

**National Young Athletes' League, Southern Division 1East, St Albans**  
**21<sup>st</sup> June 2009**

Final result	U17M	U15B	U13B	U17W	U15G	U13G	Total
Havering Mayesbrook							442.5
St Albans							419.5
Hastings							315
Ilford							102

100m	Holly Thomas	13.1	1	Nicola Peachey	14.1	1
200m	Shelley Wilson	30.9	3	Kelly Jarrold	31.0	2
300m	Rebecca O'Neill	46.8	3	Jess Seekings	48.2	2
800m	Rebecca O'Neill	2:24.0	1	Michelle Lovell	3:01.2	2
1500m	--					
3000m	Patsy McWeeney	13:03.7	3	--		
80m H	Holly Thomas	11.9	1	Nicola Peachey	12.9	1
300mH	Nicola Peachey	50.0	2	Jess Seekings	54.0	1
Long J	Holly Thomas	4.87	2	Kelly Jarrold	4.15	1
High J	--					
Shot	Sophie Baggs	7.92	2	Patsy McWeeney	4.96	3
Discus	Sophie Baggs	30.46	2	Katherine Knight	27.14	1
Javelin	Patsy McWeeney	23.10	1	Katherine Knight	13.88	1
Hammer	Katherine Knight	19.38	3	Shelley Wilson	18.20	2
4x100m R	Patsy, Kelly, Sophie, Katherine				61.5	2
4x300m R	Becky, Jessica, Nicola, Holly				3:04.5 #	2

# Club Record

**Under 15 Girls**

Event	"A" STRING	RESULT	POS	"B" STRING	RESULT	POS
100m	Ricarda Chapman	13.4	1	Lucy Allen	13.9	1
200m	Lucy Allen	28.9	1	Annie Adewole	30.3	1
800m	Becky Stanley	2:41.4	2	Jess Fazakerley	3:01.5	1
1500m	Amanda Blaxland	5:14.1	1	Avril Loynes	5:19.6	1
75m H	Rylie Trott	12.8	2	Jess Fazakerley	15.8	2
Long J	Ricarda Chapman	4.22	2	Becky Stanley	2.77	2
High J	Becky Lawrence	1.38	1	Jess Fazakerley	1.15	1=
Shot	Annie Adewole	8.30	1	Erin Baggs	5.80	2
Discus	Erin Baggs	19.40	2	Avril Loynes	14.11	1
Javelin	Rylie Trott	12.11	2	Becky Lawrence	8.56	3
4x100m R	Annie, Ricarda, Rylie, Lucy				53.7	1

**Under 13 Girls**

Event	"A" STRING	RESULT	POS	"B" STRING	RESULT	POS
75m	Phoebe Maloney	11.7	3	Thiziri Dendani	12.4	3
150m	Phoebe Maloney	23.6	3	Becky Fox	25.7	2
800m	Abigail Spink	2:49.6	3	--		
1200m	--					
70m H	--					
Long J	Becky Fox	2.40	4	Thiziri Dendani	2.34	3
High J	Georgie Taylor	1.15	3			
Shot	Georgia Taylor	7.60	2	Becky Fox	5.32	2
4x100m R	--					

**Under 17 Men**

Event	'A' String	Result	Pos	'B' String	Result	Pos
100m	Terry Hughes	11.9	3	Jack Edgar-Hill	11.8	1
200m	Jordan Brown	24.3	3	Michael Lewis	24.4	1
400m	Michael Jones	56.5	3	Michael Lewis	55.8	1
800m	Massi Dendani	2:10.3	3	Dean Leftley	2:15.2	2
1500m	Jamie B-Stanton	4:22.7	1	Ross Earney	5:05.8	2
3000m	Joseph Waked	9:48.5	2	Adam Edwards	10:14.3	2
100m H	Jack Edgar-Hill	14.3	1	Jake Nelson	16.1	1
400mH	Jake Nelson	64.9	1	Jon Seekings	80.7	1
1500m SC	Adam Wileman	5:34.5	2	Glen Wileman	6:12.0	1
High Jump	Jake Nelson	1.73	1	Jack Edgar-Hill	1.60	1
Long Jump	Terry Hughes	6.24	1	Jordan Brown	5.26	1
Triple Jump	Terry Hughes	11.06	1	Adam Wileman	10.06	1
Shot	Laurence Goodacre	12.82	1	Bradley Burr	11.07	1
Discus	Bradley Burr	34.23	1	Laurence Goodacre	27.86	1
Hammer	Lewis Williams	36.54	1	Massi Dendani	4.63	2
Javelin	Bradley Burr	48.50	1	Jordan Brown	30.50	1
4x100m R	Jordan, Terry, Jack, Michael				46.4	1
4x400m R	Joseph, Michael, Massi, Jamie				3:44.5	3

**Under 15 Boys**

100m	Ashley Purnell	12.4	3	Ryan Blake	14.3	4
200m	Danny Wilson	25.7	4	Ryan O'Mahoney	26.5	2
400m	Josh Conners	64.6	3	Finbar Smythe	62.5	3
800m	Hosea Gikungu	2:17.3	3	Josh Conners	2:22.7	2
1500m	Ryan O'Mahoney	4:37.2	1	Thomas Davis	4:48.1	1
80m H	Danny Wilson	13.7	4	Finbar Smythe	15.9	3
High Jump	Lee Jarrold	1.40	3	1.30	15.9	3
Long Jump	Ashley Purnell	5.48	2	Ryan Blake	4.29	2
Pole Vault	--					
Shot	Lee Jarrold	6.50	3	Patrick Lear	6.17	2
Discus	Danny Wilson	35.32	1	Lee Jarrold	19.76	2
Hammer	Patrick Wilson	32.67	2			
Javelin	Ashley Purnell	36.24	1	Patrick Lear	30.99	1
4x100m R	Ryan B, Ryan O, Hoseah, Ashley				51.6	2
4x400m R	Hoseah, Josh, Ryan O, Finbar				4:09.4	2

**Under 13 Boys**

100m	Jordan Fox	14.2	1	Chris Gell	14.4	1
200m	Alex Law	26.6	1	Chris Gell	29.8	1
800m	Jordan Fox	2:39.8	3	Sean Wilson	2:47.3	1
1500m	Freddy Keefe	4:47.8	1	Thomas Pitkin	5:42.1	1
75m Hurdles	Alex Law	13.5	1	Chris Gell	15.1	1
Long Jump	Alex Law	4.59	1	Lewis Middleton	4.01	1
High Jump	Jordan Fox	1.35	1	Sean Wilson	1.25	1
Shot	Lewis Middleton	5.61	3	Sean Wilson	4.29	2
4x100m R	Lewis Middleton, Jordan Fox, Chris Gell, Alex Law					1