

Age Group Award Winners – Essex Cross Country League 2019 - 2020

U13G	1	Kayleigh Atkinson	Chelmsford AC	3
	2	Charlotte Evans	Havering AC	8
	3	Amelia King	Chelmsford AC	10
U13B	1	Beau Macdonald	Southend-on-Sea AC	4
	2	Sam Plummer	Colchester & Tendring AC	5
	3	Harry Wyatt	Thurrock Harriers	8
U15G	1	Jayne Elvin	Thurrock Harriers	5
	1	Holly Watson	Chelmsford AC	5
	3	Kiera Atkinson	Chelmsford AC	6
U15B	1	Ben Maguire	Southend-on-Sea AC	3
	2	Tom Wood	Chelmsford AC	6
	3	Charlie Howell	Havering AC	8
U17W	1	Megan Harris	Basildon AC	6
	2	Madison Harris	Basildon AC	6
	3	Milly Presland	Colchester Harriers AC	11
U17M	1	Matthew Warner	Southend-on-Sea AC	7
	2	Jak Wright	Ilford AC	8
	3	Aidan Cahill	Colchester & Tendring AC	11
U20W	1	Grace Goodall	Basildon AC	17
	2	Jordan Hinds	Ilford AC	49
	3	Emily James	Havering AC	75
U20M	1	Zach Bridgeland	Chelmsford AC	7
	2	Sam Atkins	Havering AC	37
	3	Taylor Newell	Thurrock Harriers	52
SW	1	Morgan Campbell	Havering AC	9
	2	Ginte Bailey	Havering AC	12
	3	Hayley Lamkin	Southend-on-Sea AC	17
SM	1	Rob Warner	Havering AC	16
	2	David Fewell	Chelmsford AC	18
	3	George Day	Orion Harriers	46
W40	1	Danielle Harrington	Tiptree Road Runners	50
	2	Hayley Rogerson	Orion Harriers	61
	3	Kathleen Short	Brentwood Running Club	65
M40	1	Paul Grange	Ilford AC	43
	2	Lee Taylor	Southend-on-Sea AC	48
	3	Barry Smith	Havering AC	91
W45	1	Wendy King	Chelmsford AC	35
	2	Claire Hall	Grange Farm & Dunmow Runners	37
	3	Alison Trauttmansdorff-Weinsberg	Orion Harriers	60
M45	1	Adrian Mussett	Colchester Harriers AC	6
	2	Steve Rand	Havering AC	101
	3	Gary Coombes	Ilford AC	114
W50	1	Denise Morley	Colchester Harriers AC	41
	2	Jodie Farrell	Thurrock Harriers	106
	3	Vanessa Mathers	Southend-on-Sea AC	161

Commented [CA1]:

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M50	1	Colin Read	Orion Harriers	147
	2	Matthew Bland	Havering AC	148
	3	Paul Holloway	Iford AC	192
W55	1	Pippa Dowswell	Orion Harriers	152
	2	Christine Inch	Orion Harriers	184
	3	Nicola Hopkinson	Iford AC	209
M55	1	Colin Ridley	Colchester Harriers AC	213
	2	Simon Le Mare	Southend-on-Sea AC	253
	3	Tony Pecoraro	Havering AC	260
W60	1	Breege Nordin	Iford AC	154
	2	Helen Williams	Pitsea Running Club	286
	3	Gillian Harrison	Pitsea Running Club	301
M60	1	Peter Tullett	Chelmsford AC	269
	2	Alan Pearl	Iford AC	354
	3	Chris Purse	Springfield Striders RC	398
W65	1	Lynn Tanner	Springfield Striders RC	222
	2	Valerie Sinclair	Pitsea Running Club	305
	3	Theresa Flannigan	East Essex Triathlon Club	315
M65	1	David Butler	Billericay Striders RC	243
	2	Peter Eates	Phoenix Striders	593
M70	1	Peter Binns	Southend-on-Sea AC	432
	2	Keith Walker	Billericay Striders RC	578
	3	James Huddart	Iford AC	646
M75	1	Ernie Easterby	Billericay Striders RC	649