sophie	Chelmsford	U17	38
22	U17	McLachlan, Lindsay	Havering M	37			22 Swain, Jessica	Chelmsford	U17	39
23	U17	Morgan, Alexandra	Southend	40			23 Morgan, Alexandra	Southend	U17	40
24	U17	Crofts, Sophie	Chelmsford	51			24 Imbush, Sarah	Southend	U17	41
25	U17	Crowhurst, Lisa	CATS	25: 05			24 Baker, Emily	W Suffolk	U20	41
26	U17	Easdon, Zoe	Basildon	27: 53			26 Houchell, Emma	Basildon	U17	47
27	U17	Griffin, Chloe	SEEVIC - Gst	31: 18			27 Crowhurst, Lisa	CATS	U17	49
28	U17	Tibbs, Becky	SEEVIC - Gst	35: 0			28 Loynes, Avril	Havering M	U17	56
							28 Morgan, Paige	Colchester H	U17	56
							30 Easdon, Zoe	Basildon	U17	57
							31 Wiggins, Lindsey	Havering M	U17	61

Essex Cross Country League (3)

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Benfleet

19/11/2011

Senior Women

Pos	Age Gp	Name	Team	Time
1	U17	Judd, Jessica	Chelmsford	23: 10
2	SW	Joel, Alexa	Havering M	27
3	V35	Appleton, Debbie	Havering M	24: 50
4	SW	Whitfield, Anna	Basildon	25: 40
5	SW	Thurgood, Claire	Orion H	57
6	SW	DeVilliers, Natalie	Chelmsford	26: 26
7	SW	Wheat, Stacey	Colchester H	28
8	SW	Smith, Vicky	Havering M	33
9	SW	Jeffery, Sarah	Southend	38
10	SW	Matson, Robyn	Havering M	43
11	SW	Sutton, Carys	Chelmsford	54
12	V35	Morley, Denise	Colchester H	27: 13
13	V35	Mhlanga, Sally	Chelmsford	43
14	SW	Nunn, Ruth	Billericay S	28: 08
15	V35	Lagden, Natasha	Southend	11
16	V35	Stunt, Catherine	Benfleet	19
17	V35	Flannigan, Rachel	Pitsea	34
18	SW	Cumner, Ellie	CATS	39
19	SW	Real, Helen	Loughton	43
20	SW	Latham, Louisa	Benfleet	53
21	V35	Thompson, Angela	Havering M	57
22	V35	Watson, Jacqui	Benfleet	59
23	SW	Edwards, Jade	Havering M	29: 09
24	V35	Sullivan, Jo	Havering M	16
25	V35	Prideaux, Emma	Billericay S	28
26	V45	Pyle, Nicola	Springfield S	30: 03
27	SW	Francis, Debra	Benfleet	05
28	V35	Gaffney, Lorna	Loughton	11
29	SW	Slack, Debbie	Benfleet	17
30	SW	Davis-Ward, Teresa	Basildon	19
31	V55	Tanner, Lynn	Springfield S	22
32	V35	Perrin, Julie	Southend	31
33	V35	Mathers, Vanessa	Southend	36
34	V45	Crisp, Dianne	Ilford	54
35	V45	Shillaker, Gaye	Loughton	31: 10
36	SW	Tonek-Bonnet, Hana	Chelmsford	14
37	V45	Sheffield, Josie	Braintree	24
38	SW	Sheehan, Jenny	Ilford	33
39	V45	Heeks, Anne	Loughton	40
40	V45	Moore, Melanie	Colchester H	44
41	V45	Holmes, Beverley	Thrift Green T	50
42	SW	Buck, Lauren	Springfield S	55
43	SW	Timbrell, Jodie	Thrift Green T	56
44	V35	Gifford, Sian	CATS	32: 05
45	V55	Panting, Mel	Southend	06
46	V35	Rolerkite, Lindsey	Braintree	23
47	V35	Stannard, Annette	Southend	48
48	V45	Sheridan, Eileen	Ilford	33: 00
49	V35	Hallam, Jane	Havering M	05
50	SW	Ward, Juliett	Havering M	36
51	V55	Jarvis, Margaret	Chelmsford	34: 29
52	V35	Williams, Kirsty	Springfield S	35: 06
53	SW	Buckler, Roma	Phoenix	14
54	V35	Golan, Jenny	Havering M	28
55	V45	Fribbens, Dorinda	Braintree	39
56	SW	Page, Jennie	Benfleet	46
57	V35	Roberts, Ruth	Phoenix	36: 02
58	V45	Minton, Tracey	Chelmsford	04
59	V45	Smith, Debbie	Phoenix	07
60	V65	Jones, Pam	Ilford	30

