

Essex Cross Country League

Team Standings after 4 fixtures

U13 Girls

Pos	Club	Race 1	Race 2	Race 3	Race 4	Race 5	Total
1	Chelmsford AC	1	1	1	1		4
2	Havering AC	2	2	2	2		8
3	Southend-on-Sea AC	3	5	3	4		15
4	Benfleet Running Club	4	4	5	3		16
5	Thurrock Harriers	5	7	6	6		24
6	Basildon AC	8	8	4	8		28
7	Cambridge & Coleridge AC	9	3	10	10		32
7	Orion Harriers	6	10	7	9		32
9	Colchester & Tendring AC	10	12	9	5		36
10	Harlow AC	7	6	8	20		41
11	Colchester Harriers AC	12	11	20	7		50
12	Braintree & District AC	11	9	11	20		51
13	East Essex Triathlon Club	20	13	20	20		73

U13 Boys

Pos	Club	Race 1	Race 2	Race 3	Race 4	Race 5	Total
1	Havering AC	1	1	2	2		6
2	Southend-on-Sea AC	3	2	1	1		7
3	Chelmsford AC	2	3	3	3		11
4	Thurrock Harriers	4	5	4	4		17
5	Basildon AC	8	6	5	6		25
6	Orion Harriers	6	7	7	7		27
7	Ilford AC	5	11	6	8		30
7	Colchester & Tendring AC	9	8	8	5		30
9	Colchester Harriers AC	7	9	9	9		34
10	Cambridge & Coleridge AC	10	4	10	20		44
11	Braintree & District AC	11	10	20	10		51
12	Billericay Striders RC	12	12	20	11		55
13	Harlow AC	20	13	20	20		73
13	East Essex Triathlon Club	13	20	20	20		73

U15 Girls

Pos	Club	Race 1	Race 2	Race 3	Race 4	Race 5	Total
1	Havering AC	1	1	1	6		9
2	Southend-on-Sea AC	3	4	3	2		12
2	Chelmsford AC	2	7	2	1		12
4	Basildon AC	5	5	5	4		19
5	Orion Harriers	4	2	7	7		20
6	Benfleet Running Club	6	6	6	5		23
6	Colchester Harriers AC	7	9	4	3		23
8	Thurrock Harriers	8	8	8	8		32
9	Cambridge & Coleridge AC	9	3	9	20		41
10	Colchester & Tendring AC	10	20	20	9		59
11	Harlow AC	11	20	10	20		61
12	Braintree & District AC	12	20	20	10		62

U15 Boys

Pos	Club	Race 1	Race 2	Race 3	Race 4	Race 5	Total
1	Havering AC	1	1	1	2		5
2	Chelmsford AC	3	4	2	3		12
2	Southend-on-Sea AC	2	2	7	1		12
4	Colchester & Tendring AC	4	5	5	4		18
5	Basildon AC	5	8	4	5		22
6	Ilford AC	6	6	6	6		24
7	Braintree & District AC	11	7	3	7		28
8	Cambridge & Coleridge AC	7	3	8	12		30
9	Orion Harriers	8	9	12	8		37
10	Benfleet Running Club	9	11	10	11		41
10	Billericay Striders RC	10	12	9	10		41
12	Colchester Harriers AC	13	20	11	9		53
13	Harlow AC	14	10	13	20		57
14	Thurrock Harriers	12	20	20	20		72

U17/20 Women

Pos	Club	Race 1	Race 2	Race 3	Race 4	Race 5	Total
1	Basildon AC	1	1	1	1		4
2	Chelmsford AC	2	2	2	2		8
3	Havering AC	5	3	3	3		14
4	Thurrock Harriers	3	4	4	5		16
5	Colchester Harriers AC	6	8	5	4		23
6	Cambridge & Coleridge AC	8	7	6	6		27
7	Orion Harriers	4	6	8	10		28
8	Ilford AC	20	9	7	8		44
9	Southend-on-Sea AC	7	10	20	9		46
10	Harlow AC	20	5	10	20		55
11	Braintree & District AC	20	20	20	7		67
12	Benfleet Running Club	9	20	20	20		69
12	Colchester & Tendring AC	20	20	9	20		69

U17 Men

Pos	Club	Race 1	Race 2	Race 3	Race 4	Race 5	Total
1	Southend-on-Sea AC	2	2	1	1		6
2	Chelmsford AC	1	1	3	2		7
3	Basildon AC	3	3	2	3		11
4	Ilford AC	4	4	6	7		21
4	Thurrock Harriers	5	5	7	4		21
6	Colchester & Tendring AC	8	7	4	6		25
7	Braintree & District AC	7	10	10	9		36
8	Havering AC	6	8	5	20		39
9	Colchester Harriers AC	9	20	9	5		43
10	Benfleet Running Club	20	20	8	8		56
11	Orion Harriers	10	9	20	20		59
12	Cambridge & Coleridge AC	20	6	20	20		66
13	Tiptree Road Runners	11	20	20	20		71

Senior Women (incl. Veterans) Div 1

Pos	Club	Race 1	Race 2	Race 3	Race 4	Race 5	Total
1	Havering AC	1	1	1	4		7
2	Southend-on-Sea AC	4	2	5	3		14
2	Colchester Harriers AC	2	8	3	1		14
4	Orion Harriers	8	6	2	2		18
5	Benfleet Running Club	6	3	7	9		25
5	Brentwood Running Club	5	7	6	7		25
5	Thurrock Harriers	11	4	4	6		25
8	Billericay Striders RC	9	5	10	5		29
9	Springfield Striders RC	3	10	8	10		31
10	Ilford AC	10	9	9	8		36
11	Chelmsford AC	12	11	11	11		45
12	JBR Run and Tri	7	20	12	20		59

