

SOUTHERN WOMEN'S LEAGUE

SOUTHERN WOMEN'S TRACK AND FIELD LEAGUE

Division 1 match at **STEVENAGE** on **2 SEPTEMBER 2006**

	Stevenage & N Herts	Basildon	Herts Phoenix	Chelmsford	Havering Mayesbrook	waste	TOTAL
	V	C	R	H	Z		
Seniors Track	63	52	80	25	38	12	270
Seniors Field	53	27	56	40	52	12	240
Under 17	10	5	13	6	10	1	45
Girls Track	25	14	51	40	32	3	165
Girls Field	33.5	11	43	33.5	26	3	150
							0
MATCH TOTALS	184.5	109	243	144.5	158	31	870
positions	2nd	5th	1st	4th	3rd		

Result of Match

Host Club

Telephone Div Secretary 07720 049 706 after 7p on Saturday evening.

Telephone Don Turner 020 8393 8950 with match results, points and AW standards

Telephone match results and outstanding perms to Tom Pollak 020 8870 1196

Copies to Clubs-Div Sec;

Completed by

date sent

SOUTHERN WOMEN'S LEAGUE

Senior Women - Track

Event (record)		First	Second	Third	Fourth	Fifth	SNH V	BAS C	HOX R	CHEL H	H/M Z	W	TOT
100 metres	A	B.AWOKOYA	L.WAKE	L.NORTH	H.NICHOLAS	K.SMITH							
11.3 s		V 12.9	R 13.0	H 13.0	C 13.2	Z 13.5	5	2	4	3	1	0	15
	B	S.GAYNOR	Z.YOUNG	H.GAMESTER	L.BAKER	J.SIMPSON							
		RR 13.7	CC 13.9	ZZ 13.9	HH 14.0	VV 15.3	1	4	5	2	3	0	15
200 metres	A	E.KEMP	L.WAKE	L.NORTH	K.SHEPHERD	L.SCHOFIELD							
23.3s		V 25.5	R 26.0	H 27.0	C 27.9	Z 28.8	5	2	4	3	1	0	15
	B	B.AWOKOYA	L.JONES	H.NICHOLAS	L.BAKER	K.YOKA							
		VV 25.8	RR 26.1	CC 27.0	HH 28.4	ZZ 29.0	5	3	4	2	1	0	15
400 metres	A	H.WILLS	L.CLARK	J.MANSELL	E.BUBB								
53.3s		R 58.7	Z 62.7	V 64.2	C 74.3		3	2	5		4	1	15
	B	J.SAUNDERS	E.KAVANAGH	A.WHITFIELD	R.KERR								
		VV 64.3	RR 65.4	CC 66.3	ZZ 73.5		5	3	4		2	1	15
800 metres	A	E.KEMP	H.WILLS	K.GOODE	V.SMITH	E.FIDGE							
2.02.0s		V 2.15.4	R 2.16.2	C 2.23.2	Z 2.31.2	H 2.32.1	5	3	4	1	2	0	15
	B	J.MANSELL	N.SILVA	A.WHITFIELD	L.FELTON								
		VV 2.20.8	RR 2.21.4	CC 2.33.7	ZZ 2.47.0		5	3	4		2	1	15
1500 metres	A	S.BAILEY	K.GOODE	N.SILVA	V.SMITH	L.CONDRON							
4.15.5s		V 4.54.5	C 5.02.0	R 5.08.4	Z 5.11.9	H 5.12.7	5	4	3	1	2	0	15
	B	C.DAVIES	E.FIDGE	C.HOLLAND	G.ROYSTON	T.SCHEUBER							
		RR 5.11.4	HH 5.17.1	ZZ 5.28.2	CC 5.36.7	VV 5.58.0	1	2	5	4	3	0	15
3000 metres	A	A.OAKMAN	N.TAYLOR	T.DAVIS	T.SCHUEBER								
9.04.2s		H 11.07.1	R 11.12.9	CC 11.32.9	VV 12.33.8		2	3	4	5		1	15
	B	G.ROYSTON	L.WHITEHEAD	G.BROWN	H.BAILEY								
		C 11.39.4	RR 11.51.3	HH 12.13.4	V 14.16.3		2	5	4	3		1	15
100m Hurdles	A	L.JONES	J.MURPHY	L.SCHOFIELD	B.HARRIS								
13.4s		R 15.2	C 15.9	Z 17.7	V 19.6		2	4	5		3	1	15
	B	C.SILVA	H.NICHOLAS	S.REED									
		RR 16.2	CC 16.8	VV 19.7			3	4	5			3	15
400m Hurdles	A	C.SILVA	L.SCHOFIELD	S.REED	E.BUBB		-						
56.8s		R 65.3	Z 71.3	V 74.8	C 83.8		3	2	5		4	1	15
	B	E.KAVANAGH	C.OWEN	L.HUTCHINSON	S.DeSMEDT								
		RR 69.5	ZZ 78.3	VV 84.3	CC 88.4		3	2	5		4	1	15
4X100r (45.7)		R 50.4	V 51.6	Z 52.0	C 52.8	H 53.2	4	2	5	1	3	0	15
4X400r (3.48.5)		R 4.04.5	V 4.04.9	Z 4.27.3	C 4.37.6		4	2	5		3	1	15
Total should be 270							63	52	80	25	38	12	270
270 total to front sheet							63	52	80	25	38	12	270

