

## Essex League Cross Country League Results

Courtesy of : -

**Roy Meadowcroft (Chelmsford AC)**

**Dave Vidler (Basildon AC)**

Well thank God that's over for another year.

Today was particularly problematic with a Generator that wouldn't start, a Printer that wouldn't print & a Computer battery that went flat.

All this coupled with trying to work from the back of a car. & losing Roy to presentations at various times.

Otherwise a problem free afternoon?

I'm packing up shop for the rest of the season - Well until the Hampshire Schools Champs next week, anyway.

Thanks to all Team managers for there help and tolerance when I have exploded now and again.

Dave V

## Essex Cross Country League (5)

### Hylands Park

12/01/2008

### U13 Girls

Pos	Name	Team	Time
1	Judd, Jessica	Thurrock H	12: 27
2	Garnett, Aimee	Southend	50
3	Blaxland, Amanda	Havering M	13: 06
4	Stanley, Rebecca	Havering M	10
5	Lacey, Jordan	Southend	27
6	Johnson, Eleanor	Basildon	32
7	Mead, Jessica	Southend	39
8	Mountford, Lydia	Billericay S	39
9	Sullivan, Shannon	Havering M	52
10	Riches, Sophie	Basildon	54
11	Dailly, Rosie	Chelmsford	14: 00
12	Avontuur, Marleen	Harlow N/S	02
13	Loynes, Avril	Havering M	03
14	Dann, Summer	Southend	04
15	Middleton, Calli	Basildon	11
16	Wade, Rebecca	Chelmsford	17
17	Antoine-Chagar, Armani	Orion H	17
18	Wennington, Shannon	Basildon	19
19	Glazier, Ella	Basildon	28
20	Bloy, Hannah	Havering M	32
21	Honeychurch, Leah	Orion H	37
22	Crofts, Sophie	Thurrock H	39
23	Jarvis, S	Southend	45
24	Straiton, Kirsty	Colchester H	49
25	Blake, Sienna	Orion H	52
26	Fazakerley, Jessica	Havering M	15: 24
27	Barry, Isobel	Orion H	27
28	Swain, Jessie	Basildon	16: 05
29	French, Hannah	Chelmsford	23
30	Moss, Isabel	Harlow	36

Pos	Name	Team	Time
31	Cockell, Chloe	Braintree	14: 48
32	Hill, Robyn	Billericay S	17: 48

### Teams

1	Southend	28
2	Havering M	29
3	Basildon	49
4	Orion H	90
5	Chelmsford	56
6	Thurrock	23
7	Billericay S	40
8	Colchester H	24
9	Harlow	30
10	Braintree	31
		(3)
		(2)
		(2)
		(1)
		(1)
		(1)

Pos	<u>Final Individual Standings</u>		
1	Judd, Jessica	Thurrock H	4
2	Blaxland, Amanda	Havering M	12
3	Garnett, Aimee	Southend	12
4	Antoine-Chagar, Armani	Orion H	13
5	Stanley, Rebecca	Havering M	14
6	Riches, Sophie	Basildon	28
7	Lacey, Jordan	Southend	32
8	Sullivan, Shannon	Havering M	37
9	Mountford, Lydia	Billericay S	37
10	Mead, Jessica	Southend	43
11	Bloy, Hannah	Havering M	46
11	Avontuur, Marleen	Harlow N/S	46
13	Dann, Summer	Southend	49
14	Loynes, Avril	Havering M	53
15	Straiton, Kirsty	Colchester H	58
16	Crofts, Sophie	Thurrock H	59
17	Wennington, Shannon	Basildon	61
18	Johnson, Eleanor	Basildon	62
19	Diss, Sophia	Braintree	69
20	Middleton, Calli	Basildon	69
21	Wade, Rebecca	Chelmsford	78
22	Glazier, Ella	Basildon	86
23	Harries, Jenny	Havering M	116
24	Moss, Isabel	Harlow	122
25	French, Hannah	Chelmsford	123
26	Hill, Robyn	Billericay S	137