Senior Men (incl. Veterans) Div 1

Pos	Club	Race 1	Race 2	Race 3	Race 4	Race 5	Total
1	Havering AC	1	1	2	1		5
2	Southend-on-Sea AC	4	2	3	3		12
3	Ilford AC	6	3	1	5		15
3	Colchester Harriers AC	2	5	6	2		15
5	Orion Harriers	3	4	7	4		18
6	Thurrock Harriers	5	6	4	6		21
7	Springfield Striders RC	9	9	5	7		30
8	Benfleet Running Club	7	7	8	9		31
9	Grange Farm & Dunmow Runners	8	8	9	8		33
10	Halstead RR	10	10	11	12		43
11	Phoenix Striders	11	11	12	11		45
12	JBR Run and Tri	12	25	10	10		57

Senior Women (incl. Veterans) Div 2

Pos	Club	Race 1	Race 2	Race 3	Race 4	Race 5	Total
1	Halstead RR	2	2	2	3		9
2	Tiptree Road Runners	1	7	1	1		10
3	Phoenix Striders	3	6	3	4		16
3	Grange Farm & Dunmow Runners	7	3	4	2		16
5	Pitsea Running Club	4	4	5	5		18
6	Cambridge & Coleridge AC	6	1	8	6		21
7	East Essex Triathlon Club	5	10	6	11		32
8	Mid Essex Casuals	9	8	10	10		37
9	Basildon AC	20	5	9	8		42
10	Braintree & District AC	20	9	7	9		45
11	Hockley Trail Runners	20	20	20	7		67
12	Loughton AC	8	20	20	20		68

Senior Men (incl. Veterans) Div 2

Pos	Club	Race 1	Race 2	Race 3	Race 4	Race 5	Total
1	Chelmsford AC	2	2	2	3		9
2	Braintree & District AC	1	7	1	1		10
3	Billericay Striders RC	3	3	4	4		14
4	Cambridge & Coleridge AC	9	1	10	2		22
5	Brentwood Running Club	4	6	6	8		24
6	Tiptree Road Runners	7	8	5	6		26
7	Pitsea Running Club	5	4	8	10		27
8	Mid Essex Casuals	6	10	7	5		28
9	Basildon AC	8	5	3	13		29
10	Hockley Trail Runners	12	9	9	9		39
11	Colchester & Tendring AC	10	11	13	11		45
12	Witham Running Club	13	20	11	12		56
13	East Essex Triathlon Club	11	12	12	25		60
14	Loughton AC	14	20	20	10		64

Veteran Women

Pos	Club	Race 1	Race 2	Race 3	Race 4	Race 5	Total
1	Orion Harriers	3	3	1	3		10
2	Southend-on-Sea AC	4	2	5	5		16
3	Springfield Striders RC	1	5	4	7		17
4	Thurrock Harriers	15	1	2	2		20
5	Colchester Harriers AC	2	15	3	1		21
6	Brentwood Running Club	6	4	7	6		23
7	Benfleet Running Club	5	11	9	8		33
8	Tiptree Road Runners	8	16	6	4		34
9	Havering AC	7	7	8	14		36
10	Billericay Striders RC	9	9	10	10		38
11	Phoenix Striders	11	13	12	9		45
12	Ilford AC	17	8	11	11		47
13	Pitsea Running Club	13	12	15	12		52
14	Grange Farm & Dunmow Runners	21	6	19	13		59
15	Halstead RR	19	10	13	18		60
16	Mid Essex Casuals	12	14	20	21		67
17	Braintree & District AC	20	18	14	20		72
18	East Essex Triathlon Club	14	19	18	22		73
18	Chelmsford AC	16	25	17	15		73
20	JBR Run and Tri	10	25	16	25		76
21	Cambridge & Coleridge AC	25	17	25	16		83
22	Hockley Trail Runners	22	25	25	19		91
23	Loughton AC	18	25	25	25		93

Veteran Men

Pos	Club	Race 1	Race 2	Race 3	Race 4	Race 5	Total
1	Havering AC	2	1	2	3		8
2	Southend-on-Sea AC	5	4	1	1		11
3	Colchester Harriers AC	3	2	5	2		12
4	Ilford AC	4	3	3	6		16
5	Springfield Striders RC	8	7	4	5		24
5	Orion Harriers	1	8	11	4		24
7	Billericay Striders RC	6	6	6	7		25
8	Benfleet Running Club	7	9	8	8		32
9	Brentwood Running Club	11	10	9	11		41
9	Pitsea Running Club	9	12	10	10		41
11	Chelmsford AC	12	13	7	12		44
12	Thurrock Harriers	15	11	17	9		52
13	Mid Essex Casuals	13	15	15	14		57
14	Phoenix Striders	14	17	12	16		59
15	Grange Farm & Dunmow Runners	20	14	13	13		60
16	Tiptree Road Runners	17	19	14	15		65
17	Halstead RR	16	16	18	18		68
18	Basildon AC	10	20	19	21		70
18	Hockley Trail Runners	19	18	16	17		70
20	Cambridge & Coleridge AC	25	5	25	22		77
21	East Essex Triathlon Club	18	21	21	25		85
22	Colchester & Tendring AC	23	22	22	23		90
23	Loughton AC	22	25	25	19		91
24	JBR Run & Tri	21	25	23	25		94
25	Witham Running Club						