Pos	Age Gp	Name	Team	Time
61	V55	Vine, Susan	Phoenix	42
62	V55	Hobbs, Jean	Loughton	52
63	SW	Whisken, Haley	Southend	56
64	V35	Maslen, Nicola	Phoenix	37: 10
65	V45	MacQueen, Andrea	Orion H	27
66	V45	Robinson, Catherine	Thrift Green T	40
67	SW	Knowles, Sarah	Springfield S	38: 00
68	U20	Timpson, Melissa	Orion H	17
69	U17	Williams, Apphia	SEEVIC	59
70	V55	Flannigan, Teresa	Pitsea	39: 18
71	V45	Petersen, Irena	Loughton	34
72	V45	Goldsmith, Maxine	Phoenix	40: 00
73	V45	Hawkins, Nicola	Phoenix	00
74	V45	Goodwin, Sarah	Springfield S	10
75	V45	Potter, Dawn	Springfield S	41: 33
76	v45	Stanton, Sandra	Springfield S	34
77	V45	Davis, Michaela	Loughton	55
78	SW	Gordon, Nicky	Pitsea	43: 15
79	V45	Harwood, Gwen	Loughton	46: 25
80	V35	Wadley, Caroline	Orion H	49: 22

<u>Individual Standings after 3 races(First 60 Only)</u>				
Pos	Name	Team	Time	
1	Judd, Jessica	Chelmsford	U17	2
2	Joel, Alexa	Havering M	SW	4
3	Appleton, Debbie	Havering M	V35	7
4	Rogers, Nicola	Basildon	SW	10
5	Thurgood, Claire	Orion H	SW	12
6	Smith, Vicky	Havering M	SW	16
7	Sutton, Carys	Chelmsford	SW	17
8	DeVilliers, Natalie	Chelmsford	SW	18
8	Jeffery, Sarah	Southend	SW	18
10	Morley, Denise	Colchester H	V35	22
11	Stunt, Catherine	Benfleet	V35	27
12	Mhlanga, Sally	Chelmsford	V35	28
13	Lagden, Natasha	Southend	V35	29
14	Brown, Grace	Basildon	SW	32
14	Latham, Louisa	Benfleet	SW	32
16	Flannigan, Rachel	Pitsea	V35	36
16	Real, Helen	Loughton	SW	36
18	Cumner, Ellie	CATS	SW	39
19	Sullivan, Jo	Havering M	V35	40
20	Thompson, Angela	Havering M	V35	41
21	Gaffney, Lorna	Loughton	V35	45
22	Edwards, Jade	Havering M	SW	50
22	Francis, Debra	Benfleet	SW	50
24	Pyle, Nicola	Springfield S	V45	53
25	Slack, Debbie	Benfleet	SW	54
26	Prideaux, Emma	Billericay S	V35	55
26	Gifford, Sian	CATS	V35	55
28	Tanner, Lynn	Springfield S	V55	62
29	Davis-Ward, Teresa	Basildon	SW	64
30	Pinner, Jayne	Thrift Green T	V35	68
31	Shillaker, Gaye	Loughton	V45	69
32	Crisp, Dianne	Ilford	V45	70
33	Mathers, Vanessa	Southend	V35	72
34	Pegg, Hayley	Chelmsford	SW	73
34	Perrin, Julie	Southend	V35	73
34	Driver, Sarah	Thurrock H	V35	73
37	Moore, Melanie	Colchester H	V45	77
38	Heeks, Anne	Loughton	V45	80
39	Sheffield, Josie	Braintree	V45	83
40	Timbrell, Jodie	Thrift Green T	SW	86
40	Tonek-Bonnet, Hana	Chelmsford	SW	86
42	Panting, Mel	Southend	V55	89
43	Rolerkite, Lindsey	Braintree	V35	91
44	Ward, Juliett	Havering M	SW	98
45	Hallam, Jane	Havering M	V35	99
46	Jarvis, Margaret	Chelmsford	V55	105
46	Williams, Kirsty	Springfield S	V35	105
48	Minton, Tracey	Chelmsford	V45	109
49	Fribbens, Dorinda	Braintree	V45	110
50	Buckler, Roma	Phoenix	SW	112
51	Roberts, Ruth	Phoenix	V35	114
52	De Smedt, Beryl	Phoenix	V45	117
52	Crompton, Sue	Southend	V45	117
52	Smith, Debbie	Phoenix	V45	117
55	Golan, Jenny	Havering M	V35	121
56	Vine, Susan	Phoenix	V55	122
57	Hobbs, Jean	Loughton	V55	125
58	Maslen, Nicola	Phoenix	V35	126
59	Knowles, Sarah	Springfield S	SW	131
60	Westwood, Bobby	Havering M	SW	139

