

Essex Cross Country League

Team Standings after 4 races

U13 Girls

Pos	Club	Race 1	Race 2	Race 3	Race 4	Total
1	Cambridge & Coleridge AC	1	1	1	1	10
2	Chelmsford AC	4	4	2	4	14
3	Orion Harriers	3	8	3	1	15
4	Havering AC	5	6	4	2	17
5	Braintree & District AC	9	5	5	6	25
6	Basildon AC	7	7	8	5	27
7	Thurrock Harriers	2	2	6	20	30
8	Harlow AC	6	3	20	3	32
9	Southend-on-Sea AC	10	10	7	8	35
10	East Essex Triathlon Club	8	11	10	20	49
11	Colchester Harriers AC	11	13	9	20	53
12	Benfleet Running Club	20	9	11	20	60
13	Ilford AC	20	14	20	9	63
14	Colchester & Tendring AC	13	20	13	20	66
14	Discovery Triathlon Club	14	20	12	20	66
16	Mid Essex Casuals	12	20	20	20	72
16	West Suffolk AC	20	12	20	20	72

U13 Boys

Pos	Club	Race 1	Race 2	Race 3	Race 4	Total
1	Cambridge & Coleridge AC	1	1	1	2	5
2	Thurrock Harriers	2	3	2	6	13
2	Basildon AC	5	2	5	1	13
4	Harlow AC	3	4	6	4	17
5	Havering AC	4	5	9	3	21
6	Southend-on-Sea AC	6	6	3	8	23
7	Chelmsford AC	8	9	4	5	26
8	Orion Harriers	7	10	7	7	31
9	Benfleet Running Club	9	7	10	11	37
10	Ilford AC	10	20	8	10	48
11	Colchester Harriers AC	20	8	11	12	51
12	Colchester & Tendring AC	11	12	14	20	57
13	East Essex Triathlon Club	20	20	13	9	62
14	Braintree & District AC	13	11	20	20	64
14	Discovery Triathlon Club	12	20	12	20	64
16	West Suffolk AC	20	20	20	13	73

U15 Girls

Pos	Club	Race 1	Race 2	Race 3	Race 4	Total
1	Havering AC	1	1	1	1	4
2	Benfleet Running Club	3	3	5	2	13
3	Chelmsford AC	6	4	4	3	17
4	Cambridge & Coleridge AC	2	5	2	9	18
5	Southend-on-Sea AC	5	2	2	10	19
6	Orion Harriers	7	7	7	5	26
7	Basildon AC	9	11	8	6	34
8	Thurrock Harriers	4	5	6	20	35
9	East Essex Triathlon Club	10	10	9	8	37
10	Harlow AC	8	8	20	4	40
11	Colchester & Tendring AC	12	12	20	7	51
12	Braintree & District AC	11	9	20	20	60
13	West Suffolk AC	20	13	20	20	73

U15 Boys

Pos	Club	Race 1	Race 2	Race 3	Race 4	Total
1	Cambridge & Coleridge AC	1	1	1	4	7
1	Southend-on-Sea AC	2	2	2	1	7
3	Havering AC	3	5	3	3	14
4	Benfleet Running Club	4	4	6	5	19
5	Orion Harriers	5	6	9	2	22
6	Colchester & Tendring AC	6	3	7	9	25
7	Thurrock Harriers	9	7	5	10	31
8	Basildon AC	8	10	8	6	32
9	Harlow AC	10	11	10	7	38
10	Chelmsford AC	11	8	4	20	43
11	East Essex Triathlon Club	12	12	12	8	44
12	Colchester Harriers AC	7	9	14	20	50
13	Discovery Triathlon Club	20	13	13	20	66
14	Braintree & District AC	20	20	11	20	71

U17/20 Women

Pos	Club	Race 1	Race 2	Race 3	Race 4	Total
1	Cambridge & Coleridge AC	2	2	1	2	7
2	Chelmsford AC	1	1	3	4	9
3	Basildon AC	4	3	2	1	10
4	Southend-on-Sea AC	6	5	6	3	20
5	Havering AC	3	4	7	7	21
5	Colchester & Tendring AC	5	7	4	5	21
7	Benfleet Running Club	7	6	5	9	27
8	Thurrock Harriers	8	8	9	20	45
8	Harlow AC	9	20	10	6	45
10	Orion Harriers	20	9	12	8	49
11	Ipswich Harriers	20	20	8	20	68
12	West Suffolk AC	20	10	20	20	70
13	Braintree & District	20	20	11	20	71

U17 Men

Pos	Club	Race 1	Race 2	Race 3	Race 4	Total
1	Basildon AC	1	1	1	1	4
2	Orion Harriers	3	2	2	2	9
3	Benfleet Running Club	4	5	5	3	17
4	Thurrock Harriers	6	3	4	13	26
5	Cambridge & Coleridge AC	2	6	7	12	27
5	Chelmsford AC	10	4	3	10	27
5	Havering AC	5	8	6	8	27
8	Colchester & Tendring AC	8	7	12	4	31
9	Southend-on-Sea AC	9	9	10	5	33
10	East Essex Triathlon Club	12	11	9	6	38
11	Braintree & District AC	11	10	11	7	39
12	Ilford AC	7	20	8	9	44
13	Harlow AC	13	12	13	11	49
14	Discovery Triathlon Club	20	20	14	20	74

