

Essex Cross Country League

Team Standings after 3 fixtures

U13 Girls

Pos	Club	Race 1	Race 2	Race 3	Race 4	Race 5	Total
1	Chelmsford AC	1	1	1			3
2	Havering AC	2	2	2			6
3	Basildon AC	3	5	5			13
4	Southend-on-Sea AC	4	3	8			15
5	Colchester Harriers AC	6	7	9			22
6	Thurrock Harriers	8	4	11			23
7	Orion Harriers	9	8	6			23
8	Harlow AC	10	10	4			24
9	Cambridge & Coleridge AC	20	6	3			29
10	Colchester & Tendring AC	11	12	12			35
11	Benfleet Running Club	5	11	20			36
12	East Essex Triathlon Club	7	9	20			36
13	Braintree & District AC	12	20	7			39
14	Discovery Tri	20	20	10			50

U13 Boys

Pos	Club	Race 1	Race 2	Race 3	Race 4	Race 5	Total
1	Cambridge & Coleridge AC	1	1	2			4
2	Havering AC	2	4	3			9
3	Chelmsford AC	4	5	1			10
4	Southend-on-Sea AC	5	2	8			15
4	Colchester & Tendring AC	8	3	4			15
6	Benfleet Running Club	7	7	6			20
7	Braintree & District AC	6	9	7			22
7	Thurrock Harriers	9	8	5			22
9	Basildon AC	3	6	20			29
10	Colchester Harriers AC	11	11	12			34
10	Orion Harriers	13	10	11			34
12	Ilford AC	10	20	10			40
13	Harlow AC	20	20	9			49
14	Billericay Striders RC	12	20	20			52
14	East Essex Tri	20	12	20			52

U15 Girls

Pos	Club	Race 1	Race 2	Race 3	Race 4	Race 5	Total
1	Havering AC	2	1	2			5
2	Basildon AC	1	4	1			6
3	Thurrock Harriers	3	2	3			8
4	Cambridge & Coleridge AC	7	3	5			15
5	Southend-on-Sea AC	4	8	4			16
6	Orion Harriers	5	5	7			17
7	Chelmsford AC	6	6	8			20
8	Colchester Harriers AC	8	7	6			21
9	Discovery Triathlon Club	9	20	9			38
10	Harlow AC	10	9	20			39
11	Benfleet Running Club	20	10	20			50

U15 Boys

Pos	Club	Race 1	Race 2	Race 3	Race 4	Race 5	Total
1	Havering AC	1	2	2			5
2	Southend-on-Sea AC	2	5	1			8
3	Basildon AC	4	1	5			10
4	Chelmsford AC	6	3	4			13
4	Cambridge & Coleridge AC	3	7	3			13
6	Thurrock Harriers	7	6	6			19
7	Orion Harriers	8	4	8			20
8	Colchester & Tendring AC	5	9	7			21
9	Benfleet Running Club	9	8	10			27
10	Ilford AC	10	11	9			30
11	East Essex Triathlon Club	11	10	20			41

U17/20 Women

Pos	Club	Race 1	Race 2	Race 3	Race 4	Race 5	Total
1	Basildon AC	1	1	1			3
2	Thurrock Harriers	2	3	6			11
2	Southend-on-Sea AC	5	2	4			11
2	Cambridge & Coleridge AC	3	6	2			11
5	Havering AC	4	4	5			13
6	Orion Harriers	6	7	3			16
7	Chelmsford AC	7	5	7			19
8	Colchester & Tendring AC	8	8	8			24
9	Benfleet Running Club	9	9	9			27
10	Ilford AC	10	10	10			30
11	Harlow AC	20	20	10			50

U17 Men

Pos	Club	Race 1	Race 2	Race 3	Race 4	Race 5	Total
1	Basildon AC	2	3	2			7
1	Thurrock Harriers	5	1	1			7
3	Chelmsford AC	3	4	3			10
4	Southend-on-Sea AC	7	5	4			16
5	Ilford AC	1	7	9			17
5	Colchester Harriers AC	9	2	6			17
7	Braintree & District AC	4	9	5			18
8	Havering AC	6	8	7			21
9	East Essex Triathlon Club	8	6	20			34
10	Cambridge & Coleridge AC	11	20	8			39
11	Harlow AC	10	10	20			40

Senior Women (incl. Veterans) Div 1

Pos	Club	Race 1	Race 2	Race 3	Race 4	Race 5	Total
1	Havering AC	4	1	1			6
2	Southend-on-Sea AC	2	2	4			8
3	Colchester Harriers AC	3	4	3			10
4	Chelmsford AC	1	10	2			13
5	Benfleet Running Club	5	3	6			14
6	Orion Harriers	6	5	5			16
7	Brentwood Running Club	8	8	7			23
8	Springfield Striders RC	7	7	10			24
9	Ilford AC	9	9	8			26
10	Grange Farm & Dunmow Runne	10	6	11			27
11	Basildon AC	11	11	9			31
12	Loughton AC	12	12	20			44