Team Result

1	Havering M	23
2	Chelmsford	31
3	Benfleet	85
4	Springfield S	89
5	Loughton	121
6	Springfield S	151
7	Ilford	180
8	Orion H	218
9	Phoenix	230
10	Colchester H	59 (3)
11	Braintree	138 (3)
12	Thrift Green T	150 (3)
13	Pitsea	165 (3)
14	Basildon	34 (2)
15	Billericay S	39 (2)
16	CATS	62 (2)

Essex Cross Country League (3)

<u>Benfleet</u>					<u>19-Nov-11</u>					<u>Senior Men</u>				
Pos	Age Gp	Name	Team	Time	Pos	Age Gp	Name	Team	Time	Pos	Age Gp	Name	Team	Time
1	U20	Short, Alex	Chelmsford	27: 28	101	V40	Jarvis, Greg	Southend	44					
2	SM	Sanford, Mark	Chelmsford	50	102	V40	Veall, Craig	Loughton	52					
3	SM	Coombes, Sam	SEEVIC	57	103	SM	Mitchell, Carl	Southend	53					
4	SM	Warner, Rob	Havering M	28: 12	104	V40	Oatham, Phil	Thurrock H	54					
5	SM	Twist, Grant	Havering M	25	105	V40	Bonham, R	Mid Essex C	56					
6	SM	Briggs, John	Basildon	30	106	SM	Syrett, Jason	Thurrock H	37: 04					
7	SM	Prout, Ryan	Chelmsford	40	107	V40	Bulleid, Wayne	Braintree	11					
8	SM	Windley, Tristan	Springfield S	47	108	V40	Daniel, Graham	Thrift Green T	25					
9	U20	Fitsall, Jack	Basildon	57	109	V40	Broadbent, Quinn	Orion H	27					
10	U20	Buckley-Stanton, Jamie	Havering M	29: 01	110	V40	Hart, James	Orion H	32					
11	SM	Williams, James	Chelmsford	06	111	V40	Aitmarri, Mbarck	Basildon	38					
12	U20	Youell, Chris	Chelmsford	10	112	SM	Bridges, Paul	Springfield S	42					
13	SM	Wright, Will	Chelmsford	18	113	V50	Williams, Roy	Thrift Green T	46					
14	U20	Law, Andy	Basildon	20	114	V40	Tull, Mike	Southend	51					
15	SM	Sterling, Scott	NEB	23	115	SM	Tyson, David	Loughton	57					
16	U20	Webb, Grant	Basildon	24	116	V40	Marsh, Pat	Colchester H	38: 00					
17	SM	Hunter, Ben	Southend	26	117	SM	Coulson, Myles	Braintree	03					
18	SM	Stroud, Jack	Orion H	30	118	V40	Morgan, Simon	Tiptree	04					
19	SM	Houghton, Alex	Thurrock H	36	119	V60	Binns, Peter	Southend	10					
20	SM	Fryer, John	Colchester H	45	120	V40	Booth, Richard	Thrift Green T	15					
21	SM	Houghton, Nick	Thurrock H	57	121	V50	Hall, Graham	Orion H	26					
22	SM	Parker-Brown, Billy	Chelmsford	30: 02	122	V60	Adams, Bill	Dagenham 88	35					
23	SM	Benton, Wesley	Colchester H	05	123	U20	Green, Buddy	Orion H	39					
24	V40	Smalls, Allen	Colchester H	07	124	SM	Venton, Brian	Chelmsford	43					
25	SM	Moses, Daniel	Orion H	15	125	V40	Rayney, Duncan	Loughton	47					
26	V40	Bland, Matt	Havering M	21	126	V40	Dawson, Jim	Orion H	50					
27	SM	Briggs, Mike	Benfleet	29	127	V50	Thorpe, Barry	Chelmsford	56					
28	SM	Messon, Matthew	Chelmsford	33	128	V50	Skinner, Ted	Tiptree	56					
