

UKA: National Young Athletes League 2009

<http://www.natyal.co.uk>



Southern 1 - East Mayesbrook Park

Sunday, May 03 2009

		Perf	Wind	Records	Grade			Perf	Grades
T32 U17M 100m 'A'		Wind=				U17M 100m 'B'		Wind=	
1	19 Ayrron Armstrong	Herts Phoenix AC	11.3		G2*	1	16 Jack Edgar-Hill	Havering Mayesbrook	11.9 G4
2	15 Jordan Brown	Havering Mayesbrook	11.7		G3*	2	12 Brett Theoldald	Epsom & Ewell Harri	13.0
3	11 Ollie Perchard	Epsom & Ewell Harri	12.4			3			
4						4			
T8 U17M 200m 'A'		Wind=				U17M 200m 'B'		Wind=	
1	20 Ayrron Armstrong	Herts Phoenix AC	23.4		G2*	1	19 Simon Wake	Herts Phoenix AC	23.5 G2*
2	16 Terry Hughes	Havering Mayesbrook	24.5		G4	2	15 Adam Samuel	Havering Mayesbrook	24.6 G4
3	11 Godfrey Pangispan	Epsom & Ewell Harri	24.6		G4	3	12 Ollie Perchard	Epsom & Ewell Harri	25.1
4	29 Harry Grose	Southend-on-Sea AC	25.8			4			
T25 U17M 400m 'A'						U17M 400m 'B'			
1	19 Andrew Walshe	Herts Phoenix AC	52.3		G2*	1	30 Alex Stapleton	Southend-on-Sea AC	57.5
2	29 Liam Peoples	Southend-on-Sea AC	56.2		G4	2	16 Michael Lewis	Havering Mayesbrook	59.1
3	15 Adam Samuel	Havering Mayesbrook	57.4			3	20 Matthew Gibson	Herts Phoenix AC	59.7
4	11 Jack Stevenson	Epsom & Ewell Harri	58.8			4	12 James Bixley	Epsom & Ewell Harri	61.9
T14 U17M 800m 'A'						U17M 800m 'B'			
1	11 Stefan Richards	Epsom & Ewell Harri	02:04.1		G3*	1	12 Jack Stevenson	Epsom & Ewell Harri	02:12.6
2	19 Tom Barfoot	Herts Phoenix AC	02:10.6		G4	2	16 Liam Bush	Havering Mayesbrook	02:17.8
3	15 Massi Dendami	Havering Mayesbrook	02:12.0			3	20 Matthew Gibson	Herts Phoenix AC	02:23.2
4						4			
T37 U17M 1500m 'A'						U17M 1500m 'B'			
1	19 Tom Barfoot	Herts Phoenix AC	04:35.3		G4	1	12 James Bixley	Epsom & Ewell Harri	05:06.8
2	11 Ollie Garrod	Epsom & Ewell Harri	04:41.5			2	16 Jon Seekings	Havering Mayesbrook	05:40.9
3	15 Chris Hyde	Havering Mayesbrook	05:02.5			3			
4						4			
T16 U17M 3000m 'A'						U17M 3000m 'B'			
1	11 Ollie Garrod	Epsom & Ewell Harri	09:55.1		G4	1	16 Ross Earney	Havering Mayesbrook	11:18.4
2	15 Adam Edwards	Havering Mayesbrook	09:58.8		G4	2			
3	29 Harris Foster-Carter	Southend-on-Sea AC	11:06.9			3			
4						4			
T2 U17M 400mH 'A'						U17M 400mH 'B'			
1	11 Martin Lay	Epsom & Ewell Harri	64.4		G4	1	16 Jon Seekings	Havering Mayesbrook	79.9
2	15 Glen Wileman	Havering Mayesbrook	78.5			2			
3						3			
4						4			
T23 U17M 100mH 'A'		Wind=				U17M 100mH 'B'		Wind=	
1	15 Jack Edgar-Hill	Havering Mayesbrook	14.1		G2*	1	16 Jake Nelson	Havering Mayesbrook	15.6 G4
2	29 Callum McLean	Southend-on-Sea AC	16.0		G4	2			
3						3			
4						4			
T44 U17M 1500m S/Chase 'A'						U17M 1500m S/Chase 'B'			
1	15 Ross Earney	Havering Mayesbrook	05:59.7			1	16 Adam Wileman	Havering Mayesbrook	07:22.6
2						2			
3						3			
4						4			