## Essex Cross Country League (5)

### Hylands Park

12/01/2008

Pos	Name	Team	Time		<u>Team Scores</u>	
1	Woodford, Stephen	Chelmsford	11: 38	1	Southend	26
2	Adcock, Steven	Chelmsford	54	2	Chelmsford	48
3	Capel, Ashley	Southend	12: 06	3	Colchester & T	72
4	Kyrakides, Oliver	Southend	10	4	Basildon	73
5	Richardson, Tom	Thurrock H	14	5	Havering M	33 (3)
6	Lamb, Daniel	Basildon	22	6	Thurrock H	24 (2)
7	Gibbon, Joe	Colchester & T	25	7	Orion H	53 (2)
8	Frith, Rob	Southend	27	8	Colchester H	12 (1)
9	Davis, Thomas	Havering M	28	9	Ilford	17 (1)
10	Bennett, Tyler	Havering M	40	10	Harlow	21 (1)
11	Hegarty, Josh	Southend	46	11	Campion School	30 (1)
12	Buttery, Tom	Colchester H	48			
13	Beard, Joe	Southend	51			
14	O'Mahoney, Ryan	Havering M	54			
15	Porter, Michael	Colchester & T	58			
16	Crook, Jack	Chelmsford	13: 13			
17	King, Thomas	Ilford	15			
18	Osborne, Charles	Southend	17			
19	Howes, Connor	Thurrock H	21			
20	Ballard, William	Basildon	28			
21	Carver, Nathan	Harlow	32			
22	Alexander, Joe	Colchester & T	32			
23	Reynolds, Curtis	Basildon	37			
24	White, Stephen	Basildon	40			
25	Macklouf, Tom	Basildon	52			
26	Lawrence, Ben	Orion H	14: 05			
27	Kelly, Andrew	Orion H	15			
28	Patterson, Cameron	Colchester & T	50			
29	Minton, Gregory	Chelmsford	16: 46			
30	Ramstead, Kane	Campion School	19: 28			

### U13 Boys

Pos	<u>Final Individual Standings</u>		
1	Woodford, Stephen	Chelmsford	4
2	Adcock, Steven	Chelmsford	9
3	Capel, Ashley	Southend	9
4	Kyrakides, Oliver	Southend	15
5	Gibbon, Joe	Colchester & T	23
6	Richardson, Tom	Thurrock H	25
7	Lamb, Daniel	Basildon	25
8	Frith, Rob	Southend	26
9	Hegarty, Josh	Southend	30
10	O'Mahoney, Ryan	Havering M	33
11	Davis, Thomas	Havering M	37
12	Bennett, Tyler	Havering M	48
13	Porter, Michael	Colchester & T	53
14	Beard, Joe	Southend	65
15	White, Stephen	Basildon	65
16	Howes, Connor	Thurrock H	68
17	Buttery, Tom	Colchester H	69
18	Crook, Jack	Chelmsford	75
19	King, Thomas	Ilford	76
20	Osborne, Charles	Southend	77
21	Macklouf, Tom	Basildon	89
22	Ballard, William	Basildon	91
23	Alexander, Joe	Colchester & T	97
24	Hall, Bix	Orion H	110
25	Kelly, Andrew	Orion H	122
26	Holland, Andrew	Havering M	133
27	Adams, Andrew	Orion H	138
28	Hadler, George	Ilford	145

# Essex Cross Country League (5)

## Hylands Park

12/01/2008

## U15 Girls

<b>Pos</b>	<b>Name</b>	<b>Team</b>	<b>Time</b>	<b>Team Result</b>	<b>Pos</b>	<b>Final Individual Standings</b>	
1	Bounds, Eleanor	Havering M	14: 43	1 Basildon 30	1	Bounds, Eleanor	Havering M 4
2	Smee, Camilla	Southend	15: 01	2 Havering M 36	2	Smee, Camilla	Southend 7
3	MacGregor, Lauren	Orion H	15	3 Orion H 64	3	Sales, Sidnie	Havering M 16
4	Andrews, Jay	Orion H	29	4 Chelmsford 66	4	MacGregor, Lauren	Orion H 17
5	Twine, Nikki	Basildon	54	5 Southend 13 (2)	5	Sadler, Rachel	Havering M 26
6	Ballard, Emily	Basildon	16: 00	6 Thurrock H 37 (2)	6	Andrews, Jay	Orion H 31
7	Sadler, Rachel	Havering M	03	7 Colchester H 14 (1)	7	Turner, Amber	Havering M 34
8	Johnstone, Sophie	Chelmsford	06	8 Braintree 18 (1)	8	Ballard, Emily	Basildon 35
9	Bishop, Charlotte	Basildon	19	9 West Suffolk 22 (1)	9	Bishop, Charlotte	Basildon 38
10	Corcoran, Eleanor	Basildon	34	10 Colchester & T 26 (1)	10	Johnstone, Sophie	Chelmsford 42
11	Woodhouse, N	Southend	49		11	Twine, Nikki	Basildon 43
12	Meyers, Holly	Basildon	55		12	Corcoran, Eleanor	Basildon 53
13	Turner, Amber	Havering M	17: 00		13	Meyers, Holly	Basildon 62
14	Abbott, Annabelle	Colchester H	02		14	Golan, Sharmila	Havering M 66
15	Golan, Sharmila	Havering M	13		15	Webber, Georgia	Thurrock H 77
16	O'Connor, Laura	Chelmsford	15		16	Martin-Wood, Hollie	Thurrock H 78
17	Webber, Georgia	Thurrock H	21		17	Hawkings, Bethany	Chelmsford 84
18	Hannon, Kara	Braintree	23		18	Patterson, Alesha	Colchester & T 98
19	Danino, Natasha	Chelmsford	25		19	Doherty, Charlotte	Basildon 106
20	Martin-Wood, Hollie	Thurrock H	28		20	Webb, Amy	Basildon 106
21	Plank, Abigail	Basildon	29		21	Lovell, Michelle	Havering M 114
22	Waters, Grace	West Suffolk	18: 15		22	Timpson, Melissa	Orion H 116
23	Hawkings, Bethany	Chelmsford	41		23	Kipps, Jessica	Orion H 118
24	Lovell, Michelle	Havering M	51				
25	Doherty, Charlotte	Basildon	19: 16				
26	Patterson, Alesha	Colchester & T	21				
27	Webb, Amy	Basildon	36				
28	Timpson, Melissa	Orion H	20: 07				
29	Kipps, Jessica	Orion H	21: 21				