29	SM	Hall, Ben	Orion H	35	129	V40	Payne, Stuart	Southend	39: 00					
30	V40	Barker, John	Thrift Green T	39	130	V40	Monce, Alan	Southend	03					
31	U20	Gillard, Rhys	Southend	42	131	V40	Glover, Ian	Southend	09					
32	V50	Butler, Dave	Billericay S	44	132	V50	Howard, Gary	Havering M	22					
33	SM	Wilson, Simon	Southend	58	133	V50	Brockington, Tim	Springfield S	23					
34	SM	Booty, Graham	Benfleet	31: 02	134	V50	Taylor, Rob	Dagenham 88	23					
35	V40	Rice, Scott	Thurrock H	08	135	SM	Footer, Chris	Phoenix S	25					
36	SM	Allworthy, David	Colchester H	14	136	V60	Butcher, Brian	Mid Essex C	35					
37	V40	Ridley, Colin	W. Suffolk	16	137	V40	Ward, Barry	Havering M	49					
38	V40	Green, John	Thurrock H	21	138	V50	Whiffen, Jim	Loughton	55					
39	SM	Hall, Auberan	Orion H	29	139	U20	Akintokan, Akeem	Basildon	40: 04					
40	V50	Bridgeland, Mike	Chelmsford	33	140	V50	Sargent, Rob	Dagenham 88	12					
41	U20	Parker, Charlie	Southend	36	141	V40	Fox, Patrick	Dagenham 88	39					
42	SM	Clark, Ian	Orion H	43	142	SM	Burgess, Ian	Thurrock H	41: 00					
43	V40	Freeman, Jeremy	Chelmsford	50	143	V60	Jackson, Keith	Pitsea	03					
44	SM	Neugebauer, James	Springfield S	56	144	V40	Ling, Jim	Southend	07					
45	SM	Lyne, Eliot	Colchester H	32: 11	145	V50	De Souza, Bosco	Pitsea	10					
46	SM	Colgrave, Adam	Chelmsford	14	146	V40	Cahill, Gary	Thurrock H	21					
47	SM	Anthony, Ian	Havering M	14	147	SM	Miller, Danny	Dagenham 88	37					
48	U20	Cross, Dennis	Thurrock H	17	148	V40	Speed, Neil	Braintree	55					
49	SM	Chester, Martin	Havering M	19	149	V40	Jordan, Simon	Phoenix S	42: 13					
50	V40	Clark, Alan	Benfleet	21	150	V50	Cheal, Steve	Ilford	14					
51	SM	Wandasiewicz, Nelson	Thrift Green T	37	151	SM	Whisken, Mike	Southend	22					
52	V40	Jacob, Kevin	Billericay S	41	152	V40	Hayward, Mike	Mid Essex C	24					
53	U20	Gifford, Tom	CATS	45	153	V40	Sibley, Trevor	Braintree	28					
54	SM	McGoun, Neil	Orion H	50	154	V40	Williams, Paul	Orion H	31					
55	SM	Newell, Kevin	Ilford	53	155	SM	Godbold, Alan	Orion H	37					
56	U20	Brown, Sam	Basildon	58	156	V40	Robinson, Mick	Thrift Green T	46					
57	V40	O'Neill, Ian	Thrift Green T	33: 05	157	V60	Reed, Chris	Pitsea	50					
58	U20	Crook, Adam	Chelmsford	08	158	V70	Ross, Charlie	Chelmsford	51					
59	U20	Millar, Alan	Southend	15	159	V60	Smith, George	Thrift Green T	56					
60	V40	Green, Paul	Thurrock H	28	160	V50	Georgiou, George	Loughton	43: 22					
61	SM	Spooner, Terry	Benfleet	30	161	V60	Vautier, R	Mid Essex C	27					
