

20120812njl_southern_thames_div_rnd_4_results

NJL Southern Thames Div Round:4 RESULTS

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Stevenage, Ridlins wood, Sun 12 August 2012

M 100m A

11.5	1 Josh Cox	TBD	10.9
11.8	2 Luis Da Silva	U17 SWH	11.3
11.8	3 Kim Sobotie	U17 SNH	11.6
12.0	4 Richard Holland	HVG	11.6
12.1	5 Oliver Brice	NOR	11.6

M 100m B

1 Lewis Taylor	U17	TBD
2 Daniel Gardner	SNH	
3 Josh Evans	SWH	
4 Kari Tucker	U17	HVG
5 Jack Strachan	U17	NOR

M 200m A

22.7	1 Josh Cox	TBD	21.9
22.7	2 Luis Da Silva	U17 SWH	22.5
24.0	3 Kim Sobotie	U17 SNH	23.1
25.1	4 Alex Law	U17 HVG	23.2
	5 Oliver Brice	NOR	24.3

M 200m B

1 Liam Thompson	SWH	
2 Lewis Taylor	U17	TBD
3 Massi Dendani	HVG	
4 William Ridgeway	U17	SNH

M 400m A

52.6	1 Liam Thompson	SWH	49.7
53.7	2 Kim Sobotie	U17 SNH	50.3
54.0	3 Jack Strachan	U17 NOR	52.4
57.9	4 Matt Bergin	TBD	54.4
65.1	5 Nick Duffy	U17 HVG	70.1

M 400m B

1 Peter De'ath	SNH	
2 Jon Rendell	SWH	
3 Adam Herring	U17	NOR
4 Michael Harrison	TBD	
5 Jon Seekings	HVG	

M 800m A

2.01.4	1 Matt Bergin	TBD	1.56.1
2.11.2	2 Massi Dendani	HVG	1.59.2
2.13.7	3 Tom Sloan	SNH	2.09.0

M 800m B

1 Michael Harrison	TBD	
2 William Ridgeway	U17	SNH
3 Nick Duffy	U17	HVG

M 1500m A

4.26.1	1 Hoseah Gikungu	HVG	4.09.0
6.04.1	2 Johnathan Janes	U17	TBD 4.14.2
	3 Corey Keane	U17	SWH 4.34.8
	4 Matthew Mardle	U17	SNH 5.20.0

M 1500m B

1 Matt Leach	U17	TBD
2 Jack Gladman	U17	SNH

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M 3000m A			M 3000m B	
12.36.6	1 Musram Gikungo	HVG 9.46.3	1	Massi Dendani
	2 Jack Gladman	U17 SNH 12.02.7		HVG

M 110mH A			M 110mH B	
19.7	1 Joshua Olaware	HVG 14.9	1	Jake Nelson
	2 Paul Spicer	SNH 20.1		HVG

M 400mH A			M 400mH B	
68.1	1 Jon Rendell	SWH 61.2	1	Jon Seekings
76.8	2 Jake Nelson	HVG 63.7	2	David Spicer
	3 Laurence Levy	SNH 73.8		U17 SNH

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 Stevenage, Ridlins wood, Sun 12 August 2012

M 2000m SC A			M 2000m SC B	
	1 Rhys Lewis	U17 TBD 7.04.9		

M Discus Throw A			M Discus Throw B	
38.29	1 Michael Painter	NOR 48.21	1	Adam Herring
28.72	2 Chris Line	SWH 39.95	2	Aderian Bright
				U17 NOR
				U17 TBD

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24.05	3 Alan Sydee	TBD 33.32	3 Ashley Kavanagh King	SWH
18.29	4 Matthew Mardle	U17 SNH 23.31	4 Lee Jarrold	U17 HVG
17.77	5 Nick Duffy	U17 HVG 18.55	5 Andrew Ridgeway	U17 SNH

