

# NATIONAL JUNIOR ATHLETIC LEAGUE

## FINAL MATCH RESULT

**Date:** May 30 2011                      **Division :** Thames

**Venue :** Watford

Club No	1 Havering Mayes	2 Herts Phoenix	3 NWC Herts	4 Team Beds	5 Team Cambs	6 Team Oxon	Wasted Points	Total Points	Standards in bold
Sheet 1 Men	57	30	66	29	29	39	70	<b>320</b>	
Sheet 1 Women	27	42	57	8	11	14	161	<b>320</b>	
Sheet 2 Men	52	53	73	25	8	55	54	<b>320</b>	
Sheet 2 Women	35	52	49	15	7	44	127	<b>320</b>	
Sheet 3 Men	27	7	43	31	18	6	197	<b>320</b>	
Sheet 3 Women	33	54	48	20	9	52	104	<b>320</b>	
Sheet 4 Men	55	42	66	34	29	28	66	<b>320</b>	
Sheet 4 Women	55	57	63	10	0	50	107	<b>320</b>	
Sheet 5 Men	17	18	20	6	0	37	74	<b>172</b>	
Sheet 5 Women	8	20	16	6	0	19	23	<b>92</b>	
<b>TOTAL</b>	366	375	501	184	111	344	983	<b>2824</b>	
<b>OFFICIALS</b>	25	25	35	25	25	25		<b>280</b>	
<b>MATCH TOTAL</b>	391	400	536	209	136	369	983	<b>3104</b>	

### FINAL MATCH RESULT

	1st	2nd	3rd	4th	5th	6th
Club No	3	2	1	6	4	5
MATCH POINTS	536	400	391	369	209	136
LEAGUE POINTS	<b>8</b>	<b>7</b>	<b>6</b>	<b>5</b>	<b>4</b>	<b>3</b>

**ATHLETE OF THE MATCH**

NAME..... Chris Line

NWC Herts

**MEN****EVENT.** Discus ..... **PERFORMANCE.....** 43.99**ATHLETE OF THE MATCH  
WOMEN****NAME.....** Eloise Meakins **HPX****EVENT.** Javelin ..... **PERFORMANCE.....** 42.09

# NATIONAL JUNIOR ATHLETIC LEAGUE

## MATCH RESULTS - MEN

### CLUB AND NUMBER

DIVISION : THAMES VENUE : WATFORD .....

aw standards in bold

HOST CLUB: NWC HERTS DATE : May 30 2011

		FIRST	SECOND	THIRD	FOURTH	FIFTH	SIXTH	1	2	3	4	5	6		Total Points
LONG JUMP	A	<b>COURTNEY HART</b>	<b>RICHARD HOLLAND</b>	<b>JORDAN DORRIAN</b>	MATTHEW GIBSON	MARTIN DADBREGA									46
		<b>6.43 3</b>	<b>6.21 1</b>	<b>5.92 6</b>	5.09 22	5.03 4									
	B	ADAM WILEMAN													34
		5.46 11	CHRIS HILTON 33												
HAMMER	A	<b>JONATHAN EDWARDS</b>	<b>LEWIS WILLIAMS</b>	<b>MARK WARLAND</b>	CHRIS LYNE	JAMES GROVE									46
		<b>58.2 5</b>	<b>41.99 1</b>	<b>25.83 6</b>	22.85 3	22.76 2									
	B	<b>SAM WILSON</b>	NEIL ADDISON	EMMANUEL QUAMSHIE											34
		<b>46.47 55</b>	21.87 33	21.08 11											
400 HURDLES	A	<b>MARCUS WOODIN GTON</b>	<b>JON RENDELL</b>	<b>JORDAN SMALLEN</b>	ADAM WILEMAN									46	
		<b>57.8 6</b>	<b>58.6 3</b>	<b>59.0 4</b>	65.1 1										
	B	<b>BRADLEY FERN</b>	PAUL SPICER	JONATHAN SEEKINGS										34	
		<b>63.7 44</b>	69.3 33	71.8 11											
100M	A	<b>CONNOR ARCHEF</b>	<b>ASHLEY WATSON</b>	<b>OLU SHOTADE</b>	<b>JORDAN DORRIAN</b>	<b>JAKE KIFF</b>	RICHARD HOLLAN D							46	
		<b>11.2 3</b>	<b>11.3 5</b>	<b>11.3 2</b>	<b>11.5 6</b>	<b>11.6 4</b>	11.7 1								
	B	<b>KORAY LEAMY</b>	KAMSIDE EJICEME	ADAM SAMUEL	NATHAN RICKETT									34	
		<b>11.6 22</b>	12.0 33	12.2 11	12.4 66										
							<b>TOTALS</b>	57	30	66	29	29	39	70	320