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	Perf	Wind	Records	Grades		Perf	Grades	
F2 U17M 5k Hammer 'A'					U17M 5k Hammer 'B'			
1	19 Richard Humphries	Herts Phoenix AC	51.50	G2*	1	20 Andrew Walshe	Herts Phoenix AC	23.93
2	29 Tom Jeffs	Southend-on-Sea AC	47.96	G2*	2	16 Glen Wileman	Havering Mayesbroc	5.67
3	15 Lewis Williams	Havering Mayesbroc	36.05	G3	3			
4					4			
F9 U17M 1.5k Discus 'A'					U17M 1.5k Discus 'B'			
1	15 Laurence Goodacre	Havering Mayesbroc	39.90	G2*	1	16 Bradley Burr	Havering Mayesbroc	26.39 G4
2	19 Richard Humphries	Herts Phoenix AC	32.77	G3	2	29 Alex Stapleton	Southend-on-Sea AC	9.96
3	30 Harry Grose	Southend-on-Sea AC	16.60		3			
4					4			
F22 U17M 5k Shot 'A'					U17M 5k Shot 'B'			
1	15 Laurence Goodacre	Havering Mayesbroc	13.38	G2*	1	16 Bradley Burr	Havering Mayesbroc	10.53 G4
2	29 Tom Jeffs	Southend-on-Sea AC	9.98	G4	2	20 Andrew Walshe	Herts Phoenix AC	8.71
3	19 Richard Humphries	Herts Phoenix AC	9.46		3			
4					4			
F32 U17M 700g Javelin 'A'					U17M 700g Javelin 'B'			
1	15 Bradley Burr	Havering Mayesbroc	54.30	G1*	1	16 Laurence Goodacre	Havering Mayesbroc	39.37 G3
2	29 Liam Peoples	Southend-on-Sea AC	44.28	G3	2	30 Callum McLean	Southend-on-Sea AC	34.79 G4
3	19 Simon Wake	Herts Phoenix AC	37.20	G4	3			
4	11 Martin Lay	Epsom & Ewell Harri	34.62	G4	4			
F13 U17M Pole Vault 'A'					U17M Pole Vault 'B'			
1	19 Tim Warner	Herts Phoenix AC	3.15	G4*				
F29 U17M High Jump 'A'					U17M High Jump 'B'			
1	29 Harry Grose	Southend-on-Sea AC	1.60	G4	1	16 Terry Hughes	Havering Mayesbroc	1.55
2	15 Jake Nelson	Havering Mayesbroc	1.60	G4				
3	11 Martin Lay	Epsom & Ewell Harri	1.50					
F17 U17M Long Jump 'A'					U17M Long Jump 'B'			
1	29 Liam Peoples	Southend-on-Sea AC	5.61	G3	1	16 Jake Nelson	Havering Mayesbroc	5.20 G4
2	15 Jordan Brown	Havering Mayesbroc	5.52	G4	2	30 Tom Jeffs	Southend-on-Sea AC	5.16 G4
3	19 Simon Wake	Herts Phoenix AC	5.10		3	20 Matthew Gibson	Herts Phoenix AC	4.43
4					4			
F34 U17M Triple Jump 'A'					U17M Triple Jump 'B'			
1	19 Ayrron Armstrong	Herts Phoenix AC	11.59	G4	1	16 Adam Wileman	Havering Mayesbroc	10.62
2	15 Terry Hughes	Havering Mayesbroc	11.30	G4	2			
3					3			
4					4			