SOUTHERN WOMEN'S LEAGUE

Senior Women - Field

Event (record)		First	Second	Third	Fourth	Fifth	V	C	R	H	Z	W	P	
High Jump	A	N SIMPSON	B SIDDONS	J TAPPIN	E KAVANAGH	S BISHP								
1.93m		V 1.65	Z 1.60	H 1.50	R 1.50	C 1.40	5	1	2	3	4	0	15	
	B	N FARMAN	N ANDREWS	S SIMON	K SHEPHERD	C OWEN								
		RR 1.50	VV 1.40	HH 1.35	CC 1.35	ZZ 1.35	4	2	5	3	1	0	15	
Pole Vault	A	B.HARRIS	C.HOWARTH	L.WAKE										
4.16m		V 2.70	H 2.50	R 2.40			5		3	4		3	15	
	B	N.ANDREWS	D.CURRIE											
		VV 2.30	RR 2.00				5		4			6	15	
Long Jump	A	L.JONES	N.HILL	H.NICHOLAS	J.TAPPIN	E. KEMP								
6.70m		R 5.56	Z 5.27	C 5.22	H 5.11	V 4.79	1	3	5	2	4	0	15	
	B	N.FARMAN	H.BESFORD	S.REED	Z.YOUNG									
		RR 5.04	HH 4.73	VV 4.69	CC 4.55		3	2	5	4		1	15	
Triple Jump	A	K.SMITH	D.CURRIE	H.BESFORD	S.REED	S.DE-SMEDT								
13.71m		Z 11.62	RR 10.50	HH 10.38	VV 10.15	C 8.23	2	1	4	3	5	0	15	
	B	M.NJAGI	C.HOWARTH	B.SIDDONS	E.KEMP	K.PARTRIDGE								
		R 10.43	H 10.12	ZZ 9.70	V 9.53	CC 7.52	2	1	5	4	3	0	15	
Shot Putt	A	S.McLELLAN	M.HARISON	L.JONES	Z.YOUNG	S.BESFORD								
19.33m		V 12.22	Z 10.75	R 9.89	C 9.35	H 8.35	5	2	3	1	4	0	15	
	B	P.LUNDEREN	H.McLELLAN	E.PONTIKIS	L.TAYLOR	L.CLARK								
		RR 9.27	VV 9.14	CC 8.54	HH 7.88	ZZ 7.68	4	3	5	2	1	0	15	
Discus	A	M.HARRISON	S.QUINN	S.McLELLAN	P.LOUNDREN	E.PONTIKIS								
56.40m		Z 39.19	H 30.00	V 28.95	R 23.12	C 21.72	3	1	2	4	5	0	15	
	B	L.CLARK	S.BESFORD	K.PARKER	L.SCANES	S.DE-SMEDT								
		ZZ 32.14	HH 24.79	RR 22.41	VV 20.54	CC 16.18	2	1	3	4	5	0	15	
Hammer	A	S.DEACON	K.PARKER	E.PONTIKIS	S.BESFORD	L.SCANES								
61.49m		Z 41.34	R 33.29	C 30.50	HH 29.81	VV 25.25	1	3	4	2	5	0	15	
	B	M.HARRISON	J.HARRIS	M.MACHERS	M.NJAGI									
		ZZ 38.21	V 23.61	CC 18.23	RR 12.94		4	3	2		5	1	15	
Javelin	A	L.MATTHEWS	P.LUNDGREN	H.McLELLAN	Z.YOUNG	K.HARTIGAN								
58.58m		Z 41.18	R 36.19	V 33.38	C 30.37	HH 20.53	3	2	4	1	5	0	15	
	B	E.CHRISTMAS	R.WILLIAMS	L.TAYLOR	S.DESMEDT									
		ZZ 34.91	VV 29.55	H 13.58	C 12.88		4	2		3	5	1	15	
		Total should be 240						53	27	56	40	52	12	240

