

NATIONAL JUNIOR ATHLETIC LEAGUE

FINAL MATCH RESULT

Date: May 30 2011 **Division :** Thames

Venue : Watford

Club No	1 Havering Mayes	2 Herts Phoenix	3 NWC Herts	4 Team Beds	5 Team Cambs	6 Team Oxon	Wasted Points	Total Points	Standards in bold
Sheet 1 Men	57	30	66	29	29	39	70	320	
Sheet 1 Women	27	42	57	8	11	14	161	320	
Sheet 2 Men	52	53	73	25	8	55	54	320	
Sheet 2 Women	35	52	49	15	7	44	127	320	
Sheet 3 Men	27	7	43	31	18	6	197	320	
Sheet 3 Women	33	54	48	20	9	52	104	320	
Sheet 4 Men	55	42	66	34	29	28	66	320	
Sheet 4 Women	55	57	63	10	0	50	107	320	
Sheet 5 Men	17	18	20	6	0	37	74	172	
Sheet 5 Women	8	20	16	6	0	19	23	92	
TOTAL	366	375	501	184	111	344	983	2824	
OFFICIALS	25	25	35	25	25	25		280	
MATCH TOTAL	391	400	536	209	136	369	983	3104	

FINAL MATCH RESULT

	1st	2nd	3rd	4th	5th	6th
Club No	3	2	1	6	4	5
MATCH POINTS	536	400	391	369	209	136
LEAGUE POINTS	8	7	6	5	4	3

ATHLETE OF THE MATCH

NAME..... Chris Line

NWC Herts

MEN**EVENT.** Discus **PERFORMANCE.....** 43.99**ATHLETE OF THE MATCH
WOMEN****NAME.....** Eloise Meakins **HPX****EVENT.** Javelin **PERFORMANCE.....** 42.09

NATIONAL JUNIOR ATHLETIC LEAGUE

MATCH RESULTS - MEN

CLUB AND NUMBER

DIVISION : THAMES VENUE : WATFORD

aw standards in bold

HOST CLUB: NWC HERTS DATE : May 30 2011

		FIRST	SECOND	THIRD	FOURTH	FIFTH	SIXTH	1	2	3	4	5	6		Total Points
LONG JUMP	A	COURTNEY HART	RICHARD HOLLAND	JORDAN DORRIAN	MATTHEW GIBSON	MARTIN DADBREGA									46
		6.43 3	6.21 1	5.92 6	5.09 22	5.03 4									
	B	ADAM WILEMAN													34
		5.46 11	CHRIS HILTON 33												
HAMMER	A	JONATHAN EDWARDS	LEWIS WILLIAMS	MARK WARLAND	CHRIS LYNE	JAMES GROVE									46
		58.2 5	41.99 1	25.83 6	22.85 3	22.76 2									
	B	SAM WILSON	NEIL ADDISON	EMMANUEL QUAMSHIE											34
		46.47 55	21.87 33	21.08 11											
400 HURDLES	A	MARCUS WOODIN GTON	JON RENDELL	JORDAN SMALLEN	ADAM WILEMAN										46
		57.8 6	58.6 3	59.0 4	65.1 1										
	B	BRADLEY FERN	PAUL SPICER	JONATHAN SEEKINGS											34
		63.7 44	69.3 33	71.8 11											
100M	A	CONNOR ARCHEF	ASHLEY WATSON	OLU SHOTADE	JORDAN DORRIAN	JAKE KIFF	RICHARD HOLLAN D								46
		11.2 3	11.3 5	11.3 2	11.5 6	11.6 4	11.7 1								
	B	KORAY LEAMY	KAMSIDE EJICEME	ADAM SAMUEL	NATHAN RICKETT										34
		11.6 22	12.0 33	12.2 11	12.4 66										
							TOTALS	57	30	66	29	29	39	70	320

