

# Essex Cross Country League

## Team Standings after 3 races

### U13 Girls

Pos	Club	Race 1	Race 2	Race 3	Total
1	Havering AC	2	1	1	4
2	Orion Harriers	3	2	7	12
3	Chelmsford AC	8	3	2	13
3	Thurrock Harriers	4	5	4	13
5	Basildon AC	1	6	8	15
6	Colchester Harriers AC	6	4	9	19
6	Harlow AC	5	8	6	19
6	Southend-on-Sea AC	7	7	5	19
9	Cambridge and Coleridge AC	12	12	3	27
10	Discovery Triathlon Club	10	11	10	31
11	Colchester & Tendring AC	9	10	20	39
12	Braintree & District AC	20	9	20	49
13	East Essex Triathlon Club	11	20	20	51
14	Benfleet Running Club	13	20	20	53

### U13 Boys

Pos	Club	Race 1	Race 2	Race 3	Total
1	Southend-on-Sea AC	2	1	1	4
2	Havering AC	1	3	3	7
3	Basildon AC	3	5	6	14
3	Thurrock Harriers	4	6	4	14
5	East Essex Triathlon Club	6	8	5	19
6	Chelmsford AC	8	7	7	22
7	Cambridge and Coleridge AC	20	2	2	24
8	Benfleet Running Club	7	10	10	27
9	Colchester & Tendring AC	20	4	9	33
9	Discovery Triathlon Club	10	12	11	33
11	Ilford AC	5	9	20	34
12	Harlow AC	9	20	12	41
13	Braintree & District AC	20	20	8	48
14	Colchester Harriers AC	20	11	20	51
14	Orion Harriers	11	20	20	51
16	Billericay Striders	20	13	20	53

### U15 Girls

Pos	Club	Race 1	Race 2	Race 3	Total
1	Basildon AC	2	2	1	5
2	Chelmsford AC	1	3	2	6
3	Havering AC	3	1	4	8
4	Cambridge and Coleridge AC	6	5	3	14
5	Orion Harriers	4	4	8	16
6	Colchester Harriers AC	5	7	6	18
7	Harlow AC	9	6	5	20
8	Thurrock Harriers	7	8	7	22
9	Braintree & District AC	10	9	9	28
10	Discovery Triathlon Club	12	12	10	34
11	Colchester & Tendring AC	11	11	20	42
12	East Essex Triathlon Club	8	20	20	48

### U15 Boys

Pos	Club	Race 1	Race 2	Race 3	Total
1	Thurrock Harriers	1	1	2	4
2	Chelmsford AC	4	5	3	12
3	Basildon AC	3	2	8	13
4	Havering AC	5	4	5	14
5	Orion Harriers	6	10	4	20
6	Colchester Harriers AC	7	8	6	21
7	Colchester & Tendring AC	12	3	9	24
8	Harlow AC	8	6	11	25
8	Southend-on-Sea AC	9	9	7	25
10	Cambridge and Coleridge AC	13	13	1	27
11	Ilford AC	2	7	20	29
12	East Essex Triathlon Club	10	12	10	32
13	Braintree & District AC	20	11	12	43

### U17/20 Women

Pos	Club	Race 1	Race 2	Race 3	Total
1	Havering AC	1	1	2	4
2	Chelmsford AC	5	2	1	8
3	Benfleet Running Club	2	3	4	9
4	Thurrock Harriers	7	6	3	16
5	Basildon AC	4	7	8	19
6	Colchester & Tendring AC	6	10	5	21
7	Cambridge and Coleridge AC	11	5	6	22
8	Harlow AC	9	9	7	25
9	Southend-on-Sea AC	3	4	20	27
10	Colchester Harriers AC	8	8	20	36
11	Orion Harriers	10	13	20	43
12	Ilford AC	20	11	20	51
13	Discovery Triathlon Club	20	12	20	52
14	East Essex Triathlon Club	20	14	20	54

### U17 Men

Pos	Club	Race 1	Race 2	Race 3	Total
1	Southend-on-Sea AC	1	2	1	4
2	Orion Harriers	3	4	6	13
3	Colchester Harriers AC	4	3	8	15
4	Basildon AC	5	8	3	16
5	Colchester & Tendring AC	7	6	4	17
6	Harlow AC	6	7	9	22
6	Thurrock Harriers	8	12	2	22
8	Benfleet Running Club	10	10	7	27
8	Havering AC	2	5	20	27
10	East Essex Triathlon Club	11	9	10	30
11	Cambridge and Coleridge AC	20	11	5	36
12	Chelmsford AC	20	1	20	41
13	Braintree & District AC	9	20	20	49

