

Southern Premier Match 2 - New River Stadium

				Perf	Record	Wind	AW	11 June 2006							
				Perf	Record	Wind	AW								
Men's 100m A				Wind=				Men's 100m B				Wind=			
1	6	Justin Geoghan	Shalfesbury Barnet H	10.8			☑	1	77	Liam Freemantle	Windsor Slough Eton & Hou	11.1		☑	
2	3	Craig Fleming	Harrow AC	11.0			☑	2	66	Michael Okoigun	Shalfesbury Barnet H	11.1		☑	
3	7	Fahad Khan	Windsor Slough Eton & Hou	11.0			☑	3	11	James Lindor Thomas	Blackheath & Bromley H & /	11.1		☑	
4	1	Daniel Haque	Blackheath & Bromley H & /	11.1			☑	4	33	Lewis Roualt	Harrow AC	11.2		☑	
5	8	Louis Kwakye	Woodford Green w Essex Lc	11.1			☑	5	88	Zachary Bach	Woodford Green w Essex Lc	11.2		☑	
6	5	Adam Daish	Herts Phoenix AC	11.2			☑	6	55	Mike Ajibulu	Herts Phoenix AC	11.4			
7	4	Luke Stott	Havering Mayesbrook	11.2			☑	7	22	Damian Seenandan	Enfield & Haringey AC	11.5			
8	2	Andre Laidley	Enfield & Haringey AC	11.3			☑	8	44	Chris Clements	Havering Mayesbrook	11.7			
Men's 200m A				Wind=				Men's 200m B				Wind=			
1	1	Daniel Haque	Blackheath & Bromley H & /	22.0			☑	1	88	Tashan Christian	Woodford Green w Essex Lc	22.3		☑	
2	8	Louis Kwakye	Woodford Green w Essex Lc	22.0			☑	2	77	Liam Freemantle	Windsor Slough Eton & Hou	22.3		☑	
3	3	Craig Fleming	Harrow AC	22.1			☑	3	55	Mike Ajibulu	Herts Phoenix AC	22.7		☑	
4	5	Adam Daish	Herts Phoenix AC	22.2			☑	4	11	Scott Blackwell	Blackheath & Bromley H & /	22.8		☑	
5	6	Justin Geoghan	Shalfesbury Barnet H	22.2			☑	5	22	Kelvin Wilson	Enfield & Haringey AC	23.0		☑	
6	7	Fahad Khan	Windsor Slough Eton & Hou	22.8			☑	6	66	Aaron Harris	Shalfesbury Barnet H	23.1			
7	2	Andre Laidley	Enfield & Haringey AC	22.9			☑	7	33	Junior Ejenu	Harrow AC	23.3			
8	4	Chris Clements	Havering Mayesbrook	DNF				8	44	Richard Demko	Havering Mayesbrook	24.0			
Men's 400m A								Men's 400m B							
1	2	Nick Choudhury	Enfield & Haringey AC	49.6			☑	1	22	Aaron Trim	Enfield & Haringey AC	49.6		☑	
2	3	Hari Mehta	Harrow AC	50.7			☑	2	33	Andrew Howell	Harrow AC	50.6		☑	
3	6	William Hooton	Shalfesbury Barnet H	51.1				3	66	Bradley Speed	Shalfesbury Barnet H	52.4			
4	7	Craig Johnson	Windsor Slough Eton & Hou	51.4				4	11	Paul Rochester	Blackheath & Bromley H & /	52.6			
5	5	Ryan Gow	Herts Phoenix AC	51.8				5	55	Steve Smith	Herts Phoenix AC	53.8			
6	1	Dominic Parsons	Blackheath & Bromley H & /	52.3				6	77	George Higgins	Windsor Slough Eton & Hou	54.2			
7	8	Daniel Mullings	Woodford Green w Essex Lc	54.5				7	44	Chris Clements	Havering Mayesbrook	54.4			
8	4	Ashley Reece	Havering Mayesbrook	55.1				8	88	Lee Lovelock-Jemcott	Woodford Green w Essex Lc	55.0			
Men's 800m A								Men's 800m B							
1	7	Ian May	Windsor Slough Eton & Hou	01:57.2			☑	1	33	Robert Rice	Harrow AC	01:59.0		☑	
2	3	Dean Goodman	Harrow AC	01:57.5			☑	2	66	James Foley	Shalfesbury Barnet H	02:01.6			
3	6	Saul Paine	Shalfesbury Barnet H	01:58.2			☑	3	44	Ross Clarke	Havering Mayesbrook	02:02.0			
4	4	Ashley Reece	Havering Mayesbrook	01:59.0			☑	4	88	Andrew Mariani	Woodford Green w Essex Lc	02:02.3			
5	8	Andrew Murray	Woodford Green w Essex Lc	01:59.2			☑	5	55	Sam Poulton	Herts Phoenix AC	02:02.6			
6	5	Steve Smith	Herts Phoenix AC	02:01.3				6	77	Sean Franks	Windsor Slough Eton & Hou	02:03.8			
7	2	Dayle Zeileniewski	Enfield & Haringey AC	02:01.4				7	22	Dale Powell	Enfield & Haringey AC	02:04.2			
8	1	Richard Davies	Blackheath & Bromley H & /	02:07.7				8	11	Richard Daniel	Blackheath & Bromley H & /	02:04.6			
Men's 1500m A								Men's 1500m B							
1	2	Jon Pepper	Enfield & Haringey AC	04:03.9			☑	1	77	Alex Tovey	Windsor Slough Eton & Hou	04:07.8		☑	
2	1	James Poole	Blackheath & Bromley H & /	04:06.0			☑	2	11	Danny Brewer	Blackheath & Bromley H & /	04:21.3			
3	7	Ian May	Windsor Slough Eton & Hou	04:07.4			☑	3	8	Angus Holford	Woodford Green w Essex Lc	04:26.0			
4	88	Tom Phillips	Woodford Green w Essex Lc	04:16.0				4	22	Jordan Gray	Enfield & Haringey AC	04:28.7			
5	6	Daniel Russell	Shalfesbury Barnet H	04:20.7				5	66	Matthew Sullivan	Shalfesbury Barnet H	04:37.9			
6	3	Callum Towler	Harrow AC	04:22.1				6	33	Guled Jama	Harrow AC	04:40.7			
7	5	Richard Tarpey	Herts Phoenix AC	04:30.0				7	55	Sam Poulton	Herts Phoenix AC	05:07.2			
8								8							
Men's 2000m S/Chase A								Men's 2000m S/Chase B							
1	6	Matthew Grant	Shalfesbury Barnet H	06:18.1			☑	1	22	Stuart Ellerby	Enfield & Haringey AC	06:31.5		☑	
2	2	Shaun Collins	Enfield & Haringey AC	06:18.4			☑	2	66	Ross Sambrook	Shalfesbury Barnet H	06:49.9		☑	
3	7	George Glancy	Windsor Slough Eton & Hou	06:30.5			☑	3	77	Sean Franks	Windsor Slough Eton & Hou	07:06.7		☑	
4	1	Alex Littlewood	Blackheath & Bromley H & /	06:37.7			☑	4	11	Ian Simpson	Blackheath & Bromley H & /	07:12.3		☑	
5	8	Angus Holford	Woodford Green w Essex Lc	06:55.9			☑	5	55	Simon Britten	Herts Phoenix AC	07:17.2		☑	
6	3	Tom Lewis	Harrow AC	06:57.5			☑	6	33	Dan Tarrant	Harrow AC	07:32.4		☑	
7	4	Daniel Winters	Havering Mayesbrook	07:03.1			☑	7	44	Daniel Lyones	Havering Mayesbrook	07:54.4		☑	
8	5	Bryn Reynolds	Herts Phoenix AC	07:03.3			☑	8							