M Hammer Throw A

15.73	1 Michael Painter	NOR 71.82	1 Andrew Ridgeway	U17 SNH
6.24	2 Alan Sydee	TBD 50.84	2 Karl Tucker	U17 HVG
	3 Laurence Levy	SNH 36.98		
	4 Massi Dendani	HVG 7.78		

M Hammer Throw B

M High Jump A

1.85	1 Josh Conroy	TBD 1.85	1 Martin Danobrega	TBD
1.70	2 Kashif Jones	SNH 1.85	2 Lee Jarrold	U17 HVG
1.70	3 Alex Law	U17 HVG 1.75	3 Paul Spicer	SNH
	4 Jack Downes	U17 SWH 1.60		

M High Jump B

M Javelin Throw A

37.59	1 Patrick Lear	HVG 51.20	1 Matt Hill	U17 TBD
31.51	2 Corey Jackson	U17 TBD 38.86	2 Jack Gates	SNH
	3 Matthew Mardle	U17 SNH 33.76		
	4 Michael Painter	NOR 30.66		
	5 Ashley Kavanagh-King	SWH 22.74		

M Javelin Throw B

M Long Jump A

6.78	1 Joshua Olaware	HVG 7.06	1 Richard Holland	HVG
5.53	2 Daniel Gardner	SNH 6.55	2 Jack Edwards	TBD
4.92	3 Daniel Steel	TBD 6.32	3 Jack Gates	SNH
	4 Josh Evans	SWH 5.99		

M Long Jump B

M Pole Vault A

	1 Oliver Brice	NOR 3.70		
	2 Jack Downes	U17 SWH 3.20		
	3 David Spicer	U17 SNH 2.90		

M Pole Vault B

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M Shot Putt A

11.36	1 Michael Painter	NOR	14.08
8.79	2 Joshua Olaware	HVG	12.24
7.43	3 Aderian Bright	U17	TBD 11.72
	4 Laurence Levy	SNH	9.36
	5 Ashley Kavanagh King	SWH	9.08

M Shot Putt B

1 Alan Sydee	TBD
2 Richard Holland	HVG
3 Andrew Ridgeway	U17 SNH

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M Triple Jump A

11.92	1 Daniel Steel	TBD	13.10
11.16	2 Lee Jarrold	HVG	12.55
	3 Jack Strachan	U17	NOR 12.31
	4 Kashif Jones	SNH	11.36

M Triple Jump B

1 Jake Nelson	HVG
2 Jack Gates	SNH

W 100m A

12.9	1 Clieo Stephenson	NOR	12.5
13.9	2 Tomi Akingbade	U17	HVG 13.3
14.1	3 Claire Ward	SNH	13.5
14.5	4 Lauren Dewar	SWH	13.9

W 100m B

1 Laura Johnson	U17	NOR
2 Nina Olatunbosun	HVG	
3 Laura Nofer	SWH	
4 Kirsty Bateman Foley	U17	SNH

W 200m A

29.1	1 Danni Belbin	TBD	25.7
29.2	2 Laura Johnson	U17	NOR 27.0
32.7	3 Tomi Akingbade	U17	HVG 27.5
	4 Lauren Dewar	SWH	28.8
	5 Martina Barber	SNH	29.1

W 200m B

1 Megan Wilson	U17	NOR
2 Laura Nofer	SWH	
3 Emily Wright	U17	SNH

W 400m A

1 Sarah Grover	SWH	62.0
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W 400m B

1 Hannah Maher	U17	NOR
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71.2	2 Kiera Mooney	NOR 63.3	2 Sarah Feely	U17 SNH
73.7	3 Georgie Taylor	U17 HVG 66.4		
	4 Elena Cervi	U17 SNH 67.3		

W 800m A

	1 Iona Lake	NOR 2.16.1
2.31.2	2 Alice Burgin	TBD 2.27.0
3.00.5	3 Sarah Feely	U17 SNH 2.31.2
	4 Lindsay McLachlan	U17 HVG 2.33.4

