

Essex Cross Country League 2019/20

Team Standings after 2 fixtures (best 4 scores to count at end of season)

U13 Girls

Pos	Club	Race 1	Race 2	Race 3	Race 4	Race 5	Total
1	Chelmsford AC	1	1	1			3
2	Havering AC	2	2	2			6
3	Southend-on-Sea AC	3	5	3			11
4	Benfleet Running Club	4	4	5			13
5	Thurrock Harriers	5	7	6			18
6	Basildon AC	8	8	4			20
7	Harlow AC	7	6	8			21
8	Cambridge & Coleridge AC	9	3	10			22
9	Orion Harriers	6	10	7			23
10	Braintree & District AC	11	9	11			31
10	Colchester & Tendring AC	10	12	9			31
12	Colchester Harriers AC	12	11	20			43
13	East Essex Triathlon Club	20	13	20			53

U13 Boys

Pos	Club	Race 1	Race 2	Race 3	Race 4	Race 5	Total
1	Havering AC	1	1	2			4
2	Southend-on-Sea AC	3	2	1			6
3	Chelmsford AC	2	3	3			8
4	Thurrock Harriers	4	5	4			13
5	Basildon AC	8	6	5			19
6	Orion Harriers	6	7	7			20
7	Ilford AC	5	11	6			22
8	Cambridge & Coleridge AC	10	4	10			24
9	Colchester Harriers AC	7	9	9			25
9	Colchester & Tendring AC	9	8	8			25
11	Braintree & District AC	11	10	20			41
12	Billericay Striders RC	12	12	20			44
13	Harlow AC	20	13	20			53
13	East Essex Triathlon Club	13	20	20			53

U15 Girls

Pos	Club	Race 1	Race 2	Race 3	Race 4	Race 5	Total
1	Havering AC	1	1	1			3
2	Southend-on-Sea AC	3	4	3			10
3	Chelmsford AC	2	7	2			11
4	Orion Harriers	4	2	7			13
5	Basildon AC	5	5	5			15
6	Benfleet Running Club	6	6	6			18
7	Colchester Harriers AC	7	9	4			20
8	Cambridge & Coleridge AC	9	3	9			21
9	Thurrock Harriers	8	8	8			24
10	Harlow AC	11	20	10			41
11	Colchester & Tendring AC	10	20	20			50
12	Braintree & District AC	12	20	20			52

U15 Boys

Pos	Club	Race 1	Race 2	Race 3	Race 4	Race 5	Total
1	Havering AC	1	1	1			3
2	Chelmsford AC	3	4	2			9
3	Southend-on-Sea AC	2	2	7			11
4	Colchester & Tendring AC	4	5	5			14
5	Basildon AC	5	8	4			17
6	Cambridge & Coleridge AC	7	3	8			18
6	Ilford AC	6	6	6			18
8	Braintree & District AC	11	7	3			21
9	Orion Harriers	8	9	12			29
10	Benfleet Running Club	9	11	10			30
11	Billericay Striders RC	10	12	9			31
12	Harlow AC	14	10	13			37
13	Colchester Harriers AC	13	20	11			44
14	Thurrock Harriers	12	20	20			52

U17/20 Women

Pos	Club	Race 1	Race 2	Race 3	Race 4	Race 5	Total
1	Basildon AC	1	1	1			3
2	Chelmsford AC	2	2	2			6
3	Thurrock Harriers	3	4	4			11
3	Havering AC	5	3	3			11
5	Orion Harriers	4	6	8			18
6	Colchester Harriers AC	6	8	5			19
7	Cambridge & Coleridge AC	8	7	6			21
8	Harlow AC	20	5	10			35
9	Ilford AC	20	9	7			36
10	Southend-on-Sea AC	7	10	20			37
11	Benfleet Running Club	9	20	20			49
11	Colchester & Tendring AC	20	20	9			49

U17 Men

Pos	Club	Race 1	Race 2	Race 3	Race 4	Race 5	Total
1	Chelmsford AC	1	1	3			5
1	Southend-on-Sea AC	2	2	1			5
3	Basildon AC	3	3	2			8
4	Ilford AC	4	4	6			14
5	Thurrock Harriers	5	5	7			17
6	Havering AC	6	8	5			19
6	Colchester & Tendring AC	8	7	4			19
8	Braintree & District AC	7	10	10			27
9	Colchester Harriers AC	9	20	9			38
10	Orion Harriers	10	9	20			39
11	Cambridge & Coleridge AC	20	6	20			46
12	Benfleet Running Club	20	20	8			48
13	Tiptree Road Runners	11	20	20			51

Senior Women (incl. Veterans) Div 1

Pos	Club	Race 1	Race 2	Race 3	Race 4	Race 5	Total
1	Havering AC	1	1	1			3
2	Southend-on-Sea AC	4	2	5			11
3	Colchester Harriers AC	2	8	3			13
4	Benfleet Running Club	6	3	7			16
4	Orion Harriers	8	6	2			16
6	Brentwood Running Club	5	7	6			18
7	Thurrock Harriers	11	4	4			19
8	Springfield Striders RC	3	10	8			21
9	Billericay Striders RC	9	5	10			24
10	Ilford AC	10	9	9			28
11	Chelmsford AC	12	11	11			34
12	JBR Run and Tri	7	20	12			39