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				Perf	Record	Wind	AW	11 June 2006					
				Perf	Record	Wind	AW						
Men's 3000m A								Men's 3000m B					
1	2	Jon Pepper	Enfield & Haringey AC	08:39.8	LR		<input checked="" type="checkbox"/>	1	22	Matthew Sharp	Enfield & Haringey AC	09:26.5	<input checked="" type="checkbox"/>
2	7	Nathan White	Windsor Slough Eton & Hou	09:03.2			<input checked="" type="checkbox"/>	2	6	Tom Bryant	Shalfesbury Barnet H	09:28.6	<input checked="" type="checkbox"/>
3	66	Jack Parslow	Shalfesbury Barnet H	09:22.5			<input checked="" type="checkbox"/>	3	77	Vince Bangs	Windsor Slough Eton & Hou	09:28.9	<input checked="" type="checkbox"/>
4	5	Bryn Reynolds	Herts Phoenix AC	09:27.2			<input checked="" type="checkbox"/>	4	55	Simon Britten	Herts Phoenix AC	09:53.1	<input checked="" type="checkbox"/>
5	8	Craig Berg	Woodford Green w Essex Lz	09:27.7			<input checked="" type="checkbox"/>	5	11	Alistair Cliff	Blackheath & Bromley H & /	09:57.7	<input checked="" type="checkbox"/>
6	3	Matthew Judson	Harrow AC	09:38.5			<input checked="" type="checkbox"/>	6	33	Robert Rice	Harrow AC	10:35.8	<input checked="" type="checkbox"/>
7	4	Grant Twist	Havering Mayesbrook	09:39.9			<input checked="" type="checkbox"/>	7					
8	1	Andrew Conway	Blackheath & Bromley H & /	09:52.3			<input checked="" type="checkbox"/>	8					

Men's 400m Hurdles A

1	3	Andrew Howell	Harrow AC	53.0			<input checked="" type="checkbox"/>	1	77	Kieran Edward	Windsor Slough Eton & Hou	58.0	<input checked="" type="checkbox"/>
2	2	Zac Saucedo	Enfield & Haringey AC	56.6			<input checked="" type="checkbox"/>	2	22	Jemaine Binns	Enfield & Haringey AC	59.7	
3	7	Robert McAvoy	Windsor Slough Eton & Hou	56.7			<input checked="" type="checkbox"/>	3	33	Troy Cowan	Harrow AC	60.4	
4	4	Richard Demko	Havering Mayesbrook	57.9			<input checked="" type="checkbox"/>	4	11	James Summersby	Blackheath & Bromley H & /	61.2	
5	6	Daniel Russell	Shalfesbury Barnet H	58.0			<input checked="" type="checkbox"/>	5	66	Matthew Sullivan	Shalfesbury Barnet H	64.1	
6	5	Pat Barrett	Herts Phoenix AC	58.6				6	55	Luke Allen	Herts Phoenix AC	68.3	
7	1	Mandeep Shoker	Blackheath & Bromley H & /	61.5				7					
8								8					

Men's 110m Hurdles A

				Wind=									
1	2	Zac Saucedo	Enfield & Haringey AC	15.0			<input checked="" type="checkbox"/>	1	33	Kwasi Afrifa	Harrow AC	15.2	<input checked="" type="checkbox"/>
2	1	Simon Hemmings	Blackheath & Bromley H & /	15.2			<input checked="" type="checkbox"/>	2	44	Richard Demko	Havering Mayesbrook	15.4	<input checked="" type="checkbox"/>
3	4	Anthony Williams	Havering Mayesbrook	15.3			<input checked="" type="checkbox"/>	3	22	Charles Baffour	Enfield & Haringey AC	16.2	
4	6	Joe Tenny	Shalfesbury Barnet H	15.4			<input checked="" type="checkbox"/>	4	11	Mandeep Shoker	Blackheath & Bromley H & /	17.1	
5	5	Pat Barrett	Herts Phoenix AC	16.0			<input checked="" type="checkbox"/>	5					
6	7	Sean Franks	Windsor Slough Eton & Hou	19.0				6					
7	3	Matthew Beswick	Harrow AC	DNF				7					
8								8					