W 800m B

1 Hannah Ridley	U17 TBD
2 Emily Wright	U17 SNH

W 1500m A

5.37.4	1 Alice Burgin	TBD 4.54.7
5.53.6	2 Alice Cheverton	U17 NOR 5.16.7
	3 Isabella woods	U17 HVG 5.23.4
	4 Rebecca Harris	U17 SNH 5.30.9

W 1500m B

1 Katie Stratton	U17 NOR
2 Janie Latchford	U17 SNH

W 3000m A

1 Mabel Beckett	NOR 11.24.4
2 Natalie Wickings	SWH 11.45.6

W 3000m B

W 100mH A

20.0	1 Janet Browne	U17 SNH 17.1
	2 Rylie Trott	HVG 18.2

W 100mH B

1 Charlotte Bott	U17 SNH
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W 400mH A

84.4	1 Danni Belbin	TBD 67.8
	2 Alice Rackham	SNH 70.7
	3 Hannah Maher	U17 NOR 79.1

W 400mH B

1 Martina Barber	SNH
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W 1500m Sc A

6.37.9	1 Mabel Beckett	NOR 5.41.5
7.05.7	2 Sarah Grover	SWH 6.04.5
	3 Janie Latchford	U17 SNH 7.05.6

W 1500m Sc B

1 Kiera Mooney	NOR
2 Rebecca Harris	U17 SNH

W Discus Throw A

32.95	1 Georgie Taylor	U17 HVG 41.79
21.92	2 Becky Knapp	SNH 27.95
19.20	3 Gemma Thrower	U17 NOR 24.40
	4 Sarah Ridley	U17 TBD 22.98
	5 Alice Townend	SWH 15.30

W Discus Throw B

1 Sophie Balgs	HVG
2 Gemma Vickery	U17 NOR
3 Amy Wareing	SNH

W Hammer Throw A

33.27	1 Becky Knapp	SNH 44.23
16.95	2 Gemma Vickery	U17 NOR 40.22
	3 Alice Townend	SWH 19.02

W Hammer Throw B

1 Sophie Goddard	SNH
2 Ellie Jamieson	U17 NOR

W High Jump A

1.55	1 Kate Jones	SWH 1.65
1.40	2 Catherine Oliver	U17 NOR 1.60
	3 Alice Rackham	SNH 1.55

W High Jump B

1 Megan Smith	U17 SWH
2 Kate Wright	U17 SNH

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W Javelin Throw A

32.41	1 Deborah Knight	HVG 38.99
21.76	2 Gemma Thrower	U17 NOR 33.87
14.62	3 Kirsty Bateman Foley	U17 SNH 29.07
	4 Laura Nofer	SWH 21.50

W Javelin Throw B

1 Ellie Jamieson	U17 NOR
2 Martina Barber	SNH
3 Rylie Trott	HVG

W Long Jump A

4.43	1 Millie Phelan	SNH 4.84
4.22	2 Lauren Dewar	SWH 4.65
4.06	3 Katie Vickery	U17 NOR 4.49
2.92	4 Sarah Ridley	U17 TBD 4.49
	5 Tomi Akingbade	U17 HVG 4.20

W Long Jump B

1 Kate Jones	SWH
2 Elena Cervi	U17 SNH
3 Laura Johnson	U17 NOR
4 Nina Olatunbosun	HVG

W Pole Vault A

2.65	1 Sasha Birrell	U17 NOR 3.15
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W Pole Vault B

1 Sarah Kett	NOR
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W Shot Putt A

9.53	1 Deborah Knight	HVG 10.50
7.97	2 Millie Phelan	SNH 9.92
7.94	3 Sarah Ridley	U17 TBD 8.86
	4 Alice Townend	SWH 8.74
	5 Gemma Thrower	U17 NOR 8.36