## Essex Cross Country League (5)

### Hylands Park

12/01/2008

### U15 Boys

Pos	Name	Team	Time
1	Davey, Ollie	Thurrock H	12: 43
2	Taylor , Antony	Thurrock H	59
3	Bush, Jamie	Southend	13: 33
4	Davey, Ben	Thurrock H	35
5	Moxon, George	Basildon	39
6	Reynolds, Marc	Chelmsford	42
7	Pollitt, Richard	Braintree	50
8	<b>Buckley-Stanton, Jamie</b>	<b>Havering M</b>	<b>52</b>
9	Short, Alex	Chelmsford	59
10	Worbey, Darryl	Thurrock H	14: 01
11	Austin, B	Southend	05
12	Strange, Stephen	Chelmsford	11
13	Grose, Harry	Southend	15
14	Fitsall, Jack	Basildon	16
15	Vaughan, James	Thurrock H	25
16	Bird, Ben	Chelmsford	29
17	Smith, Michael	Chelmsford	31
18	Law, Andrew	Basildon	34
19	Reynolds, Ashley	Basildon	37
20	<b>Turner, Charlie</b>	<b>Havering M</b>	<b>38</b>
21	Hardy, Steven	Chelmsford	39
22	Stapleton, Alex	Southend	40
23	Foster-Carter, Harris	Southend	40
24	Ball, Ellis	Orion H	51
25	Tyldesley, Alex	Basildon	59
26	Gordon, Alex	Orion H	15: 13
27	Gifford, Tom	Colchester & T	25
28	Crook, Adam	Chelmsford	37
29	<b>Leftley, Dean</b>	<b>Havering M</b>	<b>43</b>
30	Ogg, Tom	Chelmsford	47
31	Leddy, Liam	Ilford	50
32	Webb, Jack	Ilford	16: 19
33	Baldock, Daniel	Braintree	29
34	Blake, James	Southend	37
35	Richards, Alex	Ilford	43
36	<b>Hyde, Chris</b>	<b>Havering M</b>	<b>59</b>
37	<b>Latimer, Matthew</b>	<b>Havering M</b>	<b>17: 27</b>
38	<b>Dyer, Connor</b>	<b>Havering M</b>	<b>20: 54</b>

Team Scores	
1	Thurrock H 17
2	Chelmsford 43
3	Southend 49
4	Basildon 56
5	<b>Havering M 93</b>
6	Ilford 98 (3)
7	Braintree 40 (2)
8	Orion H 50 (2)
9	Colchester & T 27 (1)

Pos	Final Individual Standings		
1	Davey, Ollie	Thurrock H	5
2	Taylor , Antony	Thurrock H	6
3	<b>Buckley-Stanton, Jamie</b>	<b>Havering M</b>	<b>14</b>
4	Reynolds, Marc	Chelmsford	19
5	Davey, Ben	Thurrock H	20
6	Moxon, George	Basildon	22
7	Short, Alex	Chelmsford	25
8	Worbey, Darryl	Thurrock H	36
9	Grose, Harry	Southend	38
10	Fitsall, Jack	Basildon	48
11	Strange, Stephen	Chelmsford	48
12	Hardy, Steven	Chelmsford	55
13	Bird, Ben	Chelmsford	58
14	Law, Andrew	Basildon	75
15	Smith, Michael	Chelmsford	77
16	Stapleton, Alex	Southend	84
17	Hall, Auberon	Orion H	91
18	Gillard, Rhys	Southend	93
19	<b>Turner, Charlie</b>	<b>Havering M</b>	<b>93</b>
20	Crook, Adam	Chelmsford	100
21	Gordon, Alex	Orion H	104
22	<b>Leftley, Dean</b>	<b>Havering M</b>	<b>105</b>
23	Webb, Jack	Ilford	121
24	Leddy, Liam	Ilford	129
25	Cross, Dennis	Thurrock H	131
26	Baldock, Daniel	Braintree	141
27	<b>Hyde, Chris</b>	<b>Havering M</b>	<b>150</b>
28	Richards, Alex	Ilford	150
29	<b>Dyer, Connor</b>	<b>Havering M</b>	<b>170</b>