SHEET 1 - 5

PLEASE COMPLETE IN BLOCK CAPITALS & INCLUDE FORENAMES

PLEASE ENTER RELAY RESULTS ON SHEET 5

NATIONAL JUNIOR ATHLETIC LEAGUE

MATCH RESULTS - MEN

CLUB AND NUMBER

DIVISION : THAMES VENUE : WATFORD

HOST CLUB: NWC HERTS DATE : MAY 30 2011

		FIRST		SECOND		THIRD		FOURTH		FIFTH		SIXTH		1	2	3	4	5	6		Total Points	
HIGH JUMP	A	TIM BUCKLE		MARTTIN DANABREGA		PETER BARNSHAW		JAKE NELSON		SIMON WAKE												
		1.90	3	1.80	4	1.75	6	1.70	1	1.55	2											46
		11		9		8		7		6				7	6	11	9		8	5		
	B	JOSH WATSON		SAM EVANS		MARCUS WOODINGTON		HARRY PHILLIPS														
1.80		44	1.70	33	1.70	66	1.55	11						5		7	9		6	7	34	
			9		7		6		5				3	5		7	9		6	7		
JAVELIN	A	JORGE DAVIES		SIMON WAKE		PATRICK LEAR		ALEX INGHAM		MARCUS WOODINGTON												
		42.96	3	40.97	2	40.91	1	38.31	4	34.88	6											46
		11		9		8		7		6				8	9	11	7		6	5		
	B	N EIL ADDISON		MARK WARLAND		JAKE NELSON		MATTHEW GIBBONS														
40.01		33	33.9	66	24.56	11	16.47	22						6	5	9			7	7	34	
			9		7		6		5				3	6								
800M	A	BEN PARRY		JAMES CODY		CHRIS HILTON(U17)		HOSEAH GIKUNGO														
		1.59.3	2	2.03.9	6	2.04.6	3	2.07.3	1													46
		11		9		8		7						7	11	8			9	11		
	B	ALEX CLOONA		ASH KAVANAGH-KING		THOMAS FABES		JAKE NELSON														
2.02.0		22	2.15.4	33	2.21.6	66	2.46.6	11						5	9	7			6	7	34	
			9		7		6		5				3	5								
400m	A	CARL PALIN		MASSI DENDANI		TOM JOHNSON		JACK HUMPHREYS		MATT GIBSON												
		50.2	3	51.8	1	52.6	5	53.2	6	53.4	2											46
		11		9		8		7		6				9	6	11		8	7	5		
	B	LIAM THOMPSON		ALEX CURRAN		JOHN SMEDLEY		JONATHANSEERINNESS														
51.8		33	52.7	22	53.3	66	63.0	11						5	7	9			6	7	34	
			9		7		6		5				3	5								
SHEET 2 - 5 PLEASE COMPLETE IN BLOCK CAPITALS & INCLUDE FORENAMES													TOTALS		52	53	73	25	8	55	54	320