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	Perf	Wind	Recor ds	Grade		Perf	Grades		
T30 U15B 100m 'A'				Wind=	U15B 100m 'B'				Wind=
1	29 Tom Watts	Southend-on-Sea AC	12.3	G3*	1	30 Kyle Marshall	Southend-on-Sea AC	12.6	G4*
2	15 Ryan Blake	Havering Mayesbroc	12.8	G4*	2	16 Dan Wood	Havering Mayesbroc	14.2	
3	19 Elliott Walker	Herts Phoenix AC	14.5		3				
4					4				
T6 U15B 200m 'A'				Wind=	U15B 200m 'B'				Wind=
1	11 Jacob Paul	Epsom & Ewell Harri	24.6	G2*	1	30 Scott Tansley	Southend-on-Sea AC	26.1	G4
2	29 Kyle Marshall	Southend-on-Sea AC	25.2	G3*	2	16 Fred Mokoso	Havering Mayesbroc	27.9	
3	15 Tyler Bennett	Havering Mayesbroc	27.6		3				
4	19 Elliott Walker	Herts Phoenix AC	29.4		4				
T24 U15B 400m 'A'					U15B 400m 'B'				
1	11 Jacob Paul	Epsom & Ewell Harri	54.5	G2*	1	16 Josh Conners	Havering Mayesbroc	64.5	
2	29 Alex Masterson	Southend-on-Sea AC	57.4	G3	2				
3	15 Tyler Bennett	Havering Mayesbroc	61.7		3				
4	19 Jack Harvey	Herts Phoenix AC	67.6		4				
T12 U15B 800m 'A'					U15B 800m 'B'				
1	30 Callum Pasterfield	Southend-on-Sea AC	02:23.6		1	15 Finbar Smyth	Havering Mayesbroc	02:28.0	
2	16 Hoseah Gikungu	Havering Mayesbroc	02:25.5		2	29 Joe Beard	Southend-on-Sea AC	02:28.0	
3	20 Laurence Shepley	Herts Phoenix AC	02:35.7		3	19 Jack Harvey	Herts Phoenix AC	02:38.9	
4					4				
T35 U15B 1500m 'A'					U15B 1500m 'B'				
1	15 Josh Conners	Havering Mayesbroc	04:53.3	G4	1				
2	11 Charlie Douglas	Epsom & Ewell Harri	05:18.3		2				
3					3				
4					4				
T21 U15B 80mh 'A'				Wind=	U15B 80mh 'B'				Wind=
1	29 Tom Watts	Southend-on-Sea AC	12.4	G2*	1	16 Nick Duffey	Havering Mayesbroc	16.6	
2	15 Dan Wilson	Havering Mayesbroc	14.0	G4	2				
3					3				
4					4				
F1 U15B 4k Hammer 'A'					U15B 4k Hammer 'B'				
1	29 Ashley Dean	Southend-on-Sea AC	19.07		1				
2					2				
3					3				
4					4				
F8 U15B 1.25k Discus 'A'					U15B 1.25k Discus 'B'				
1	15 Dan Wilson	Havering Mayesbroc	36.00	G1*	1	16 Nick Duffey	Havering Mayesbroc	23.77	G4
2	19 Ed Rowbottom	Herts Phoenix AC	29.31	G3	2	30 Jake Inwood	Southend-on-Sea AC	17.97	
3	29 Callum Pasterfield	Southend-on-Sea AC	18.06		3				
4					4				
F23 U15B 4.00k Shot 'A'					U15B 4.00k Shot 'B'				
1	19 Ed Rowbottom	Herts Phoenix AC	9.70	G4	1	30 Callum Pasterfield	Southend-on-Sea AC	6.50	
2	29 Kyle Marshall	Southend-on-Sea AC	8.60		2	16 Finbar Smyth	Havering Mayesbroc	5.84	
3	15 Lee Jarrod	Havering Mayesbroc	6.10		3	20 Laurence Shepley	Herts Phoenix AC	4.78	
4					4				
F33 U15B 600g Javelin 'A'					U15B 600g Javelin 'B'				
1	15 Patrick Lear	Havering Mayesbroc	34.92	G3	1	16 Dan Wilson	Havering Mayesbroc	26.28	
2	30 Oliver Woodhouse	Southend-on-Sea AC	25.26		2	29 Oliver Kyriakides	Southend-on-Sea AC	19.72	
3	19 Jack Harvey	Herts Phoenix AC	18.77		3				
4	11 Jacob Paul	Epsom & Ewell Harri	16.71		4				

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Perf
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F16 U15B Long Jump 'A'

1	29	Scott Tansley	Southend-on-Sea AC	4.62
2	19	Elliott Walker	Herts Phoenix AC	3.97
3				
4				

U15B Long Jump 'B'

1	30	Oliver Kyriakides	Southend-on-Sea AC	4.41
2				
3				
4				

F28 U15B High Jump 'A'

1	29	Tom Watts	Southend-on-Sea AC	1.45	G4
2	15	Lee Jarrold	Havering Mayesbroc	1.40	

U15B High Jump 'B'

