

## Essex Cross Country League

### Team Standings after 4 races

#### U13 Girls

Pos	Club	Race 1	Race 2	Race 3	Race 4	Total
1	Chelmsford AC	1	2	1	1	5
2	Thurrock Harriers	3	3	3	3	12
3	Harlow AC	5	4	2	4	15
3	Havering AC	4	5	4	2	15
5	Basildon AC	2	1	8	6	17
6	Orion Harriers	6	6	5	5	22
7	Southend-on-Sea AC	7	7	6	7	27
8	East Essex Triathlon Club	9	9	7	20	45
9	Cambridge & Coleridge AC	10	10	9	20	49
10	Discovery Tri	20	12	20	9	61
11	Braintree & District AC	20	8	20	20	68
11	Colchester & Tendring AC	8	20	20	20	68
11	Colchester Harriers AC	20	20	20	8	68
14	Benfleet RC	20	11	20	20	71

#### U13 Boys

Pos	Club	Race 1	Race 2	Race 3	Race 4	Total
1	Thurrock Harriers	2	1	3	2	8
2	Harlow AC	3	2	2	6	13
2	Havering AC	4	4	4	1	13
4	Cambridge & Coleridge AC	1	8	1	9	19
5	Chelmsford AC	7	7	5	4	23
6	Southend-on-Sea AC	8	5	6	5	24
7	Ilford AC	6	3	20	3	32
8	Colchester Harriers AC	10	10	7	11	38
8	East Essex Triathlon Club	9	12	9	8	38
8	Orion Harriers	12	9	10	7	38
11	Braintree & District AC	11	11	8	13	43
11	Basildon AC	5	6	20	12	43
13	Discovery Tri	20	13	20	10	63
14	Colchester & Tendring AC	20	14	20	20	74

#### U15 Girls

Pos	Club	Race 1	Race 2	Race 3	Race 4	Total
1	Havering AC	1	1	1	1	4
2	Thurrock Harriers	2	3	4	3	12
3	Braintree & District AC	3	5	2	6	16
4	Benfleet Running Club	6	6	5	4	21
5	Harlow AC	8	4	7	5	24
6	Basildon AC	11	2	9	7	29
7	Southend-on-Sea AC	4	9	10	12	35
8	Colchester & Tendring AC	10	7	11	8	36
9	Cambridge & Coleridge AC	5	20	3	9	37
9	Orion Harriers	7	8	20	2	37
11	Chelmsford AC	12	10	6	10	38
12	Ilford AC	9	12	20	11	52
13	Colchester Harriers AC	20	11	8	20	59
14	East Essex Triathlon Club	20	13	20	20	73

#### U15 Boys

Pos	Club	Race 1	Race 2	Race 3	Race 4	Total
1	Southend-on-Sea AC	2	2	4	2	10
1	Orion Harriers	4	3	2	1	10
3	Thurrock Harriers	3	4	3	4	14
4	Havering AC	7	7	7	3	24
5	Harlow AC	9	5	5	6	25
5	Colchester Harriers AC	6	8	6	5	25
7	Chelmsford AC	8	1	9	9	27
8	Basildon AC	5	6	10	8	29
9	Colchester & Tendring AC	9	9	8	10	36
10	Cambridge & Coleridge AC	1	20	1	20	42
11	Ilford AC	13	12	20	7	52
12	Braintree & District AC	12	10	11	20	53
12	East Essex Triathlon Club	11	11	20	11	53
14	Benfleet Running Club	14	20	20	20	74

#### U17/20 Women

Pos	Club	Race 1	Race 2	Race 3	Race 4	Total
1	Chelmsford AC	4	1	3	1	9
2	Basildon AC	2	2	2	6	12
3	Havering AC	3	3	6	2	14
4	Benfleet Running Club	6	4	4	5	19
5	Colchester & Tendring AC	7	5	5	4	21
6	Southend-on-Sea AC	5	6	20	7	38
7	Orion Harriers	10	20	7	3	40
8	Cambridge & Coleridge AC	1	20	1	20	42
9	Colchester Harriers AC	8	9	20	20	57
9	Thurrock Harriers	9	8	20	20	57
11	Harlow AC	20	7	20	20	67

#### U17 Men

Pos	Club	Race 1	Race 2	Race 3	Race 4	Total
1	Chelmsford AC	3	2	3	3	11
2	Havering AC	4	1	9	2	16
3	Thurrock Harriers	6	6	2	4	18
3	Orion Harriers	9	3	5	1	18
5	Colchester & Tendring AC	8	7	6	5	26
6	Southend-on-Sea AC	7	4	7	9	27
7	Basildon AC	2	5	4	20	31
8	East Essex Triathlon Club	10	10	10	6	36
9	Colchester Harriers AC	5	8	8	20	41
10	Cambridge & Coleridge AC	1	20	1	20	42
11	Braintree & District AC	14	11	12	7	44
12	Harlow AC	13	12	11	10	46
13	Ilford AC	12	9	20	8	49
14	Benfleet Running Club	11	13	20	20	64

