

Essex Cross Country League (4)

<u>Chingford</u>				<u>U13 Boys</u>				<u>12/01/2019</u>			
Pos	Name	Team	Time	Pos	Name	Team	Time	Pos	Name	Team	Time
1	Will Steadman	Chelmsford AC	10: 45	41	Oscar Strudwick	Orion Harriers	42				
2	Sam Riley	Basildon AC	11: 13	42	Lucas Willett	Thurrock Harriers	15: 13				
3	Oliver Prince	Braintree & District AC	36	43	James Malyon	Harlow AC	14				
4	Thomas Peacock	Thurrock Harriers	42	44	Daniel Elgar	Southend-on-Sea AC	59				
5	Nathan Hart	Havering AC	45								
6	Ryan Carroll	Havering AC	49								
7	Hugo Jones	Southend-on-Sea AC	50								
8	Dylan Robins	Chelmsford AC	57								
9	Henry Dover	Colchester & Tendring AC	59								
10	Azuka Okoh	Chelmsford AC	12: 00								
11	Charlie Burgess	Havering AC	04								
12	Owen Fisher	Havering AC	04								
13	Greg Martin	Chelmsford AC	07								
14	Joseph Grange	Ilford AC	10								
15	James Brigstocke-Williams	Colchester & Tendring AC	11								
16	Ryan West	Thurrock Harriers	12								
17	Harry Wyatt	Thurrock Harriers	13								
18	Sebastian Alexandru	Havering AC	17								
19	Toby Johnson	Havering AC	26								
20	Finley Wolton	Havering AC	29								
21	McKinley Gall	Southend-on-Sea AC	30								
22	Harry Campion	Southend-on-Sea AC	31								
23	Lawrence Martin	Chelmsford AC	34								
24	Rio Johnson	Orion Harriers	46								
25	Joshua Lee-Prime	Havering AC	47								
26	Lennon McKenzie	Braintree & District AC	50								
27	Jack Edwards	Basildon AC	51								
28	Eddie De Souza	Orion Harriers	56								
29	Alex Cordery-Smith	Havering AC	59								
30	Lewis Waite	Chelmsford AC	13: 06								
31	Max Robbins	Havering AC	10								
32	Benedict Heath	Benfleet Running Club	12								
33	Teddy Squibb	Thurrock Harriers	23								
34	Oliver Mills	Cambridge & Coleridge AC	24								
35	Charlie Parmenter	Colchester Harriers AC	57								
36	Alfie Squibb	Thurrock Harriers	14: 01								
37	Matthew Collins	Southend-on-Sea AC	09								
38	Ollie Connors	Benfleet Running Club	16								
39	Harry Elgar	Southend-on-Sea AC	27								
40	James Tudor	Havering AC	28								

Teams		
1	Chelmsford AC	32
2	Havering AC	34
3	Thurrock Harriers	70
4	Southend-on-Sea AC	87
5	Orion Harriers	93 (3)
6	Colchester & Tendring AC	24 (2)
7	Braintree & District AC	29 (2)
8	Basildon AC	29 (2)
9	Benfleet Running Club	70 (2)
10	Ilford AC	14 (1)
11	Cambridge & Coleridge AC	34 (1)
12	Colchester Harriers AC	35 (1)
13	Harlow AC	43 (1)

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Essex Cross Country League (4)