SOUTHERN WOMEN'S LEAGUE

		U15 Girls - Track											
Event (Record)		First	Second	Third	Fourth	Fifth	V	C	R	H	Z	W	tot
100 metres	A	J.WILLIAMS	E.WALKER	R.CLEMENTS	A.CLARKE	K.MURPHY							
11.9s		R 13.5	H 14.0	Z 14.3	V 14.3	C 14.4	2	1	5	4	3	0	15
	B	N.EDWARDS	J.GRAINGER	G.VINE	L.JACKS	J.WHITE							
		RR 13.5	HH 13.7	CC 14.3	ZZ 14.4	VV 15.4	1	3	5	4	2	0	15
200 metres	A	J.WILLIAMS	J.GRAINGER	A.CLARKE	R.CLEMENTS	K.MURPHY							
24.5s		R 27.2	H 28.5	V 29.6	Z 29.8	C 30.0	3	1	5	4	2	0	15
	B	D.WILLIS	R.GIBBS	G.VINE	H.SWEETMAN	L.JACKS							
		RR 28.3	HH 29.4	CC 29.6	VV 29.9	ZZ 32.1	2	3	5	4	1	0	15
800 metres	A	G.PHILLIPS	S.SATTIN	S.CAROL	E.FOX	L.O'CONNELL							
2.14.2s		H 2.32.7	R 2.33.4	C 2.34.5	Z 2.33.8	V 2.43.7	1	3	4	5	2	0	15
	B	A.CATTLE	J.TIMOTHY	J.CONDRON	T.FAJOBI								
		RR 2.41.0	ZZ 2.44.3	HH 2.52.6	VV 3.01.1		2		5	3	4	1	15
1500 metres	A	Z LITTLECHILD	E.FULLER	C.V-HAMILTON	B.HAWKINS	C.BISHOP							
4.32.0s		Z 5.11.0	R 5.18.9	V 5.22.2	H 5.48.1	C 6.01.9	3	1	4	2	5	0	15
	B	J.HOLLAND	C.CATTLE	H.DEWHURST	S.FIDGE								
		ZZ 5.19.9	RR 5.22.9	VV 5.45.5	HH 6.19.3		3		4	2	5	1	15
75m Hurdles	A	N.DAVIS	D.WILLIS	A.JAMES	A.REES	G.VINE							
10.9s		H 12.6	R 12.6	Z 13.2	V 14.3	C 18.9	2	1	4	5	3	0	15
	B	J.HUTCHINGS	A.CLARKE	E.BESORD	S.HILL								
		RR 13.0	VV 13.4	HH 13.7	ZZ 15.9		4		5	3	2	1	15
4 x 100r (49.4s)		R 53.0	H 54.5	Z 56.8	V 58.8	C 58.8	2	1	5	4	3	0	15
				Total should be 165	165	total to front sheet	25	14	51	40	32	3	165

SOUTHERN WOMEN'S LEAGUE

		U15 Girls - Field													
Event (Record)		First	Second	Third	Fourth	Fifth	V	C	R	H	Z	W	tot		
High Jump	A	K.CAULFIELD	A.REES	C.MALTON	M.WILSON	J.HOLLAND									
	1.75m	R 1.50	V 1.35	H 1.35	C 1.35	Z 1.35	3.5	2	5	3.5	1	0	15		
	B	J.HUTCHINGS	H.SWEETMAN	G.CROSSLAND											
		RR 1.40	VV 1.35	HH 1.30			4		5	3		3	15		
Long Jump	A	K CAULFIELD	E BESFORD	B.SCANES	N.DALTON	K.MURPHY									
	5.74m	R 4.85	H 4.57	V 4.17	ZZ 3.79	C 3.56	3	1	5	4	2	0	15		
	B	K.GREHAN	A.GATES	G.CROSLAND	R.CLEMENTS	M.WILSON									
		R 4.39	VV 4.12	H 3.92	Z 3.53	CC 3.33	4	1	5	3	2	0	15		
Shot Putt	A	N.DAVIS	H.MIDDLEDITCH	M.LUNDGREN	K.ONIWINDE	H.BIGGINS									
	14.27m	H 8.92	V 8.83	R 8.39	ZZ 8.02	C 7.07	4	1	3	5	2	0	15		
	B	E.BESFORD	S.HILL	S.MILLER	S.CARROLL	L.BOOTH									
		HH 8.05	Z 7.11	RR 7.03	CC 5.35	VV 5.33	1	2	3	5	4	0	15		
Discus	A	F.GROSS	S.HILL	S.MILLER	E.WALKER	H.BIGGINS									
	38.72m	V 25.76	Z 24.71	R 23.76	H 18.43	C 15.98	5	1	3	2	4	0	15		
	B	M.LUNDGREN	C.V-HAMILTON	G.PHILLIPS	N.DALTON	M.WILSON									
		R 21.34	VV 16.91	HH 16.27	ZZ 14.87	CC 12.19	4	1	5	3	2	0	15		
Javelin	A	K.ONIWINDE	M.LUNDGREN	N.DAVIS	S.HAWKRIDGE	H.BIGGINS									
	40.78m	Z 24.47	R 24.18	H 21.46	V 12.92	C 9.49	2	1	4	3	5	0	15		
	B	H.LOCK	J.HOLLAND	H.CREASE	B.HAWKINS	S.CARROLL									
		RR 19.71	ZZ 19.47	VV 10.63	HH 9.36	C 7.07	3	1	5	2	4	0	15		
Total should be 150							150	total to front sheet	33.5	11.0	43.0	33.5	26.0	3.0	150.0