Men's Hammer A

1	1	Alistair Williamson	Blackheath & Bromley H & /	59.89			<input checked="" type="checkbox"/>	1	11	Richard Alameen	Blackheath & Bromley H & /	46.85	<input checked="" type="checkbox"/>
2	7	Micki Finn	Windsor Slough Eton & Hou	56.44			<input checked="" type="checkbox"/>	2	77	Robert Cramb	Windsor Slough Eton & Hou	44.02	<input checked="" type="checkbox"/>
3	66	Chris Bennett	Shalfesbury Barnet H	49.56			<input checked="" type="checkbox"/>	3	6	Angus McInroy	Shalfesbury Barnet H	33.79	
4	4	Joe Forde	Havering Mayesbrook	47.65			<input checked="" type="checkbox"/>	4	22	Stan Gaskin	Enfield & Haringey AC	29.72	
5	2	Danny Farendon	Enfield & Haringey AC	46.94			<input checked="" type="checkbox"/>	5	5	Jack Newman	Herts Phoenix AC	22.60	
6	3	James Chapman	Harrow AC	33.09				6	88	Chris Linque	Woodford Green w Essex Lz	15.90	
7	55	Jack MacKenzie	Herts Phoenix AC	32.81				7	33	Theo Burton	Harrow AC	15.87	
8	8	Lee Matturin	Woodford Green w Essex Lz	19.97				8	44	Grant Twist	Havering Mayesbrook	8.05	

Men's Discus A

1	6	Angus McInroy	Shalfesbury Barnet H	46.76			<input checked="" type="checkbox"/>	1	66	Chuma Mbanefo	Shalfesbury Barnet H	45.96	<input checked="" type="checkbox"/>
2	1	Alistair Williamson	Blackheath & Bromley H & /	45.19			<input checked="" type="checkbox"/>	2	88	Chris Linque	Woodford Green w Essex Lz	37.19	<input checked="" type="checkbox"/>
3	2	Joel Capper	Enfield & Haringey AC	44.04			<input checked="" type="checkbox"/>	3	33	Theo Burton	Harrow AC	32.54	
4	8	Bradley Mason	Woodford Green w Essex Lz	42.80			<input checked="" type="checkbox"/>	4	22	Danny Farendon	Enfield & Haringey AC	30.63	
5	7	Matt Townsend	Windsor Slough Eton & Hou	40.83			<input checked="" type="checkbox"/>	5	11	Richard Alameen	Blackheath & Bromley H & /	25.92	
6	3	James Chapman	Harrow AC	33.00				6	5	Jack MacKenzie	Herts Phoenix AC	24.15	
7	55	Luke Allen	Herts Phoenix AC	27.53				7	77	Gareth Bussley	Windsor Slough Eton & Hou	21.87	
8	4	Ashley Reece	Havering Mayesbrook	19.63				8					

Men's Javelin A

1	66	Aaron Harris	Shalfesbury Barnet H	49.56				1	6	Matthew Stoker	Shalfesbury Barnet H	46.19	
2	8	Jay Boddington	Woodford Green w Essex Lz	48.95				2	22	Robert Elliott	Enfield & Haringey AC	42.18	
3	5	Alistair Ledson	Herts Phoenix AC	46.41				3	88	Lee Lovelock-Jemmott	Woodford Green w Essex Lz	41.89	
4	2	George Ferrar	Enfield & Haringey AC	46.33				4	55	Nick Dean	Herts Phoenix AC	36.62	
5	1	Adam Atkinson	Blackheath & Bromley H & /	37.24				5	3	Dan Tarrant	Harrow AC	34.57	
6	33	Callum Towler	Harrow AC	36.97				6	11	Dale Willis	Blackheath & Bromley H & /	24.25	
7	4	Bonne Buwembo	Havering Mayesbrook	35.78				7	7	Waikit Lee	Windsor Slough Eton & Hou	23.78	
8	77	Kieran Edward	Windsor Slough Eton & Hou	31.88				8	44	Joe Forde	Havering Mayesbrook	22.20	