NATIONAL JUNIOR ATHLETIC LEAGUE

MATCH RESULTS - MEN

CLUB AND NUMBER

DIVISION : THAMES VENUE : WATFORD

HOST CLUB: NWC HERTS DATE : MAY 30 2011

		FIRST	SECOND	THIRD	FOURTH	FIFTH	SIXTH	1	2	3	4	5	6		Total Points							
3000M	A	CHRIS HILTON(U20)	JOSH CONNERS												46							
		9.30.2 33	9.49.2 1																			
		11		9		8		7		6				5	9	11			26			
	B	OLIVER POULAIN														34						
9.54.3 3											9											
			9		7		6		5		4			3			34					
POLE VAULT	A	JAKE DEVERAUX													46							
		4.00 4																				
		11		9		8		7		6				5			11		35			
	B	MARTIN DANOBREGA														34						
2.80 44																						
			9		7		6		5		4			3			9		25			
SHOT	A	JONATHAN EDWARDS	EMM QUAMSHIE	CRAIG LINES	JAMES GROVE	PETER BANSHAW									46							
		16.22 5	14.14 1	10.51 33	8.87 2	8.44 6																
		11		9		8		7		6				5			9	7	8	11	6	5
	B	LAWRENCE GOODACRE	ADAM MOHAN	BILLY V-HAMILTON												34						
13.43 11		12.55 55	10.39 3																			
			9		7		6		5		4			3			9	6	7		12	
110MHURDLES	A	JORDAN SMALLIN	PAUL SPICER												46							
		15.6 4	19.8 3																			
		11		9		8		7		6				5				9	11		26	
	B															34						
			9		7		6		5		4			3							34	
SHEET 3 - 5 PLEASE COMPLETE IN BLOCK CAPITALS & INCLUDE FORENAMES								TOTALS		27	7	43	31	18	6	197	320					

NATIONAL JUNIOR ATHLETIC LEAGUE

MATCH RESULTS - MEN

CLUB AND NUMBER

DIVISION : THAMES VENUE : WATFORD

HOST CLUB: NWC HERTS DATE : MAY 30 2011

		FIRST		SECOND		THIRD		FOURTH		FIFTH		SIXTH		HavingMayes	Herts Px	NWC Herts	Team Beds	Team Cambs	Team Oxon	Wasted Points	Total Points							
		1	2	3	4	5	6	7	8	9	10	11	12	1	2	3	4	5	6	7	8	9	10	11	12			
200M	A	LUKE YAXLEY		ASHLEY WATSON		JORDAN DORRIAN		TIMMY SHOTADE		MASSI DENDANI																46		
		22.5	3	22.7	5	23.0	6	23.4	2	23.9	1																	
			11		9		8		7		6				6	7	11					9	8	5				
	B	CARL PALIN		ALEX CURRAN		RICHARD HOLLAND		NATHAN ROCKETT																		34		
		23.7	33	23.9	22	24.0	11	26.1	66																			
			9		7		6		5		4				6	7	9					5	7					
TRIPLE JUMP	A	BILLY V-HAMILTON		MATT NICHOLSON		JAKE NELSON																			46			
		12.23	3	12.15	4	11.29	1																					
			11		9		8		7		6				8		11	9						18				
	B	ALEX INGHAM		ADAM SARGINSON		ADAM WILEMAN																			34			
		11.58	44	11.51	33	11.19	11																					
			9		7		6		5		4				6		7	9						12				
1500M	A	MATT NICHOLSON		HOSEAH GIKUNGO		ALEX MILLS		SIMON WAKE		WARREN HERRIDGE														46				
		4.13.5	4	4.16.3	1	4.39.3	6	4.41.9	2	4.52.1	3																	
			11		9		8		7		6				9	7	6	11					8		5			
	B	M ATT GIBSON		JOSH CONNERS		BENJAMIN BOXER																			34			
		4.59.3	22	5.04.4	11	5.06.0	33																					
			9		7		6		5		4				7	9	6							12				
DISCUS	A	JONATHON EDWARDS		CHRIS LINE		EMM QUARSHIE		MARK WARLAND		SIMON WAKE		JOSH WATSON												46				
		48.74	5	43.99	3	30.92	1	27.99	6	26.35	2	24.22	4															
			11		9		8		7		6				8	6	9	5	11	7	0							
	B	ADAM MOHAN		NEIL ANDERSON		JAMES GROVE		ADAM WILEMAH																34				
		36.23	55	34.46	33	23.67	22	14.96	11																			
			9		7		6		5		4				5	6	7						9		7			
SHEET 4 - 5 PLEASE COMPLETE IN BLOCK CAPITALS & INCLUDE FORENAMES													TOTALS		55	42	66	34	29	28	66	320						