## Essex Cross Country League (5)

### Hylands Park

12/01/2008

### U17 Men

<u>Pos</u>	<u>Name</u>	<u>Team</u>	<u>Time</u>	<u>Team Result</u>	<u>Pos</u>	<u>Final Individual Standings</u>	
1	Twist, Grant	Havering M	20: 49	1 Basildon 40	1	Heard, Lloyd	Colchester & T 8
2	Frith, Tom	Southend	21: 21	2 Havering M 43	2	Lewis, Gavin	Orion H N/S 11
3	Heard, Lloyd	Colchester & T	30	3 Southend 51	3	Twist, Grant	Havering M 14
4	Lewis, Gavin	Orion H N/S	40	4 Orion H 66	4	Bloy, Matthew	Basildon 21
5	Clutterbuck, Dale	Basildon	51	5 Thurrock H 34 (2)	5	Frith, Tom	Southend 24
6	Ridley, Andrew	West Suffolk	22: 06	6 Colchester & T 3 (1)	6	Clutterbuck, Dale	Basildon 29
7	Webb, Grant	Basildon	11	7 West Suffolk 6 (1)	7	Judge, Ryan	Chelmsford 36
8	Dawson, Adam	Thurrock H	16	8 Ilford 25 (1)	8	Smale, David	Southend 40
9	Conway, Frankie	Orion H	18		9	Shanney, Daniel	Havering M 42
10	Shanney, Daniel	Havering M	20		10	Wright, Jake	Basildon 46
11	Wright, Jake	Basildon	23		11	Shanney, Thomas	Havering M 47
12	Hartmann, Lloyd	Southend	24		12	Webb, Grant	Basildon 53
13	Smale, David	Southend	28		13	Conway, Frankie	Orion H 59
14	Shanney, Thomas	Havering M	35		14	Moy, Matthew	Orion H 67
15	Moy, Matthew	Orion H	43		15	Crompton, Josh	Southend 74
16	Judge, Ryan	Chelmsford	45		16	Woodley, James	Chelmsford 81
17	Bloy, Matthew	Basildon	51		17	Penfold, Daniel	Orion H 87
18	Whitehead, John	Havering M	56		18	James, Chris	Basildon 90
19	Woodley, James	Chelmsford	23: 30		19	King, Harry	Thurrock H 97
20	Penfold, Daniel	Orion H	34		20	Aldridge, Kyle	Southend 100
21	James, Chris	Basildon	46				
22	Sach, Danny	Orion H	24: 08				
23	Judge, Conar	Chelmsford	28				
24	Aldridge, Kyle	Southend	46				
25	Gawow, Ali	Ilford	25: 06				
26	King, Harry	Thurrock H	22				