Southern Premier Match 2 - New River Stadium

				Perf	Record	Wind	AW	11 June 2006				Perf	Wind	AW	
Men's Shot Putt A								Men's Shot Putt B							
1	6	Angus McInroy	Shalfesbury Barnet H	14.24			<input checked="" type="checkbox"/>	1	66	Opy Jacobs	Shalfesbury Barnet H	13.73		<input checked="" type="checkbox"/>	
2	8	Bradley Mason	Woodford Green w Essex L	13.48			<input checked="" type="checkbox"/>	2	22	Orieso Agbareh	Enfield & Haringey AC	12.58			
3	2	Joel Capper	Enfield & Haringey AC	12.91				3	33	Theo Burton	Harrow AC	12.02			
4	1	Alistair Williamson	Blackheath & Bromley H & .	12.48				4	88	Chris Linque	Woodford Green w Essex L	10.87			
5	3	James Chapman	Harrow AC	12.05				5	7	Matt Townsend	Windsor Slough Eton & Hou	10.49			
6	77	David Shiel	Windsor Slough Eton & Hou	11.45				6	11	Richard Alameen	Blackheath & Bromley H & /	10.43			
7	4	Joe Forde	Havering Mayesbrook	10.52				7	44	Anthony Williams	Havering Mayesbrook	9.33			
8	55	Jack Newman	Herts Phoenix AC	9.80				8	5	Nick Dean	Herts Phoenix AC	7.20			
Men's Long Jump A								Men's Long Jump B							
1	1	James Lindor Thomas	Blackheath & Bromley H & .	7.15			<input checked="" type="checkbox"/>	1	66	Nathan Fox	Shalfesbury Barnet H	6.40			
2	6	Nonso Okolo	Shalfesbury Barnet H	7.05			<input checked="" type="checkbox"/>	2	22	Omari Barton-Ellington	Enfield & Haringey AC	6.17			
3	8	Tyrone Carter	Woodford Green w Essex L	6.53			<input checked="" type="checkbox"/>	3	88	Emmanuel Okpokiri	Woodford Green w Essex L	5.89			
4	2	Luke Thomas	Enfield & Haringey AC	6.42				4	33	Kofi Asante	Harrow AC	5.80			
5	4	Vince Lazario	Havering Mayesbrook	6.10				5	7	Cameron Lake	Windsor Slough Eton & Hou	5.69			
6	3	Lawrence Akin	Harrow AC	6.09				6	55	Laurie Pirie	Herts Phoenix AC	5.43			
7	77	Graham Cole	Windsor Slough Eton & Hou	5.93				7	11	Matthew Walters	Blackheath & Bromley H & /	5.34			
8	5	Luke Allen	Herts Phoenix AC	5.68				8							
Men's Triple Jump A								Men's Triple Jump B							
1	6	Nonso Okolo	Shalfesbury Barnet H	14.56			<input checked="" type="checkbox"/>	1	66	Michael Okoigun	Shalfesbury Barnet H	14.01		<input checked="" type="checkbox"/>	
2	8	Tyrone Carter	Woodford Green w Essex L	13.48			<input checked="" type="checkbox"/>	2	88	Emmanuel Okpokiri	Woodford Green w Essex L	12.14			
3	3	Kofi Asante	Harrow AC	13.02			<input checked="" type="checkbox"/>	3	2	Charles Ekundayo	Enfield & Haringey AC	11.81			
4	22	Wayne Coull	Enfield & Haringey AC	12.99				4	44	Vince Lazario	Havering Mayesbrook	11.71			
5	4	Anthony Williams	Havering Mayesbrook	12.21				5	11	Ashley Healey	Blackheath & Bromley H & /	11.43			
6	55	Alistair Ledson	Herts Phoenix AC	12.06				6	5	Brad Amorgie	Herts Phoenix AC	11.23			
7	77	Kieran Edward	Windsor Slough Eton & Hou	11.81				7	7	Matt Townsend	Windsor Slough Eton & Hou	10.63			
8	1	Dale Willis	Blackheath & Bromley H & .	11.63				8							
Men's High Jump A								Men's High Jump B							
1	2	James Luck	Enfield & Haringey AC	2.00			<input checked="" type="checkbox"/>	1	6	Nathan Fox	Shalfesbury Barnet H	1.85			
2	1	Simon Hemmings	Blackheath & Bromley H & .	1.95			<input checked="" type="checkbox"/>	2	7	Cameron Lake	Windsor Slough Eton & Hou	1.80			
3	77	Alan McKie	Windsor Slough Eton & Hou	1.95			<input checked="" type="checkbox"/>	3	5	Lewis Ely	Herts Phoenix AC	1.80			
4	66	Daniel Lampard	Shalfesbury Barnet H	1.95			<input checked="" type="checkbox"/>	4	11	Dale Willis	Blackheath & Bromley H & /	1.70			
5	55	Laurie Pirie	Herts Phoenix AC	1.85				5	4	Ashley Reece	Havering Mayesbrook	1.60			
6	44	Anthony Williams	Havering Mayesbrook	1.70				6	3	Hari Mehta	Harrow AC	1.60			
7	33	Andre Myers	Harrow AC	1.60				7	22	Jamie Brandon	Enfield & Haringey AC	1.50			
Men's Pole Vault A								Men's Pole Vault B							
1	2	Stuart Smart	Enfield & Haringey AC	3.80			<input checked="" type="checkbox"/>	1	22	Jamie Brandon	Enfield & Haringey AC	3.50			
2	6	Scott Bartlett	Shalfesbury Barnet H	3.80			<input checked="" type="checkbox"/>	2	66	James Grant	Shalfesbury Barnet H	3.50			
3	4	Michael Read	Havering Mayesbrook	3.80			<input checked="" type="checkbox"/>	3	77	Tom Galtcut	Windsor Slough Eton & Hou	2.90			
4	7	Iain Grierson	Windsor Slough Eton & Hou	3.05				4	11	Simon Hemmings	Blackheath & Bromley H & /	2.30			
5	5	Pat Barrett	Herts Phoenix AC	2.90											
6	33	Dan Tarrant	Harrow AC	2.90											
7	1	Robert Evans	Blackheath & Bromley H & .	2.60											
Men's 4x100m Relay															
1	6	Shalfesbury Barnet H	Joe Tenny	Michael Okoigun	Richard Odumosu	Justin Geoghan	43.2	<input checked="" type="checkbox"/>							
2	8	Woodford Green w Essex Ladies	Zachary Bach	Tashan Christian	Tyrone Carter	Louis Kwakye	43.3	<input checked="" type="checkbox"/>							
3	5	Herts Phoenix AC	Adam Daish	Kenny Howard	Mike Ajibulu	Ryan Gow	43.5	<input checked="" type="checkbox"/>							
4	1	Blackheath & Bromley H & AC	James Summersby	Paul Rochester	Lemar Charles	Scott Blackwell	43.7	<input checked="" type="checkbox"/>							
5	2	Enfield & Haringey AC	Damian Seenandan	Andre Laidley	Kelvin Wilson	Nick Choudhury	44.3								
6	3	Harrow AC	Hari Mehta	Dean Goodman	Junior Ejenu	Craig Fleming	45.3								
7	7	Windsor Slough Eton & Hounslo	Andre Whattley	Liam Freemantley	Fahad Khan	Leon James-Lionel	Disq								
8															

Southern Premier Match 2 - New River Stadium

Perf Record Wind AW 11 June 2006

Perf Wind AW

Men's 4x400m Relay

Pos	Team	Runner	Time	Perf	Record	Wind	AW
1	Herts Phoenix AC	Adam Daish	03:22.0	03:22.0			
2	Enfield & Haringey AC	Kelvin Wilson	03:27.9				
3	Shatfesbury Barnet H	Bradley Speed	03:28.2				
4	Harrow AC	Dean Goodman	03:30.8				
5	Windsor Slough Eton & Hounslo	Robert McAvoy	03:32.9				
6	Blackheath & Bromley H & AC	James Summersby	03:33.1				
7	Woodford Green w Essex Ladies	Andrew Mariani	03:41.5				
8	Havering Mayesbrook	Ashley Reece	03:51.9				

MATCH RESULT			League Points	Match	STANDINGS		
1	SBH	8	531.0	1	SBH	16	1051.0
2	E&H	7	489.0	2	E&H	14	1003.0
3	Bla&B	6	483.0	3	Bla&B	12	987.0
4	WSE&H	5	423.0	4	WSE&H	10	834.0
5	Herts P	4	401.0	5	Herts P	8	793.0
6	WGEL	3	390.0	6	Harrow	5	776.0
7	Harrow	2	388.0	7	WGEL	5	751.0
8	Hav M	1	314.0	8	Hav M	2	605.0

Men's 400mH (Non Scoring)

1	Ashley Healy	Blackheath & Bromley	64.5
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Men's 100m (Non Scoring) Race 1