1	30	Joe Beard	Southend-on-Sea AC	1.40
2	16	Finbar Smyth	Havering Mayesbroc	1.35

F12 U15B Pole Vault 'A'

1	29	Rob Frith	Southend-on-Sea AC	2.30	G4
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U15B Pole Vault 'B'

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	Perf	Wind	Records	Grade		Perf	Wind	Records	Grade
T28 U13B 100m 'A'					U13B 100m 'B'				
	Wind=					Wind=			
1	15 Nathan Jackson	Havering Mayesbroc	13.3	G2*	1	19 James Hall	Herts Phoenix AC	14.3	G4
2	20 Jamie Jones	Herts Phoenix AC	14.2	G4	2	16 James Wright	Havering Mayesbroc	15.2	
3	29 Luke Saville	Southend-on-Sea AC	14.7		3				
4					4				
T4 U13B 200m 'A'					U13B 200m 'B'				
	Wind=					Wind=			
1	15 Nathan Jackson	Havering Mayesbroc	27.1	G2*	1	16 Sean Wilson	Havering Mayesbroc	30.1	G4
2	29 Luke Saville	Southend-on-Sea AC	29.5	G4	2	30 Edward Morgan	Southend-on-Sea AC	34.6	
3	19 -	Herts Phoenix AC	29.9	G4	3				
4					4				
T10 U13B 800m 'A'					U13B 800m 'B'				
1	15 Freddy Keefe	Havering Mayesbroc	02:21.3	G1*	1	16 Jordan Fox	Havering Mayesbroc	02:37.4	G4
2	19 Sam Jones	Herts Phoenix AC	02:34.6	G4	2	12 Connor Perchard	Epsom & Ewell Harri	02:54.0	
3	11 Nathan Inkertser	Epsom & Ewell Harri	02:36.9	G4	3	30 Harry Hoskyns-Staples	Southend-on-Sea AC	02:58.9	
4	29 Zach Inwood	Southend-on-Sea AC	02:43.1		4				
T33 U13B 1500m 'A'					U13B 1500m 'B'				
1	29 Josh Mann	Southend-on-Sea AC	05:05.2	G3	1	16 Charles Hammond	Havering Mayesbroc	05:55.1	
2	15 Sean Wilson	Havering Mayesbroc	05:36.9		2				
3	11 Alfie Douglas	Epsom & Ewell Harri	06:41.9		3				
4					4				
T17 U13B 75mh 'A'					U13B 75mh 'B'				
	Wind=					Wind=			
1	15 Alex Law	Havering Mayesbroc	12.6	G1*	1	16 Chris Gell	Havering Mayesbroc	15.8	G4
2	19 William Swinburne	Herts Phoenix AC	15.9	G4	2				
3					3				
4					4				
F15 U13B 3.25k Shot 'A'					U13B 3.25k Shot 'B'				
1	15 Alex Law	Havering Mayesbroc	8.00	G3	1	16 Nathan Jackson	Havering Mayesbroc	8.00	G3
2	29 Zach Inwood	Southend-on-Sea AC	5.26		2	20 Sam Jones	Herts Phoenix AC	4.78	
3	19 James Hall	Herts Phoenix AC	5.00		3	30 Edward Morgan	Southend-on-Sea AC	3.39	
4					4				
F25 U13B Long Jump 'A'					U13B Long Jump 'B'				
1	15 Alex Law	Havering Mayesbroc	4.50	G2*	1	16 Jordan Fox	Havering Mayesbroc	4.32	G3
2	29 Luke Saville	Southend-on-Sea AC	3.91	G4	2	20 Sam Jones	Herts Phoenix AC	3.57	
3	19 James Hall	Herts Phoenix AC	3.80	G4	3	30 Zach Inwood	Southend-on-Sea AC	3.50	
4	12 Nathan Inkertser	Epsom & Ewell Harri	3.50		4	11 Connor Perchard	Epsom & Ewell Harri	3.10	
F6 U13B High Jump 'A'					U13B High Jump 'B'				
1	16 Charles Hammond	Havering Mayesbroc	1.22	G4	1	15 Chris Gell	Havering Mayesbroc	1.13	