## Essex Cross Country League (5)

### Hylands Park

12/01/2008

### U17/U20W

Pos	Age Gp	Name	Team	Time	Team Result	Pos	<u>Final Individual Standings</u>				
1	U17	Hurley, Danielle	Southend	18: 33	1 Orion H	56	1	Condron, Laura	U17	Colchester & T	5
2	U17	Sales, Georgie-Lou	Havering M	45	2 Chelmsford	64	2	Hurley, Danielle	U17	Southend	10
3	U20	Kipps, Natalie	Orion H	54	3 Southend	15 (3)	3	Sales, Georgie-Lou	U17	Havering M	10
4	U17	Phillips, Gemma	Havering M	19: 41	4 Havering M	16 (3)	4	Kipps, Natalie	U20	Orion H	13
5	U20	Harrison, Tara	Colchester & T	48	5 Colchester H	7 (1)	5	Phillips, Gemma	U17	Havering M N/S	30
6	U20	Holland, Kerry	Southend	49	6 Basildon	9 (1)	6	Burgess, Emily	U17	Southend	37
7	U17	Neale, Ella	Colchester H	58	7 Thrift Green T	11 (1)	7	Hillyard, Laura	U17	Colchester & T	37
8	U17	Burgess, Emily	Southend	20: 06	8 West Suffolk	16 (1)	8	Holland, Jennifer	U17	Havering M	43
9	U17	Carroll, Sophie	Basildon	09			9	Neale, Ella	U17	Colchester H	44
10	U17	Littlechild, Zoey	Havering M	17			10	Holland, Kerry	U20	Southend	44
11	U20	Pegg, Hayley	Thrift Green T	21			11	Pegg, Hayley	U20	Thrift Green T	51
12	U17	Hillyard, Laura	Colchester & T	32			12	Tuttlebury, Katie-Ann	U17	Chelmsford	56
13	U17	Hayes, Vickki	Chelmsford	41			13	Richardson, Katie	U20	Havering M	63
14	U17	Tuttlebury, Katie-Ann	Chelmsford	21: 09			14	Hayes, Vickki	U17	Chelmsford	63
15	U20	Richardson, Lauren	Orion H	22: 03			15	Carroll, Sophie	U17	Basildon	64
16	U17	Waters, Helen	West Suffolk	38			16	Beard, Alex	U20	Havering M	78
17	U17	Kipps, Rebecca	Orion H	24: 03			17	Waters, Helen	U17	West Suffolk	80
18	U17	Chester, Rachael	Chelmsford	09			18	Kipps, Rebecca	U17	Orion H	86
19	U17	Beedon, Katie	Chelmsford	47			19	Condron, Josie	U17	Colchester & T	99
20	U17	Pavvitt, Nicola	Chelmsford	25: 16			20	Pavvitt, Nicola	U17	Chelmsford	101
21	U20	Hadaway, Jo	Orion H	28: 46			21	Hadaway, Jo	U20	Orion H	108

## Essex Cross Country League (5)

### Hylands Park

12/01/2008

### Senior Women

Pos	Age Gp	Name	Team	Time	Pos	Age Gp	Name	Team	Time
1	SW	Deadman, Lauren	Havering M	23: 03	51	SW	Knowles, Sarah	Springfield S	32
2	V35	Appleton, Debbie	Havering M	08	52	V45	Slade, Catherine	Thrift Green T	39
3	V35	Deasey, Margaret	Colchester & T	24	53	V55	Jackson, Heather	Pitsea	38: 20
4	SW	Stradling, Sarah	Colchester & T	24: 17	54	V65	Bullock, Marion	Southend	39: 14
5	SW	Cornwell, Claire	Southend	23	55	SW	MacKintosh, Sarah	Thrift Green T	48
6	V35	Oakman, Annette	Chelmsford	25: 02					
7	V35	Baker, Jo	Chelmsford	21					
8	SW	Ward, Teresa	Basildon	27					
9	SW	Luxton, Rebecca	Chelmsford	35					
10	SW	Donnelly, Claire	Southend	56					
11	SW	Smith, Charlotte	Colchester H	26: 32					
12	V35	Morley, Denise	Colchester H	43					
13	SW	Bowen, Emily	Colchester H	27: 01					
14	V35	Sandercock, Kate	Colchester H	04					
15	SW	Sullivan, Jo	Havering M	07					
16	V45	Nordin, Bree	Ilford	15					
17	SW	Real, Caroline	Loughton	18					
18	SW	Thomas, Dani	Thurrock H	49					
19	SW	Jeffery, Sarah	Southend	28: 04					
20	SW	Adams, Becky	Colchester & T	17					
21	V35	Cushen, Alison	Basildon	36					
22	SW	Noonan, Vicki	Thurrock H	44					
23	V45	Norris, Fran	Colchester H	48					
24	V45	Ford, Denise	Chelmsford	55					
25	V45	Woolar, Dianne	Colchester & T	29: 06					
26	SW	Brockbank, Nikki	Springfield S	10					
27	V45	Crisp, Dianne	Ilford	20					
28	SW	Page, Nicola	Thurrock H	34					
29	SW	Allen, Emma	Chelmsford	41					
30	V55	Bent, Angela	Pitsea	58					
31	V35	Tuck, Caroline	Dagenham 88	30: 13					
32	SW	Fry, Sam	Chelmsford	31					
33	SW	Thompson, Angela	Havering M	38					
34	V45	Ling, Melanie	Southend	42					
35	V45	Gilham, Sally	Ilford	53					
36	V45	Jarvis, Margaret	Chelmsford	31: 04					
37	V35	Morgan, Victoria	Ilford	21					
38	V45	Holmes, Beverley	Thrift Green T	53					
39	V45	De Smedt, Beryl	Basildon	32: 47					
40	V45	Antoine, Jackey	Orion H	33: 00					
41	V35	Heselgrave, Mandy	Dagenham 88	05					
42	V45	Minton, Tracey	Chelmsford	16					
43	V45	Tompkins, Helen	Pitsea	24					
44	V65	Jones, Pam	Ilford	58					
45	SW	Wenman, Sarah	Springfield S	59					
46	SW	Riley, Jo	Dagenham 88	34: 00					
47	V45	Bulk, Sandra	Chelmsford	03					
48	V55	Flannigan, Teresa	Pitsea	08					
49	V45	Missen, Elspeth	Chelmsford	16					
50	SW	Tuff, Becky	Springfield S	29					

