

Essex Cross Country League

Team Standings after 5 races (best 4)

U13 Girls

Pos	Club	Race 1	Race 2	Race 3	Race 4	Race 5	Total	
1	Cambridge & Coleridge AC	1	1	1	1	7	5	8
2	Chelmsford AC	4	4	2	4	1	11	11
3	Orion Harriers	3	8	3	1	4	11	11
4	Havering AC	5	6	4	2	2	13	13
4	Thurrock Harriers	2	2	6	20	3	13	13
6	Harlow AC	6	3	20	3	8	20	20
7	Braintree & District AC	9	5	5	6	7	23	23
8	Basildon AC	7	7	9	5	6	25	25
9	Southend-on-Sea AC	10	10	7	8	9	34	34
10	East Essex Triathlon Club	8	11	10	20	20	49	49
11	Bentfleet Running Club	20	9	11	20	10	50	50
12	Colchester Harriers AC	11	13	9	20	20	53	53
13	Ilford AC	20	14	20	9	20	63	63
14	Colchester & Tendring AC	13	20	13	20	20	66	66
14	Discovery Triathlon Club	14	20	12	20	20	66	66
16	Mid Essex Casuals	12	20	20	20	20	72	72
16	West Suffolk AC	20	12	20	20	20	72	72

U13 Boys

Pos	Club	Race 1	Race 2	Race 3	Race 4	Race 5	Total	
1	Cambridge & Coleridge AC	1	1	1	2	1	4	4
2	Thurrock Harriers	2	3	2	6	3	10	10
3	Basildon AC	5	2	5	1	5	13	13
4	Havering AC	4	5	9	3	3	15	15
5	Harlow AC	3	4	6	4	8	17	17
6	Chelmsford AC	8	9	4	5	2	19	19
7	Southend-on-Sea AC	6	6	3	8	6	21	21
8	Orion Harriers	7	10	7	7	9	30	30
9	Bentfleet Running Club	9	7	10	11	13	37	37
10	Colchester Harriers AC	20	8	11	12	7	38	38
11	Ilford AC	10	20	8	10	11	39	39
12	East Essex Triathlon Club	20	20	13	9	10	52	52
13	Braintree & District AC	13	11	20	20	12	56	56
14	Colchester & Tendring AC	11	12	14	20	20	57	57
15	Discovery Triathlon Club	12	20	12	20	20	64	64
16	West Suffolk AC	20	20	20	13	20	73	73

U15 Girls

Pos	Club	Race 1	Race 2	Race 3	Race 4	Race 5	Total	
1	Havering AC	1	1	1	1	1	4	4
2	Bentfleet Running Club	3	3	5	2	2	10	10
3	Cambridge & Coleridge AC	2	5	2	9	3	12	12
4	Southend-on-Sea AC	5	2	2	10	5	14	14
5	Chelmsford AC	6	4	4	3	4	15	15
6	Thurrock Harriers	4	5	6	20	7	22	22
7	Orion Harriers	7	7	7	5	6	25	25
8	Basildon AC	9	11	8	6	8	31	31
9	East Essex Triathlon Club	10	10	9	8	20	37	37
10	Harlow AC	8	8	20	4	20	40	40
10	Colchester & Tendring AC	12	12	20	7	9	40	40
12	Braintree & District AC	11	9	20	20	10	50	50
13	West Suffolk AC	20	13	20	20	20	73	73

U15 Boys

Pos	Club	Race 1	Race 2	Race 3	Race 4	Race 5	Total	
1	Cambridge & Coleridge AC	1	1	1	4	2	5	5
2	Southend-on-Sea AC	2	2	2	1	1	6	6
3	Havering AC	3	5	3	3	3	12	12
4	Bentfleet Running Club	4	4	6	5	7	19	19
5	Orion Harriers	5	6	9	2	8	21	21
6	Colchester & Tendring AC	6	3	7	9	6	22	22
7	Thurrock Harriers	9	7	5	10	4	25	25
8	Basildon AC	8	10	8	6	5	27	27
9	Harlow AC	10	11	10	7	20	38	38
10	Colchester Harriers AC	7	9	14	20	10	40	40
11	East Essex Triathlon Club	12	12	12	8	9	41	41
12	Chelmsford AC	11	8	4	20	20	43	43
13	Discovery Triathlon Club	20	13	13	20	20	66	66
14	Braintree & District AC	20	20	11	20	20	71	71

U17/20 Women

Pos	Club	Race 1	Race 2	Race 3	Race 4	Race 5	Total	
1	Cambridge & Coleridge AC	2	2	1	2	1	6	6
2	Chelmsford AC	1	1	3	4	5	9	9
3	Basildon AC	4	3	2	1	4	10	10
4	Havering AC	3	4	7	7	2	16	16
5	Colchester & Tendring AC	5	7	4	5	3	17	17
6	Southend-on-Sea AC	6	5	6	3	20	20	20
7	Bentfleet Running Club	7	6	5	9	20	27	27
8	Thurrock Harriers	8	8	9	20	6	31	31
9	Harlow AC	9	20	10	6	20	45	45
10	Orion Harriers	20	9	12	8	20	49	49
11	Ipswich Harriers	20	20	8	20	20	68	68
12	West Suffolk AC	20	10	20	20	20	70	70
13	Braintree & District	20	20	11	20	20	71	71

