

Essex Cross Country League

Team Standings after 4 fixtures

U13 Girls

Pos	Club	Race 1	Race 2	Race 3	Race 4	Race 5	Total
1	Chelmsford AC	1	1	1	1		4
2	Havering AC	2	2	2	2		8
3	Basildon AC	3	5	5	6		19
3	Southend-on-Sea AC	4	3	8	4		19
5	Orion Harriers	9	8	6	3		26
6	Colchester Harriers AC	6	7	9	8		30
6	Thurrock Harriers	8	4	11	7		30
8	Benfleet Running Club	5	11	20	5		41
9	Harlow AC	10	10	4	20		44
10	Cambridge & Coleridge AC	20	6	3	20		49
11	Colchester & Tendring AC	11	12	12	20		55
12	East Essex Triathlon Club	7	9	20	20		56
13	Braintree & District AC	12	20	7	20		59
14	Discovery Tri	20	20	10	20		70

U13 Boys

Pos	Club	Race 1	Race 2	Race 3	Race 4	Race 5	Total
1	Havering AC	2	4	3	2		11
1	Chelmsford AC	4	5	1	1		11
3	Cambridge & Coleridge AC	1	1	2	11		15
4	Southend-on-Sea AC	5	2	8	4		19
5	Colchester & Tendring AC	8	3	4	6		21
6	Thurrock Harriers	9	8	5	3		25
7	Benfleet Running Club	7	7	6	9		29
7	Braintree & District AC	6	9	7	7		29
9	Basildon AC	3	6	20	8		37
10	Orion Harriers	13	10	11	5		39
11	Colchester Harriers AC	11	11	12	12		46
12	Ilford AC	10	20	10	10		50
13	Harlow AC	20	20	9	13		62
14	Billericay Striders RC	12	20	20	20		72
14	East Essex Tri	20	12	20	20		72

U15 Girls

Pos	Club	Race 1	Race 2	Race 3	Race 4	Race 5	Total
1	Basildon AC	1	4	1	1		7
2	Havering AC	2	1	2	5		10
3	Thurrock Harriers	3	2	3	4		12
4	Southend-on-Sea AC	4	8	4	2		18
5	Orion Harriers	5	5	7	3		20
6	Cambridge & Coleridge AC	7	3	5	8		23
7	Chelmsford AC	6	6	8	6		26
8	Colchester Harriers AC	8	7	6	7		28
9	Discovery Triathlon Club	9	20	9	20		58
10	Harlow AC	10	9	20	20		59
10	Benfleet Running Club	20	10	20	9		59

U15 Boys

Pos	Club	Race 1	Race 2	Race 3	Race 4	Race 5	Total
1	Havering AC	1	2	2	2		7
2	Southend-on-Sea AC	2	5	1	1		9
3	Basildon AC	4	1	5	3		13
4	Chelmsford AC	6	3	4	4		17
5	Orion Harriers	8	4	8	5		25
6	Thurrock Harriers	7	6	6	8		27
7	Cambridge & Coleridge AC	3	7	3	20		33
8	Benfleet Running Club	9	8	10	7		34
9	Ilford AC	10	11	9	6		36
10	Colchester & Tendring AC	5	9	7	20		41
11	East Essex Triathlon Club	11	10	20	20		61

U17/20 Women

Pos	Club	Race 1	Race 2	Race 3	Race 4	Race 5	Total
1	Basildon AC	1	1	1	4		7
2	Southend-on-Sea AC	5	2	4	1		12
3	Thurrock Harriers	2	3	6	6		17
4	Orion Harriers	6	7	3	2		18
5	Havering AC	4	4	5	8		21
6	Chelmsford AC	7	5	7	3		22
7	Cambridge & Coleridge AC	3	6	2	20		31
7	Colchester & Tendring AC	8	8	8	7		31
9	Benfleet Running Club	9	9	9	5		32
10	Ilford AC	10	10	10	20		50
11	Harlow AC	20	20	10	20		70

U17 Men

Pos	Club	Race 1	Race 2	Race 3	Race 4	Race 5	Total
3	Basildon AC	2	3	2	6		13
1	Thurrock Harriers	5	1	1	1		8
2	Chelmsford AC	3	4	3	2		12
4	Southend-on-Sea AC	7	5	4	3		19
5	Ilford AC	1	7	9	5		22
7	Colchester Harriers AC	9	2	6	7		24
5	Braintree & District AC	4	9	5	4		22
8	Havering AC	6	8	7	8		29
9	East Essex Triathlon Club	8	6	20	20		54
10	Cambridge & Coleridge AC	11	20	8	20		59
11	Harlow AC	10	10	20	20		60

Senior Women (incl. Veterans) Div 1

Pos	Club	Race 1	Race 2	Race 3	Race 4	Race 5	Total
1	Havering AC	4	1	1	2		8
2	Southend-on-Sea AC	2	2	4	1		9
3	Colchester Harriers AC	3	4	3	4		14
4	Benfleet Running Club	5	3	6	5		19
4	Orion Harriers	6	5	5	3		19
6	Chelmsford AC	1	10	2	10		23
7	Brentwood Running Club	8	8	7	7		30
7	Springfield Striders RC	7	7	10	6		30
9	Ilford AC	9	9	8	8		34
10	Grange Farm & Dunmow Runners	10	6	11	11		38
11	Basildon AC	11	11	9	12		43
12	Loughton AC	12	12	20	9		53