<u>Chingford</u>		<u>U15 Girls</u>	<u>12/01/2019</u>	
Pos	Name	Team	Time	
1	Megan Harris	Basildon AC	15: 42	
2	Madison Harris	Basildon AC	16: 17	
3	Demi Eves	Thurrock Harriers	19	
4	Milly Presland	Colchester Harriers AC	40	
5	Freya Seymour	Basildon AC	17: 12	
6	Maisy Silverstone	Orion Harriers	16	
7	Sophie Magson	Orion Harriers	28	
8	Chloe Trew	Basildon AC	33	
9	Jayne Elvin	Thurrock Harriers	37	
10	Ruby Muffett	Southend-on-Sea AC	53	
11	Amelie Maris	Cambridge & Coleridge AC	56	
12	Ruby Samuels	Southend-on-Sea AC	57	
13	Hannah Warner	Southend-on-Sea AC	18: 11	
14	Madeline Barker	Havering AC	16	
15	Nicole Landan	Havering AC	24	
16	Madeleine Claydon	Colchester Harriers AC	36	
17	Lauren Hazel	Chelmsford AC	37	
18	Faye Bills	Southend-on-Sea AC	49	
19	Hannah Riley	Basildon AC	51	
20	Verity Garcia	Orion Harriers	57	
21	Hannah Yexley	Havering AC	58	
22	Holly Bradley	Havering AC	19: 03	
23	Daizy Harris	Basildon AC	03	
24	Alex Dawson	Orion Harriers	07	
25	Grace Holmes	Southend-on-Sea AC	14	
26	Kennedy Beardwell	Thurrock Harriers	32	
27	Leah Brewer	Thurrock Harriers	50	
28	Katie Brazier	Chelmsford AC	20: 13	
29	Annie Grannell	Havering AC	16	
30	Olive Cooke	Cambridge & Coleridge AC	28	
31	Sophie Nugent	Basildon AC	31	
32	Evie Knight	Basildon AC	34	
33	Morgan Romain	Havering AC	53	
34	Lucia De Cristofano	Benfleet Running Club	53	
35	Paige Woodcraft	Chelmsford AC	21: 08	
36	Ciara Pearce	Orion Harriers	26	
37	Eve Smith	Orion Harriers	22: 12	
38	Arra Shofiuzzaman	Benfleet Running Club	25: 51	

Teams		
1	Basildon AC	16
2	Southend-on-Sea AC	53
3	Orion Harriers	57
4	Thurrock Harriers	65
5	Havering AC	72
6	Chelmsford AC	80 (3)
7	Colchester Harriers AC	20 (2)
8	Cambridge & Coleridge AC	41 (2)
9	Benfleet Running Club	72 (2)

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<u>Chingford</u>		<u>U15 Boys</u>	<u>12/01/2019</u>	
Pos	Name	Team	Time	
1	Alex Ford	Havering AC	14:	51
2	Charlie Howell	Havering AC	15:	34
3	Jake Mansfield	Southend-on-Sea AC		38
4	Toby Linsell	Basildon AC		44
5	Luke Randall	Southend-on-Sea AC		44
6	Shane Hart	Havering AC		48
7	Daniel Houchell	Basildon AC		52
8	Reece Munro	Southend-on-Sea AC		54
9	Joe Muller	Southend-on-Sea AC	16:	06
10	Alexander Wall	Chelmsford AC		09
11	Harry Jackson	Basildon AC		12
12	William Nuttall	Chelmsford AC		22
13	Jay Kelly	Southend-on-Sea AC		28
14	Dan Edwards	Basildon AC		29
15	Jacob Alexander	Chelmsford AC		31
16	Arthur Ansell	Orion Harriers		34
17	Fred Tall	Southend-on-Sea AC		38
18	Samuel Waite	Chelmsford AC		39
19	Bellviacim Bella	Orion Harriers		41
20	William Samuels	Southend-on-Sea AC		56
21	Matthew Hick	Ilford AC	17:	02
22	Sam Bradley	Havering AC		04
23	Archie Connors	Benfleet Running Club		18
24	Ryan Holeyman	Ilford AC		27
25	Dan Peters	Havering AC		32
26	Lenny Houston	Havering AC		44
27	Ronan Longman-Young	Benfleet Running Club		46
28	Lewis Edwards	Havering AC		47
29	Joseph Perry	Chelmsford AC		48
30	Onyeka Okoh	Chelmsford AC		50
31	Jack Thomson	Havering AC	18:	09
32	Nathan Boase	Orion Harriers	19:	30
33	Owen Keen	Orion Harriers		39
34	Noah Trencher	Thurrock Harriers		41

