

SOUTHERN WOMEN'S TRACK FIELD LEAGUE

SENIOR DIVISION

DIVISIONAL SECRETARY

Result of Match on 30 August 2008

Host Club Havering Mayesbrook (Held at Mayesbrook Park)

RESULTS PROCEDURE

1. Organising secretary telephone result to the Divisional Secretary: Tel: _____ before/after 7pm on SATURDAY EVENING.
If you cannot do this please delegate.
2. Check scores, complete enclosed results sheets and score reconciliation. Send these, all team declaration sheets and officials signing in sheets to the Divisional Secretary using 1st class post (**check cost of postage**) to arrive by Tuesday. On the evening of the match, match points and all outstanding performances, according to Athletic Weekly standards, must be telephoned or e-mailed to Athletics Weekly (or as arranged by Athletics Weekly). **Please note SWT&FL Rule 10 re distribution of results.**
3. Host club to retain all track results and field cards in case they are needed for reference.
4. Use only the Southern Women's Track & Field League results sheets provided and complete with name of athlete, club letter and time/distance. Any irregularities or records should be highlighted and a brief note attached. The main items to look for are too many events (see Rules 2(iv) and 15 (iii)) and incorrect stringing (Rule 16(ii)).
5. Please complete the following statement if appropriate, making relevant deletions:- The following club(s) failed to fulfil its/their commitment to provide officials. My club was (not) informed fourteen days previously. _____.

Score Reconciliation

Subtotals	Club letter & name						Not Scored	Totals
	F	R	L	D				
	Havering Mayesbrook	Worthing & District	Serpentine	Dartford Harriers				
Sheet 1	55	5	39	45		16	160	
Sheet 2	68	42	26	37		7	180	
Totals	123	47	65	82		23	340	
Positions	1	4	3	2				

Completed by	Date sent

For League Use		
Date rec'd	Checked results - Secretary	NUTS

SOUTHERN WOMEN'S TRACK FIELD LEAGUE - Seniors Division 2, Mayesbrook Park, 30 August 2008

SWT&FL – PREMIER, DIVISION 1 & SENIOR DIVISIONS					SENIORS					SHEET 1	
Event- League Record		First	Second	Third	Fourth	F	R	L	D	not scored	TOTAL
						Hav M	Worth	Serp	Dart		
100 metres	A	Lucy Sargent F - Hav M 12.4	Michelle Sword D - Dart 13.1	Pam Rutherford W40 LL - Serp - 15.1		4		2	3	1	10
11.33s	B	Claire Brennan FF - Hav M 13.6	Kirstie Taylor DD - Dart 13.6	Claire Levermore L - Serp - 15.3		4		2	3	1	10
200 metres	A	Lucy Sargent F - Hav M 25.5	Chantelle Clare U20 D - Dart 26.7	Kayleigh Alcorn U20 R - Worth 30.3	Jen Marzullo L - Serp - 30.9	4	2	1	3		10
23.3s	B	Michelle Sword DD - Dart 27.8	Robyn Delivett FF - Hav M 28.7	Claire Levermore LL - Serp - 31.4		3		2	4	1	10
400 metres	A	Laura Bealey F - Hav M 62.4	Mel Benavente U17 D - Dart 64.3	Mary Egundebi U20 L - Serp 66.3		4		2	3	1	10
53.3s	B	Nina Brennan FF - Hav M 65.6	Alex Openshaw LL - Serp 67.5	Stacy Taylor DD - Dart 73.0		4		3	2	1	10
800 metres	A	Cara Oliver W40 D - Dart 2:23.9	Mary Egundebi U20 L - Serp - 2:27.5	katie Richardson F - Hav M 2:27.8		2		3	4	1	10
2.02.0s	B	Hayley Pegg FF - Hav M - 2:32.4	Jen Marzullo LL - Serp - 2:40.7	Suzi Wiltshire DD - Dart 2:52.3		4		3	2	1	10
1500 metres	A	Hayley Pegg FF - Hav M - 5:05.2	Monica Kiraly L - Serp 5:13.0	Ruth Ward DD - Dart 5:40.0		4		3	2	1	10
4.15.5s	B	Rachel Whittaker LL - Serp 5:35.0	Emma Chivers D - Dart 6:08.2	Hannah Gamester FF - Hav M 7:03.5		2		4	3	1	10
3000 metres	A	Faye Fullerton F - Hav M 9:42.5	Cara Oliver W40 D - Dart 11:07.3	Penny Thorn LL - Serp 11:23.8		4		2	3	1	10
8.52.2s	B	Marielle Vestlund V35 L - Serp 11:24.0	Ruth Ward DD - Dart 12:06.0					4	3	3	10
100m Hurdles	A	Nicola Hill U20 F - Hav M 15.8	Kayleigh Alcorn U20 R - Worth 18.1	Natasha Clare U17 DD - Dart 18.7	Alex Openshaw L - Serp 20.7	4	3	1	2		10
13.4s	B	Claire Brennan FF - Hav M - 16.0	Kim Taylor D - Dart 18.8	Pam Rutherford W40 LL - Serp 25.9		4		2	3	1	10
400m Hurdles	A	Laura Bealey F - Hav M - 71.2	Alex Openshaw L - Serp - 73.7	Kim Taylor D - Dart - 80.6		4		3	2	1	10
56.8s	B	Cathy Matthews V40 FF - Hav M - 74.6	Natasha Clare U17 DD - Dart - 87.1	Caroline Ringrow LL - Serp - 91.1		4		2	3	1	10
				SHEET 1	Total forward to front sheet	55	5	39	45	16	160