Pos	<u>Final Individual Standings</u>			
1	Deadman, Lauren	Havering M	SW	5
2	Deasey, Margaret	Colchester & T	V35	11
3	Cornwell, Claire	Southend	SW	16
4	Appleton, Debbie	Havering M	V35	16
5	Donnelly, Claire	Southend	SW	26
6	Baker, Jo	Chelmsford	V35	34
7	Oakman, Annette	Chelmsford	V35	35
8	King, Wendy	Chelmsford	V35	41
9	Ward, Teresa	Basildon	SW	43
10	Smith, Charlotte	Colchester H	SW	58
11	Real, Caroline	Loughton	SW	73
12	Nordin, Bree	Ilford	V45	78
13	Adams, Becky	Colchester & T	SW	93
14	Norris, Fran	Colchester H	V45	97
15	Howard, Geraldine	Billericay S	V35	104
16	Ling, Melanie	Southend	V45	113
17	Noonan, Vicki	Thurrock H	SW	115
18	Tuck, Caroline	Dagenham 88	V35	129
19	Bent, Angela	Pitsea	V55	132
20	Woolar, Dianne	Colchester & T	V45	135
21	Crisp, Dianne	Ilford	V45	140
22	Morgan, Victoria	Ilford	V35	162
23	Gilham, Sally	Ilford	V45	164
24	Jarvis, Margaret	Chelmsford	V45	171
25	Thompson, Angela	Havering M	SW	171
26	Holmes, Beverley	Thrift Green T	V45	188
27	De Smedt, Beryl	Basildon	V45	198
28	Jones, Pam	Ilford	V65	199
29	Cammidge, Kate	Mid Essex Cas	V45	201
30	Minton, Tracey	Chelmsford	V45	208
31	Riley, Jo	Dagenham 88	SW	217
32	Slade, Catherine	Thrift Green T	V45	222
33	Flannigan, Teresa	Pitsea	V55	226
34	Jackson, Heather	Pitsea	V55	244
35	MacKintosh, Sarah	Thrift Green T	SW	249
36	Leung, Tina	Thrift Green T	V55	267

#### Team Result

1	Chelmsford	46
2	Colchester H	50
3	Havering M	51
4	Colchester & T	52
5	Southend	68
6	Ilford	115
7	Springfield S	172
8	Pitsea	174
9	Thurrock	68 (3)
10	Basildon	68 (3)
11	Dagenham 88	118 (3)
12	Thrift Green T	145 (3)
13	Loughton	17 (1)
14	Orion H	40 (1)