1	Kenny Howard (U17)	Herts Phoenix	11.4
2	Andre Whattley	WSE&H	11.4
3	Richard Odumosu	SBH	11.5
4	Curtis Reid	Enf & H	11.9

Men's High Jump (Non Scoring)

1	Bradley Amorgie	Herts Phoenix	1.75
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Men's 200m (Non Scoring)

1	David Barrington	WSE&H	22.7
2	Zachary Bach	WGEL	22.7
3	Lemar Charles	Blackheath & Brom	23.9
4	Leslie Addy	SBH	24.3

Men's Discus (Non Scoring)

1	Lee Mathurin	WGEL	34.51
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Men's 100m (Non Scoring) Race 2

1	David Barrington	WSE&H	11.6
2	Michael Boateng	SBH	11.6
3	Anthony Harper	Enf & H	11.9
4	Nana Yeboah (U17)	Enf & H	12.3

Men's Shot Putt (Non Scoring)

1	Graham Cole	WSE&H	10.08
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Men's Javelin (Non Scoring)

1	Michael Healy	Enf & H	34.51
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Male Athlete of Match

Alistair Williamson	Blackheath & Bromley	59.89m
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National Junior Athletics League 2006

<http://www.nationaljuniorathleticleague.co.uk>

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				Perf	Record	Wind	AW	11 June 2006							
				Perf	Record	Wind	AW								
Women's 100m A				Wind=				Women's 100m B				Wind=			
1	7	Chinedu Monye	Windsor Slough Eton & Hou	11.9			☑	1	22	Ruth Ann Watson	Enfield & Haringey AC	12.5		☑	
2	2	Christal Robinson	Enfield & Haringey AC	12.2			☑	2	66	Renee Williams	Shatfesbury Barnet H	12.9		☑	
3	6	Nony Mordi	Shatfesbury Barnet H	12.3			☑	3	33	Kelly Fairweather	Harrow AC	12.9		☑	
4	5	Laura Wake	Herts Phoenix AC	12.5			☑	4	77	Ashley Abraham	Windsor Slough Eton & Hou	13.0		☑	
5	3	Emma McGeehan	Harrow AC	12.5			☑	5	11	Sarah Harrison	Blackheath & Bromley H & /	13.1			
6	4	Frankie Calder	Havering Mayesbrook	12.6			☑	6	44	Chloe Van Wulven	Havering Mayesbrook	13.2			
7	8	Hannah Frankson	Woodford Green w Essex L	12.7			☑	7	55	Zoe Delaney	Herts Phoenix AC	13.6			
8	1	Lauren Blackie	Blackheath & Bromley H & /	12.9			☑	8	88	Leeanne Gustave	Woodford Green w Essex L	13.9			
Women's 200m A				Wind=				Women's 200m B				Wind=			
1	7	Chinedu Monye	Windsor Slough Eton & Hou	24.5			☑	1	22	Rachel Telfer	Enfield & Haringey AC	25.7		☑	
2	2	Ruth Ann Watson	Enfield & Haringey AC	25.1			☑	2	88	Tara Bird	Woodford Green w Essex L	25.8		☑	
3	5	Laura Wake	Herts Phoenix AC	25.3			☑	3	11	Rebecca Syrocki	Blackheath & Bromley H & /	25.8		☑	
4	1	Emily Martin	Blackheath & Bromley H & /	25.8			☑	4	77	Lauren Betts-Bucks	Windsor Slough Eton & Hou	26.3		☑	
5	4	Frankie Calder	Havering Mayesbrook	26.1			☑	5	33	Emma McGeehan	Harrow AC	26.3		☑	
6	6	Renee Williams	Shatfesbury Barnet H	26.2			☑	6	55	Claire Jaggard	Herts Phoenix AC	26.5		☑	
7	3	Kelly Fairweather	Harrow AC	26.7			☑	7	66	Amanda Ranger	Shatfesbury Barnet H	27.4			
8	8	Johnelle Gibbons	Woodford Green w Essex L	27.4				8	44	Helen Roche	Havering Mayesbrook	29.6			
Women's 400m A								Women's 400m B							
1	8	Tara Bird	Woodford Green w Essex L	57.3			☑	1	11	Katie Murray	Blackheath & Bromley H & /	60.2		☑	
2	2	Erica Smith	Enfield & Haringey AC	57.7			☑	2	22	Desola Bakre	Enfield & Haringey AC	61.9		☑	
3	1	Rebecca Syrocki	Blackheath & Bromley H & /	58.2			☑	3	66	Roseanne Winthrop	Shatfesbury Barnet H	62.2			
4	3	Rachel Davies	Harrow AC	59.5			☑	4	88	Johnelle Gibbons	Woodford Green w Essex L	62.3			
5	4	Lauren Clark	Havering Mayesbrook	60.5			☑	5	33	Chloe Flowers	Harrow AC	63.2			
6	5	Claire Jaggard	Herts Phoenix AC	61.4			☑	6	44	Robyn Delivett	Havering Mayesbrook	63.5			
7	6	Hannah Shelley	Shatfesbury Barnet H	61.9			☑	7	55	Emily Stevens	Herts Phoenix AC	66.5			
8	7	Emma Patten	Windsor Slough Eton & Hou	62.7				8	77	Abigail Fudge	Windsor Slough Eton & Hou	68.8			
Women's 800m A								Women's 800m B							
1	2	Anna Sharrock	Enfield & Haringey AC	02:16.0			☑	1	44	Helen Roche	Havering Mayesbrook	02:23.5		☑	
2	3	Linzi Fairweather	Harrow AC	02:17.1			☑	2	66	Amanda Bailey	Shatfesbury Barnet H	02:25.4			
3	4	Katie Richardson	Havering Mayesbrook	02:18.7			☑	3	22	Kerri Trimble	Enfield & Haringey AC	02:27.9			
4	5	Charlotte Davies	Herts Phoenix AC	02:26.9				4	33	Daisy Morris	Harrow AC	02:37.6			
5	8	Katherine Foy	Woodford Green w Essex L	02:28.1				5	11	Lauren Smith	Blackheath & Bromley H & /	02:39.2			
6	1	Ella Fisher	Blackheath & Bromley H & /	02:29.6				6	77	Charlotte Brunton	Windsor Slough Eton & Hou	02:41.0			
7	7	Leanne Fuller	Windsor Slough Eton & Hou	02:37.6				7	55	Zoe Delaney	Herts Phoenix AC	02:50.2			
8	6	Claire Miles	Shatfesbury Barnet H	02:38.8				8	88	Amanda Ali	Woodford Green w Essex L	03:14.5			
Women's 1500m A								Women's 1500m B							
1	8	Katherine Sparke	Woodford Green w Essex L	04:42.8			☑	1	44	Hayley Stibbs	Havering Mayesbrook	05:07.5			
2	1	Bryony Proctor	Blackheath & Bromley H & /	04:54.0			☑	2	66	Sophie Proffit	Shatfesbury Barnet H	05:13.3			
3	6	Amanda Bailey	Shatfesbury Barnet H	05:00.6				3	88	Katherine Foy	Woodford Green w Essex L	05:21.3			
4	4	Megan Foley	Havering Mayesbrook	05:03.2				4	11	Laura Kastoryano	Blackheath & Bromley H & /	05:36.1			
5	5	Charlotte Davies	Herts Phoenix AC	05:11.2				5	77	Amy Aitken	Windsor Slough Eton & Hou	06:21.3			
6	3	Leigh Lattimore	Harrow AC	05:18.0				6	33	Gloria Daniels-Moss	Harrow AC	06:33.9			
7	22	Hilary Arredondo	Enfield & Haringey AC	05:22.0				7	2	Sharon Walsh	Enfield & Haringey AC	DNF			
8	7	Jessica Ferrett	Windsor Slough Eton & Hou	05:55.5				8							
Women's 1500m S/Chase A								Women's 1500m S/Chase B							
1	6	Lucy Yates	Shatfesbury Barnet H	05:25.0	LR		☑	1							
2	4	Katie Richardson	Havering Mayesbrook	05:35.8			☑	2							
3	1	Catherine Chambers	Blackheath & Bromley H & /	05:53.1			☑	3							
4	7	Andrea Fox	Windsor Slough Eton & Hou	05:55.9			☑	4							
5	5	Jodie Moore	Herts Phoenix AC	06:01.2			☑	5							
6	3	Daisy Morris	Harrow AC	06:12.1			☑	6							
7	8	Amelia Holford	Woodford Green w Essex L	06:41.4			☑	7							
8								8							