SHEET 1 - 5

PLEASE COMPLETE IN BLOCK CAPITALS & INCLUDE FORENAMES

PLEASE ENTER RELAY RESULTS ON SHEET 5

# NATIONAL JUNIOR ATHLETIC LEAGUE

## MATCH RESULTS - MEN

### CLUB AND NUMBER

DIVISION : THAMES VENUE : WATFORD .....

HOST CLUB: NWC HERTS DATE : MAY 30 2011

		FIRST		SECOND		THIRD		FOURTH		FIFTH		SIXTH		1	2	3	4	5	6		Total Points		
HIGH JUMP	A	TIM BUCKLE		MARTTIN DANABREGA		PETER BARNSHAW		JAKE NELSON		SIMON WAKE													
		1.90	3	1.80	4	1.75	6	1.70	1	1.55	2											46	
		11		9		8		7		6				7	6	11	9			8	5		
	B	JOSH WATSON		SAM EVANS		MARCUS WOODINGTON		HARRY PHILLIPS															
1.80		44	1.70	33	1.70	66	1.55	11						5		7	9			6	7		
			9		7		6		5				3	5									
JAVELIN	A	JORGE DAVIES		SIMON WAKE		PATRICK LEAR		ALEX INGHAM		MARCUS WOODINGTON													
		42.96	3	40.97	2	40.91	1	38.31	4	34.88	6												46
		11		9		8		7		6				8	9	11	7			6	5		
	B	N EIL ADDISON		MARK WARLAND		JAKE NELSON		MATTHEW GIBBONS															
40.01		33	33.9	66	24.56	11	16.47	22						6	5	9				7	7		
			9		7		6		5				3	6									
800M	A	BEN PARRY		JAMES CODY		CHRIS HILTON(U17)		HOSEAH GIKUNGO															
		1.59.3	2	2.03.9	6	2.04.6	3	2.07.3	1														46
		11		9		8		7		6				7	11	8				9	11		
	B	ALEX CLOONA		ASH KAVANAGH-KING		THOMAS FABES		JAKE NELSON															
2.02.0		22	2.15.4	33	2.21.6	66	2.46.6	11						5	9	7				6	7		
			9		7		6		5				3	5									
400m	A	CARL PALIN		MASSI DENDANI		TOM JOHNSON		JACK HUMPHREYS		MATT GIBSON													
		50.2	3	51.8	1	52.6	5	53.2	6	53.4	2												46
		11		9		8		7		6				9	6	11				8	7	5	
	B	LIAM THOMPSON		ALEX CURRAN		JOHN SMEDLEY		JONATHANSEERINNESS															
51.8		33	52.7	22	53.3	66	63.0	11						5	7	9				6	7		
			9		7		6		5				3	5									
SHEET 2 - 5 PLEASE COMPLETE IN BLOCK CAPITALS & INCLUDE FORENAMES														<b>TOTALS</b>		52	53	73	25	8	55	54	320

# NATIONAL JUNIOR ATHLETIC LEAGUE

## MATCH RESULTS - MEN

### CLUB AND NUMBER

DIVISION : THAMES VENUE : WATFORD .....