62	V50	Butler, Alan	Thrift Green T	31	162	V50	Frith, Rod	Southend	54					
63	SM	Raven, Stuart	Springfield S	32	163	V40	Mitchell, Barry	Braintree	44: 36					
64	V40	Lawless, Don	Thurrock H	35	164	V40	Timpson, Steve	Orion H	37					
65	SM	Collins, Neil	Havering M	36	165	V40	Camidge, Chris	Mid Essex C	46: 04					
66	V40	Grout, Mike	Benfleet	48	166	V50	Goldsmith, Kevin	Phoenix S	29					
67	SM	Ruffy, Paul	Benfleet	56	167	V40	Charlton, Ray	Springfield S	42					
68	V40	Wisken, Greg	Mid Essex C	58	168	V60	Hobbs, David	Loughton	52					
69	V40	Rankin, Nick	Benfleet	59	169	V70	Dawson, Ron	Southend	48: 12					
70	V40	Crisp, Neil	Ilford	34: 00	170	V60	Dedman, Peter	Orion H	49: 13					
71	V40	Marchant, Dave	Thurrock H	03	171	V50	Perry, Steve	Springfield S	34					
72	V40	Freeman, Paul	Chelmsford	06	172	V60	Adams, Doug	Dagenham 88	53: 50					
73	V40	Waine, Mark	Springfield S	10	173	V50	Mills, Eddie	Phoenix S	54: 09					
74	V50	Jeggo, Paul	Springfield S	15	174	V50	Knowles, Pat	Springfield S	57: 12					
75	SM	Warner, Andrew	Orion H	17										
76	V40	Cole, Leo	Witham	17										
77	SM	Mills, Rob	Springfield S	17										
78	V40	Tullett, Dave	Chelmsford	37										
79	V50	Morris, Andy	Benfleet	41	1		<u>Team Result</u>							
80	V40	Berrett, Paul	Havering M	42	2		Chelmsford	46						
81	U20	Earney, Ross	Havering M	44	3		Havering M	141						
82	SM	Taylor, Lee	Southend	46	4		Orion H	207						
83	SM	Smale, Simon	Southend	35: 01	5		Basildon	212						
84	SM	Pearce, Chris	Springfield S	05	6		Thurrock H	221						
85	V40	Mead, Tony	Benfleet	24	7		Southend	263						
86	V40	Kennedy, Andy	Benfleet	32	8		Colchester H	264						
87	SM	Knight, Nick	Thrift Green T	39	9		Benfleet	305						
88	V50	Cooper, Melvyn	Thrift Green T	39	10		Springfield S	339						
89	SM	Riches, Gary	CATS	42	11		Thrift Green T	375						
90	V40	Capel, Darren	Southend	50	12		Mid Essex C	787						
91	V50	Bumstead, Mike	Thurrock H	53	13		Loughton	808						
92	SM	Thrush, Scott	Southend	57	14		Dagenham 88	856						
93	V50	Catton, Andy	Ilford	36: 01	15		Braintree	688	(5)					
94	V40	Judd, Mike	Chelmsford	02	16		Ilford	368	(4)					
95	V50	Tullett, Peter	Chelmsford	05	17		Phoenix S	623	(4)					
96	SM	Snowden, Chris	Springfield S	08	18		Billericay S	184	(3)					
97	SM	Green, David	Southend	10	19		Pitsea	445	(3)					
98	V40	Thornton, Keith	Thrift Green T	15	20		CATS	142	(2)					
99	V40	Cooper, Phil	Thrift Green T	26	21		Tiptree	246	(2)					
100	V50	O'Doherty, Gerry	Billericay S	31	22		W. Suffolk	37	(1)					
							Witham	76	(1)					