Southern Premier Match 2 - New River Stadium

				Perf	Record	Wind	AW	11 June 2006							
				Perf	Record	Wind	AW								
Women's 3000m A								Women's 3000m B							
1	1	Amy Smith	Blackheath & Bromley H & .	10:34.9			☑	1	44	Georgie-Lou Sales	Havering Mayesbrook	11:13.4			
2	2	Hannah Brown	Enfield & Haringey AC	11:04.4				2	66	Emma Layton	Shatfesbury Barnet H	11:44.3			
3	4	Robyn Matson	Havering Mayesbrook	11:06.6				3	33	Emily Hennessy	Harrow AC	12:18.4			
4	6	Rebecca Gardguer	Shatfesbury Barnet H	11:22.7				4	11	Sarah Coombs	Blackheath & Bromley H & .	12:50.9			
5	7	Yasmin Lala	Windsor Slough Eton & Hou	11:32.7				5	77	Louise Sams	Windsor Slough Eton & Hou	14:49.6			
6	3	Sarah Brown	Harrow AC	11:35.8				6							
7	5	Jodie Moore	Herts Phoenix AC	12:36.9				7							
8	8	Kavita Solder	Woodford Green w Essex L	12:45.0				8							
Women's 400m Hurdles A								Women's 400m Hurdles B							
1	7	Marika Reed	Windsor Slough Eton & Hou	62.7			☑	1	77	Nicola Jelly	Windsor Slough Eton & Hou	66.1			☑
2	5	Christina Silva	Herts Phoenix AC	62.8			☑	2	11	Sarah McLellan	Blackheath & Bromley H & .	66.2			☑
3	1	Katie Murray	Blackheath & Bromley H & .	64.5			☑	3	55	Michelle Njagi	Herts Phoenix AC	71.2			
4	4	Chloe Van Wulven	Havering Mayesbrook	67.5			☑	4	88	Laura Gnanapragasam	Woodford Green w Essex L	72.8			
5	8	Hayley Ramos-Gonzalez	Woodford Green w Essex L	67.7			☑	5	33	Holly Hamilton	Harrow AC	74.0			
6	2	Emma Rowley	Enfield & Haringey AC	70.6				6	44	Robyn Matson	Havering Mayesbrook	74.3			
7	3	Claudia Tabony	Harrow AC	73.6				7	22	Sarah Gibson	Enfield & Haringey AC	80.3			
8	6	Diane Purvis	Shatfesbury Barnet H	74.9				8							
Women's 100m Hurdles A								Women's 100m Hurdles B							
Wind=								Wind=							
1	4	Chloe Van Wulven	Havering Mayesbrook	14.9			☑	1	55	Christina Silva	Herts Phoenix AC	15.6			☑
2	6	Nony Mordi	Shatfesbury Barnet H	14.9			☑	2	22	Emma Rowley	Enfield & Haringey AC	16.2			☑
3	5	Tania Spurling	Herts Phoenix AC	15.8			☑	3	88	Laura Gnanapragasam	Woodford Green w Essex L	17.0			
4	3	Claudia Tabony	Harrow AC	16.6				4	77	Cassie Bardell	Windsor Slough Eton & Hou	20.3			
5	7	Nicola Jelly	Windsor Slough Eton & Hou	17.0				5	66	Diane Purvis	Shatfesbury Barnet H	20.8			
6	1	Jo Wood	Blackheath & Bromley H & .	17.2				6							
7	8	Hayley Ramos-Gonzalez	Woodford Green w Essex L	17.5				7							
8	2	Jasmin Hicks	Enfield & Haringey AC	18.1				8							
Women's Hammer A								Women's Hammer B							
1	1	Victoria Thomas	Blackheath & Bromley H & .	51.47			☑	1	11	Oyebanke Jemiyo	Blackheath & Bromley H & .	40.59			☑
2	5	Katie Parker	Herts Phoenix AC	35.40			☑	2	55	Stephanie Fuller	Herts Phoenix AC	33.11			☑
3	3	Laura Edwards	Harrow AC	34.60			☑	3	77	Nasya Harvey	Windsor Slough Eton & Hou	26.81			
4	7	Nina Harvey	Windsor Slough Eton & Hou	30.04			☑	4	6	Briony Phillips	Shatfesbury Barnet H	21.91			
5	66	Kamal Manhas	Shatfesbury Barnet H	23.85				5	88	Emma Smith	Woodford Green w Essex L	20.27			
6	8	Clare Bond	Woodford Green w Essex L	23.17				6	33	Beatrix Turner	Harrow AC	12.20			
7	2	Siobhan Mitchell	Enfield & Haringey AC	16.61				7							
8	4	Lauren Clark	Havering Mayesbrook	9.07				8							
Women's Discus A								Women's Discus B							
1	1	Shaunagh Brown	Blackheath & Bromley H & .	41.35			☑	1	66	Kamal Manhas	Shatfesbury Barnet H	37.43			☑
2	6	Briony Phillips	Shatfesbury Barnet H	40.04			☑	2	11	Flo Clark	Blackheath & Bromley H & .	37.06			☑
3	4	Lauren Clark	Havering Mayesbrook	33.39			☑	3	55	Stephanie Fuller	Herts Phoenix AC	22.71			
4	22	Sharifa Brown	Enfield & Haringey AC	30.94			☑	4	7	Lauren Hendry	Windsor Slough Eton & Hou	20.59			
5	3	Laura Edwards	Harrow AC	25.60				5	88	Clare Bond	Woodford Green w Essex L	18.60			
6	8	Eloise Wyre	Woodford Green w Essex L	25.55				6	33	Beatrix Turner	Harrow AC	18.11			
7	5	Katie Parker	Herts Phoenix AC	24.73				7	44	Emma Christmas	Havering Mayesbrook	15.49			
8	77	Nasya Harvey	Windsor Slough Eton & Hou	23.75				8	2	Siobhan Mitchell	Enfield & Haringey AC	12.07			
Women's Javelin A								Women's Javelin B							
1	8	Emma Smith	Woodford Green w Essex L	38.40			☑	1	55	Tania Spurling	Herts Phoenix AC	31.72			☑
2	1	Jade Dodd	Blackheath & Bromley H & .	38.15			☑	2	66	Kamal Manhas	Shatfesbury Barnet H	22.23			
3	5	Peta Lundgren	Herts Phoenix AC	36.09			☑	3	22	Regina Hewlett	Enfield & Haringey AC	22.17			
4	4	Emma Christmas	Havering Mayesbrook	34.01			☑	4	88	Kirsty McIntosh	Woodford Green w Essex L	21.34			
5	3	Beatrix Turner	Harrow AC	33.42			☑	5	33	Claudia Tabony	Harrow AC	20.15			
6	2	Lakmini Gunawansa	Enfield & Haringey AC	29.51				6	11	Shaunagh Brown	Blackheath & Bromley H & .	16.62			
7	6	Briony Phillips	Shatfesbury Barnet H	28.73				7	77	Lauren Hendry	Windsor Slough Eton & Hou	13.22			
8	7	Nasya Harvey	Windsor Slough Eton & Hou	14.07				8							

