

# Essex Cross Country League

## Final Team Standings (best 3 scores)

### U13 Girls

Pos	Club	Race 1	Race 2	Race 3	Race 4	Total5	Total
1	Chelmsford AC	7	1	1	1	10	3
2	Havering AC	1	2	2	2	7	5
3	Basildon AC	3	3	4	3	13	9
4	Southend-on-Sea AC	4	4	3	4	15	11
5	Orion Harriers	5	6	5	5	21	15
6	Benfleet Running Club	11	5	7	8	31	20
6	Thurrock Harriers	10	7	6	7	30	20
8	Harlow AC	6	8	20	9	43	23
9	Discovery Triathlon Club	9	10	8	20	47	27
10	Cambridge and Coleridge AC	2	9	20	20	51	31
11	Colchester Harriers AC	8	20	10	20	58	38
12	Braintree & District	20	20	8	20	68	48

### U13 Boys

Pos	Club	Race 1	Race 2	Race 3	Race 4	Total
1	Chelmsford AC	3	1	1	3	5
2	Havering AC	2	2	2	2	6
3	Basildon AC	5	3	3	1	7
4	Southend-on-Sea AC	4	4	5	6	13
5	Cambridge and Coleridge AC	1	6	20	7	14
6	Thurrock Harriers	12	7	4	4	15
7	Braintree & District AC	6	8	8	8	22
7	Benfleet Running Club	13	5	6	11	22
9	Orion Harriers	9	10	11	5	24
10	Colchester & Tendring AC	10	20	7	9	26
11	Harlow AC	7	20	10	10	27
12	Ilford AC	11	20	9	12	32
13	Colchester Harriers AC	20	11	12	13	36
14	East Essex Triathlon Club	8	20	20	20	48
15	Discovery Triathlon Club	20	9	20	20	49

### U15 Girls

Pos	Club	Race 1	Race 2	Race 3	Race 4	Total5	Total
1	Basildon AC	1	3	1	1	6	3
2	Chelmsford AC	4	2	2	2	10	6
3	Cambridge and Coleridge AC	2	1	9	5	17	8
4	Havering AC	3	6	3	3	15	9
5	Thurrock Harriers	5	5	4	7	21	14
6	Orion Harriers	6	4	5	9	24	15
7	Harlow AC	7	7	6	4	24	17
8	Colchester Harriers AC	20	8	7	6	41	21
9	Discovery Triathlon Club	9	9	10	20	48	28
10	East Essex Triathlon Club	8	20	8	20	56	36
11	Colchester & Tendring AC	11	20	20	8	59	39
12	Southend-on-Sea AC	10	20	20	20	70	50

### U15 Boys

Pos	Club	Race 1	Race 2	Race 3	Race 4	Total
1	Basildon AC	3	1	2	2	5
2	Chelmsford AC	4	2	3	1	6
2	Southend-on-Sea AC	2	7	1	3	6
4	Cambridge and Coleridge AC	1	3	10	7	11
5	Havering AC	5	4	4	4	12
6	Orion Harriers	6	8	5	5	16
7	Thurrock Harriers	7	6	6	6	18
8	Ilford AC	11	5	7	20	23
9	Colchester & Tendring AC	9	9	8	20	26
10	Benfleet Running Club	10	20	9	8	27
11	Braintree & District AC	8	10	11	20	29
12	East Essex Triathlon Club	12	11	20	9	32
13	Harlow AC	13	20	20	20	53

### U17/20 Women

Pos	Club	Race 1	Race 2	Race 3	Race 4	Total5	Total
1	Havering AC	1	1	3	3	8	5
2	Southend-on-Sea AC	7	2	1	4	14	7
2	Basildon AC	2	6	4	1	13	7
4	Orion Harriers	4	4	2	20	30	10
5	Benfleet Running Club	9	3	7	2	21	12
6	Chelmsford AC	6	5	5	6	22	16
7	Thurrock Harriers	8	7	6	5	26	18
8	Colchester Harriers AC	5	8	8	20	41	21
9	Ilford AC	11	11	9	20	51	31
10	Cambridge and Coleridge AC	3	10	20	20	53	33
11	Colchester & Tendring AC	10	9	20	20	59	39
12	Braintree & District AC	12	20	20	20	72	52
12	Discovery Triathlon Club	20	12	20	20	72	52
14	Harlow AC	20	13	20	20	73	53

### U17 Men

Pos	Club	Race 1	Race 2	Race 3	Race 4	Total
1	Thurrock Harriers	6	1	1	1	3
2	Southend-on-Sea AC	3	3	2	4	8
3	Basildon AC	4	2	5	3	9
4	Colchester Harriers AC	7	5	3	5	13
4	East Essex Triathlon Club	11	7	4	2	13
6	Orion Harriers	2	6	6	9	14
6	Chelmsford AC	1	8	7	6	14
8	Havering AC	5	4	9	7	16
9	Benfleet Running Club	10	9	20	10	29
10	Braintree & District AC	20	20	8	8	36
11	Colchester & Tendring AC	8	10	20	20	38
12	Cambridge and Coleridge AC	9	20	20	20	49

### Senior Women (incl. Veterans) Div 1

Pos	Club	Race 1	Race 2	Race 3	Race 4	Total5	Total
1	Basildon AC	2	1	1	5	9	4
2	Chelmsford AC	1	2	2	2	7	5
3	Havering AC	3	3	6	3	15	9
4	Orion Harriers	7	4	5	1	17	10
5	Southend-on-Sea AC	5	5	4	5	19	14
6	Springfield Striders RC	8	7	3	9	27	18
7	Colchester Harriers AC	4	11	11	4	30	19
8	Benfleet Running Club	9	6	7	11	33	22
9	Thrift Green Trotters	11	8	8	7	34	23
10	Billericay Striders RC	12	9	10	8	39	27
11	Halstead RR	10	10	9	10	39	29
12	Cambridge & Coleridge AC	6	20	20	12	58	38

