

Southern Athletics League, Div 2, Rd 4, Woodford Sat 13th July 2019

EVENT	A STRINGS	Pos.	Time/Dist	B STRINGS	Pos.	Time/Dist
100	Emma Ramsden U17	4	13.57	Aisha Marenah U17	3	13.80
200	Jade Kavanagh U20	1	25.23	Rachel Kerr	4	30.05
400	Jade Kavanagh U20	1	57.75	Nina Brennan	2	64.86
800	Clare Davies	4	2:42.51	Morgan Romain U17	4	2:55.70
1500	Sophie Rand U20	3	5:10.43	Clare Davies	3	5:47.71
5000	Lauren Deadman W35	1	17:24.61	=		
100H	Claire Brennan W35	1	17.71	Rachel Kerr	3	44.05
400H	Claire Brennan W35	2	70.36	Rachel Kerr	3	91.59
2k SC	Alice Atkins U17	3	6:17.66	=		
H.J.	Claire Brennan W35	3	1.38m	Keturah Christie U20	2	1.38
P.V.	Jessie Collier U17	1	2.50m	Claire Brennan W35	1	2.50m
L.J.	Lottie Courtney U17	3	4.54m	Lydia Mwanza U20	3	3.90m
T.J.	Olatomiwa Sanwo U20	2	10.50m	Lydia Mwanza U20	1	9.28m
S.P.	Elysha Thatcher-Gray U20	3	9.40m	Adelaide Thatcher-Gray U17	3	6.82m
D.T.	Jessie Collier U17	2	31.19m	Nina Brennan	2	24.13m
H.T.	Nina Brennan	3	17.85m	Alice Atkins U17	4	14.46m
J.T.	Adelaide Thatcher-Gray U17	1	34.19m	Elysha Thatcher-Gray U20	3	22.44m
4x100	Aisha, Tomi, Alice, Rachel				3	55.34
4x400	Finn, Matthew, Jade, Nina (Mixed)				2	3:48.86

EVENT	A STRINGS	Pos.	Time/Dist	B STRINGS	Pos.	Time/Dist
100	Ayo Akingbehin	2	11.26	Lewis Bailey	2	11.44
200	Lewis Bailey	1	22.76	Ayo Akingbehin	1	22.97
400	Matthew Agnimel U20	2	50.83	Finn Hutton	3	52.82
800	Alex Friend U20	3	2:06.52	Louis Berrett U20	3	2:08.02
1500	Kieran O'Hara	4	4:25.20	Louis Berrett U20	4	4:52.55
3000	James Stewart	3	9:32.48	Paul Berrett M55	3	11:47.18
110H	Karl Tucker	1	16.40	=		
400H	Adam McCarthy	2	58.66	Kieran Riddell	3	1:40.97
3k S/C	Rob Warner M35	1	9:41.51			
H.J.	Aaron Freshwater U20	3	1.60	Richard Akinyebo U20	2	1.50m
P.V.	Arron Bonning M40	3	3.10m	Stuart Tufton M65	3	2.20m
L.J.	Joseph Ramie	1	7.05m	Adam McCarthy	1	5.82m
T.J.	Success Ariyibi U20	3	12.70m	Aaron Freshwater U20	1	11.68m
S.P.	Arron Bonning M40	4	8.83m	Ed Brinton-Quinn	4	7.24m
D.T.	Arron Bonning M40	4	25.68m	Ed Brinton-Quinn	4	22.83m
J.T.	Oliver Woods U20	2	51.26m	Arron Bonning M40	1	36.35m
H.T.	Arron Bonning M40	4	19.98m	Ed Brinton-Quinn	4	18.55m
4x100	Ayo, Lewis, Joseph, Karl				2	43.29
4x400	Sophie Rand, Claire Brennan, Adam McCarthy, Somto Okpalauko U174 (Mixed)				2	4:03.54

Non Scoring: 100m: Joseph Ramie 11.65, Karl Tucker 11.73; 200m: Steve Rand M45 26.42s; 400: Somto Okpalauko U17 54.52s; 800m: Paul Kavanagh 2:08.83

100m: Lydia Mwanza U20 14.60s 200m: Emma Ramsden U17 27.24 Alice Atkins U17 28.63