HOST CLUB: NWC HERTS DATE : MAY 30 2011

		FIRST	SECOND	THIRD	FOURTH	FIFTH	SIXTH	1	2	3	4	5	6		Total Points					
3000M	A	CHRIS HILTON(U20)	JOSH CONNERS												46					
		9.30.2 33	9.49.2 1																	
		11		9		8		7		6			5	9	11		26			
	B	OLIVER POULAIN														34				
9.54.3 3										9										
			9		7		6		5		4		3		34					
POLE VAULT	A	JAKE DEVERAUX													46					
		4.00 4																		
		11		9		8		7		6			5		11		35			
	B	MARTIN DANOBREGA														34				
2.80 44																				
			9		7		6		5		4		3		9		25			
SHOT	A	JONATHAN EDWARDS	EMM QUAMSHIE	CRAIG LINES	JAMES GROVE	PETER BANSHAW									46					
		16.22 5	14.14 1	10.51 33	8.87 2	8.44 6														
		11		9		8		7		6			5	9	7	8		11	6	5
	B	LAWRENCE GOODACRE	ADAM MOHAN	BILLY V-HAMILTON												34				
13.43 11		12.55 55	10.39 3																	
			9		7		6		5		4		3	9	6		7		12	
110MHURDLES	A	JORDAN SMALLIN	PAUL SPICER												46					
		15.6 4	19.8 3																	
		11		9		8		7		6			5		9	11			26	
	B															34				
			9		7		6		5		4		3						34	
SHEET 3 - 5 PLEASE COMPLETE IN BLOCK CAPITALS & INCLUDE FORENAMES								<b>TOTALS</b>		27	7	43	31	18	6	197	<b>320</b>			

# NATIONAL JUNIOR ATHLETIC LEAGUE

## MATCH RESULTS - MEN

### CLUB AND NUMBER

DIVISION : THAMES VENUE : WATFORD .....

HOST CLUB: NWC HERTS DATE : MAY 30 2011

		FIRST		SECOND		THIRD		FOURTH		FIFTH		SIXTH		HavingMayes	Herts Px	NWC Herts	Team Beds	Team Cambs	Team Oxon	Wasted Points	Total Points		
200M	A	LUKE YAXLEY		ASHLEY WATSON		JORDAN DORRIAN		TIMMY SHOTADE		MASSI DENDANI				1	2	3	4	5	6				
		22.5	3	22.7	5	23.0	6	23.4	2	23.9	1												
		11		9		8		7		6				6	7	11		9	8	5		46	
	B	CARL PALIN		ALEX CURRAN		RICHARD HOLLAND		NATHAN ROCKETT															
23.7		33	23.9	22	24.0	11	26.1	66						6	7	9			5	7		34	
			9		7		6		5				4									3	
TRIPLE JUMP	A	BILLY V-HAMILTON		MATT NICHOLSON		JAKE NELSON																	
		12.23	3	12.15	4	11.29	1																
		11		9		8		7		6				8		11	9				18		
	B	ALEX INGHAM		ADAM SARGINSON		ADAM WILEMAN																	
11.58		44	11.51	33	11.19	11								6	7	9					12		34
			9		7		6		5				4									3	
1500M	A	MATT NICHOLSON		HOSEAH GIKUNGO		ALEX MILLS		SIMON WAKE		WARREN HERRIDGE													
		4.13.5	4	4.16.3	1	4.39.3	6	4.41.9	2	4.52.1	3												
		11		9		8		7		6				9	7	6	11			8	5		
	B	M ATT GIBSON		JOSH CONNERS		BENJAMIN BOXER																	
4.59.3		22	5.04.4	11	5.06.0	33								7	9	6					12		34
			9		7		6		5				4									3	
DISCUS	A	JONATHON EDWARDS		CHRIS LINE		EMM QUARSHIE		MARK WARLAND		SIMON WAKE		JOSH WATSON											
		48.74	5	43.99	3	30.92	1	27.99	6	26.35	2	24.22	4										
		11		9		8		7		6				8	6	9	5	11	7	0			
	B	ADAM MOHAN		NEIL ANDERSON		JAMES GROVE		ADAM WILEMAH															
36.23		55	34.46	33	23.67	22	14.96	11						5	6	7		9		7		34	
			9		7		6		5				4									3	
SHEET 4 - 5 PLEASE COMPLETE IN BLOCK CAPITALS & INCLUDE FORENAMES													<b>TOTALS</b>		55	42	66	34	29	28	66	320	

# NATIONAL JUNIOR ATHLETIC LEAGUE

## MATCH RESULTS - MEN

### CLUB AND NUMBER

DIVISION : THAMES VENUE : WATFORD .....

