

**National Young Athletes' League, Round 4 St Albans,
18th July 2010**

| Final result | Total |
|---------------------|-------|
| Havering Mayesbrook | 677 |
| Bedford & County | 503 |
| Bexley | 471 |

Under 17 Women

| Event | "A" STRING | RESULT | POS | "B" STRING | RESULT | POS |
|----------|------------------------------------|------------------|----------|--------------------------|-----------------|----------|
| 100m | Deborah Knight | 13.1 PB | 2 | == | | |
| 200m | Deborah Knight | 28.0 | 3 | Rylie Trott | 29.0 PB | 4 |
| 300m | Becky Stanley | 44.8 PB | 3 | Jess Seekings | 46.8 | 5 |
| 800m | Becky Stanley | 2:30.9 PB | 2 | Shannon Sullivan | 2:51.2: | 3 |
| 1500m | Bethany Hall | 5:21.4 | 3 | == | | |
| 3000m | Shannon Sullivan | 14:33.9 | 1 | Patsy McWeeney | 14:33.9 | 2 |
| 80m H | Rylie Trott | 13.0 | 1 | Nicola Peachey | 14.7 | 3 |
| 300mH | Nicola Peachey | 48.0 | 1 | Jess Seekings | 51.5 | 2 |
| Long J | Nicola Peachey | 4.65 | 2 | Rylie Trott | 3.88 | 3 |
| High J | Becky Lawrence | 1.30 | 2= | Jess Seekings | 1.30 | 2= |
| Triple J | Becky Stanley | 8.07 PB | 2 | Shannon Sullivan | 7.98 | 3 |
| Pole V | Becky Lawrence | 1.80 | 1 | == | | |
| Shot | Annie Adewole | 8.18 | 2 | Sophie Baggs | 7.46 | 4 |
| Discus | Sophie Baggs | 26.19 | 1 | Erin Baggs | 22.90 | 2 |
| Javelin | Deborah Knight | 34.15 PB | 1 | Patsy McWeeney | 22.53 | 3 |
| Hammer | Annie Adewole | 10.17 | 2 | Patsy McWeeney | 8.64 | 3 |
| 4x100m R | Rylie, Becky, Bethany, Patsy | | | | 61.1 | 1 |
| 4x300m R | Becky S, Jessica, Nicola, Deborah, | | | # Club U17 record | 2:59.1 # | 1 |

Under 15 Girls

| Event | "A" STRING | RESULT | POS | "B" STRING | RESULT | POS |
|----------|---------------------------------|------------------|----------|-------------------------|------------------|-----|
| 100m | Bethany Chambers | 13.4 PB | 2 | Sidnie Phillips | 15.4 PB | 6 |
| 200m | Bethany Chambers | 27.7 | 1 | Rachel Charlton | 30.2 PB | 6 |
| 800m | Avril Loynes | 2:46.1 | 4 | Isabella Woods | 2:49.4 PB | 5 |
| 1500m | Lindsey Wiggins | 5:52.7 PB | 3 | == | | |
| 75m H | Debra Oyekan | 17.7 | 4 | Avril Loynes | 18.3 | 5 |
| Long J | Bethany Chambers | 4.73 | 1 | Avril Loynes | 3.85 | 5 |
| High J | Debra Oyekan | 1.15 | 4= | Sidnie Phillips | 1.15 | 4= |
| Pole V | Mercy Gutteridge | 2.30 PB | 1 | Club U15G Record | | |
| Shot | Rachel Forder | 8.47 | 4 | Georgie Taylor | 8.24 | 5 |
| Discus | Georgie Taylor | 32.53 | 1 | Rachel Forder | 27.43 | 3 |
| Javelin | Georgie Taylor | 22.56 | 1 | Rachel Forder | 20.71 | 2 |
| 4x100m R | Rachel, Georgie, Mercy, Bethany | | | | 56.8 | 3 |

Under 13 Girls

| Event | "A" STRING | RESULT | POS | "B" STRING | RESULT | POS |
|----------|------------------------------|------------------|----------|--------------------|------------------|----------|
| 75m | Emma Whitby | 10.6 PB | 2 | Michelle Hughes | 11.2 | 4 |
| 150m | Emma Whitby | 21.4 PB | 2 | Heidi Surman-Wells | 22.0 PB | 4 |
| 800m | Heidi Surman-Wells | 2:32.0 | 1 | Sarah Wilson | 2:44.0 PB | 2 |
| 1200m | Megan Ruffle | 4:58.6 PB | 4 | == | | |
| 70m H | Heidi Surman-Wells | 12.2 = PB | 1 | Freya Gutteridge | | |
| Long J | Freya Gutteridge | 3.37 PB | 1 | Sophia Sharpe | 3.10 | 3 |
| High J | Sarah Wilson | 1.25 = PB | 3 | Michelle Hughes | 1.15 | 5 |
| Shot | Michelle Hughes | 6.03 PB | 2 | Freya Gutteridge | 5.04 PB | 4 |
| 4x100m R | Michelle, Heidi, Freya, Emma | | | | 58.9 | 1 |