Teams			
1	Southend-on-Sea AC		25
2	Havering AC		31
3	Basildon AC		36
4	Chelmsford AC		55
5	Orion Harriers		100
6	Ilford AC		45 (2)
7	Benfleet Running Club		50 (2)
8	Thurrock Harriers		34 (1)

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<u>Chingford</u>		<u>U17/20 Women</u>	<u>12/01/2019</u>	
Pos	Age	Name	Team	Time
1	U17	Sophie Wetheridge	Basildon AC	22: 55
2	U20	Elsie Gray	Colchester & Tendring AC	23: 09
3	U17	Martha Smith	Chelmsford AC	38
4	U17	Aiobheann Pearce	Orion Harriers	52
5	U20	Grace Goodall	Benfleet Running Club	24: 02
6	U17	Hannah Bolton	Chelmsford AC	15
7	U20	Jenna Williams	Southend-on-Sea AC	31
8	U17	Holly Rex	Basildon AC	25: 02
9	U20	Joanna Rimmington	Southend-on-Sea AC	34
10	U17	Faye Sweeting	Chelmsford AC	47
11	U17	Savanna Sirkett	Orion Harriers	26: 20
12	U17	Emily Fall	Thurrock Harriers	36
13	U20	Genevieve Pate	Benfleet Running Club	55
14	U17	Robyn Bartholomew	Southend-on-Sea AC	27: 10
15	U20	Mia Slesser	Southend-on-Sea AC	47
16	U17	Becci Leddy	Orion Harriers	28: 38
17	U20	Lucie Ball	Thurrock Harriers	56
18	U17	Jessica James	Havering AC	29: 30
19	U17	Ciara Guyatt	Orion Harriers	31: 58

Teams		
1	Southend-on-Sea AC	45
2	Orion Harriers	50
3	Chelmsford AC	19 (3)
4	Basildon AC	9 (2)
5	Benfleet Running Club	18 (2)
6	Thurrock Harriers	29 (2)
7	Colchester & Tendring AC	2 (1)
8	Havering AC	18 (1)

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<u>Chingford</u>		<u>U17 Men</u>	<u>12/01/2019</u>
Pos	Name	Team	Time
1	Zack Bridgeland	Chelmsford AC	23: 28
2	Leon Wheeler	Thurrock Harriers	24: 10
3	Ben Prior	Thurrock Harriers	21
4	Danny Millward	Colchester Harriers AC	37
5	Matt Warner	Southend-on-Sea AC	45
6	Sam Wheatley	Southend-on-Sea AC	58
7	Finnley Lowe	Thurrock Harriers	58
8	Jak Wright	Ilford AC	25: 47
9	Innes Fullerton	Braintree & District AC	56
10	Bradley Deacon	Ilford AC	26: 16
11	Harry Clarke	Chelmsford AC	17
12	Aaron Davis	Chelmsford AC	26
13	Scott Thomas	Chelmsford AC	34
14	James Wright	Basildon AC	49
15	Mark Beale	Chelmsford AC	27: 40
16	James Lee	Basildon AC	55
17	Mason Hambleton	Thurrock Harriers	57
18	Louis Berrett	Havering AC	28: 28
19	Elijah Brown	Southend-on-Sea AC	38
20	James Chalklen	Braintree & District AC	29: 11
21	Henri Willett	Thurrock Harriers	46
22	Haydn Hawkins	Braintree & District AC	33: 41

Teams		
1	Thurrock Harriers	29
2	Chelmsford AC	37
3	Southend-on-Sea AC	30 (3)
4	Braintree & District AC	51 (3)
5	Ilford AC	18 (2)
6	Basildon AC	30 (2)
7	Colchester Harriers AC	4 (1)
8	Havering AC	18 (1)

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