NATIONAL JUNIOR ATHLETIC LEAGUE

MATCH RESULTS - MEN

CLUB AND NUMBER

DIVISION : THAMES VENUE : WATFORD

HOST CLUB: NWC HERTS DATE : MAY 20 2011

		FIRST		SECOND		THIRD		FOURTH		FIFTH		SIXTH		HavingMayes	Herts Px	NWC Herts	Team Beds	Team Cambs	Team Oxon	Wasted Points	Total Points		
		1	2	3	4	5	6	7	8	9	10	11	12	1	2	3	4	5	6	7	8		
3000M S/CHASE	A	JAMES CODY		CHRIS HILTON(U20)																			
		6.57.2	66	7.05.9	3																		
		11		9		8		7		6		5											
																							46
B	LUKE TERRY																						
	7.09.8	6																					
		9		7		6		5		4		3											
4 x 100M RELAY	A	NWC HERTS		HAV-MAY		TEAM OXON		HERTS P		TEAM BEDS													
		44.8	3	46.2	1	46.3	6	47.5	2	50.6	4												
			11		9		8		7		6		5	9	7	11	6			8	5		
4 X 400M RELAY		HERTS PX		TEAM OXF		HAVMAY																	
		3.32.3	2	3.42.2	6	3.43.5	1																
			11		9		8		7		6		5	8	11					9	18	46	
SHEET 5 - 5		PLEASE COMPLETE IN BLOCK CAPITALS & INCLUDE FORENAMES											TOTALS		17	18	20	6	0	37	74	172	

NATIONAL JUNIOR ATHLETIC LEAGUE

MATCH RESULTS - WOMEN

CLUB AND NUMBER

DIVISION : THAMES VENUE : WATFORD

HOST CLUB: NWC HERTS DATE : MAY 30 2011

		FIRST		SECOND		THIRD		FOURTH		FIFTH		SIXTH		HavingMayes	Herts Px	NWC Herts	Team Beds	Team Cambs	Team Oxon	Wasted Points	Total Points				
		1	2	3	4	5	6	7	8	9	10	11	12	1	2	3	4	5	6	7	8				
SHOT	A	MILLIE PHELAN		DEB KNIGHT		1 SARAH MILLER		EMILY CARSTAIRS														46			
		9.86	3	9.23	1	8.96	2	8.43	6																
			11		9		8		7						9	8	11				7		11		
	B	KATE KNIGHT		HANNAH LLOYD																			34		
		7.75	11	6.11	22																				
			9		7		6		5						9	7								18	
POLE VAULT	A	HANNAH EARNSHAW																				46			
		2.20	3																						
			11		9		8		7																35
	B	JESSICA BARBER																					34		
		2.10	33																						
			9		7		6		5																25
400 HURDLES	A	HANNAH LLOYD		RACHEL BENTLEY		LISA CLARKE		EMILY CARSTAIRS														46			
		66.5	2	74.9	3	77.0	4	80.0	6																
			11		9		8		7																
	B	JESS BARBER																					34		
		80.3	33																						
			9		7		6		5																25
HAMMER	A	HAYLEY SAYOR		KATHERINE KNIGHT		LAURA FEELY		ELLA LLOYD														46			
		38.02	5	22.96	1	17.70	3	8.16	2																
			11		9		8		7						9	7	8				11		11		
	B	GEMMA AMORGIE																					34		
		7.18	9																						
			9		7		6		5																25
SHEET 1 - 5 PLEASE COMPLETE IN BLOCK CAPITALS & INCLUDE FORENAMES													TOTALS		27	42	57	8	11	14	161	320			