Southern Premier Match 2 - New River Stadium

				Perf	Record	Wind	AW	11 June 2006						
				Perf	Record	Wind	AW							
Women's Shot Putt A								Women's Shot Putt B						
1	6	Briony Phillips	Shalfesbury Barnet H	11.04			☑	1	11	Flo Clark	Blackheath & Bromley H & /	9.91		
2	1	Shaunagh Brown	Blackheath & Bromley H & /	10.64			☑	2	66	Sherene Doughty	Shalfesbury Barnet H	8.36		
3	5	Beta Lundgrun	Herts Phoenix AC	9.79				3	88	Kirsty McIntosh	Woodford Green w Essex Lc	8.21		
4	4	Frankie Calder	Havering Mayesbrook	9.14				4	7	Lauren Hendry	Windsor Slough Eton & Hou	8.17		
5	8	Clare Bond	Woodford Green w Essex Lc	8.86				5	44	Lauren Clark	Havering Mayesbrook	7.54		
6	77	Nina Harvey	Windsor Slough Eton & Hou	8.54				6	22	Siobhan Mitchell	Enfield & Haringey AC	7.46		
7	2	Sharifa Brown	Enfield & Haringey AC	8.32				7	33	Claudia Tabony	Harrow AC	7.34		
8	3	Beatrix Turner	Harrow AC	8.24				8	55	Michelle Njagi	Herts Phoenix AC	6.85		
Women's Long Jump A								Women's Long Jump B						
1	6	Nony Mordi	Shalfesbury Barnet H	5.88			☑	1	55	Claire Jaggard	Herts Phoenix AC	5.38		☑
2	8	Hannah Frankson	Woodford Green w Essex Lc	5.75			☑	2	66	Amanda Ranger	Shalfesbury Barnet H	5.35		☑
3	1	Emily Martin	Blackheath & Bromley H & /	5.49			☑	3	11	Jade Custell	Blackheath & Bromley H & /	5.04		☑
4	5	Tania Spurling	Herts Phoenix AC	5.45			☑	4	2	Desola Bakre	Enfield & Haringey AC	4.77		
5	7	Vicki Binns	Windsor Slough Eton & Hou	5.16			☑	5	88	Eloise Wyre	Woodford Green w Essex Lc	4.66		
6	44	Nicola Hill	Havering Mayesbrook	5.01			☑	6	4	Kirsty Smith	Havering Mayesbrook	4.61		
7	22	Davinia Houston	Enfield & Haringey AC	4.99				7	77	Jo Debs	Windsor Slough Eton & Hou	4.45		
8	3	Emily Hennessy	Harrow AC	4.35				8	33	Jasmine Patterson	Harrow AC	4.32		
Women's Triple Jump A								Women's Triple Jump B						
1	6	Nony Mordi	Shalfesbury Barnet H	12.35	LR		☑	1	66	Amanda Ranger	Shalfesbury Barnet H	11.15		☑
2	5	Tania Spurling	Herts Phoenix AC	11.82			☑	2	11	Lauren Blackie	Blackheath & Bromley H & /	11.02		☑
3	8	Hannah Frankson	Woodford Green w Essex Lc	11.68			☑	3	55	Michelle Njagi	Herts Phoenix AC	10.81		☑
4	2	Tanine Nicholas	Enfield & Haringey AC	11.66			☑	4	22	Davinia Houston	Enfield & Haringey AC	10.81		☑
5	4	Kirsty Smith	Havering Mayesbrook	11.45			☑	5	44	Kathy Yoka	Havering Mayesbrook	9.80		
6	1	Jade Castell	Blackheath & Bromley H & /	11.02			☑	6	77	Ceri Jones	Windsor Slough Eton & Hou	9.19		
7	3	Chloe Flowers	Harrow AC	10.00			☑	7	88	Hannah Downs	Woodford Green w Essex Lc	9.00		
8	7	Jo Debs	Windsor Slough Eton & Hou	9.92				8	33	Claudia Tabony	Harrow AC	8.46		
Women's High Jump A								Women's High Jump B						
1	3	Eloise Newman	Harrow AC	1.63			☑	1	55	Danielle Currie	Herts Phoenix AC	1.50		
2	5	Tania Spurling	Herts Phoenix AC	1.60			☑	2	11	Rachel Arnheim	Blackheath & Bromley H & /	1.45		
3	7	Marika Reed	Windsor Slough Eton & Hou	1.55			☑	3	22	Margaret Akot	Enfield & Haringey AC	1.45		
4	1	Anna Smith	Blackheath & Bromley H & /	1.50				4	77	Jo Debs	Windsor Slough Eton & Hou	1.45		
5	8	Kristina Blackett	Woodford Green w Essex Lc	1.50				5	88	Hannah Downs	Woodford Green w Essex Lc	1.40		
6	2	Tanine Nicholas	Enfield & Haringey AC	1.45				6	33	Linzi Fairweather	Harrow AC	1.25		