HOST CLUB: NWC HERTS DATE : MAY 20 2011

		FIRST		SECOND		THIRD		FOURTH		FIFTH		SIXTH		HavingMayes	Herts Px	NWC Herts	Team Beds	Team Cambs	Team Oxon	Wasted Points	Total Points				
		1	2	3	4	5	6	7	8	9	10	11	12	1	2	3	4	5	6	7	8	9			
3000M S/CHASE	A	JAMES CODY		CHRIS HILTON(U20)																					
		6.57.2	66	7.05.9	3																				
		11		9		8		7		6		5													
																									46
B	LUKE TERRY																								
	7.09.8	6																							34
		9		7		6		5		4		3													
4 x 100M RELAY	A	NWC HERTS		HAV-MAY		TEAM OXON		HERTS P		TEAM BEDS															
		44.8	3	46.2	1	46.3	6	47.5	2	50.6	4														
			11		9		8		7		6		5	9	7	11	6				8	5			
4 X 400M RELAY		HERTS PX		TEAM OXF		HAVMAY																			
		3.32.3	2	3.42.2	6	3.43.5	1																		
			11		9		8		7		6		5	8	11						9	18			46
SHEET 5 - 5		PLEASE COMPLETE IN BLOCK CAPITALS & INCLUDE FORENAMES										<b>TOTALS</b>		17	18	20	6	0	37	74	172				

# NATIONAL JUNIOR ATHLETIC LEAGUE

## MATCH RESULTS - WOMEN

### CLUB AND NUMBER

DIVISION : THAMES VENUE : WATFORD .....

HOST CLUB: NWC HERTS DATE : MAY 30 2011

		FIRST		SECOND		THIRD		FOURTH		FIFTH		SIXTH		HavingMayes	Herts Px	NWC Herts	Team Beds	Team Cambs	Team Oxon	Wasted Points	Total Points			
		1	2	3	4	5	6	7	8	9	10	11	12	1	2	3	4	5	6	7	8			
SHOT	A	MILLIE PHELAN		DEB KNIGHT		1 SARAH MILLER		EMILY CARSTAIRS														46		
		9.86	3	9.23	1	8.96	2	8.43	6															
			11		9		8		7						9	8	11				7		11	
	B	KATE KNIGHT		HANNAH LLOYD																			34	
		7.75	11	6.11	22																			
			9		7		6		5						9	7								18
POLE VAULT	A	HANNAH EARNSHAW																				46		
		2.20	3																					
			11		9		8		7															35
	B	JESSICA BARBER																					34	
		2.10	33																					
			9		7		6		5															25
400 HURDLES	A	HANNAH LLOYD		RACHEL BENTLEY		LISA CLARKE		EMILY CARSTAIRS														46		
		66.5	2	74.9	3	77.0	4	80.0	6															
			11		9		8		7															11
	B	JESS BARBER																					34	
		80.3	33																					
			9		7		6		5															25
HAMMER	A	HAYLEY SAYOR		KATHERINE KNIGHT		LAURA FEELY		ELLA LLOYD														46		
		38.02	5	22.96	1	17.70	3	8.16	2															
			11		9		8		7						9	7	8			11			11	
	B	GEMMA AMORGIE																					34	
		7.18	9																					
			9		7		6		5															25
SHEET 1 - 5 PLEASE COMPLETE IN BLOCK CAPITALS & INCLUDE FORENAMES													<b>TOTALS</b>		27	42	57	8	11	14	161	<b>320</b>		

PLEASE ENTER RELAY RESULTS ON SHEET 5



# NATIONAL JUNIOR ATHLETIC LEAGUE

## MATCH RESULTS - WOMEN

### CLUB AND NUMBER

DIVISION : THAMES VENUE : WATFORD .....