Senior Men (incl. Veterans) Div 1

Pos	Club	Race 1	Race 2	Race 3	Race 4	Race 5	Total
1	Havering AC	1	1	1			3
2	Southend-on-Sea AC	2	2	2			6
3	Orion Harriers	3	3	3			9
4	Thurrock Harriers	4	4	5			13
5	Colchester Harriers AC	5	5	4			14
6	Springfield Striders RC	7	7	7			21
7	Ilford AC	6	9	10			25
7	Grange Farm & Dunmow Runne	9	10	6			25
9	Benfleet Running Club	11	6	9			26
9	Billericay Striders RC	10	8	8			26
11	Chelmsford AC	8	12	11			31
12	Brentwood Running Club	12	11	12			35

Senior Women (incl. Veterans) Div 2

Pos	Club	Race 1	Race 2	Race 3	Race 4	Race 5	Total
1	Billericay Striders RC	1	2	3			6
2	JBR Run and Tri	2	3	5			10
3	Halstead RR	3	4	4			11
4	Thurrock Harriers	9	1	2			12
5	Phoenix Striders	7	6	6			19
6	Mid Essex Casuals	4	8	9			21
7	Pitsea Running Club	8	7	7			22
8	East Essex Triathlon Club	5	5	20			30
8	Braintree & District AC	10	12	8			30
10	Cambridge & Coleridge AC	20	10	1			31
11	Hockley Trail Runners	6	9	20			35
12	Witham Running Club	11	20	20			51
12	Tiptree Road Runners	20	11	20			51

Senior Men (incl. Veterans) Div 2

Pos	Club	Race 1	Race 2	Race 3	Race 4	Race 5	Total
1	Halstead RR	2	1	2			5
2	JBR Run and Tri	3	2	5			10
2	Phoenix Striders	4	3	3			10
4	Cambridge & Coleridge AC	10	6	1			17
5	Mid Essex Casuals	7	5	7			19
6	Pitsea Running Club	8	4	9			21
6	Basildon AC	1	12	8			21
8	Braintree & District AC	9	7	6			22
9	Tiptree Road Runners	11	9	4			24
10	Hockley Trail Runners	5	10	12			27
11	East Essex Triathlon Club	6	8	20			34
12	Witham Running Club	20	11	11			42
12	Colchester & Tendring AC	12	20	10			42
14	Loughton AC	13	20	20			53
14	Harlow AC	20	13	20			53

Veteran Women

Pos	Club	Race 1	Race 2	Race 3	Race 4	Race 5	Total
1	Southend-on-Sea AC	2	2	6			10
1	Orion Harriers	5	3	2			10
3	Benfleet Running Club	3	6	11			20
3	Havering AC	8	7	5			20
5	Colchester Harriers AC	19	1	1			21
6	Brentwood Running Club	6	13	9			28
7	Springfield Striders RC	4	9	16			29
7	Billericay Striders RC	10	11	8			29
9	Halstead RR	11	12	7			30
10	Thurrock Harriers	22	5	4			31
11	JBR Run and Tri	7	10	15			32
12	Chelmsford AC	1	19	14			34
13	Grange Farm & Dunmow Runne	9	8	20			37
13	Ilford AC	12	15	10			37
15	Basildon AC	21	4	18			43
16	Phoenix Striders	16	18	12			46
17	Mid Essex Casuals	13	16	18			47
18	Pitsea Running Club	18	17	13			48
18	Cambridge & Coleridge AC	25	20	3			48
20	East Essex Triathlon Club	14	14	25			53
21	Braintree & District AC	20	21	17			58
22	Loughton AC	15	24	25			64
22	Hockley Trail Runners	17	22	25			64
24	Tiptree Road Runners	25	23	25			73

Veteran Men

Pos	Club	Race 1	Race 2	Race 3	Race 4	Race 5	Total
1	Orion Harriers	2	1	1			4
2	Havering AC	1	2	2			5
3	Springfield Striders RC	3	4	5			12
4	Billericay Striders RC	5	3	6			14
5	Southend-on-Sea AC	4	5	7			16
6	Colchester Harriers AC	7	8	3			18
7	Benfleet Running Club	8	6	8			22
8	Ilford AC	11	7	11			29
9	Thurrock Harriers	6	16	9			31
10	Phoenix Striders	13	10	12			35
11	Brentwood Running Club	10	9	17			36
12	JBR Run and Tri	12	11	14			37
13	Chelmsford AC	9	21	10			40
14	Grange Farm & Dunmow Runne	14	12	15			41
15	Cambridge & Coleridge AC	22	18	4			44
16	Mid Essex Casuals	17	13	18			48
17	Hockley Trail Runners	16	14	21			51
18	Halstead RR	19	20	13			52
19	Pitsea Running Club	21	15	19			55
20	Basildon AC	15	17	25			57
20	East Essex Triathlon Club	18	19	20			57
22	Tiptree Road Runners	20	22	16			58
23	Witham Running Club	25	23	25			73
23	Loughton AC	23	25	25			73
25	Harlow AC	25	24	25			74