

Individual positions after two fixtures

Pos	Cat	Athlete	Team	Pts
1	U13 G	Kiera-Jayne Atkinson	Chelmsford AC	8
2	U13 G	Kayleigh Atkinson	Chelmsford AC	12
3	U13 G	Ruby Higgins	Havering AC	14
4	U13 G	Matilda Canty	Havering AC	22
5	U13 G	Millie Costin	Basildon AC	24
6	U13 G	Alice Bower	Chelmsford AC	38
7	U13 G	Hannah Evans	Havering AC	41
8	U13 G	Katie Lee	Harlow AC	55
9	U13 G	Mia Bowring	Chelmsford AC	56
10	U13 G	Sophie Cottam	Chelmsford AC	57
11	U13 G	Liliana Taylor	Southend-on-Sea AC	71
12	U13 G	Olivia Higgs	Thurrock Harriers	85

Pos	Cat	Athlete	Team	Pts
1	U13 B	Henry Dover	Colchester & Tendring AC	8
2	U13 B	Oliver Prince	Braintree & District AC	17
3	U13 B	Ryan Carroll	Havering AC	33
3	U13 B	Luca McGrath	Cambridge & Coleridge AC	33
5	U13 B	James Brigstocke-Williams	Colchester & Tendring AC	41
6	U13 B	Hugo Jones	Southend-on-Sea AC	53
7	U13 B	Tom Bullock	Cambridge & Coleridge AC	57
8	U13 B	Lawrence Martin	Chelmsford AC	63
9	U13 B	Finley Wolton	Havering AC	79
10	U13 B	Lewis Waite	Chelmsford AC	90
11	U13 B	Toby Jones	Southend-on-Sea AC	91
12	U13 B	Stanley Hobbs	Colchester & Tendring AC	93
13	U13 B	Benedict Heath	Benfleet Running Club	112
14	U13 B	Ollie Connors	Benfleet Running Club	125

Individual positions after two fixtures

Pos	Cat	Athlete	Team	Pts
1	U15 G	Demi Eves	Thurrock Harriers	7
2	U15 G	Milly Presland	Colchester Harriers AC	13
3	U15 G	Jayne Elvin	Thurrock Harriers	28
4	U15 G	Chloe Trew	Basildon AC	29
5	U15 G	Millie Robson	Cambridge & Coleridge AC	30
6	U15 G	Madeline Barker	Havering AC	48
7	U15 G	Grace Holmes	Southend-on-Sea AC	58
8	U15 G	Kennedy Beardwell	Thurrock Harriers	67
9	U15 G	Hannah Yexley	Havering AC	76
10	U15 G	Rosie Spring	Thurrock Harriers	93
11	U15 G	Morgan Romain	Havering AC	107
11	U15 G	Evie Knight	Basildon AC	107
13	U15 G	Amelia Jones	Southend-on-Sea AC	110
14	U15 G	Mikila Delanbanque	Harlow AC	126

Pos	Cat	Athlete	Team	Pts
1	U15 B	Charlie Howell	Havering AC	11
2	U15 B	Luke Randall	Southend-on-Sea AC	16
3	U15 B	Toby Linsell	Basildon AC	20
4	U15 B	Dylon Harrod	Thurrock Harriers	32
5	U15 B	Sunny Vehit	Thurrock Harriers	45
6	U15 B	William Nuttall	Chelmsford AC	49
7	U15 B	Samuel Waite	Chelmsford AC	56
8	U15 B	Gethin Rogers	Cambridge & Coleridge AC	63
9	U15 B	Archie Connors	Benfleet Running Club	66
10	U15 B	Jacob Alexander	Chelmsford AC	75
11	U15 B	Jack Thomson	Havering AC	88
12	U15 B	Ronan Longman-Young	Benfleet Running Club	98
13	U15 B	Owen Keen	Orion Harriers	109