W Shot Putt B

1 Georgie Taylor	U17 HVG
2 Hannah Maher	U17 NOR
3 Claire Ward	SNH

W Triple Jump A

10.16	1 Millie Phelan	SNH 10.24
8.83	2 Megan Wilson	U17 NOR 9.51

W Triple Jump B

1 Janet Browne	SNH
2 Katie Vickery	U17 NOR

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 3 Rylie Trott HVG 7.92

W 4x100m Relay

1 NOR 53.1	1 Katie Vickery U17	2 Hannah Maher U17
	3 Laura Johnson U17	4 Clieo Stephenson
2 HVG 53.8	1 Rylie Trott	2 Deborah Knight
	3 Nina Olatunbosun	4 Tomi Akingbade U17
3 SWH 55.4	1 Lauren Dewar	2 Alice Townend
	3 Laura Nofer	4 Sarah Grover
4 SNH 57.6	1 Elena Cervi U17	2 Alice Rackham
	3 Martina Barber	4 Janet Browne U17

W 4x400m Relay

1 TBD 4.27.5	1 Hannah Farmer U17	2 Hannah Ridley U17
	3 Alice Burgin	4 Danni Belbin
2 NOR 4.28.9	1 Megan Wilson U17	2 Katie Stratton U17
	3 Alice Cheverton U17	4 Kiera Mooney
3 SNH 4.38.0	1 Elena Cervi U17	2 Alice Rackham
	3 Sarah Feely U17	4 Janie Latchford U17
4 HVG 4.46.0	1 Georgie Taylor U17	2 Isabella Woods U17
	3 Lindsay McLachlan U17	4 Sophie Balgs

M 4x100m Relay

1 TBD 43.7	1 Lewis Taylor U17	2 Ethan Metcalfe U17
	3 Euan Dickson Earle U17	4 Josh Cox
2 SWH 44.5	1 Liam Thompson	2 Jon Rendell
	3 Josh Evans	4 Luis Da Silva U17
3 HVG 44.9	1 Karl Tucker U17	2 Joshua Olaware
	3 Alex Law U17	4 Richard Holland
4 SNH 45.9	1 Daniel Gardner	2 Peter De'ath
	3 William Ridgeway U17	4 Kim Sobotie U17
5 NOR 47.3	1 Michael Painter	2 Jack Strachan U17
	3 Adam Herring U17	4 Oliver Brice

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M 4x400m Relay

1 HVG 3.35.8	1 Hoseah Gikungu	2 Richard Holland
	3 Joshua Olaware	4 Massi Dendani
2 SNH 3.43.8	1 Paul Spicer	2 Tom Sloan
	3 David Spicer U17	4 Peter De'ath
3 TBD 3.58.2	1 Matt Bergin	2 Michael Harrison
	3 Georgie Ward U17	4 Jack Edwards

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After 36.5 of 38 events

PRIOR STANDINGS			MATCH RESULT			LEAGUE STANDINGS					
	Event	Lge		Event	Lge		Event	Lge			
1	SNH	1617.5	23	1	SNH	486	8	1	Stevenage & North Herts	2103.5	31
2	NOR	1419	22	2	HVG	391	7	2	City of Norwich A.C.	1788	28
3	HVG	950.5	17	3	NOR	369	6	3	Havering Mayesbrook AC	1341.5	24
4	SWH	832	15	4	TBD	307	5	4	SW Herts	1091	19
5	TBD	701	13	5	SWH	259	4	5	Team Bedfordfordshire	1008	18

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M 200m

1	Ethan Metcalfe	U17 TBS	22.6
6.62NWI	2 John Rendall	TBS	24.3
5.78NWI	3 Aderian Bright	TBS	24.3

M Long Jump

1	Alex Law	U17	HMY
2	Aderian Bright		TBS

M 100m

1	Ethan Metcalfe	U17 TBS	11.3
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M 800m

1	George Ward	U17	TBS
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2.07.2					
2.17.7	2 Euan Dickson Earle	U17 TBS 11.4	2 Adam Murhy		TBS
	W Hammer Throw		M 1500m		
5.05.4	1 Emily Evans	U17 SNH 9.17	1 Adam Murhy		TBS
	W Shot Putt		W Javelin Throw		
19.09	1 Ellie Jamieson	U17 NOR 8.53	1 Gemma Vickery		U17 NOR