7	6	Sarah Clifford	Shalfesbury Barnet H	1.35										
8	4	Chloe Van Wulven	Havering Mayesbrook	1.30										
Women's Pole Vault A								Women's Pole Vault B						
1	2	Jasmin Hicks	Enfield & Haringey AC	3.55			☑	1	88	Kirsty McIntosh	Woodford Green w Essex Lc	3.05		☑
2	8	Louise Shortland	Woodford Green w Essex Lc	3.20			☑	2	11	Emily Godley	Blackheath & Bromley H & /	2.90		☑
3	1	Rachel Arnheim	Blackheath & Bromley H & /	3.20			☑	3	22	Sarah Gibson	Enfield & Haringey AC	2.30		☑
4	6	Sarah Clifford	Shalfesbury Barnet H	3.05			☑	4	33	Gloria Daniels-Moss	Harrow AC	2.00		
5	7	Maxine Clarke	Windsor Slough Eton & Hou	2.90			☑	5	55	Danielle Currie	Herts Phoenix AC	1.85		
6	3	Beatrix Turner	Harrow AC	2.45			☑	6	77	Kiri Horwich	Windsor Slough Eton & Hou	1.70		
7	5	Laura Wake	Herts Phoenix AC	2.45			☑							
Women's 4x100m Relay														
1	2	Enfield & Haringey AC	Tanine Nicholas	Ruth Ann Watson	Rachel Telfer	Christal Robinson	49.6		☑					
2	6	Shalfesbury Barnet H	Renee Williams	Amanda Ranger	Nony Mordi	Sherene Doughty	49.9		☑					
3	1	Blackheath & Bromley H & AC	Sarah Harrison	Emily Martin	Emily Godley	Rebecca Syrocki	50.5		☑					
4	5	Herts Phoenix AC	Claire Jaggard	Zoe Delaney	Emily Stevens	Laura Wake	50.5		☑					
5	3	Harrow AC	Kelly Fairweather	Rachel Davies	Emma McGeehan	Chloe Flowers	50.6		☑					
6	8	Woodford Green w Essex Ladies	Kirsty McIntosh	Johnelle Gibbons	Hannah Frankson	Tara Bird	51.6		☑					
7	7	Windsor Slough Eton & Hounslo	Vicki Binns	Ashley Abraham	Lauren Betts-Bucks	Chinedu Monye	55.4							
8														

Southern Premier Match 2 - New River Stadium

Perf Record Wind AW 11 June 2006

Perf Wind AW

Women's 4x400m Relay

1	2	Enfield & Haringey AC	Anna Sharrock	Emma Rowley	Desola Bakre	Davinia Houston	04:03.9	<input checked="" type="checkbox"/>
2	8	Woodford Green w Essex Ladies	Hayley Ramos-Gonzalez	Catherine Sparke	Johnelle Gibbons	Tara Bird	04:04.6	<input checked="" type="checkbox"/>
3	4	Havering Mayesbrook	Helen Roche	Megan Foley	Robyn Delivett	Lauren Clark	04:07.7	<input checked="" type="checkbox"/>
4	7	Windsor Slough Eton & Hounslo	Vicki Binns	Nicola Jelly	Cassie Bardell	Emma Patten	04:13.3	<input checked="" type="checkbox"/>
5	3	Harrow AC	Linzi Fairweather	Chloe Flowers	Rachel Davies	Leigh Lattimore	04:14.1	<input checked="" type="checkbox"/>
6	1	Blackheath & Bromley H & AC	Katie Murray	Lauren Smith	Ella Fisher	Rebecca Syrocki	04:17.4	
7	5	Herts Phoenix AC	Emily Stevens	Michelle Njagi	Zoe Delaney	Claire Jaggard	04:24.1	
8	6	Shatfesbury Barnet H	Lucy Yates	Sophie Proffit	Amanda Bailey	Diane Purvis	04:33.5	

Women's 400m H (Non Scoring)

1	Kath Bardell	WSE & H	68.6
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Women's 200m (Non Scoring)

1	Marika Reed	WSE&H	27.3
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Women's 100m (Non Scoring)

1	Sherene Doughty	SBH	13.0
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Women's 1500m (Non Scoring)

1	Jessica Aitken	WSE&H	06:18.9
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Female Athlete of the Match

Victoria Thomas	51.47m
Blackheath & Bromley	Hammer

Women's Triple Jump (Non Scoring)

1	Desola Bakre	Enf & Haringey	10.52
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