# Final Individual Standings

<u>Pos</u>	<u>Name</u>	<u>Club</u>	<u>Age</u>	<u>Pts</u>	<u>Pos</u>	<u>Name</u>	<u>Club</u>	<u>Age Group</u>
1	Riddell, Gareth	Basildon	SM	13	71	Hobbs, David	Loughton	V60 488
2	Bloomfield, Crispian	Billericay S	SM	17	72	Duffield, Roger	Tiptree	V60 501
3	Messer, Ed	Chelmsford	SM	29	73	Whalley, Terry	Mid Essex C	V50 515
4	Prout, Ryan	Thrift Green T	SM	33	74	Adams, Doug	Dagenham 88	V60 523
5	Warner, Rob	Havering M	SM	37	75	Bates, Peter	Pitsea	V50 524
6	Whittaker, Paul	Southend	U20	39	76	McVeigh, Martin	Havering M	V50 537
7	Muir, Malcolm	Ilford	SM	40	77	Hughes, Gwyn	Phoenix S	V50 558
8	Gibbon, David	Colchester & T	U20	47	78	Timpson, Steve	Orion H	V40 558
9	Spowage, Paul	Colchester H	V40	65	79	Linstead, Mike	Dagenham 88	V40 568
10	Stroud, Jack	Orion H	U20	65	80	Rourke, Jim	Billericay S	V40 572
11	Pinilla, Carlos	Ilford	U20	67	81	Bullard, Hugh	Springfield S	V50 577
12	Joyce, Shay	Orion H	SM	78				
13	Coates, Peter	Havering M	SM	95				
14	Moses, Daniel	Orion H	SM	95				
15	Whittaker, Steven	Southend	SM	100				
16	Sellens, Chris	Colchester H	SM	103				
17	Smalls, Alan	Colchester H	SM	103				
18	Lewin, Colin	Colchester H	V40	110				
19	Bridgeland, Mike	Chelmsford	V40	113				
20	Nears, John	Colchester H	SM	117				
21	Rice, Scott	Thurrock H	SM	120				
22	Smale, Peter	Southend	U20	123				
23	Gladley, Alex	Colchester & T	U20	130				
24	Green, John	Thurrock H	V40	133				
25	West, Peter	Colchester H	V40	137				
26	Barker, John	Thrift Green T	V40	140				
27	Dickenson, Rob	Havering M	SM	161				
28	Pavitt, Dave	Chelmsford	V40	165				
29	Butler, Alan	Thrift Green T	V50	173				
30	Jones, Rob	Havering M	U20	181				
31	Coates, Chris	Havering M	SM	184				
32	Helliwell, Paul	Colchester & T	SM	187				
33	Seward, Steven	Colchester & T	U20	187				
34	Berrett, Paul	Havering M	V40	188				
35	Jacob, Kevin	Billericay S	V40	194				
36	Catton, Andy	Ilford	V50	216				
37	MacDonald, Ian	Ilford	U20	234				
38	Clarke, Alan	Billericay S	V40	236				
39	Collins, Tony	Havering M	SM	237				
40	Russell, John	Thurrock H	SM	238				
41	Bumstead, Paul	Basildon	U20	242				
42	Crisp, Neil	Ilford	V40	243				
43	Binns, Peter	Southend	V60	255				
44	Scrivener, Chris	Thurrock H	V40	265				
45	Cooper, Melvyn	Chelmsford	V40	274				
46	Tullett, Peter	Chelmsford	V40	278				
47	Shelley, Eric	Thurrock H	V40	292				
48	Bentley, Roy	Dagenham 88	SM	302				
49	Judd, Mike	Thurrock H	V40	303				
50	Wisken, Greg	Mid Essex C	V40	322				
51	Noonan, Trevor	Thurrock H	SM	331				
52	Bangs, Gary	Thurrock H	SM	332				
53	Skinner, Ted	Tiptree	V50	361				
54	Sergeant, Rob	Loughton	V50	364				
55	Hall, Graham	Orion H	V40	380				
56	Hardy, Phil	Billericay S	SM	384				
57	Rodie, Rob	Springfield S	V50	387				
58	Walker, Keith	Billericay S	V60	392				
59	Winston, Roger	Havering M	V50	398				
60	Foster, Mick	Phoenix S	V50	413				
61	Jackson, Keith	Pitsea	V60	415				
62	Adams, Bill	Dagenham 88	V50	419				
63	MacKenzie, John	Ilford	V50	421				
64	Ling, Jim	Southend	V40	436				
65	Crompton, Gareth	Southend	V40	441				
66	Bailey, Malcolm	Tiptree	V50	450				
67	Butcher, Brian	Mid Essex C	V50	463				
68	Smith, George	Thrift Green T	V60	469				
69	Cheal, Steve	Ilford	V40	472				
70	Hart, John	Loughton	V60	477				

# Essex Cross Country League

## Final Team Standings

### U13 Girls

Pos	Club	Race 1	Race 2	Race 3	Race 4	Race 5	Total
1	Havering M	1	1	2	1	2	7
2	Southend	4	2	1	2	1	10
3	Basildon	2	3	3	3	3	14
4	Orion H	3	4	4	5	4	20
5	Thurrock H	5	7	8	4	6	30
6	Billericay	9	6	5	7	7	34
7	Braintree	8	5	6	6	10	35
8	Harlow	7	10	7	9	9	42
9	Chelmsford	20	8	9	8	5	50
10	Colchester H	6	9	10	20	8	53
11	Tiptree	11	11	11	20	20	73
12	Loughton	10	20	20	20	20	90

### U13 Boys

Pos	Club	Race 1	Race 2	Race 3	Race 4	Race 5	Total
1	Southend	1	1	1	1	1	5
2	Havering M	2	3	4	2	5	16
3	Basildon	8	2	2	3	4	19
3	Chelmsford	3	4	3	7	2	19
5	Colchester & T	6	6	6	4	3	25
6	Orion H	5	5	5	6	7	28
7	Thurrock H	7	10	11	8	6	42
8	Ilford	10	7	8	9	9	43
9	Colchester H	11	9	7	10	8	45
10	Campion School	4	20	10	5	11	50
11	Harlow	9	8	9	20	10	56
12	West Suffolk	20	20	20	11	20	91
13	Braintree	12	20	20	20	20	92