Senior Women (incl. Veterans)

Pos	Club	Race 1	Race 2	Race 3	Race 4	Total
1	Chelmsford AC	1	1	2	2	6
2	Cambridge & Coleridge AC	2	2	1	3	8
3	Colchester Harriers AC	3	3	3	1	10
4	Southend-on-Sea AC	9	4	4	4	21
5	Orion Harriers	4	7	6	6	23
6	Havering AC	10	5	7	5	27
7	Benfleet Running Club	4	10	8	7	29
8	Ilford AC	8	8	5	13	34
9	Springfield Striders RC	7	6	14	9	36
10	Loughton AC	11	13	10	8	42
11	Phoenix Striders	12	14	11	10	47
12	Mid Essex Casuals	14	9	9	17	49
13	Pitsea Running Club	13	15	12	11	51
14	Basildon AC	18	16	13	12	59
15	Thrift Green Trotters	19	11	19	14	63
16	Thurrock Harriers	6	18	15	25	64
17	Braintree & District AC	25	12	16	15	68
18	Colchester & Tendring AC	16	20	25	16	77
19	Ipswich Harriers	15	22	25	25	87
20	Billericay Striders RC	17	21	25	25	88
21	University of Essex	25	17	25	25	92
21	Tiptree Road Runners	25	25	17	25	92
23	Walden Triathlon Club	25	25	18	25	93
24	East Essex Triathlon Club	25	19	25	25	94

Senior Men (incl. Veterans)

Pos	Club	Race 1	Race 2	Race 3	Race 4	Total
1	Chelmsford AC	4	1	1	2	8
2	Orion Harriers	2	4	3	4	13
4	Colchester Harriers AC	3	2	5	5	15
2	Cambridge & Coleridge AC	1	7	2	3	13
6	Havering AC	5	5	6	6	22
5	Southend-on-Sea AC	7	6	4	1	18
7	Springfield Striders RC	6	3	11	10	30
8	Ilford AC	8	9	7	7	31
9	Basildon AC	9	8	10	8	35
10	Thurrock Harriers	10	10	8	9	37
11	Benfleet Running Club	12	11	9	12	44
13	Thrift Green Trotters	11	12	12	11	46
14	Phoenix Striders	13	14	14	13	54
15	Mid Essex Casuals	17	13	13	17	60
12	Billericay Striders RC	14	15	16		45
17	Braintree & District AC	15	16	17	14	62
18	Pitsea Running Club	16	19	15	15	65
15	Tiptree Road Runners	18	24	18		60
20	Loughton AC	25	17	19	16	77
18	Ipswich Harriers	19	21	25		65
22	Witham Running Club	20	25	25	20	90
21	West Suffolk AC	25	20	25	18	88
23	East Essex Triathlon Club	25	23	25	19	92

Veteran Women

Pos	Club	Race 1	Race 2	Race 3	Race 4	Total
1	Colchester Harriers AC	2	1	1	1	5
2	Orion Harriers	6	6	3	2	17
3	Havering AC	4	5	5	4	18
4	Cambridge & Coleridge AC	3	4	2	12	21
5	Springfield Striders RC	1	3	15	5	24
6	Loughton AC	7	9	7	6	29
7	Southend-on-Sea AC	17	7	4	3	31
8	Chelmsford AC	12	2	12	11	37
8	Benfleet Running Club	8	13	9	7	37
10	Ilford AC	9	12	7	13	41
11	Mid Essex Casuals	13	8	6	15	42
12	Phoenix Striders	10	14	10	9	43
13	Pitsea Running Club	11	15	11	10	47
14	Thrift Green Trotters	16	11	18	8	53
15	Thurrock Harriers	5	18	13	25	61
16	Braintree & District AC	25	10	17	16	68
17	Colchester & Tendring AC	14	16	25	14	69
18	Billericay Striders RC	15	17	25	25	82
19	Basildon AC	25	19	25	17	86
20	Tiptree Road Runners	25	25	14	25	89
21	Walden Triathlon Club	25	25	16	25	91

Veteran Men

Pos	Club	Race 1	Race 2	Race 3	Race 4	Total
1	Colchester Harriers AC	1	1	4	1	7
2	Orion Harriers	3	2	1	2	8
3	Ilford AC	2	5	2	3	12
4	Thurrock Harriers	4	3	3	5	15
5	Benfleet Running Club	7	7	5	6	25
6	Chelmsford AC	8	6	6	7	27
7	Springfield Striders RC	5	4	9	10	28
8	Cambridge & Coleridge AC	11	10	7	9	37
9	Southend-on-Sea AC	9	11	15	4	39
10	Havering AC	6	8	12	14	40
10	Thrift Green Trotters	10	9	13	8	40
12	Phoenix Striders	13	13	10	11	47
13	Pitsea Running Club	14	15	11	12	52
14	Mid Essex Casuals	16	12	8	17	53
15	Basildon AC	12	16	14	13	55
16	Loughton AC	25	14	18	15	72
17	Tiptree Road Runners	15	18	17	25	75
18	Billericay Striders RC	17	25	16	25	83
19	Witham Running Club	18	25	25	16	84
20	East Essex Triathlon Club	25	17	25	25	92
21	Braintree & District AC	19	25	25	25	94