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	Perf	Wind	Records	Grades		Perf	Wind	Records	Grades
T31 U17W 100m 'A'		Wind=			U17W 100m 'B'		Wind=		
1 15 Holly Thomas	12.8		G2*		1 30 Leanne McCrory	13.8			
2 29 Sian McCrory	13.1		G3		2 12 Claire McCourt	13.8			
3 11 Amy Quaile	13.6				3 16 Nicola Peachey	14.0			
4					4				
T7 U17W 200m 'A'		Wind=			U17W 200m 'B'		Wind=		
1 11 Jessie Knight	25.6		G1*		1 12 Amy Quaile	27.6		G4	
2 19 Millie Phelan	27.3		G4		2 30 Meg Kelly	28.7			
3 29 Alex Dean	27.7		G4		3 16 Shelley Wilson	30.4			
4 15 Kelly Jarrold	29.4				4				
T26 U17W 300m 'A'					U17W 300m 'B'				
1 11 Jessie Knight	41.3		G1*		1 16 Jess Seekings	49.6			
2 29 Bianca Ashbrook	45.7		G4		2 30 Amelia Kyriakides	49.8			
3 15 Kelly Jarrold	48.2				3				
4					4				
T13 U17W 800m 'A'					U17W 800m 'B'				
1 29 Natalie Woodhouse	02:31.5		G4		1 30 Amelia Kyriakides	02:45.7			
2 11 Tara Frost	02:46.4				2				
3 15 Michelle Lovell	02:49.7				3				
4					4				
T36 U17W 1500m 'A'					U17W 1500m 'B'				
1 15 Sharmila Golan	05:46.0				1 16 Michelle Lovell	06:14.2			
2					2				
3					3				
4					4				
T19 U17W 3000m 'A'					U17W 3000m 'B'				
1 96 No Competitors Declared					1				
2					2				
3					3				
4					4				
T20 U17W 80m 'A'		Wind=			U17W 80m 'B'		Wind=		
1 15 Holly Thomas	11.9		G1*		1 30 Natalie Woodhouse	12.8		G3*	
2 29 Eleanor Evans	12.1		G2*		2 16 Nicola Peachey	13.1		G4	
3					3				
4					4				
T1 U17W 300mH 'A'					U17W 300mH 'B'				
1 29 Felicity Clarke	46.4		G2*		1 16 Jess Seekings	54.4			
2 15 Nicola Peachey	50.1		G4		2				
3					3				
4					4				

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F3 U17W 4k Hammer 'A'				U17W 4k Hammer 'B'						
1	15	Katherine Knight	Havering Mayesbroc	20.48	G4	1	16	Sophie Baggs	Havering Mayesbroc	7.02
2						2				
3						3				
4						4				
F20 U17W 1.0k Discus 'A'				U17W 1.0k Discus 'B'						
1	15	Sophie Baggs	Havering Mayesbroc	28.49	G2*	1	16	Katherine Knight	Havering Mayesbroc	25.54 G3
2	19	Sarah Miller	Herts Phoenix AC	22.30	G3	2	29	Alex Dean	Southend-on-Sea AC	20.18 G4
3	30	Molly Short	Southend-on-Sea AC	21.62	G4	3	11	Amal Bekkale	Epsom & Ewell Harri	16.60
4	12	Hannah Shephard	Epsom & Ewell Harri	16.81		4				
F31 U17W 4k Shot 'A'				U17W 4k Shot 'B'						
1	29	Molly Short	Southend-on-Sea AC	9.25	G2*	1	16	Sophie Baggs	Havering Mayesbroc	7.70 G4
2	15	Kike Oniwinde	Havering Mayesbroc	8.87	G2	2	12	Amal Bekkale	Epsom & Ewell Harri	5.85
3	19	Sarah Miller	Herts Phoenix AC	8.85	G2	3	30	Bianca Ashbrook	Southend-on-Sea AC	5.44
4	11	Hannah Shephard	Epsom & Ewell Harri	6.76	G4	4				
F26 U17W 600g Javelin 'A'				U17W 600g Javelin 'B'						
1	15	Kike Oniwinde	Havering Mayesbroc	39.33	G1*	1	19	Millie Phelan	Herts Phoenix AC	17.35
2	20	Sarah Miller	Herts Phoenix AC	25.66	G3	2	16	Katherine Knight	Havering Mayesbroc	13.93
3	29	Molly Short	Southend-on-Sea AC	21.45	G4	3	30	Felicity Clarke	Southend-on-Sea AC	13.30
4	11	Amal Bekkale	Epsom & Ewell Harri	20.17		4	12	Hannah Shephard	Epsom & Ewell Harri	10.20
F5 U17W Long Jump 'A'				U17W Long Jump 'B'						
1	15	Holly Thomas	Havering Mayesbroc	4.71	G3	1	30	Amelia Kyriakides	Southend-on-Sea AC	3.65
2	29	Sian McCrory	Southend-on-Sea AC	4.55	G4	2	16	Shelley Wilson	Havering Mayesbroc	3.48
3	11	Tara Frost	Epsom & Ewell Harri	3.81		3				
4						4				
F35 U17W Triple Jump 'A'				U17W Triple Jump 'B'						
1	15	Kelly Jarrold	Havering Mayesbroc	9.32	G4*	1	16	Kike Oniwinde	Havering Mayesbroc	7.94
2						2				
3						3				
4						4				
F19 U17W High Jump 'A'				U17W High Jump 'B'						
1	19	Millie Phelan	Herts Phoenix AC	1.55	G3*	1	30	Natalie Woodhouse	Southend-on-Sea AC	1.45 G4
2	29	Eleanor Evans	Southend-on-Sea AC	1.50	G4					
3	11	Amy Quaile	Epsom & Ewell Harri	1.40						
F11 U17W Pole Vault 'A'				U17W Pole Vault 'B'						
1	96	No Competitors Declared								