SOUTHERN WOMEN'S TRACK FIELD LEAGUE - Seniors Division 2, Mayesbrook Park, 30 August 2008

SWT&FL – PREMIER, DIVISION 1 & SENIOR DIVISIONS						SENIORS				SHEET 2	
Event-League Record		First	Second	Third	Fourth	F	R	L	D	not scored	TOTAL
						Hav M	Worth	Serp	Dart		
High Jump	A	Kate Cowley F - Hav M 1.60	Kayleigh Alcorn U20 R - Worth 1.60	Kathryn Sutton D - Dart 1.50	Pam Rutherford W40 L - Serp 1.00	4	3	1	2		10
1.93m	B	Bethan Siddons U20 FF - Hav M - 1.55	Laura Duke U20 RR - Worth 1.50	Claire Capon DD - Dart 1.40	Rachel Whittaker LL - Serp 1.00	4	3	1	2		10
Pole Vault	A	Kate Cowley F - Hav M - 2.85	Alison Duke V40 R - Worth 2.60	Rachel Whittaker L - Serp - 1.40		4	3	2		1	10
4.16m	B	Danielle Ross FF - Hav M - 2.50	Caroline Ringrow LL - Serp - 1.10			4		3		3	10
Long Jump	A	Nicola Hill U20 FF - Hav M 5.19	Laura Duke U20 R - Worth 5.01	Michelle Sword D - Dart 4.26	Alex Openshaw L - Serp 3.72	4	3	1	2		10
6.70m	B	Kate Cowley F - Hav M 4.53	Alison Duke V40 RR - Worth 4.25	Natasha Clare U17 DD - Dart 3.84	Rachel Whittaker LL - Serp 3.21	4	3	1	2		10
Triple Jump	A	Danielle Ross F-Hav M 9.24	Alison Duke V40 R - Worth 8.62	Kim Taylor D - Dart 8.40	Caroline Ringrow LL - Serp 7.57	4	3	1	2		10
13.71m	B	Cathy Matthews V40 FF - Hav M 8.63	Mel Benavente U17 DD - Dart 7.13	Rachel Whittaker L - Serp 6.91		4		2	3	1	10
Shot Putt	A	Mel Harrison F - Hav M 11.42	Laura Duke U20 R - Worth 10.84	Rosalind Seeley D - Dart - 8.49	Sarah Knox V35 L - Serp 5.77	4	3	1	2		10
19.33m	B	Kate Cowley F - Hav M 10.98	Jo Davison V40 R - Worth 9.05	Claire Capon DD - Dart 7.67	Wanda Callahan V50 L - Serp 4.69	4	3	1	2		10
Discus	A	Mel Harrison F - Hav M 37.20	Rosalind Seeley D - Dart - 36.58	Jo Davison V40 R - Worth 31.60	Sarah Knox V35 L - Serp 15.62	4	2	1	3		10
56.40m	B	Louise Mathews FF - Hav M 28.42	Claire Capon DD - Dart 21.39	Jill Alcorn V40 RR - Worth 16.37	Stephanie Vaatz LL - Serp 9.75	4	2	1	3		10
Javelin	A	Louise Mathews FF - Hav M 40.60	Laura Duke U20 R - Worth 25.88	Penny Thorn L - Serp 25.38	Claire Capon D - Dart 19.28	4	3	2	1		10
58.58m	B	Emma Christmas F - Hav M 40.04	Kayleigh Alcorn U20 RR - Worth 21.63	Caroline Ringrow L - Serp 17.42	Kim Taylor DD - Dart 16.60	4	3	2	1		10
Hammer	A	Jo Davison V40 R - Worth 40.36	Mel Harrison F - Hav M 40.08	Claire Capon D - Dart - 30.73	Wanda Callahan V50 L - Serp 12.00	3	4	1	2		10
61.49m	B	Alison Duke V40 RR - Worth 21.78	Chantelle Clare U20 DD - Dart - 20.86	Nina Brennan FF - Hav M 19.38	Stephanie Vaatz LL - Serp 11.67	2	4	1	3		10
4 x 100 metres relay 46.7s		Nicola H, Robyn D, Claire B, Lucy S F - Hav M 51.3	Kirstie T, Chantelle C, Michelle S, Kim T D - Dart 52.4	Claire L, Lisa P, Alex O, Caroline R D - Dart 63.2		4		2	3	1	10
4 x 400 metres relay 3.48.5s		Catherine S, Mel B, Stavvy T, Chantelle C D - Dart 4:28.2	Laura B, Rachel Kerr (U20), Nina B, Cath M F - Hav M 4:34.2	Penny T, Mar V, Jan M, Mon K L - Serp 4:45.2		3		2	4	1	10
				SHEET 2	Total forward to front sheet	68	42	26	37	7	180