HOST CLUB: NWC HERTS DATE : MAY 30 2011

								HavingMayes	Herts Px	NWC Herts	Team Beds	Team Cambs	Team Oxon	Wasted Points	Total Points	
		FIRST	SECOND	THIRD	FOURTH	FIFTH	SIXTH	1	2	3	4	5	6			
100 M	A	REBECCA HUSSEY	EMILY ROGERS	DANNI PATMORE	GEORGIE IVERS	ESTHER TELE										
		12.5 6	12.9 2	12.9 4	13.1 5	14.0 1										46
		11	9	8	7	6										
	B	EMILY MOORE	HELEN DAVEY	BETHANY CHAMBERS												
		13.2 66	13.8 44	13.8 11												34
		9	7	6	5	4										
800M	A	MEGAN STEER	AMY BROOKER	BECKY STANLEY	REBECCA MOORE											
		2.21.8 3	2.26.2 6	2.40.1 1	3.25.6 2											46
		11	9	8	7	6										
	B	ELLA LLOYD														
		3.25.7 22														34
		9	7	6	5	4										34
400M	A	ALEX HILL	CHELSEA SHURLAND	BECKY STANLEY	CLAIRE FABAS											
		59.4 2	61.4 3	64.8 1	66.2 6											46
		11	9	8	7	6										
	B	CHARLOTTE BAIRD														
		66.7 33														34
		9	7	6	5	4										34
100M HURDLES	A	MILLIE PHELAN	HANNAH LLOYD	STACEY HAZELL	ELLIE WATSON											
		16.2 33	16.6 2	16.8 6	22.3 1											46
		11	9	8	7	6										
	B	RACHEL BENTLEY	REBECCA HALE													
		18.5 3	18.9 22													34
		9	7	6	5	4										34
<b>TOTALS</b>							35	52	49	15	7	44	127	<b>320</b>		

# NATIONAL JUNIOR ATHLETIC LEAGUE

## MATCH RESULTS - WOMEN

### CLUB AND NUMBER

DIVISION : THAMES VENUE : WATFORD .....

HOST CLUB: NWC HERTS DATE : MAY 30 2011

		FIRST		SECOND		THIRD		FOURTH		FIFTH		SIXTH		HavingMayes	Herts Px	NWC Herts	Team Beds	Team Cambs	Team Oxon	Wasted Points	Total Points			
		1	2	3	4	5	6	7	8	9	10	11	12	1	2	3	4	5	6	7	8			
3000M	A	GEMMA BRIDGE		HANNAH HULL																		46		
		11.05.9	6	11.31.9	3																			
		11		9				8																
	B	NO ONE																					34	
		9		7				6																
HIGH JUMP	A	GEMMA AMORGIE		ANNE REES		ELLIE WATSON		EMILY CARSTAIRS														46		
		1.60	2	1.55	3	1.40	1	1.30	6															
		11		9				8																
	B	NATALIE ALLEN		MILLIE PHELAN																			34	
1.50		22	1.30	33																				
			9		7			6																
JAVELIN	A	ELOISE MEAKINS		DANIELLE ANDERSON		ABI WILDE		DEBBIE KNIGHT		LISA CLARKE												46		
		42.09	2	37.14	6	33.89	3	31.86	1	21.92	4													
		11		9				8																
	B	SARA MILLER		KATHERINE KNIGHT		JADE BARBER		CLAIRE FABES															34	
28.29		22	23.79	11	19.27	33	17.35	66																
			9		7			6																
200M	A	REBECCA HUSSEY		GEORGIE IVENS		DANNI PATMORE		EMILY ROGERS		DEBORAH TELE		KATHERINE MACKINTOSH										46		
		25.4	6	26.2	5	26.6	4	26.7	2	28.0	1	28.7	3											
		11		9				8																
	B	JEMMA GREGORY		NATALIE ALLEN		HANNE BOGGON		ESTHER TELE		MARTINA BARBER													34	
26.7		66	26.7	22	28.7	44	30.2	11	31.5	33														
			9		7			6																
SHEET 3 - 5 PLEASE COMPLETE IN BLOCK CAPITALS & INCLUDE FORENAMES													<b>TOTALS</b>		33	54	48	20	9	52	104	320		

# NATIONAL JUNIOR ATHLETIC LEAGUE

## MATCH RESULTS - WOMEN

### CLUB AND NUMBER

DIVISION : THAMES VENUE : WATFORD .....