Under 17 Men

| Event | 'A' String | Result | Pos | 'B' String | Result | Pos |
|-------------|--|----------------|----------|---------------------|----------------|----------|
| 100m | Dale Marks-Swain | 12.1 | 3 | Harry Phillips | 12.3 PB | 4 |
| 200m | Michael Lewis | 23.5 PB | 2 | Dale Marks-Swain | 23.7 PB | 4 |
| 400m | Dale Marks-Swain | 53.4 | 3 | Massi Dendani | 60.0 | 4 |
| 800m | Massi Dendani | 2:04.7 | 2 | Ryan O'Mahoney | 2:05.5 | 3 |
| 1500m | Ryan O'Mahoney | 5:00.6 | 4 | Josh Conners | ?? | 5 |
| 3000m | Josh Conners | DQ | | | | |
| 100m H | Adam Wileman | 18.4 | 1 | Josh Olawore | DQ | |
| 400mH | Jake Nelson | 60.4 PB | 1 | Danny Wilson | 71.9 | 3 |
| 1500m SC | Glenn Wileman | 6:29.5 | 2 | Andrew Kerr | 8:16.9 | 3 |
| High Jump | Harry Phillips | 1.60 | 1 | Jake Nelson | 1.50 | 2 |
| Long Jump | Josh Olawore | 6.16 | 1 | Jake Nelson | 5.29 | 3 |
| Triple Jump | Josh Olawore | 13.07 | 1 | Adam Wileman | 11.04 | 5 |
| Pole Vault | Andrew Kerr | 2.90 | 2 | == | | |
| Shot | Danny Wilson | 10.72 | 2 | Harry Phillips | 7.56 | 3 |
| Discus | Danny Wilson | 35.98 | 1 | Lewis Walker-Dobson | 17.19 | 4 |
| Hammer | Andrew Kerr | 40.15 | 1 | Massi Dendani | 7.77 | 4 |
| Javelin | Glenn Wileman | 23.42 | 4 | Lewis Walker-Dobson | 15.84 | 5 |
| 4x100m R | Harry, Lewis, Michael, Jake | | | | 48.1 | 2 |
| 4x400m R | Josh (57.0), Michael (55.1), Dale (53.9), Massi (53.0) | | | | 3:38.8 | 1 |

Under 15 Boys

| | | | | | | |
|------------|---|------------------|-----------|-----------------|------------------|----------|
| 100m | Reece Mathurin | 12.4 | 1 | Karl Tucker | 12.7 PB | 3 |
| 200m | Reece Mathurin | 25.1 PB | 2 | Karl Tucker | 25.8 PB | 3 |
| 400m | Billy Bilton | 56.4 | 1 | Finbar Smyth | 60.0 | 4 |
| 800m | Nick Duffey | 2:15.8 PB | 2 | Edward Thompson | 2:22.1 PB | 4 |
| 1500m | Nick Shade | 4:44.2 | 5 | Adam Hill | 4:55.9 PB | 6 |
| 80m H | Karl Tucker | 12.2 PB | 1 | Billy Bilton | 13.5 | 2 |
| High Jump | Oliver Garwandoe | 1.45 | 3= | Finbar Smyth | 1.45 | 6 |
| Long Jump | Alex Law | 5.74 | 1 | Alex Habbershaw | 5.27 =PB | 2 |
| Pole Vault | Oliver Garwandoe | 2.50 | 1= | Alex Habbershaw | 1.90 | 3 |
| Shot | Oliver Garwandoe | 8.12 PB | 4 | Alex Habbershaw | 8.01 | 5 |
| Discus | Alex Law | 27.01 | 2 | Nick Duffey | 25.41 | 3 |
| Hammer | Nick Duffey | 23.13 PB | 3 | Reece Mathurin | 10.51 | 5 |
| Javelin | Billy Bilton | 36.79 | 1 | Finbar Smyth | 20.99 PB | 3 |
| 4x100m R | Alex H, Reece, Karl, Alex L | | | | 49.5 | 1 |
| 4x400m R | Nick D (63.0), Oliver (61.0), Finbar (59.9), Billy (56.4) | | | | 4:00.3 | 2 |

Under 13 Boys

| | | | | | | |
|-------------|--------------------------|----------------|----------|-----------------|------------------|---|
| 100m | Alex Hewitt | 13.4 PB | 2 | Liam Norman | 14.6 =PB | 6 |
| 200m | Alex Hewitt | 27.0 PB | 2 | Ryan Green | 28.2 PB | 3 |
| 800m | Sean Wilson | 2:34.5 | 2 | Thomas Pitkin | 2:39.0 PB | 5 |
| 1500m | Fraser Scott | 5:09.8 | 1 | Robert Woodgate | 5:21.6 PB | 3 |
| 75m Hurdles | Thomas Pitkin | 14.2 PB | 1 | Sam Chapman | 16.5 | 4 |
| Long Jump | Ryan Green | 4.21 PB | 1 | Robert Woodgate | 3.97 PB | 3 |
| High Jump | Sean Wilson | 1.38 | 2 | Thomas Pitkin | 1.15 | 5 |
| Shot | John Nelson | 5.66 | 3 | Alex Hewitt | 4.17 | 5 |
| 4x100m R | Robert, Liam, Ryan, Alex | | | | 58.7 | 3 |