Senior Men (incl. Veterans) Div 1

Pos	Club	Race 1	Race 2	Race 3	Race 4	Race 5	Total
1	Havering AC	1	3	2			4
2	Southend-on-Sea AC	4	2	3			9
3	Ilford AC	6	3	1			10
4	Colchester Harriers AC	2	5	6			13
5	Orion Harriers	3	4	7			14
6	Thurrock Harriers	5	6	4			15
7	Benfleet Running Club	7	7	8			22
8	Springfield Striders RC	9	9	5			23
9	Grange Farm & Dunmow Runne	8	8	9			25
10	Halstead RR	10	10	11			31
11	Phoenix Striders	11	11	12			34
12	JBR Run and Tri	12	25	10			47

Senior Women (incl. Veterans) Div 2

Pos	Club	Race 1	Race 2	Race 3	Race 4	Race 5	Total
1	Halstead RR	2	2	2			6
2	Tiptree Road Runners	1	7	1			9
3	Phoenix Striders	3	6	3			12
4	Pitsea Running Club	4	4	5			13
5	Grange Farm & Dunmow Run	7	3	4			14
6	Cambridge & Coleridge AC	6	1	8			15
7	East Essex Triathlon Club	5	10	9			21
8	Mid Essex Casuals	9	8	10			27
9	Basildon AC	20	5	9			34
10	Braintree & District AC	20	9	7			36
11	Loughton AC	8	20	20			48

Senior Men (incl. Veterans) Div 2

Pos	Club	Race 1	Race 2	Race 3	Race 4	Race 5	Total
1	Chelmsford AC	2	2	2			6
2	Braintree & District AC	1	7	1			9
3	Billericay Striders RC	3	3	4			10
4	Brentwood Running Club	4	6	5			15
5	Basildon AC	8	5	3			16
6	Pitsea Running Club	5	4	8			17
7	Cambridge & Coleridge AC	9	2	10			20
8	Tiptree Road Runners	7	8	6			21
9	Mid Essex Casuals	6	10	7			23
10	Hockley Trail Runners	12	9	9			30
11	Colchester & Tendring AC	10	11	13			34
12	East Essex Triathlon Club	11	12	12			35
13	Witham Running Club	13	20	11			44
14	Loughton AC	14	20	20			54

Veteran Women

Pos	Club	Race 1	Race 2	Race 3	Race 4	Race 5	Total
1	Orion Harriers	3	3	1			7
2	Springfield Striders RC	1	5	4			10
3	Southend-on-Sea AC	4	2	5			11
4	Brentwood Running Club	6	4	7			17
5	Thurrock Harriers	15	1	2			18
6	Colchester Harriers AC	2	15	3			20
7	Havering AC	7	7	8			22
8	Benfleet Running Club	5	11	9			25
9	Billericay Striders RC	9	9	10			28
10	Tiptree Road Runners	8	16	6			30
11	Phoenix Striders	11	13	12			36
11	Ilford AC	17	8	11			36
13	Pitsea Running Club	13	12	15			40
14	Halstead RR	19	10	13			42
15	Grange Farm & Dunmow Runne	21	6	19			46
15	Mid Essex Casuals	12	14	20			46
17	East Essex Triathlon Club	14	19	18			51
17	JBR Run and Tri	10	25	16			51
19	Braintree & District AC	20	18	14			52
20	Chelmsford AC	16	25	17			58
21	Cambridge & Coleridge AC	25	17	25			67
22	Loughton AC	18	25	25			68
23	Hockley Trail Runners	22	25	25			72

Veteran Men

Pos	Club	Race 1	Race 2	Race 3	Race 4	Race 5	Total
1	Havering AC	2	1	2			5
2	Ilford AC	4	3	3			10
2	Colchester Harriers AC	3	2	5			10
2	Southend-on-Sea AC	5	4	1			10
5	Billericay Striders RC	6	6	6			18
6	Springfield Striders RC	8	7	4			19
7	Orion Harriers	1	8	11			20
8	Benfleet Running Club	7	9	8			24
9	Brentwood Running Club	11	10	9			30
10	Pitsea Running Club	9	12	10			31
11	Chelmsford AC	12	13	7			32
12	Thurrock Harriers	15	11	17			43
12	Mid Essex Casuals	13	15	15			43
12	Phoenix Striders	14	17	13			43
15	Grange Farm & Dunmow Runne	20	14	13			47
16	Basildon AC	10	20	18			48
17	Tiptree Road Runners	17	19	14			50
18	Halstead RR	16	16	19			51
19	Hockley Trail Runners	19	18	16			53
20	Cambridge & Coleridge AC	25	5	25			55
21	East Essex Triathlon Club	18	21	21			60
22	Colchester & Tendring AC	23	22	22			67
23	JBR Run & Tri	21	25	23			69
24	Loughton AC	22	25	25			72