

# Essex Cross Country League

## Final Team Standings after 5 races (best 4 scores)

### U13 Girls

Pos	Club	Race 1	Race 2	Race 3	Race 4	Race 5	Total
1	Chelmsford AC	1	2	1	1	1	4
2	Thurrock Harriers	3	3	3	3	4	12
2	Havering AC	4	5	4	2	2	12
4	Harlow AC	5	4	2	4	3	13
5	Basildon AC	2	1	8	6	5	14
6	Orion Harriers	6	6	5	5	20	22
7	Southend-on-Sea AC	7	7	6	7	7	27
8	Cambridge & Coleridge AC	10	10	9	20	11	40
9	East Essex Triathlon Club	9	9	7	20	20	45
10	Discovery Tri	20	12	20	9	9	50
11	Colchester Harriers AC	20	20	20	8	6	54
12	Colchester & Tendring AC	8	20	20	20	8	56
13	Braintree & District AC	20	8	20	20	10	58
14	Benfleet RC	20	11	20	20	20	71

### U13 Boys

Pos	Club	Race 1	Race 2	Race 3	Race 4	Race 5	Total
1	Thurrock Harriers	2	1	3	2	1	6
2	Harlow AC	3	2	2	6	4	11
2	Havering AC	4	4	4	1	2	11
4	Cambridge & Coleridge AC	1	8	1	9	5	15
5	Ilford AC	6	3	20	3	7	19
6	Southend-on-Sea AC	8	5	6	5	6	22
7	Chelmsford AC	7	7	5	4	10	23
8	Basildon AC	5	6	20	12	3	26
9	Colchester Harriers AC	10	10	7	11	9	36
10	Orion Harriers	12	9	10	7	11	37
11	East Essex Triathlon Club	9	12	9	8	14	38
11	Braintree & District AC	11	11	8	13	8	38
13	Discovery Tri	20	13	20	10	13	56
14	Benfleet RC	20	20	20	20	12	72
15	Colchester & Tendring AC	20	14	20	20	20	74

### U15 Girls

Pos	Club	Race 1	Race 2	Race 3	Race 4	Race 5	Total
1	Havering AC	1	1	1	1	1	4
2	Thurrock Harriers	2	3	4	3	7	12
3	Braintree & District AC	3	5	2	6	20	16
4	Benfleet Running Club	6	6	5	4	4	19
5	Basildon AC	11	2	9	7	3	21
6	Harlow AC	8	4	7	5	6	22
7	Southend-on-Sea AC	4	9	10	12	2	25
8	Colchester & Tendring AC	10	7	11	8	5	30
9	Cambridge & Coleridge AC	5	20	3	9	20	37
9	Orion Harriers	7	8	20	2	20	37
11	Chelmsford AC	12	10	6	10	20	38
12	Ilford AC	9	12	20	11	8	40
13	Colchester Harriers AC	20	11	8	20	20	59
14	East Essex Triathlon Club	20	13	20	20	20	73

### U15 Boys

Pos	Club	Race 1	Race 2	Race 3	Race 4	Race 5	Total
1	Orion Harriers	4	3	2	1	1	7
2	Southend-on-Sea AC	2	2	4	3	2	9
3	Thurrock Harriers	3	4	3	4	3	13
4	Havering AC	7	7	7	2	6	22
5	Basildon AC	5	6	10	8	4	23
6	Harlow AC	9	5	5	6	8	24
7	Colchester Harriers AC	6	8	6	5	9	25
7	Chelmsford AC	8	1	9	9	7	25
9	Colchester & Tendring AC	9	9	8	10	5	31
10	Cambridge & Coleridge AC	1	20	1	20	20	42
10	Ilford AC	13	12	20	7	10	42
12	Braintree & District AC	12	10	11	20	20	53
12	East Essex Triathlon Club	11	11	20	11	20	53
14	Benfleet Running Club	14	20	20	20	20	74

### U17/20 Women

Pos	Club	Race 1	Race 2	Race 3	Race 4	Race 5	Total
1	Basildon AC	2	2	2	6	1	7
2	Chelmsford AC	4	1	3	1	3	8
3	Havering AC	3	3	6	2	2	10
4	Benfleet Running Club	6	4	4	5	5	18
5	Colchester & Tendring AC	7	5	5	4	20	21
6	Southend-on-Sea AC	5	6	20	7	4	22
7	Orion Harriers	10	20	7	3	20	40
8	Cambridge & Coleridge AC	1	20	1	20	20	42
9	Colchester Harriers AC	8	9	20	20	6	43
10	Thurrock Harriers	9	8	20	20	20	57
11	Harlow AC	20	7	20	20	20	67

### U17 Men

Pos	Club	Race 1	Race 2	Race 3	Race 4	Race 5	Total
1	Havering AC	4	1	9	2	1	8
2	Chelmsford AC	3	2	3	3	2	10
3	Basildon AC	2	5	4	20	6	17
4	Thurrock Harriers	6	6	2	4	20	18
4	Orion Harriers	9	3	5	1	20	18
6	Colchester & Tendring AC	8	7	6	5	5	23
7	Southend-on-Sea AC	7	4	7	9	7	25
8	East Essex Triathlon Club	10	10	10	6	4	30
9	Braintree & District AC	14	11	12	7	3	33
10	Colchester Harriers AC	5	8	8	20	20	41
11	Cambridge & Coleridge AC	1	20	1	20	20	42
12	Harlow AC	13	12	11	10	20	46
13	Ilford AC	12	9	20	8	20	49
14	Benfleet Running Club	11	13	20	20	8	52