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T29 U15G 100m 'A'				U15G 100m 'B'				
	Wind=					Wind=		
1	29 Becky Withams	Southend-on-Sea AC	13.4	G3	1	15 Lucy Allen	Havering Mayesbrooc	13.6 G4
2	16 Bethany Chambers	Havering Mayesbrooc	13.5	G3	2	11 Laura Reilly	Epsom & Ewell Harri	13.8 G4
3	12 Ilana Marismri	Epsom & Ewell Harri	13.8	G4	3	30 Roni Hause	Southend-on-Sea AC	14.2
4	19 Isabella Cacciatore	Herts Phoenix AC	13.9	G4	4	20 Whitney Bryn	Herts Phoenix AC	14.3
T5 U15G 200m 'A'				U15G 200m 'B'				
	Wind=					Wind=		
1	29 Becky Withams	Southend-on-Sea AC	27.8	G3	1	12 Hayley Lamkin	Epsom & Ewell Harri	28.3 G4
2	11 Eloise Robini	Epsom & Ewell Harri	27.9	G3	2	20 Whitney Bryn	Herts Phoenix AC	29.6
3	19 Isabella Cacciatore	Herts Phoenix AC	28.3	G4	3	16 Sophie Reynolds	Havering Mayesbrooc	30.0
4	15 Lucy Allen	Havering Mayesbrooc	28.7	G4	4	30 Molly Short	Southend-on-Sea AC	30.4
T11 U15G 800m 'A'				U15G 800m 'B'				
1	15 Becky Stanley	Havering Mayesbrooc	02:35.2	G4	1	16 Shannon Sullivan	Havering Mayesbrooc	02:51.6
2	29 Sunisa Sangeon	Southend-on-Sea AC	02:35.8	G4	2	12 Lucy Baber	Epsom & Ewell Harri	03:03.0
3	19 Helena Page	Herts Phoenix AC	02:37.6	G4	3	30 Emily Crow	Southend-on-Sea AC	03:06.4
4	11 Shona Richards	Epsom & Ewell Harri	02:46.1		4			
T34 U15G 1500m 'A'				U15G 1500m 'B'				
1	15 Avril Loynes	Havering Mayesbrooc	05:20.5	G4	1	30 Alex Morgan	Southend-on-Sea AC	05:50.4
2	29 Chloe Williams	Southend-on-Sea AC	05:27.7	G4	2	16 Lindsay McLachlan	Havering Mayesbrooc	05:55.4
3	11 Ellie Pollock	Epsom & Ewell Harri	06:28.8		3			
4					4			
T18 U15G 75mh 'A'				U15G 75mh 'B'				
	Wind=					Wind=		
1	11 Ashling Edward	Epsom & Ewell Harri	12.3	G2*	1	16 Deborah Knight	Havering Mayesbrooc	13.2 G4
2	15 Rylie Trott	Havering Mayesbrooc	12.7	G3*	2	12 Shona Richards	Epsom & Ewell Harri	13.3 G4
3	29 Becky Withams	Southend-on-Sea AC	13.3	G4	3	30 Hayley Lamkin	Southend-on-Sea AC	17.3
4	19 Hannah Trionia	Herts Phoenix AC	17.8		4			
F4 U15G Long Jump 'A'				U15G Long Jump 'B'				
1	29 Emily Crow	Southend-on-Sea AC	4.33	G4	1	30 Sunisa Sangeon	Southend-on-Sea AC	3.72
2	15 Lauren Brockes	Havering Mayesbrooc	4.22	G4	2	16 Grace Duffey	Havering Mayesbrooc	3.53
3	11 Lucy Baber	Epsom & Ewell Harri	3.85		3	12 Maisie Grant	Epsom & Ewell Harri	3.47
4	19 Isabella Cacciatore	Herts Phoenix AC	3.54		4	20 Hannah Trionia	Herts Phoenix AC	3.18
F18 U15G High Jump 'A'				U15G High Jump 'B'				
1	11 Beth Quaife	Epsom & Ewell Harri	1.40	G4	1	15 Michelle Fashanu	Havering Mayesbrooc	1.20
2=	20 Helena Page	Herts Phoenix AC	1.25		2	19 Charlie Small	Herts Phoenix AC	1.15
2=	16 Lauren Brockes	Havering Mayesbrooc	1.25					
4	29 Sunisa Sangeon	Southend-on-Sea AC	1.20					
F10 U15G Pole Vault 'A'				U15G Pole Vault 'B'				
1	96 No Competitors Declared							