PLEASE ENTER RELAY RESULTS ON SHEET 5

NATIONAL JUNIOR ATHLETIC LEAGUE

MATCH RESULTS - WOMEN

CLUB AND NUMBER

DIVISION : THAMES VENUE : WATFORD

HOST CLUB: NWC HERTS DATE : MAY 30 2011

								HavingMayes	Herts Px	NWC Herts	Team Beds	Team Cambs	Team Oxon	Wasted Points	Total Points	
		FIRST	SECOND	THIRD	FOURTH	FIFTH	SIXTH	1	2	3	4	5	6			
100 M	A	REBECCA HUSSEY	EMILY ROGERS	DANNI PATMORE	GEORGIE IVERS	ESTHER TELE										
		12.5 6	12.9 2	12.9 4	13.1 5	14.0 1										46
		11	9	8	7	6										
	B	EMILY MOORE	HELEN DAVEY	BETHANY CHAMBERS												
		13.2 66	13.8 44	13.8 11												34
		9	7	6	5	4										
800M	A	MEGAN STEER	AMY BROOKER	BECKY STANLEY	REBECCA MOORE											
		2.21.8 3	2.26.2 6	2.40.1 1	3.25.6 2											46
		11	9	8	7	6										
	B	ELLA LLOYD														
		3.25.7 22														34
		9	7	6	5	4										34
400M	A	ALEX HILL	CHELSEA SHURLAND	BECKY STANLEY	CLAIRE FABAS											
		59.4 2	61.4 3	64.8 1	66.2 6											46
		11	9	8	7	6										
	B	CHARLOTTE BAIRD														
		66.7 33														34
		9	7	6	5	4										25
100M HURDLES	A	MILLIE PHELAN	HANNAH LLOYD	STACEY HAZELL	ELLIE WATSON											
		16.2 33	16.6 2	16.8 6	22.3 1											46
		11	9	8	7	6										
	B	RACHEL BENTLEY	REBECCA HALE													
		18.5 3	18.9 22													34
		9	7	6	5	4										18
TOTALS							35	52	49	15	7	44	127	320		

NATIONAL JUNIOR ATHLETIC LEAGUE

MATCH RESULTS - WOMEN

CLUB AND NUMBER

DIVISION : THAMES VENUE : WATFORD

HOST CLUB: NWC HERTS DATE : MAY 30 2011

		FIRST		SECOND		THIRD		FOURTH		FIFTH		SIXTH		HavingMayes	Herts Px	NWC Herts	Team Beds	Team Cambs	Team Oxon	Wasted Points	Total Points			
		1	2	3	4	5	6	7	8	9	10	11	12	1	2	3	4	5	6	7	8			
3000M	A	GEMMA BRIDGE		HANNAH HULL																		46		
		11.05.9	6	11.31.9	3																			
		11		9				8																
	B	NO ONE																					34	
		9		7				6																
HIGH JUMP	A	GEMMA AMORGIE		ANNE REES		ELLIE WATSON		EMILY CARSTAIRS														46		
		1.60	2	1.55	3	1.40	1	1.30	6															
		11		9		8		7							8	11	9							
	B	NATALIE ALLEN		MILLIE PHELAN																			34	
1.50		22	1.30	33																				
			9		7		6		5						9	7								
JAVELIN	A	ELOISE MEAKINS		DANIELLE ANDERSON		ABI WILDE		DEBBIE KNIGHT		LISA CLARKE												46		
		42.09	2	37.14	6	33.89	3	31.86	1	21.92	4													
		11		9		8		7							7	11	8	6						
	B	SARA MILLER		KATHERINE KNIGHT		JADE BARBER		CLAIRE FABES															34	
28.29		22	23.79	11	19.27	33	17.35	66																
			9		7		6		5						7	9	6							
200M	A	REBECCA HUSSEY		GEORGIE IVENS		DANNI PATMORE		EMILY ROGERS		DEBORAH TELE		KATHERINE MACKINTOSH										46		
		25.4	6	26.2	5	26.6	4	26.7	2	28.0	1	28.7	3											
		11		9		8		7																
	B	JEMMA GREGORY		NATALIE ALLEN		HANNE BOGGON		ESTHER TELE		MARTINA BARBER													34	
26.7		66	26.7	22	28.7	44	30.2	11	31.5	33														
			9		7		6		5															
SHEET 3 - 5 PLEASE COMPLETE IN BLOCK CAPITALS & INCLUDE FORENAMES													TOTALS		33	54	48	20	9	52	104	320		