### Senior Women (incl. Veterans) Div 1

Pos	Club	Race 1	Race 2	Race 3	Total
1	Chelmsford AC	1	1	1	3
2	Southend-on-Sea AC	5	2	2	9
3	Colchester Harriers AC	2	3	5	10
4	Springfield Striders	6	5	6	17
5	Basildon AC	3	11	4	18
6	Orion Harriers	4	4	11	19
7	Benfleet Running Club	7	8	7	22
8	Thrill Green Trotters	8	7	8	23
9	Phoenix Striders	9	9	10	28
10	Cambridge and Coleridge AC	20	6	3	29
10	Ilford AC	10	10	9	29
12	Thurrock Harriers	11	20	20	51

### Senior Men (incl. Veterans) Div 1

Pos	Club	Race 1	Race 2	Race 3	Total
1	Springfield Striders	2	3	1	6
2	Havering AC	1	4	2	7
3	Colchester Harriers AC	4	2	5	11
4	Chelmsford AC	3	1	9	13
5	Orion Harriers	6	5	4	15
6	Southend-on-Sea AC	7	6	3	16
7	Benfleet Running Club	5	7	6	18
8	Basildon AC	8	8	7	23
9	Ilford AC	9	9	10	28
10	Phoenix Striders	11	11	8	30
11	Thrill Green Trotters	10	10	11	31
12	Pitsea Running Club	12	12	12	36

### Senior Women (incl. Veterans) Div 2

Pos	Club	Race 1	Race 2	Race 3	Total
1	Billericay Striders	1	1	1	3
2	Halstead RR	2	2	2	6
3	Havering AC	3	3	3	9
4	Pitsea Running Club	5	5	5	15
5	East Essex Triathlon Club	4	9	4	17
6	Mid Essex Casuals	7	4	7	18
7	Colchester & Tendring AC	8	6	6	20
8	Loughton AC	6	7	20	33
9	Braintree & District AC	20	8	8	36

### Senior Men (incl. Veterans) Div 2

Pos	Club	Race 1	Race 2	Race 3	Total
1	Thurrock Harriers	1	2	2	5
2	Cambridge and Coleridge AC	5	1	1	7
3	Halstead RR	3	5	3	11
4	Billericay Striders	2	3	7	12
5	Mid Essex Casuals	4	6	4	14
6	Braintree & District AC	6	4	8	18
7	East Essex Triathlon Club	7	7	6	20
8	Colchester & Tendring AC	9	9	5	23
9	Loughton AC	8	8	9	25

### Veteran Women

Pos	Club	Race 1	Race 2	Race 3	Total
1	Springfield Striders	2	1	2	5
2	Chelmsford AC	3	3	1	7
3	Southend-on-Sea AC	4	4	5	13
4	Billericay Striders	5	6	4	15
5	Orion Harriers	1	5	16	22
6	Benfleet Running Club	6	10	8	24
7	Thrill Green Trotters	10	9	6	25
8	Colchester Harriers AC	13	2	11	26
9	Ilford AC	11	13	6	30
9	Phoenix Striders	8	12	10	30
11	Halstead RR	15	7	9	31
12	Havering AC	7	8	19	34
13	East Essex Triathlon Club	9	19	13	41
14	Cambridge & Coleridge AC	20	20	3	43
15	Basildon AC	14	18	12	44
16	Pitsea Running Club	16	15	14	45
17	Mid Essex Casuals	19	11	17	47
18	Colchester & Tendring AC	17	16	15	48
19	Loughton AC	12	14	25	51
20	Braintree & District AC	25	17	18	60
21	Thurrock Harriers	18	25	25	68

### Veteran Men

Pos	Club	Race 1	Race 2	Race 3	Total
1	Springfield Striders	1	2	2	5
2	Colchester Harriers AC	6	1	1	8
3	Orion Harriers	4	3	3	10
4	Southend-on-Sea AC	3	7	5	15
5	Benfleet Running Club	2	10	6	18
6	Thurrock Harriers	8	4	7	19
7	Chelmsford AC	7	8	8	23
8	Havering AC	5	5	14	24
9	Thrill Green Trotters	9	11	9	29
10	Ilford AC	11	9	11	31
11	Billericay Striders	10	6	18	34
12	Halstead RR	15	11	10	36
13	Basildon AC	13	13	12	38
14	Phoenix Striders	12	14	13	39
15	Cambridge & Coleridge AC	17	20	3	40
16	Mid Essex Casuals	14	15	15	44
17	East Essex Triathlon Club	18	18	17	53
18	Braintree & District AC	19	16	19	54
18	Loughton AC	16	17	21	54
20	Pitsea Running Club	20	19	16	55
21	Colchester & Tendring AC	25	25	20	70