

National Young Athletes' League, Southern Division 1East, Barking
3rd May 2009

Final result	U17M	U15B	U13B	U17W	U15G	U13G	Total
1st Havering Mayesbrook	110	69	66	88	69.5	30	462.5 pts
2nd Southend on Seas AC	44	78	25	73	45	49	324 pts
3rd Herts P	61	22	28	19	37.5	34	217.5 pts
4th Epsom & Ewell	41	12	9	40	49	34	199 pts

Under 17 Girls

Event	"A" STRING	RESULT	POS	"B" STRING	RESULT	POS
100m	Holly Thomas	12.8 PB	1	Nicola Peachey	14.0	3
200m	Kelly Jarrold	29.4	4	Shelley Wilson	30.4	3
300m	Kelly Jarrold	48.2	3	Jess Seekings	49.6	1
800m	Michelle Lovell	2:49.7	3			
1500m	Sharmila Golan	5:46.0	1	Michelle Lovell	6:14.2	1
3000m	--					
80m H	Holly Thomas	11.9 PB	1	Nicola Peachey	13.1 PB	2
300m H	Nicola Peachey	50.1 PB	2	Jess Seekings	54.4 PB	1
High J	--					
Long J	Holly Thomas	4.71	1	Shelley Wilson	3.48	2
Triple J	Kelly Jarrold	9.32	1	Kike Oniwinde	7.94	1
Pole V	--					
Shot	Kike Oniwinde	8.87	2	Sophie Baggs	7.70	2
Discus	Sophie Baggs	28.49	1	Katherine Knight	25.54	1
Javelin	Kike Oniwinde	39.33	1	Katherine Knight	13.93	1
Hammer	Katherine Knight	20.48	1	Sophie Baggs	7.02	1
4x100mR	Shelley, Holly, Sophie, Nicola				56.8	3
4 x 300m	Michelle, Jess, Sharmila, Kelly				3:25.5	3

Under 15 Girls

Event	"A" STRING	RESULT	POS	"B" STRING	RESULT	POS
100m	Bethany Chambers	13.5 PB	2	Lucy Allen	13.6 PB	1
200m	Lucy Allen	28.7	4	Sophie Reynolds	30.0	3
800m	Becky Stanley	2:35.2 PB	1	Shannon Sullivan	2:51.6	1
1500m	Avril Loynes	5:20.5 PB	1	Lindsay McLachlan	5:55.4	2
75m H	Rylie Trott	12.7	2	Deborah Knight	13.2	1
Long J	Lauren Brockes	4.22 PB	2	Grace Duffey	3.53	2
High J	Lauren Brockes	1.25 PB	2	Michelle Fashanu	1.20	1
Shot	Deborah Knight	7.97	1	Erin Baggs	6.23	2
Discus	Grace Duffey	16.89	2	Erin Baggs	16.46	1
Javelin	Deborah Knight	26.58	1	Rylie Trott	13.77	2
4x100mR	Bethany, Deborah, Rylie, Lucy				55.2	1

Under 13 Girls

Event	"A" STRING	RESULT	POS	"B" STRING	RESULT	POS
75m	Tomi Akingbade	10.9 = PB	3	Mercy Gutteridge	11.9	1
150m	Tomi Akingbade	21.6 = PB	3			
800m	Amy Murphy	3:19.8	4	Victoria Kersey	3:32.1	4
1200m	Lydia Hallam	4:23.3 PB	1	Rebecca Christmas PB	4:32.9	1
70m H						
Long J	Mercy Gutteridge	3.70	2	Victoria Kersey	2.63	3
High J						
Shot	Rebecca Fox	5.65	3	Thiziri Dendami	4.81	2
4x100m R	Thiziri, Tomi, Mercy, Rebecca F				62.0	3

Under 17 Men

Event	'A' String	Result	Pos	'B' String	Result	Pos
100m	Jordan Brown	11.7 PB	2	Jack Edgar-Hill	11.9 PB	1
200m	Terry Hughes	24.5 PB	2	Adam Samuel	24.6 PB	2
400m	Adam Samuel	57.4	3	Michael Lewis	59.1	2
800m	Massi Dendami	2:12.0	3	Liam Bush	2:17.8	2
1500m	Chris Hyde	5:02.5	3	Jon Seekings	5:40.9	2
3000m	Adam Edwards	9:58.8 PB	2	Ross Earney	11:18.4	1
100m H	Jack Edgar-Hill	14.1 =PB	1	Jake Nelson	15.6 PB	1
400mH	Glen Wileman	78.5 PB	2	Jon Seekings	79.9	1
1500m SC	Adam Wileman	5:59.7	1	Ross Earney	7:22.6	1
High Jump	Jake Nelson	1.60	2	Terry Hughes	1.55	1
Long Jump	Jordan Brown	5.52	2	Jake Nelson	5.20	1
Triple Jump	Terry Hughes	11.30	2	Adam Wileman	10.62	1
Shot	Laurence Goodacre	13.38	1	Bradley Burr	10.53	1
Discus	Laurence Goodacre	39.90	1	Bradley Burr	26.39	1
Hammer	Lewis Williams	36.05 PB	3	Glen Wileman	5.67	1
Javelin	Bradley Burr	54.30	1	Laurence Goodacre	39.37 PB	1
4x100m R	Jordan, Adam, Jack, Terry				46.8	1
4x400m R	Massi, Jack, Bradley, Jake				3:58.0	2

Under 15 Boys

100m	Ryan Blake	12.8	2	Dan Wood	14.2	2
200m	Tyler Bennett	27.6 PB	3	Fred Mokoso	27.9 PB	2
400m	Tyler Bennett	61.7 PB	3	Josh Conners	64.5	1
800m	Hoseah Gikungu	2:25.5 PB	2	Finbar Smyth	2:28.0	1
1500m	Josh Conners	4:53.3	1			
80m H	Dan Wilson	14.0	2	Nick Duffey	16.6 PB	1
High Jump	Lee Jarrold	1.40	2	Finbar Smyth	1.35	2
Long Jump	--					
Pole Vault	--					
Shot	Lee Jarrold	6.10	3	Finbar Smyth	1.35	2
Discus	Dan Wilson	36.00	1	Nick Duffey	23.77 PB	1
Hammer	--					
Javelin						
4x100m R	Dan Wilson, Fred, Ryan, Dan Wood				53.7	2
4x400m R	Hoseah, Josh, Finbar, Tyler				4:13.2	1

Under 13 Boys

100m	Nathan Jackson	13.3 PB	1	James Wright	15.2	2
200m	Nathan Jackson	27.1 PB	1	Sean Wilson	30.1	1
800m	Freddy Keefe	2:21.3 PB	1	Jordan Fox	2:37.4 PB	1
1500m	Sean Wilson	5:36.9	2	Charles Hammond	5:55.1	1
75m Hurdles	Alex Law	12.6 PB	1	Chris Gell	15.8 PB	1
Long Jump	Alex Law	4.50	1	Jordan Fox	4.32 PB	1
High Jump	Charles Hammond	1.22	1	Chris Gell	1.13	1
Shot	Alex Law	8.00	1	Nathan Jackson	8.00	1
4x100m R	Nathan J, Chris, Sean, Jordan F				57.2	1