NATIONAL JUNIOR ATHLETIC LEAGUE

MATCH RESULTS - WOMEN

CLUB AND NUMBER

DIVISION : THAMES VENUE : WATFORD

HOST CLUB: NWC HERTS DATE : MAY 30 2011

		FIRST		SECOND		THIRD		FOURTH		FIFTH		SIXTH		HavingMayes	Herts Px	NWC Herts	Team Beds	Team Cambs	Team Oxon	Wasted Points	Total Points		
		1	2	3	4	5	6	7	8	9	10	11	12	1	2	3	4	5	6	7	8		
1500M	A	LIZZIE BIRD		LAUREN HAWTIN		BECKY STANLEY		JESS BARBER															
		4.36.6	2	4.54.8	6	5.24.6	1	6.43.2	3														
			11		9		8		7			6			8	11	7				9	11	46
	B	CHARLOTTE BAIRD																					
		6.43.3	33																				
			9		7		6		5			4										25	34
LONG JUMP	A	EMILY MOORE		ANNE REES		BETHANY CHAMPIO		EMILY RODGERS		HELEN DAVEY													
		4.95	6	4.93	3	4.92	1	4.63	2	3.95	4												
			11		9		8		7		6				8	7	9	6			11	5	46
	B	ESTHER TELE		STACEY HAZEL		REBECCA HORE		LAURA FEELY		HANNAH BOGGON													
		4.64	11	4.42	66	4.26	22	3.41	33	3.08	44												
			9		7		6		5		4				9	6	5	4			7	3	34
DISCUS	A	SARAH MILLER		KATHERINE KNIGHT		MEGAN DAVIES		ABI WILDE															
		34.36	2	30.83	1	28.73	6	24.83	33														
			11		9		8		7			6			9	11	7				8	11	46
	B	ELIOSE MEAKINS		DANIELLE ANDERSON		LAURA FEELY		ELLIE WATSON															
		26.56	22	21.23	66	18.22	33	15.72	11														
			9		7		6		5		4				5	9	6				7	7	34
TRIPLE JUMP	A	MILLIE PHELAN		BETHANY CHAM BERS		EMILY MOORE		REBECCA HORE															
		10.68	3	10.13	1	9.55	6	8.91	2														
			11		9		8		7			6			9	7	11				8	11	46
	B	TEMI FAJOBI		ELLIE WATSON		CHARLOTTE CULLEN																	
		10.04	33	9.51	11	7.62	22																
			9		7		6		5			4			7	6	9						34
TOTALS													55	57	63	10	0	50	107	320			

NATIONAL JUNIOR ATHLETIC LEAGUE

MATCH RESULTS - WOMEN

CLUB AND NUMBER

DIVISION : THAMES VENUE : WATFORD

HOST CLUB: NWC HERTS DATE : MAY 30 2011

		FIRST		SECOND		THIRD		FOURTH		FIFTH		SIXTH		HavingMayes	Herts Px	NWC Herts	Team Beds	Team Cambs	Team Oxon	Wasted Points	Total Points			
4 x 100m RELAY	A	TEAM OXFORD		HPX		HAV-MAY		NWC HERTS		TEAM BEDS				1	2	3	4	5	6					
		50.8	6	53	2	53.2	1	53.4	3	55.4	4													
			11		9		8		7		6			5	8	9	7	6		11	5		46	
4 x 400M RELAY	A	HERTS PHOENIX		NWC HERTS		TEAM OXF																		
		4.07.7	2	4.17.2	3	4.17.4	6																	46
			11		9		8		7		6			5		11	9			8	18			
SHEET 5 - 5		PLEASE COMPLETE IN BLOCK CAPITALS & INCLUDE FORENAMES										TOTALS		8	20	16	6	0	19	23	92			