Senior Men (incl. Veterans) Div 1

Pos	Club	Race 1	Race 2	Race 3	Race 4	Race 5	Total
1	Havering AC	1	1	1	1		4
2	Southend-on-Sea AC	2	2	2	4		10
3	Orion Harriers	3	3	3	3		12
4	Colchester Harriers AC	5	5	4	2		16
5	Thurrock Harriers	4	4	5	5		18
6	Ilford AC	6	9	10	6		31
7	Springfield Striders RC	7	7	7	11		32
8	Grange Farm & Dunmow Runners	9	10	6	8		33
8	Benfleet Running Club	11	6	9	7		33
10	Billericay Striders RC	10	8	8	10		36
11	Chelmsford AC	8	12	11	9		40
12	Brentwood Running Club	12	11	12	12		47

Senior Women (incl. Veterans) Div 2

Pos	Club	Race 1	Race 2	Race 3	Race 4	Race 5	Total
1	Billericay Striders RC	1	2	3	1		7
2	JBR Run and Tri	2	3	5	3		13
2	Halstead RR	3	4	4	2		13
4	Thurrock Harriers	9	1	2	7		19
5	Phoenix Striders	7	6	6	4		23
6	Pitsea Running Club	8	7	7	5		27
7	Mid Essex Casuals	4	8	9	8		29
8	Cambridge & Coleridge AC	20	10	1	6		37
9	Braintree & District AC	10	12	8	9		39
10	East Essex Triathlon Club	5	5	20	10		40
11	Hockley Trail Runners	6	9	20	20		55
12	Witham Running Club	11	20	20	20		71
12	Tiptree Road Runners	20	11	20	20		71

Senior Men (incl. Veterans) Div 2

Pos	Club	Race 1	Race 2	Race 3	Race 4	Race 5	Total
1	Halstead RR	2	1	2	1		6
2	Phoenix Striders	4	3	3	2		12
3	JBR Run and Tri	3	2	5	4		14
4	Cambridge & Coleridge AC	10	6	1	5		22
5	Basildon AC	1	12	8	3		24
6	Mid Essex Casuals	7	5	7	8		27
7	Braintree & District AC	9	7	6	6		28
8	Pitsea Running Club	8	4	9	9		30
9	Hockley Trail Runners	5	10	12	7		34
10	Tiptree Road Runners	11	9	4	11		35
11	East Essex Triathlon Club	6	8	20	20		54
12	Witham Running Club	20	11	11	20		62
12	Colchester & Tendring AC	12	20	10	20		62
14	Loughton AC	13	20	20	10		63
15	Harlow AC	20	13	20	20		73

Veteran Women

Pos	Club	Race 1	Race 2	Race 3	Race 4	Race 5	Total
1	Orion Harriers	5	3	2	1		11
2	Southend-on-Sea AC	2	2	6	3		13
3	Colchester Harriers AC	19	1	1	2		23
4	Benfleet Running Club	3	6	11	5		25
5	Havering AC	8	7	5	6		26
6	Thurrock Harriers	22	5	4	4		35
7	Brentwood Running Club	6	13	9	8		36
7	Springfield Striders RC	4	9	16	7		36
9	Billericay Striders RC	10	11	8	10		39
9	Halstead RR	11	12	7	9		39
11	JBR Run and Tri	7	10	15	12		44
12	Ilford AC	12	15	10	11		48
13	Chelmsford AC	1	19	14	18		52
14	Grange Farm & Dunmow Runners	9	8	20	16		53
15	Phoenix Striders	16	18	12	14		60
15	Basildon AC	21	4	18	20		63
16	Pitsea Running Club	18	17	13	15		63
18	Mid Essex Casuals	13	16	18	17		64
19	Cambridge & Coleridge AC	25	20	3	19		67
20	East Essex Triathlon Club	14	14	25	22		75
21	Loughton AC	15	24	25	13		77
22	Braintree & District AC	20	21	17	21		79
23	Hockley Trail Runners	17	22	25	25		89
24	Tiptree Road Runners	25	23	25	25		98

Veteran Men

Pos	Club	Race 1	Race 2	Race 3	Race 4	Race 5	Total
1	Orion Harriers	2	1	1	1		5
2	Havering AC	1	2	2	2		7
3	Billericay Striders RC	5	3	6	5		19
4	Springfield Striders RC	3	4	5	8		20
4	Southend-on-Sea AC	4	5	7	4		20
6	Colchester Harriers AC	7	8	3	3		21
7	Benfleet Running Club	8	6	8	7		29
8	Thurrock Harriers	6	16	9	6		37
9	Ilford AC	11	7	11	9		38
10	Phoenix Striders	13	10	12	12		47
11	Chelmsford AC	9	21	10	10		50
12	Grange Farm & Dunmow Runners	14	12	15	11		52
13	JBR Run and Tri	12	11	14	16		53
14	Brentwood Running Club	10	9	17	21		57
15	Cambridge & Coleridge AC	22	18	4	18		62
16	Halstead RR	19	20	13	13		65
17	Hockley Trail Runners	16	14	21	15		66
18	Mid Essex Casuals	17	13	18	20		68
19	Basildon AC	15	17	25	14		71
20	Pitsea Running Club	21	15	19	17		72
21	Tiptree Road Runners	20	22	16	22		80
22	East Essex Triathlon Club	18	19	20	25		82
23	Loughton AC	23	25	25	19		92
24	Witham Running Club	25	23	25	25		98
25	Harlow AC	25	24	25	25		99