#### Senior Women (incl. Veterans) Div 1

Pos	Club	Race 1	Race 2	Race 3	Race 4	Total
1	Chelmsford AC	1	1	1	1	4
2	Colchester Harriers AC	3	3	2	2	10
3	Southend-on-Sea AC	2	2	4	3	11
4	Orion Harriers	5	4	5	4	18
5	Benfleet Running Club	8	6	8	6	28
6	Phoenix Striders	7	5	9	8	29
7	Ilford AC	12	7	6	5	30
8	Springfield Striders RC	6	8	11	7	32
9	Cambridge & Coleridge AC	4	12	3	20	39
10	Pitsea Running Club	11	11	10	9	41
11	Loughton AC	10	10	12	10	42
12	Havering AC	9	9	7	20	45

#### Senior Men (incl. Veterans) Div 1

Pos	Club	Race 1	Race 2	Race 3	Race 4	Total
1	Colchester Harriers AC	3	1	2	2	8
2	Orion Harriers	1	2	3	4	10
3	Havering AC	5	3	4	1	12
4	Chelmsford AC	2	4	1	8	15
5	Southend-on-Sea AC	7	6	4	3	20
6	Springfield Striders RC	6	5	8	9	28
7	Benfleet Running Club	8	7	9	6	30
8	Basildon AC	9	8	7	7	31
9	Cambridge & Coleridge AC	4	12	6	12	34
9	Ilford AC	10	9	10	5	34
11	Thurrock Harriers	11	10	11	10	42
12	Billericay Striders	12	11	12	11	46

#### Senior Women (incl. Veterans) Div 2

Pos	Club	Race 1	Race 2	Race 3	Race 4	Total
1	Basildon AC	1	1	1	2	5
2	Billericay Striders RC	3	4	8	3	18
2	Thriff Green Trotters	8	5	4	1	18
4	Braintree & District AC	4	6	2	7	19
5	East Essex Triathlon Club	6	3	6	5	20
6	Colchester & Tendring AC	5	7	5	4	21
7	Thurrock Harriers	2	2	3	20	27
8	Mid Essex Casuals	9	8	7	6	30
9	University of Essex	7	20	20	20	67

#### Senior Men (incl. Veterans) Div 2

Pos	Club	Race 1	Race 2	Race 3	Race 4	Total
1	Phoenix Striders	2	1	1	1	5
2	Thriff Green Trotters	1	4	3	2	10
3	Pitsea Running Club	5	2	2	5	14
4	Mid Essex Casuals	3	5	7	4	19
5	Loughton AC	10	6	4	3	23
6	East Essex Tri Club	6	3	20	7	36
7	Braintree & District AC	7	20	6	6	39
8	Harlow AC	9	20	5	8	42
9	University of Essex	4	20	20	20	64
10	Colchester & Tendring AC	8	20	20	20	68

#### Veteran Women

Pos	Club	Race 1	Race 2	Race 3	Race 4	Total
1	Southend-on-Sea AC	2	2	3	2	9
2	Colchester Harriers AC	11	1	2	1	15
3	Springfield Striders RC	4	6	6	5	21
4	Orion Harriers	3	4	13	3	23
5	Chelmsford AC	1	14	1	10	26
6	Phoenix Striders	6	9	7	6	28
7	Benfleet Running Club	9	8	10	7	34
8	Loughton AC	7	12	9	11	39
9	Ilford AC	16	16	4	4	40
10	Braintree & District AC	8	13	5	16	42
11	Billericay Striders RC	5	7	20	14	46
12	Pitsea Running Club	10	17	11	9	47
13	East Essex Triathlon Club	14	5	17	13	49
14	Thriff Green Trotters	17	10	15	8	50
15	Thurrock Harriers	13	3	12	25	53
16	Colchester & Tendring AC	12	18	16	12	58
17	Havering AC	15	11	8	25	59
18	Mid Essex Casuals	18	20	19	15	72
19	Basildon AC	19	15	18	25	77
20	Cambridge & Coleridge AC	20	19	14	25	78

#### Veteran Men

Pos	Club	Race 1	Race 2	Race 3	Race 4	Total
1	Colchester Harriers AC	1	1	1	2	5
2	Orion Harriers	2	2	3	1	8
3	Havering AC	3	3	2	3	11
4	Ilford AC	7	6	4	4	21
5	Benfleet Running Club	4	4	8	7	23
6	Southend-on-Sea AC	8	5	6	5	24
7	Thurrock Harriers	9	7	5	6	27
8	Springfield Striders RC	5	13	7	8	33
9	Billericay Striders	12	8	9	9	38
10	Phoenix Striders	10	10	10	11	41
11	Thriff Green Trotters	6	17	11	10	44
12	Basildon AC	11	9	14	16	50
13	Pitsea Running Club	14	12	13	13	52
14	Mid Essex Casuals	13	11	17	15	56
15	Chelmsford AC	16	14	15	14	59
16	Loughton AC	19	15	18	12	64
17	East Essex Tri Club	18	16	25	17	76
18	Cambridge & Coleridge AC	15	25	12	25	77
19	Braintree & District AC	17	25	16	25	83