### Senior Men (incl. Veterans) Div 1

Pos	Club	Race 1	Race 2	Race 3	Race 4	Total
1	Havering AC	1	2	1	1	3
2	Orion Harriers	3	1	2	2	5
3	Colchester Harriers AC	2	7	3	5	10
4	Southend-on-Sea AC	5	3	7	4	12
5	Springfield Striders RC	4	5	5	7	14
5	Benfleet Running Club	10	4	4	6	14
7	Ilford AC	7	6	8	3	16
8	Thurrock Harriers	8	8	6	8	22
9	Chelmsford AC	6	12	12	10	28
9	Cambridge & Coleridge AC	11	10	9	9	28
11	Basildon AC	9	9	11	12	29
12	Halstead RR	12	11	10	11	32

### Senior Women (incl. Veterans) Div 2

Pos	Club	Race 1	Race 2	Race 3	Race 4	Total5	Total
1	Grange Farm & Dunmow Runners	2	6	1	1	10	4
2	Ilford AC	1	4	3	2	10	6
3	Loughton AC	6	3	2	8	19	11
4	Phoenix Striders	3	7	6	3	19	12
5	JBR Run and Tri	4	5	5	4	18	13
6	Thurrock Harriers	7	1	7	9	24	15
7	East Essex Triathlon Club	10	2	10	6	28	18
8	Pitsea Running Club	5	9	9	5	28	19
9	Mid Essex Casuals	9	8	8	10	35	25
10	Tipitree Road Runners	20	20	4	7	51	31
11	Braintree & District AC	8	10	20	20	58	38

### Senior Men (incl. Veterans) Div 2

Pos	Club	Race 1	Race 2	Race 3	Race 4	Total
1	Thrift Green Trotters	3	1	2	1	4
2	Billericay Striders RC	2	3	2	1	5
3	Grange Farm & Dunmow Runners	1	2	3	2	6
4	Phoenix Striders	4	6	4	5	12
5	JBR Run and Tri	5	4	6	6	15
6	Mid Essex Casuals	7	7	5	7	19
7	Pitsea Running Club	6	8	10	8	22
8	Braintree & District AC	8	9	8	10	25
9	East Essex Triathlon Club	11	5	20	11	27
10	Loughton AC	9	10	9	12	28
11	Tipitree Road Runners	20	20	7	4	31
12	Colchester & Tendring AC	10	11	11	20	32
13	Witham Running Club	12	20	12	9	33

### Veteran Women

Pos	Club	Race 1	Race 2	Race 3	Race 4	Total5	Total
1	Orion Harriers	2	4	2	2	10	6
2	Basildon AC	18	1	3	3	25	7
3	Springfield Striders RC	4	5	1	7	17	10
4	Southend-on-Sea AC	5	2	5	9	21	12
5	Benfleet Running Club	6	3	4	13	26	13
6	Colchester Harriers AC	1	20	18	1	40	20
7	Havering AC	8	7	6	10	31	21
8	Billericay Striders RC	7	9	11	8	35	24
9	Grange Farm & Dunmow Runners	13	17	8	4	42	25
10	Thrift Green Trotters	11	11	9	6	37	26
11	Loughton AC	10	8	13	17	48	31
12	Halstead RR	20	14	7	12	53	33
13	Phoenix Striders	9	12	15	15	51	36
13	Ilford AC	12	10	14	14	50	36
15	Chelmsford AC	17	19	17	5	58	39
16	Thurrock Harriers	19	6	19	21	65	44
17	East Essex Triathlon Club	22	13	21	11	67	45
18	JBR Run and Tri	15	15	16	19	65	46
19	Mid Essex Casuals	21	16	12	20	69	48
20	Tipitree Road Runners	25	25	10	16	76	51
21	Pitsea Running Club	16	18	20	18	72	52
22	Cambridge & Coleridge AC	3	25	25	25	78	53
23	Braintree & District AC	14	21	25	25	85	60

### Veteran Men

Pos	Club	Race 1	Race 2	Race 3	Race 4	Total
1	Havering AC	2	3	1	1	4
2	Colchester Harriers AC	1	1	6	4	6
3	Orion Harriers	5	2	4	3	9
3	Benfleet Running Club	9	5	2	2	9
5	Springfield Striders RC	3	7	3	6	12
6	Ilford AC	7	4	5	5	14
7	Southend-on-Sea AC	4	6	9	9	19
8	Thrift Green Trotters	11	9	7	7	23
9	Thurrock Harriers	8	8	8	8	24
10	Billericay Striders RC	10	10	11	11	31
11	Chelmsford AC	12	12	10	10	32
12	Mid Essex Casuals	17	14	13	12	39
13	JBR Run and Tri	15	11	15	16	41
14	Phoenix Striders	14	15	14	17	43
14	Grange Farm & Dunmow Runners	19	16	12	15	43
16	Basildon AC	13	19	19	21	51
16	Pitsea Running Club	16	17	18	18	51
18	Loughton AC	18	18	17	19	53
19	Tipitree Road Runners	25	25	16	13	54
20	East Essex Triathlon Club	22	13	23	20	55
21	Cambridge & Coleridge AC	6	25	25	25	56
22	Witham Running Club	24	25	20	14	58
23	Braintree & District AC	21	20	21	25	62
24	Colchester & Tendring AC	23	21	22	25	66
25	Halstead RR	20	25	24	25	69