### U15 Girls

Pos	Club	Race 1	Race 2	Race 3	Race 4	Race 5	Total
1	Havering M	1	1	1	1	2	6
2	Basildon	2	3	3	2	1	11
3	Orion H	3	4	2	5	3	17
4	Thurrock H	4	5	5	4	6	24
5	Chelmsford	7	2	6	6	4	25
6	Southend	6	6	8	3	5	28
7	Colchester & T	8	7	7	10	10	42
8	West Suffolk	5	20	4	7	9	45
9	Colchester H	9	20	9	9	7	54
10	Braintree	20	8	20	8	8	64
11	Loughton	20	9	10	20	20	79
12	Billericay S	20	20	20	11	20	91

### U15 Boys

Pos	Club	Race 1	Race 2	Race 3	Race 4	Race 5	Total
1	Thurrock H	1	1	1	1	1	5
2	Chelmsford	2	2	2	2	2	10
3	Southend	3	4	5	4	3	19
4	Havering M	4	3	4	5	5	21
5	Basildon	6	6	3	3	4	22
6	Orion H	5	5	6	6	8	30
7	Ilford	7	8	7	7	6	35
8	Braintree	9	7	8	8	7	39
9	Colchester & T	10	10	10	20	9	59
10	Harlow	20	9	9	20	20	78
11	Colchester H	8	20	20	20	20	88
12	Campion School	20	20	11	20	20	91

### U17/20 Women

Pos	Club	Race 1	Race 2	Race 3	Race 4	Race 5	Total
1	Havering M	1	1	2	2	4	10
2	Orion H	2	3	4	3	1	13
2	Basildon	6	6	1	1	6	20
3	Southend	7	2	3	5	3	20
5	Chelmsford	5	4	7	4	2	22
6	Colchester H	9	7	8	7	5	36
7	Colchester & T	3	5	5	6	20	39
8	Thrift Green T	8	8	9	9	7	41
9	West Suffolk	4	20	6	8	8	46
10	Thurrock H	20	9	20	20	20	89

### U17 Men

Pos	Club	Race 1	Race 2	Race 3	Race 4	Race 5	Total
1	Basildon	1	1	3	2	1	8
2	Southend	3	3	1	1	3	11
3	Havering M	2	2	2	4	2	12
4	Orion H	4	4	4	3	4	19
5	Thurrock H	8	6	8	5	5	32
6	Chelmsford	5	5	5	8	20	43
7	Colchester & T	6	20	6	6	6	44
8	West Suffolk	20	20	7	7	7	61
9	Harlow	7	20	20	20	20	87
10	Ilford	20	20	20	20	8	88
11	Braintree	9	20	20	20	20	89
12	Campion School	10	20	20	20	20	90
13	Dagenham 88	11	20	20	20	20	91

### Senior Women

Pos	Club	Race 1	Race 2	Race 3	Race 4	Race 5	Total
1	Colchester & T	8	1	2	1	4	16
2	Southend	4	3	1	3	5	16
2	Havering M	1	7	3	2	3	16
4	Chelmsford	3	2	11	7	1	24
5	Colchester H	6	4	12	4	2	28
6	Basildon	2	5	8	5	10	30
7	Ilford	10	8	6	9	6	39
8	Thurrock H	7	15	5	6	9	42
9	Loughton	5	6	4	20	13	48
10	Pitsea	12	9	9	12	8	50
11	Thrift Green T	11	11	10	10	12	54
12	Billericay S	9	12	7	8	20	56
13	Dagenham 88	13	10	14	11	11	59
14	Springfield S	15	16	15	20	7	73
15	Mid Essex Casuals	14	13	13	14	20	74
16	Orion H	20	14	17	20	14	85
17	West Suffolk	20	20	16	13	20	89

### Senior Men

Pos	Club	Race 1	Race 2	Race 3	Race 4	Race 5	Total
1	Colchester H	1	1	5	3	3	13
2	Chelmsford	6	5	1	1	1	14
3	Havering M	7	2	3	4	2	18
4	Southend	5	3	8	2	5	23
5	Thurrock H	3	9	10	6	4	32
6	Thrift Green T	4	6	2	7	14	33
7	Ilford	8	7	9	5	7	36
8	Billericay S	10	8	11	8	6	43
9	Orion H	2	10	6	13	13	44
10	Basildon	9	4	4	11	17	45
11	Springfield S	11	11	7	15	8	52
12	Mid Essex Cas	14	14	15	9	15	67
12	Tiptree	12	13	14	17	11	67
12	Colchester & T	13	17	13	14	10	67
15	Loughton	16	12	12	16	12	68
16	Dagenham 88	17	16	17	12	9	71
17	Pitsea	15	15	16	10	16	72
18	Phoenix S	19	18	18	18	20	93
19	Braintree	18	19	20	20	19	96
20	West Suffolk	20	20	20	19	18	97