HOST CLUB: NWC HERTS DATE : MAY 30 2011

		FIRST		SECOND		THIRD		FOURTH		FIFTH		SIXTH		HavingMayes	Herts Px	NWC Herts	Team Beds	Team Cambs	Team Oxon	Wasted Points	Total Points	
		1	2	3	4	5	6	7	8	9	10	11	12	1	2	3	4	5	6	7	8	
1500M	A	LIZZIE BIRD		LAUREN HAWTIN		BECKY STANLEY		JESS BARBER														
		4.36.6	2	4.54.8	6	5.24.6	1	6.43.2	3													
			11		9		8		7			6			8	11	7				9	11
	B	CHARLOTTE BAIRD																				
		6.43.3	33																			
			9		7		6		5			4										25
LONG JUMP	A	EMILY MOORE		ANNE REES		BETHANY CHAMPIO		EMILY RODGERS		HELEN DAVEY												
		4.95	6	4.93	3	4.92	1	4.63	2	3.95	4											
			11		9		8		7		6				8	7	9	6			11	5
	B	ESTHER TELE		STACEY HAZEL		REBECCA HORE		LAURA FEELY		HANNAH BOGGON												
		4.64	11	4.42	66	4.26	22	3.41	33	3.08	44											
			9		7		6		5		4				9	6	5	4			7	3
DISCUS	A	SARAH MILLER		KATHERINE KNIGHT		MEGAN DAVIES		ABI WILDE														
		34.36	2	30.83	1	28.73	6	24.83	33													
			11		9		8		7			6			9	11	7				8	11
	B	ELIOSE MEAKINS		DANIELLE ANDERSON		LAURA FEELY		ELLIE WATSON														
		26.56	22	21.23	66	18.22	33	15.72	11													
			9		7		6		5			4			5	9	6				7	7
TRIPLE JUMP	A	MILLIE PHELAN		BETHANY CHAM BERS		EMILY MOORE		REBECCA HORE														
		10.68	3	10.13	1	9.55	6	8.91	2													
			11		9		8		7			6			9	7	11				8	11
	B	TEMI FAJOBI		ELLIE WATSON		CHARLOTTE CULLEN																
		10.04	33	9.51	11	7.62	22															
			9		7		6		5			4			7	6	9					34
SHEET 4 - 5 PLEASE COMPLETE IN BLOCK CAPITALS & INCLUDE FORENAMES													<b>TOTALS</b>		55	57	63	10	0	50	107	320

# NATIONAL JUNIOR ATHLETIC LEAGUE

## MATCH RESULTS - WOMEN

### CLUB AND NUMBER

DIVISION : THAMES VENUE : WATFORD .....

HOST CLUB: NWC HERTS DATE : MAY 30 2011

		FIRST		SECOND		THIRD		FOURTH		FIFTH		SIXTH		HavingMayes	Herts Px	NWC Herts	Team Beds	Team Cambs	Team Oxon	Wasted Points	Total Points			
4 x 100m RELAY	A	TEAM OXFORD		HPX		HAV-MAY		NWC HERTS		TEAM BEDS				1	2	3	4	5	6					
		50.8	6	53	2	53.2	1	53.4	3	55.4	4													
			11		9		8		7		6			5	8	9	7	6		11	5		46	
4 x 400M RELAY	A	HERTS PHOENIX		NWC HERTS		TEAM OXF																		
		4.07.7	2	4.17.2	3	4.17.4	6																	46
			11		9		8		7		6			5		11	9			8	18			
SHEET 5 - 5		PLEASE COMPLETE IN BLOCK CAPITALS & INCLUDE FORENAMES										<b>TOTALS</b>		8	20	16	6	0	19	23	92			