Individual positions after two fixtures

Pos	Cat	Athlete	Team	Pts
1	U17W	Grace Burrell	Basildon AC	4
2	U17W	Hayley Instance	Thurrock Harriers	7
3	U17W	Frances Haines	Cambridge & Coleridge AC	20
4	U17W	Sophie Wetheridge	Basildon AC	25
5	U17W	Savanna Sirkett	Orion Harriers	43
6	U17W	Sasha Clark	Cambridge & Coleridge AC	48
7	U17W	Robyn Bartholomew	Southend-on-Sea AC	57
8	U17W	Emily Fall	Thurrock Harriers	60
9	U17W	Becci Leddy	Orion Harriers	70
1	U20W	Elsie Gray	Colchester & Tendring AC	15
2	U20W	Abby Rex	Basildon AC	28
3	U20W	Grace Goodall	Benfleet Running Club	29
4	U20W	Jenna Williams	Southend-on-Sea AC	30
5	U20W	Jordan Hinds	Ilford AC	69
Pos	Cat	Athlete	Team	Pts
1	U17M	Leon Wheeler	Thurrock Harriers	5
2	U17M	Zack Bridgeland	Chelmsford AC	6
3	U17M	Danny Millward	Colchester Harriers AC	17
4	U17M	Jamie Rashbrook	Basildon AC	22
5	U17M	Ben Prior	Thurrock Harriers	24
6	U17M	Matt Warner	Southend-on-Sea AC	34
7	U17M	Sam Wheatley	Southend-on-Sea AC	35
8	U17M	Innes Fullerton	Braintree & District AC	47
9	U17M	George Hill	Basildon AC	50
10	U17M	Bradley Deacon	Ilford AC	52
11	U17M	Aaron Davis	Chelmsford AC	62
12	U17M	James Wright	Basildon AC	63
13	U17M	Daniel McGill	Basildon AC	74
14	U17M	Henri Willett	Thurrock Harriers	88
15	U17M	Elijah Brown	Southend-on-Sea AC	89
16	U17M	Haydn Hawkins	Braintree & District AC	94

Individual positions after two fixtures

Pos	Cat	Athlete	Team	Pts
1	U20M	Sam Atkins	Havering AC	26
2	U20M	James Stewart	Havering AC	61
3	U20M	Sam Norris	Southend-on-Sea AC	70
4	U20M	Taylor Newell	Thurrock Harriers	71
5	U20M	Conor Culham	Braintree & District AC	173
6	U20M	Oliver Randall	Southend-on-Sea AC	205
7	U20M	Connor Johnson	Grange Farm & Dunmow Runners	294

Individual positions after two fixtures

Pos	Cat	Athlete	Team	Pts
1	SW	Ginte Bailey	Havering AC	14
2	SW	Sarah Worley	Billericay Striders RC	21
3	SW	Hayley Lamkin	Southend-on-Sea AC	31
4	SW	Rebecca Cooke	Colchester Harriers AC	47
5	SW	Holly Gillard	Southend-on-Sea AC	55
6	SW	Sarah Pennington	Southend-on-Sea AC	56
7	SW	Megan Williams	Chelmsford AC	64
8	SW	Clare Davies	Havering AC	86
9	SW	Carlie Qirem	Ilford AC	141
10	SW	Sasha Tourbassora	JBR Run and Tri	221
1	V35/V40	Rebecca Luxton	Chelmsford AC	13
2	V35/V40	Rachael Roughan	Halstead RR	88
3	V35/V40	Jennie Page	JBR Run and Tri	114
4	V35/V40	Sarah Lengthorn	Billericay Striders RC	192
5	V35/V40	Anna Bambridge	Halstead RR	212
6	V35/V40	Lynsey Hawkins	Braintree & District AC	243
7	V35/V40	Kristina Read	Phoenix Striders	293
8	V35/V40	Victoria Peacock	Thurrock Harriers	103
9	V35/V40	Liane Conners	Benfleet Running Club	160
10	V35/V40	Lynne Culham	Braintree & District AC	340
1	V45/V50	Denise Morley	Colchester Harriers AC	43
2	V45/V50	Wendy King	Chelmsford AC	44
3	V45/V50	Debbie Appleton	Havering AC	48
4	V45/V50	Alison Trauttmansdorff-Weir	Orion Harriers	85
5	V45/V50	Joanne Sullivan	Havering AC	123
6	V45/V50	Rebecca Taylor	Southend-on-Sea AC	153
7	V45/V50	Madeleine Knight	Brentwood Running Club	186
8	V45/V50	Nikki Leigh	Benfleet Running Club	223
9	V45/V50	Joanne Ling	Billericay Striders RC	226
10	V45/V50	Lorna Pettifer	Mid Essex Casuals	229
11	V45/V50	Annette Johnson	Benfleet Running Club	280
12	V45/V50	Debi Loveland	JBR Run and Tri	343
1	V55/V60	Breege Nordin	Ilford AC	143
2	V55/V60	Elaine Tribley	Springfield Striders RC	244
3	V55/V60	Gillian Harrison	Pitsea Running Club	322
1	V65/V70	Lynn Tanner	Springfield Striders RC	228
2	V65/V70	Valerie Sinclair	Pitsea Running Club	309
3	V65/V70	Sue Vine	Phoenix Striders	330