SWT&FL – PREMIER & DIVISION 1		NON-SCORING UNDER 17 WOMEN			
Event- League Record		First	Second	Third	Fourth
80m Hurdles	A	No competitors			
11.2s	B				
300m Hurdles 43.83	A	No competitors			

NON-SCORING

100m	Emma Christmas 56 - Hav M 13.7
Discus	Wanda Callahan 62 - Serp 12.42
3000m	Lisa Pettit 59 - Serp 12:17.3
Shot Putt	Stephanie Vaatz 58 - Serp 4.70
1500m	Stephanie Vaatz 58 - Serp 7:01.8

SOUTHERN WOMEN'S TRACK & FIELD LEAGUE – SENIOR DIVISIONS ONLY

EVENT	CLUB				U/S	SENIOR DIVS 1&2
	F	R	L	D		
	Hav M	Worth	Serp	Dartf		
400mH A	4	0	3	2	1	10
B	4	0	2	3	1	10
TOTAL	8	0	5	5	2	20
800m A	2	0	3	4	1	10
B	4	0	3	2	1	10
TOTAL	6	0	6	6	2	40
100m A	4	0	2	3	1	10
B	4	0	2	3	1	10
TOTAL	8	0	4	6	2	60
400m A	4	0	2	3	1	10
B	4	0	3	2	1	10
TOTAL	8	0	5	5	2	80
3000m A	4	0	2	3	1	10
B	0	0	4	3	3	10
TOTAL	4	0	6	6	4	100
100mH A	4	3	1	2	0	10
B	4	0	2	3	1	10
TOTAL	8	3	3	5	1	120
200m A	4	2	1	3	0	10
B	3	0	2	4	1	10
TOTAL	7	2	3	7	1	140
1500m A	4	0	3	2	1	10
B	2	0	4	3	1	10
TOTAL	6	0	7	5	2	160
Hammer A	3	4	1	2	0	10
B	2	4	1	3	0	10
TOTAL	5	8	2	5	0	180
Pole V A	4	3	2	0	1	10
B	4	0	3	0	3	10
TOTAL	8	3	5	0	4	200
Long J A	4	3	1	2	0	10
B	4	3	1	2	0	10
TOTAL	8	6	2	4	0	220
Discus A	4	2	1	3	0	10
B	4	2	1	3	0	10
TOTAL	8	4	2	6	0	240
High J A	4	3	1	2	0	10
B	4	3	1	2	0	10
TOTAL	8	6	2	4	0	260

EVENT	CLUB				U/S	SENIOR DIVS 1&2
	F	R	L	D		
	Hav M	Worth	Serp	Dartf		
B/F						260
Triple J A	4	3	1	2	0	10
B	4	0	2	3	1	10
TOTAL	8	3	3	5	1	280
Shot A	4	3	1	2	4	10
B	4	3	1	2	0	10
TOTAL	8	6	2	4	4	300
Javelin A	4	3	2	1	0	10
B	4	3	1	2	0	10
TOTAL	8	6	3	3	0	320
4x100	4	0	2	3	1	10
4x400	3	0	2	4	1	10
TOTAL	7	0	4	7	2	340