

**National Young Athletes' League, Round 4 St Albans,
19th June 2011**

Final result	Total
Tonbridge	652
St Albans	541
HaVering Mayesbrook	479

Under 17 Women

Event	"A" STRING	RESULT	POS	"B" STRING	RESULT	POS
100m		==		==		
200m	Deborah Knight	27.8	2	Avril Loynes	31.5	5
300m	Rebecca Stanley	44.4	2	Isabella Woods	49.4	4
800m	Rebecca Stanley	2:25.7	2	Isabella Woods	2:32.3	4
1500m	==			==		
3000m	==			==		
80m H	==			==		
300mH	==			==		
Long J	Avril Loynes	3.80	3	Rowan Walsh	3.20	5
High J	Rowan Walsh	1.40	3	==		
Triple J	Rebecca Stanley	7.83	3	==		
Pole V	==					
Shot	Deborah Knight	9.43	1	Laura Drew	6.16	4
Discus	Laura Drew	23.50	3	Avril Loynes	14.06	6
Javelin	Deborah Knight	33.67	2	==		
Hammer	Laura Drew	NT		==		
4x100m R	==					
4x300m R	==					

Under 15 Girls

Event	"A" STRING	RESULT	POS	"B" STRING	RESULT	POS
100m	Aisha Kamara	14.2	4	Emma Whitby	14.8	6
200m	Michelle Hughes	28.0	4	Aisha Kamara	29.3	5
800m	Lydia Hallam	2:15.4	1	Heidi Surman-Wells	2:23.0	2
1500m	Sarah Wilson	5:04.7	1	Louise Lear	5:57.5	5
75m H	Heidi Surman-Wells	12.4	1	Michelle Hughes	12.5	2
Long J	Heidi Surman-Wells	4.53	2	Aisha Kamara	4.29	3
High J	Michelle Hughes	1.45	1	Megan Poultney	1.45	2
Pole V	Mercy Gutteridge	2.50	1	==		
Shot	Georgie Taylor	9.95	2	Rachel Forder	9.27	3
Discus	Georgie Taylor	39.52	1	Rachel Forder	27.83	2
Javelin	Rachel Forder	21.13	1	Georgie Taylor	20.29	2
4x100m R	Michelle, Emma, Georgie, Aisha				54.6	2

Under 13 Girls

Event	"A" STRING	RESULT	POS	"B" STRING	RESULT	POS
75m	Modupe Shokunbi	10.6	1	Freya Gutteridge	12.5	6
150m	Annie Maguire	22.4	4	Sophia Sharpe	23.6	6
800m	Jessica Ward	2:42.7	4	Megan Ruffell	3:09.9	6
1200m	Gemma Archer-Haley	4:30.2	5	Emily Marshall	4:30.6	6
70m H	Annie Maguire	13.4	4	Sophia Sharpe	14.3	6
Long J	Annie Maguire	3.93	3	Gemma Archer-Haley	3.38	6
High J	Modupe Shokunbi	1.36	1	Freya Gutteridge	1.20	4
Shot	Freya Gutteridge	7.53	1	Gemma Archer-Haley	5.02	5
4x100m R	Emily, Annie, Sophia, Modupe				59.1	3

Under 17 Men

Event	'A' String	Result	Pos	'B' String	Result	Pos
100m	Dale Marks-Swain	12.1	4	Harry Phillips	12.5	6
200m	George Hadler	23.2	4	Josh Olawore	23.3	5
400m	Danny Wilson	51.7	2	Dale Marks-Swain	52.2	3
800m	Josh Conners	2:07.0	3	Alex Wade	2:38.2	6
1500m	Hoseah Gikungu	4:13.4	2	Finbar Smythe	5:22.7	6
3000m	Hoseah Gikungu	9:10.7	2	Tom Davis	10:10.9	4
100m H	Josh Olawore	13.7	1	George Hadler	14.7	5
400mH	George Hadler	58.2	2	Finbar Smythe	71.8	4
1500m SC	Josh Conners	4:50.6	2	Tom Brennan	5:38.2	5
High Jump	Harry Phillips	1.65	4	Finbar Smythe	1.50	6
Long Jump	Josh Olawore	6.68	1	Tom Brennan	3.29	6
Triple Jump	==					
Pole Vault	Oliver Garwandoe	2.60	4	==		
Shot	Ben Thompson	10.89	2	Harry Phillips	7.83	6
Discus	Danny Wilson	41.38	1	Ben Thompson	33.68	2
Hammer	Ben Thompson	20.39	4	Oliver Garwandoe	NT	
Javelin	Dale Marks-Swain	27.20	3	==		
4x100m R	Harry, Oliver, Josh, Dale				47.4	2
4x400m R	==				==	

Under 15 Boys

100m	Tobi Adeyemi	12.1	1	Alex Hewitt	13.3	4
200m	Alex Hewitt	26.7	4	Josh Norman	27.2	5
400m	Thomas Pitkin	60.2	5	Alex Hewitt	61.6	6
800m	Ed Thompson	2:19.9	5	George Dixon	2:21.8	6
1500m	Adam Hill	4:48.5	3	Sean Wilson	4:53.8	5
80m H	Alex Law	11.6	1	Thomas Pitkin	13.9	4
High Jump	Adam Hill	1.45	3=	Sean Wilson	1.30	5
Long Jump	Alex Law	6.49 #	1	Tobi Adeyemi	5.27	2
Pole Vault	Ed Thompson	2.30	1	Lewis Middleton	2.20	4
Shot	Adam Hill	7.86	4	Sean Wilson	5.00	6
Discus	Alex Law	32.35	1	Lewis Middleton	14.76	6
Hammer	Lewis Middleton	10.23	5	Ed Thompson	9.67	6
Javelin	Josh Norman	17.98	5	Thomas Pitkin	14.26	6
4x100m R	Lewis, Alex H, George, Tobi				52.2	2
4x400m R	George, Thomas, Adam, Ed				4:16.8	3

Under 13 Boys

100m	Morgan Seaman	13.9	1	Connor Mills	16.3	5
200m	Morgan Seaman	28.8	3	Connor Mills	33.8	6
800m	Sam Thompson	2:35.9	2	Aaron Westwood	2:58.8	6
1500m	Michael Hollette	5:28.5	5	==		
75m Hurdles	James Traylen	16.7	3	Connor Mills	17.6	6
Long Jump	Aaron Westwood	3.38	4	James Traylen	2.84	6
High Jump	Morgan Seaman	1.15	3	==		
Shot	Sam Thompson	6.55	2	James Traylen	4.49	6
4x100m R	Connor, Morgan, Michael, Matthew Agnimel				60.7	3

Club U15 record