Essex Cross Country League (3)

Benfleet

19-Nov-11

Senior Men

Pos	Age Gp	Name	Team	Time	Pos	Age Gp	Name	Team	Time
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Essex Cross Country League (3)

Sponsored by Runners Edge

Individual Standings after 3 Races

Senior Men

1		Hickey, Adam	Southend	SM	2	81	Earney, Ross	Haverling M	U20	162
2		Mussett, Adrian	Colchester H	SM	4	82	Tullett, Dave	Chelmsford	V40	166
2		Short, Alex	Chelmsford	U20	4	82	Kennedy, Andy	Benfleet	V40	166
4		Sanford, Mark	Chelmsford	SM	6	84	Riches, Gary	CATS	SM	167
5		Warner, Rob	Haverling M	SM	8	85	Smale, Simon	Southend	SM	172
6		Twist, Grant	Haverling M	SM	12	86	Jarvis, Greg	Southend	V40	175
7		Pickering, Lee	Chelmsford	SM	14	87	Stukas, Paul	Springfield S	V50	177
8		Windley, Tristan	Springfield S	SM	15	88	Broadbent, Quinn	Orion H	V40	178
9		Law, Andy	Basildon	U20	17	89	Judd, Mike	Chelmsford	V40	179
10		Briggs, John	Basildon	SM	18	90	Capel, Darren	Southend	V40	180
11		Fitsall, Jack	Basildon	U20	19	91	Binns, Peter	Southend	V60	185
12		Hunter, Ben	Southend	SM	22	92	Snowden, Chris	Springfield S	SM	188
13		Wright, Will	Chelmsford	SM	23	92	Catton, Andy	Ilford	V50	188
14		Rand, Steve	Haverling M	SM	25	94	Bumstead, Mike	Thurrock H	V50	190
15		Williams, James	Chelmsford	SM	26	95	Syrett, Jason	Thurrock H	SM	192
16		Youell, Chris	Chelmsford	U20	27	96	Veall, Craig	Loughton	V40	193
17		Smalls, Allen	Colchester H	V40	31	97	Tullett, Peter	Chelmsford	V50	198
18		Nunn, Jamie	Billericay S	SM	32	98	Thornton, Keith	Thrift Green T	V40	200
19		Richards, Alex	Ilford	U20	34	99	O'Doherty, Gerry	Billericay S	V50	201
20		Houghton, Alex	Thurrock H	SM	35	99	Mitchell, Carl	Southend	SM	201
20		Houghton, Nick	Thurrock H	SM	35	101	Bulleid, Wayne	Braintree	V40	206
20		Rice, Scott	Thurrock H	V40	35	102	Marsh, Pat	Colchester H	V40	210
23		Sterling, Scott	NEB	SM	36	103	Morgan, Simon	Tiptree	V40	212
24		Fryer, John	Colchester H	SM	38	104	Bridges, Paul	Springfield S	SM	217
25		Bland, Matt	Haverling M	V40	44	105	Spain, Dave	Benfleet	V40	219
26		Gillard, Rhys	Southend	U20	45	106	Aitmarri, Mbarck	Basildon	V40	224
27		Barker, John	Thrift Green T	V40	46	107	Coulson, Myles	Braintree	SM	226
28		Parker, Charlie	Southend	U20	50	107	Skinner, Ted	Tiptree	V50	226
29		Briggs, Mike	Benfleet	SM	51	109	Thorpe, Barry	Chelmsford	V50	230
30		Lendon, Jason	Haverling M	SM	55	110	Daniel, Graham	Thrift Green T	V40	233
30		Moses, Daniel	Orion H	SM	55	111	Nixon, Tony	Ilford	V60	234
32		Wilson, Simon	Southend	SM	58	112	Tyson, David	Loughton	SM	236
33		Hall, Ben	Orion H	SM	60	113	Green, Buddy	Orion H	U20	237
34		Bridgeland, Mike	Chelmsford	V50	62	113	Hall, Graham	Orion H	V50	237
35		Johnson, David	Chelmsford	SM	63	115	Akintokan, Akeem	Basildon	U20	241
36		Spowage, Paul	Colchester H	V40	64	116	Butcher, Brian	Mid Essex C	V60	242
37		Booty, Graham	Benfleet	SM	68	117	Rayney, Duncan	Loughton	V40	246
38		Ridley, Colin	W. Suffolk	V40	70	118	Williams, Roy	Thrift Green T	V50	247
