

Essex Cross Country League

Final Team Standings after 4 fixtures (best 3 scores*)

U13 Girls

Pos	Club	Race 1	Race 2	Race 3	Race 4	Total
1	Chelmsford AC	1	1	1	1	3
2	Havering AC	2	2	2	2	6
3	Southend-on-Sea AC	3	5	3	4	10
4	Benfleet Running Club	4	4	5	3	11
5	Thurrock Harriers	5	7	6	6	17
6	Basildon AC	8	8	4	8	20
7	Harlow AC	7	6	8	20	21
=8	Cambridge & Coleridge AC	9	3	10	10	22
=8	Orion Harriers	6	10	7	9	22
10	Colchester & Tendring AC	10	12	9	5	24
11	Colchester Harriers AC	12	11	20	7	30
12	Braintree & District AC	11	9	11	20	31
13	East Essex Triathlon Club	20	13	20	20	53

U13 Boys

Pos	Club	Race 1	Race 2	Race 3	Race 4	Total
1	Havering AC	1	1	2	2	4
2*	Southend-on-Sea AC	3	2	1	1	4
3	Chelmsford AC	2	3	3	3	8
4	Thurrock Harriers	4	5	4	4	12
5	Basildon AC	8	6	5	6	17
6	Ilford AC	5	11	6	8	19
7	Orion Harriers	6	7	7	7	20
8	Colchester & Tendring AC	9	8	8	5	21
9	Cambridge & Coleridge AC	10	4	10	20	24
10	Colchester Harriers AC	7	9	9	5	25
11	Braintree & District AC	11	10	20	10	31
12	Billericay Striders RC	12	12	20	11	35
=13	Harlow AC	20	13	20	20	53
=13	East Essex Triathlon Club	13	20	20	20	53

* Worst score taken into account when best 3 scores equal

U15 Girls

Pos	Club	Race 1	Race 2	Race 3	Race 4	Total
1	Havering AC	1	1	1	6	3
2	Chelmsford AC	2	7	2	1	5
3	Southend-on-Sea AC	3	4	3	2	8
4	Orion Harriers	4	2	7	7	13
5	Basildon AC	5	5	5	4	14
6*	Colchester Harriers AC	7	9	4	3	14
7	Benfleet Running Club	6	6	6	5	17
8	Cambridge & Coleridge AC	9	3	9	20	21
9	Thurrock Harriers	8	8	8	8	24
10	Colchester & Tendring AC	10	20	20	9	39
11	Harlow AC	11	20	10	20	41
12	Braintree & District AC	12	20	20	10	42

* Worst score taken into account when best 3 scores equal

U15 Boys

Pos	Club	Race 1	Race 2	Race 3	Race 4	Total
1	Havering AC	1	1	1	2	3
2	Southend-on-Sea AC	2	2	7	1	5
3	Chelmsford AC	3	4	2	3	8
4	Colchester & Tendring AC	4	5	5	4	13
5	Basildon AC	5	8	4	5	14
6	Braintree & District AC	11	7	3	7	17
7	Ilford AC	6	6	6	6	18
8*	Cambridge & Coleridge AC	7	3	8	12	18
9	Orion Harriers	8	9	12	8	25
10	Billericay Striders RC	10	12	9	10	29
11	Benfleet Running Club	9	11	10	11	30
12	Colchester Harriers AC	13	20	11	9	33
13	Harlow AC	14	10	13	20	37
14	Thurrock Harriers	12	20	20	20	52

* Worst score taken into account when best 3 scores equal

U17/20 Women

Pos	Club	Race 1	Race 2	Race 3	Race 4	Total
1	Basildon AC	1	1	1	1	3
2	Chelmsford AC	2	2	2	2	6
3	Havering AC	5	3	3	3	9
4	Thurrock Harriers	3	4	4	5	11
5	Colchester Harriers AC	6	8	5	4	15
6	Orion Harriers	4	6	8	10	18
7	Cambridge & Coleridge AC	8	7	6	6	19
8	Ilford AC	20	9	7	8	24
9	Southend-on-Sea AC	7	10	20	9	26
10	Harlow AC	20	5	10	20	35
11	Braintree & District AC	20	20	20	7	47
=12	Benfleet Running Club	9	20	20	20	49
=12	Colchester & Tendring AC	20	20	9	20	49

Senior Women (incl. Veterans) Div 1

Pos	Club	Race 1	Race 2	Race 3	Race 4	Total
1	Havering AC	1	1	1	4	3
2	Colchester Harriers AC	2	8	3	1	6
3	Southend-on-Sea AC	4	2	5	3	9
4	Orion Harriers	8	6	2	2	10
5	Thurrock Harriers	11	4	4	6	14
6	Benfleet Running Club	6	3	7	9	16
7	Brentwood Running Club	5	7	6	7	18
8	Billericay Striders RC	9	5	10	5	19
9	Springfield Striders RC	3	10	8	10	21
10	Ilford AC	10	9	9	8	26
11	Chelmsford AC	12	11	11	11	33
12	JBR Run and Tri	7	20	12	20	39

Senior Women (incl. Veterans) Div 2

Pos	Club	Race 1	Race 2	Race 3	Race 4	Total
1	Tiptree Road Runners	1	7	1	1	3
2	Halstead RR	2	2	2	3	6
3	Grange Farm & Dunmow Run	7	3	4	2	9
4	Phoenix Striders	3	6	3	4	10
5	Pitsea Running Club	4	4	5	5	13
6*	Cambridge & Coleridge AC	6	1	8	6	13
7	East Essex Triathlon Club	5	10	6	11	21
8	Basildon AC	20	5	9	8	22
9	Braintree & District AC	20	9	7	9	25
10	Mid Essex Casuals	9	8	10	10	27
11	Hockley Trail Runners	20	20	20	7	47
12	Loughton AC	8	20	20	20	48