* = AW Standards

UKA: National Young Athletes League 2009

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Southern 1 - East Mayesbrook Park

Sunday, May 03 2009

	Perf	Wind	Records	Grade		Perf	Grade				
F21 U15G 1.00k Discus 'A'					U15G 1.00k Discus 'B'						
1	19	Ellie Hawkins	Herts Phoenix AC	18.38	G4	1	15	Erin Baggs	Havering Mayesbrooc	16.46	G4
2	16	Grace Duffey	Havering Mayesbrooc	16.89	G4	2	20	Natasha Hadley	Herts Phoenix AC	14.79	
3	29	Roni Hause	Southend-on-Sea AC	15.18	G4	3	12	Paige Royston	Epsom & Ewell Harri	12.71	
4	11	Eloise Robini	Epsom & Ewell Harri	13.72		4	30	Chloe Williams	Southend-on-Sea AC	9.28	
F27 U15G 600g Javelin 'A'					U15G 600g Javelin 'B'						
1	15	Deborah Knight	Havering Mayesbrooc	26.58	G2*	1	19	Ellie Hawkins	Herts Phoenix AC	14.02	
2	20	Charlie Small	Herts Phoenix AC	21.74	G3	2	16	Rylie Trott	Havering Mayesbrooc	13.77	
3	11	Beth Quaife	Epsom & Ewell Harri	18.33	G4	3	12	Maisie Grant	Epsom & Ewell Harri	8.64	
4	30	Chloe Williams	Southend-on-Sea AC	8.43		4	29	Alex Morgan	Southend-on-Sea AC	2.33	
F30 U15G 3.25k Shot 'A'					U15G 3.25k Shot 'B'						
1	15	Deborah Knight	Havering Mayesbrooc	7.97	G3	1	12	Ilana Marismri	Epsom & Ewell Harri	6.28	
2	20	Natasha Hadley	Herts Phoenix AC	7.59	G4	2	16	Erin Baggs	Havering Mayesbrooc	6.23	
3	11	Shona Richards	Epsom & Ewell Harri	6.87	G4	3	19	Ellie Hawkins	Herts Phoenix AC	6.10	
4	29	Roni Hause	Southend-on-Sea AC	6.61	G4	4	30	Hayley Lamkin	Southend-on-Sea AC	5.53	