39		Allworthy, David	Colchester H	SM	71	119	Adams, Bill	Dagenham 88	V60	249
40		Smale, Peter	Southend	SM	76	120	Dawson, Jim	Orion H	V40	250
41		Hall, Auberan	Orion H	SM	84	120	Taylor, Rob	Dagenham 88	V50	250
41		Colgrave, Adam	Chelmsford	SM	84	122	Glover, Ian	Southend	V40	251
43		Freeman, Jeremy	Chelmsford	V40	86	123	Burgess, Ian	Thurrock H	SM	253
44		Chester, Martin	Haverling M	SM	89	124	Howard, Gary	Haverling M	V50	254
44		Clark, Alan	Benfleet	V40	89	125	Sargent, Rob	Dagenham 88	V50	255
46		Cross, Dennis	Thurrock H	U20	91	126	Ward, Barry	Haverling M	V40	263
47		Lyne, Eliot	Colchester H	SM	93	126	Brockington, Tim	Springfield S	V50	263
48		Neugebauer, James	Springfield S	SM	94	128	Gwyn-Williams, Seb	Witham	V40	266
49		Shelley, Eamon	Thurrock H	V50	97	128	Footer, Chris	Phoenix S	SM	266
49		Wandastiewicz, Nelson	Thrift Green T	SM	97	130	Frost, Robert	Phoenix S	SM	270
51		McGoun, Neil	Orion H	SM	98	131	Miller, Danny	Dagenham 88	SM	272
52		Newell, Kevin	Ilford	SM	102	132	Jackson, Keith	Pitsea	V60	278
52		Anthony, Ian	Haverling M	SM	102	133	Whiffen, Jim	Loughton	V50	283
54		Raven, Stuart	Springfield S	SM	107	134	Jordan, Simon	Phoenix S	V40	287
55		O'Neill, Ian	Thrift Green T	V40	110	135	Cahill, Gary	Thurrock H	V40	290
56		Lawless, Don	Thurrock H	V40	111	135	Rebel, Steven	Thrift Green T	SM	290
57		Crook, Adam	Chelmsford	U20	112	137	Cheal, Steve	Ilford	V50	293
58		Spooner, Terry	Benfleet	SM	114	138	Bulaitus, Peter	Orion H	V50	295
59		Jacob, Kevin	Billericay S	V40	115	139	Williams, Paul	Orion H	V40	299
60		Metcalfe, John	Thurrock H	V50	123	140	Ross, Charlie	Chelmsford	V70	300
61		Collins, Neil	Haverling M	SM	124	141	Sibley, Trevor	Braintree	V40	301
61		Freeman, Paul	Chelmsford	V40	124	142	Speed, Neil	Braintree	V40	303
63		Millar, Alan	Southend	U20	125	143	Smith, George	Thrift Green T	V60	306
64		Crisp, Neil	Ilford	V40	130	144	Frith, Rod	Southend	V50	310
64		Cole, Leo	Witham	V40	130	145	Fribbens, Mark	Braintree	V40	315
66		Grout, Mike	Benfleet	V40	133	146	Timpson, Steve	Orion H	V40	319
66		Marchant, Dave	Thurrock H	V40	133	147	Mitchell, Barry	Braintree	V40	320
68		Purse, Chris	Springfield S	V50	137	148	Georgiou, George	Loughton	V50	326
68		Jeggo, Paul	Springfield S	V50	137	148	Linton, Ian	Tiptree	V60	326
70		Boyer, Ross	Braintree	V50	139	150	Hobbs, David	Loughton	V60	328
71		Wisken, Greg	Mid Essex C	V40	140	151	Charlton, Ray	Springfield S	V40	331
72		Cooper, Melvyn	Thrift Green T	V50	150	152	Dawson, Ron	Southend	V70	332
73		Taylor, Lee	Southend	SM	151	153	Perry, Steve	Springfield S	V50	336
74		Sterling, Craig	Benfleet	SM	152	154	Dedman, Peter	Orion H	V60	340
75		Rankin, Nick	Benfleet	V40	153	155	Mills, Eddie	Phoenix S	V50	350
75		Berrett, Paul	Haverling M	V40	153	155	Adams, Doug	Dagenham 88	V60	350
77		Mills, Rob	Springfield S	SM	155					
78		Dendani, Massi	Haverling M	U20	156					
79		Knight, Nick	Thrift Green T	SM	157					
80		Warner, Andrew	Orion H	SM	158					