* Worst score taken into account when best 3 scores equal

Veteran Women

Pos	Club	Race 1	Race 2	Race 3	Race 4	Total
1	Thurrock Harriers	15	1	2	2	5
2	Colchester Harriers AC	2	15	3	1	6
3	Orion Harriers	3	3	1	3	7
4	Springfield Striders RC	1	5	4	7	10
5	Southend-on-Sea AC	4	2	5	5	11
6	Brentwood Running Club	6	4	7	6	16
7	Tiptree Road Runners	8	16	6	4	18
8	Benfleet Running Club	5	11	9	8	22
9*	Havering AC	7	7	8	14	22
10	Billericay Striders RC	9	9	10	10	28
11	Ilford AC	17	8	11	11	30
12	Phoenix Striders	11	13	12	9	32
13	Pitsea Running Club	13	12	15	12	37
14	Grange Farm & Dunmow Run	21	6	19	13	38
15	Halstead RR	19	10	13	18	41
16	Mid Essex Casuals	12	14	20	21	46
17	Chelmsford AC	16	25	17	15	48
18	East Essex Triathlon Club	14	19	18	22	51
18	JBR Run and Tri	10	25	16	25	51
20	Braintree & District AC	20	18	14	20	52
21	Cambridge & Coleridge AC	25	17	25	16	58
22	Hockley Trail Runners	22	25	25	19	66
23	Loughton AC	18	25	25	25	68

* Worst score taken into account when best 3 scores equal

U17 Men

Pos	Club	Race 1	Race 2	Race 3	Race 4	Total
1	Southend-on-Sea AC	2	2	1	1	4
2*	Chelmsford AC	1	1	3	2	4
3	Basildon AC	3	3	2	3	8
=4	Ilford AC	4	4	6	7	14
=4	Thurrock Harriers	5	5	7	4	14
6	Colchester & Tendring AC	8	7	4	6	17
7	Havering AC	6	8	5	20	19
8	Colchester Harriers AC	9	20	9	5	23
9	Braintree & District AC	7	10	10	9	26
10	Benfleet Running Club	20	20	8	8	36
11	Orion Harriers	10	9	20	20	39
12	Cambridge & Coleridge AC	20	6	20	20	46
13	Tiptree Road Runners	11	20	20	20	51

* Worst score taken into account when best 3 scores equal

Senior Men (incl. Veterans) Div 1

Pos	Club	Race 1	Race 2	Race 3	Race 4	Total
1	Havering AC	1	1	2	1	3
2	Southend-on-Sea AC	4	2	3	3	8
=3	Ilford AC	6	3	1	5	9
=3	Colchester Harriers AC	2	5	6	2	9
5	Orion Harriers	3	4	7	4	11
6	Thurrock Harriers	5	6	4	6	15
7	Springfield Striders RC	9	9	5	7	21
8	Benfleet Running Club	7	7	8	9	22
9	Grange Farm & Dunmow Runner	8	8	9	8	24
10	Halstead RR	10	10	11	12	31
11	JBR Run and Tri	12	25	10	10	32
12	Phoenix Striders	11	11	12	11	33

Senior Men (incl. Veterans) Div 2

Pos	Club	Race 1	Race 2	Race 3	Race 4	Total
1	Braintree & District AC	1	7	1	1	3
2	Chelmsford AC	2	2	2	3	6
3	Billericay Striders RC	3	3	4	4	10
4	Cambridge & Coleridge AC	9	1	10	2	12
5	Brentwood Running Club	4	6	6	8	16
6*	Basildon AC	8	5	3	13	16
7	Pitsea Running Club	5	4	8	10	17
8	Tiptree Road Runners	7	8	5	6	18
9*	Mid Essex Casuals	6	10	7	5	18
10	Hockley Trail Runners	12	9	9	9	27
11	Colchester & Tendring AC	10	11	13	11	32
12	East Essex Triathlon Club	11	12	12	25	35
13	Witham Running Club	13	20	11	12	36
14	Loughton AC	14	20	20	10	44

* Worst score taken into account when best 3 scores equal

Veteran Men

Pos	Club	Race 1	Race 2	Race 3	Race 4	Total
1	Havering AC	2	1	2	3	5
2	Southend-on-Sea AC	5	4	1	1	6
3	Colchester Harriers AC	3	2	5	2	7
4	Ilford AC	4	3	3	6	10
5	Orion Harriers	1	8	11	4	13
6	Springfield Striders RC	8	7	4	5	16
7	Billericay Striders RC	6	6	6	7	18
8	Benfleet Running Club	7	9	8	8	23
9	Pitsea Running Club	9	12	10	10	29
10	Brentwood Running Club	11	10	9	11	30
11	Chelmsford AC	12	13	7	12	31
12	Thurrock Harriers	15	11	17	9	35
13	Grange Farm & Dunmow Runner	20	14	13	13	40
14	Mid Essex Casuals	13	15	15	14	42
15*	Phoenix Striders	14	17	12	16	42
16	Tiptree Road Runners	17	19	14	15	46
17	Basildon AC	10	20	19	21	49
18	Halstead RR	16	16	18	18	50
19	Hockley Trail Runners	19	18	16	17	51
20	Cambridge & Coleridge AC	25	5	25	22	52
21	East Essex Triathlon Club	18	21	21	25	60
22	Loughton AC	22	25	25	19	66
23	Colchester & Tendring AC	23	22	22	23	67
24	JBR Run & Tri	21	25	23	25	69
25	Witham Running Club	25	25	25	20	70
26	Braintree and District AC	25	25	25	24	74

* Worst score taken into account when best 3 scores equal