Individual positions after two fixtures

Pos	Cat	Athlete	Team	Pts
1	SM	Rob Warner	Havering AC	14
2	SM	Alec Finch	Thurrock Harriers	21
3	SM	Rhys Gillard	Southend-on-Sea AC	35
4	SM	Paul Grange	Havering AC	41
5	SM	Kurtis Swan	Braintree & District AC	58
6	SM	James Smith	Halstead RR	116
7	SM	John Whitehead	Havering AC	131
8	SM	Freddy Keefe	Havering AC	145
9	SM	Wesley Atkins	Halstead RR	152
10	SM	Daniel Reynolds	Grange Farm & Dunmow Runners	155
11	SM	Robbie Cooman	Havering AC	172
12	SM	Gavin Scanlon	Colchester Harriers AC	178
13	SM	Michael Smith	Colchester Harriers AC	203
14	SM	David Wilson	Orion Harriers	248
15	SM	Tom Walsh	Southend-on-Sea AC	259
16	SM	Barry Weldon	Billericay Striders RC	445
17	SM	William Holman	Phoenix Striders	595
1	V40/V45	Crispian Bloomfield	Billericay Striders RC	31
2	V40/V45	Lee Taylor	Southend-on-Sea AC	53
3	V40/V45	Christian Holmes	Southend-on-Sea AC	59
4	V40/V45	Barry Smith	Havering AC	138
5	V40/V45	Toby Draper	Thurrock Harriers	172
6	V40/V45	Anthony Goodall	Springfield Striders RC	174
7	V40/V45	Martin Chester	Havering AC	176
8	V40/V45	Andrew Low	Benfleet Running Club	225
9	V40/V45	Graham Booty	Benfleet Running Club	248
10	V40/V45	Tim Wright	Orion Harriers	252
11	V40/V45	Steve Walker	Havering AC	278
12	V40/V45	Matt Stenning	Billericay Striders RC	340
13	V40/V45	Matt Randall	Southend-on-Sea AC	343
14	V40/V45	Roy Perrott	Orion Harriers	350
15	V40/V45	Roy Harwood	Benfleet Running Club	355
16	V40/V45	Ian Pike	Benfleet Running Club	373
17	V40/V45	Ben Fisher	Orion Harriers	426
18	V40/V45	Tony Collins	Havering AC	477
19	V40/V45	Mark Lawes	Tiptree Road Runners	481
20	V40/V45	Trevor Robinson	Ilford AC	540
21	V40/V45	Ian Glover	Southend-on-Sea AC	546
22	V40/V45	Jon Brown	JBR Run and Tri	585
1	V50/V55	Colin Read	Orion Harriers	105
2	V50/V55	Craig Dyce	Cambridge & Coleridge AC	119
3	V50/V55	Paul Broome	Springfield Striders RC	244
4	V50/V55	Peter West	Colchester Harriers AC	258
5	V50/V55	Alan Clark	Benfleet Running Club	325
6	V50/V55	Nick Rankin	Benfleet Running Club	327
7	V50/V55	Peter Tullett	Chelmsford AC	349
8	V50/V55	Stephen Foggo	Billericay Striders RC	400
9	V50/V55	Alan Fullerton	Grange Farm & Dunmow Runners	401
10	V50/V55	Doug Stephens	Benfleet Running Club	409

Individual positions after two fixtures

11	V50/V55	Trevor Horncastle	Phoenix Striders	414
12	V50/V55	David Findlay	Basildon AC	416
13	V50/V55	Dave Brock	Orion Harriers	419
14	V50/V55	Neil Clark	Phoenix Striders	424
15	V50/V55	Simon Morgan	Colchester Harriers AC	432
16	V50/V55	Alan Pearl	Ilford AC	463
17	V50/V55	Colin White	Billericay Striders RC	464
18	V50/V55	Martin Orford	Phoenix Striders	480
19	V50/V55	Matt Gillard	Southend-on-Sea AC	507
20	V50/V55	Kevin Kirby	Chelmsford AC	513
21	V50/V55	Colin Wilkinson	Phoenix Striders	533
22	V50/V55	Henry Ricketts	Ilford AC	589
23	V50/V55	Ray Sparra Everingham	Ilford AC	622
1	V60/V65	David Butler	Billericay Striders RC	272
2	V60/V65	Bob Langley	Halstead RR	363
3	V60/V65	Donald English	Halstead RR	422
4	V60/V65	Bill Bennett	Orion Harriers	452
5	V60/V65	Tim Brockington	Springfield Striders RC	459
6	V60/V65	Donald Sinclair	Pitsea Running Club	548
7	V60/V65	Edward Skinner	Tiptree Road Runners	558
8	V60/V65	Brian Butcher	Mid Essex Casuals	582
9	V60/V65	Graham Bardell	JBR Run and Tri	596
10	V60/V65	Peter Eates	Phoenix Striders	610
1	V70	James Huddart	Ilford AC	629