U17 Men

Pos	Club	Race 1	Race 2	Race 3	Race 4	Race 5	Total	
1	Basildon AC	1	1	1	1	4	4	4
2	Orion Harriers	3	2	2	2	1	7	7
3	Bentfleet Running Club	4	5	5	3	2	14	14
4	Cambridge & Coleridge AC	2	6	7	12	3	18	18
5	Chelmsford AC	10	4	3	10	5	22	22
6	Thurrock Harriers	6	3	4	13	10	23	23
7	Havering AC	5	8	6	8	6	25	25
8	Colchester & Tendring AC	8	7	12	4	8	27	27
9	Southend-on-Sea AC	9	9	10	5	7	30	30
10	Braintree & District AC	11	10	11	7	9	37	37
11	East Essex Triathlon Club	12	11	9	6	20	38	38
12	Ilford AC	7	20	8	9	20	44	44
13	Harlow AC	13	12	13	11	20	49	49
14	Discovery Triathlon Club	20	20	14	20	20	74	74

Senior Women (incl. Veterans)

Pos	Club	Race 1	Race 2	Race 3	Race 4	Race 5	Total	
1	Chelmsford AC	1	1	2	1	10	5	5
2	Cambridge & Coleridge AC	2	2	1	3	11	8	8
3	Colchester Harriers AC	3	3	3	2	1	9	9
4	Southend-on-Sea AC	9	4	4	4	3	15	15
5	Havering AC	10	5	7	5	2	19	19
6	Orion Harriers	4	7	6	6	4	20	20
7	Bentfleet Running Club	4	10	8	7	6	25	25
8	Ilford AC	8	8	5	13	5	26	26
9	Springfield Striders RC	7	6	14	9	7	29	29
10	Phoenix Striders	12	14	11	10	8	41	41
11	Loughton AC	11	13	10	8	25	42	42
12	Pitsea Running Club	13	15	12	11	9	45	45
13	Mid Essex Casuals	14	9	9	17	15	47	47
14	Basildon AC	18	16	13	12	12	53	53
15	Thrift Green Trotters	19	11	19	14	13	57	57
15	Braintree & District AC	25	12	16	15	14	57	57
17	Thurrock Harriers	6	18	15	25	25	64	64
18	Colchester & Tendring AC	16	20	25	16	25	77	77
19	Tiptree Road Runners	25	25	17	25	17	84	84
20	East Essex Triathlon Club	25	19	25	25	16	85	85
21	Ipswich Harriers	15	22	25	25	25	87	87
22	Billerica Striders RC	17	21	25	25	25	88	88
23	University of Essex	25	17	25	25	25	92	92
24	Walden Triathlon Club	25	25	18	25	25	93	93

Senior Men (incl. Veterans)

Pos	Club	Race 1	Race 2	Race 3	Race 4	Race 5	Total	
1	Chelmsford AC	4	1	1	2	6	8	8
2	Cambridge & Coleridge AC	1	7	2	3	3	9	9
3	Colchester Harriers AC	3	2	5	5	2	12	12
4	Orion Harriers	2	4	3	4	4	13	13
5	Southend-on-Sea AC	7	6	4	1	5	16	16
6	Havering AC	5	5	6	6	1	17	17
7	Springfield Striders RC	6	3	11	10	7	26	26
8	Ilford AC	8	9	7	7	9	31	31
9	Basildon AC	9	8	10	8	13	35	35
9	Thurrock Harriers	10	10	8	9	8	35	35
11	Bentfleet Running Club	12	11	9	12	10	42	42
12	Billerica Striders RC	14	15	16			25	45
13	Thrift Green Trotters	11	12	12	11	12	46	46
14	Phoenix Striders	13	14	14	13	11	51	51
15	Mid Essex Casuals	17	13	13	17	14	57	57
16	Tiptree Road Runners	18	24	18			25	60
17	Pitsea Running Club	16	19	15	15	15	61	61
18	Braintree & District AC	15	16	17	14	18	62	62
19	Ipswich Harriers	19	21	25			25	65
20	Loughton AC	25	17	19	16	16	68	68
21	Witham Running Club	20	25	25	20	17	82	82
22	West Suffolk AC	25	20	25	18	25	88	88
23	East Essex Triathlon Club	25	23	25	19	25	92	92

Veteran Women

Pos	Club	Race 1	Race 2	Race 3	Race 4	Race 5	Total	
1	Colchester Harriers AC	2	1	1	1	1	4	4
2	Springfield Striders RC	1	3	15	6	5	15	15
3	Orion Harriers	6	6	3	3	4	16	16
3	Havering AC	4	5	5	5	2	16	16
5	Southend-on-Sea AC	17	7	4	4	3	18	18
6	Cambridge & Coleridge AC	3	4	2	12	25	21	21
7	Chelmsford AC	12	2	12	2	9	25	25
8	Loughton AC	7	9	7	7	25	30	30
9	Bentfleet Running Club	8	13	9	8	6	31	31
10	Phoenix Striders	10	14	10	10	7	37	37
11	Ilford AC	9	12	7	13	10	38	38
11	Mid Essex Casuals	13	8	6	15	11	38	38
13	Pitsea Running Club	11	15	11	11	8	41	41
14	Thrift Green Trotters	16	11	18	9	25	54	54
15	Thurrock Harriers	5	18	13	25	25	61	61
16	Braintree & District AC	25	10	17	16	25	68	68
17	Colchester & Tendring AC	14	16	25	14	25	69	69
18	Basildon AC	25	19	25	17	12	73	73
19	Tiptree Road Runners	25	25	14	25	14	78	78
20	Billerica Striders RC	15	17	25	25	25	82	82
21	East Essex Triathlon Club	25	25	25	25	13	88	88
22	Walden Triathlon Club	25	25	16	25	25	91	91

Veteran Men

Pos	Club	Race 1	Race 2	Race 3	Race 4	Race 5	Total
1	Colchester Harriers AC	1	1	4	1	1	4