*= AW Standards

UKA: National Young Athletes League 2009

<http://www.natyal.co.uk>Southern 1 - East Maysbrook Park

		Perf	Wind	Records	Grade			Perf	Grades		
						<u>Sunday, May 03 2009</u>					
T27 U13G 75m 'A'		Wind=				U13G 75m 'B'		Wind=			
1	29 Charlene Kudvidza	Southend-on-Sea AC	10.4	G1*	1	16 Mercy Gutteridge	Havering Mayesbrook	11.9			
2	19 Adunni Braithwaite	Herts Phoenix AC	10.5	G2*	2	20 Laura Armorgie	Herts Phoenix AC	12.0			
3	15 Tomi Akingbade	Havering Mayesbrook	10.9	G3*	3	12 Morgan Bentley	Epsom & Ewell Harri	12.0			
4	11 Alexandra Potts	Epsom & Ewell Harri	11.9		4						
T3 U13G 150m 'A'		Wind=				U13G 150m 'B'		Wind=			
1	19 Adunni Braithwaite	Herts Phoenix AC	21.0	G2*	1	12 Morgan Bentley	Epsom & Ewell Harri	23.5			
2	29 Abigail Frith	Southend-on-Sea AC	21.3	G3*	2						
3	15 Tomi Akingbade	Havering Mayesbrook	21.6	G3*	3						
4	11 Alexandra Potts	Epsom & Ewell Harri	23.4		4						
T9 U13G 800m 'A'						U13G 800m 'B'					
1	19 Megan Breen	Herts Phoenix AC	02:41.7	G3	1	11 Mollie Murphy	Epsom & Ewell Harri	02:58.8			
2	29 Emma Jarvis	Southend-on-Sea AC	02:43.0	G4	2	30 Imogen Hoskins-Staplet	Southend-on-Sea AC	03:00.3			
3	12 Phoebe Scott	Epsom & Ewell Harri	02:56.4		3	20 Tara Proctor	Herts Phoenix AC	03:04.2			
4	15 Amy Murphy	Havering Mayesbrook	03:19.8		4	16 Victoria Kersey	Havering Mayesbrook	03:32.1			
T22 U13G 1200m 'A'						U13G 1200m 'B'					
1	15 Lydia Hallam	Havering Mayesbrook	04:23.3	G4	1	16 Rebecca Christmas	Havering Mayesbrook	04:32.9	G4		
2	29 Lucy Kidnell	Southend-on-Sea AC	04:25.1	G4	2						
3	11 Amy Curren	Epsom & Ewell Harri	04:32.0	G4	3						
4	19 Ellie Baker	Herts Phoenix AC	04:33.0	G4	4						
T15 U13G 70mh 'A'		Wind=				U13G 70mh 'B'		Wind=			
1	29 Abigail Frith	Southend-on-Sea AC	12.3	G2*	1	30 Kerry McCrory	Southend-on-Sea AC	14.1	G4		
2	19 Laura Armorgie	Herts Phoenix AC	13.4	G3	2	20 Tara Proctor	Herts Phoenix AC	16.1			
3	11 Amy Curren	Epsom & Ewell Harri	13.9	G4	3						
4					4						
F7 U13G High Jump 'A'						U13G High Jump 'B'					
1	11 Amy Curren	Epsom & Ewell Harri	1.33	G2*	1	12 Jessica King	Epsom & Ewell Harri	1.22	G4		
2	19 Laura Armorgie	Herts Phoenix AC	1.20	G4	2	30 Kerry McCrory	Southend-on-Sea AC	1.05			
3	29 Emma Jarvis	Southend-on-Sea AC	1.10								
F24 U13G Long Jump 'A'						U13G Long Jump 'B'					
1	29 Charlene Kudvidza	Southend-on-Sea AC	4.15	G2*	1	30 Kerry McCrory	Southend-on-Sea AC	3.64	G4		
2	16 Mercy Gutteridge	Havering Mayesbrook	3.70	G4	2	11 Jessica King	Epsom & Ewell Harri	2.83			
3	20 Megan Breen	Herts Phoenix AC	3.43		3	15 Victoria Kersey	Havering Mayesbrook	2.63			
4	12 Phoebe Scott	Epsom & Ewell Harri	3.25		4						
F14 U13G 2.72k Shot 'A'						U13G 2.72k Shot 'B'					
1	29 Chaleen Kudvidza	Southend-on-Sea AC	6.18	G4	1	30 Emma Jarvis	Southend-on-Sea AC	6.03	G4		
2	19 Megan Breen	Herts Phoenix AC	5.82	G4	2	16 Thiziri Dendami	Havering Mayesbrook	4.81			
3	15 Rebecca Fox	Havering Mayesbrook	5.65	G4	3	11 Phoebe Scott	Epsom & Ewell Harri	4.43			
4	12 Mollie Murphy	Epsom & Ewell Harri	4.82		4						

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