### Senior Women (incl. Veterans) Division 1

Pos	Club	Race 1	Race 2	Race 3	Race 4	Race 5	Total
1	Chelmsford AC	1	1	1	1	1	4
3	Southend-on-Sea AC	2	2	4	3	2	9
4	Colchester Harriers AC	3	3	2	2	3	10
8	Orion Harriers	5	4	5	4	10	18
12	Ilford AC	12	7	6	5	5	23
13	Benfleet Running Club	8	6	8	6	4	24
15	Phoenix Striders	7	5	9	8	7	27
15	Springfield Striders RC	6	8	11	7	6	27
17	Cambridge & Coleridge AC	4	12	3	20	9	28
18	Havering AC	9	9	7	20	11	36
19	Pitsea Running Club	11	11	10	9	8	38
20	Loughton AC	10	10	12	10	20	42

### Senior Men (incl. Veterans) Division 1

Pos	Club	Race 1	Race 2	Race 3	Race 4	Race 5	Total
2	Colchester Harriers AC	3	1	2	2	1	6
3	Orion Harriers	1	2	3	4	3	9
5	Havering AC	5	3	4	1	2	10
6	Chelmsford AC	2	4	1	8	5	12
9	Southend-on-Sea AC	7	6	4	3	6	19
12	Springfield Striders RC	6	5	8	9	8	27
13	Benfleet Running Club	8	7	9	6	7	28
13	Ilford AC	10	9	10	5	4	28
15	Basildon AC	9	8	7	7	11	31
16	Cambridge & Coleridge AC	4	12	6	12	12	34
18	Thurrock Harriers	11	10	11	10	10	41
20	Billericay Striders	12	11	12	11	9	43

### Senior Women (incl. Veterans) Division 2

Pos	Club	Race 1	Race 2	Race 3	Race 4	Race 5	Total
1	Basildon AC	1	1	1	2	2	5
2	Thurrock Harriers	2	2	3	20	3	10
3	Thrift Green Trotters	8	5	4	1	1	11
4	Braintree & District AC	4	6	2	7	5	17
5	Billericay Striders RC	3	4	8	3	20	18
6	East Essex Triathlon Club	6	3	6	5	20	20
6	Colchester & Tendring AC	5	7	5	4	6	20
8	Mid Essex Casuals	9	8	7	6	4	25
9	University of Essex	7	20	20	20	20	67

Pos	Club	Race 1	Race 2	Race 3	Race 4	Race 5	Total
1	Phoenix Striders	2	1	1	1	1	4
2	Thrift Green Trotters	1	4	3	2	3	9
3	Pitsea Running Club	5	2	2	5	4	13
4	Mid Essex Casuals	3	5	7	4	2	14
5	Loughton AC	10	6	4	3	6	19
6	East Essex Tri Club	6	3	20	7	7	23
7	Braintree & District AC	7	20	6	6	20	39
8	Harlow AC	9	20	5	8	20	42
9	Colchester & Tendring AC	8	20	20	20	5	53
10	University of Essex	4	20	20	20	20	64

### Veteran Women

Pos	Club	Race 1	Race 2	Race 3	Race 4	Race 5	Total
1	Colchester Harriers AC	11	1	2	1	2	6
2	Southend-on-Sea AC	2	2	3	2	1	7
3	Springfield Striders RC	4	6	6	5	4	19
4	Chelmsford AC	1	14	1	10	9	21
5	Orion Harriers	3	4	13	3	25	23
6	Phoenix Striders	6	9	7	6	6	25
7	Ilford AC	16	16	4	4	5	29
8	Benfleet Running Club	9	8	10	7	7	31
9	Thrift Green Trotters	17	10	15	8	3	36
10	Braintree & District AC	8	13	5	16	12	38
10	Pitsea Running Club	10	17	11	9	8	38
10	Thurrock Harriers	13	3	12	25	10	38
13	Loughton AC	7	12	9	11	25	39
14	Billericay Striders RC	5	7	20	14	25	46
15	East Essex Triathlon Club	14	5	17	13	25	49
15	Havering AC	15	11	8	25	15	49
17	Colchester & Tendring AC	12	18	16	12	14	54
18	Mid Essex Casuals	18	20	19	15	11	63
19	Cambridge & Coleridge AC	20	19	14	25	13	66
20	Basildon AC	19	15	18	25	25	77

### Veteran Men

Pos	Club	Race 1	Race 2	Race 3	Race 4	Race 5	Total
1	Colchester Harriers AC	1	1	1	2	1	4
2	Orion Harriers	2	2	3	1	3	8
3	Havering AC	3	3	2	3	2	10
4	Ilford AC	7	6	4	4	4	18
5	Benfleet Running Club	4	4	8	7	6	21
6	Southend-on-Sea AC	8	5	6	5	8	24
7	Springfield Striders RC	5	13	7	8	5	25
8	Thurrock Harriers	9	7	5	6	13	27
9	Billericay Striders	12	8	9	9	7	33
10	Thrift Green Trotters	6	17	11	10	11	38
11	Phoenix Striders	10	10	10	11	9	39
12	Mid Essex Casuals	13	11	17	15	10	49
13	Basildon AC	11	9	14	16	17	50
13	Pitsea Running Club	14	12	13	13	12	50
15	Chelmsford AC	16	14	15	14	14	57
16	Loughton AC	19	15	18	12	15	60
17	East Essex Tri Club	18	16	25	17	16	67
18	Cambridge & Coleridge AC	15	25	12	25	25	77
19	Braintree & District AC	17	25	16	25	25	83